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Fat Loss Specialization	Workshop/Seminar	11.0	12/31/2018
Hypertrophy Level 1	Workshop/Seminar	11.0	12/31/2018
Physique Transformation Level 1	Workshop/Seminar	7.0	12/31/2018
Autism Fitness Level I Certification	Workshop/Seminar	14.0	12/31/2018 www.autismfitness.com
The Axle Workout: Core Certification	Workshop/Seminar	8.0	12/31/2018
The Axle Workout: Full Body Certification	Workshop/Seminar	8.0	12/31/2018
The Axle Workout: Loaded Certification	Workshop/Seminar	8.0	12/31/2018
All Hands On Deck	Workshop/Seminar	3.0	12/31/2018 www.bagelfit.com
All Hands on Deck: Intro to Aqua	Workshop/Seminar	3.0	12/31/2018
splAsh: Aqua Allegro	Workshop/Seminar	3.0	12/31/2018 www.bagelfit.com
SplAsh: Cardio Combos	Workshop/Seminar	3.0	12/31/2018 www.bagelfit.com
splAsh: Dynamically Rhythmic	Workshop/Seminar	3.0	12/31/2018 www.bagelfit.com
splAsh: Toning	Workshop/Seminar	3.0	12/31/2018 www.bagelfit.com
Anatomy in Three Dimensions Instructor Training	Workshop/Seminar	15.0	12/31/2018 pilates.com
Balanced Body Barre Instructor Training, Comprehensive	Workshop/Seminar	15.0	12/31/2018 pilates.com
Balanced Body Barre Instructor Training, Fundamentals	Workshop/Seminar	8.0	12/31/2018 pilates.com
Balanced Body Movement Principles	Workshop/Seminar		12/31/2018 pilates.com
Bodhi Suspension System <sup>®</sup> Instructor Training, Comprehensive	Workshop/Seminar	15.0 15.0	12/31/2018 pilates.com
Bodhi Suspension System® Instructor Training, Fundamentals	Workshop/Seminar	8.0	12/31/2018 pilates.com
Chair and Barrels Module	Workshop/Seminar	15.0	12/31/2018 pilates.com
CoreAlign® Instructor Training 1: Foundations	Workshop/Seminar	15.0	12/31/2018 pilates.com
CoreAlign® Instructor Training 2: Progressions	Workshop/Seminar	15.0	12/31/2018 pilates.com
EXO Chair Training	Workshop/Seminar	12.0	12/31/2018 pilates.com
Mat 1 and 2 Instructor Training	Workshop/Seminar	15.0	12/31/2018 pilates.com
Mat 1 and Movement Principles Instructor Training	Workshop/Seminar	15.0	12/31/2018 pilates.com
Mat 2 Instructor Training	Workshop/Seminar	15.0	12/31/2018 pilates.com
Mat 3: Enhanced Pilates Mat & Props	Workshop/Seminar	15.0	12/31/2018 pilates.com
MOTR™ Instructor Training, Comprehensive	Workshop/Seminar	15.0	12/31/2018 pilates.com
MOTR™ Instructor Training, Fundamentals	Workshop/Seminar	8.0	12/31/2018 pilates.com
Orbit Training	Workshop/Seminar	6.0	12/31/2018 pilates.com
Pilates Arc	Workshop/Seminar	4.0	12/31/2018 pilates.com
Pilates Arc with Reformer	Workshop/Seminar	6.0	12/31/2018 pilates.com
Pilates Barrels Instructor Training	Workshop/Seminar	6.0	12/31/2018 pilates.com
Pilates Chair Instructor Training	Workshop/Seminar	14.0	12/31/2018 pilates.com
Pilates on Tour London - London 2018	Conference	15.0	12/31/2018 pilates.com
Pilates on Tour Phoenix - Phoenix 2018	Conference	15.0	12/31/2018 pilates.com
Reformer 1 and Movement Principles Instructor Training	Workshop/Seminar	15.0	12/31/2018 pilates.com
Reformer 2 Instructor Training	Workshop/Seminar	15.0	12/31/2018 pilates.com
Reformer 3 Instructor Training	Workshop/Seminar	14.0	12/31/2018 pilates.com
Ring Around the World	Workshop/Seminar	3.0	12/31/2018 pilates.com
Small Ball Magic	Workshop/Seminar		12/31/2018 pilates.com
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Trapeze Table, Chair and Barrels Instructor Training: Module 1 Trapeze Table, Chair and Barrels Instructor Training: Module 2	Workshop/Seminar Workshop/Seminar	14.0 12.0	12/31/2018 pilates.com 12/31/2018 pilates.com
Trapeze Table, Chair and Barrels Instructor Training: Module 3	Workshop/Seminar	12.0	12/31/2018 pilates.com
Trapeze Table/Cadillac/Tower Instructor Training	Workshop/Seminar	15.0	12/31/2018 pilates.com
Balanced Habits Food Coach (Self Study)	Home Study	14.0	12/31/2018 balancedhabitspartners.com
Barre Teacher Training Program	Workshop/Seminar	15.0	12/31/2018
Barre Essentials - A Training Guide On How To Be An Effective Barre Instructor	Home Study	8.0	12/31/2018 www.barrecertification.com
Barre Level 1- Fundamentals of Barre Technique	Workshop/Seminar	15.0	12/31/2018 https://barrecertification.com/
Barre Anatomy Workshop	Workshop/Seminar	10.0	12/31/2018 www.barreintensity.com
Barre Choreography Workshop 1	Workshop/Seminar	3.0	12/31/2018 www.barreintensity.com
Barre Intensity Instructor Training 1 Day	Workshop/Seminar	9.0	12/31/2018 www.barreintensity.com
Barre Intensity Instructor Training 2 day	Workshop/Seminar	13.0	12/31/2018 www.barreintensity.com
Barrenone Movement and Mobility Specialist-1	Workshop/Seminar	10.0	12/31/2018 chicagoathleticclubs.com
Barrenone Movement and Mobility Specialist-2	Workshop/Seminar	10.0	12/31/2018 chicagoathleticclubs.com

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**CIZE Instructor Training** CIZE LIVE Instructor Training CORE DE FORCE Instructor Training CORE DE EORCE LIVE Instructor Training COUNTRY HEAT Instructor Training COUNTRY HEAT LIVE Instructor Training INSANITY Instructor Training INSANITY LIVE Instructor Training P90X Instructor Training P90X LIVE Instructor Training PiYo Instructor Training PiYo LIVE Instructor Training TURBO KICK Instructor Training TURBO KICK LIVE Instructor Training BeatBoss Indoor Biking BELEDI Basic & Fusion 1 Functional Flexibility and Fascia Fitness Functional Reformer level 1 TueBar<sup>®</sup> Fitness Release Series - December 2017 Release Series - February 2018 Release Series - January 2018 Release Series - March 2018 BloomFit Body Positivity Training BloomFit Training Body Positive Fitness Workshop 2 Figure 8 Basic Instructor Bolly Active Licensed Instructor One Day Training Workshop barreless BootyBarre PLUS BootyBarre plus Flex & Flow 101 WAYS TO BOSU® 3D XTREME™ powered by BOSU® BOSU 3D XTREME: Creative Circuit Solutions BOSU Mobility & Stability For Active Aging BOSU® COMPLETE WORKOUT SYSTEM CERTIFICATION BOSU® Skills and Drills for Group Personal Training Certification BOSU® Up, Down, All Around BOSU® COMPLETE WORKOUT SYSTEM INTRO BOSU® DOUBLE UP DOUBLE DOWN BOSU® HIIT EXTREME BOSU® STRONG + STRETCHED BOSU®: Stability Ball Overhaul Fluid Fusion Powered by Hedstrom Fitness Surge Pyramid Power BOUNCE DANCE FIT Box N' Burn Academy Level 1 Certification HIRT L1 Course HIRT L2 Course HIRT L3 Course S.R.E. (Safe Return to Exercise) THUMP Boxing L1+2 Instructor Course The Ball Skills Playbook A Balanced Life Adductors Advancements in Exercise Selection Advancements in Exercise Selection 2: A Case Study Approach to Corrective Exercise Advancements in Program Design Ankle Joint **Biceps Femoris** Coracobrachialis Core Subsystems Deep Cervical Flexor Activation Deep Neck Elexors Deltoids Does Movement Impairment Precede Knee Pain and Injury? Erector Spinae Extensor Hallucis Longus (EHL) & Extensor Digitorum Longus (EDL) (and Fibularis Tertius (FT) Flexor Hallucis Longus and Flexor Digitorum Longus Functional Anatomy 1 & 2 Functional Anatomy 1: Introduction Functional Anatomy 2: Muscular Function and Upper Body Muscles Functional Anatomy 3: Lower Body and Core Muscles Gluteus Maximus Gluteus Maximus Activation Gluteus Medius Activation Hip External Rotator: Release and Lengthening Hip Flexor: Release and Lengthening Hip Internal Rotator: Release and Lengthening Hip Joint

