

AFAA PREFERRED PROVIDER PROGRAM

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AKT, Anna Kaiser Technique (AFAA) Aktiv Solutions (AFAA) Aktiv Solutions (AFAA) American Barre Technique, LLC (AFAA)	AKT Certification Program Aktiv Straps Official Course: Body Weight Suspension Exercise	Workshop/Seminar	15.0	12/31/20 AdvancedCEU.com 12/31/20
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American Barre Technique, LLC (AFAA)	Functional Training Experience Specialist	Marchalan Inc.	5.0	12/31/20 Aktivsolutions.com 12/31/20 www.aktivsolutions.com
		Workshop/Seminar	6.0	***
	Barre Instructor Certification	Home Study	15.0	12/31/20 www.abtbarre.com
American Council on Exercise (ACE) (AFAA)	ACE Behavior Change in Practice: Hands-on Skills for Health Coaches and Exercise Professionals	Workshop/Seminar	5.0	12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Behavior Change Specialist	Home Study	15.0	12/31/20 http://www.acefitness.org/fitness-certifications/specialty-certifications/behavior-change.aspx
American Council on Exercise (ACE) (AFAA)	ACE Certified Health Coach	Home Study	15.0	12/31/20
American Council on Exercise (ACE) (AFAA)	ACE Fitness Nutrition Specialist	Home Study	15.0	12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Functional Training Specialist	Home Study	15.0	12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Senior Fitness Specialist	Home Study	15.0	12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Sports Performance Specialty Program	Home Study	15.0	12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Sports Performance Workshop	Workshop/Seminar	8.0	12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Weight Management Specialist	Home Study	15.0	12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Youth Fitness Specialist	Home Study	15.0	12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Diabetes Prevention Coaching	Home Study	10.0	12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Fitness Programming for Overweight Clients & Clients Affected by Obesity	Workshop/Seminar	8.0	12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Metabolic Training Workshop	Workshop/Seminar	8.0	12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Movement Based Exercise Workshop	Workshop/Seminar	8.0	12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Orthopedic Exercise Specialist Program	Home Study	15.0	12/31/20 https://www.acefitness.org/fitness-certifications/specialty-certifications/orthopedic-exercise.aspx
American Council on Exercise (ACE) (AFAA)	Personal Training Workshop: Client Communication, Assessment and Program Design	Workshop/Seminar	8.0	12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Small Group Training Workshop	Workshop/Seminar	5.0	12/31/20 www.acefitness.org
American Fitness Professionals & Associates (AFPA) (AFAA)	Holistic Nutritionist Certification	Home Study	15.0	12/31/20 www.afpafitness.com
American Fitness Professionals & Associates (AFPA) (AFAA)	Prenatal and Postnatal Fitness Specialist	Home Study	15.0	12/31/20 http://www.afpafitness.com
American Specialty Health (ASH)/Silver & Fit (AFAA)	Silver&Fit Signature Series Classes® Distance Learning Instructor Training Course	Home Study	13.0	12/31/20 https://www.silverandfit.com
Anatomy4Fitness, LLC (AFAA)	Anatomy4Fitness: Complete Musculoskeletal Anatomy	Home Study	10.0	12/31/20 anatomy4fitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® 1on1: D-kink	Workshop/Seminar	6.0	12/31/20 www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Aerial Yoga 1	Workshop/Seminar	15.0	12/31/20 www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Aerial Yoga 2	Workshop/Seminar	15.0	12/31/20 www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® AIRbarre 1	Workshop/Seminar	15.0	12/31/20 www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Fundamentals 1&2	Workshop/Seminar	15.0	12/31/20 www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Just Kids 1&2	Workshop/Seminar	15.0	12/31/20 www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Pilates 1	Workshop/Seminar	15.0	12/31/20 www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Restorative Yoga	Workshop/Seminar	15.0	12/31/20 www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Suspension Fitness 1	Workshop/Seminar	15.0	12/31/20 www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Suspension Fitness 2	Workshop/Seminar	15.0	12/31/20 www.antigravityfitness.com
Aquabirth (AFAA)	Prenatal and Postnatal Fitness Training Course	Workshop/Seminar	15.0	12/31/20 www.aquabirth.gr
Aquatic Connections (AFAA)	Land-2-H2O	Workshop/Seminar	4.0	12/31/20
Asana Charlestown (AFAA)	ASANA Barre Teacher Training Program	Workshop/Seminar	15.0	12/31/20 www.asanacharlestown.com
ASIA AERIALARTS (AFAA)	AAA Aerial Hammock	Workshop/Seminar	15.0	12/31/20 www.asiaaerialarts.com
ASIA AERIALARTS (AFAA)	AAA Aerial Hoop	Workshop/Seminar	15.0	12/31/20 www.asiaaerialarts.com
Assured Fitness (AFAA)	GROUP EXERCISE: 101	Workshop/Seminar	8.0	12/31/20
Assured Fitness (AFAA)	Pressure Point: Muscle Rejuvenation	Workshop/Seminar	8.0	12/31/20
Assured Fitness (AFAA)	Senior Fitness - Senior Fit & Fun	Workshop/Seminar	8.0	12/31/20
Assured Fitness (AFAA)	Specialized Military Fitness Programming	Workshop/Seminar	15.0	12/31/20
Assured Fitness (AFAA)	The Power of Yoga - Energy & Healing	Workshop/Seminar	4.0	12/31/20 www.assured-fitness.com

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West March	Axle Workout INC (AFAA)	Axle Foundations	Workshop/Seminar 2.0	12/31/20 www.theaxleworkout.com
West March	Bagel Fit by Ashley Bishop (AFAA)	splAsh: Combos	Workshop/Seminar 3.0	12/31/20 www.bagelfit.com
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Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Posterior Oblique Subsystem Integration	Workshop/Seminar	1.0	12/31/20 http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Predictive Model of Lumbo Pelvic Hip Complex Dysfunction (LPHCD)	Home Study	2.0	12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Predictive Model of Upper Body Dysfunction (UBD)	Home Study	3.0	12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Rectus Abdominis & Pyramidalis	Home Study	2.0	12/31/20 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Regional Interdependence: Hip and Ankle	Workshop/Seminar	1.0	12/31/20 www.brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Regional Interdependence: Trunk and Lower Extremity	Workshop/Seminar	1.0	12/31/20 brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Rhomboids	Home Study	2.0	12/31/20 brentbrookbush.com/online-courses/
