



AFAA PREFERRED PROVIDER PROGRAM

Provider	Title	Course Type	CEUs	Expires On	Registration URL
16 Capital Investments (AFAA)	Bike and Strider Workshop	Workshop/Seminar	4.0	12/31/20	www.orangetheoryfitness.com/careers-studio-positions
16 Capital Investments (AFAA)	Connecting to Create: A Member Experience	Workshop/Seminar	5.0	12/31/20	www.orangetheoryfitness.com/careers-studio-positions
16 Capital Investments (AFAA)	FLEX'ing - Personalizing the Group Fitness Experience	Workshop/Seminar	3.0	12/31/20	www.orangetheoryfitness.com/careers-studio-positions
9Round Franchising LLC (AFAA)	9Round Kickboxing	Workshop/Seminar	5.0	12/31/20	9round.com
9Round Franchising LLC (AFAA)	Kickboxing - Online Course	Home Study	5.0	12/31/20	
AAAI/ISMA (AFAA)	Cross H.I.I.T Tabata	Workshop/Seminar	6.0	12/31/20	aaai-ismafitness.com
AAAI/ISMA (AFAA)	Cycling Certification	Workshop/Seminar	6.0	12/31/20	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Holistic Health Consultant	Workshop/Seminar	6.0	12/31/20	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Mat Pilates Instructor Certification	Workshop/Seminar	6.0	12/31/20	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Older Adult Certification	Workshop/Seminar	6.0	12/31/20	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Personal Fitness Phase 2	Workshop/Seminar	6.0	12/31/20	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Personal Fitness Trainer Certification	Workshop/Seminar	7.0	12/31/20	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Phase 1 Aqua Instructor Certification	Workshop/Seminar	6.0	12/31/20	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Phase 2 Yoga Instructor Certification	Workshop/Seminar	6.0	12/31/20	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Primary Aerobic Certification	Workshop/Seminar	7.0	12/31/20	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Sports Nutrition Certificate	Workshop/Seminar	7.0	12/31/20	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Strength Weight Training Certification	Workshop/Seminar	7.0	12/31/20	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Stress Reduction, Relaxation & Meditation	Workshop/Seminar	6.0	12/31/20	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	T'AI CHI Instructor Certification	Workshop/Seminar	6.0	12/31/20	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Total Body Strength Training Certification	Workshop/Seminar	6.0	12/31/20	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Yoga Phase 1 Certification	Workshop/Seminar	8.0	12/31/20	aaai-ismafitness.com
Aaron L Mattes (AFAA)	Active Isolated Stretching	Workshop/Seminar	15.0	12/31/20	www.stretchingusa.com
ACM 360 PRO (AFAA)	Certified Exercise Therapy Specialist I	Home Study	12.0	12/31/20	www.ACM360PRO.com
Active Life (AFAA)	Active Life Coach Training Workshop	Home Study	11.0	12/31/20	
Active Life (AFAA)	Active Life Online Coach Awareness Seminar	Home Study	8.0	12/31/20	https://www.activelifex.com
Active Life (AFAA)	Active Life RX Coach Immersion	Conference	15.0	12/31/20	www.activelifex.com
Advanced Continuing Education Institute (AFAA)	Champion Performance Therapy and Training System	Home Study	15.0	12/31/20	AdvancedCEU.com
AEA Aquatic Exercise Association (AFAA)	AEA Arthritis: Lesson Planning Tips & Tools	Workshop/Seminar	2.0	12/31/20	aeawave.org
AEA Aquatic Exercise Association (AFAA)	AEA Arthritis: Motivating Your Participants	Workshop/Seminar	2.0	12/31/20	aeawave.org
AEA Aquatic Exercise Association (AFAA)	AEA Arthritis: Teaching Platforms	Workshop/Seminar	2.0	12/31/20	aeawave.org
AEA Aquatic Exercise Association (AFAA)	AFP Practical & Skill Applications Course	Home Study	7.0	12/31/20	aeawave.org
AEA Aquatic Exercise Association (AFAA)	Aging Actively with Aquatics	Workshop/Seminar	2.0	12/31/20	aeawave.com
AEA Aquatic Exercise Association (AFAA)	AQUABATA SHALLOW	Workshop/Seminar	3.0	12/31/20	aeawave.org
AEA Aquatic Exercise Association (AFAA)	AQUATIC CARDIO PROGRAMS	Workshop/Seminar	3.0	12/31/20	aeawave.org
AEA Aquatic Exercise Association (AFAA)	AQUATIC CIRCUIT APPS 2	Workshop/Seminar	3.0	12/31/20	aeawave.org
AEA Aquatic Exercise Association (AFAA)	Aquatic Fitness Practical Applications	Workshop/Seminar	7.0	12/31/20	aeawave.org
AEA Aquatic Exercise Association (AFAA)	AQUATIC INTERVAL APPS	Workshop/Seminar	3.0	12/31/20	aeawave.org
AEA Aquatic Exercise Association (AFAA)	AQUATIC KICK BOXING	Workshop/Seminar	3.0	12/31/20	aeawave.org
AEA Aquatic Exercise Association (AFAA)	ARTHRITIS FOUNDATION PROGRAM LEADER TRAINING (ONLINE)	Home Study	15.0	12/31/20	aeawave.org
AEA Aquatic Exercise Association (AFAA)	ARTHRITIS PROGRAM LEADER DEVELOPMENT & PRACTICE (WORKSHOP)	Workshop/Seminar	6.0	12/31/20	aeawave.org
AEA Aquatic Exercise Association (AFAA)	Ballology	Workshop/Seminar	2.0	12/31/20	aeawave.com
AEA Aquatic Exercise Association (AFAA)	BOOT CAMP DEEP	Workshop/Seminar	3.0	12/31/20	aeawave.org
AEA Aquatic Exercise Association (AFAA)	BOOT CAMP SHALLOW	Workshop/Seminar	3.0	12/31/20	aeawave.org
AEA Aquatic Exercise Association (AFAA)	CORE TRAINING + STRETCH TECHNIQUES	Workshop/Seminar	3.0	12/31/20	aeawave.org
AEA Aquatic Exercise Association (AFAA)	Deep HIIT & Sculpt	Workshop/Seminar	2.0	12/31/20	aeawave.org
AEA Aquatic Exercise Association (AFAA)	DEEPER APPLICATIONS 2	Workshop/Seminar	3.0	12/31/20	aeawave.org
AEA Aquatic Exercise Association (AFAA)	HydroRevolution Online Training Program	Home Study	5.0	12/31/20	aeawave.com
AEA Aquatic Exercise Association (AFAA)	NEXT LEVEL NOODLE	Workshop/Seminar	3.0	12/31/20	aeawave.org
AEA Aquatic Exercise Association (AFAA)	UPPER BODY, CORE & MORE	Workshop/Seminar	3.0	12/31/20	http://www.aeawave.com/
Aerial Physique (AFAA)	Aerial Physique Teacher Training	Workshop/Seminar	15.0	12/31/20	
AKT, Anna Kaiser Technique (AFAA)	AKT Certification Program	Workshop/Seminar	15.0	12/31/20	www.theakt.com
Aktiv Solutions (AFAA)	Aktiv Straps Official Course: Body Weight Suspension Exercise	Workshop/Seminar	5.0	12/31/20	Aktivsolutions.com
Aktiv Solutions (AFAA)	Functional Training Experience Specialist	Workshop/Seminar	6.0	12/31/20	www.aktivsolutions.com
American Barre Technique, LLC (AFAA)	Barre Instructor Certification	Home Study	15.0	12/31/20	www.abtbarre.com
American Council on Exercise (ACE) (AFAA)	ACE Behavior Change in Practice: Hands-on Skills for Health Coaches and Exercise Professionals	Workshop/Seminar	5.0	12/31/20	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Behavior Change Specialist	Home Study	15.0	12/31/20	http://www.acefitness.org/fitness-certifications/specialty-certifications/behavior-change.aspx
American Council on Exercise (ACE) (AFAA)	ACE Certified Health Coach	Home Study	15.0	12/31/20	
American Council on Exercise (ACE) (AFAA)	ACE Fitness Nutrition Specialist	Home Study	15.0	12/31/20	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Functional Training Specialist	Home Study	15.0	12/31/20	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Senior Fitness Specialist	Home Study	15.0	12/31/20	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Sports Performance Specialty Program	Home Study	15.0	12/31/20	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Sports Performance Workshop	Workshop/Seminar	8.0	12/31/20	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Weight Management Specialist	Home Study	15.0	12/31/20	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Youth Fitness Specialist	Home Study	15.0	12/31/20	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Diabetes Prevention Coaching	Home Study	10.0	12/31/20	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Fitness Programming for Overweight Clients & Clients Affected by Obesity	Workshop/Seminar	8.0	12/31/20	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Metabolic Training Workshop	Workshop/Seminar	8.0	12/31/20	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Movement Based Exercise Workshop	Workshop/Seminar	8.0	12/31/20	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Orthopedic Exercise Specialist Program	Home Study	15.0	12/31/20	https://www.acefitness.org/fitness-certifications/specialty-certifications/orthopedic-exercise.aspx
American Council on Exercise (ACE) (AFAA)	Personal Training Workshop: Client Communication, Assessment and Program Design	Workshop/Seminar	8.0	12/31/20	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Small Group Training Workshop	Workshop/Seminar	5.0	12/31/20	www.acefitness.org
American Fitness Professionals & Associates (AFPA) (AFAA)	Holistic Nutritionist Certification	Home Study	15.0	12/31/20	www.afpafitness.com

American Fitness Professionals & Associates (AFPA) (AFAA)	Prenatal and Postnatal Fitness Specialist	Home Study	15.0	12/31/20	http://www.afpafitness.com
American Specialty Health (ASH)/Silver & Fit (AFAA)	Silver&Fit Signature Series Classes® Distance Learning Instructor Training Course	Home Study	13.0	12/31/20	https://www.silverandfit.com
Anatomy4Fitness, LLC (AFAA)	Anatomy4Fitness: Complete Musculoskeletal Anatomy	Home Study	10.0	12/31/20	anatomy4fitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® 1on1: D-kink	Workshop/Seminar	6.0	12/31/20	www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Aerial Yoga 1	Workshop/Seminar	15.0	12/31/20	www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Aerial Yoga 2	Workshop/Seminar	15.0	12/31/20	www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® AIRbarre 1	Workshop/Seminar	15.0	12/31/20	www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Fundamentals 1&2	Workshop/Seminar	15.0	12/31/20	www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Just Kids 1&2	Workshop/Seminar	15.0	12/31/20	www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Pilates 1	Workshop/Seminar	15.0	12/31/20	www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Restorative Yoga	Workshop/Seminar	15.0	12/31/20	www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Suspension Fitness 1	Workshop/Seminar	15.0	12/31/20	www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Suspension Fitness 2	Workshop/Seminar	15.0	12/31/20	www.antigravityfitness.com
Aquabirth (AFAA)	Prenatal and Postnatal Fitness Training Course	Workshop/Seminar	15.0	12/31/20	www.aquabirth.gr
Aquatic Connections (AFAA)	Land-2-H2O	Workshop/Seminar	4.0	12/31/20	
Asana Charlestown (AFAA)	ASANA Barre Teacher Training Program	Workshop/Seminar	15.0	12/31/20	www.asanacharlestown.com
ASIA AERIALARTS (AFAA)	AAA Aerial Hammock	Workshop/Seminar	15.0	12/31/20	www.asiaaerialarts.com
ASIA AERIALARTS (AFAA)	AAA Aerial Hoop	Workshop/Seminar	15.0	12/31/20	www.asiaaerialarts.com
Association of Fitness Studios (AFAA)	SUCCEED! AFS' Annual Business Convention/Expo	Conference	15.0	12/31/20	www.afsfitness.com and www.succeedwithafs.com
Assured Fitness (AFAA)	GROUP EXERCISE: 101	Workshop/Seminar	8.0	12/31/20	
Assured Fitness (AFAA)	Pressure Point: Muscle Rejuvenation	Workshop/Seminar	8.0	12/31/20	
Assured Fitness (AFAA)	Senior Fitness - Senior Fit & Fun	Workshop/Seminar	8.0	12/31/20	
Assured Fitness (AFAA)	Specialized Military Fitness Programming	Workshop/Seminar	15.0	12/31/20	
Assured Fitness (AFAA)	The Power of Yoga - Energy & Healing	Workshop/Seminar	4.0	12/31/20	www.assured-fitness.com
Assured Fitness (AFAA)	Yoga Burn & Firm	Workshop/Seminar	4.0	12/31/20	
Assured Fitness (AFAA)	Youth Fitness - Fit-4-Kids	Workshop/Seminar	8.0	12/31/20	
Aumakua Productions LLC (AFAA)	PolyFit	Workshop/Seminar	7.0	12/31/20	
Australian Strength Performance (AFAA)	Advanced Hypertrophy Level 2	Workshop/Seminar	13.0	12/31/20	www.trainasp.com.au/education/
Australian Strength Performance (AFAA)	ASP Coach Level 1 Certification	Workshop/Seminar	13.0	12/31/20	www.trainasp.com.au/education/
Australian Strength Performance (AFAA)	Fat Loss Specialization	Workshop/Seminar	11.0	12/31/20	
Australian Strength Performance (AFAA)	Hypertrophy Level 1	Workshop/Seminar	11.0	12/31/20	
Australian Strength Performance (AFAA)	Physique Transformation Level 1	Workshop/Seminar	7.0	12/31/20	
AVFitness Academy (AFAA)	MindFit Warrior ® Functional Fitness Coach	Workshop/Seminar	15.0	12/31/20	www.avfitnessacademy.com
Axle Workout INC (AFAA)	Axle Foundations	Workshop/Seminar	2.0	12/31/20	www.theaxleworkout.com
Bagel Fit by Ashley Bishop (AFAA)	splAsh: Combos	Workshop/Seminar	3.0	12/31/20	www.bagelfit.com
Bagel Fit by Ashley Bishop (AFAA)	splAsh: Intervals	Workshop/Seminar	3.0	12/31/20	www.bagelfit.com
Bagel Fit by Ashley Bishop (AFAA)	splAsh: Toning	Workshop/Seminar	3.0	12/31/20	www.bagelfit.com
Balanced Body (AFAA)	Anatomy in Three Dimensions Instructor Training	Workshop/Seminar	15.0	12/31/20	pilates.com
Balanced Body (AFAA)	Balanced Body Barre Instructor Training, Comprehensive	Workshop/Seminar	15.0	12/31/20	pilates.com
Balanced Body (AFAA)	Balanced Body Barre Instructor Training, Fundamentals	Workshop/Seminar	8.0	12/31/20	pilates.com
Balanced Body (AFAA)	Balanced Body Movement Principles	Workshop/Seminar	15.0	12/31/20	pilates.com
Balanced Body (AFAA)	Bodhi Suspension System® Instructor Training, Comprehensive	Workshop/Seminar	15.0	12/31/20	pilates.com
Balanced Body (AFAA)	Bodhi Suspension System® Instructor Training, Fundamentals	Workshop/Seminar	8.0	12/31/20	pilates.com
Balanced Body (AFAA)	Mat 1 Instructor Training	Workshop/Seminar	15.0	12/31/20	pilates.com
Balanced Body (AFAA)	Mat 3: Enhanced Pilates Mat + Props	Workshop/Seminar	15.0	12/31/20	pilates.com
Balanced Body (AFAA)	MOTR™ Instructor Training, Comprehensive	Workshop/Seminar	15.0	12/31/20	pilates.com
Balanced Body (AFAA)	MOTR™ Instructor Training, Fundamentals	Workshop/Seminar	8.0	12/31/20	pilates.com
Ballistic Management Inc (AFAA)	Expert Training Methodology	Workshop/Seminar	15.0	12/31/20	thibarmy.com
Ballroom Boogie Fitness, LLC (AFAA)	Ballroom Boogie Fitness	Workshop/Seminar	6.0	12/31/20	
BAMmotion, Inc (AFAA)	BAMmotion Functional Training Mat	Workshop/Seminar	4.0	12/31/20	bammotion.com
Barre Certification (IBBFA) (AFAA)	Barre Essentials - A Training Guide On How To Be An Effective Barre Instructor	Home Study	8.0	12/31/20	www.barrecertification.com
Barre Certification (IBBFA) (AFAA)	Barre Level 1- Fundamentals of Barre Technique	Workshop/Seminar	15.0	12/31/20	https://barrecertification.com/
Barre Intensity LLC (AFAA)	Barre Anatomy Workshop	Workshop/Seminar	10.0	12/31/20	www.barreintensity.com
Barre Intensity LLC (AFAA)	Barre Choreography Workshop 1	Workshop/Seminar	3.0	12/31/20	www.barreintensity.com
Barre Intensity LLC (AFAA)	Barre Intensity Essentials Training	Workshop/Seminar	8.0	12/31/20	www.barreintensity.com
Barre Intensity LLC (AFAA)	Barre Intensity Instructor Training 1 Day	Workshop/Seminar	9.0	12/31/20	www.barreintensity.com
Barre Intensity LLC (AFAA)	Barre Intensity Instructor Training 2 day	Workshop/Seminar	13.0	12/31/20	www.barreintensity.com
Barre Intensity LLC (AFAA)	Prenatal & Postnatal Instructor Training	Home Study	10.0	12/31/20	www.barreintensity.com
Barre Vida (AFAA)	Barre Vida Certified Instructor Trainer	Workshop/Seminar	12.0	12/31/20	www.barrevidausa.com
Barre Where You Are LLC (AFAA)	Barre Where You Are Primary Barre Instructor	Workshop/Seminar	8.0	12/31/20	
BarreAmped® (AFAA)	BarreAmped® Bounce Levels 1 & 2	Home Study	8.0	12/31/20	www.barreampedbounce.com
BarreAmped® (AFAA)	BarreAmped® Level 1 Barre Instructor Training	Workshop/Seminar	15.0	12/31/20	www.barreamped.com
BeatBoss, LLC (AFAA)	BeatBoss Indoor Biking	Workshop/Seminar	14.0	12/31/20	www.beatboss.rocks
Bender Training Academy (AFAA)	Functional Flexibility and Fascia Fitness	Workshop/Seminar	6.0	12/31/20	www.bendertraining.com
BioForce (AFAA)	BioForce Certified Conditioning Coach	Home Study	15.0	12/31/20	https://www.8weeksout.com/conditioning-certification/
BODY FX (AFAA)	Figure 8 Basic Instructor	Home Study	6.0	12/31/20	
BollyX (AFAA)	BollyX Instructor	Workshop/Seminar	7.0	12/31/20	www.bollyx.com
BollyX (AFAA)	BollyX® LIT 4-hour	Workshop/Seminar	4.0	12/31/20	www.bollyx.com
BOMBAY JAM (AFAA)	BOMBAY JAM Certificate of Completion	Workshop/Seminar	12.0	12/31/20	WWW.BOMBAYJAM.COM
BOMBAY JAM (AFAA)	Bombay Jam Certificate of Completion Online	Home Study	5.0	12/31/20	
BOMBAY JAM (AFAA)	BOMBAY JAM DAY 2 QUARTER 2	Workshop/Seminar	4.0	12/31/20	http://WWW.BOMBAYJAM.COM
BOMBAY JAM (AFAA)	BOMBAY JAM DAY 2 QUARTER 3	Workshop/Seminar	4.0	12/31/20	http://WWW.BOMBAYJAM.COM
BOMBAY JAM (AFAA)	BOMBAY JAM DAY 2 QUARTER 4	Workshop/Seminar	4.0	12/31/20	http://WWW.BOMBAYJAM.COM
BOMBAY JAM (AFAA)	BOMBAY JAM(R) DAY 2 QUARTER 1	Workshop/Seminar	4.0	12/31/20	www.bombayjam.com
Bootie Camp Fitness, LLC (AFAA)	BOOTIE CAMP BARRE™ Instructor Certification	Workshop/Seminar	8.0	12/31/20	www.bootiecampfitness.com
Booty Barre (AFAA)	barreless	Workshop/Seminar	8.0	12/31/20	www.barreless.com
Booty Barre (AFAA)	BootyBarre PLUS	Workshop/Seminar	9.0	12/31/20	www.bootybarre.com
Booty Barre (AFAA)	BootyBarre plus Flex & Flow	Workshop/Seminar	15.0	12/31/20	www.bootybarre.com
Booty Barre (AFAA)	bootybarre Suspension	Workshop/Seminar	8.0	12/31/20	www.bootybarre.com
Box 'N Burn Academy (AFAA)	Box 'N Burn Academy Level 1 Course	Workshop/Seminar	7.0	12/31/20	www.boxburnacademy.com