7.0 12/31/2018 www.beachbody.com Home Study Workshop/Seminar 7.0 12/31/2018 www.beachbodylive.com Home Study 70 12/31/2018 www.beachbody.com Workshop/Seminar 7.0 12/31/2018 www.beachbodylive.com 12/31/2018 www.beachbody.com Home Study 7.0 7.0 12/31/2018 www.beachbodylive.com Workshon/Seminar Home Study 7.0 12/31/2018 www.beachbody.com 7.0 12/31/2018 www.beachbodylive.com Workshop/Seminar Home Study 7.0 12/31/2018 www.beachbody.com Workshon/Seminar 7.0 12/31/2018 www.beachbodylive.com Home Study 7.0 12/31/2018 www.beachbody.com Workshop/Seminar 7.0 12/31/2018 www.beachbodylive.com 12/31/2018 www.beachbody.com Home Study 7.0 Workshop/Seminar 7.0 12/31/2018 www.beachbodylive.com 12/31/2018 www.beatboss.rocks Workshop/Seminar 14.0 Workshop/Seminar 12.0 12/31/2018 www.belediworkout.com Workshop/Seminar 6.0 12/31/2018 www.bendertraining.com Workshop/Seminar 15.0 12/31/2018 www.bendertraining.com Workshop/Seminar 8.0 12/31/2018 Workshop/Seminar 2.0 12/31/2018 www.biomechaniks.com Workshop/Seminar 2.0 12/31/2018 www.biomechaniks.com Workshop/Seminar 2.0 12/31/2018 www.biomechaniks.com 12/31/2018 www.biomechaniks.com Workshop/Seminar 2.0 Workshop/Seminar 3.0 12/31/2018 bloomfittraining.com Workshop/Seminar 3.0 12/31/2018 bloomfittraining.com Home Study 6.0 12/31/2018 Workshop/Seminar 9.0 12/31/2018 www.bollvactive.com Workshop/Seminar 7.0 12/31/2018 Workshop/Seminar 8.0 12/31/2018 www.barreless.com Workshop/Seminar 9.0 12/31/2018 www.bootybarre.com Workshop/Seminar 15.0 12/31/2018 www.bootybarre.com Workshop/Seminar 12/31/2018 http://www.bosu.com 2.0 12/31/2018 http://www.bosu.com Workshop/Seminar 6.0 Workshop/Seminar 2.0 12/31/2018 http://www.bosu.com Workshop/Seminar 12/31/2018 http://www.bosu.com 8.0 Workshop/Seminar 8.0 12/31/2018 http://www.bosu.com Workshon/Seminar 6.0 12/31/2018 http://www.bosu.com Workshop/Seminar 2.0 12/31/2018 www.bosu.com Workshop/Seminar 2.0 12/31/2018 http://www.bosu.com Workshop/Seminar 2.0 12/31/2018 http://www.bosu.com Workshop/Seminar 2.0 12/31/2018 http://www.bosu.com Workshop/Seminar 2.0 12/31/2018 http://www.bosu.com 12/31/2018 http://Bosu.com Workshop/Seminar 2.0 2.0 12/31/2018 Workshop/Seminar Workshop/Seminar 12/31/2018 Workshop/Seminar 12/31/2018 https://www.bouncedancefit.com 7.0 12/31/2018 www.boxnburnacademy.com Workshop/Seminar Workshop/Seminar 8.0 12/31/2018 http://www.brainbodvacademv.com Workshop/Seminar 8.0 12/31/2018 http://www.brainbodyacademy.com Workshop/Seminar 8.0 12/31/2018 http://www.brainbodyacademy.com Workshon/Seminar 11.0 12/31/2018 Workshop/Seminar 15.0 12/31/2018 http://letstudio.blogspot.tw Home Study 2.0 12/31/2018 www.bb360training.com 12/31/2018 www.brickbodies.com Workshop/Seminar 1.0 12/31/2018 brentbrookbush.com/online-courses/ Home Study 2.0 12/31/2018 brentbrookbush.com/ Workshop/Seminar 15.0 12/31/2018 http://brentbrookbush.com Workshop/Seminar 16.0 Workshop/Seminar 15.0 12/31/2018 www.brookbushinstitute.com 12/31/2018 http://www.brookbushinstitute.com Home Study 3.0 Home Study 2.0 12/31/2018 brentbrookbush.com/online-courses/ Home Study 2.0 12/31/2018 brentbrookbush.com/online-courses/ Home Study 3.0 12/31/2018 brentbrookbush.com/online-courses/ Home Study 12/31/2018 http://www.brookbushinstitute.com 1.0 Home Study 2.0 12/31/2018 brentbrookbush.com/online-courses/ Home Study 2.0 12/31/2018 http://brentbrookbush.com Home Study 1.0 12/31/2018 http://brentbrookbush.com 12/31/2018 brentbrookbush.com/online-courses/ Home Study 2.0 Home Study 2.0 12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 brentbrookbush.com/online-courses/ Home Study 2.0 Workshop/Sen 15.0 12/31/2018 brentbrookbush.com/online-courses/ 3.0 12/31/2018 brentbrookbush.com/online-courses/ Home Study Home Study 3.0 12/31/2018 brentbrookbush.com/online-courses/ Home Study 3.0 12/31/2018 brentbrookbush.com/online-courses/ 2.0 12/31/2018 brentbrookbush.com/online-courses/ Home Study Workshon/Seminar 10 12/31/2018 http://www.brookbushinstitute.com Home Study 1.0 12/31/2018 http://www.brookbushinstitute.com 12/31/2018 brentbrookbush.com/online-courses/ Home Study 1.0 1.0 12/31/2018 brentbrookbush com/online-courses/ Home Study 1.0 12/31/2018 brentbrookbush.com/online-courses/ Home Study Home Study 3.0 12/31/2018 brentbrookbush.com/online-courses/

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Latissimus Dorsi	Home Study	2.0	12/31/2018 brentbrookbush.com/online-courses/
Levator Scapulae	Home Study	2.0	12/31/2018 brentbrookbush.com/online-courses/
Lower Body Goniometric Assessment	Home Study	2.0	12/31/2018 brentbrookbush.com/online-courses/
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Lumbo Pelvic Hip Complex Dysfunction (LPHCD) Exercise Selection	Home Study	3.0	12/31/2018 brentbrookbush.com/online-courses/
Muscle Cell Structure and Function	Home Study	1.0	12/31/2018 http://brentbrookbush.com
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Overhead Squat Assessment (Part 1): Signs of Dysfunction	Home Study	2.0	12/31/2018 brentbrookbush.com/online-courses/
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Overhead Squat Assessment (Part 2): Sign Clusters and Compensation Patterns	Home Study		12/31/2018 http://www.brookbushinstitute.com
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Plantar Flexor: Release and Lengthening	Home Study	1.0	12/31/2018 http://www.brookbushinstitute.com
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Scapular Muscles: Release and Lengthening	Home Study	1.0	12/31/2018 http://www.brookbushinstitute.com
Self-administered Joint Mobilizations: Lower Extremity	Home Study	2.0	12/31/2018 brentbrookbush.com/online-courses/
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Self-administered Joint Mobilizations: Upper Extremity	Home Study		
Serratus Anterior	Home Study	2.0	12/31/2018 brentbrookbush.com/online-courses/
Serratus Anterior Activation	Home Study	1.0	12/31/2018 brentbrookbush.com/online-courses/
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Shoulder Internal Rotator and Posterior Deltoid: Release and Lengthening	Home Study	1.0	12/31/2018 http://www.brookbushinstitute.com
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Sternoclavicular, Acromiocular and Scapulothoratic Joints	Home Study	3.0	12/31/2018 http://www.brookbushinstitute.com
Subscapularis	Home Study	2.0	12/31/2018 brentbrookbush.com/online-courses/
Supraspinatus	Home Study	2.0	12/31/2018 brentbrookbush.com/online-courses/
Tensor Fascia Latae	Home Study	2.0	12/31/2018 brentbrookbush.com/online-courses/
Teres Major	Home Study	2.0	12/31/2018 brentbrookbush.com/online-courses/
Tibia External Rotator: Release and Lengthening	Home Study	1.0	12/31/2018 brentbrookbush.com/online-courses/
Tibialis Anterior	Home Study	2.0	12/31/2018 brentbrookbush.com/online-courses/
Tibialis Anterior Activation	Home Study	1.0	12/31/2018 http://www.brookbushinstitute.com
Tibialis Posterior	Home Study	2.0	12/31/2018 brentbrookbush.com/online-courses/
Tibialis Posterior Activation	Home Study	1.0	12/31/2018 brentbrookbush.com/online-courses/
Transverse Abdominis Activation	Home Study	1.0	12/31/2018 brentbrookbush.com/online-courses/
Trapezius Activation	Home Study	1.0	12/31/2018 http://www.brookbushinstitute.com
Trapezius Muscle	Home Study	2.0	12/31/2018 brentbrookbush.com/online-courses/
Trapezius Muscle	Home Study	2.0	12/31/2018 http://brentbrookbush.com
Upper Body Dysfunction (UBD) Exercise Selection	Home Study	3.0	12/31/2018 brentbrookbush.com/online-courses/
Upper Body Goniometric Assessment	Home Study	2.0	
Opper Body Goniometric Assessment			
			12/31/2018 http://brentbrookbush.com
Upper Body Manual Muscle Testing (MMT)	Home Study	1.0	12/31/2018 brentbrookbush.com/online-courses/
Upper Body Manual Muscle Testing (MMT) Vastus Medialis Obliquus (VMO) and Tibial Internal Rotator Activation			
	Home Study	1.0	12/31/2018 brentbrookbush.com/online-courses/
Vastus Medialis Obliquus (VMO) and Tibial Internal Rotator Activation BDY Barre Certification	Home Study Home Study Workshop/Seminar	1.0 1.0 11.0	12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018