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Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Scapular Muscles: Release and Lengthening	Home Study	1.0	12/31/20 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Self-administered Joint Mobilizations: Lower Extremity	Home Study	2.0	12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Self-administered Joint Mobilizations: Upper Extremity	Home Study	2.0	12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Serratus Anterior	Home Study	2.0	12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Serratus Anterior Activation	Home Study	1.0	12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Shoulder External Rotator Activation	Home Study	1.0	12/31/20 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Shoulder Internal Rotator and Posterior Deltoid: Release and Lengthening	Home Study	1.0	12/31/20 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Shoulder Joint			12/31/20 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)				
	Shoulder/Overhead Progressions	Home Study Workshop/Seminar	3.0	
	Shoulder/Overhead Progressions	Workshop/Seminar	1.0	12/31/20 http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Soleus	Workshop/Seminar Home Study	1.0 2.0	12/31/20 http://brookbushinstitute.com 12/31/20 http://www.brookbushinstitute.com
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CRUNCH UNIVERSITY (AFAA)	Videography	Home Study	1.0	12/31/20 http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	Yoga Body Sculpt	Home Study	1.0	12/31/20 http://www.crunch-u.com
CTY Fitness (AFAA)		Workshop/Seminar	7.0	12/31/20
	Commit Dance Fitness			
CULTFIT Healthcare PVT LTD (AFAA)	CULT Fitness Boxing Level 0	Workshop/Seminar	15.0	12/31/20 www.cultfit.in
CULTFIT Healthcare PVT LTD (AFAA)	Cult Strength and Conditioning Level 0	Workshop/Seminar	15.0	12/31/20
D.A.TFitness (AFAA)	D.A.TFitness Instructor	Workshop/Seminar	14.0	12/31/20 www.datfitness.com
Dan-Z Fitness Pte Ltd (AFAA)	Official KpopX® Fitness Instructor	Workshop/Seminar	8.0	12/31/20 www.kpopxfitness.com
DCAC Fitness Conventions Inc. (AFAA)	DCAC Fitness Education Conference 2020	Conference	15.0	12/31/20 www.dcacfitness.com
Defying Gravity Bungee Training (AFAA)	Defying Gravity Bungee Instructor Training	Workshop/Seminar	10.0	12/31/20 www.DefyingGravityBungee.com
DESIREE FITNESS (AFAA)	Acondicionamiento Físico Fitness para la Mujer	Workshop/Seminar	9.0	12/31/20 desireefitness.com
DESIREE FITNESS (AFAA)	ACONDICIONAMIENTO FISICO PARA LA OBESIDAD	Workshop/Seminar	7.0	12/31/20 www.desireefitness.com
DESIREE FITNESS (AFAA)	ASESOR NUTRIOLOGO EN FITNESS	Workshop/Seminar	6.0	12/31/20 http://www.desireefitness.com
DESIREE FITNESS (AFAA)	CROSS TRAINING	Workshop/Seminar	5.0	12/31/20 http://www.desireefitness.com
DESIREE FITNESS (AFAA)	ENTRENADOR PERSONAL	Workshop/Seminar	6.0	12/31/20 http://www.desireefitness.com
DESIREE FITNESS (AFAA)	FITNESS BARRE	Workshop/Seminar	7.0	12/31/20 www.desireefitness.com
	INDOOR CYCLING		6.0	
DESIREE FITNESS (AFAA)		Workshop/Seminar		12/31/20 http://www.desireefitness.com
DESIREE FITNESS (AFAA)	KICK BOXING	Workshop/Seminar	5.0	12/31/20 http://www.desireefitness.com
DESIREE FITNESS (AFAA)	MASAJE DEPORTIVO	Workshop/Seminar	4.0	12/31/20 http://www.desireefitness.com
DESIREE FITNESS (AFAA)	PILATES	Workshop/Seminar	3.0	12/31/20 http://www.desireefitness.com
		Workshop/Seminar		
DESIREE FITNESS (AFAA)	PSICOLOGIA DEPORTIVA		9.0	12/31/20 desireefitness.com
DESIREE FITNESS (AFAA)	RITMOS LATINOS	Workshop/Seminar	5.0	12/31/20 http://www.desireefitness.com
DESIREE FITNESS (AFAA)	STEP COREOGRAFICO	Workshop/Seminar	5.0	12/31/20 http://www.desireefitness.com
DESIREE FITNESS (AFAA)	YOGA FITNESS	Workshop/Seminar	5.0	12/31/20 http://www.desireefitness.com
dotFIT, LLC (AFAA)	dotFIT Certification	Home Study	15.0	12/31/20 www.dotfit.com
Dr. Sears Wellness Institute (AFAA)				
	Health Coach Certification-Adults & Seniors			
,		Home Study	15.0	12/31/20 drsearswellnessinstitute.org
Dr. Sears Wellness Institute (AFAA)	Health Coach Certification-Families	Home Study	15.0 15.0	12/31/20 drsearswellnessinstitute.org 12/31/20 drsearswellnessinstitute.org
,		Home Study		7. 7
Dr. Sears Wellness Institute (AFAA) Drishti Beats (AFAA)	Health Coach Certification-Families Drishti Beats 200 Hour Online Teacher Training	Home Study Home Study	15.0 15.0	12/31/20 drsearswellnessinstitute.org 12/31/20 www.drishtibeats.com/teacher-training
Dr. Sears Wellness Institute (AFAA) Drishti Beats (AFAA) Drums Alive (AFAA)	Health Coach Certification-Families Drishti Beats 200 Hour Online Teacher Training Drums Alive® Basic On-line Instructor Specialty Certificate	Home Study Home Study Home Study	15.0 15.0 8.0	12/31/20 drsearswellnessinstitute.org 12/31/20 www.drishtibeats.com/teacher-training 12/31/20
Dr. Sears Wellness Institute (AFAA) Drishti Beats (AFAA) Drums Alive (AFAA) ELDOA (AFAA)	Health Coach Certification-Families Drishti Beats 200 Hour Online Teacher Training Drums Alive® Basic On-line Instructor Specialty Certificate ELDOA 1 & 2	Home Study Home Study Home Study Workshop/Seminar	15.0 15.0 8.0 15.0	12/31/20 drsearswellnessinstitute.org 12/31/20 www.drishtibeats.com/teacher-training 12/31/20 12/31/20
Dr. Sears Wellness Institute (AFAA) Drishti Beats (AFAA) Drums Alive (AFAA)	Health Coach Certification-Families Drishti Beats 200 Hour Online Teacher Training Drums Alive® Basic On-line Instructor Specialty Certificate	Home Study Home Study Home Study	15.0 15.0 8.0	12/31/20 drsearswellnessinstitute.org 12/31/20 www.drishtibeats.com/teacher-training 12/31/20
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Dr. Sears Wellness Institute (AFAA) Drishti Beats (AFAA) Drums Alive (AFAA) ELDOA (AFAA) Eleiko Sport Inc. (AFAA) Embarazo Activo (AFAA)	Health Coach Certification-Families Drishti Beats 200 Hour Online Teacher Training Drums Alive® Basic On-line Instructor Specialty Certificate ELDOA 1 & 2 NOFFS Performance Coach Physical Activity in Pregnancy and Postpartum	Home Study Home Study Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar	15.0 15.0 8.0 15.0 15.0 15.0	12/31/20 drsearswellnessinstitute.org 12/31/20 www.drishtibeats.com/teacher-training 12/31/20 12/31/20 12/31/20 www.eleiko.com 12/31/20 www.eleiko.com
Dr. Sears Wellness Institute (AFAA) Drishti Beats (AFAA) Drums Alive (AFAA) ELDOA (AFAA) Eleiko Sport Inc. (AFAA) Embarazo Activo (AFAA) Entrenous LLC (AFAA)	Health Coach Certification-Families Drishti Beats 200 Hour Online Teacher Training Drums Alive® Basic On-line Instructor Specialty Certificate ELDOA 1 & 2 NOFFS Performance Coach Physical Activity in Pregnancy and Postpartum Now What? The Road After Group Fitness Certification	Home Study Home Study Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	15.0 15.0 8.0 15.0 15.0 15.0 3.0	1//31/20 drsearswellnessinstitute.org 12/31/20 www.drishtibeats.com/teacher-training 12/31/20 12/31/20 12/31/20 www.eleiko.com 12/31/20 12/31/20 12/31/20
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GluckerKolleg GBR (AFAA) EMS Trainer License Workshop/Seminar 15.0 12/31/20 www.ems-certified.com	
Go Fitness Academy (AFAA) Flexfit Pilates Workshop/Seminar 8.0 12/31/20	
Go Fitness Academy (AFAA) PowerMoves Aerobics Instructor Course Workshop/Seminar 15.0 12/31/20 www.gofitnessacademy.in	
Go Fitness Academy (AFAA) POWERMOVES BOLLYFITX Workshop/Seminar 14.0 12/31/20 https://www.gofitnessacademy.in	
Good to Great (AFAA) Good to Great Workshop Workshop/Seminar 5.0 12/31/20	