Box 'N Burn Academy (AFAA)	Box 'N Burn Academy Level 2 Course	Workshop/Seminar	7.0	12/31/20	http://www.boxburnacademy.com
Box 'N Burn Academy (AFAA)	Box 'N Burn Academy Online Course	Home Study	9.0	12/31/20	www.boxburnacademy.com
Boxing & Barbells (AFAA)	Boxing & Barbells Level 1	Workshop/Seminar	8.0	12/31/20	www.boxingandbarbells.com
Boxing & Barbells (AFAA)	Boxing & Barbells Level 1 (Self Study)	Home Study	10.0	12/31/20	www.boxingandbarbells.com
Boxing Express (AFAA)	Boxing Express Round 1	Workshop/Seminar	10.0	12/31/20	
Brian Grant Foundation (AFAA)	Exercise for Parkinson's (Home Study)	Home Study	6.0	12/31/20	www.briangrant.org
Brian Grant Foundation (AFAA)	Exercise for Parkinson's (Workshop)	Workshop/Seminar	6.0	12/31/20	www.briangrant.org
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Adductors	Home Study	2.0	12/31/20	brookbushinstitute.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Advancements in Exercise Selection 2: A Case Study Approach to Corrective Exercise	Workshop/Seminar	16.0	12/31/20	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Ankle Joint	Home Study	3.0	12/31/20	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Anterior Oblique Subsystem Integration	Home Study	1.0	12/31/20	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Back/Pulling Progressions	Workshop/Seminar	1.0	12/31/20	http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Biceps Femoris	Home Study	2.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Cervical Spine	Home Study	3.0	12/31/20	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Chest/Pushing Progressions	Workshop/Seminar	1.0	12/31/20	http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Comparing Shoulder External Rotator Exercises	Workshop/Seminar	1.0	12/31/20	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Coracobrachialis	Home Study	2.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Corrective Exercise Lab	Workshop/Seminar	15.0	12/31/20	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Deadlift Progressions	Workshop/Seminar	1.0	12/31/20	http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Deep Cervical Flexor Activation	Home Study	1.0	12/31/20	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Deep Longitudinal Subsystem	Home Study	1.0	12/31/20	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Deep Neck Flexors	Home Study	2.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Deltoids	Home Study	2.0	12/31/20	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Does Movement Impairment Precede Knee Pain and Injury?	Home Study	1.0	12/31/20	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Does Movement Impairment Precede Low Back Injury?	Workshop/Seminar	1.0	12/31/20	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Erector Spinae	Home Study	2.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Extensor Hallucis Longus (EHL) & Extensor Digitorum Longus (EDL) (and Fibularis Tertius (FT))	Home Study	2.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	External Obliques	Home Study	2.0	12/31/20	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Flexor Hallucis Longus and Flexor Digitorum Longus	Home Study	2.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Functional Anatomy 1: Introduction	Home Study	3.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Functional Anatomy 2: Muscular Function and Upper Body Muscles	Home Study	3.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Functional Anatomy 3: Lower Body and Core Muscles	Home Study	3.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Gluteus Maximus	Home Study	2.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Gluteus Maximus Activation	Workshop/Seminar	1.0	12/31/20	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Gluteus Medius Activation	Home Study	1.0	12/31/20	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Hip External Rotator: Release and Lengthening	Home Study	1.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Hip Flexor: Release and Lengthening	Home Study	1.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Hip Internal Rotator: Release and Lengthening	Home Study	1.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Hip Joint	Home Study	3.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Infraspinatus and Teres Minor	Home Study	2.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Integrated Exercise Progressions	Workshop/Seminar	1.0	12/31/20	brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Intrinsic Stabilization Subsystem	Workshop/Seminar	1.0	12/31/20	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Knee Joint	Home Study	3.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Latissimus Dorsi	Home Study	2.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Legs/Triple Extension Progressions	Workshop/Seminar	1.0	12/31/20	http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Levator Scapulae	Home Study	2.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Lower Body Goniometric Assessment	Home Study	2.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Lower Body Manual Muscle Testing (MMT)	Home Study	1.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Lower Extremity Dysfunction	Home Study	4.0	12/31/20	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Lumbar Extensor: Release and Lengthening	Home Study	1.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Muscle Cell Structure and Function	Home Study	1.0	12/31/20	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Muscle Fiber Dysfunction and Trigger Points	Workshop/Seminar	2.0	12/31/20	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Muscle Fiber Types	Workshop/Seminar	1.0	12/31/20	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Muscle Length Tests	Home Study	2.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Overhead Squat Assessment (Part 1): Signs of Dysfunction	Home Study	2.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Overhead Squat Assessment (Part 2): Sign Clusters and Compensation Patterns	Home Study	2.0	12/31/20	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Pectoralis Major	Home Study	2.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Pectoralis Minor	Home Study	2.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Performance Program Design	Workshop/Seminar	15.0	12/31/20	brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Plantar Flexor: Release and Lengthening	Home Study	1.0	12/31/20	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Popliteus	Home Study	2.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Posterior Oblique Subsystem Integration	Workshop/Seminar	1.0	12/31/20	http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Predictive Model of Lumbo Pelvic Hip Complex Dysfunction (LPHCD)	Home Study	2.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Predictive Model of Upper Body Dysfunction (UBD)	Home Study	3.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Rectus Abdominis & Pyramidalis	Home Study	2.0	12/31/20	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Regional Interdependence: Hip and Ankle	Workshop/Seminar	1.0	12/31/20	www.brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Regional Interdependence: Trunk and Lower Extremity	Workshop/Seminar	1.0	12/31/20	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Rhomboids	Home Study	2.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Scapular Muscles: Release and Lengthening	Home Study	1.0	12/31/20	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Self-administered Joint Mobilizations: Lower Extremity	Home Study	2.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Self-administered Joint Mobilizations: Upper Extremity	Home Study	2.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Serratus Anterior	Home Study	2.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Serratus Anterior Activation	Home Study	1.0	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Shoulder External Rotator Activation	Home Study	1.0	12/31/20	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Shoulder Internal Rotator and Posterior Deltoid: Release and Lengthening	Home Study	1.0	12/31/20	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Shoulder Joint	Home Study	3.0	12/31/20	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Shoulder/Overhead Progressions	Workshop/Seminar	1.0	12/31/20	http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Soleus	Home Study	2.0	12/31/20	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Stability Training	Workshop/Seminar	1.0	12/31/20	http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Stability Training	Workshop/Seminar	2.0	12/31/20	http://brookbushinstitute.com

Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Sternoclavicular, Acromioclavicular and Scapulothoracic Joints	Home Study	3.0	12/31/20	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Subscapularis	Home Study	2.0	12/31/20	http://www.brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Supraspinatus	Home Study	2.0	12/31/20	http://www.brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Tensor Fascia Latae	Home Study	2.0	12/31/20	http://www.brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Teres Major	Home Study	2.0	12/31/20	http://www.brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	The Effects of Local Vibration	Workshop/Seminar	1.0	12/31/20	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Tibia External Rotator: Release and Lengthening	Home Study	1.0	12/31/20	http://www.brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Tibialis Anterior	Home Study	2.0	12/31/20	http://www.brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Tibialis Anterior Activation	Home Study	1.0	12/31/20	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Tibialis Posterior	Home Study	2.0	12/31/20	http://www.brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Tibialis Posterior Activation	Home Study	1.0	12/31/20	http://www.brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Transverse Abdominis Activation	Home Study	1.0	12/31/20	http://www.brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Trapezius Activation	Home Study	1.0	12/31/20	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Trapezius Muscle	Home Study	2.0	12/31/20	http://www.brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Upper Body Goniometric Assessment	Home Study	2.0	12/31/20	http://www.brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Upper Body Manual Muscle Testing (MMT)	Home Study	1.0	12/31/20	http://www.brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Vastus Medialis Obliquus (VMO) and Tibial Internal Rotator Activation	Home Study	1.0	12/31/20	http://www.brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Vibration Release Techniques: Lower Body	Workshop/Seminar	2.0	12/31/20	http://www.brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Vibration Release Techniques: Upper Body	Workshop/Seminar	2.0	12/31/20	http://www.brentbrookbush.com
Bruce and Mindy Inc. (AFAA)	Cooking and Coaching	Workshop/Seminar	9.0	12/31/20	http://www.bruceandmindy.com
Bruce and Mindy Inc. (AFAA)	Fluid Strength	Workshop/Seminar	4.0	12/31/20	http://www.bruceandmindy.com
Bruce and Mindy Inc. (AFAA)	Gliding Total Body	Workshop/Seminar	4.0	12/31/20	http://www.bruceandmindy.com
Bruce and Mindy Inc. (AFAA)	One Day to Wellness	Workshop/Seminar	9.0	12/31/20	http://www.bruceandmindy.com
Bululu Studios (AFAA)	SPARK YOUR LIGHT WEIGHT RESISTANCE TRAINING + GROUP CLASSES	Workshop/Seminar	4.0	12/31/20	www.bululustudios.bigcartel.com
BUTI Yoga with Elisabeth Gold (AFAA)	Buti Yoga Training	Workshop/Seminar	15.0	12/31/20	https://butiyoga.com/collections/certify
C.H.E.K Institute (AFAA)	CHEK Holistic Lifestyle Coach Level 1	Workshop/Seminar	15.0	12/31/20	www.chekinstitute.com
C.H.E.K Institute (AFAA)	Healing Fungal and Parasite Infections – The Absolute Essentials	Home Study	7.0	12/31/20	www.chekinstitute.com
C.H.E.K Institute (AFAA)	Primal Pattern Movements: A Neurodevelopmental Approach to Conditioning	Home Study	5.0	12/31/20	www.chekinstitute.com
C.H.E.K Institute (AFAA)	Program Design	Home Study	7.0	12/31/20	www.chekinstitute.com
C.H.E.K Institute (AFAA)	Scientific Back Training 2nd Edition Correspondence Course	Home Study	15.0	12/31/20	www.chekinstitute.com
C.H.E.K Institute (AFAA)	Scientific Core Conditioning	Home Study	15.0	12/31/20	www.chekinstitute.com
Cancer Exercise Training Institute (AFAA)	Cancer Exercise Specialist Advanced Qualification (Home Study)	Home Study	15.0	12/31/20	www.thecancerspecialist.com
Catskill Mountain Yoga Festival (AFAA)	Catskill Mountain Yoga Festival	Conference	15.0	12/31/20	https://catskillmountainyogafestival.com
Chair One Fitness (AFAA)	Chair One Fitness	Workshop/Seminar	8.0	12/31/20	www.chaironefitness.com
Cirque-It Fitness (AFAA)	Cirque-It Fitness	Workshop/Seminar	9.0	12/31/20	
Clean Health Fitness Institute (AFAA)	Performance Nutrition Coach Level 1	Home Study	15.0	12/31/20	
Coach Nelly Toriano (AFAA)	Fundamentals of Financial Literacy	Home Study	4.0	12/31/20	https://coachnellytoriano.com/course%3A-self-study-1
Compact Health Pty Ltd (AFAA)	The Power of Calm	Home Study	5.0	12/31/20	www.courses-powerofcalm.com/the-power-of-calm
Compass Fitness (AFAA)	Compass Fitness Instructor Training	Workshop/Seminar	12.0	12/31/20	
Concierge Physical Therapists (CPT EDU) (AFAA)	The Shoulder Complex	Home Study	4.0	12/31/20	https://ConciergePhysicalTherapists.com
Cooper Aerobic Center (AFAA)	Move Laugh Connect - MLC Instructor	Home Study	8.0	12/31/20	www.cooperaerobics.inspire360.com
Core Athletica Inc. (AFAA)	Knocked-Up Fitness® Prenatal and Postnatal Exercise Specialist Course	Home Study	15.0	12/31/20	Knocked-UpFitness.com
Core Exercise Solutions (AFAA)	Postpartum Corrective Exercise Specialist	Home Study	15.0	12/31/20	www.coreexercisesolutions.com
Core Exercise Solutions (AFAA)	The Shoulder Solution	Home Study	7.0	12/31/20	www.CoreExerciseSolutions.com
Core Health & Fitness (AFAA)	BoxMaster Instructor Workshop	Workshop/Seminar	5.0	12/31/20	www.corehandf.com/certification
Core Health & Fitness (AFAA)	Nautilus Human Sport Specialist Workshop	Workshop/Seminar	8.0	12/31/20	www.corehandf.com/certification
Core Health & Fitness (AFAA)	Schwinn Cycling Online Classic Instructor	Home Study	7.0	12/31/20	www.corehandf.com/certification
Core Health & Fitness (AFAA)	Schwinn Indoor Cycling - How to Wow	Workshop/Seminar	2.0	12/31/20	https://www.corehandf.com/certification
Core Health & Fitness (AFAA)	Schwinn Indoor Cycling - Rhythm Done Right	Workshop/Seminar	2.0	12/31/20	www.corehandf.com/certification
Core Health & Fitness (AFAA)	Schwinn Indoor Cycling - SchwiNTENSITY	Workshop/Seminar	2.0	12/31/20	www.corehandf.com/certification
Core Health & Fitness (AFAA)	Schwinn Indoor Cycling - The Breathless and Back Again	Workshop/Seminar	2.0	12/31/20	https://www.corehandf.com/certification
Core Health & Fitness (AFAA)	Schwinn Indoor Cycling - The Magic of Music	Workshop/Seminar	2.0	12/31/20	https://www.corehandf.com/certification
Core Health & Fitness (AFAA)	Schwinn Indoor Cycling - The Power Behind Power	Workshop/Seminar	2.0	12/31/20	https://www.corehandf.com/certification
Core Health & Fitness (AFAA)	Schwinn Indoor Cycling Workshop: All the Right Cues	Workshop/Seminar	2.0	12/31/20	www.schwinneducation.com
Core Health & Fitness (AFAA)	Schwinn Indoor Cycling Workshop: Class Design Crunch Time	Workshop/Seminar	2.0	12/31/20	www.schwinneducation.com
Core Health & Fitness (AFAA)	Schwinn Indoor Cycling: Classic Instructor Certification	Workshop/Seminar	8.0	12/31/20	www.schwinneducation.com
Core Health & Fitness (AFAA)	Schwinn Indoor Cycling: Power Instructor Certification	Workshop/Seminar	8.0	12/31/20	www.schwinneducation.com
Core Health & Fitness (AFAA)	Schwinn Performance and Periodization Workshop	Home Study	2.0	12/31/20	www.corehandf.com/certification
Core Health & Fitness (AFAA)	Schwinn® Cycling - Pedal & Pulse	Workshop/Seminar	2.0	12/31/20	www.corehandf.com/certification
Core Health & Fitness (AFAA)	Schwinn® Cycling - Train Right 2 Ride Right	Workshop/Seminar	2.0	12/31/20	www.corehandf.com/certification
Core Health & Fitness (AFAA)	Schwinn® Cycling: Balancing Act - The Art of True Cycling Fusion	Workshop/Seminar	2.0	12/31/20	www.corehandf.com/certification
Core Health & Fitness (AFAA)	Schwinn® Cycling: Super Star Substitute	Workshop/Seminar	2.0	12/31/20	www.corehandf.com/certification
Core Health & Fitness (AFAA)	StairMaster HIIT Instructor Online Training Course	Home Study	4.0	12/31/20	www.corehandf.com/certification
Core Health & Fitness (AFAA)	StairMaster HIIT Instructor Training Program	Workshop/Seminar	4.0	12/31/20	www.corehandf.com/certification
CORE YOGA ACADEMY (AFAA)	CORE YOGA BARRE TEACHER TRAINING	Workshop/Seminar	15.0	12/31/20	http://www.coreyogahk.com
CorePower Yoga (AFAA)	Yoga Sculpt Teacher Training	Home Study	15.0	12/31/20	www.corepoweryoga.com
CRUNCH FITNESS (AFAA)	360-3X	Workshop/Seminar	2.0	12/31/20	http://www.crunch.com
CRUNCH FITNESS (AFAA)	ABSOLUTION	Workshop/Seminar	3.0	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS (AFAA)	Accelerate HIIT	Workshop/Seminar	3.0	12/31/20	www.CRUNCH.com
CRUNCH FITNESS (AFAA)	BADASS BOOTCAMP	Workshop/Seminar	4.0	12/31/20	www.crunch.com
CRUNCH FITNESS (AFAA)	BARRE ASSETS	Workshop/Seminar	3.0	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS (AFAA)	BARRE BOOTCAMP	Workshop/Seminar	2.0	12/31/20	http://www.crunch.com
CRUNCH FITNESS (AFAA)	BELLY BUTT & THIGHS BOOTCAMP	Workshop/Seminar	3.0	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS (AFAA)	BODYWEB WITH TRX	Workshop/Seminar	3.0	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS (AFAA)	BOSU BOOTCAMP	Workshop/Seminar	3.0	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS (AFAA)	CARDIO SCULPT	Workshop/Seminar	3.0	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS (AFAA)	CARDIO TAI BOX	Workshop/Seminar	2.0	12/31/20	http://www.crunch.com
CRUNCH FITNESS (AFAA)	CHISEL	Workshop/Seminar	3.0	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS (AFAA)	CRUNCH CLASSIC TRAINING	Workshop/Seminar	6.0	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS (AFAA)	CRUNCH RIDE OF YOUR LIFE	Workshop/Seminar	6.0	12/31/20	WWW.CRUNCH.COM

CRUNCH FITNESS (AFAA)	Extreme HIIT	Workshop/Seminar	3.0	12/31/20	www.CRUNCH.com
CRUNCH FITNESS (AFAA)	FAT BURNING PILATES	Workshop/Seminar	3.0	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS (AFAA)	FIT TO FIGHT	Workshop/Seminar	4.0	12/31/20	www.crunch.com
CRUNCH FITNESS (AFAA)	HIIT WORKOUT	Workshop/Seminar	4.0	12/31/20	www.crunch.com
CRUNCH FITNESS (AFAA)	IRON MAT	Workshop/Seminar	3.0	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS (AFAA)	JUMP START	Workshop/Seminar	4.0	12/31/20	www.crunch.com
CRUNCH FITNESS (AFAA)	OVERDRIVE	Workshop/Seminar	3.0	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS (AFAA)	Punch HIIT	Workshop/Seminar	3.0	12/31/20	www.CRUNCH.com
CRUNCH FITNESS (AFAA)	RETRO ROBICS	Workshop/Seminar	2.0	12/31/20	http://www.crunch.com
CRUNCH FITNESS (AFAA)	RIPPED DRIVE	Workshop/Seminar	3.0	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS (AFAA)	RIPPED YOGA	Workshop/Seminar	3.0	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS (AFAA)	STILETTO STRENGTH	Workshop/Seminar	3.0	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS (AFAA)	STILLETTO STRENGTH 3	Workshop/Seminar	3.0	12/31/20	www.crunch.com
CRUNCH FITNESS (AFAA)	Strong HIIT	Workshop/Seminar	3.0	12/31/20	www.CRUNCH.com
CRUNCH FITNESS (AFAA)	TREAD BOOTCAMP	Workshop/Seminar	3.0	12/31/20	http://www.crunch.com
CRUNCH FITNESS (AFAA)	TREAD-N-SHRED	Workshop/Seminar	3.0	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS (AFAA)	VIDEOGRAPHY	Workshop/Seminar	3.0	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS (AFAA)	YOGA BODY SCULPT	Workshop/Seminar	3.0	12/31/20	WWW.CRUNCH.COM
CRUNCH UNIVERSITY (AFAA)	360-3X	Home Study	1.0	12/31/20	http://www.crunch.com
CRUNCH UNIVERSITY (AFAA)	ABSOLUTION	Home Study	3.0	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	Accelerate HIIT	Workshop/Seminar	3.0	12/31/20	www.CRUNCH.com
CRUNCH UNIVERSITY (AFAA)	BADASS BOOTCAMP	Workshop/Seminar	4.0	12/31/20	crunch.com
CRUNCH UNIVERSITY (AFAA)	BARRE ASSETS	Home Study	3.0	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	BARRE BOOTCAMP	Home Study	2.0	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	BELLY BUTT & THIGHS BOOTCAMP	Home Study	3.0	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	BODYWEB WITH TRX	Home Study	3.0	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	BOSU BOOTCAMP	Home Study	3.0	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	CARDIO SCULPT	Home Study	3.0	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	CARDIO TAI BOX	Home Study	2.0	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	CHISEL	Home Study	3.0	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	Extreme HIIT	Workshop/Seminar	3.0	12/31/20	www.CRUNCH.com
CRUNCH UNIVERSITY (AFAA)	Fat Burning Pilates	Home Study	1.0	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	FIT TO FIGHT	Workshop/Seminar	4.0	12/31/20	crunch.com
CRUNCH UNIVERSITY (AFAA)	HIIT WORKOUT	Workshop/Seminar	4.0	12/31/20	crunch.com
CRUNCH UNIVERSITY (AFAA)	IRON MAT	Workshop/Seminar	1.0	12/31/20	www.crunch.com
CRUNCH UNIVERSITY (AFAA)	JUMP START	Workshop/Seminar	4.0	12/31/20	crunch.com
CRUNCH UNIVERSITY (AFAA)	OVERDRIVE	Home Study	1.0	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	Punch HIIT	Workshop/Seminar	3.0	12/31/20	www.CRUNCH.com
CRUNCH UNIVERSITY (AFAA)	RETRO ROBICS	Home Study	1.0	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	STILETTO STRENGTH	Home Study	1.0	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	Strong HIIT	Workshop/Seminar	3.0	12/31/20	www.CRUNCH.com
CRUNCH UNIVERSITY (AFAA)	Tread Bootcamp	Home Study	1.0	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	TREAD-N-SHRED	Home Study	1.0	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	TRX-X2	Home Study	1.0	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	Videography	Home Study	1.0	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	Yoga Body Sculpt	Home Study	1.0	12/31/20	http://www.crunch-u.com
CTY Fitness (AFAA)	Commit Dance Fitness	Workshop/Seminar	7.0	12/31/20	
CULFIT Healthcare PVT LTD (AFAA)	CULT Fitness Boxing Level 0	Workshop/Seminar	15.0	12/31/20	www.culfit.in
CULFIT Healthcare PVT LTD (AFAA)	Cult Strength and Conditioning Level 0	Workshop/Seminar	15.0	12/31/20	
D.A.T.-Fitness (AFAA)	D.A.T.-Fitness Instructor	Workshop/Seminar	14.0	12/31/20	www.datfitness.com
Dan-Z Fitness Pte Ltd (AFAA)	Official KpopX® Fitness Instructor	Workshop/Seminar	8.0	12/31/20	www.kpopxfitness.com
DCAC Fitness Conventions Inc. (AFAA)	DCAC Fitness Education Conference 2020	Conference	15.0	12/31/20	www.dcacfitness.com
Defying Gravity Bungee Training (AFAA)	Defying Gravity Bungee Instructor Training	Workshop/Seminar	10.0	12/31/20	www.DefyingGravityBungee.com
DESIREE FITNESS (AFAA)	Acondicionamiento Físico Fitness para la Mujer	Workshop/Seminar	9.0	12/31/20	desireefitness.com
DESIREE FITNESS (AFAA)	ACONDICIONAMIENTO FISICO PARA LA OBESIDAD	Workshop/Seminar	7.0	12/31/20	www.desireefitness.com
DESIREE FITNESS (AFAA)	ASESOR NUTRILOGO EN FITNESS	Workshop/Seminar	6.0	12/31/20	http://www.desireefitness.com
DESIREE FITNESS (AFAA)	CROSS TRAINING	Workshop/Seminar	5.0	12/31/20	http://www.desireefitness.com
DESIREE FITNESS (AFAA)	ENTRENADOR PERSONAL	Workshop/Seminar	6.0	12/31/20	http://www.desireefitness.com
DESIREE FITNESS (AFAA)	FITNESS BARRE	Workshop/Seminar	7.0	12/31/20	www.desireefitness.com
DESIREE FITNESS (AFAA)	INDOOR CYCLING	Workshop/Seminar	6.0	12/31/20	http://www.desireefitness.com
DESIREE FITNESS (AFAA)	KICK BOXING	Workshop/Seminar	5.0	12/31/20	http://www.desireefitness.com
DESIREE FITNESS (AFAA)	MASAJE DEPORTIVO	Workshop/Seminar	4.0	12/31/20	http://www.desireefitness.com
DESIREE FITNESS (AFAA)	PILATES	Workshop/Seminar	3.0	12/31/20	http://www.desireefitness.com
DESIREE FITNESS (AFAA)	PSICOLOGIA DEPORTIVA	Workshop/Seminar	9.0	12/31/20	desireefitness.com
DESIREE FITNESS (AFAA)	RITMOS LATINOS	Workshop/Seminar	5.0	12/31/20	http://www.desireefitness.com
DESIREE FITNESS (AFAA)	STEP COREOGRAFICO	Workshop/Seminar	5.0	12/31/20	http://www.desireefitness.com
DESIREE FITNESS (AFAA)	YOGA FITNESS	Workshop/Seminar	5.0	12/31/20	http://www.desireefitness.com
dotFIT, LLC (AFAA)	dotFIT Certification	Home Study	15.0	12/31/20	www.dotfit.com
Dr. Sears Wellness Institute (AFAA)	Health Coach Certification-Adults & Seniors	Home Study	15.0	12/31/20	drsearswellnessinstitute.org
Dr. Sears Wellness Institute (AFAA)	Health Coach Certification-Families	Home Study	15.0	12/31/20	drsearswellnessinstitute.org
Drishti Beats (AFAA)	Drishti Beats 200 Hour Online Teacher Training	Home Study	15.0	12/31/20	www.drishtibeats.com/teacher-training
Drums Alive (AFAA)	Drums Alive® Basic On-line Instructor Specialty Certificate	Home Study	8.0	12/31/20	
ELDOA (AFAA)	ELDOA 1 & 2	Workshop/Seminar	15.0	12/31/20	
Eleiko Sport Inc. (AFAA)	NOFFS Performance Coach	Workshop/Seminar	15.0	12/31/20	www.eleiko.com
Elite Endurance Barre (AFAA)	Elite Endurance Barre	Workshop/Seminar	2.0	12/31/20	Eliteendurancebarre.com
Embarazo Activo (AFAA)	Physical Activity in Pregnancy and Postpartum	Workshop/Seminar	15.0	12/31/20	
Entrenous LLC (AFAA)	Now What? The Road After Group Fitness Certification	Workshop/Seminar	3.0	12/31/20	
Entrenous LLC (AFAA)	The Chapel of Fitness: Group Fitness as a Spiritual Modality	Workshop/Seminar	3.0	12/31/20	
Evidence for Exercise (AFAA)	Exercises for the spine, hip and knee	Home Study	10.0	12/31/20	www.evidenceforexercise.org
Evolution Trainers (AFAA)	Training for Lumbar Spine Health and Performance	Workshop/Seminar	5.0	12/31/20	www.evolutiontrainers.com