Vastus Medialis Obliquus (VMO) and Tibial Internal Rotator Activation BDY Barre Certification BDY Cycle Training Program	Home Study Home Study Workshop/Seminar Workshop/Seminar	1.0 1.0 11.0 9.0	12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 12/31/2018 www.browndogyoga.com
Vastus Medialis Obliquus (VMO) and Tibial Internal Rotator Activation BDY Barre Certification BDY Cycle Training Program Cooking and Coaching	Home Study Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar	1.0 1.0 11.0 9.0 9.0	12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 12/31/2018 www.browndogyoga.com 12/31/2018 bruceandmindy.com
Vastus Medialis Obliquus (VMO) and Tibial Internal Rotator Activation BDY Barre Certification BDY Cycle Training Program Cooking and Coaching Fluid Strength	Home Study Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	1.0 1.0 9.0 9.0 4.0	12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 12/31/2018 www.browndogyoga.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com
Vastus Medialis Obliquus (VMO) and Tibial Internal Rotator Activation BDY Barre Certification BDY Cycle Training Program Cooking and Coaching Fluid Strength Gliding Total Body	Home Study Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	1.0 1.0 9.0 9.0 4.0 4.0	12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com
Vastus Medialis Obliquus (VMO) and Tibial Internal Rotator Activation BDY Barre Certification BDY Cycle Training Program Cooking and Coaching Fluid Strength Gliding Total Body One Day to Wellness	Home Study Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	1.0 1.0 9.0 9.0 4.0 4.0 9.0	12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 www.browndogyoga.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com
Vastus Medialis Obliquus (VMO) and Tibial Internal Rotator Activation BDY Barre Certification BDY Cycle Training Program Cooking and Coaching Fluid Strength Gliding Total Body	Home Study Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	1.0 1.0 9.0 9.0 4.0 4.0	12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 12/31/2018 bruw.browndogyoga.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com
Vastus Medialis Obliquus (VMO) and Tibial Internal Rotator Activation BDY Barre Certification BDY Cycle Training Program Cooking and Coaching Fluid Strength Gliding Total Body One Day to Wellness	Home Study Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	1.0 1.0 9.0 9.0 4.0 4.0 9.0	12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 www.browndogyoga.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com
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Vastus Medialis Obliquus (VMO) and Tibial Internal Rotator Activation BDY Barre Certification BDY Cycle Training Program Cooking and Coaching Fluid Strength Giding Total Body One Day to Wellness BUTI Voga Certification Program CHEK Holistic Lifestyle Coach Level 1 CHEK Holistic Lifestyle Coach Level 2	Home Study Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	1.0 1.0 9.0 9.0 4.0 4.0 9.0 15.0 15.0 15.0	12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com
Vastus Medialis Obliquus (VMO) and Tibial Internal Rotator Activation BDY Barre Certification BDY Cycle Training Program Cooking and Coaching Fluid Strength Gliding Total Body One Day to Wellness BUTI Yoga Certification Program BUTI Yoga Certification Program CHEK Holistic Lifestyle Coach Level 1 CHEK Holistic Lifestyle Coach Level 2 Healing Fungal and Parasite Infections – The Absolute Essentials	Home Study Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study	1.0 1.0 9.0 9.0 4.0 4.0 9.0 15.0 15.0 15.0 7.0	12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 butyloga.com 12/31/2018 butyloga.com 12/31/2018 www.chekinstitute.com 12/31/2018 www.chekinstitute.com
Vastus Medialis Obliquus (VMO) and Tibial Internal Rotator Activation BDY Barre Certification BDY Cycle Training Program Cooking and Coaching Fluid Strength Gliding Total Body One Day to Wellness BUTI Yoga Certification Program CHEK Holistic Lifestyle Coach Level 1 CHEK Holistic Lifestyle Coach Level 2 Healing Fungal and Parasite Infections – The Absolute Essentials Primal Patter Movements: A Neurodevelopmental Approach to Conditioning	Home Study Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Home Study	1.0 1.0 9.0 9.0 4.0 4.0 9.0 15.0 15.0 15.0 7.0 5.0	12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 brentbrookbush.com/online- 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 www.chekinstitute.com 12/31/2018 www.chekinstitute.com 12/31/2018 www.chekinstitute.com 12/31/2018 www.chekinstitute.com
Vastus Medialis Obliquus (VMO) and Tibial Internal Rotator Activation BDY Barre Certification BDY Cycle Training Program Cooking and Coaching Fluid Strength Giding Total Body One Day to Wellness BUTI Voga Certification Program CHEK Holistic Lifestyle Coach Level 1 CHEK Holistic Lifestyle Coach Level 2 Healing Fungal and Parasite Infections – The Absolute Essentials Primal Pattern Movements: A Neurodevelopmental Approach to Conditioning Program Design	Home Study Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Home Study	1.0 1.0 9.0 9.0 4.0 9.0 15.0 15.0 15.0 7.0 5.0 7.0	12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 www.chekinstitute.com 12/31/2018 www.chekinstitute.com
Vastus Medialis Obliquus (VMO) and Tibial Internal Rotator Activation BDY Barre Certification BDY Cycle Training Program Cooking and Coaching Fluid Strength Gliding Total Body One Day to Wellness BUTI Yoga Certification Program CHEK Holistic Lifestyle Coach Level 1 CHEK Holistic Lifestyle Coach Level 2 Healing Fungal and Parasite Infections – The Absolute Essentials Primal Patter Movements: A Neurodevelopmental Approach to Conditioning	Home Study Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Home Study	1.0 1.0 9.0 9.0 4.0 4.0 9.0 15.0 15.0 15.0 7.0 5.0	12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 brentbrookbush.com/online- 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 www.chekinstitute.com 12/31/2018 www.chekinstitute.com 12/31/2018 www.chekinstitute.com 12/31/2018 www.chekinstitute.com
Vastus Medialis Obliquus (VMO) and Tibial Internal Rotator Activation BDY Barre Certification BDY Cycle Training Program Cooking and Coaching Fluid Strength Giding Total Body One Day to Wellness BUTI Voga Certification Program CHEK Holistic Lifestyle Coach Level 1 CHEK Holistic Lifestyle Coach Level 2 Healing Fungal and Parasite Infections – The Absolute Essentials Primal Pattern Movements: A Neurodevelopmental Approach to Conditioning Program Design	Home Study Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Home Study	1.0 1.0 9.0 9.0 4.0 9.0 15.0 15.0 15.0 7.0 5.0 7.0	12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 www.chekinstitute.com 12/31/2018 www.chekinstitute.com
Vastus Medialis Obliquus (VMO) and Tibial Internal Rotator Activation BDY Barre Certification BDY Cycle Training Program Cooking and Coaching Fluid Strength Gliding Total Body One Day to Wellness BUTI Voga Certification Program CHEK Holistic Lifestyle Coach Level 1 CHEK Holistic Lifestyle Coach Level 2 Healing Fungal and Parasite Infections – The Absolute Essentials Primal Pattern Movements: A Neurodevelopmental Approach to Conditioning Program Design Scientific Back Training 2nd Edition Correspondence Course	Home Study Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Home Study Home Study	1.0 1.0 9.0 9.0 4.0 9.0 15.0 15.0 15.0 7.0 5.0 7.0 15.0	12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 butyioga.com 12/31/2018 butyioga.com 12/31/2018 www.chekinstitute.com 12/31/2018 www.chekinstitute.com 12/31/2018 www.chekinstitute.com 12/31/2018 www.chekinstitute.com 12/31/2018 www.chekinstitute.com