Gray Institute (AFAA) 3D Movement Analysis & Performance System (3DMAPS) Home Study Home Study 10.0 12/31/20 www.grayinstitute.com	
Gray Institute (AFAA) Certification in Applied Functional Science Home Study 15.0 12/31/20 www.grayinstitute.com	

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Gray Institute (AFAA)	Female Chain Reaction	Workshop/Seminar	14.0	12/31/20 www.grayinstitute.com
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Gray Institute (AFAA)	Gray Institute Functional Golf System	Workshop/Seminar	15.0	12/31/20 www.grayinstitute.com
G-Transformation Academy (AFAA)	Macro Nutrition Coaching	Workshop/Seminar	15.0	12/31/20 https://gtransformationacademy.com
Hedstrom Fitness (AFAA)	3D XTREME™ powered by BOSU®	Workshop/Seminar	6.0	12/31/20 http://www.bosu.com
Hedstrom Fitness (AFAA)	BOSU® Advanced Programming Strategies	Workshop/Seminar	4.0	12/31/20 www.bosu.com
Hedstrom Fitness (AFAA)	BOSU® Mindful Movement & Mobility	Workshop/Seminar	4.0	12/31/20 www.bosu.com
Hedstrom Fitness (AFAA)	BOSU® Next Generation Balance Training	Workshop/Seminar	4.0	12/31/20 www.bosu.com
Hedstrom Fitness (AFAA)	BOSU® DOUBLE UP DOUBLE DOWN	Workshop/Seminar	2.0	12/31/20 http://www.bosu.com
Hedstrom Fitness (AFAA)	BOSU® HIIT XTREME	Workshop/Seminar	2.0	12/31/20 http://www.bosu.com
Hedstrom Fitness (AFAA)	BOSU® STRONG + STRETCHED	Workshop/Seminar	2.0	12/31/20 http://www.bosu.com
Hedstrom Fitness (AFAA)	Surge® Hydro Performance Training	Workshop/Seminar	4.0	12/31/20 www.surgestrong.com
Hedstrom Fitness (AFAA)	Surge® Hydro Program Design	Workshop/Seminar	4.0	12/31/20 www.surgestrong.com
Hedstrom Fitness (AFAA)	Surge® Hydro Training System	Workshop/Seminar	4.0	12/31/20 www.surgestrong.com
Hellenic Network of Fitness Certification (AFAA)	In Season Training for Sports Performance	Workshop/Seminar	10.0	12/31/20 https://hnfc.academy
High Fitness LP (AFAA)	HIGH Fitness Instructor Training	Workshop/Seminar	8.0	12/31/20 www.highfitness.com
High Performance Training (AFAA)	ALL Phases	Workshop/Seminar	19.0	12/31/20
High Performance Training (AFAA)	Phase 1 - Owner	Home Study	10.0	12/31/20
High Performance Training (AFAA)	Phase 1 - Trainer	Home Study	8.0	12/31/20
High Performance Training (AFAA)	Phase 2	Workshop/Seminar	16.0	12/31/20
High Performance Training (AFAA)	Phase 3	Workshop/Seminar	16.0	12/31/20
High Performance Training (AFAA)	Phase 4	Workshop/Seminar	16.0	12/31/20
HOT HIIT (AFAA)	HOT HIIT Teacher Training	Workshop/Seminar	15.0	12/31/20 www.hothiit.com
HRV Course (AFAA)	Foundations of Heart Rate Variability	Workshop/Seminar	3.0	12/31/20 www.hrvcourse.com
human mama (Pre and Postnatal Fitness Training) (AFAA)	human mama Pre and Postnatal Fitness Training	Workshop/Seminar	15.0	12/31/20 https://www.human-mama.com
IDEA Health & Fitness (AFAA)	2020 IDEA Personal Trainer Institute – EAST	Conference	15.0	12/31/20
IDEA Health & Fitness (AFAA)	21st Century Body Sculpt	Home Study	1.0	12/31/20
				12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	50 Ways to Leave Your Core Lovers Wanting You More, Powered by Savvier Fitness	Home Study	1.0	
IDEA Health & Fitness (AFAA)	A Different Look at Core Training: The Backside	Home Study	2.0	12/31/20 www.ideafit.com
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IDEA Health & Fitness (AFAA)	Active Resistance Training® Total Body Mat Practice	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Advanced and Progressive Mechanics of Lifting and Strength Training	Home Study	2.0	12/31/20
IDEA Health & Fitness (AFAA)	Anatomy: Reconnect With Your Spine Muscles, by NFPT	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/20 http://www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2018 IDEA Fitness Journal Quiz 2: Resistance Training for Young Adults, and Spot Scapular Dysk	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	April 2018 IDEA Fitness Journal Quiz 3: Help Clients Avert ACL Tears	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	April 2018 IDEA Fitness Journal Quiz 4: Misconceptions About Fats	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	April 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Using Telehealth to Inspire	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2019 IDEA Fitness Journal Quiz 2: The Right Carbs for Energy, and Diabetes Management and	Home Study	1.0	12/31/20 www.ideafit.com
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IDEA Health & Fitness (AFAA)	April 2019 IDEA Fitness Journal Quiz 4: The Effects of Sleep Deprivation	Home Study	1.0	12/31/20 www.ideafit.com
	April 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News		1.0	12/31/20 www.ideafit.com
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IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	Assessment and Corrective Exercise Strategies for Improved Shoulder Function Back to Basics With Anatomy	Home Study Home Study	2.0	12/31/20 www.ideafit.com 12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Assessment and Corrective Exercise Strategies for Improved Shoulder Function	Home Study	2.0	12/31/20 www.ideafit.com
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Carb IO: Comparing Keto, Paleo and Low Carb Cardio-Strength Circuits for Fun and Function! Caving to the Craving: The New Science of Food Addiction and RecoveryWith a Twist Communicating With Your Female Clients for Breakthrough Results Complete Program Design for the Obese/Overweight Client Core Connections: Progression Strategies to Enhance Core Function CORE Yoga for Healthy Backs Correct the Poass Gluteus Imbalance Creative Circuits - Five Steps to Better Program Design Cue Movement and Exercise With Hip Anatomy, by NFPT Designing a Self-Myofascial Release Program Dynamic Nutrition Science: Parsing Today's Most Relevant Research for Real Life East Meets West: A Mindful Approach to Health Coaching East Meets West: A Mindful Approach to Health Coaching East Meets West: A Mindful Approach to Health Coaching East Secs Science Update: New Research and Ideas Extreme Equipment-LESS Boot Camp Fascial Release For Yoga Fascial Line Mobility Fast-Loss Programming for Your Female Clients	Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study	2.0 1.0 2.0 2.0 2.0 1.0 2.0 2.0 1.0 1.0 2.0 1.0 1.0 1.0 2.0 2.0 1.0 1.0 1.0 2.0 2.0 2.0 1.0 1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com

IDEA Health & Fitness (AFAA)	February 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	February 2018 IDEA Fitness Journal Quiz 2: Tips for Resistance Training with Youth, and Combined Tra	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	February 2018 IDEA Fitness Journal Quiz 3: Risks of Functional Training	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	February 2018 IDEA Fitness Journal Quiz 4: Body Image in the Fitness Industry	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	Flexibility for the Inflexible	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Food for Thought: Brain, Gut, Microbes, Diet	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	From Neck to KneesMore Than Just Core!	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	From the Hip	Home Study	2.0	12/31/20