Exercise and Nutrition Works, Inc. (AFAA)	Fitness Nutrition Specialist	Home Study	15.0	12/31/20	www.NutritionCertification.com
Exercise Etc Inc (AFAA)	Age Appropriate Strength Training	Home Study	2.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	Athletic Body in Balance	Home Study	15.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	Avoiding Common Fitness Injuries	Workshop/Seminar	2.0	12/31/20	http://exercisetc.com/power.html
Exercise Etc Inc (AFAA)	Baby Boomer Balance	Workshop/Seminar	2.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	Back to Balance: Core Strengthening to Reduce Fall Risk	Workshop/Seminar	2.0	12/31/20	exercisetc.com
Exercise Etc Inc (AFAA)	Balance & Fall Prevention	Workshop/Seminar	2.0	12/31/20	http://exercisetc.com/seniorfit.html
Exercise Etc Inc (AFAA)	Balance, Stability & Fall Prevention	Workshop/Seminar	2.0	12/31/20	http://exercisetc.com
Exercise Etc Inc (AFAA)	Beyond Cardio: Sweat Equity & Weight Mgmt	Workshop/Seminar	2.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	Chair Today, Gone Tomorrow: Designing Vertical Balance Programs	Workshop/Seminar	2.0	12/31/20	exercisetc.com
Exercise Etc Inc (AFAA)	Cheap Tricks for Trainers	Home Study	2.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	Complete Guide to Foam Rolling	Home Study	10.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	Complete Guide to TRX® Suspension Training	Workshop/Seminar	10.0	12/31/20	www.crunch.com
Exercise Etc Inc (AFAA)	Comprehensive Recovery Strategies	Home Study	2.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	Conditioning to the Core	Home Study	10.0	12/31/20	http://exercisetc.com
Exercise Etc Inc (AFAA)	Core Training Anatomy	Home Study	12.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	Core Training: From Outdated to Outstanding	Workshop/Seminar	2.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	Core Training: Working Hard or Hardly Working?	Home Study	2.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	Empowering the Frail Elder: Fighting the Fear of Falling	Workshop/Seminar	2.0	12/31/20	exercisetc.com
Exercise Etc Inc (AFAA)	Exercise to Improve Neck & Back Function	Workshop/Seminar	2.0	12/31/20	http://exercisetc.com/
Exercise Etc Inc (AFAA)	Fit to Move: Training to Prevent Re-injury	Workshop/Seminar	2.0	12/31/20	exercisetc.com
Exercise Etc Inc (AFAA)	Forever Young: Secrets of the Older Mind	Workshop/Seminar	2.0	12/31/20	http://exercisetc.com
Exercise Etc Inc (AFAA)	Form & Function: Assessing Movement Patterns	Workshop/Seminar	2.0	12/31/20	exercisetc.com
Exercise Etc Inc (AFAA)	Functional Forever: Exercise for Independent Living	Home Study	2.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	Functional Forever: Remedial Shoulder Exercises	Workshop/Seminar	2.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	Functional Training	Home Study	10.0	12/31/20	http://exercisetc.com
Exercise Etc Inc (AFAA)	Functional Training: Myths & Mystique	Home Study	2.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	Good Knee/Bad Knee	Workshop/Seminar	2.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	High Intensity Training: When Less is More	Home Study	2.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	Improving Cerebral Blood Flow: The Key to Cognition	Workshop/Seminar	2.0	12/31/20	exercisetc.com
Exercise Etc Inc (AFAA)	Kettlebell Training	Home Study	10.0	12/31/20	http://exercisetc.com
Exercise Etc Inc (AFAA)	Lift Weight to Lose Weight	Workshop/Seminar	2.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	Living Fearless: Exercise, Balance & Core Strength	Home Study	2.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	Lower Body Conditioning: Transformative Training	Workshop/Seminar	2.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	Myofascial Release	Workshop/Seminar	10.0	12/31/20	http://exercisetc.com/
Exercise Etc Inc (AFAA)	Nancy Clark's Sports Nutrition Guidebook	Home Study	15.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	Never too Late: Functional Core Training for Seniors	Workshop/Seminar	2.0	12/31/20	www.crunch.com
Exercise Etc Inc (AFAA)	Nutrient Timing for Peak Performance	Home Study	15.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	Plant Based Sports Nutrition	Home Study	14.0	12/31/20	exercisetc.com
Exercise Etc Inc (AFAA)	Polishing the Golden Years: Age-appropriate Conditioning Exercises	Workshop/Seminar	2.0	12/31/20	www.crunch.com
Exercise Etc Inc (AFAA)	Pure Power: Integrated Rotational Training	Workshop/Seminar	2.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	Ready, Set, Stop! Functional Deceleration Training	Workshop/Seminar	2.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	Rebuilding the Base: Overcoming Movement Compensations	Workshop/Seminar	2.0	12/31/20	exercisetc.com
Exercise Etc Inc (AFAA)	Remedial Exercise: Restoring Function to the Deconditioned	Workshop/Seminar	2.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	Retired, not Expired: Integrated Strength Training Drills	Workshop/Seminar	2.0	12/31/20	www.crunch.com
Exercise Etc Inc (AFAA)	Secrets of Strength & Conditioning	Workshop/Seminar	2.0	12/31/20	http://exercisetc.com/
Exercise Etc Inc (AFAA)	Smarter Workouts	Home Study	15.0	12/31/20	exercisetc.com
Exercise Etc Inc (AFAA)	Sports Injuries Guidebook	Home Study	15.0	12/31/20	http://exercisetc.com
Exercise Etc Inc (AFAA)	Standing Tall: Exercise and the Aging Spine	Home Study	2.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	Step by Step: Gait, Posture and Deceleration	Workshop/Seminar	2.0	12/31/20	exercisetc.com
Exercise Etc Inc (AFAA)	Strength & Conditioning for Seniors	Home Study	2.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	Strength Training Anatomy	Home Study	10.0	12/31/20	http://exercisetc.com
Exercise Etc Inc (AFAA)	Strength Training Past 50	Home Study	9.0	12/31/20	http://exercisetc.com
Exercise Etc Inc (AFAA)	Stretching Anatomy	Home Study	5.0	12/31/20	exercisetc.com
Exercise Etc Inc (AFAA)	Strong Minds: Exercise & Cognitive Function	Home Study	2.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	The Ankle: The Biomechanical Marvel	Workshop/Seminar	2.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	The Bionic Elder: Training with New Knees or Hips	Home Study	2.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	The Defiant Senior: Exercise to Manage Chronic Illness	Home Study	2.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	The Essential Hip: Reversing Gluteal Amnesia	Workshop/Seminar	2.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	The HIIT Advantage	Home Study	10.0	12/31/20	http://exercisetc.com
Exercise Etc Inc (AFAA)	The Knee: Top Trends in Training	Home Study	2.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	The Vibrant Senior: Putting the FUN in Functional Training	Home Study	2.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	Understanding Shoulder Dysfunction	Home Study	2.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	Upper Body Conditioning: Innovations in Excellence	Workshop/Seminar	2.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	Walk the Walk: Functional Ambulation Drills	Workshop/Seminar	2.0	12/31/20	www.crunch.com
Exercise Etc Inc (AFAA)	Walking Tall: Mobility Drills for Seniors	Home Study	2.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	Weight Management: Secrets & Lies	Home Study	2.0	12/31/20	www.exercisetc.com
Exercise Etc Inc (AFAA)	Women, Exercise & Metabolism	Home Study	1.0	12/31/20	exercisetc.com
Exercise Etc Inc (AFAA)	Women's Home Workout Bible	Home Study	15.0	12/31/20	http://exercisetc.com
exhale (AFAA)	exhale Barre Teacher Training Module 1	Workshop/Seminar	15.0	12/31/20	http://exhalespa.com/
exhale (AFAA)	exhale Barre Teacher Training Module 2	Workshop/Seminar	15.0	12/31/20	http://www.exhalespa.com
exhale (AFAA)	exhale Core Strengthening Series	Workshop/Seminar	4.0	12/31/20	exhalespa.com
exhale (AFAA)	exhale Glutes Strengthening Series	Workshop/Seminar	4.0	12/31/20	exhalespa.com
exhale (AFAA)	exhale Stretch Series	Workshop/Seminar	4.0	12/31/20	exhalespa.com
exhale (AFAA)	exhale Thigh Strengthening Series	Workshop/Seminar	4.0	12/31/20	exhalespa.com
exhale (AFAA)	exhale Upper Body Series	Workshop/Seminar	4.0	12/31/20	exhalespa.com
FACTS Academy (AFAA)	Fitness Marketing and Sales Skills	Workshop/Seminar	13.0	12/31/20	https://www.factsacademy.com
FIGHTFIT FITNESS (AFAA)	FightFit Fitness Trainer Course	Home Study	6.0	12/31/20	www.fightfit.com
Fit For Birth, Inc (AFAA)	Pre & Post Natal Corrective Exercise Specialist (Home Study + Mini Internship)	Home Study	15.0	12/31/20	http://www.getfitforbirth.com
FT4MOM (AFAA)	Body Back	Home Study	4.0	12/31/20	

FIT4MOM (AFAA)	Body Ignite Certification	Workshop/Seminar	3.0	12/31/20	https://fit4mom.com/
FIT4MOM (AFAA)	Fit4Baby	Home Study	3.0	12/31/20	
FIT4MOM (AFAA)	FIT4MOM Experience	Workshop/Seminar	7.0	12/31/20	
FIT4MOM (AFAA)	FIT4MOM Foundations	Home Study	8.0	12/31/20	
FIT4MOM (AFAA)	Run Club+	Workshop/Seminar	3.0	12/31/20	https://fit4mom.com/
FIT4MOM (AFAA)	Strides 360 Certification	Workshop/Seminar	3.0	12/31/20	https://fit4mom.com/
FIT4MOM (AFAA)	Stroller Barre	Home Study	3.0	12/31/20	
FIT4MOM (AFAA)	StrollerStrides	Home Study	4.0	12/31/20	
FitFixNow (AFAA)	5 Ways You're Losing Your Clients	Home Study	2.0	12/31/20	www.fitfixnow.com
FitFixNow (AFAA)	ACE the Army Combat Fitness Test (ACFT)	Home Study	2.0	12/31/20	http://www.fitfixnow.com
FitFixNow (AFAA)	Boost Your Business with a Better Business Plan	Home Study	2.0	12/31/20	www.fitfixnow.com
FitFixNow (AFAA)	Boxing for Parkinson's and Senior Fitness	Home Study	3.0	12/31/20	www.fitfixnow.com
FitFixNow (AFAA)	Exercise for Overweight and Obese Clients	Home Study	2.0	12/31/20	http://www.fitfixnow.com
FitFixNow (AFAA)	Expand Your Reach with Online Face to Face Training	Home Study	2.0	12/31/20	https://www.fitfixnow.com/
FitFixNow (AFAA)	Fit Kids for Life: Reversing Childhood Obesity	Home Study	2.0	12/31/20	
FitFixNow (AFAA)	Growth, Discovery & Programming for the 6 to 9 Year Old: Essentials of Youth Fitness	Home Study	3.0	12/31/20	www.fitfixnow.com
FitFixNow (AFAA)	Helping Your Clients Become Their Best!	Home Study	5.0	12/31/20	Movement Training Specialist Assessment Series
FitFixNow (AFAA)	Helping Your Clients with Pain Management	Home Study	2.0	12/31/20	www.fitfixnow.com
FitFixNow (AFAA)	HIIT for Clients: Getting More with Less	Home Study	2.0	12/31/20	http://www.fitfixnow.com
FitFixNow (AFAA)	Increase Your Income with Online Video Group Training	Home Study	2.0	12/31/20	www.fitfixnow.com
FitFixNow (AFAA)	Making EVERY Client a Success: A Tool Kit for Behavior Change	Home Study	2.0	12/31/20	
FitFixNow (AFAA)	Maximize Your Profit Starting NOW	Home Study	2.0	12/31/20	http://www.fitfixnow.com
FitFixNow (AFAA)	Nutrition as Medicine	Home Study	2.0	12/31/20	www.fitfixnow.com
FitFixNow (AFAA)	Nutrition for Fitness Professionals	Home Study	4.0	12/31/20	http://www.fitfixnow.com
FitFixNow (AFAA)	Optimal Nutrition for Teen Athletes	Home Study	3.0	12/31/20	http://www.fitfixnow.com
FitFixNow (AFAA)	Reinventing The Wheel: Fitness and Adapted PE for the Autism Population	Workshop/Seminar	2.0	12/31/20	www.fitfixnow.com
FitFixNow (AFAA)	Stop the Fall BEFORE it happens: Balance & Stretch for Aging Populations	Home Study	2.0	12/31/20	www.fitfixnow.com
FitFixNow (AFAA)	Strong Minds Strong Bodies	Home Study	2.0	12/31/20	www.fitfixnow.com
FitFixNow (AFAA)	Teaching Weight Loss Strategies for Personal Trainers	Home Study	3.0	12/31/20	www.fitfixnow.com
FitFixNow (AFAA)	Technology is Your Friend - Using Heart Rate Training to Get More out of Your Clients	Home Study	2.0	12/31/20	www.fitfixnow.com
FitFixNow (AFAA)	The Midas Touch: Golden Clients in their Golden Years	Home Study	2.0	12/31/20	www.fitfixnow.com
FitFixNow (AFAA)	Training Aging Bones and Muscles	Home Study	2.0	12/31/20	http://www.fitfixnow.com
FitFixNow (AFAA)	Training Injured Clients	Home Study	3.0	12/31/20	https://www.fitfixnow.com
FitFixNow (AFAA)	Training the Aging Heart with Safety and Confidence	Home Study	4.0	12/31/20	www.fitfixnow.com
FitFixNow (AFAA)	Training Towards and Away From Knee and Hip Replacement	Home Study	3.0	12/31/20	www.fitfixnow.com
FitFixNow (AFAA)	Youth Fitness: Herding Ferrets, Building Champions and Coaching in a Maelstrom	Home Study	5.0	12/31/20	https://www.fitfixnow.com
FitFixNow (AFAA)	Zen, Science and Better Client Results	Home Study	4.0	12/31/20	www.fitfixnow.com
FitLife (AFAA)	CORE PILATES	Workshop/Seminar	4.0	12/31/20	
FitLife (AFAA)	Powerful Teaching Series Part 1: Group Ex Essentials	Workshop/Seminar	4.0	12/31/20	
FitLife (AFAA)	Powerful Teaching Series Part 2: Cardio	Workshop/Seminar	6.0	12/31/20	
FitLife (AFAA)	Powerful Teaching Series Part 3: Group Strength	Workshop/Seminar	3.0	12/31/20	
FitLife (AFAA)	Powerful Teaching Series Part 4: Core Training	Workshop/Seminar	2.0	12/31/20	
FitLife (AFAA)	Powerful Teaching Series Part 5: Flexible Strength	Workshop/Seminar	2.0	12/31/20	
Fitness Business 101 (AFAA)	Fitness Business 101	Home Study	6.0	12/31/20	https://fitness-business-101.teachable.com/
Fitness Conventions Inc. (PNW Fit Con) (AFAA)	PNW Fit Con presented by Core Health & Fitness	Conference	14.0	12/31/20	www.pnwfitcon.com
Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education (AFAA)	Complete Knee, Ankle & Foot Conditioning	Home Study	8.0	12/31/20	www.iihfe.com
Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education (AFAA)	Complete Shoulder Conditioning 2.0	Home Study	8.0	12/31/20	www.iihfe.com
Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education (AFAA)	Female Fitness: Restore the Core while discovering its effects on the whole body	Workshop/Seminar	7.0	12/31/20	
Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education (AFAA)	ICES Approach to Training Baby Boomers and Seniors	Workshop/Seminar	7.0	12/31/20	www.iihfe.com
Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education (AFAA)	ICES Approach to Training Baby Boomers and Seniors-Designing Programs	Workshop/Seminar	7.0	12/31/20	www.iihfe.com
Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education (AFAA)	Integrative Core Training For the Baby Boomers and Seniors	Workshop/Seminar	7.0	12/31/20	
Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education (AFAA)	What Lies Beneath: How Fitness Professionals Can Address the Under-realized (Postural & Movement...	Workshop/Seminar	4.0	12/31/20	
FitnessFest Conference and Expo (AFAA)	FitnessFest Arizona 2020	Conference	15.0	12/31/20	www.fitnessfest.org
FITOUR (AFAA)	Advanced Aqua Self Study	Workshop/Seminar	8.0	12/31/20	www.fitour.com
FITOUR (AFAA)	Advanced Barre Self Study	Home Study	8.0	12/31/20	www.fitour.com
FITOUR (AFAA)	Advanced Boot Camp Instructor	Home Study	8.0	12/31/20	www.fitour.com
FITOUR (AFAA)	Advanced Indoor Cycling Self Study	Workshop/Seminar	8.0	12/31/20	www.fitour.com
FITOUR (AFAA)	Advanced Pilates Self Study	Home Study	8.0	12/31/20	www.fitour.com
FITOUR (AFAA)	Advanced Yoga Self Study	Workshop/Seminar	8.0	12/31/20	www.fitour.com
FITOUR (AFAA)	Core and Functional Fitness Self Study	Workshop/Seminar	8.0	12/31/20	www.fitour.com
FITOUR (AFAA)	FITOUR Advanced Myofascial Self Study	Home Study	8.0	12/31/20	www.fitour.com
FITOUR (AFAA)	FITOUR Advanced Suspension Training Instructor Self-Study	Home Study	8.0	12/31/20	www.fitour.com
FITOUR (AFAA)	FITOUR Primary Suspension Training Instructor Self Study	Home Study	8.0	12/31/20	www.fitour.com
FITOUR (AFAA)	Group Barbell Self Study	Home Study	8.0	12/31/20	www.fitour.com
FITOUR (AFAA)	Kickboxing Self Study	Home Study	8.0	12/31/20	www.fitour.com
FITOUR (AFAA)	Pilates Reformer Level 1 Self Study	Home Study	8.0	12/31/20	www.fitour.com
FITOUR (AFAA)	Primary Aqua Live Workshop	Workshop/Seminar	8.0	12/31/20	www.fitour.com
FITOUR (AFAA)	Primary Aqua Self Study	Workshop/Seminar	8.0	12/31/20	www.fitour.com
FITOUR (AFAA)	Primary Barre Self Study	Home Study	8.0	12/31/20	www.fitour.com
FITOUR (AFAA)	Primary Boot Camp Self Study	Home Study	8.0	12/31/20	www.fitour.com
FITOUR (AFAA)	Primary Indoor Cycling Live Workshop	Workshop/Seminar	8.0	12/31/20	www.fitour.com
FITOUR (AFAA)	Primary Indoor Cycling Self Study	Workshop/Seminar	8.0	12/31/20	www.fitour.com
FITOUR (AFAA)	Primary Myofascial Release Self Study	Workshop/Seminar	8.0	12/31/20	http://www.fitour.com
FITOUR (AFAA)	Primary Pilates Live Workshop	Workshop/Seminar	8.0	12/31/20	www.fitour.com
FITOUR (AFAA)	Primary Pilates Self Study	Workshop/Seminar	8.0	12/31/20	www.fitour.com
FITOUR (AFAA)	Primary Yoga Self Study	Workshop/Seminar	8.0	12/31/20	www.fitour.com
FITOUR (AFAA)	Stability Ball Self Study	Home Study	8.0	12/31/20	www.fitour.com
FITOUR (AFAA)	Step Self Study	Home Study	8.0	12/31/20	www.fitour.com
FITSteps (AFAA)	FitSteps Instructor Training Program	Home Study	4.0	12/31/20	fitstepsdance.com
FLY GIRL (AFAA)	FLY GIRL	Workshop/Seminar	8.0	12/31/20	https://officialflygirl.com