Vastus Medialis Obliquus (VMO) and Tibial Internal Rotator Activation BDY Barre Certification BDY Cycle Training Program Cooking and Coaching Fluid Strength Gidling Total Body One Day to Wellness BUTI Voga Certification Program CHEK Holistic Lifestyle Coach Level 1 CHEK Holistic Lifestyle Coach Level 2 Healing Fungal and Parasite Infections – The Absolute Essentials Primal Pattern Movements: A Neurodevelopmental Approach to Conditioning Program Design Scientific Bock Training 2nd Edition Correspondence Course Scientific Shoulder Training (Home Study)	Home Study Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Home Study Home Study Home Study Home Study	1.0 1.0 9.0 4.0 9.0 15.0 15.0 7.0 5.0 7.0 15.0 15.0 15.0 15.0 15.0 15.0	12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 www.chekinstitute.com 12/31/2018 www.chekinstitute.com 12/31/2018 www.chekinstitute.com 12/31/2018 www.chekinstitute.com 12/31/2018 www.chekinstitute.com 12/31/2018 www.chekinstitute.com 12/31/2018 www.chekinstitute.com 12/31/2018 www.chekinstitute.com 12/31/2018 www.chekinstitute.com 12/31/2018 www.chekinstitute.com
Vastus Medialis Obliquus (VMO) and Tibial Internal Rotator Activation           BDY Stare Certification           BDY Cycle Training Program           Cooking and Coaching           Fluid Strength           Gliding Total Body           One Day to Wellness           BUT Vycle Carchication Program           CHEK Holistic Lifestyle Coach Level 1           CHEK Holistic Lifestyle Coach Level 2           Healing Fungal and Parasite Infections – The Absolute Essentials           Primal Pattern Movements: A Neurodevelopmental Approach to Conditioning           Program Design           Scientific Bock Training 2nd Edition Correspondence Course           Scientific Shoulder Training (Korekstop)	Home Study Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Home Study Home Study Home Study Home Study Home Study	1.0 1.0 9.0 4.0 9.0 15.0 15.0 7.0 5.0 7.0 15.0 15.0 15.0 15.0 15.0 8.0	12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruw.chekinstitute.com 12/31/2018 www.chekinstitute.com 12/31/2018 www.chekinstitute.com 12/31/2018 www.chekinstitute.com 12/31/2018 www.chekinstitute.com 12/31/2018 www.chekinstitute.com 12/31/2018 www.chekinstitute.com 12/31/2018 www.chekinstitute.com 12/31/2018 www.chekinstitute.com 12/31/2018 www.chekinstitute.com
Vastus Medialis Obliquus (VMO) and Tibial Internal Rotator Activation BDY Barre Certification BDY Cycle Training Program Cooking and Coaching Fluid Strength Gliding Total Body One Day to Wellness BUTI Yoga Certification Program CHEK Holistic Lifestyle Coach Level 1 CHEK Holistic Lifestyle Coach Level 2 Healing Fungal and Parasite Infections – The Absolute Essentials Primal Pattern Movements: A Neurodevelopmental Approach to Conditioning Program Design Scientific Boulder Training (Home Study) Scientific Shoulder Training (Workshop) Swiss Ball Training	Home Study Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study	1.0 1.0 9.0 9.0 4.0 9.0 15.0 15.0 15.0 7.0 7.0 15.0 15.0 15.0 15.0 15.0 15.0 8.0 8.0	12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 brentbrookbush.com/online-courses/ 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 bruceandmindy.com 12/31/2018 www.chekinstitute.com 12/31/2018 www.chekinstitute.com
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Flexibility Coach Locomotive Power Shoulder Dysfunction ACONDICIONAMIENTO FISICO ACONDICIONAMIENTO FISICO PARA LA OBESIDAD ASESOR NUTRIOLOGO EN FITNESS CROSS TRAINING ENTRENADOR PERSONAL ENTRENAMIENTO FUNCIONAL PARA LA SENECTUD FITNESS BARRE INDOOR CYCLING JAZZFIT KICK BOXING MASAJE DEPORTIVO PILATES RITMOS LATINOS STEP COREOGRAFICO YOGA FITNESS The Shoulder: function, injury reduction & mobility Advanced Instructor Development dotEIT Certification Health Coach Certification-Adults & Seniors Health Coach Certification-Families Health Coach Certification-Pregnancy HKC Kettlebell Certification Workshop PCC Progressive Calisthenics Certification Workshop RKC Kettlebell Certification Workshop Cardio DRUMBA Applied Health Fitness Psychology Print/Online CE Course Balance Training Print CE Course-3rd Edition With Book Facilitated Stretching Print/Online CE Course 4th Edition Fusion Workouts Kettlebell Training Print/Online CE Course Kinetic Anatomy Lifestyle Wellness Coaching, 2nd Edition Methods of Group Exercise Instruction Print/Online CE course- 3rd Edition Plyometrics Print/Online CE Course Prenatal and Postpartum Exercise Design, 4E Running Mechanics and Gait Analysis Sports Nutrition with Nancy Clark Print/Online CE Course 5th Edition Triathlon Science Print/Online CE Course Exero<sup>™</sup> System Dynamax Coach Course East Bank Club Barre Chisel Instructor Training Salsa-Reggaeton Mix Empower (Martial Fitness) Kickboxing Fitness Instructor Training Empower Self Defense Instructor Training – Phase 1 & 2 2018 EMPOWER! Fusion Rosemont, IL Beginner and Intermediate Exercise for the Lower Back Beginner and Intermediate Exercise for the Shoulder Beginner and Intermediate Exercise for the Upper Back Beginner and Intermediate Exercises for the Hip and Gluteals Beginner and Intermediate Exercises for the Neck Beginner Quadriceps Exercises for the Patellofemoral Pain Beginner Yoga for the Lower Back Intermediate Pilates for the Abdominals Anatomy of Yoga Series Certified Fitness Nutrition Specialist A Dozen Practical Exercises for Seniors Able Bodies Balance Training Age Appropriate Strength Training Athletic Body in Balance Avoiding Common Fitness Injuries Balance & Fall Prevention Balance, Mobility & Function Balance, Stability & Fall Prevention Cheap Tricks for Trainers Complete Guide to TRX® Suspension Training Comprehensive Recovery Strategies Conditioning to the Core Core Training Anatomy Core Training for Seniors Core Training: Working Hard or Hardly Working? Dynamic Balance & Mobility Exercise & the Older Shoulder Exercise to Improve Neck & Back Function Facilitated Stretching Fitness Illustrated Fitness Professionals Guide to Strength Training Older Adults, 2017 Forever Young: Secrets of the Older Mind

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	Deventul Teaching Crown Ev Escentials		3.0	12/31/2018 www.carolmurphy.com
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Fit life (AFAA)	Reebok Core Pilates	Workshop/Seminar	6.0	12/31/2018 www.carolmurphy.com
Fit life (AFAA) Fit life (AFAA)	Reebok Core Pilates Reebok Flexible Strength	Workshop/Seminar Workshop/Seminar	6.0 6.0	12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com
Fit life (AFAA) Fit life (AFAA) Fit4Health, LLC (AFAA)	Reebok Core Pilates Reebok Flexible Strength Coaching to Maximize Client Results: For Personal Trainers	Workshop/Seminar Workshop/Seminar Home Study	6.0 6.0 4.0	12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 https://getfitforhealth.thinkific.com/courses/coaching-for-personal-trainers/
Fit life (AFAA) Fit life (AFAA) FitHealth, LLC (AFAA) FIT4MOM (AFAA)	Reebok Core Pilates Reebok Flexible Strength Coaching to Maximize Client Results: For Personal Trainers Body Back	Workshop/Seminar Workshop/Seminar Home Study Home Study	6.0 6.0 4.0 4.0	12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 https://getfitforhealth.thinkific.com/courses/coaching-for-personal-trainers/ 12/31/2018