IDEA Health & Fitness (AFAA)	Functional Anatomy: The Secret to Efficient Movement	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Functional Assessment for Special Populations	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	Functional Balance Circuits for the Active Adult (ACE Mover Academy)	Home Study	2.0	12/31/20
IDEA Health & Fitness (AFAA)	Functional Balance for the Active Aging Adult, by ActivMotion Bar™	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Functional Circuits for Aging Clients	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Functional Flexibility for the Active Aging	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Functional Movement Triad	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Functional Power Training for Older Clients, by FAI			
IDEA Health & Fitness (AFAA)	• . ,	Home Study	2.0	12/31/20 www.ideafit.com
	Fundamental Principles of Upper Body TrainingPushing, Pulling and Pressing, by FMS	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Gait-Based Movement Screening	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	GENERATE Buzz With Simple Marketing	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	Getting Maximum Results With Minimal Equipment	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Glute Reboot	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Goodbye Infobesity, Hello Action Plan!	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Group Exercise Applications for Training the Posterior Chain	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Guiding Others to Create Their Healthiest, Most Delicious Life	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Handstands	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Hidden Secrets to Core Performance	Home Study	2.0	12/31/20
IDEA Health & Fitness (AFAA)	High-Intensity Kettlebell Training	Home Study	2.0	12/31/20
IDEA Health & Fitness (AFAA)	HIITs Blitz	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	How Hormones and Metabolism Change the Training Game for Females	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	How to Run Your Own "Drop Two Sizes" Challenge	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	How to Safely Introduce Plyometrics Into Your Clients' Routines	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	I Am Ageless Now	Home Study	8.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	I Q U Do: The Art of Intelligent Coaching	Home Study	2.0	12/31/20 ww.ideafit.com
IDEA Health & Fitness (AFAA)	IDEA World Convention 2020	Conference	15.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Insights Into Functional Training and Corrective Movement	Home Study	2.0	12/31/20 www.ideafit.com
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IDEA Health & Fitness (AFAA)	Insights Into Lower-Back Pain and Functional Solutions	Home Study	2.0	
IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	Intermittent Fasting: Science or Fiction?	Home Study	2.0	12/31/20 www.ideafit.com
	Is It Time to Eat Yet? Nobel Prize-Winning Body Clock Science Has the Answer	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	It Takes Guts! Connecting the Brain, Diet and Microbiome	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	January 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Essential Elements of Teachin	Home Study	1.0	12/31/20 www.ideafit.com
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Kettlebell Athletics (AFAA)	Kettlebell Athletics Level 2 - Beyond the Basics	Workshop/Seminar	12.0	12/31/20 www.KettlebellAthletics.com
Kettlebell Kickboxing (AFAA)	KBIA - Kettlebell Kickboxing Anatomy of Kettlebells	Workshop/Seminar	8.0	12/31/20 www.kettlebellkickboxing.com
Kristen Townsend (AFAA)	Flex™ - Yoga Inspired Fitness	Workshop/Seminar	14.0	12/31/20 www.flexyogafitness.com
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	Aqua Training			
LA Fitness (AFAA)	Aqua with equipment	Workshop/Seminar	3.0	12/31/20
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LA Fitness (AFAA)	Body Works Choreography	Workshop/Seminar	2.0	12/31/20
LA Fitness (AFAA)	Bootcamp Circuit	Workshop/Seminar	2.0	12/31/20
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LA Fitness (AFAA)	Indoor Cycling for PT Intro to Group Fitness	Workshop/Seminar	3.0	12/31/20
LA Fitness (AFAA)	Kickbox Cardio	Workshop/Seminar	4.0	12/31/20
LA Fitness (AFAA)	Kickbox Cardio Choreography	Workshop/Seminar	2.0	12/31/20
	Latin Heat		4.0	12/31/20
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LA Fitness (AFAA)	Power Circuit	Workshop/Seminar	3.0	12/31/20
LA Fitness (AFAA)	Reformer Pilates for Fitness	Workshop/Seminar	12.0	12/31/20
LA Fitness (AFAA)	Step Tech 1	Workshop/Seminar	3.0	12/31/20
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LA Fitness (AFAA)	Step Tech Choreography	Workshop/Seminar	2.0	12/31/20
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MOSSA (AFAA)	JUL 18: Don't Give A Sit	Workshop/Seminar	1.0	12/31/20
MOSSA (AFAA)	MOSSA Leadership Academy	Workshop/Seminar	15.0	12/31/20 www.mossa.net
MOSSA (AFAA)	Motor Learning/ Rotation Is Life	Home Study	1.0	12/31/20
MOSSA (AFAA)	POWER4HEALTH & What's New 4Q	Home Study	3.0	12/31/20 www.mossa.net
MOSSA (AFAA)	What is Fascia?! & Tensegrity 101	Workshop/Seminar	2.0	12/31/20 www.mossa.net
MOSSA (AFAA)	XTRA WOW Intensive	Workshop/Seminar	5.0	12/31/20 www.mossa.net
Mountainside Fitness (AFAA)	The Mountainside Way Group Fitness Training Workshop	Workshop/Seminar	8.0	12/31/20 www.mountainsidefitness.com
Muay Thai School USA (AFAA)	Muay Thai Personal Trainer	Home Study	15.0	12/31/20 https://www.muaythaischoolusa.com
			6.0	
Myzone (AFAA)	MyZone University: Heart Rate Monitor Workshop	Workshop/Seminar	0.0	12/31/20
NASM (AFAA)	All NASM courses are approved with AFAA	Home Study		12/31/20
National Exercise Trainers Association (NETA) (AFAA)	Advanced Kettlebell Specialty	Workshop/Seminar	7.0	12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Barre Connect Specialty	Workshop/Seminar	8.0	12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Becoming a Yoga Professional	Workshop/Seminar	10.0	12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Cycle 360: Cardio, Strength, and Core	Workshop/Seminar	5.0	12/31/20 http://www.netafit.org/index.htm
National Exercise Trainers Association (NETA) (AFAA)	Fitness Yoga Specialty	Workshop/Seminar	15.0	12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	HIIT THE STEP	Workshop/Seminar	5.0	12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Indoor Group Cycling Specialty	Workshop/Seminar	5.0	12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Intermediate Yoga Specialty	Workshop/Seminar	15.0	12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Kettlebell Specialty	Workshop/Seminar	6.0	12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Kick It! 5-hour	Workshop/Seminar	5.0	12/31/20 Kick It!