Focusmaster (AFAA)	Focusmaster Strike Training Workshop	Workshop/Seminar	5.0	12/31/20	http://www.focusmaster.com
Freedom Group Exercise LLC. (AFAA)	BANG Power Dance Up-Skilling Workshop	Workshop/Seminar	3.0	12/31/20	www.FreedomGroupExercise.com
Freedom Group Exercise LLC. (AFAA)	BANG Power Dance™ Instructor Workshop	Workshop/Seminar	14.0	12/31/20	https://FreedomGroupExercise.com
Freedom Group Exercise LLC. (AFAA)	Freedom Barre Up-Skilling Workshop	Workshop/Seminar	3.0	12/31/20	www.FreedomGroupExercise.com
Freedom Group Exercise LLC. (AFAA)	Freedom Barre™ Instructor Workshop	Workshop/Seminar	14.0	12/31/20	https://FreedomGroupExercise.com
Freedom Group Exercise LLC. (AFAA)	Freedom RISE Instructor Training	Workshop/Seminar	14.0	12/31/20	www.freedomgroupexercise.com
Functional Aging Institute FAI (AFAA)	Functional Aging Group Exercise Specialist Certification	Workshop/Seminar	8.0	12/31/20	functionalaginginstitute.com
Functional Aging Institute FAI (AFAA)	Functional Aging Group Exercise Specialist Workshop	Workshop/Seminar	8.0	12/31/20	www.functionalaginginstitute.com
Functional Aging Institute FAI (AFAA)	Functional Aging Specialist Certification	Home Study	10.0	12/31/20	www.functionalaginginstitute.com
Functional Aging Institute FAI (AFAA)	Functional Aging Specialist Workshop	Workshop/Seminar	7.0	12/31/20	www.functionalaginginstitute.com
Functional Medicine Coaching Academy (FMCA) (AFAA)	Functional Medicine Coaching Academy Health Coaching Program	Home Study	15.0	12/31/20	http://www.functionalmedicinecoaching.org
Fusionetics Academy (AFAA)	Fusionetics Body MAP: Motion Capture and Movement Testing	Home Study	15.0	12/31/20	www.fusionetics.com
GAINS Fit (AFAA)	Cooking for Fitness	Workshop/Seminar	1.0	12/31/20	https://gainsfitretreat.com
GAINS Fit (AFAA)	Create It, Connect It, Choreography It!	Workshop/Seminar	1.0	12/31/20	https://gainsfitretreat.com
GAINS Fit (AFAA)	Deepen the Stretch	Workshop/Seminar	1.0	12/31/20	https://gainsfitretreat.com
GAINS Fit (AFAA)	Instructing Across the Generational Divide	Workshop/Seminar	1.0	12/31/20	https://gainsfitretreat.com
GAINS Fit (AFAA)	Marketing for Fitness Professionals: Promote Like a Pro	Workshop/Seminar	1.0	12/31/20	https://gainsfitretreat.com
GAINS Fit (AFAA)	ROCK Your Dance Fitness Classes	Workshop/Seminar	1.0	12/31/20	https://gainsfitretreat.com
GAINS Fit (AFAA)	The Financial Skills for Fitness Professionals	Workshop/Seminar	1.0	12/31/20	https://gainsfitretreat.com
Girls Gone Strong (AFAA)	Girls Gone Strong L1 Certification	Home Study	15.0	12/31/20	academy.girlsgonestrong.com
Girls Gone Strong (AFAA)	Moms Gone Strong Module 1: Trying to Conceive	Home Study	2.0	12/31/20	http://www.girlsgonestrong.com
Girls Gone Strong (AFAA)	Moms Gone Strong Module 2: Pregnancy	Home Study	2.0	12/31/20	http://www.girlsgonestrong.com
Girls Gone Strong (AFAA)	Moms Gone Strong Module 3: Post-Pregnancy	Home Study	2.0	12/31/20	http://www.girlsgonestrong.com
Girls Gone Strong (AFAA)	Pre- & Postnatal Coaching Certification	Workshop/Seminar	15.0	12/31/20	academy.girlsgonestrong.com
Global Fitness Educators (AFAA)	Fundamentals of Personal Training	Home Study	15.0	12/31/20	www.globalfitedu.com
Global Fitness Educators (AFAA)	Kettlebell Conditioning Specialist	Workshop/Seminar	8.0	12/31/20	http://www.globalfitedu.com
Global Fitness Educators (AFAA)	Neuro Functional ROM Specialist	Workshop/Seminar	8.0	12/31/20	http://www.globalfitedu.com
GluckerKolleg GBR (AFAA)	EMS Trainer License	Workshop/Seminar	15.0	12/31/20	www.ems-certified.com
Go Fitness Academy (AFAA)	Flexfit Pilates	Workshop/Seminar	8.0	12/31/20	
Go Fitness Academy (AFAA)	PowerMoves Aerobics Instructor Course	Workshop/Seminar	15.0	12/31/20	www.gofitnessacademy.in
Go Fitness Academy (AFAA)	POWERMOMES BOLLYFITX	Workshop/Seminar	14.0	12/31/20	https://www.gofitnessacademy.in
Good to Great (AFAA)	Good to Great Workshop	Workshop/Seminar	5.0	12/31/20	
Gray Institute (AFAA)	3D Movement Analysis & Performance System (3DMAPS) Home Study	Home Study	10.0	12/31/20	www.grayinstitute.com
Gray Institute (AFAA)	Certification in Applied Functional Science	Home Study	15.0	12/31/20	www.grayinstitute.com
Gray Institute (AFAA)	Chain Reaction	Workshop/Seminar	15.0	12/31/20	www.grayinstitute.com
Gray Institute (AFAA)	Female Chain Reaction	Workshop/Seminar	14.0	12/31/20	www.grayinstitute.com
Gray Institute (AFAA)	Functional Soft Tissue Transformation (FSTT)	Home Study	15.0	12/31/20	www.grayinstitute.com
Gray Institute (AFAA)	Gray Institute Functional Golf System	Workshop/Seminar	15.0	12/31/20	www.grayinstitute.com
G-Transformation Academy (AFAA)	Macro Nutrition Coaching	Workshop/Seminar	15.0	12/31/20	https://gtransformationacademy.com
Hedstrom Fitness (AFAA)	3D XTREME™ powered by BOSU®	Workshop/Seminar	6.0	12/31/20	http://www.bosu.com
Hedstrom Fitness (AFAA)	BOSU® Advanced Programming Strategies	Workshop/Seminar	4.0	12/31/20	www.bosu.com
Hedstrom Fitness (AFAA)	BOSU® Mindful Movement & Mobility	Workshop/Seminar	4.0	12/31/20	www.bosu.com
Hedstrom Fitness (AFAA)	BOSU® Next Generation Balance Training	Workshop/Seminar	4.0	12/31/20	www.bosu.com
Hedstrom Fitness (AFAA)	BOSU® DOUBLE UP DOUBLE DOWN	Workshop/Seminar	2.0	12/31/20	http://www.bosu.com
Hedstrom Fitness (AFAA)	BOSU® HIIT XTREME	Workshop/Seminar	2.0	12/31/20	http://www.bosu.com
Hedstrom Fitness (AFAA)	BOSU® STRONG + STRETCHED	Workshop/Seminar	2.0	12/31/20	http://www.bosu.com
Hedstrom Fitness (AFAA)	Surge® Hydro Performance Training	Workshop/Seminar	4.0	12/31/20	www.surgestrong.com
Hedstrom Fitness (AFAA)	Surge® Hydro Program Design	Workshop/Seminar	4.0	12/31/20	www.surgestrong.com
Hedstrom Fitness (AFAA)	Surge® Hydro Training System	Workshop/Seminar	4.0	12/31/20	www.surgestrong.com
Hellenic Network of Fitness Certification (AFAA)	In Season Training for Sports Performance	Workshop/Seminar	10.0	12/31/20	https://hnfc.academy
High Fitness LP (AFAA)	HIGH Fitness Instructor Training	Workshop/Seminar	8.0	12/31/20	www.highfitness.com
High Performance Training (AFAA)	ALL Phases	Workshop/Seminar	19.0	12/31/20	
High Performance Training (AFAA)	Phase 1 - Owner	Home Study	10.0	12/31/20	
High Performance Training (AFAA)	Phase 1 - Trainer	Home Study	8.0	12/31/20	
High Performance Training (AFAA)	Phase 2	Workshop/Seminar	16.0	12/31/20	
High Performance Training (AFAA)	Phase 3	Workshop/Seminar	16.0	12/31/20	
High Performance Training (AFAA)	Phase 4	Workshop/Seminar	16.0	12/31/20	
HOT HIIT (AFAA)	HOT HIIT Teacher Training	Workshop/Seminar	15.0	12/31/20	www.hothit.com
HRV Course (AFAA)	Foundations of Heart Rate Variability	Workshop/Seminar	3.0	12/31/20	www.hrvcourse.com
human mama (Pre and Postnatal Fitness Training) (AFAA)	human mama Pre and Postnatal Fitness Training	Workshop/Seminar	15.0	12/31/20	https://www.human-mama.com
Hyperice (AFAA)	Hyperice: Vyper & Hypersphere	Workshop/Seminar	1.0	12/31/20	www.hyperice.com
Hyperice (AFAA)	Hypervolt Movement Enhancement Course	Workshop/Seminar	2.0	12/31/20	www.hyperice.com
Hyperice (AFAA)	SMR + Vibration course	Workshop/Seminar	2.0	12/31/20	www.hyperice.com
IDEA Health & Fitness (AFAA)	2020 IDEA Personal Trainer Institute – EAST	Conference	15.0	12/31/20	
IDEA Health & Fitness (AFAA)	21st Century Body Sculpt	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	50 Ways to Leave Your Core Lovers Wanting You More, Powered by Savvier Fitness	Home Study	1.0	12/31/20	www.ideafit.com
IDEA Health & Fitness (AFAA)	A Different Look at Core Training: The Backside	Home Study	2.0	12/31/20	www.ideafit.com
IDEA Health & Fitness (AFAA)	ACSM: Exercise Is Medicine (EIM)—From Doctor to Trainer to Client Success!	Home Study	2.0	12/31/20	www.ideafit.com
IDEA Health & Fitness (AFAA)	Active Resistance Training® Total Body Mat Practice	Home Study	2.0	12/31/20	www.ideafit.com
IDEA Health & Fitness (AFAA)	Advanced and Progressive Mechanics of Lifting and Strength Training	Home Study	2.0	12/31/20	
IDEA Health & Fitness (AFAA)	Anatomy: Reconnect With Your Spine Muscles, by NFPT	Home Study	2.0	12/31/20	www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/20	http://www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2018 IDEA Fitness Journal Quiz 2: Resistance Training for Young Adults, and Spot Scapular Dusk	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	April 2018 IDEA Fitness Journal Quiz 3: Help Clients Avert ACL Tears	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	April 2018 IDEA Fitness Journal Quiz 4: Misconceptions About Fats	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	April 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Using Telehealth to Inspire...	Home Study	1.0	12/31/20	www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2019 IDEA Fitness Journal Quiz 2: The Right Carbs for Energy, and Diabetes Management and...	Home Study	1.0	12/31/20	www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2019 IDEA Fitness Journal Quiz 3: Alternative Recovery Methods to Avoid Overtraining Injuries	Home Study	1.0	12/31/20	www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2019 IDEA Fitness Journal Quiz 4: The Effects of Sleep Deprivation	Home Study	1.0	12/31/20	www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News	Home Study	1.0	12/31/20	www.ideafit.com

IDEA Health & Fitness (AFAA)	Assessment and Corrective Exercise Strategies for Improved Shoulder Function	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Back to Basics With Anatomy	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Balanced Body™: Pilates Smart Core Challenge	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Balancing Hormones for Optimal Weight Loss	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Balancing Hormones through Nutrition	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Battle Rope Mastery	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	Become a World Class Coach- Top Seven Must Do's to Create Success and Significance	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Beyond Randomness: Exercise Selection Based on Movement Screening	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Beyond the Macros: Placing the Focus Back on Nutrient-Dense Foods	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	Biohack Your Body--Anti-Aging Secrets to Ensure Movement Longevity	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Blast Your Abs, Glutes and Core – A Big HIIT With Your Clients	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Body-Weight Training-Amped Up	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	Bridging the Gap Between Good Intentions and Meaningful Nutrition Change	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Can Technology Be Harnessed to Inspire Lasting Behavior Change?	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Carb IQ: Comparing Keto, Paleo and Low Carb	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Cardio-Strength Circuits for Fun and Function!	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Caving to the Craving: The New Science of Food Addiction and Recovery...With a Twist	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Communicating With Your Female Clients for Breakthrough Results	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Complete Program Design for the Obese/Overweight Client	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Core Connections: Progression Strategies to Enhance Core Function	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	CORE Yoga for Healthy Backs	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Correct the Psoas Gluteus Imbalance	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Creative Circuits - Five Steps to Better Program Design	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Cue Movement and Exercise With Abdominal Anatomy, by NFPT	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Cue Movement and Exercise With Hip Anatomy, by NFPT	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Designing a Self-Myofascial Release Program	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Dynamic Nutrition Science: Parsing Today's Most Relevant Research for Real Life	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	East Meets West: A Mindful Approach to Health Coaching	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	Eating a Lower Inflammatory Diet	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	Exercise Science Update: New Research and Ideas	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Extreme Equipment-LESS Boot Camp	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Fascia Release for Yoga	Home Study	10.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Fascial Line Mobility	Home Study	2.0	12/31/20	
IDEA Health & Fitness (AFAA)	Fat-Loss Programming for Your Female Clients	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	February 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	February 2019 IDEA Fitness Journal Quiz 2: Resistance Training for Muscle Size, and Weight Training	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	February 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	February 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	February 2018 IDEA Fitness Journal Quiz 2: Tips for Resistance Training with Youth, and Combined Tra	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	February 2018 IDEA Fitness Journal Quiz 3: Risks of Functional Training	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	February 2018 IDEA Fitness Journal Quiz 4: Body Image in the Fitness Industry	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	Flexibility for the Inflexible	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Food for Thought: Brain, Gut, Microbes, Diet	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	From Neck to Knees...More Than Just Core!	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	From the Hip	Home Study	2.0	12/31/20	
IDEA Health & Fitness (AFAA)	Functional Anatomy: The Secret to Efficient Movement	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Functional Assessment for Special Populations	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	Functional Balance Circuits for the Active Adult (ACE Mover Academy)	Home Study	2.0	12/31/20	
IDEA Health & Fitness (AFAA)	Functional Balance for the Active Aging Adult, by ActivMotion Bar™	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Functional Circuits for Aging Clients	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Functional Flexibility for the Active Aging	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Functional Movement Triad	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Functional Power Training for Older Clients, by FAI	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Fundamental Principles of Upper Body Training--Pushing, Pulling and Pressing, by FMS	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Gait-Based Movement Screening	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	GENERATE Buzz With Simple Marketing	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	Getting Maximum Results With Minimal Equipment	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Glute Reboot	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Goodbye Infobesity, Hello Action Plan!	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Group Exercise Applications for Training the Posterior Chain	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Guiding Others to Create Their Healthiest, Most Delicious Life	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Handstands	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Hidden Secrets to Core Performance	Home Study	2.0	12/31/20	
IDEA Health & Fitness (AFAA)	High-Intensity Kettlebell Training	Home Study	2.0	12/31/20	
IDEA Health & Fitness (AFAA)	HIITs Blitz	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	How Hormones and Metabolism Change the Training Game for Females	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	How to Run Your Own "Drop Two Sizes" Challenge	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	How to Safely Introduce Plyometrics Into Your Clients' Routines	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	I Am Ageless Now	Home Study	8.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	I Q U Do: The Art of Intelligent Coaching	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	IDEA World Convention 2020	Conference	15.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Insights Into Functional Training and Corrective Movement	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Insights Into Lower-Back Pain and Functional Solutions	Home Study	2.0	12/31/20	
IDEA Health & Fitness (AFAA)	Intermittent Fasting: Science or Fiction?	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Is It Time to Eat Yet? Nobel Prize-Winning Body Clock Science Has the Answer	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	It Takes Guts! Connecting the Brain, Diet and Microbiome	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	January 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Essential Elements of Teaching	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	January 2019 IDEA Fitness Journal Quiz 2: Exercise and Mental Health, and Benefits of Effortful Lear	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	January 2019 IDEA Fitness Journal Quiz 3: Enhancing Mobility, Stability and Balance With Yoga	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	January 2019 IDEA Fitness Journal Quiz 4: Food and Nutrition News, and Helping Clients Improve Nutri	Home Study	1.0	12/31/20	www.idealife.com

IDEA Health & Fitness (AFAA)	January 2020 IDEA Fitness Journal Quiz 1: Program Design for Older Adults, and Shoulder Mechanics...	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	January 2020 IDEA Fitness Journal Quiz 2: Using Happiness for Training and Behavior Change	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	January 2020 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and the Low-FODMAP Diet...	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	January 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	January 2018 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Prev	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	January 2018 IDEA Fitness Journal Quiz 3: Tailor Workouts to Meet Clients' Precise Needs	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	January 2018 IDEA Fitness Journal Quiz 4: Small Diet Changes for Big Results	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	July/August 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	July/August 2018 IDEA Fitness Journal Quiz 2: Using Circadian Rhythms to Guide Eating Schedules	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	July/August 2018 IDEA Fitness Journal Quiz 3: How the Human Microbiome Affects Overall Health	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	July/August 2018 IDEA Fitness Journal Quiz 4: Women and Physical Activity	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	July-August 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	July-August 2019 IDEA Fitness Journal Quiz 2: Using a Plant-Centered Diet to Control Inflammatory...	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	July-August 2019 IDEA Fitness Journal Quiz 3: The Facts on Popular Nutrition Topics	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	June 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	June 2018 IDEA Fitness Journal Quiz 2: The Efficiency of HIIT, and Ground-to-Standing Exercises for	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	June 2018 IDEA Fitness Journal Quiz 3: Methods That Encourage Behavior Change	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	June 2018 IDEA Fitness Journal Quiz 4: The Risks of Bone Loss	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	June 2019 IDEA Fitness Journal Quiz 1: The Importance of Volume in Resistance Training, and Fitness	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	June 2019 IDEA Fitness Journal Quiz 2: Using Motivational Interviewing to Drive Behavior Change	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	June 2019 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Dietary Changes for Lung Health	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Kettlebell Rehab: Hardstyle Methods in Corrective Exercise	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Let's Get Dynamic!	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Little Tweaks for Big Results!	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Loaded Mobility Training	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Lower-Extremity Mechanics and Techniques	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Make Your Barre Classes a HIIT	Home Study	2.0	12/31/20	
IDEA Health & Fitness (AFAA)	March 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	March 2019 IDEA Fitness Journal Quiz 2: Training Tips for Sports Enthusiasts, and Preparing Older Ad	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	March 2019 IDEA Fitness Journal Quiz 3: Coaching Clients to Embrace New Food Experiences	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	March 2020 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Weight-Training Protocols...	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	March 2020 IDEA Fitness Journal Quiz 2: The Link Between Sleep and Gut Health	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	March 2020 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Helping Clients Recover...	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	March 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	March 2018 IDEA Fitness Journal Quiz 2: New Blood Pressure Guidelines, and Functional Training for O	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	March 2018 IDEA Fitness Journal Quiz 3: Why Lost Weight Comes Back	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	Mastering Fat Metabolism and Weight Management	Home Study	8.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	May 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Improving Performance Through...	Workshop/Seminar	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	May 2018 IDEA Fitness Journal Quiz 2: Walking for Functional Health: Gait Speed and Biomechanics	Workshop/Seminar	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	May 2018 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and A New Solution to Obesity and Chr	Workshop/Seminar	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	May 2019 IDEA Fitness Journal Quiz 1: The Multifaceted Benefits of Exercise, and Simple Lifestyle...	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	May 2019 IDEA Fitness Journal Quiz 2: Food and Nutrition News, and the Game-Changing Work of a...	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	May 2019 IDEA Fitness Journal Quiz 3: Pushing Past the Limits of a Barbell with Variable Lifting	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	May 2019 IDEA Fitness Journal Quiz 4: How Weightlifting Changes Metabolism	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	May 2020 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Using Tapering in Strength...	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	May 2020 IDEA Fitness Journal Quiz 2: Periodization for Resistance Training Programs	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	May 2020 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Restoring Balance with Digital...	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Metabolic Disruption	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	Motivational Interviewing Skills Produce Targeted Results	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Motivational Interviewing: Help Clients Own the Talk That Drives the Walk	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	Movement for Health, Functionality and Longevity	Home Study	8.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Neuroscience for the Fitness Professional: How Exercise Affects Our Most Important Organ-The Brain!	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	November/December 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	November/December 2018 IDEA Fitness Journal Quiz 2: The Role of the Exercise and the Endocrine Syste	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	November/December 2018 IDEA Fitness Journal Quiz 3: Snowboarder Training, & Cardio and Strength Trai	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	November/December 2018 IDEA Fitness Journal Quiz 4: Motivating Clients to Make Lasting Changes in Nu	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	November/December 2018 IDEA Fitness Journal Quiz 5: Healthy Diets & Cognitive Functions, & Counterac	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	November-December 2019 IDEA Fitness Journal 2: Food and Nutrition News, and Breakfast Carbs	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	November-December 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Complex Training	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	November-December 2019 IDEA Fitness Journal Quiz 3: Athletic Training for Senior Clients	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Obstacle Courses for Boot Camps and Beyond	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	October 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Assessing Clients Risk of Car	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	October 2018 IDEA Fitness Journal Quiz 2: Limiting Biological Damage With Exercise, and Aquatic Mind	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	October 2018 IDEA Fitness Journal Quiz 3: Coaching Teens for Better Health, and Food and Nutrition N	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	October 2019 IDEA Fitness Journal Quiz 1: The Physiology of Muscle Cramps, and Discussing Bone...	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	October 2019 IDEA Fitness Journal Quiz 2: Food and Nutrition News, and the Adverse Effects...	Home Study	1.0	12/31/20	idealife.com
IDEA Health & Fitness (AFAA)	October 2019 IDEA Fitness Journal Quiz 3: The Truth About Small Meals and Fasting	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Olympic Lifting - The Mechanics and Progressions, by RedCon™	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Optimize Function and Mobility With Strong and Stable Shoulders and Glutes	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Pain-Free Movement-The Science and Application (ACE Mover Academy)	Home Study	2.0	12/31/20	
IDEA Health & Fitness (AFAA)	Pilates 50/50	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Pilates on a Ball	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Pilates on the Ball	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Posture Improvement Workshop	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Power Core for Sports and Fitness Performance	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Power Medicine Ball Drills for Groups	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Precision Nutrition: How to Fix a Broken Diet—Three Ways to Get Your Eating on Track	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	PRODUCE More Revenue	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Progressing Clients From Function to Performance	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Promote Behavior Change With Better Coaching	Home Study	1.0	12/31/20	www.idealife.com