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Fit life (AFAA)         Fit life (AFAA)         FitHealth, LLC (AFAA)         FIT4MOM (AFAA)	Reebok Core Pilates Reebok Fiexible Strength Coaching to Maximize Client Results: For Personal Trainers Body Back Fit4Baby Fit4Baby FIT4MOM Experience FIT4MOM Foundations Stroller Barre StrollerStrides S Ways You're Losing Your Clients	Workshop/Seminar Workshop/Seminar Home Study Home Study Workshop/Seminar Home Study Home Study Home Study Home Study	6.0 4.0 4.0 3.0 7.0 8.0 3.0 4.0 2.0	12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 https://getfitforhealth.thinkific.com/courses/coaching-for-personal-trainers/ 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 www.fitfiknow.com
Fit life (AFAA)         Fit life (AFAA)         Fit4Health, LLC (AFAA)         FIT4MOM (AFAA)	Reebok Core Pilates Reebok Flexible Strength Coaching to Maximize Client Results: For Personal Trainers Body Back Fit4Baby FIT4MOM Experience FIT4MOM Foundations Stroller Barre StrollerStrides S Ways You're Losing Your Clients Boost Your Business with a Better Business Plan	Workshop/Seminar Workshop/Seminar Home Study Home Study Workshop/Seminar Home Study Home Study Home Study Home Study Home Study Home Study	6.0 6.0 4.0 3.0 7.0 8.0 3.0 4.0 2.0 2.0	12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 https://getfitforhealth.thinkific.com/courses/coaching-for-personal-trainers/ 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 www.fitfiknow.com 12/31/2018 www.fitfiknow.com
Fit life (AFAA)           Fit life (AFAA)           Fit life (AFAA)           FITAMOM (AFAA)	Reebok Core Pilates Reebok Flexible Strength Coaching to Maximize Client Results: For Personal Trainers Body Back Fit4Baby Fit4Baby Fit4MOM Foundations Stroller Barre Stroller Barre StrollerStrides StrollerStrides S Ways You're Losing Your Clients Boost Your Business with a Better Business Plan Expand Your Reach with Online Face to Face Training	Workshop/Seminar Workshop/Seminar Home Study Home Study Home Study Workshop/Seminar Home Study Home Study Home Study Home Study Home Study Home Study	6.0 4.0 3.0 7.0 8.0 3.0 4.0 2.0 2.0 2.0	12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 https://getfitforhealth.thinkific.com/courses/coaching-for-personal-trainers/ 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 www.fitfinow.com 12/31/2018 www.fitfinow.com 12/31/2018 https://www.fitfinow.com/
Fit life (AFAA)         Fit life (AFAA)         FitHealth, LLC (AFAA)         FIT4MOM (AFAA)	Reebok Core Pilates Reebok Fiexüble Strength Coaching to Maximize Client Results: For Personal Trainers Body Back Fit4Baby Fit4Baby Fit4MDM Foundations Stroller Barre Stroller Barre Stroller Strides 5 Ways You're Losing Your Clients Boost Your Business with a Better Business Plan Expand Your Reach with Online Face to Face Training Fit Kids for Life: Reversing Childhood Obesity	Workshop/Seminar Workshop/Seminar Home Study Home Study Workshop/Seminar Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study	6.0 4.0 3.0 7.0 8.0 3.0 4.0 2.0 2.0 2.0 2.0	12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 https://getfitforhealth.thinkific.com/courses/coaching-for-personal-trainers/ 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 www.fitfiknow.com 12/31/2018 www.fitfiknow.com 12/31/2018 www.fitfiknow.com 12/31/2018 https://www.fitfiknow.com/ 12/31/2018 https://www.fitfiknow.com/
Fit life (AFAA)         Fit life (AFAA)         FitAHealth, LLC (AFAA)         FITAMOM (AFAA)         FITIKINOW (AFAA)         FITIKINOW (AFAA)         FITIKINOW (AFAA)         FITIKINOW (AFAA)         FITIKINOW (AFAA)	Reebok Core Pilates         Reebok Flexible Strength         Coaching to Maximize Client Results: For Personal Trainers         Body Back         Fit4Baby         Fit4Baby         FIT4MOM Experience         FIT4MOM Foundations         Stroller Barre         StrollerStrides         S Ways You're Losing Your Clients         Boost Your Business with a Better Business Plan         Expand Your Reach with Online Face to Face Training         Fit Kids for Life: Reversing Childhood Obesity         Helping Your Clients Ecome Their Best!	Workshop/Seminar Workshop/Seminar Home Study Home Study Workshop/Seminar Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study	6.0 4.0 4.0 3.0 7.0 8.0 3.0 4.0 2.0 2.0 2.0 5.0	12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 https://getfitforhealth.thinkific.com/courses/coaching-for-personal-trainers/ 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 www.fitfiknow.com 12/31/2018 www.fitfiknow.com 12/31/2018 www.fitfiknow.com/ 12/31/2018 https://www.fitfiknow.com/ 12/31/2018 Movement Training Specialist Assessment Series
Fit life (AFAA)         Fit life (AFAA)         FitHealth, LLC (AFAA)         FIT4MOM (AFAA)	Reebok Core Pilates Reebok Fiexüble Strength Coaching to Maximize Client Results: For Personal Trainers Body Back Fit4Baby Fit4Baby Fit4MDM Foundations Stroller Barre Stroller Barre Stroller Strides 5 Ways You're Losing Your Clients Boost Your Business with a Better Business Plan Expand Your Reach with Online Face to Face Training Fit Kids for Life: Reversing Childhood Obesity	Workshop/Seminar Workshop/Seminar Home Study Home Study Workshop/Seminar Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study	6.0 4.0 4.0 3.0 7.0 8.0 3.0 4.0 2.0 2.0 2.0 5.0	12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 https://getfitforhealth.thinkific.com/courses/coaching-for-personal-trainers/ 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 www.fitfiknow.com 12/31/2018 www.fitfiknow.com 12/31/2018 www.fitfiknow.com 12/31/2018 https://www.fitfiknow.com/ 12/31/2018 https://www.fitfiknow.com/
Fit life (AFAA)         Fit life (AFAA)         FitAHealth, LLC (AFAA)         FITAMOM (AFAA)         FITIKINOW (AFAA)         FITIKINOW (AFAA)         FITIKINOW (AFAA)         FITIKINOW (AFAA)         FITIKINOW (AFAA)	Reebok Core Pilates         Reebok Flexible Strength         Coaching to Maximize Client Results: For Personal Trainers         Body Back         Fit4Baby         Fit4Baby         FIT4MOM Experience         FIT4MOM Foundations         Stroller Barre         StrollerStrides         S Ways You're Losing Your Clients         Boost Your Business with a Better Business Plan         Expand Your Reach with Online Face to Face Training         Fit Kids for Life: Reversing Childhood Obesity         Helping Your Clients Ecome Their Best!	Workshop/Seminar Workshop/Seminar Home Study Home Study Workshop/Seminar Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study	6.0 4.0 4.0 3.0 7.0 8.0 3.0 4.0 2.0 2.0 2.0 5.0 2.0	12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 https://getfitforhealth.thinkific.com/courses/coaching-for-personal-trainers/ 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 www.fitfiknow.com 12/31/2018 www.fitfiknow.com 12/31/2018 www.fitfiknow.com/ 12/31/2018 https://www.fitfiknow.com/ 12/31/2018 Movement Training Specialist Assessment Series
Fit life (AFAA)         Fit life (AFAA)         FitHealth, LLC (AFAA)         FIT4MOM (AFAA)         FIT4MOW (AFAA)	Reebok Core Pilates         Reebok Flexible Strength         Coaching to Maximize Client Results: For Personal Trainers         Body Back         Fit4Baby         Fit4Baby         Fit4MDM Foundations         Stroller Barre         Stroller Barre         Stroller Strides         S Ways You're Losing Your Clients         Boost Your Business with a Better Business Plan         Expand Your Reach with Online Face to Face Training         Fit Kids for Life: Reversing Childhood Obesity         Helping Your Clients Become Their Best!         Increase Your Income with Online Video Group Training         Making EVERY Client a Success: A Tool Kit for Behavior Change	Workshop/Seminar Workshop/Seminar Home Study Home Study	6.0 6.0 4.0 3.0 7.0 8.0 3.0 4.0 2.0 2.0 2.0 5.0 2.0 2.0 2.0	12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 https://getfitforhealth.thinkific.com/courses/coaching-for-personal-trainers/ 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 www.fitfiknow.com 12/31/2018 www.fitfiknow.com 12/31/2018 https://www.fitfiknow.com/ 12/31/2018 Movement Training Specialist Assessment Series 12/31/2018 www.fitfiknow.com