National Exercise Trainers Association (NETA) (AFAA)	Kids Yoga Specialty	Workshop/Seminar	10.0	12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	NETA Fit Fest 2020	Conference	15.0	12/31/20 http://www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Pilates Mat Specialty	Workshop/Seminar	14.0	12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Pilates Reformer	Workshop/Seminar	14.0	12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Prenatal Yoga Specialty	Workshop/Seminar	10.0	12/31/20
National Exercise Trainers Association (NETA) (AFAA)	Restorative Yoga Specialty	Workshop/Seminar	10.0	12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Ride and Renew	Workshop/Seminar	5.0	12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Senior Fitness Specialty	Workshop/Seminar	7.0	12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Senior POWER (5hr)	Workshop/Seminar	5.0	12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Senior Yoga Specialty	Workshop/Seminar	15.0	12/31/20
National Exercise Trainers Association (NETA) (AFAA)	Trauma Sensitive Yoga Practices	Workshop/Seminar	5.0	12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Wellness Coach Specialty	Workshop/Seminar	14.0	12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Yoga for Special Populations Specialty	Workshop/Seminar	10.0	12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Yoga Foundations Specialty	Workshop/Seminar	15.0	12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Yoga Strong Specialty	Workshop/Seminar	15.0	12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Youth Fitness Specialty	Workshop/Seminar	8.0	12/31/20 www.netafit.org
Net Profit Explosion (NPE) (AFAA)	NPF Fast-Track	Home Study	15.0	12/31/20 npefitness.com/us
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New Hope Network (AFAA)	A Deep Dive Into the Plant-Based Burger Landscape. Are They Truly Better Alternatives?	Workshop/Seminar	1.0	12/31/20
New Hope Network (AFAA)	Is the Grass Really Greener? Understanding the Benefits of Grass-fed Products	Home Study	1.0	12/31/20 newhope.com/learn
Niche Pilates Studio (AFAA)	Sculpt and Core Pilates	Workshop/Seminar	15.0	12/31/20 www.nichefitstudio.com
NONSOLOFITNESS SNC (AFAA)	Elite Aerobic Instructor	Home Study	10.0	12/31/20 www.nonsolofitness.it
NONSOLOFITNESS SNC (AFAA)	Elite H2O Trainer	Home Study	10.0	12/31/20 www.nonsolofitness.it
				12/31/20 https://nordic-body-academy.teachable.com/p/nordic-body-certificate-program
·	Nordic Body Instructor Certificate of Completion	Home Study	15.0	
Nordic Body Academy (AFAA)	Nordic Body Instructor Certificate of Completion	Home Study Workshon/Seminar	15.0	
Nordic Body Academy (AFAA) O'Gorgeous, Inc. (AFAA)	PIIT28 Instructor Training Workshop	Workshop/Seminar	6.0	12/31/20 www.poppilateslife.com
Nordic Body Academy (AFAA) O'Gorgeous, Inc. (AFAA) O'Gorgeous, Inc. (AFAA)	PIIT28 Instructor Training Workshop POP Pilates Workshop	Workshop/Seminar Workshop/Seminar	6.0 8.0	12/31/20 www.poppilateslife.com 12/31/20 http://www.poppilateslife.com
Nordic Body Academy (AFAA) O'Gorgeous, Inc. (AFAA) O'Gorgeous, Inc. (AFAA) Oh Babyl Fitness* (AFAA)	PIIT28 Instructor Training Workshop POP Pilates Workshop OH BABY! FITNESS PRENATAL & POSTPARTUM INSTRUCTOR TRAINING	Workshop/Seminar Workshop/Seminar Home Study	6.0 8.0 8.0	12/31/20 www.poppilateslife.com 12/31/20 http://www.poppilateslife.com 12/31/20 https://www.ohbabyfitness.com/pre-postnatal-fitness-training
Nordic Body Academy (AFAA) O'Gorgeous, Inc. (AFAA) O'Gorgeous, Inc. (AFAA) Oh Baby! Fitness* (AFAA) On Target Training PDX (AFAA)	PIIT28 Instructor Training Workshop POP Pilates Workshop OH BABY! FITNESS PRENATAL & POSTPARTUM INSTRUCTOR TRAINING Boxing Mitt Holding Level One Course	Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar	6.0 8.0 8.0 6.0	12/31/20 www.poppilateslife.com 12/31/20 http://www.poppilateslife.com 12/31/20 https://www.ohbabyfitness.com/pre-postnatal-fitness-training 12/31/20
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Nordic Body Academy (AFAA) O'Gorgeous, Inc. (AFAA) O'Gorgeous, Inc. (AFAA) Oh Baby! Fitness* (AFAA) On Target Training PDX (AFAA)	PIIT28 Instructor Training Workshop POP Pilates Workshop OH BABY! FITNESS PRENATAL & POSTPARTUM INSTRUCTOR TRAINING Boxing Mitt Holding Level One Course	Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar	6.0 8.0 8.0 6.0	12/31/20 www.poppilateslife.com 12/31/20 http://www.poppilateslife.com 12/31/20 https://www.ohbabyfitness.com/pre-postnatal-fitness-training 12/31/20
Nordic Body Academy (AFAA) O'Gorgeous, Inc. (AFAA) O'Gorgeous, Inc. (AFAA) Oh Babyl Fitness* (AFAA) On Target Training PDX (AFAA) On Target Training PDX (AFAA)	PIIT28 Instructor Training Workshop POP Pilates Workshop OH BABY! FITNESS PRENATAL & POSTPARTUM INSTRUCTOR TRAINING Boxing Mitt Holding Level One Course Boxing Mitt Holding Level One Course (Online)	Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study	6.0 8.0 8.0 6.0 1.0	12/31/20 www.poppilateslife.com 12/31/20 https://www.poppilateslife.com 12/31/20 https://www.ohbabyfitness.com/pre-postnatal-fitness-training 12/31/20 https://on-target-training-pdx-boxing-mitt-work-teachable.com/p/on-target-training-level-one-boxing-