IDEA Health & Fitness (AFAA)	Protein Master Class: Health, Performance and Weight Loss	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Protein Obsessed: Sorting the Truth From the Hype	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	Protein Overload: Are You Eating More Than You Need?	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Putting Heart into Mind-Body Training	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	REACH More Clients: Be Loud and Proud	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	Rescue Your Knees - Look at Your Feet	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	Restoring Fundamental Movement Patterns with Corrective Strategies	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Reversing the Invisible Epidemic: Coaching People Who Have Prediabetes	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Rock Solid!	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Run, Injury Free! Understanding Impact Forces, by EBFA	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Sculpting the Ultimate Coach Within: How to Deliver Remarkable Client Results While Blazing an Epic	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	September 2018 IDEA Fitness Journal Quiz 1: Fitness Technology Research and Sports Biomechanics	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	September 2018 IDEA Fitness Journal Quiz 2: Encouraging a New Generation of Healthy Young People	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	September 2018 IDEA Fitness Journal Quiz 3: Food and Nutrition News	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	September 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	September 2019 IDEA Fitness Journal Quiz 2: Evaluating the Health Risks of Obesity, and Transverse..	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	September 2019 IDEA Fitness Journal Quiz 3: Pilates for Core Conditioning and Coping with Chronic...	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	SGT Ken® and Stephanie's Fitness Business Basics™	Home Study	8.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	SGT Ken's Boot Camp™ Instructor Certification (Level One)	Home Study	8.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Shoulder Function, Assessment and Reaction	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Skills Not Pills: Calming the Inflammation Superhighway With Focused Nutrition and Behavior Change	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Sleep Science for Fitness Professionals	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	Solutions for Training Post-pregnancy Clients	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	SparkPro Diabetes Prevention Program Lifestyle Coach Training	Home Study	14.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Spinal Stabilization Versus Pelvic Stabilization	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Spine-Focused Self-Myofascial Release	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Strength Training for Optimal Results	Home Study	1.0	12/31/20	
IDEA Health & Fitness (AFAA)	Techniques to Rehabilitate and Protect the Knees	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	The 3D Fascial Core	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	The Better, Not Perfect, Nutrition Plan	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	The Business of Group Exercise Beyond the Numbers	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	The BYOB Workout	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	The Current and Future State of Health Coaching	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	The Death of Crunches: 20 True Core Exercises	Home Study	2.0	12/31/20	
IDEA Health & Fitness (AFAA)	The Female Glute Relocation Program	Conference	2.0	12/31/20	
IDEA Health & Fitness (AFAA)	The Female Lumbo-Pelvic Complex (ACE Mover Academy)	Home Study	2.0	12/31/20	
IDEA Health & Fitness (AFAA)	The Female Physique-The Link Between Nutrition, Hormones and Strength Training	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	The Forgotten Five: Essential Muscles for Functional Movement	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	The Hip Bone Is Connected to the First Metatarsal: Corrective Exercise for the Kinetic Chain	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	The HOPE Solution: How Our Purpose Empowers	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	The Matrix - Innovative Group Strength Design	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	The Mobile Health Map: Inspiring Your Clients and Your Business	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	The Neuroscience of Behavior Change: How to Train the Brain to Create Healthier Habits	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	The Nuts and Bolts of Diabetes Prevention Program Coaching: From Getting Trained to Getting Paid	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	The Online Fitness Frontier	Home Study	2.0	12/31/20	
IDEA Health & Fitness (AFAA)	The Roll Model™ Fascial Makeover: Prioritize Your Periphery	Home Study	2.0	12/31/20	
IDEA Health & Fitness (AFAA)	The Science of Functional Aging	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	The Ultimate Light Dumbbell Workout	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	The Warm-Up Makeover: Start With a Bang!	Home Study	2.0	12/31/20	
IDEA Health & Fitness (AFAA)	ThinkFit™ Flexibility: Dynamic Stretching Tricks and Tools	Home Study	2.0	12/31/20	
IDEA Health & Fitness (AFAA)	Three-Dimensional Kettlebell Training, by Functional Training Institute	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	To Dairy or Not to Dairy? Translating the Science for Your Clients	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Today's Food Conversation	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Total Massage, Relaxation and Beyond	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Train Stations	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Training Fascia - Research Developments in Fibrous Connective Tissue Training	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Training Two at Once: The Power of Collaborative, Competitive Partner Training	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Translating Today's Nutrition Science for Your Clients	Home Study	2.0	12/31/20	
IDEA Health & Fitness (AFAA)	TriggerPoint™ Corrective Strategies for Hip Dysfunction	Home Study	2.0	12/31/20	
IDEA Health & Fitness (AFAA)	TriggerPoint™ Corrective Strategies for the Foot and Ankle	Home Study	2.0	12/31/20	
IDEA Health & Fitness (AFAA)	TriggerPoint™ for Movement: Hip and Shoulder Mobility	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	TriggerPoint™: Myofascial Compression™ Techniques for Injury Prevention and Better Movement	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Understanding and Interpreting the Functional Movement Screen	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Understanding the Female Pelvic Core Neuromuscular System	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Upper Extremity Mechanics and Techniques	Home Study	2.0	12/31/20	
IDEA Health & Fitness (AFAA)	Using Function to Avoid Dysfunction in Aging	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Weighing The Evidence Behind Nutrition Research	Home Study	1.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Winning Group Strength Program Design	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Yoga Anatomy 101 Certificate	Home Study	10.0	12/31/20	
IDEA Health & Fitness (AFAA)	Yoga for Optimal Client Performance	Home Study	2.0	12/31/20	
IDEA Health & Fitness (AFAA)	Yoga: Progressions and Regressions	Home Study	2.0	12/31/20	www.idealife.com
IDEA Health & Fitness (AFAA)	Your Guide to Stronger Legs and Great Glutes!	Home Study	1.0	12/31/20	www.idealife.com
Ignite Your Burn Fitness PTE LTD (AFAA)	IGNITE YOUR BURN COACH	Workshop/Seminar	15.0	12/31/20	
IHRSA International Health, Racquet & Sportsclub Association (AFAA)	IHRSA 2020 International Convention & Trade Show	Conference	15.0	12/31/20	http://hub.ihrsa.org/ihrsa-2020-agenda
Indoor Cycling (AFAA)	ICG Aging and Adaptation	Home Study	4.0	12/31/20	www.ic-pro.org
Indoor Cycling (AFAA)	ICG COMPETITIVE CYCLING	Home Study	4.0	12/31/20	www.ic-pro.org
Indoor Cycling (AFAA)	ICG OVERTRAINING	Home Study	4.0	12/31/20	www.ic-pro.org
Indoor Cycling (AFAA)	ICG PERIODIZATION IN TRAINING	Home Study	4.0	12/31/20	www.ic-pro.org
Indoor Cycling (AFAA)	ICG Stretching	Home Study	4.0	12/31/20	www.ic-pro.org
Indoor Cycling (AFAA)	ICG Wattrate Power Certification – Stage 1	Home Study	8.0	12/31/20	www.ic-pro.org

Indoor Cycling (AFAA)	ICG® Basic & Pro Level LIVE	Workshop/Seminar	8.0	12/31/20	teamicg.com
Indoor Cycling (AFAA)	ICG® Basic & Pro Level ONLINE	Home Study	8.0	12/31/20	teamicg.com
Indoor Cycling (AFAA)	ICG® Colors & Energy Zones	Workshop/Seminar	8.0	12/31/20	teamicg.com
Indoor Cycling (AFAA)	ICG® Colors & Energy Zones ONLINE	Home Study	8.0	12/31/20	teamicg.com
Indoor Cycling (AFAA)	ICG® MyRide & Ergogenic Effect	Workshop/Seminar	6.0	12/31/20	teamicg.com
Indoor Cycling (AFAA)	ICG® MyRide & Ergogenic Effect ONLINE	Home Study	4.0	12/31/20	teamicg.com
Induro Cycling Studios, Inc (AFAA)	Induro Instructor Training Distance Learning	Workshop/Seminar	7.0	12/31/20	
Interactive Fitness Trainers of America (IFTA) (AFAA)	ATHLETIC INTERVALS	Workshop/Seminar	2.0	12/31/20	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA) (AFAA)	BUILD YOUR BODY	Workshop/Seminar	2.0	12/31/20	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA) (AFAA)	ESSENTIALS OF TEACHING	Workshop/Seminar	2.0	12/31/20	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA) (AFAA)	FUNCTIONAL FITNESS TRAINING	Workshop/Seminar	2.0	12/31/20	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA) (AFAA)	GROUP STRENGTH	Workshop/Seminar	6.0	12/31/20	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA) (AFAA)	HARD CORE CONDITIONING	Workshop/Seminar	2.0	12/31/20	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA) (AFAA)	LEARN TO TEACH	Workshop/Seminar	8.0	12/31/20	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA) (AFAA)	POWERTRAIN	Workshop/Seminar	4.0	12/31/20	www.ifta-fitness.com
International Group Fitness Institute (AFAA)	Impulse Body Fitness (EMS Electro Fitness)	Workshop/Seminar	12.0	12/31/20	www.impulsebodyfitness.com
iRestore Fitness (AFAA)	Rollassage Specialist	Workshop/Seminar	7.0	12/31/20	www.irestorefitness.com
ISSN Asia (AFAA)	ISSN Sports Nutrition Diet Course	Workshop/Seminar	15.0	12/31/20	www.issnasia.com
ISSN Asia (AFAA)	ISSN-SNS	Home Study	15.0	12/31/20	www.issnasia.com
Jacksonville University (AFAA)	Jacksonville University Human Performance Conference 2020	Conference	8.0	12/31/20	https://www.ju.edu/kinesiology/humanperformance/index.php
Jessi Haggerty RDN, CPT (AFAA)	The Nutrition & Body Image Coaching Course	Workshop/Seminar	15.0	12/31/20	http://www.jessihaggerty.com/fitnesspro
JLA Fitness (AFAA)	Kickboarding Circuits	Workshop/Seminar	2.0	12/31/20	www.jlafitness.com
JLA Fitness (AFAA)	No Equipment, No Problem	Workshop/Seminar	2.0	12/31/20	www.jlafitness.com
JLA Fitness (AFAA)	One Sided	Workshop/Seminar	2.0	12/31/20	www.jlafitness.com
JLA Fitness (AFAA)	Seamless Deep	Workshop/Seminar	2.0	12/31/20	www.jlafitness.com
JLA Fitness (AFAA)	Spotlight on Arms & Abs: Low Impact Cardio	Workshop/Seminar	2.0	12/31/20	www.jlafitness.com
JLA Fitness (AFAA)	Tidal Mania Aquatic Circuit	Workshop/Seminar	2.0	12/31/20	www.jlafitness.com
Jolly Bodies (AFAA)	QUICKSHOTS Instructor Workshop	Workshop/Seminar	8.0	12/31/20	jollybodiesfitness.com
Joya (AFAA)	JFIT	Workshop/Seminar	8.0	12/31/20	joyayoga.com
Joya (AFAA)	Joya Cycle	Workshop/Seminar	8.0	12/31/20	joyayoga.com
Joya (AFAA)	JoyaStrong 45	Workshop/Seminar	15.0	12/31/20	https://joyayoga.com
Jump Rope For Good (JRFG) (AFAA)	JRFG Level 1 Technical	Workshop/Seminar	15.0	12/31/20	https://jrfg.org
Jump Rope For Good (JRFG) (AFAA)	JRFG Level 2 Technical	Workshop/Seminar	15.0	12/31/20	https://jrfg.org
Jump Rope For Good (JRFG) (AFAA)	JRFG Level 3 Technical	Workshop/Seminar	15.0	12/31/20	https://jrfg.org
Jump Rope For Good (JRFG) (AFAA)	L1 Single Rope Self-study Training Course	Home Study	3.0	12/31/20	https://jrfg.org
K3 Combat Movement Systems (AFAA)	K3 Foundations: Level 1	Workshop/Seminar	14.0	12/31/20	https://k3combat.com
KayeZen (AFAA)	KayeZen VECTOR Foundations Training Course	Workshop/Seminar	7.0	12/31/20	www.kayezen.com
Keiser Corporation (AFAA)	Keiser PowerEd: Accelerate	Workshop/Seminar	3.0	12/31/20	www.keiser.com
Keiser Corporation (AFAA)	Keiser PowerEd: Climb	Workshop/Seminar	2.0	12/31/20	www.keiser.com
Keiser Corporation (AFAA)	Keiser PowerEd: Create	Workshop/Seminar	2.0	12/31/20	
Keiser Corporation (AFAA)	Keiser PowerEd: Empowered	Workshop/Seminar	3.0	12/31/20	www.keiser.com
Keiser Corporation (AFAA)	Keiser PowerEd: Foundations	Workshop/Seminar	8.0	12/31/20	www.keiser.com
Keiser Corporation (AFAA)	Keiser PowerEd: Foundations XP	Workshop/Seminar	5.0	12/31/20	
Keiser Corporation (AFAA)	Keiser PowerEd: Technology	Workshop/Seminar	2.0	12/31/20	www.keiser.com
Keiser Corporation (AFAA)	Keiser PowerEd: Power	Workshop/Seminar	2.0	12/31/20	www.keiser.com
Ketogenic.com (AFAA)	Keto Mastery Specialist	Home Study	15.0	12/31/20	ketogenic.com/mastery
Kettlebell Athletics (AFAA)	Kettlebell Athletics Level 1	Workshop/Seminar	12.0	12/31/20	http://www.kettlebell-athletics.com/
Kettlebell Athletics (AFAA)	Kettlebell Athletics Level 2 - Beyond the Basics	Workshop/Seminar	12.0	12/31/20	www.KettlebellAthletics.com
Kettlebell Kickboxing (AFAA)	KBIA - Kettlebell Kickboxing Anatomy of Kettlebells	Workshop/Seminar	8.0	12/31/20	www.kettlebellkickboxing.com
Kick It By Eliza, Inc. (AFAA)	Kick It By Eliza®	Workshop/Seminar	12.0	12/31/20	www.KickItByEliza.com
Kristen Townsend (AFAA)	Flex™ - Yoga Inspired Fitness	Workshop/Seminar	14.0	12/31/20	www.flexyogafitness.com
LA Fitness (AFAA)	Aqua Circuit PT Intro to Group Fitness	Workshop/Seminar	3.0	12/31/20	
LA Fitness (AFAA)	Aqua Training	Workshop/Seminar	5.0	12/31/20	
LA Fitness (AFAA)	Aqua with equipment	Workshop/Seminar	3.0	12/31/20	
LA Fitness (AFAA)	Body Works	Workshop/Seminar	5.0	12/31/20	
LA Fitness (AFAA)	Body Works Choreography	Workshop/Seminar	2.0	12/31/20	
LA Fitness (AFAA)	Bootcamp Circuit	Workshop/Seminar	2.0	12/31/20	
LA Fitness (AFAA)	Bootcamp Circuit PT Intro to Group Fitness	Workshop/Seminar	3.0	12/31/20	
LA Fitness (AFAA)	Club Boxing Circuit	Workshop/Seminar	3.0	12/31/20	
LA Fitness (AFAA)	F.I.T.A™	Workshop/Seminar	7.0	12/31/20	
LA Fitness (AFAA)	F.I.T.A™ Advance Teaching Skills	Workshop/Seminar	7.0	12/31/20	
LA Fitness (AFAA)	Hip Hop	Workshop/Seminar	4.0	12/31/20	
LA Fitness (AFAA)	Indoor Cycling	Workshop/Seminar	5.0	12/31/20	
LA Fitness (AFAA)	Indoor Cycling for PT Intro to Group Fitness	Workshop/Seminar	3.0	12/31/20	
LA Fitness (AFAA)	Kickbox Cardio	Workshop/Seminar	4.0	12/31/20	
LA Fitness (AFAA)	Kickbox Cardio Choreography	Workshop/Seminar	2.0	12/31/20	
LA Fitness (AFAA)	Latin Heat	Workshop/Seminar	4.0	12/31/20	
LA Fitness (AFAA)	Mat Pilates	Workshop/Seminar	5.0	12/31/20	
LA Fitness (AFAA)	Power Circuit	Workshop/Seminar	3.0	12/31/20	
LA Fitness (AFAA)	Reformer Pilates for Fitness	Workshop/Seminar	12.0	12/31/20	
LA Fitness (AFAA)	Step Tech 1	Workshop/Seminar	3.0	12/31/20	
LA Fitness (AFAA)	Step Tech 2	Workshop/Seminar	3.0	12/31/20	
LA Fitness (AFAA)	Step Tech Choreography	Workshop/Seminar	2.0	12/31/20	
LA Fitness (AFAA)	Yoga Basics	Workshop/Seminar	8.0	12/31/20	
LA Fitness (AFAA)	Yogabeat™	Workshop/Seminar	6.0	12/31/20	
LaBlast Fitness (AFAA)	LaBlast Dynamics	Workshop/Seminar	2.0	12/31/20	www.lablastfitness.com
LaBlast Fitness (AFAA)	LaBlast Fitness	Workshop/Seminar	8.0	12/31/20	www.lablastfitness.com
LaBlast Fitness (AFAA)	LaBlast Line Dancing	Workshop/Seminar	6.0	12/31/20	www.lablastfitness.com
LaBlast Fitness (AFAA)	LaBlast Movement Philosophy and Actions	Workshop/Seminar	2.0	12/31/20	www.lablastfitness.com
LaBlast Fitness (AFAA)	LaBlast Splash	Workshop/Seminar	8.0	12/31/20	www.lablastfitness.com

LaBlast Fitness (AFAA)	The Dimensions in their positive effects on Posture, Balance, and Presence	Workshop/Seminar	2.0	12/31/20	www.lablastfitness.com
Lawrence Biscontini (AFAA)	Cardio	Workshop/Seminar	8.0	12/31/20	www.findlawrence.com
Lawrence Biscontini (AFAA)	Flexibility	Workshop/Seminar	8.0	12/31/20	www.findlawrence.com
Lawrence Biscontini (AFAA)	GFit Teaching Innovations	Workshop/Seminar	8.0	12/31/20	www.findlawrence.com
Lawrence Biscontini (AFAA)	Strength	Workshop/Seminar	8.0	12/31/20	www.findlawrence.com
Lebert Fitness (AFAA)	The Ultimate Guide to Equalizer Training	Home Study	4.0	12/31/20	www.lebertfitness.com
Les Mills (AFAA)	Advanced Training - Live	Workshop/Seminar	15.0	12/31/20	www.lesmills.com/us
Les Mills (AFAA)	BODYATTACK Initial Module	Workshop/Seminar	15.0	12/31/20	www.lesmills.com
Les Mills (AFAA)	BODYCOMBAT Initial Module	Workshop/Seminar	15.0	12/31/20	www.lesmills.com
Les Mills (AFAA)	BODYFLOW Initial Module	Workshop/Seminar	15.0	12/31/20	www.lesmills.com
Les Mills (AFAA)	BODYJAM Initial Module	Workshop/Seminar	15.0	12/31/20	www.lesmills.com
Les Mills (AFAA)	BODYPUMP Initial Module	Workshop/Seminar	15.0	12/31/20	www.lesmills.com
Les Mills (AFAA)	BODYSTEP Initial Module	Workshop/Seminar	15.0	12/31/20	www.lesmills.com
Les Mills (AFAA)	BORN TO MOVE Initial Module All Age Groups	Workshop/Seminar	15.0	12/31/20	www.lesmills.com
Les Mills (AFAA)	Community Leadership	Workshop/Seminar	2.0	12/31/20	www.lesmills.com/us
Les Mills (AFAA)	CXWORX Initial Module	Workshop/Seminar	15.0	12/31/20	www.lesmills.com
Les Mills (AFAA)	Driving Attendance: The Power of Mastery	Workshop/Seminar	3.0	12/31/20	http://www.lesmills.com/us
Les Mills (AFAA)	FIT for Leadership	Workshop/Seminar	2.0	12/31/20	www.lesmills.com/us
Les Mills (AFAA)	Group Fitness Management: 2 Day Leadership Workshop	Workshop/Seminar	13.0	12/31/20	www.lesmills.com/us
Les Mills (AFAA)	Instructor Workshop: Power of Launch	Workshop/Seminar	5.0	12/31/20	http://www.lesmills.com/us
Les Mills (AFAA)	LES MILLS BARRE Initial Training Module	Workshop/Seminar	15.0	12/31/20	www.lesmills.com/us
Les Mills (AFAA)	LES MILLS GRIT Initial Module	Workshop/Seminar	15.0	12/31/20	www.lesmills.com
Les Mills (AFAA)	LES MILLS SPRINT Initial Module	Workshop/Seminar	14.0	12/31/20	www.lesmills.com
Les Mills (AFAA)	LES MILLS TONE Initial Module	Workshop/Seminar	15.0	12/31/20	http://www.lesmills.com/us
Les Mills (AFAA)	Maximizing The Group Effect	Workshop/Seminar	3.0	12/31/20	www.lesmills.com/us
Les Mills (AFAA)	Online Advanced Training	Home Study	15.0	12/31/20	www.lesmills.com/us
Les Mills (AFAA)	Q4 2019 Instructor Workshop: Injury Prevention	Workshop/Seminar	2.0	12/31/20	www.lesmills.com/us
Les Mills (AFAA)	RPM Initial Module	Workshop/Seminar	15.0	12/31/20	www.lesmills.com
Les Mills (AFAA)	Science of Motivation	Workshop/Seminar	5.0	12/31/20	www.lesmills.com/us
Les Mills (AFAA)	SH'BAM Initial Module	Workshop/Seminar	15.0	12/31/20	www.lesmills.com
Les Mills (AFAA)	The TRIP Initial Module	Workshop/Seminar	15.0	12/31/20	www.lesmills.com/us
Les Mills (AFAA)	Workshop: Creating Ripples	Workshop/Seminar	3.0	12/31/20	www.lesmills.com/us
Long Island Fitness Network Group (LIFNG) (AFAA)	LIFNG Fitness Summit 2020	Conference	8.0	12/31/20	https://lifngfitnesssummit.com/
Louis Kong (AFAA)	Increase Profitability for Personal Trainers through Professionalism and Leadership	Workshop/Seminar	8.0	12/31/20	
Louis Kong (AFAA)	Personal Training Essentials	Workshop/Seminar	8.0	12/31/20	
M.O.V.E. Conventions, LLC (AFAA)	M.O.V.E. Education Conference	Conference	15.0	12/31/20	www.movestayfit.com
Mad Dogg Athletics (AFAA)	3 Part Cues	Workshop/Seminar	2.0	12/31/20	
Mad Dogg Athletics (AFAA)	Becoming a Rockstar Instructor	Workshop/Seminar	8.0	12/31/20	www.spinning.com
Mad Dogg Athletics (AFAA)	Cadence, Heart Rate & Class Design	Workshop/Seminar	4.0	12/31/20	www.maddogg.com
Mad Dogg Athletics (AFAA)	Creating a Journey Ride	Workshop/Seminar	4.0	12/31/20	www.maddogg.com
Mad Dogg Athletics (AFAA)	Creative Climbs	Workshop/Seminar	2.0	12/31/20	www.maddogg.com
Mad Dogg Athletics (AFAA)	Creative Coaching	Workshop/Seminar	4.0	12/31/20	www.maddogg.com
Mad Dogg Athletics (AFAA)	Heart Rate Training	Workshop/Seminar	4.0	12/31/20	www.maddogg.com
Mad Dogg Athletics (AFAA)	High Intensity Training	Workshop/Seminar	4.0	12/31/20	www.maddogg.com
Mad Dogg Athletics (AFAA)	Interval Energy Zone™	Workshop/Seminar	2.0	12/31/20	www.maddogg.com
Mad Dogg Athletics (AFAA)	Language & Visualization	Workshop/Seminar	4.0	12/31/20	www.maddogg.com
Mad Dogg Athletics (AFAA)	Let's Jump!	Workshop/Seminar	2.0	12/31/20	www.maddogg.com
Mad Dogg Athletics (AFAA)	Loops and Ladders	Workshop/Seminar	2.0	12/31/20	www.maddogg.com
Mad Dogg Athletics (AFAA)	Mental Training: Approach and Skills	Workshop/Seminar	4.0	12/31/20	www.maddogg.com
Mad Dogg Athletics (AFAA)	Movement, Music, Motivation	Workshop/Seminar	2.0	12/31/20	www.maddogg.com
Mad Dogg Athletics (AFAA)	Peak Pilates-Basic Mat	Workshop/Seminar	12.0	12/31/20	www.maddogg.com
Mad Dogg Athletics (AFAA)	Peak Pilates-Fundamentals	Workshop/Seminar	4.0	12/31/20	www.maddogg.com
Mad Dogg Athletics (AFAA)	Peak Pilates-Intermediate Mat	Workshop/Seminar	14.0	12/31/20	www.maddogg.com
Mad Dogg Athletics (AFAA)	Peak Pilates-Jump Intervals	Workshop/Seminar	3.0	12/31/20	www.maddogg.com
Mad Dogg Athletics (AFAA)	Peak Pilates-Lengthen & Strengthen with Elastic Bands	Workshop/Seminar	1.0	12/31/20	www.maddogg.com
Mad Dogg Athletics (AFAA)	Peak Pilates-Power Circle	Workshop/Seminar	1.0	12/31/20	www.maddogg.com
Mad Dogg Athletics (AFAA)	Peak Pilates-Props Shop	Workshop/Seminar	5.0	12/31/20	www.maddogg.com
Mad Dogg Athletics (AFAA)	Profile Designs & Heart Rate Games	Workshop/Seminar	4.0	12/31/20	www.maddogg.com
Mad Dogg Athletics (AFAA)	Race Day Energy Zone™	Workshop/Seminar	2.0	12/31/20	www.maddogg.com
Mad Dogg Athletics (AFAA)	Resistance Loading and Cadence Building	Workshop/Seminar	2.0	12/31/20	www.maddogg.com
Mad Dogg Athletics (AFAA)	Rockstar Spinning® Instructor Online	Home Study	7.0	12/31/20	https://spinning.com/instructors/instructor-certifications/spin-power-training/
Mad Dogg Athletics (AFAA)	Spinning Instructor Online	Home Study	8.0	12/31/20	www.spinning.com
Mad Dogg Athletics (AFAA)	Spinning Instructor Training	Workshop/Seminar	8.0	12/31/20	www.maddogg.com
Mad Dogg Athletics (AFAA)	SPINPower® Instructor Online	Home Study	8.0	12/31/20	https://spinning.com/instructors/instructor-certifications/spin-power-training/
Mad Dogg Athletics (AFAA)	SPINPower® Instructor Training	Workshop/Seminar	8.0	12/31/20	www.maddogg.com
Mad Dogg Athletics (AFAA)	SPINPower® Personal Spinning® Threshold	Workshop/Seminar	4.0	12/31/20	www.maddogg.com
Mad Dogg Athletics (AFAA)	SPINPower® STONGER	Workshop/Seminar	4.0	12/31/20	www.spinning.com
Mad Dogg Athletics (AFAA)	Sprintensity™: Periodization	Workshop/Seminar	4.0	12/31/20	www.maddogg.com
Mad Dogg Athletics (AFAA)	Strength Energy Zone™	Workshop/Seminar	2.0	12/31/20	www.maddogg.com
Mad Dogg Athletics (AFAA)	Strength, Hills & Power	Workshop/Seminar	2.0	12/31/20	www.maddogg.com
Mad Dogg Athletics (AFAA)	The 5-Step Sprint	Workshop/Seminar	2.0	12/31/20	www.maddogg.com
Mad Dogg Athletics (AFAA)	The Art of Recovery	Workshop/Seminar	2.0	12/31/20	www.maddogg.com
Make A Difference Academy (AFAA)	3 Secrets to Thriving as a Wildly Successful Fitness Leader	Home Study	2.0	12/31/20	https://www.inspiredwithkimberly.com
Make A Difference Academy (AFAA)	3 Steps to Packing Your Classes and Making A True Positive Impact	Home Study	2.0	12/31/20	www.makeadifferenceacademy.com
Make A Difference Academy (AFAA)	Next Level Instructor Coaching Program	Workshop/Seminar	8.0	12/31/20	https://www.inspiredwithkimberly.com
Make A Difference Academy (AFAA)	Teacher's Toolbox: Creating Extraordinary Experiences With Ease	Home Study	8.0	12/31/20	www.makeadifferenceacademy.com
Marcel-Fit Education & Training (AFAA)	Coaching with C.A.R.E	Workshop/Seminar	15.0	12/31/20	http://www.metmethod.com
Marcel-Fit Education & Training (AFAA)	MET Level 1 – Movement Efficiency	Workshop/Seminar	8.0	12/31/20	http://www.metmethod.com
Marcel-Fit Education & Training (AFAA)	MET Level 2 – Fitness Leadership	Workshop/Seminar	15.0	12/31/20	http://www.metmethod.com
Maria Mind Body Health LLC (AFAA)	Certified Keto Coach	Home Study	15.0	12/31/20	