Fit life (AFAA)         Fit life (AFAA)         FitAlMealth, LLC (AFAA)         FITAMOM (AFAA)         FITEXNOW (AFAA)	Reebok Core Pilates         Reebok Flexible Strength         Coaching to Maximize Client Results: For Personal Trainers         Body Back         Fit4Baby         Fit4Baby         FIT4MOM Experience         FIT4MOM Foundations         Stroller Barre         Stroller Barre         StrollerStrides         S Ways You're Losing Your Clients         Boost Your Rustness with a Better Business Plan         Expand Your Reach with Online Face to Face Training         Fit Kids for Life: Reversing Childhood Obesity         Helping Your Clients Become Their Best!         Increase Your Income with Online Video Group Training         Making EVERY Client 3 Success: A Tool Kit for Behavior Change         Reinventing The Wheel: Fitness and Adapted PE for the Autism Population	Workshop/Seminar Workshop/Seminar Home Study Home Study Workshop/Seminar Home Study Home Study Workshop/Seminar	6.0 6.0 4.0 3.0 7.0 8.0 3.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 https://getfitforhealth.thinkific.com/courses/coaching-for-personal-trainers/ 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 www.fitfixnow.com 12/31/2018 www.fitfixnow.com/ 12/31/2018 www.fitfixnow.com/ 12/31/2018 Movement Training Specialist Assessment Series 12/31/2018 www.fitfixnow.com 12/31/2018 www.fitfixnow.com 12/31/2018 www.fitfixnow.com
Fit life (AFAA)           Fit life (AFAA)           Fit life (AFAA)           FIT4MOM (AFAA)	Reebok Core Pilates         Reebok Flexible Strength         Coaching to Maximize Client Results: For Personal Trainers         Body Back         Fit4Baby         Fit4Baby         Fit4MOM Foundations         Stroller Barre         StrollerStrides         Soast Your Business with a Better Business Plan         Expand Your Reach with Online Face to Face Training         Fit kids for Life: Reversing Childhood Obesity         Helping Your Clients Become Their Best!         Increase Your Income with Online Video Group Training         Making EVERY Client a Success: A Tool Kit for Behavior Change         Reinventing The Wheel: Fitness and Adapted PF Corte Autism Population         Stop the Fall BEFORE it happens: Balance & Stretch for Aging Populations	Workshop/Seminar Workshop/Seminar Home Study Home Study Workshop/Seminar Home Study Home Study	6.0 6.0 4.0 3.0 7.0 8.0 3.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 https:/getfitforhealth.thinklific.com/courses/coaching-for-personal-trainers/ 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 www.fitfixnow.com 12/31/2018 www.fitfixnow.com 12/31/2018 https://www.fitfixnow.com/ 12/31/2018 https://www.fitfixnow.com 12/31/2018 https://www.fitfixnow.com 12/31/2018 www.fitfixnow.com 12/31/2018 www.fitfixnow.com 12/31/2018 www.fitfixnow.com 12/31/2018 www.fitfixnow.com
Fit life (AFAA)         Fit life (AFAA)         FitHealth, LLC (AFAA)         FIT4MOM (AFAA)	Reebok Core Pilates         Reebok Flexible Strength         Coaching to Maximize Client Results: For Personal Trainers         Body Back         Fit4Baby         Fit4Baby         FIT4MOM Experience         FIT4MOM Foundations         Stroller Barre         Stroller Barre         Stroller Strides         S Ways You're Losing Your Clients         Boost Your Business with a Better Business Plan         Expand Your Reach with Online Face to Face Training         Fit Kids for Life: Reversing Childhood Obesity         Helping Your Clients Become Their Best!         Increase Your Income with Online Video Group Training         Making EVERY Client a Success: A Tool Kit for Behavior Change         Reinventing The Wheel: Fitness and Adapted PE for the Autism Population         Stop the Fall BEFORE it happens: Balance & Stretch for Aging Populations         Technology is Your Friend - Using Heart Rate Training to Get More out OY Your Clients	Workshop/Seminar Workshop/Seminar Home Study Home Study	6.0 6.0 4.0 4.0 7.0 8.0 3.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/2018 www.carolmurphy.com 12/31/2018 https://getfitforhealth.thinkific.com/courses/coaching-for-personal-trainers/ 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 www.fitfiknow.com 12/31/2018 www.fitfiknow.com 12/31/2018 www.fitfiknow.com/ 12/31/2018 www.fitfiknow.com/ 12/31/2018 www.fitfiknow.com 12/31/2018 www.fitfiknow.com 12/31/2018 www.fitfiknow.com 12/31/2018 www.fitfiknow.com 12/31/2018 www.fitfiknow.com
Fit life (AFAA)         Fit life (AFAA)         FITAMOM (AFAA)         FITIFINOW (AFAA)         FITFINOW (AFAA)	Reebok Core Pilates         Reebok Fiexible Strength         Coaching to Maximize Client Results: For Personal Trainers         Body Back         FitABaby         FitABaby         FITAMOM Experience         FITAMOM Foundations         StrollerStrides         StrollerStrides         Sory You're Losing Your Clients         Boott Your Business with a Better Business Plan         Expand Your Reach with Online Face to Face Training         Fit Klids for Life: Reversing Childhood Obesity         Helping Your Clients Scoroup Training         Making EVERY Client a Success: A Tool Kit for Behavior Change         Reinventing The Wheel: Fithess and Adapted PE for the Autism Population         Stop the Fall BEFORE it happens: Balance & Stretch for Aging Populations         Technology is Your Friend - Using Heart Rate Training to Get More out of Your Clients         The Midas Touch: Golden Clients in their Golden Years	Workshop/Seminar Workshop/Seminar Home Study Home Study	6.0 6.0 4.0 4.0 3.0 7.0 8.0 3.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/2018 www.carolmurphy.com 12/31/2018 https://getfitforhealth.thinklific.com/courses/coaching-for-personal-trainers/ 12/31/2018 https://getfitforhealth.thinklific.com/courses/coaching-for-personal-trainers/ 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 www.fitfixnow.com 12/31/2018 https://www.fitfixnow.com/ 12/31/2018 https://www.fitfixnow.com/ 12/31/2018 www.fitfixnow.com 12/31/2018 www.fitfixnow.com 12/31/2018 www.fitfixnow.com 12/31/2018 www.fitfixnow.com 12/31/2018 www.fitfixnow.com 12/31/2018 www.fitfixnow.com 12/31/2018 www.fitfixnow.com