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Belly Dance Technique The Dynamic Workout Design Training Black Book REFIT* Instructor Training REV-FLOW Instructor Training Renaissance Periodization Summit 2020 Row House University REVO ₂ LUTION RUNNING™ Essentials of Barre SALT Fitness Essential Elements of Cycle SALT Fitness Sesential Elements of Cycle SALT Fitness Fundamentals of Anatomy + Movement SamuraFT International Certification Barre Above Prime Instructor Training Cardio Yoga Elite HIIT Training Let The Beat Drop Muscular Endurance: Myths, Realities and Applications Pilates 101 Education Course Tabata GK The Intentional Yoke The Musicality Method	Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	4.0 2.0 4.0 2.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1	12/31/20 www.ptonthenet.com/cec-exams 12/31/20 http://www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 http://www.ptonthenet.com/cec-exams 12/31/20 http://www.ptonthenet.com/cec-exams 12/31/20 http://www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com 12/31/20 www.punkrope.com 12/31/20 www.punkrope.com 12/31/20 www.punkrope.com 12/31/20 www.rabartraining.com 12/31/20 www.rabartraining.com 12/31/20 www.radroller.com 12/31/20 www.radroller.com 12/31/20 www.radroller.com 12/31/20 https://www.radroller.com/pages/education 12/31/20 www.radroller.com 12/31/20 https://academy.redefiningstrength.com/p/the-dynamic-workout-design-training-black-book 12/31/20 https://academy.redefiningstrength.com/p/the-dynamic-workout-design-training-black-book 12/31/20 https://renaissanceperiodization.com/ 12/31/20 https://renaissanceperiodization.com/ 12/31/20 https://renaissanceperiodization.com/ 12/31/20 https://renaissanceperiodization.com/ 12/31/20 https://renaissanceperiodization.com/ 12/31/20 www.barreabove.com 12/31/20 www.barreabove.com 12/31/20 www.barreabove.com 12/31/20 www.barreabove.com 12/31/20 www.barreabove.com 12/31/20 www.barreabove.com 12/31/20 www.barreabove.com 12/31/20 www.barreabove.com 12/31/20 www.barreabove.com 12/31/20 www.barreabove.com 12/31/20 www.barreabove.com 12/31/20 www.barreabove.com 12/31/20 www.barreabove.com 12/31/20 www.barreabove.com 12/31/20 www.barreabove.com 12/31/20 www.barreabove.com 12/31/20 www.barreabove.com 12/31/20 www.barreabove.com 12/31/20 www.barreabove.com 12/31/20 www.barreabove.com 12/31/20 www.barreabove.com 12/31/20 www.barreabove.com

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SCW Fitness Education (AFAA)	Yoga for the Young at Heart	Home Study	2.0	12/31/20 http://www.scwfit.com
SHAY-MCENTEE WELLNESS WORKS INC. (AFAA)	BREATHING TECHNIQUES / STRESS MANAGEMENT	Workshop/Seminar	3.0	12/31/20
SHAY-MCENTEE WELLNESS WORKS INC. (AFAA)	ENERGY BREAK	Workshop/Seminar	3.0	12/31/20
SHINE Dance Fitness (AFAA)	SHiNE Dance Fitness Instructor Certification Training	Workshop/Seminar	11.0	12/31/20 www.shinedancefitness.com
SHINE Dance Fitness (AFAA)	SHINE Dance Fitness Online Instructor Certification	Home Study	10.0	12/31/20 www.shinedancefitness.com
SHRED415 (AFAA)	SHRED415 Dynamic Interval Training	Workshop/Seminar	15.0	12/31/20 www.shred415.com
SilverSneakers by Tivity Health (AFAA)	Group Exercise for Hip Limitations	Home Study	2.0	12/31/20
SilverSneakers by Tivity Health (AFAA)	SilverSneakers BOOM MIND	Home Study	2.0	12/31/20
SilverSneakers by Tivity Health (AFAA)	SilverSneakers BOOM MOVE	Home Study	2.0	12/31/20
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SloBody (AFAA)	The No BS Yoga Guide & Videos for Personal Trainers	Home Study	15.0	12/31/20 http://slobody.com/
Soft Stretch Release Techniques (AFAA)	Soft Stretch Release Techniques (Lower Body)	Workshop/Seminar	14.0	12/31/20 SRTtherapy.com
Soft Stretch Release Techniques (AFAA)	Soft Stretch Release Techniques (Upper Body)	Workshop/Seminar	14.0	12/31/20 SRTtherapy.com
Soul to Sole Wellness (AFAA)	Anatomy 101	Workshop/Seminar	3.0	12/31/20 www.soultosolewellness.com
SPIDERfit Kids (AFAA)	Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy	Workshop/Seminar	7.0	12/31/20 www.powerfulplaycourse.com
Spin City Instructor Training (AFAA)	Foundation Aerial Silks Instructor Training	Home Study	15.0	12/31/20 www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Grounded Hoop Instructor Course	Home Study	8.0	12/31/20 www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Social Media for Pole and Aerial Instructors	Home Study	8.0	12/31/20 www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Advanced Aerial Hoop Instructor (online)	Home Study	15.0	12/31/20 www.spincityinstructortraining.com
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Spin City Instructor Training (AFAA)	Spin City Intermediate Pole Fitness Instructor (online)	Home Study	15.0	12/31/20 www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Pole Fabric Instructor (online)	Home Study	15.0	12/31/20 www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Stretching and Flexibility for Pole and Aerial (online)	Home Study	15.0	12/31/20 www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)				
	Strength And Conditioning For Pole And Aerial Instructors	Home Study	10.0	12/31/20 www.spincityinstructortraining.com
SportsPlus (AFAA)	Deep Core Activation Course	Workshop/Seminar	2.0	12/31/20 sportsplusbayarea.com
START Fitness/Fit to Fight (AFAA)	JumpSport™ Boot Camp Course™	Workshop/Seminar	8.0	12/31/20 https://www.sgtken.com
START Fitness/Fit to Fight (AFAA)	WaterRower Crew Coach Certification Course	Workshop/Seminar	8.0	12/31/20 www.startfitness.com
Stephanie McCall (AFAA)	CARDIO BURN!	Workshop/Seminar	3.0	12/31/20 stephaniemccallfitness.com
Stephanie McCall (AFAA)	STILL STRONG!	Workshop/Seminar	3.0	12/31/20 stephaniemccallfitness.com
StickMobility (AFAA)	Stick Mobility Level 1	Workshop/Seminar	13.0	12/31/20 https://stickmobility.com/certification/
Stretch to Win Institute (AFAA)	Level 1 (FST) Fascial Stretch Therapy	Workshop/Seminar	15.0	12/31/20 www.stretchtowin.com
StretchSource (AFAA)	StretchSource Trainer - Level 1	Workshop/Seminar	15.0	12/31/20 www.stretchsourcetraining.com/services
Strong Education (AFAA)	Special Strong Group Trainer Certification	Home Study	14.0	12/31/20 www.certifystrong.com
Strong Education (AFAA)	Special Strong Trainer Certification Level 1	Home Study	14.0	12/31/20 www.certifystrong.com
Strong Education (AFAA)	Special Strong Trainer Certification Level 2	Home Study	14.0	12/31/20 www.certifystrong.com
SweatBox (AFAA)	SweatBoss Training	Workshop/Seminar	15.0	12/31/20 https://sweatboxdc.com
Swedish Academy of Sport Training (SAST) (AFAA)	Sport Nutrition Coach	Home Study	15.0	12/31/20 www.swedish-academy.com
Team Alloy (AFAA)	Alloy: Personal Training Programming Certification	Workshop/Seminar	8.0	12/31/20 www.teamalloy.com
Temple Human Performance (AFAA)	Movement Science & Neuromuscular Re-Education (Level 1-Mobility)	Workshop/Seminar	8.0	12/31/20 www.templehp.com
Temple Human Performance (AFAA)	Movement Science & Neuromuscular Re-Education (Level 1-Stability)	Workshop/Seminar	8.0	12/31/20 www.templehp.com