Matrix Fitness (AFAA)	Matrix Ride: Programming Rides on Training Cycles for classic and performance based workouts with CX	Workshop/Seminar	7.0	12/31/20	matrixlearningcentre.com
Matrix Fitness (AFAA)	Matrix Ride: Programming Rides on Training Cycles with CXM Bikes	Workshop/Seminar	5.0	12/31/20	http://www.matrixfitness.com/en/
Matrix Fitness (AFAA)	MX4 Active: Evidence-based Training Course for an Aging and Deconditioned Population	Home Study	3.0	12/31/20	http://www.matrixfitness.com/en/group-training/mx4
Matrix Fitness (AFAA)	MX4 Active: Functional Frame Small Group Training Course	Workshop/Seminar	3.0	12/31/20	https://www.matrixfitness.com/en/education/mx4-active
Matrix Fitness (AFAA)	MX4: Functional Frame Small Group Training Course	Workshop/Seminar	5.0	12/31/20	www.matrixfitness.com
Matrix Fitness (AFAA)	Sprint 8	Workshop/Seminar	3.0	12/31/20	www.matrixfitness.com
McCormick Nutrition & Fitness (AFAA)	Essentials of Nutrition and Weight Management	Home Study	2.0	12/31/20	www.marianmccormick.com
Medical Exercise Academy (AFAA)	Clinical Exercise Specialist	Home Study	15.0	12/31/20	http://mdxacademy.wiziqxt.com/
Medical Fitness Education Foundation (AFAA)	Medical Fitness Tour (Irvine)	Conference	15.0	12/31/20	medicalfitnesstour.org/social
Melissa Weigelt (AFAA)	Circuit Blast	Workshop/Seminar	2.0	12/31/20	
Melissa Weigelt (AFAA)	Crunchless Core and More	Workshop/Seminar	2.0	12/31/20	www.flowfitnesstraining.com
Melissa Weigelt (AFAA)	High Intensity Body Weight Training	Workshop/Seminar	2.0	12/31/20	
Melissa Weigelt (AFAA)	Strong Starts and Amazing Endings	Workshop/Seminar	2.0	12/31/20	www.flowfitnesstraining.com
Mike Dolce MMA INC. (AFAA)	Dolce Diet Certified: Nutrition Counselor (Level-1)	Workshop/Seminar	14.0	12/31/20	www.TheDolceDiet.com
MixedFit (AFAA)	MixedFit Instructor Training	Workshop/Seminar	7.0	12/31/20	
Mohey Core Method (AFAA)	Mohey Core Method	Workshop/Seminar	12.0	12/31/20	
Molon Labe Fitness Education (AFAA)	Advanced Fundamentals	Workshop/Seminar	15.0	12/31/20	www.mlfitteducation.com
Molon Labe Fitness Education (AFAA)	Advanced Price Presentations	Workshop/Seminar	2.0	12/31/20	www.mlfitteducation.com
Molon Labe Fitness Education (AFAA)	Basic Sales	Workshop/Seminar	2.0	12/31/20	www.mlfitteducation.com
Molon Labe Fitness Education (AFAA)	Building Long Term Commitment	Workshop/Seminar	2.0	12/31/20	www.mlfitteducation.com
Molon Labe Fitness Education (AFAA)	Building Your Business	Workshop/Seminar	1.0	12/31/20	www.mlfitteducation.com
Molon Labe Fitness Education (AFAA)	Business Management: Clients	Workshop/Seminar	2.0	12/31/20	www.mlfitteducation.com
Molon Labe Fitness Education (AFAA)	Business Management: Self	Workshop/Seminar	2.0	12/31/20	www.mlfitteducation.com
Molon Labe Fitness Education (AFAA)	Certified Power Lifting Coach	Workshop/Seminar	12.0	12/31/20	www.mlfitteducation.com
Molon Labe Fitness Education (AFAA)	Client Engagement	Workshop/Seminar	2.0	12/31/20	www.mlfitteducation.com
Molon Labe Fitness Education (AFAA)	Client Retention	Workshop/Seminar	1.0	12/31/20	www.mlfitteducation.com
Molon Labe Fitness Education (AFAA)	Creating Compliance	Workshop/Seminar	2.0	12/31/20	www.mlfitteducation.com
Molon Labe Fitness Education (AFAA)	Handling Concerns	Workshop/Seminar	2.0	12/31/20	www.mlfitteducation.com
Molon Labe Fitness Education (AFAA)	Personal Training Fundamentals	Workshop/Seminar	10.0	12/31/20	www.mlfitteducation.com
Molon Labe Fitness Education (AFAA)	PNF Stretch	Workshop/Seminar	3.0	12/31/20	www.mlfitteducation.com
Moms Into Fitness, Inc. (AFAA)	Prenatal & Postnatal Fitness Specialist	Home Study	15.0	12/31/20	www.momsintofitness.com
MOSSA (AFAA)	3D30/MOVE30 Initial Training	Workshop/Seminar	15.0	12/31/20	
MOSSA (AFAA)	Group Active Initial Training	Workshop/Seminar	14.0	12/31/20	www.mossa.net
MOSSA (AFAA)	Group Active Online Training	Home Study	8.0	12/31/20	www.mossa.net
MOSSA (AFAA)	Group Blast Initial Training	Workshop/Seminar	14.0	12/31/20	www.mossa.net
MOSSA (AFAA)	Group Blast Online Training	Home Study	8.0	12/31/20	www.mossa.net
MOSSA (AFAA)	Group Centergy Initial Training	Workshop/Seminar	15.0	12/31/20	www.mossa.net
MOSSA (AFAA)	Group Centergy Online Training	Home Study	6.0	12/31/20	www.mossa.net
MOSSA (AFAA)	Group Core Initial Training	Workshop/Seminar	8.0	12/31/20	www.mossa.net
MOSSA (AFAA)	Group Core Online Training	Home Study	6.0	12/31/20	www.mossa.net
MOSSA (AFAA)	Group Fight Initial Training	Workshop/Seminar	15.0	12/31/20	www.mossa.net
MOSSA (AFAA)	Group Fight Online Training	Home Study	8.0	12/31/20	www.mossa.net
MOSSA (AFAA)	Group Groove Initial Training	Workshop/Seminar	15.0	12/31/20	www.mossa.net
MOSSA (AFAA)	Group Groove Online Training	Home Study	8.0	12/31/20	www.mossa.net
MOSSA (AFAA)	Group Power Initial Training	Workshop/Seminar	15.0	12/31/20	www.mossa.net
MOSSA (AFAA)	Group Power Online Training	Home Study	11.0	12/31/20	
MOSSA (AFAA)	Group Ride/R30 Initial Training	Home Study	14.0	12/31/20	www.mossa.net
MOSSA (AFAA)	Group Ride/R30 Online Training	Workshop/Seminar	14.0	12/31/20	www.mossa.net
MOSSA (AFAA)	JUL 18: Don't Give A Sit	Workshop/Seminar	1.0	12/31/20	
MOSSA (AFAA)	MOSSA Leadership Academy	Workshop/Seminar	15.0	12/31/20	www.mossa.net
MOSSA (AFAA)	Motor Learning/ Rotation Is Life	Home Study	1.0	12/31/20	
MOSSA (AFAA)	POWER4HEALTH & What's New 4Q	Home Study	3.0	12/31/20	www.mossa.net
MOSSA (AFAA)	What is Fascia?! & Tensegrity 101	Workshop/Seminar	2.0	12/31/20	www.mossa.net
MOSSA (AFAA)	XTRA WOW intensive	Workshop/Seminar	5.0	12/31/20	www.mossa.net
Mountainside Fitness (AFAA)	The Mountainside Way Group Fitness Training Workshop	Workshop/Seminar	8.0	12/31/20	www.mountainsidefitness.com
Muay Thai School USA (AFAA)	Muay Thai Personal Trainer	Home Study	15.0	12/31/20	https://www.muaythaischoolusa.com
Myzone (AFAA)	Myzone University	Home Study	4.0	12/31/20	myzone.org
Myzone (AFAA)	MyZone University: Heart Rate Monitor Workshop	Workshop/Seminar	6.0	12/31/20	
NASM (AFAA)	All NASM courses are approved with AFAA	Home Study	12/31/20		
National Exercise Trainers Association (NETA) (AFAA)	Advanced Kettlebell Specialty	Workshop/Seminar	7.0	12/31/20	www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Barre Connect Specialty	Workshop/Seminar	8.0	12/31/20	www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Becoming a Yoga Professional	Workshop/Seminar	10.0	12/31/20	www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Cycle 360: Cardio, Strength, and Core	Workshop/Seminar	5.0	12/31/20	http://www.netafit.org/index.htm
National Exercise Trainers Association (NETA) (AFAA)	Fitness Yoga Specialty	Workshop/Seminar	15.0	12/31/20	www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	HIIT THE STEP	Workshop/Seminar	5.0	12/31/20	www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Indoor Group Cycling Specialty	Workshop/Seminar	5.0	12/31/20	www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Intermediate Yoga Specialty	Workshop/Seminar	15.0	12/31/20	www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Kettlebell Specialty	Workshop/Seminar	6.0	12/31/20	www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Kick It! 5-hour	Workshop/Seminar	5.0	12/31/20	Kick It!
National Exercise Trainers Association (NETA) (AFAA)	Kids Yoga Specialty	Workshop/Seminar	10.0	12/31/20	www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	NETA Fit Fest 2020	Conference	15.0	12/31/20	http://www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Pilates Mat Specialty	Workshop/Seminar	14.0	12/31/20	www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Pilates Reformer	Workshop/Seminar	14.0	12/31/20	www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Prenatal Yoga Specialty	Workshop/Seminar	10.0	12/31/20	
National Exercise Trainers Association (NETA) (AFAA)	Restorative Yoga Specialty	Workshop/Seminar	10.0	12/31/20	www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Ride and Renew	Workshop/Seminar	5.0	12/31/20	www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Senior Fitness Specialty	Workshop/Seminar	7.0	12/31/20	www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Senior POWER (Shr)	Workshop/Seminar	5.0	12/31/20	www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Senior Yoga Specialty	Workshop/Seminar	15.0	12/31/20	
National Exercise Trainers Association (NETA) (AFAA)	Trauma Sensitive Yoga Practices	Workshop/Seminar	5.0	12/31/20	www.netafit.org

National Exercise Trainers Association (NETA) (AFAA)	Wellness Coach Specialty	Workshop/Seminar	14.0	12/31/20	www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Yoga for Special Populations Specialty	Workshop/Seminar	10.0	12/31/20	www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Yoga Foundations Specialty	Workshop/Seminar	15.0	12/31/20	www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Yoga Strong Specialty	Workshop/Seminar	15.0	12/31/20	www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Youth Fitness Specialty	Workshop/Seminar	8.0	12/31/20	www.netafit.org
Net Profit Explosion (NPE) (AFAA)	NPE Fast-Track	Home Study	15.0	12/31/20	npefitness.com/us
New Hope Network (AFAA)	A Deep Dive Into the Plant-Based Burger Landscape. Are They Truly Better Alternatives?	Workshop/Seminar	1.0	12/31/20	
New Hope Network (AFAA)	Is the Grass Really Greener? Understanding the Benefits of Grass-fed Products	Home Study	1.0	12/31/20	newhope.com/learn
Niche Pilates Studio (AFAA)	Sculpt and Core Pilates	Workshop/Seminar	15.0	12/31/20	www.nichefitstudio.com
NONSOLOFITNESS SNC (AFAA)	Elite Aerobic Instructor	Home Study	10.0	12/31/20	www.nonsolofitness.it
NONSOLOFITNESS SNC (AFAA)	Elite H2O Trainer	Home Study	10.0	12/31/20	www.nonsolofitness.it
Nordic Body Academy (AFAA)	Nordic Body Instructor Certificate of Completion	Home Study	15.0	12/31/20	https://nordic-body-academy.teachable.com/p/nordic-body-certificate-program
O'Gorgeous, Inc. (AFAA)	PIIT28 Instructor Training Workshop	Workshop/Seminar	6.0	12/31/20	www.poppilateslife.com
O'Gorgeous, Inc. (AFAA)	POP Pilates Workshop	Workshop/Seminar	8.0	12/31/20	http://www.poppilateslife.com
Oh Baby! Fitness® (AFAA)	OH BABY! FITNESS PRENATAL & POSTPARTUM INSTRUCTOR TRAINING	Home Study	8.0	12/31/20	https://www.ohbabyfitness.com/pre-postnatal-fitness-training
On Target Training PDX (AFAA)	Boxing Mitt Holding Level One Course	Workshop/Seminar	6.0	12/31/20	
On Target Training PDX (AFAA)	Boxing Mitt Holding Level One Course (Online)	Home Study	1.0	12/31/20	https://on-target-training-pdx-boxing-mitt-work.teachable.com/p/on-target-training-level-one-boxing
Online Trainers Federation (AFAA)	Online Fitness Coach Certification	Home Study	10.0	12/31/20	https://onlinetrainersfederation.com/
OPEX Fitness (AFAA)	Coaching Certificate Program	Home Study	13.0	12/31/20	membership.opexfit.com/courses/coaching-certificate-program-v3/modules
OPEX Fitness (AFAA)	Mixed Modal	Home Study	15.0	12/31/20	https://opexfit.com/mixed-modal/
OPEX Fitness (AFAA)	OPEX Coaching Program	Home Study	15.0	12/31/20	
OPEX Fitness (AFAA)	Programming: Airbike	Home Study	3.0	12/31/20	https://opexfit.com/mixed-modal/
OPEX Fitness (AFAA)	Programming: Principles	Workshop/Seminar	4.0	12/31/20	https://membership.opexfit.com
OPEX Fitness (AFAA)	PROGRAMMING: STRENGTH	Home Study	5.0	12/31/20	https://opexfit.com/programming-strength/
Orange Theory (OT) Fitness (AFAA)	Fit To Deliver	Workshop/Seminar	4.0	12/31/20	www.orangetheoryfitness.com
Orange Theory (OT) Fitness (AFAA)	Fitness Pitfalls	Workshop/Seminar	4.0	12/31/20	www.orangetheoryfitness.com
Orange Theory (OT) Fitness (AFAA)	OTFit Certification	Workshop/Seminar	15.0	12/31/20	www.orangetheoryfitness.com
Orange Theory (OT) Fitness (AFAA)	Running Technique	Workshop/Seminar	1.0	12/31/20	www.orangetheoryfitness.com
Original Strength Systems (AFAA)	OS Performance	Workshop/Seminar	9.0	12/31/20	www.OriginalStrength.net
Original Strength Systems (AFAA)	OS Pressing RESET	Workshop/Seminar	6.0	12/31/20	originalstrength.net
Original Strength Systems (AFAA)	OS Pro RESET	Workshop/Seminar	15.0	12/31/20	www.OriginalStrength.net
Own Your Eating (AFAA)	Own Your Eating Nutrition Certification	Home Study	8.0	12/31/20	www.ownyoureating.com
P.H.A.R.M. TO TABLE (AFAA)	P.H.A.R.M TO TABLE Plant-Based Nutrition Course	Workshop/Seminar	15.0	12/31/20	www.pharmtablecourse.com
Paddle into Fitness (AFAA)	Float into Fitness Pool Yoga & Fitness Teacher Training	Workshop/Seminar	13.0	12/31/20	www.paddleintofitness.com
Pain Posture Performance (AFAA)	Pain Posture Performance Stretching and Flexibility	Workshop/Seminar	14.0	12/31/20	www.painpostureperformance.com
Parkinson Wellness Recovery (AFAA)	PWRI Moves Instructor Training and Certification Workshop	Workshop/Seminar	15.0	12/31/20	https://www.pwr4life.org/pwr-workshops/pwr-instructor/upcoming-pwr-instructor-workshops/
Parkour Generations Americas / Parkour Generations Ltd. (AFAA)	ADAPT Level 1	Workshop/Seminar	15.0	12/31/20	www.parkourgenerations.com
Parkour Generations Americas / Parkour Generations Ltd. (AFAA)	ADAPT Level 2	Workshop/Seminar	15.0	12/31/20	www.parkourgenerations.com
Parkour Generations Americas / Parkour Generations Ltd. (AFAA)	Parkour Fitness Specialist (PFS) Level 1	Workshop/Seminar	15.0	12/31/20	www.parkourgenerations.com
Parkour Generations Americas / Parkour Generations Ltd. (AFAA)	Parkour Fitness Specialist (PFS) Level 2	Workshop/Seminar	15.0	12/31/20	www.parkourgenerations.com
Pelacore (AFAA)	Pelacore Instructor Program	Home Study	3.0	12/31/20	https://www.pelacore.com
Performance Cycling (AFAA)	Performance Cycling Essentials Plus (Level 1)	Home Study	9.0	12/31/20	www.performance-cycling.net
Personal Trainer Development Center (AFAA)	Online Trainer Academy	Home Study	15.0	12/31/20	http://onlinetraineracademy.theptdc.com
Peyow Aqua Pilates (AFAA)	Peyow Aqua Pilates Funktional Barre 1	Workshop/Seminar	3.0	12/31/20	www.aquapilates.net
Peyow Aqua Pilates (AFAA)	Peyow Aqua Pilates Level 1 Basic-Intermediate	Workshop/Seminar	6.0	12/31/20	www.aquapilates.net
Pilates Thread, Inc (AFAA)	Pilates Thread Mat Level 1	Workshop/Seminar	15.0	12/31/20	www.pilatesthread.com
Pilates Thread, Inc (AFAA)	Pilates Thread Mat Level 2	Workshop/Seminar	15.0	12/31/20	www.pilatesthread.com
PILOXING Academy, LLC (AFAA)	PILOXING® Barre Instructor Training	Workshop/Seminar	8.0	12/31/20	www.piloxing.com
PILOXING Academy, LLC (AFAA)	PILOXING® Knockout Instructor Training	Workshop/Seminar	8.0	12/31/20	www.piloxing.com
PILOXING Academy, LLC (AFAA)	PILOXING® SSP	Workshop/Seminar	8.0	12/31/20	www.piloxing.com
PILOXING Academy, LLC (AFAA)	THE MIX by PILOXING®	Workshop/Seminar	8.0	12/31/20	www.piloxing.com
Pink Gloves Boxing (AFAA)	Pink Gloves Boxing - Amateur Training Camp	Workshop/Seminar	12.0	12/31/20	www.pinkglovesboxing.com
Pink Gloves Boxing (AFAA)	Pink Gloves Boxing - Master Training Camp	Workshop/Seminar	13.0	12/31/20	www.pinkglovesboxing.com
Pink Gloves Boxing (AFAA)	Pink Gloves Boxing - Pro Training Camp	Workshop/Seminar	13.0	12/31/20	www.pinkglovesboxing.com
Pivotal (AFAA)	Pivotal Group Coaching Certification Live Workshop	Workshop/Seminar	14.0	12/31/20	www.pivotal-coaching.com
Pivotal (AFAA)	Pivotal Group Coaching Certification Online	Home Study	14.0	12/31/20	www.pivotal-coaching.com
PlyoJam (AFAA)	Plyometric-Infused Dance: Intro to PlyoJam (online)	Home Study	5.0	12/31/20	www.plyojam.com
Pole Fitness Studio (AFAA)	Chair Dance Instructor Certification	Workshop/Seminar	5.0	12/31/20	polefitnessstudio.com
Pole Fitness Studio (AFAA)	Pole Dance Instructor Certification	Workshop/Seminar	5.0	12/31/20	polefitnessstudio.com
PoleMoves (AFAA)	Level 1 Pole Instructor Course	Home Study	15.0	12/31/20	www.polemoves.com
PomsSquad Fitness (AFAA)	POMSQUAD Fitness Captain Training	Workshop/Seminar	5.0	12/31/20	pomsquadfitness.com
POPUp (AFAA)	POPUp Pro	Home Study	15.0	12/31/20	https://pop-s-school.thinkific.com/courses/popuppro
Power Monkey Camp (AFAA)	Power Monkey Camp	Workshop/Seminar	15.0	12/31/20	powermonkeycamp.com
Power Monkey Fitness (AFAA)	The Ring Thing Certification	Workshop/Seminar	13.0	12/31/20	https://shop.powermonkeyfitness.com/pages/ring-thing-learn-more
Power Plate (AFAA)	Power Plate Small Group Training	Workshop/Seminar	5.0	12/31/20	http://www.powerplate.com
Precision Nutrition (AFAA)	Precision Nutrition Level 1, Certificate in Exercise Nutrition	Home Study	15.0	12/31/20	www.precisionnutrition.com
Precision Nutrition (AFAA)	Precision Nutrition Level 2 Master Class	Home Study	15.0	12/31/20	www.precisionnutrition.com
Precor (AFAA)	4D PRO Bungee Fitness Trainer: Specialty Course for Queenax	Workshop/Seminar	4.0	12/31/20	http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses
Precor (AFAA)	Coaching Intensity: Building Intelligent Intervals with Assault Fitness Equipment	Workshop/Seminar	2.0	12/31/20	precor.com
Precor (AFAA)	Queenax Elite Obstacle Course Race Training Program	Workshop/Seminar	7.0	12/31/20	precor.com
Precor (AFAA)	Queenax Functional Training Movement Design	Workshop/Seminar	4.0	12/31/20	http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses
Precor (AFAA)	Queenax Fundamentals	Workshop/Seminar	2.0	12/31/20	http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses
Precor (AFAA)	Queenax Small Group Program Design	Workshop/Seminar	3.0	12/31/20	http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses
Precor (AFAA)	Studio 7 Coaching Workshop - Day 2	Workshop/Seminar	5.0	12/31/20	precor.com
Precor (AFAA)	Studio 7 Coaching Workshop - Day 3	Workshop/Seminar	6.0	12/31/20	precor.com
Precor (AFAA)	Studio 7 Group Training Skills Workshop	Workshop/Seminar	10.0	12/31/20	precor.com
Precor (AFAA)	SUPERFUNCTIONAL™ MOVE	Workshop/Seminar	2.0	12/31/20	http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses
Precor (AFAA)	UFO Specialization Course	Workshop/Seminar	2.0	12/31/20	http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses
Precor (AFAA)	Ultimate Superfunctional: STACKS	Workshop/Seminar	4.0	12/31/20	http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses
Pretzel Kids (AFAA)	Pretzel Kids Yoga Teacher	Home Study	12.0	12/31/20	www.pretzelkids.com