Fit life (AFAA)         Fit life (AFAA)         FitHealth, LLC (AFAA)         FIT4MOM (AFAA)	Reebok Core Pilates         Reebok Flexible Strength         Coaching to Maximize Client Results: For Personal Trainers         Body Back         Fit4Baby         Fit4Baby         FIT4MOM Experience         FIT4MOM Foundations         Stroller Barre         Stroller Barre         Stroller Strides         S Ways You're Losing Your Clients         Boost Your Business with a Better Business Plan         Expand Your Reach with Online Face to Face Training         Fit Kids for Life: Reversing Childhood Obesity         Helping Your Clients Become Their Best!         Increase Your Income with Online Video Group Training         Making EVERY Client a Success: A Tool Kit for Behavior Change         Reinventing The Wheel: Fitness and Adapted PE for the Autism Population         Stop the Fall BEFORE it happens: Balance & Stretch for Aging Populations         Technology is Your Friend - Using Heart Rate Training to Get More out OY Your Clients	Workshop/Seminar Workshop/Seminar Home Study Home Study Workshop/Seminar Home Study Home Study	6.0 6.0 4.0 4.0 7.0 8.0 3.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/2018 www.carolmurphy.com 12/31/2018 https://getfitforhealth.thinkific.com/courses/coaching-for-personal-trainers/ 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 www.fitfiknow.com 12/31/2018 www.fitfiknow.com 12/31/2018 www.fitfiknow.com/ 12/31/2018 www.fitfiknow.com/ 12/31/2018 www.fitfiknow.com 12/31/2018 www.fitfiknow.com 12/31/2018 www.fitfiknow.com 12/31/2018 www.fitfiknow.com 12/31/2018 www.fitfiknow.com

FitFixNow (AFAA)	Training the Aging Heart with Safety and Confidence	Home Study	4.0	12/31/2018 www.fixitnow.com
FILFIXINUW (AFAA) FilFixNow (AFAA)	Training Towards and Away From Knee and Hip Replacement	Home Study	3.0	12/31/2018
Fitmotivation (AFAA)	Aqua Armed Forces	Workshop/Seminar	2.0	12/31/2018 www.fitmotivation.com
Fitmotivation (AFAA)		Workshop/Seminar		
	Aqua Rejuvenate		2.0	12/31/2018 www.fitmotivation.com
Fitmotivation (AFAA)	Dual Depth Pyramids	Workshop/Seminar	2.0	12/31/2018 www.fitmotivation.com
Fitmotivation (AFAA)	Noodle & Buoy Circuit	Home Study	2.0	12/31/2018 www.fitmotivation.com
Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education (AFAA)	Advanced Balance and Corrective Exercise for Actively Aging Adults	Workshop/Seminar	7.0	12/31/2018 http://www.fitnesseducationseminars.com
Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education (AFAA)	ICES Approach to Training Baby Boomers and Seniors	Workshop/Seminar	7.0	12/31/2018 www.iihfe.com
Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education (AFAA)	ICES Approach to Training Baby Boomers and Seniors-Designing Programs	Workshop/Seminar	7.0	12/31/2018 www.iihfe.com
Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education (AFAA)	Integrative Core Training For the Baby Boomers	Workshop/Seminar	7.0	12/31/2018 http://www.fitnesseducationseminars.com
Fitness Learning Systems (AFAA)	The Science of Nutrition	Home Study	5.0	12/31/2018
Fitness Mentors LLC (AFAA)	Build Your Marketing Muscle: The Free Guide to Marketing for Personal Trainers	Workshop/Seminar	5.0	12/31/2018 www.fitnessmentors.com
Fitness Mentors LLC (AFAA)	Business & Sales: The Guide to Success as a Personal Trainer	Workshop/Seminar	15.0	12/31/2018 www.fitnessmentors.com
Fitness Mentors LLC (AFAA)	Speed Performance for Athletes	Workshop/Seminar	15.0	12/31/2018 www.fitnessmentors.com
Fitness People Advancing Change (FPAC) (AFAA)	Grow Your Exercise Library			
		Workshop/Seminar	2.0	12/31/2018
Fitness Solutions (AFAA)	Core Flyte™ Coach Specialization Course	Workshop/Seminar	4.0	12/31/2018 www.flytefitness.com/pages/education
Fitness Solutions (AFAA)	Everlast F.I.T. Fundamentals: Striking Specialist Level 1	Workshop/Seminar	8.0	12/31/2018 https://www.everlast.com/fitcerts
FitnessFest Conference and Expo (AFAA)	AquaCon 2018	Conference	15.0	12/31/2018 www.fitnessfest.org
FitnessFest Conference and Expo (AFAA)	FitnessFest at TheFitExpo: Los Angeles, CA	Conference	16.0	12/31/2018
FitnessFest Conference and Expo (AFAA)	FitnessFest Conference & Expo 2018: Phoenix/Mesa, AZ	Conference	15.0	12/31/2018
FITOUR (AFAA)	Advanced Aqua Self Study	Workshop/Seminar	8.0	12/31/2018 www.fitour.com
FITOUR (AFAA)	Advanced Group Exercise Self Study	Workshop/Seminar	8.0	12/31/2018 www.fitour.com
FITOUR (AFAA)	Advanced Indoor Cycling Self Study	Workshop/Seminar	8.0	12/31/2018 www.fitour.com
FITOUR (AFAA)	Advanced Personal Training Self Study	Workshop/Seminar	8.0	12/31/2018 www.fitour.com
FITOUR (AFAA)	Advanced Pilates Self Study	Home Study	8.0	12/31/2018 www.fitour.com
FITOUR (AFAA)	Advanced Yoga Self Study	Workshop/Seminar	8.0	12/31/2018 www.fitour.com
FITOUR (AFAA)	BootCamp Self Study	Home Study	8.0	12/31/2018 www.fitour.com
FITOUR (AFAA)	Core and Functional Fitness Self Study	Workshop/Seminar	8.0	12/31/2018 www.fitour.com
FITOUR (AFAA)	Group Barbell Self Study	Home Study	8.0	12/31/2018 www.fitour.com
FITOUR (AFAA)	Group Exercise Primary Certification	Workshop/Seminar	8.0	12/31/2018 www.fitour.com
FITOUR (AFAA)	Kickboxing Self Study	Home Study	8.0	12/31/2018 www.fitour.com
FITOUR (AFAA)	Myofascial Release Self Study	Workshop/Seminar	8.0	12/31/2018 http://www.fitour.com
FITOUR (AFAA)	Pilates Reformer Level 1 Self Study	Home Study	8.0	12/31/2018 www.fitour.com
FITOUR (AFAA)	Primary Aqua Live Workshop	Workshop/Seminar	8.0	12/31/2018 www.fitour.com
FITOUR (AFAA)	Primary Aqua Self Study	Workshop/Seminar	8.0	12/31/2018 www.fitour.com
FITOUR (AFAA)	Primary Group Exercise Live Workshop	Workshop/Seminar	8.0	12/31/2018 www.fitour.com
FITOUR (AFAA)	Primary Indoor Cycling Live Workshop	Workshop/Seminar	8.0	12/31/2018 www.fitour.com
FITOUR (AFAA)	Primary Indoor Cycling Self Study	Workshop/Seminar	8.0	12/31/2018 www.fitour.com
FITOUR (AFAA)	Primary Personal Training Live Workshop	Workshop/Seminar	8.0	12/31/2018 www.fitour.com
FITOUR (AFAA)	Primary Personal Training Self Study	Workshop/Seminar	8.0	12/31/2018 www.fitour.com
FITOUR (AFAA)	Primary Pilates Live Workshop	Workshop/Seminar	8.0	12/31/2018 www.fitour.com
FITOUR (AFAA)	Primary Pilates Self Study	Workshop/Seminar	8.0	12/31/2018 www.fitour.com
FITOUR (AFAA)	Primary Yoga Self Study	Workshop/Seminar	8.0	12/31/2018 www.fitour.com
FITOUR (AFAA)	Stability Ball Self Study	Home Study	8.0	12/31/2018 www.fitour.com
FITOUR (AFAA)	Step Self Study	Home Study	8.0	12/31/2018 www.fitour.com
Focusmaster (AFAA)	Focusmaster Strike Training Workshop	Workshop/Seminar	5.0	12/31/2018 http://www.focusmaster.com
Folk Fitness (AFAA)	FFYT (Folk Fitness Yuva Trainer) Shiksha	Workshop/Seminar	15.0	12/31/2018 http://www.myfolkfitness.com/trainings/index?latlong=34.262621,-118.751214
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Follow your Hart LLC (AFAA)	F-IT: The Business of Fitness	Home Study	15.0	12/31/2018 kkhart.com
Foundation Training, LLC (AFAA)	Foundation Training Certification Course	Workshop/Seminar	15.0	12/31/2018 www.foundationtraining.com
Fox Physio LLC (AFAA)	Mastering The Initial Assessment	Workshop/Seminar	4.0	12/31/2018 foxphysio.org
Freedom Group Exercise LLC. (AFAA)	BANG Power Dance™	Workshop/Seminar	14.0	12/31/2018 www.Bangworkout.com
Freedom Group Exercise LLC. (AFAA)	Freedom Barre™	Workshop/Seminar	14.0	12/31/2018 www.Bangworkout.com
Full Out Barre (AFAA)	Full Out Barre	Workshop/Seminar	8.0	12/31/2018 www.fulloutbarre.com
Functional Aging Institute FAI (AFAA)	Anchor Point Training Certification	Home Study	8.0	12/31/2018 www.anchorpointtraining.com
Functional Aging Institute FAI (AFAA)	Anchor Point Training Certification Workshop	Workshop/Seminar	8.0	12/31/2018 www.anchorpointtraining.com
Functional Aging Institute FAI (AFAA)	Functional Aging Certificate	Home Study	5.0	12/31/2018 www.functionalaginginstitute.com
Functional Aging Institute FAI (AFAA)	Functional Aging Group Exercise Specialist Certification	Workshop/Seminar	8.0	12/31/2018 functionalaginginstitute.com
				12/31/2018 www.functionalaginginstitute.com
Functional Aging Institute FAI (AFAA)	Functional Aging Group Exercise Specialist Workshop	Workshop/Seminar	8.0	
Functional Aging Institute FAI (AFAA)	Functional Aging Specialist Certification	Home Study	10.0	12/31/2018 www.functionalaginginstitute.com
Functional Aging Institute FAI (AFAA)	Functional Aging Specialist Workshop	Workshop/Seminar	7.0	12/31/2018 www.functionalaginginstitute.com