Terra-Core Fitness (AFAA)	Terra Core Training	Workshop/Seminar	6.0	12/31/20 www.terracorefitness.com
The Academy Of Sport Speed and Agility (AFAA)	Maximising Running Performance 2 Day Course	Workshop/Seminar	14.0	12/31/20 academyofsportspeed.com
The Bannister Method (AFAA)	Enhance Your Teaching Skills	Workshop/Seminar	9.0	12/31/20 https://www.thebannistermethod.com
The Bannister Method (AFAA)	Hands on Stretching	Workshop/Seminar	9.0	12/31/20 https://www.thebannistermethod.com
The Bannister Method (AFAA)	On The Ball			12/31/20 https://www.thebannistermethod.com
		Workshop/Seminar	9.0	
The Brand X Method (AFAA)	Brand X Professional Youth Coach	Home Study	10.0	12/31/20 https://thebrandxmethod.com
The FIT EXPO (AFAA)	TheFitExpo Fit Pro Day - Saturday	Conference	8.0	12/31/20 www.thefitexpo.com
The FIT EXPO (AFAA)	TheFitExpo Fit Pro Day - Sunday	Conference	7.0	12/31/20 www.thefitexpo.com
The FIT Institute (AFAA)	Fascial Abrasion Technique for Personal Trainers	Workshop/Seminar	7.0	12/31/20 https://www.thefitinstitute.com/training/
The MELT Method (Longevity Fitness, Inc.) (AFAA)	MELT Instructor Training Level 1	Workshop/Seminar	15.0	12/31/20 www.meltmethod.com
The Ready State (AFAA)	Movement & Mobility 101	Home Study	13.0	12/31/20 http://www.mobilitywod.com
The Ready State (AFAA)	The Ready State & Mobility 102	Workshop/Seminar	15.0	12/31/20 www.thereadystate.com
The Village Fit (AFAA)	Fitness Instructor-In-Training	Workshop/Seminar	15.0	12/31/20 www.thevillagedallas.com
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The World GROOVE Movement (AFAA)	The GROOVE Method Facilitator Training	Workshop/Seminar	15.0	
theLONDONmethod (AFAA)	The GROOVE Method Facilitator Training theLONDONmethod	Workshop/Seminar	15.0	12/31/20 https://www.thelondonmethod.net
theLONDONmethod (AFAA) TheraGun (AFAA)	The GROOVE Method Facilitator Training theLONDONmethod Theragun Personal Trainers Course	Workshop/Seminar Workshop/Seminar	15.0 4.0	12/31/20 https://www.thelondonmethod.net 12/31/20
theLONDONmethod (AFAA) TheraGun (AFAA) Total Body Tabata LLC (AFAA)	The GROOVE Method Facilitator Training theLONDONmethod Theragun Personal Trainiers Course Tabata Basic Instructor Training Certification Self Study Course	Workshop/Seminar Workshop/Seminar Home Study	15.0 4.0 8.0	12/31/20 https://www.thelondonmethod.net 12/31/20 12/31/20 http://www.totalbodytabata.com
theLONDONmethod (AFAA) TheraGun (AFAA)	The GROOVE Method Facilitator Training theLONDONmethod Theragun Personal Trainers Course	Workshop/Seminar Workshop/Seminar	15.0 4.0	12/31/20 https://www.thelondonmethod.net 12/31/20

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Tress Marketing Solutions, LLC (AFAA)	FASTer Way to Fat Loss Certified Coach		5.0	12/31/20 https://www.fasterwaytofatloss.com/certification
TRX (AFAA)	TRX Advanced Group Training Course (AGTC)	Workshop/Seminar 15		12/31/20 TRXtraining.com
TRX (AFAA)	TRX Education Course	Workshop/Seminar 10		12/31/20 www.trxtraining.com/trx-academy
TRX (AFAA)	TRX For Yoga		5.0	12/31/20 TRXtraining.com
TRX (AFAA)	TRX for Yoga - LIVE Course		7.0	12/31/20 www.trxtraining.com/trx-education-faqs
TRX (AFAA)	TRX FORCE Operator's Training Course (Level 1)	Workshop/Seminar 4	4.0	12/31/20 www.trxtraining.com
TRX (AFAA)	TRX FORCE Operator's Training Course (Level 2)	Workshop/Seminar 8	8.0	12/31/20 www.trxtraining.com
TRX (AFAA)	TRX FORCE Operator's Training Course (Level 3)	Workshop/Seminar 15	5.0	12/31/20 www.trxtraining.com
TRX (AFAA)	TRX Functional Training Course (FTC)	Workshop/Seminar 7	7.0	12/31/20 www.trxtraining.com
TRX (AFAA)	TRX Group Rip Training Course (GRTC)		7.0	12/31/20 www.trxtraining.com
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TRX (AFAA)	TRX Group Suspension Training Course (GSTC)		7.0	12/31/20 www.trxtraining.com
TRX (AFAA)	TRX Group Training Course (GTC)		8.0	12/31/20 www.trxtraining.com
TRX (AFAA)	TRX MAPS - Digital Course		1.0	12/31/20 www.trxtraining.com/trx-academy
TRX (AFAA)	TRX MAPS - Live Course	Workshop/Seminar 4	4.0	12/31/20 www.trxtraining.com/trx-academy
TRX (AFAA)	TRX MBody	Workshop/Seminar 3	3.0	12/31/20 www.trxtraining.com/trx-academy
TRX (AFAA)	TRX RIP Training Course (RTC)	Workshop/Seminar 8	8.0	12/31/20 www.trxtraining.com
TRX (AFAA)	TRX Sports Medicine Suspension Training Course Level 2 (SMSTC Lvl 2)	Workshop/Seminar 7	7.0	12/31/20 www.trxtraining.com
TRX (AFAA)	TRX Suspension Training Course (STC)		7.0	12/31/20 www.trxtraining.com
TRX (AFAA)	TRX Trainer Basics Course		3.0	12/31/20 www.trxtraining.com
TRX (AFAA)	TRX Trainer Summit 2020	Conference 15		12/31/20
Tune Up Fitness World Wide, Inc. (AFAA)	The Roll Model® Method - Ball Sequencing & Innovation		7.0	12/31/20 www.tuneupfitness.com
Tune Up Fitness World Wide, Inc. (AFAA)	The Roll Model® Method - Correspondence Course	Workshop/Seminar 14	4.0	12/31/20 www.tuneupfitness.com
Tune Up Fitness World Wide, Inc. (AFAA)	The Roll Model® Method –The Science of Rolling	Workshop/Seminar 8	8.0	12/31/20 www.tuneupfitness.com
Tune Up Fitness World Wide, Inc. (AFAA)	Treat While You Train- Correspondence Course	Workshop/Seminar 11	1.0	12/31/20 www.tuneupfitness.com
Turn Up With Tanci LLC (AFAA)	Turn Up Dance Fitness		7.0	12/31/20 www.turnupwithtanci.com
UFIT2 System Fitness Professional (AFAA)	UFIT2 System Fitness Professional	Workshop/Seminar 10		12/31/20 https://ufitdublin.com
UFIT2 System Fitness Professional (AFAA)	UFIT2 System Training Part 1		7.0	12/31/20
Ultimate Movement, LLC (raisedbarre) (AFAA)	raisedbarre Instructor Training	Workshop/Seminar 12		12/31/20
United Endurance Sports Coaching Academy (AFAA)	Running Coach Certification	Home Study 11	1.0	12/31/20 www.coachendurancesports.com
United Endurance Sports Coaching Academy (AFAA)	Triathlon Coaching Certification	Home Study 11	1.0	12/31/20 www.coachendurancesports.com
USA Weightlifting (AFAA)	USA Weightlifting Level 1 Coach Certification	Workshop/Seminar 13	3.0	12/31/20 https://www.teamusa.org/USA-Weightlifting
VeraFlow (AFAA)	VeraFlow Instructor	Workshop/Seminar 15	5.0	12/31/20 www.veraflow.com