Primal Health Coach Institute (AFAA)	Primal Health Coach Program	Workshop/Seminar	15.0	12/31/20	www.primalblueprint.com
ProCare (AFAA)	Water Immersion	Home Study	5.0	12/31/20	www.proccare.com
ProCare (AFAA)	Whole-Body Cryo	Home Study	4.0	12/31/20	www.proccare.com
Procedos powered by Gray Institute (AFAA)	Certified Procedos P9 Trainer	Workshop/Seminar	7.0	12/31/20	
Professional Fitness, Inc. (AFAA)	Fierce4 Nutritional Coach	Workshop/Seminar	7.0	12/31/20	www.aditalang.com
Professional Fitness, Inc. (AFAA)	Fierce4 Nutritional Coach Advancements	Workshop/Seminar	7.0	12/31/20	www.aditalang.com
PRONatal Fitness (AFAA)	How to "Train" Women for Pregnancy	Home Study	4.0	12/31/20	www.pronatafitness.com
PRONatal Fitness (AFAA)	PRONatal Fitness Pre/Postnatal Performance Training Level 2	Home Study	12.0	12/31/20	www.pronatafitness.com
PRONatal Fitness (AFAA)	PRONatal Fitness Pre/Postnatal Performance Training Specialist (Level 1 and 2)	Home Study	15.0	12/31/20	pronatafitness.com
PRONatal Fitness (AFAA)	PRONatal Fitness Pre/Postnatal Performance Training Workshop (Level 1)	Workshop/Seminar	8.0	12/31/20	pronatafitness.com
PRONatal Fitness (AFAA)	PRONatal Fitness/Pre/Postnatal Education for Group Fitness Instructors	Home Study	6.0	12/31/20	www.pronatafitness.com
PTA Global (AFAA)	Exercise & Stress Management (ESM) Credential	Home Study	10.0	12/31/20	www.PTAGlobal.com
PTA Global (AFAA)	FasTrack in Personal Training	Home Study	8.0	12/31/20	www.ptaglobal.com
PTA Global (AFAA)	PTA Global Behavior Change in Exercise (BCE) Credential	Home Study	15.0	12/31/20	www.PTAGlobal.com
PTA Global (AFAA)	PTA Global Foundations	Home Study	15.0	12/31/20	www.PTAGlobal.com
PTA Global (AFAA)	PTA Global Mentorship 1	Home Study	15.0	12/31/20	www.PTAGlobal.com
PTA Global (AFAA)	Rapid Results Workshop	Workshop/Seminar	8.0	12/31/20	www.PTAGlobal.com
PTA Global (AFAA)	Solutions in Selling	Workshop/Seminar	4.0	12/31/20	https://www.ptaglobal.com/cecs.aspx
PTA Global (AFAA)	Train to Retain Workshop	Workshop/Seminar	7.0	12/31/20	www.ptaglobal.com
PTontheNet (AFAA)	8 Disciplines of Front Line Excellence	Home Study	4.0	12/31/20	www.ptonthenet.com
PTontheNet (AFAA)	Addressing and Preventing Low Back Pain	Home Study	2.0	12/31/20	www.ptonthenet.com
PTontheNet (AFAA)	Advanced Fitness Sales	Home Study	4.0	12/31/20	www.ptonthenet.com
PTontheNet (AFAA)	Bodyweight Training	Home Study	2.0	12/31/20	www.ptonthenet.com
PTontheNet (AFAA)	BOSU Balance Trainer Power Programming	Home Study	4.0	12/31/20	www.ptonthenet.com
PTontheNet (AFAA)	Breath AS Medicine: Improving Health and the Training Experience	Home Study	4.0	12/31/20	www.ptonthenet.com
PTontheNet (AFAA)	Cardiovascular Training	Home Study	2.0	12/31/20	www.ptonthenet.com
PTontheNet (AFAA)	Certificate In Health & Fitness Management	Home Study	10.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Client Assessment, Biomechanics, & Metabolism	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Client Relations & Business Management	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Closing the Sale	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Coaching	Home Study	2.0	12/31/20	www.ptonthenet.com
PTontheNet (AFAA)	Core Training	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	CoreStrength1 Exercise Variability Specialist	Home Study	2.0	12/31/20	http://www.ptonthenet.com/home
PTontheNet (AFAA)	CoreStrength1 Program Design Specialist	Home Study	4.0	12/31/20	http://www.ptonthenet.com/home
PTontheNet (AFAA)	Corrective Exercise Solutions to Postural and Movement Dysfunction	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Corrective Exercise Solutions: Foot and Ankle Pain	Home Study	4.0	12/31/20	www.ptonthenet.com
PTontheNet (AFAA)	Effects of Hormones on Exercise and Well-Being	Home Study	1.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Essentials of Older Adult Exercise Assessment and Program Design for Preventing Falls	Home Study	4.0	12/31/20	www.ptonthenet.com
PTontheNet (AFAA)	Exercise Essentials for the Client with Cardiovascular Disease	Home Study	4.0	12/31/20	www.ptonthenet.com
PTontheNet (AFAA)	Exercise Programming for Active Older Adults	Home Study	4.0	12/31/20	
PTontheNet (AFAA)	Female Training	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Fibromyalgia and Exercise	Home Study	4.0	12/31/20	www.ptonthenet.com
PTontheNet (AFAA)	Fit for Daily Life	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Flexibility	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Flexibility Training	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Functional Anatomy	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Functional Flexibility	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Functional Integrated Training	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Functional Program Design	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Fundamentals of Balance	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Holistic Health & Stress Management	Home Study	2.0	12/31/20	www.ptonthenet.com
PTontheNet (AFAA)	Improving Foot and Gait Mechanics	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Indoor Rowing Technique and Programming	Home Study	1.0	12/31/20	www.ptonthenet.com
PTontheNet (AFAA)	Insurance Coverage and Claims for Fitness Professionals	Home Study	4.0	12/31/20	www.ptonthenet.com
PTontheNet (AFAA)	Introduction to Cancer Exercise	Home Study	4.0	12/31/20	
PTontheNet (AFAA)	Introduction to Functional Equipment	Home Study	4.0	12/31/20	www.ptonthenet.com
PTontheNet (AFAA)	Loaded Exercises & Movement Based	Home Study	3.0	12/31/20	www.ptonthenet.com
PTontheNet (AFAA)	Lower Extremity Injury Prevention	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Macronutrients and Exercise	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Marketing Personal Training	Home Study	4.0	12/31/20	www.ptonthenet.com
PTontheNet (AFAA)	Motivating Clients	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Movement Based Appraisal (MOVE)	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Movement Based Flexibility	Home Study	8.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Movement Preparation	Home Study	1.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Non-Traditional Strength Training	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Nutrition and Metabolic Syndrome/Insulin Resistance and Inflammation	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Performance Circuits	Home Study	1.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Periodization	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Personal Training Sales	Home Study	4.0	12/31/20	www.ptonthenet.com
PTontheNet (AFAA)	Practical Applications of Explosive Lifting and Advanced Strength Training	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Pregnancy Fitness: Training for the Sport of Motherhood	Home Study	4.0	12/31/20	www.ptonthenet.com
PTontheNet (AFAA)	Principles of Movement-Based Training	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Professionalism	Home Study	2.0	12/31/20	www.ptonthenet.com
PTontheNet (AFAA)	Program Design: Recovery	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Programming for Injury: ACL Injuries, Rotator Cuff Tears, and Piriformis Syndrome	Home Study	1.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Prospecting	Home Study	2.0	12/31/20	http://www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Re-assessments	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Renewals & Referrals	Home Study	2.0	12/31/20	http://www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Respiratory Disease and Exercise	Home Study	4.0	12/31/20	www.ptonthenet.com
PTontheNet (AFAA)	Small Group Personal Training	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams

PTontheNet (AFAA)	Social Media Marketing for Fitness Professionals	Home Study	4.0	12/31/20	www.ptonthenet.com
PTontheNet (AFAA)	Special Populations	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Steps to Success	Home Study	8.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Strategies for Assessing and Improving Balance	Home Study	1.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Strength Training	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Strength Training Program Design	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Stress Response to Exercise	Home Study	2.0	12/31/20	http://www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Stroke Recovery and Exercise	Home Study	4.0	12/31/20	www.ptonthenet.com
PTontheNet (AFAA)	Take Charge of Your Personal Training Services and Grow Your Business	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	The Fundamentals for Training the Older Client with Osteoarthritis	Home Study	4.0	12/31/20	www.ptonthenet.com
PTontheNet (AFAA)	The Muscular System	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Time Management	Home Study	2.0	12/31/20	http://www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Training Clients with Knee or Hip Replacements	Home Study	4.0	12/31/20	www.ptonthenet.com
PTontheNet (AFAA)	Training Prenatal and Postnatal Clients	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Understanding and Performing Valuable Fitness Assessments	Home Study	3.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Understanding Fascia's Role in Movement and Training	Home Study	1.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	What Makes a Successful Personal	Home Study	1.0	12/31/20	http://www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Working with Clients with Diabetes or Prediabetes	Home Study	4.0	12/31/20	www.ptonthenet.com
PTontheNet (AFAA)	Youth Training	Home Study	2.0	12/31/20	www.ptonthenet.com/cec-exams
Punk Rope, Inc. (AFAA)	Jump Rope Instructor Course	Home Study	9.0	12/31/20	www.punkrope.com
PURE International (AFAA)	Pure Reformer Pilates Course	Workshop/Seminar	15.0	12/31/20	https://www.pure-fitness.com
QUAFIT (AFAA)	QUAFIT Certified Aquatic Fitness Instructor	Workshop/Seminar	15.0	12/31/20	
R3BAR TRAINING (AFAA)	R3BAR Intermediate Certification	Home Study	4.0	12/31/20	www.r3bartraining.com
RAD Roller (AFAA)	RAD Golf: Foundations of Golf Mobility and Assessment	Home Study	5.0	12/31/20	www.radroller.com
RAD Roller (AFAA)	RAD Mobility 1: Foundations of Myofascial Release and Recovery	Home Study	5.0	12/31/20	www.radroller.com
RAD Roller (AFAA)	RAD Mobility Level 2	Workshop/Seminar	14.0	12/31/20	https://www.radroller.com/pages/education
RAD Roller (AFAA)	RAD Yoga Level 1	Workshop/Seminar	10.0	12/31/20	www.radroller.com
RaqiSa® Barre (AFAA)	RAQ THE BARRE, BY RAOJSA Barre Fitness - Belly Dance Technique	Workshop/Seminar	8.0	12/31/20	www.raqisa.com
Redefining Strength (AFAA)	The Dynamic Workout Design Training Black Book	Home Study	9.0	12/31/20	https://academy.redefiningstrength.com/p/the-dynamic-workout-design-training-black-book
REFIT® (AFAA)	REFIT® Instructor Training	Workshop/Seminar	6.0	12/31/20	http://shop.refitrev.com/collections/trainings
REFIT® (AFAA)	REV+FLOW Instructor Training	Workshop/Seminar	4.0	12/31/20	refitrev.com
Renaissance Periodization (AFAA)	Renaissance Periodization Summit 2020	Conference	6.0	12/31/20	https://renaissanceperiodization.com/
Row House (AFAA)	Row House University	Workshop/Seminar	15.0	12/31/20	www.therowhouse.com
Run-Fit (AFAA)	REVO LUTION RUNNING™	Home Study	15.0	12/31/20	http://run-fit.com
SALT Fitness Chicago (AFAA)	Essentials of Barre	Workshop/Seminar	11.0	12/31/20	www.Saltfit.com
SALT Fitness Chicago (AFAA)	SALT Fitness Essential Elements of Cycle	Workshop/Seminar	8.0	12/31/20	www.Saltfit.com
SALT Fitness Chicago (AFAA)	SALT Fitness Fundamentals of Anatomy + Movement	Workshop/Seminar	11.0	12/31/20	saltfit.com
SamuraiFIT (AFAA)	SamuraiFIT International Certification	Workshop/Seminar	4.0	12/31/20	samuraiFIT.com
Savvier Fitness (AFAA)	Barre Above Pilates Focused	Workshop/Seminar	12.0	12/31/20	www.barreabove.com
Savvier Fitness (AFAA)	Barre Above Prime Instructor Training	Workshop/Seminar	12.0	12/31/20	www.barreabove.com
Savvier Fitness (AFAA)	Cardio Yoga	Home Study	15.0	12/31/20	www.savvierfitness.com
Savvier Fitness (AFAA)	Elite HIIT Training	Workshop/Seminar	3.0	12/31/20	www.barreabove.com
Savvier Fitness (AFAA)	Let The Beat Drop	Workshop/Seminar	2.0	12/31/20	www.barreabove.com
Savvier Fitness (AFAA)	Muscular Endurance: Myths, Realities and Applications	Home Study	2.0	12/31/20	www.barreabove.com
Savvier Fitness (AFAA)	Pilates 101 Education Course	Home Study	4.0	12/31/20	www.barreabove.com
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Savvier Fitness (AFAA)	The Musicality Method	Home Study	4.0	12/31/20	www.barreabove.com
SCW Fitness Education (AFAA)	2020 DC MANIA® Conference	Conference	15.0	12/31/20	http://www.scwfit.com
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SCW Fitness Education (AFAA)	Female Training Model	Home Study	1.0	12/31/20	http://www.scwfit.com
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SCW Fitness Education (AFAA)	Social Media Storytelling	Home Study	2.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	Soft Skills for Hard Bodies	Home Study	2.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	Stages: Power of Progression	Home Study	2.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	Strength Training For Longevity & Vitality	Home Study	2.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	Stress & Chronic Disease	Home Study	2.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	Stress and Inflammation	Home Study	2.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	Successful Business Strategies for Owners and Managers	Home Study	2.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	Sugar Shockers & Shakedown	Home Study	2.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	Tab-aqua Bootcamp	Home Study	2.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	Tab-Aqua Quickies	Home Study	1.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	Tabata Yoga	Home Study	2.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	Take IT Lying Down	Home Study	2.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	Targeting Hypertrophy	Home Study	2.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	The 7 Principles of Extraordinary	Home Study	2.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	The One Weight Workout: Kettlebell	Home Study	2.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	The Science of Myofascial Release	Home Study	1.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	Timing is Everything	Home Study	1.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	Tippling the Scales	Home Study	2.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	Top 10 for Weight Loss	Home Study	2.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	Total Body Core Training	Home Study	2.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	Toxic Dump: What's in Food	Home Study	2.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	Training Mom	Home Study	1.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	Training Older Clients With Osteoarthritis	Home Study	2.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	Trending Now: HIIT With Active Recovery	Home Study	1.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	Tukong Cardio Combat Kickboxing	Home Study	2.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	VIIIT It	Home Study	1.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	Vinyasa Flow - Feel the Resistance	Home Study	1.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	WATERinMOTION® Certification	Workshop/Seminar	7.0	12/31/20	www.scwfit.com
SCW Fitness Education (AFAA)	Weight at the Barre	Home Study	1.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	Weight Loss Aquatic Style	Home Study	2.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	What's Really Making You Crazy?	Home Study	2.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	Y3: Yin Yang Yoga	Home Study	2.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	Yin Yoga: Less is More	Home Study	2.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	Yoga for Seniors	Home Study	2.0	12/31/20	http://www.scwfit.com
SCW Fitness Education (AFAA)	Yoga for the Young at Heart	Home Study	2.0	12/31/20	http://www.scwfit.com
SharQui - The Bellydance Workout (AFAA)	Online SharQui Instructor Training	Home Study	10.0	12/31/20	www.teachsharqui.com
SHAY-MCENTEE WELLNESS WORKS INC. (AFAA)	BREATHING TECHNIQUES / STRESS MANAGEMENT	Workshop/Seminar	3.0	12/31/20	
SHAY-MCENTEE WELLNESS WORKS INC. (AFAA)	ENERGY BREAK	Workshop/Seminar	3.0	12/31/20	
SHINE Dance Fitness (AFAA)	SHINE Dance Fitness Instructor Certification Training	Workshop/Seminar	11.0	12/31/20	www.shinedancefitness.com
SHINE Dance Fitness (AFAA)	SHINE Dance Fitness Online Instructor Certification	Home Study	10.0	12/31/20	www.shinedancefitness.com
SHRED415 (AFAA)	SHRED415 Dynamic Interval Training	Workshop/Seminar	15.0	12/31/20	www.shred415.com
SilverSneakers by Tivity Health (AFAA)	Group Exercise for Hip Limitations	Home Study	2.0	12/31/20	
SilverSneakers by Tivity Health (AFAA)	SilverSneakers BOOM MIND	Home Study	2.0	12/31/20	
SilverSneakers by Tivity Health (AFAA)	SilverSneakers BOOM MOVE	Home Study	2.0	12/31/20	
SilverSneakers by Tivity Health (AFAA)	SilverSneakers BOOM MUSCLE	Home Study	2.0	12/31/20	
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Circuit	Home Study	2.0	12/31/20	
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Classic	Home Study	2.0	12/31/20	
SilverSneakers by Tivity Health (AFAA)	SilverSneakers EnerChi	Home Study	4.0	12/31/20	www.silversneakers.com
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Fall Prevention Education Series	Home Study	2.0	12/31/20	www.silversneakers.com
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Foundations	Home Study	5.0	12/31/20	
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Fundamentals of Teaching Group Fitness	Home Study	5.0	12/31/20	www.silversneakers.com
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Nutrition for Optimal Aging	Home Study	2.0	12/31/20	www.silversneakers.com
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Splash	Home Study	2.0	12/31/20	
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Stability	Home Study	2.0	12/31/20	
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Strength Progressions for Group Exercise	Home Study	2.0	12/31/20	www.silversneakers.com
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Stress Management Education Series	Home Study	4.0	12/31/20	www.silversneakers.com
SilverSneakers by Tivity Health (AFAA)	SilverSneakers YOGA	Home Study	2.0	12/31/20	
SloBody (AFAA)	The No BS Yoga Guide & Videos for Personal Trainers	Home Study	15.0	12/31/20	http://slobody.com/
Soft Stretch Release Techniques (AFAA)	Soft Stretch Release Techniques (Lower Body)	Workshop/Seminar	14.0	12/31/20	SRTtherapy.com
Soft Stretch Release Techniques (AFAA)	Soft Stretch Release Techniques (Upper Body)	Workshop/Seminar	14.0	12/31/20	SRTtherapy.com
Soul to Sole Wellness (AFAA)	Anatomy 101	Workshop/Seminar	3.0	12/31/20	www.soultosolewellness.com
SoulBody LLC (AFAA)	SoulBody Teacher Training	Workshop/Seminar	9.0	12/31/20	www.soulbody.fitness
SPIDERrit Kids (AFAA)	Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy	Workshop/Seminar	7.0	12/31/20	www.powerfulplaycourse.com

Spin City Instructor Training (AFAA)	Foundation Aerial Silks Instructor Training	Home Study	15.0	12/31/20	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Grounded Hoop Instructor Course	Home Study	8.0	12/31/20	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Social Media for Pole and Aerial Instructors	Home Study	8.0	12/31/20	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Advanced Aerial Hoop Instructor (online)	Home Study	15.0	12/31/20	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Advanced Pole Fitness Instructor (online)	Home Study	15.0	12/31/20	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Anatomy and Physiology Foundations (online)	Home Study	15.0	12/31/20	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Beginners Aerial Hoop Instructor (online)	Home Study	15.0	12/31/20	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Beginners Aerial Sling Instructor (online)	Home Study	15.0	12/31/20	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Beginners Pole Fitness Instructor (online)	Home Study	15.0	12/31/20	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Intermediate Aerial Hoop Instructor (online)	Home Study	15.0	12/31/20	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Intermediate Aerial Sling Instructor (online)	Home Study	15.0	12/31/20	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Intermediate Pole Fitness Instructor (online)	Home Study	15.0	12/31/20	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Pole Fabric Instructor (online)	Home Study	15.0	12/31/20	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Stretching and Flexibility for Pole and Aerial (online)	Home Study	15.0	12/31/20	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Strength And Conditioning For Pole And Aerial Instructors	Home Study	10.0	12/31/20	www.spincityinstructortraining.com
SportsPlus (AFAA)	Deep Core Activation Course	Workshop/Seminar	2.0	12/31/20	sportsplusbayarea.com
START Fitness/Fit to Fight (AFAA)	JumpSport® Boot Camp Course™	Workshop/Seminar	8.0	12/31/20	https://www.sgtken.com
START Fitness/Fit to Fight (AFAA)	WaterRower Crew Coach Certification Course	Workshop/Seminar	8.0	12/31/20	www.startfitness.com
Stealth Institution (AFAA)	SRE	Workshop/Seminar	15.0	12/31/20	
Stealth Institution (AFAA)	THUMP Boxing L1+2	Workshop/Seminar	15.0	12/31/20	
Stephanie McCall (AFAA)	CARDIO BURN!	Workshop/Seminar	3.0	12/31/20	stephaniemccallfitness.com
Stephanie McCall (AFAA)	STILL STRONG!	Workshop/Seminar	3.0	12/31/20	stephaniemccallfitness.com
StickMobility (AFAA)	Stick Mobility Level 1	Workshop/Seminar	13.0	12/31/20	https://stickmobility.com/certification/
Stretch to Win Institute (AFAA)	Level 1 (FST) Fascial Stretch Therapy	Workshop/Seminar	15.0	12/31/20	www.stretchtowin.com
StretchSource (AFAA)	StretchSource Trainer - Level 1	Workshop/Seminar	15.0	12/31/20	www.stretchsourcetraining.com/services
Strong Education (AFAA)	Special Strong Group Trainer Certification	Home Study	14.0	12/31/20	www.certifystrong.com
Strong Education (AFAA)	Special Strong Trainer Certification Level 1	Home Study	14.0	12/31/20	www.certifystrong.com
Strong Education (AFAA)	Special Strong Trainer Certification Level 2	Home Study	14.0	12/31/20	www.certifystrong.com
SweatBox (AFAA)	SweatBoss Training	Workshop/Seminar	15.0	12/31/20	https://sweatboxdc.com
Swedish Academy of Sport Training (SAST) (AFAA)	Sport Nutrition Coach	Home Study	15.0	12/31/20	www.swedish-academy.com
TE3 Mobility (AFAA)	TE3 Mobility Instructor Course	Home Study	4.0	12/31/20	https://te3mobility.com
Team Alloy (AFAA)	Alloy: Personal Training Programming Certification	Workshop/Seminar	8.0	12/31/20	www.teamalloy.com
Temple Human Performance (AFAA)	Movement Science & Neuromuscular Re-Education (Level 1-Mobility)	Workshop/Seminar	8.0	12/31/20	www.templehp.com
Temple Human Performance (AFAA)	Movement Science & Neuromuscular Re-Education (Level 1-Stability)	Workshop/Seminar	8.0	12/31/20	www.templehp.com
Terra-Core Fitness (AFAA)	Terra Core Training	Workshop/Seminar	6.0	12/31/20	www.terracorefitness.com
The Academy Of Sport Speed and Agility (AFAA)	Maximising Running Performance 2 Day Course	Workshop/Seminar	14.0	12/31/20	academyofsportspeed.com
The Bannister Method (AFAA)	Enhance Your Teaching Skills	Workshop/Seminar	9.0	12/31/20	https://www.thebannistermethod.com
The Bannister Method (AFAA)	Hands on Stretching	Workshop/Seminar	9.0	12/31/20	https://www.thebannistermethod.com
The Bannister Method (AFAA)	On The Ball	Workshop/Seminar	9.0	12/31/20	https://www.thebannistermethod.com
The Brand X Method (AFAA)	Brand X Professional Youth Coach	Home Study	10.0	12/31/20	https://thebrandxmethod.com
The Breathing Class (AFAA)	The BREATHE Teacher Training Program	Workshop/Seminar	15.0	12/31/20	www.thebreathingclass.com
The FIT EXPO (AFAA)	TheFitExpo Fit Pro Day - Saturday	Conference	8.0	12/31/20	www.thefitexpo.com
The FIT EXPO (AFAA)	TheFitExpo Fit Pro Day - Sunday	Conference	7.0	12/31/20	www.thefitexpo.com
The FIT Institute (AFAA)	Fascial Abrasion Technique for Personal Trainers	Workshop/Seminar	7.0	12/31/20	https://www.thefitinstitute.com/training/
The MELT Method (Longevity Fitness, Inc.) (AFAA)	MELT Instructor Training Level 1	Workshop/Seminar	15.0	12/31/20	www.meltmethod.com
The Ready State (AFAA)	Movement & Mobility 101	Home Study	13.0	12/31/20	http://www.mobilitywod.com
The Ready State (AFAA)	The Ready State & Mobility 102	Workshop/Seminar	15.0	12/31/20	www.thereadystate.com
The Stretching Institute (AFAA)	The Certificate in Stretching & Flexibility (Level 1) Fundamentals & Physiology of Flexibility	Home Study	15.0	12/31/20	https://Stretchcoach.com
The Village Fit (AFAA)	Fitness Instructor-In-Training	Workshop/Seminar	15.0	12/31/20	www.thevillagedallas.com
The Village Fit (AFAA)	Kettlebell	Workshop/Seminar	9.0	12/31/20	www.thevillagedallas.com
The Village Fit (AFAA)	V Strong	Workshop/Seminar	6.0	12/31/20	www.thevillagedallas.com
The Village Fit (AFAA)	V TC	Workshop/Seminar	6.0	12/31/20	www.thevillagedallas.com
The World GROOVE Movement (AFAA)	The GROOVE Method Facilitator Training	Workshop/Seminar	15.0	12/31/20	https://www.theworldgroovement.com
theLONDONmethod (AFAA)	theLONDONmethod	Workshop/Seminar	15.0	12/31/20	https://www.thelondonmethod.net
TheraGun (AFAA)	Theragun Personal Trainers Course	Workshop/Seminar	4.0	12/31/20	
Total Body Tabata LLC (AFAA)	Tabata Basic Instructor Training Certification Self Study Course	Home Study	8.0	12/31/20	http://www.totalbodytabata.com
Total Mommy Fitness (AFAA)	Total Mommy Fitness	Home Study	7.0	12/31/20	www.totalmommyfitness.com
Training Peaks University (AFAA)	Strength Training for Cycling Success	Home Study	9.0	12/31/20	
Tress Marketing Solutions, LLC (AFAA)	FAStEr Way to Fat Loss Certified Coach	Home Study	5.0	12/31/20	https://www.fasterwaytofatloss.com/certification
TRX (AFAA)	TRX Advanced Group Training Course (AGTC)	Workshop/Seminar	15.0	12/31/20	TRXtraining.com
TRX (AFAA)	TRX Education Course	Workshop/Seminar	10.0	12/31/20	www.trxtraining.com/trx-academy
TRX (AFAA)	TRX For Yoga	Home Study	5.0	12/31/20	TRXtraining.com
TRX (AFAA)	TRX for Yoga - LIVE Course	Workshop/Seminar	7.0	12/31/20	www.trxtraining.com/trx-education-fags
TRX (AFAA)	TRX FORCE Operator's Training Course (Level 1)	Workshop/Seminar	4.0	12/31/20	www.trxtraining.com
TRX (AFAA)	TRX FORCE Operator's Training Course (Level 2)	Workshop/Seminar	8.0	12/31/20	www.trxtraining.com
TRX (AFAA)	TRX FORCE Operator's Training Course (Level 3)	Workshop/Seminar	15.0	12/31/20	www.trxtraining.com
TRX (AFAA)	TRX Functional Training Course (FTC)	Workshop/Seminar	7.0	12/31/20	www.trxtraining.com
TRX (AFAA)	TRX Group Rip Training Course (GRTC)	Workshop/Seminar	7.0	12/31/20	www.trxtraining.com
TRX (AFAA)	TRX Group Suspension Training Course (GSTC)	Workshop/Seminar	7.0	12/31/20	www.trxtraining.com
TRX (AFAA)	TRX Group Training Course (GTC)	Workshop/Seminar	8.0	12/31/20	www.trxtraining.com
TRX (AFAA)	TRX MAPS - Digital Course	Conference	1.0	12/31/20	www.trxtraining.com/trx-academy
TRX (AFAA)	TRX MAPS - Live Course	Workshop/Seminar	4.0	12/31/20	www.trxtraining.com/trx-academy
TRX (AFAA)	TRX MBody	Workshop/Seminar	3.0	12/31/20	www.trxtraining.com/trx-academy
TRX (AFAA)	TRX RIP Training Course (RTC)	Workshop/Seminar	8.0	12/31/20	www.trxtraining.com
TRX (AFAA)	TRX Sports Medicine Suspension Training Course Level 2 (SMSTC Lvl 2)	Workshop/Seminar	7.0	12/31/20	www.trxtraining.com
TRX (AFAA)	TRX Suspension Training Course (STC)	Workshop/Seminar	7.0	12/31/20	www.trxtraining.com
TRX (AFAA)	TRX Trainer Basics Course	Home Study	3.0	12/31/20	www.trxtraining.com
TRX (AFAA)	TRX Trainer Summit 2020	Conference	15.0	12/31/20	
Tune Up Fitness World Wide, Inc. (AFAA)	The Roll Model® Method - Ball Sequencing & Innovation	Workshop/Seminar	7.0	12/31/20	www.tuneupfitness.com
Tune Up Fitness World Wide, Inc. (AFAA)	The Roll Model® Method - Correspondence Course	Workshop/Seminar	14.0	12/31/20	www.tuneupfitness.com

Tune Up Fitness World Wide, Inc. (AFAA)	The Roll Model® Method –The Science of Rolling	Workshop/Seminar	8.0	12/31/20	www.tuneupfitness.com
Tune Up Fitness World Wide, Inc. (AFAA)	Treat While You Train- Correspondence Course	Workshop/Seminar	11.0	12/31/20	www.tuneupfitness.com
Turn Up With Tanci LLC (AFAA)	Turn Up Dance Fitness	Workshop/Seminar	7.0	12/31/20	www.turnupwithtanci.com
UFIT2 System Fitness Professional (AFAA)	UFIT2 System Fitness Professional	Workshop/Seminar	10.0	12/31/20	https://ufit2dublin.com
UFIT2 System Fitness Professional (AFAA)	UFIT2 System Training Part 1	Workshop/Seminar	7.0	12/31/20	
Ultimate Movement, LLC (raisedbarre) (AFAA)	raisedbarre Instructor Training	Workshop/Seminar	12.0	12/31/20	
United Endurance Sports Coaching Academy (AFAA)	Running Coach Certification	Home Study	11.0	12/31/20	www.coachendurancesports.com
United Endurance Sports Coaching Academy (AFAA)	Triathlon Coaching Certification	Home Study	11.0	12/31/20	www.coachendurancesports.com
University of Texas at Austin (AFAA)	Tabata Interval Training!What? Who? Why?	Workshop/Seminar	2.0	12/31/20	
University of Texas at Austin (AFAA)	UT RECSPORTS 2020 Kettlebell Workshop	Workshop/Seminar	2.0	12/31/20	
USA Weightlifting (AFAA)	USA Weightlifting Level 1 Coach Certification	Workshop/Seminar	13.0	12/31/20	https://www.teamusa.org/USA-Weightlifting
VeraFlow (AFAA)	VeraFlow Instructor	Workshop/Seminar	15.0	12/31/20	www.veraflow.com
VertiMax (AFAA)	VertiMax Summit 2020	Conference	6.0	12/31/20	www.vertimax.com
VertiMax (AFAA)	VertiMax Training Course	Workshop/Seminar	7.0	12/31/20	www.vertimax.com
VicteLiB (AFAA)	Boot Camp Challenge	Workshop/Seminar	15.0	12/31/20	www.victeilib.com
VIDA Fitness (AFAA)	*All Star* Instructor Training	Workshop/Seminar	15.0	12/31/20	https://vidafitness.com
VIDA Fitness (AFAA)	*TKO* Instructor Training	Workshop/Seminar	8.0	12/31/20	https://vidafitness.com
VIDA Fitness (AFAA)	Barre Instructor	Workshop/Seminar	8.0	12/31/20	www.vidafitness.com
VIDA Fitness (AFAA)	Coach-by-Color Cycling Instructor Training	Workshop/Seminar	8.0	12/31/20	vidafitness.com
VIPR PRO (AFAA)	VIPR PRO Fundamentals Mobile	Home Study	8.0	12/31/20	www.vipr.com
VIPR PRO (AFAA)	VIPR PRO Fundamentals Workshop	Workshop/Seminar	7.0	12/31/20	www.vipr.com
Working Against Gravity (AFAA)	Working Against Gravity	Home Study	9.0	12/31/20	www.workingagainstgravity.com
World of Dance U-Jam (AFAA)	World of Dance U-Jam Instructor Training	Workshop/Seminar	8.0	12/31/20	www.worldofdancefitness.com
XBODY USA LLC (AFAA)	XBody EMS USA Trainer	Workshop/Seminar	15.0	12/31/20	
XCO Latin Workout by Jackie (AFAA)	XCO Latin Workout by Jackie	Workshop/Seminar	14.0	12/31/20	www.xcolatinworkout.com
XPert Pole & Aerial Fitness (AFAA)	XPert Aerial Hoop	Workshop/Seminar	15.0	12/31/20	www.xpertpolefitness.com
XPert Pole & Aerial Fitness (AFAA)	XPert Aerial Silks	Workshop/Seminar	15.0	12/31/20	www.xpertpolefitness.com
XPert Pole & Aerial Fitness (AFAA)	XPert Children's Pole & Aerial Teacher Training	Workshop/Seminar	15.0	12/31/20	www.xpertpolefitness.com
XPert Pole & Aerial Fitness (AFAA)	XPert Flexibility Flow	Workshop/Seminar	15.0	12/31/20	www.xpertpolefitness.com
XPert Pole & Aerial Fitness (AFAA)	XPert Pole Fitness Level 1 & 2	Workshop/Seminar	15.0	12/31/20	www.xpertpolefitness.com
XPert Pole & Aerial Fitness (AFAA)	XPert Pole Fitness Level 3 & 4	Workshop/Seminar	15.0	12/31/20	www.xpertpolefitness.com
XPert Pole & Aerial Fitness (AFAA)	XPert Spinning Pole Teacher Training	Workshop/Seminar	15.0	12/31/20	www.xpertpolefitness.com
XTEND (AFAA)	Barreology Live!	Home Study	14.0	12/31/20	https://www.xtendbarre.com
XTEND (AFAA)	XTEND 2 Day ERT	Workshop/Seminar	14.0	12/31/20	www.xtendbarre.com
XTEND (AFAA)	XTEND 5 Day ERT	Workshop/Seminar	15.0	12/31/20	www.xtendbarre.com
Xuan Randy Zhou (AFAA)	Xuan Randy Zhou's Exercise Anatomy and Free Weight Training	Workshop/Seminar	15.0	12/31/20	www.cerfglobal.com
Xuan Randy Zhou (AFAA)	Xuan Randy Zhou's Strength Hypertrophy Training System	Workshop/Seminar	12.0	12/31/20	www.cerfglobal.com
YMCA of Greater Charlotte (AFAA)	2020 YMCA of Greater Charlotte Conference	Conference	15.0	12/31/20	ymcacharlotte.org
Yoga Athletex (AFAA)	HIIT for Sports Performance Intensive	Workshop/Seminar	11.0	12/31/20	www.yogaathletex.com
Yoga International (AFAA)	Yoga Anatomy Training	Workshop/Seminar	15.0	12/31/20	yogainternational.com/ecourse/yoga-anatomy
YogaFaith (AFAA)	YOGAFAITH COURSES: Module 2 – God, Breath & Energy	Home Study	15.0	12/31/20	https://yogafaith.org/
YogaFaith (AFAA)	YOGAFAITH COURSES: Module 3 - Our Temple, Anatomy & Kinesiology	Home Study	15.0	12/31/20	https://yogafaith.org/
YogaFaith (AFAA)	YOGAFAITH COURSES: Module 4 - YogaFaith Therapy & Touch	Home Study	15.0	12/31/20	https://yogafaith.org/
YogaFaith (AFAA)	YOGAFAITH COURSES: Module 5 - Complete in Him	Home Study	15.0	12/31/20	https://yogafaith.org/
YogaFaith (AFAA)	YOGAFAITH MODULE ONE: In the Beginning	Home Study	15.0	12/31/20	https://yogafaith.org/
You Rock Fitness, LLC (AFAA)	AMPD Burn	Workshop/Seminar	7.0	12/31/20	www.ampdstrong.com
You Rock Fitness, LLC (AFAA)	AMPD Power Flow	Workshop/Seminar	7.0	12/31/20	www.ampdpowerflow.com
You Rock Fitness, LLC (AFAA)	AMPD Resistance	Workshop/Seminar	1.0	12/31/20	www.kettlebellampd.com
You Rock Fitness, LLC (AFAA)	AMPD Strength	Workshop/Seminar	6.0	12/31/20	www.ampdstrong.com
You Rock Fitness, LLC (AFAA)	Kettlebell AMPD Instructor Training	Workshop/Seminar	7.0	12/31/20	http://www.kettlebellAMPD.com
Your Body is Waiting, LLC (AFAA)	The Fascianation Method of Self-Myofascial Release	Workshop/Seminar	4.0	12/31/20	www.thefascianator.com
Z-Health Performance Solutions (AFAA)	Essentials for Elite Performance	Workshop/Seminar	15.0	12/31/20	http://zhealtheducation.com/
Zibrio (AFAA)	Balance Specialist Training	Home Study	3.0	12/31/20	https://onlinecourse.zibrio.com
ZPLUS (AFAA)	ZPLUS EMS CORRECTIVE EXERCISE AND ASSESSMENT LEVEL 1	Workshop/Seminar	15.0	12/31/20	
ZPLUS (AFAA)	ZPLUS EMS CORRECTIVE EXERCISE AND ASSESSMENT LEVEL 2	Workshop/Seminar	15.0	12/31/20	
ZUMBA (AFAA)	Aqua Zumba Instructor Training	Workshop/Seminar	8.0	12/31/20	www.zumba.com
ZUMBA (AFAA)	Cue Like A Pro ELearning	Home Study	3.0	12/31/20	www.zumba.com
ZUMBA (AFAA)	Fighting Elements ELearning	Home Study	3.0	12/31/20	www.zumba.com
ZUMBA (AFAA)	STRONG by Zumba	Workshop/Seminar	8.0	12/31/20	http://www.zumba.com
ZUMBA (AFAA)	STRONG by Zumba E-Learning	Home Study	4.0	12/31/20	www.zumba.com
ZUMBA (AFAA)	SYNC LAB SESSION - APRIL 2020	Workshop/Seminar	3.0	12/31/20	www.strongbyzumba.com
ZUMBA (AFAA)	SYNC LAB SESSION - AUGUST 2020	Workshop/Seminar	3.0	12/31/20	www.zumba.com
ZUMBA (AFAA)	SYNC LAB SESSION - FEBRUARY 2020	Workshop/Seminar	3.0	12/31/20	www.zumba.com
ZUMBA (AFAA)	SYNC LAB SESSION - JANUARY 2020	Workshop/Seminar	3.0	12/31/20	www.zumba.com
ZUMBA (AFAA)	SYNC LAB SESSION - JULY 2020	Workshop/Seminar	3.0	12/31/20	www.zumba.com
ZUMBA (AFAA)	SYNC LAB SESSION - JUNE 2020	Workshop/Seminar	3.0	12/31/20	www.zumba.com
ZUMBA (AFAA)	SYNC LAB SESSION - MARCH 2020	Workshop/Seminar	3.0	12/31/20	www.zumba.com
ZUMBA (AFAA)	SYNC LAB SESSION - MAY 2020	Workshop/Seminar	3.0	12/31/20	www.zumba.com
ZUMBA (AFAA)	ZIN ACADEMY NEW YORK 2020	Conference	5.0	12/31/20	https://newyork.zumba.academy/
ZUMBA (AFAA)	ZIN ACADEMY UK 2020	Conference	5.0	12/31/20	zumba.com
ZUMBA (AFAA)	ZIN™ JAM SESSIONS - APRIL 2020	Workshop/Seminar	3.0	12/31/20	www.zumba.com
ZUMBA (AFAA)	ZIN™ JAM SESSIONS - AUGUST 2020	Workshop/Seminar	3.0	12/31/20	www.zumba.com
ZUMBA (AFAA)	ZIN™ JAM SESSIONS - FEBRUARY 2020	Workshop/Seminar	3.0	12/31/20	www.zumba.com
ZUMBA (AFAA)	ZIN™ JAM SESSIONS - JANUARY 2020	Workshop/Seminar	3.0	12/31/20	www.zumba.com
ZUMBA (AFAA)	ZIN™ JAM SESSIONS - JULY 2020	Workshop/Seminar	3.0	12/31/20	www.zumba.com
ZUMBA (AFAA)	ZIN™ JAM SESSIONS - JUNE 2020	Workshop/Seminar	3.0	12/31/20	www.zumba.com
ZUMBA (AFAA)	ZIN™ JAM SESSIONS - MARCH 2020	Workshop/Seminar	3.0	12/31/20	www.zumba.com
ZUMBA (AFAA)	ZIN™ JAM SESSIONS - MAY 2020	Workshop/Seminar	3.0	12/31/20	www.zumba.com
ZUMBA (AFAA)	Zumba Basic 1 Instructor Training	Workshop/Seminar	8.0	12/31/20	www.zumba.com
ZUMBA (AFAA)	Zumba Gold Instructor Training	Workshop/Seminar	8.0	12/31/20	www.zumba.com

ZUMBA (AFAA)	ZUMBA INSTRUCTOR LICENSING PROGRAM/BASIC STEPS 1	Home Study	10.0	12/31/20	www.zumba.com
ZUMBA (AFAA)	Zumba Jump Start Gold Instructor Training	Workshop/Seminar	10.0	12/31/20	www.zumba.com
ZUMBA (AFAA)	Zumba Jump Start Zumba-Kids & Kids Jr. Instructor	Workshop/Seminar	10.0	12/31/20	www.zumba.com
ZUMBA (AFAA)	Zumba Kids + Kids JR. Instructor Training	Workshop/Seminar	8.0	12/31/20	www.zumba.com
ZUMBA (AFAA)	Zumba ProSkills Instructor Training	Workshop/Seminar	8.0	12/31/20	www.zumba.com
ZUMBA (AFAA)	Zumba Rhythms 2	Workshop/Seminar	8.0	12/31/20	www.zumba.com
ZUMBA (AFAA)	ZUMBA RHYTHMS 3	Workshop/Seminar	8.0	12/31/20	www.zumba.com
ZUMBA (AFAA)	Zumba Step Instructor Training	Workshop/Seminar	8.0	12/31/20	www.zumba.com
ZUMBA (AFAA)	Zumba Toning Instructor Training	Workshop/Seminar	8.0	12/31/20	www.zumba.com
Zumbini LLC (AFAA)	Zumbini Instructor Training Course	Workshop/Seminar	15.0	12/31/20	