VertiMax (AFAA)	VertiMax Training Course		7.0	12/31/20 www.vertimax.com
				12/31/20 www.victelib.com
VicteliB (AFAA)	Boot Camp Challenge	Workshop/Seminar 15		7. 7
VIDA Fitness (AFAA)	*All Star* Instructor Training	Workshop/Seminar 15		12/31/20 https://vidafitness.com
VIDA Fitness (AFAA)	*TKO* Instructor Training	Workshop/Seminar 8	8.0	12/31/20 https://vidafitness.com
VIDA Fitness (AFAA)	Barre Instructor	Workshop/Seminar 8	8.0	12/31/20 www.vidafitness.com
VIDA Fitness (AFAA)	Coach-by-Color Cycling Instructor Training	Workshop/Seminar 8	8.0	12/31/20 vidafitness.com
VIPR PRO (AFAA)	ViPR PRO Fundamentals Mobile		8.0	12/31/20 www.vipr.com
VIPR PRO (AFAA)	ViPR PRO Fundamentals Workshop		7.0	12/31/20 www.vipr.com
	· '		9.0	12/31/20 www.workingagainstgravity.com
Working Against Gravity (AFAA)	Working Against Gravity	,		
World of Dance U-Jam (AFAA)	World of Dance U-Jam Instructor Training		8.0	12/31/20 www.worldofdancefitness.com
XBODY USA LLC (AFAA)	XBody EMS USA Trainer	Workshop/Seminar 15	5.0	12/31/20
XCO Latin Workout by Jackie (AFAA)	XCO Latin Workout by Jackie	Workshop/Seminar 14	4.0	12/31/20 www.xcolatinworkout.com
XPERT Pole & Aerial Fitness (AFAA)	XPERT Aerial Hoop	Workshop/Seminar 15	5.0	12/31/20 www.xpertpolefitness.com
XPERT Pole & Aerial Fitness (AFAA)	XPERT Aerial Silks	Workshop/Seminar 15	5.0	12/31/20 www.xpertpolefitness.com
XPERT Pole & Aerial Fitness (AFAA)	XPERT Children's Pole & Aerial Teacher Training	Workshop/Seminar 15		12/31/20 www.xpertpolefitness.com
XPERT Pole & Aerial Fitness (AFAA)				
	XPERT Flexibility Flow	Workshop/Seminar 15		12/31/20 www.xpertpolefitness.com
XPERT Pole & Aerial Fitness (AFAA)	XPERT Pole Fitness Level 1 & 2	Workshop/Seminar 15		12/31/20 www.xpertpolefitness.com
XPERT Pole & Aerial Fitness (AFAA)	XPERT Pole Fitness Level 3 & 4	Workshop/Seminar 15	5.0	12/31/20 www.xpertpolefitness.com
XPERT Pole & Aerial Fitness (AFAA)	XPERT Spinning Pole Teacher Training	Workshop/Seminar 15	5.0	12/31/20 www.xpertpolefitness.com
XTEND (AFAA)	XTEND 2 Day ERT	Workshop/Seminar 14	4.0	12/31/20 www.xtendbarre.com
XTEND (AFAA)	XTEND 5 Day ERT	Workshop/Seminar 15	5.0	12/31/20 www.xtendbarre.com
Xuan Randy Zhou (AFAA)	Xuan Randy Zhou's Exercise Anatomy and Free Weight Training	Workshop/Seminar 15		12/31/20 www.cerfglobal.com
, , ,	Xuan Randy Zhou's Strength Hypertrophy Training System			12/31/20 www.cerfglobal.com
Xuan Randy Zhou (AFAA)				
YMCA of Greater Charlotte (AFAA)	2020 YMCA of Greater Charlotte Conference	Conference 15		12/31/20 ymcacharlotte.org
Yoga Athletex (AFAA)	HIIT for Sports Performance Intensive	Workshop/Seminar 11		12/31/20 www.yogaathletex.com
Yoga International (AFAA)	Yoga Anatomy Training	Workshop/Seminar 15		12/31/20 yogainternational.com/ecourse/yoga-anatomy
You Rock Fitness, LLC (AFAA)	AMPD Power Flow	Workshop/Seminar 7	7.0	12/31/20 www.ampdpowerflow.com
You Rock Fitness, LLC (AFAA)	AMPD Resistance	Workshop/Seminar 1	1.0	12/31/20 www.kettlebellampd.com
You Rock Fitness, LLC (AFAA)	AMPD Strength		6.0	12/31/20 www.ampdstrong.com
You Rock Fitness, LLC (AFAA)	Kettlebell AMPD Instructor Training		7.0	12/31/20 http://www.kettlebellAMPD.com
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Your Body is Waiting, LLC (AFAA)	The Fascianation Method of Self-Myofascial Release		4.0	12/31/20 www.thefascianator.com
Z-Health Performance Solutions (AFAA)	Essentials for Elite Performance	Workshop/Seminar 15		12/31/20 http://zhealtheducation.com/
Zibrio (AFAA)	Balance Specialist Training		3.0	12/31/20 https://onlinecourse.zibrio.com
ZPLUS (AFAA)	ZPLUS EMS CORRECTIVE EXERCISE AND ASSESSMENT LEVEL 1	Workshop/Seminar 15	5.0	12/31/20
ZPLUS (AFAA)	ZPLUS EMS CORRECTIVE EXERCISE AND ASSESSMENT LEVEL 2	Workshop/Seminar 15	5.0	12/31/20
ZUMBA (AFAA)	Aqua Zumba Instructor Training		8.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	Cue Like A Pro ELearning		3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	Fighting Elements ELearning		3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	STRONG by Zumba			12/31/20 http://www.zumba.com
ZUMBA (AFAA)	STRONG by Zumba E-Learning	,	4.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	SYNC LAB SESSION - APRIL 2020	Workshop/Seminar 3	3.0	12/31/20 www.strongbyzumba.com
ZUMBA (AFAA)	SYNC LAB SESSION - FEBRUARY 2020	Workshop/Seminar 3	3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	SYNC LAB SESSION - JANUARY 2020		3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	SYNC LAB SESSION - MARCH 2020		3.0	12/31/20 umba.com
ZUMBA (AFAA)	ZIN ACADEMY NEW YORK 2020			
		Conference 5	5.0	12/31/20 https://newyork.zumba.academy/
ZUMBA (AFAA)	ZIN ACADEMY UK 2020		5.0	12/31/20 zumba.com
ZUMBA (AFAA) ZUMBA (AFAA) ZUMBA (AFAA) ZUMBA (AFAA)		Workshop/Seminar 3	5.0 3.0 3.0	12/31/20 zwmba.com 12/31/20 www.zumba.com 12/31/20 www.zumba.com

ZUMBA (AFAA)	ZIN™ JAM SESSIONS - JANUARY 2020	Workshop/Seminar 3.0 12/31/20 www.zumba.com	
ZUMBA (AFAA)	ZIN™ JAM SESSIONS - MARCH 2020	Workshop/Seminar 3.0 12/31/20 www.zumba.com	
ZUMBA (AFAA)	Zumba Basic 1 Instructor Training	Workshop/Seminar 8.0 12/31/20 www.zumba.com	
ZUMBA (AFAA)	Zumba Gold Instructor Training	Workshop/Seminar 8.0 12/31/20 www.zumba.com	
ZUMBA (AFAA)	ZUMBA INSTRUCTOR LICENSING PROGRAM/BASIC STEPS 1	Home Study 10.0 12/31/20 www.zumba.com	
ZUMBA (AFAA)	Zumba Jump Start Gold Instructor Training	Workshop/Seminar 10.0 12/31/20 www.zumba.com	
ZUMBA (AFAA)	Zumba Jump Start Zumba-Kids & Kids Jr. Instructor	Workshop/Seminar 10.0 12/31/20 www.zumba.com	
ZUMBA (AFAA)	Zumba Kids + Kids JR. Instructor Training	Workshop/Seminar 8.0 12/31/20 www.zumba.com	
ZUMBA (AFAA)	Zumba ProSkills Instructor Training	Workshop/Seminar 8.0 12/31/20 www.zumba.com	
ZUMBA (AFAA)	Zumba Rhythms 2	Workshop/Seminar 8.0 12/31/20 www.zumba.com	
ZUMBA (AFAA)	ZUMBA RHYTHMS 3	Workshop/Seminar 8.0 12/31/20 www.zumba.com	
ZUMBA (AFAA)	Zumba Step Instructor Training	Workshop/Seminar 8.0 12/31/20 www.zumba.com	
ZUMBA (AFAA)	Zumba Toning Instructor Training	Workshop/Seminar 8.0 12/31/20 www.zumba.com	
Zumbini LLC (AFAA)	Zumbini Instructor Training Course	Workshop/Seminar 15.0 12/31/20	