Functional Aging Institute FAI (AFAA)	Functional Aging Summit 2018	Conference	15.0	12/31/2018
Functional Aging Institute FAI (AFAA)	Functional Core and Balance Certification	Home Study	3.0	12/31/2018 https://functionalaginginstitute.com/
Functional Aging Institute FAI (AFAA)	Open the Door to Tai Chi	Home Study	8.0	12/31/2018 www.taichisystem.com
Functional Aging Institute FAI (AFAA)	Open the Door to Tai Chi (Workshop)	Workshop/Seminar	8.0	12/31/2018 www.taichisystem.com
Functional Medicine Coaching Academy (FMCA) (AFAA)	Functional Medicine Coaching Academy Health Coaching Program	Home Study	15.0	12/31/2018 http://www.functionalmedicinecoaching.org
FUSION Tactical & Athletic Development (AFAA)	Integrated Exercise Guidelines for Fibromyalgia	Home Study		12/31/2018 https://innovativeceus.com/CourseCategory.php?id=10
	Get Pulsed			12/31/2018 https://infovativeceds.com/coursecategory.php?id=10
GET PULSED (AFAA)		Workshop/Seminar	7.0	
Girls Gone Strong (AFAA)	Pre- & Postnatal Coaching Certification	Workshop/Seminar		12/31/2018
GlideFit (AFAA)	Cardio Wave	Workshop/Seminar	8.0	12/31/2018 glidefit.com
Global Bodyweight Training, LLC (AFAA)	Animal Flow Level 1 Workshop	Workshop/Seminar		12/31/2018 www.animalflow.com
Global Bodyweight Training, LLC (AFAA)	Animal Flow Level 2 Workshop	Workshop/Seminar	9.0	12/31/2018 www.animalflow.com
GloBarre with Tanya Ortiz (AFAA)	GloBarre Essential Class	Workshop/Seminar	5.0	12/31/2018 theglobarre.com
GMP Fitness (AFAA)	ABC Fitness Training Specialist	Home Study	6.0	12/31/2018
GMP Fitness (AFAA)	Additives - Hidden Food Ingredients	Home Study		12/31/2018
GMP Fitness (AFAA)	Athletic Performance Specialist Part 1	Home Study	15.0	12/31/2018
GMP Fitness (AFAA)	Athletic Performance Specialist Part 2	Home Study		12/31/2018
GMP Fitness (AFAA)	Athletic Performance Specialist Part 3	Home Study	15.0	12/31/2018
GMP Fitness (AFAA)	Avocado - Naturally Good Fat	Home Study	6.0	12/31/2018
GMP Fitness (AFAA)	Avocados - All You Need To Know	Home Study	7.0	12/31/2018
			6.0	12/31/2018
GMP Fitness (AFAA)	Avocados - Weight Loss Benefits	Home Study	6.0	12/31/2018

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GMP Fitness (AFAA)	Back Injury Prevention Specialist	Home Study	11.0	12/31/2018
GMP Fitness (AFAA)	Balance Performance Specialist Part 1	Home Study	15.0	12/31/2018
GMP Fitness (AFAA)	Balance Performance Specialist Part 2	Home Study	15.0	12/31/2018
GMP Fitness (AFAA)	Balance Performance Specialist Part 3	Home Study	15.0	12/31/2018
GMP Fitness (AFAA)	Balance Progressions Specialist	Home Study	6.0	12/31/2018
GMP Fitness (AFAA)	Carpal Tunnel Exercise Specialist	Home Study	5.0	12/31/2018
GMP Fitness (AFAA)	Cholesterol - Atherosclerosis and Heart Disease	Home Study	9.0	12/31/2018
GMP Fitness (AFAA)	Coconut Oil - Amazing Ways To Use	Home Study	4.0	12/31/2018
GMP Fitness (AFAA)	Core Performance Specialist Part 1	Home Study	15.0	12/31/2018
GMP Fitness (AFAA)	Core Performance Specialist Part 2	Home Study	15.0	12/31/2018
GMP Fitness (AFAA)	Core Performance Specialist Part 3	Home Study	15.0	12/31/2018
GMP Fitness (AFAA)	Core Training Specialist	Home Study	6.0	12/31/2018
GMP Fitness (AFAA)	Cycling Injury Prevention Specialist	Home Study	8.0	12/31/2018
GMP Fitness (AFAA)	Diet 101 – Mediterranean and Carbs	Home Study	8.0	12/31/2018
GMP Fitness (AFAA)	Eating Plans – Healthy Diet Tips	Home Study	3.0	12/31/2018
GMP Fitness (AFAA)	Enzyme Nutrition & Wellness Specialist	Home Study	15.0	12/31/2018
GMP Fitness (AFAA)	Exercise Development Specialist	Home Study	15.0	12/31/2018
GMP Fitness (AFAA)	Fibromyalgia Health Specialist Part 1	Home Study	15.0	12/31/2018
GMP Fitness (AFAA)	Fibromyalgia Health Specialist Part 2	Home Study	15.0	12/31/2018
GMP Fitness (AFAA)	Flexibility Performance Specialist Part 1	Home Study	15.0	12/31/2018
	Flexibility Performance Specialist Part 1			
GMP Fitness (AFAA)	, ,	Home Study	15.0	12/31/2018
GMP Fitness (AFAA)	Flexibility Training Specialist	Home Study	5.0	12/31/2018
GMP Fitness (AFAA)	Golf Injury Prevention Specialist	Home Study	6.0	12/31/2018
GMP Fitness (AFAA)	Golf Wellness Specialist	Home Study	5.0	12/31/2018
GMP Fitness (AFAA)	Healing Teas - Ginger, Green and Matcha	Home Study	4.0	12/31/2018
GMP Fitness (AFAA)	Healthy Herbs – Powerful Benefits	Home Study	6.0	12/31/2018
GMP Fitness (AFAA)	Healthy Teas – Powerful Benefits	Home Study	6.0	12/31/2018
GMP Fitness (AFAA)	Holistic Success Specialist	Home Study	15.0	12/31/2018
GMP Fitness (AFAA)	Homeopathy & Sports Wellness Special	Home Study	15.0	12/31/2018
GMP Fitness (AFAA)	Inflammation – Protect Your Body	Home Study	9.0	12/31/2018
GMP Fitness (AFAA)	Knee Injury Prevention Specialist	Home Study	11.0	12/31/2018
GMP Fitness (AFAA)	Longevity Wellness Specialist	Home Study	15.0	12/31/2018
GMP Fitness (AFAA)	Lower Body Ball Specialist	Home Study		12/31/2018
			6.0	
GMP Fitness (AFAA)	Muscular Self-Therapy Performance Specialist	Home Study	15.0	12/31/2018
GMP Fitness (AFAA)	Nutrients – Powerful Health Benefits	Home Study	6.0	12/31/2018
GMP Fitness (AFAA)	Posture Analysis Specialist	Home Study	6.0	12/31/2018
GMP Fitness (AFAA)	Posture Performance Specialist Part 1	Home Study	15.0	12/31/2018
GMP Fitness (AFAA)	Posture Performance Specialist Part 2	Home Study	15.0	12/31/2018
GMP Fitness (AFAA)	Posture Performance Specialist Part 2	Home Study	15.0	12/31/2018
GMP Fitness (AFAA)	Posture Performance Specialist Part 3	Home Study	15.0	12/31/2018
GMP Fitness (AFAA)	Running Injury Prevention Specialist	Home Study	8.0	12/31/2018
GMP Fitness (AFAA)	Spinal Health Specialist	Home Study	6.0	12/31/2018
GMP Fitness (AFAA)	Sugar – What's In Your Food	Home Study	3.0	12/31/2018
GMP Fitness (AFAA)	Tart Cherries – Antioxidant Super Fruit	Home Study	8.0	12/31/2018
GMP Fitness (AFAA)	Thrive Biz - Team Inspiration	Home Study	8.0	12/31/2018
GMP Fitness (AFAA)	Triathlon Injury Prevention Specialist	Home Study	12.0	12/31/2018
GMP Fitness (AFAA)	Triathlon Performance Specialist Part 1			12/31/2018
		Home Study	15.0	
GMP Fitness (AFAA)	Triathlon Performance Specialist Part 2	Home Study	15.0	12/31/2018
GMP Fitness (AFAA)	Turmeric – Super Healing Spice	Home Study	9.0	12/31/2018
GMP Fitness (AFAA)	Vital Signs – Blood Pressure and Pulse	Home Study	8.0	12/31/2018
GMP Fitness (AFAA)	Vitamin D – Immune System Booster	Home Study	3.0	12/31/2018
GMP Fitness (AFAA)	Weight Loss – Healthy Calorie Intake	Home Study	3.0	12/31/2018
Gray Institute (AFAA)	3D Movement Analysis & Performance System (3DMAPS) Home Study	Home Study	10.0	12/31/2018 www.grayinstitute.com
Gray Institute (AFAA)	Anterior Chain Reaction	Workshop/Seminar	2.0	12/31/2018
Gray Institute (AFAA)	Certification in Applied Functional Science	Home Study	15.0	12/31/2018 www.grayinstitute.com
Gray Institute (AFAA)	Female Chain Reaction	Workshop/Seminar	14.0	12/31/2018 https://www.grayinstitute.com/
HIIT Fitness (AFAA)	Create a Marketing Plan For Your Business	Home Study	1.0	12/31/2018
HIIT Fitness (AFAA)	Muscular Adaptations and Goal Specific Programming	Home Study	2.0	12/31/2018
			15.0	12/31/2018 www.hothiit.com
HOT HIIT (AFAA)	HOT HIIT Teacher Training	Workshop/Seminar	15.0 15.0	12/31/2018 www.hothiit.com 12/31/2018 www.hotvogaptos.com
HOT HIIT (AFAA) Hot Yoga Aptos (AFAA)	HOT HIIT Teacher Training Hot Pilates Teacher Training	Workshop/Seminar Workshop/Seminar	15.0	12/31/2018 www.hotyogaptos.com
HOT HIIT (AFAA) Hot Yoga Aptos (AFAA) House of Payne Personal Training (AFAA)	HOT HIIT Teacher Training Hot Pilates Teacher Training Launching Your Personal Training Business	Workshop/Seminar Workshop/Seminar Workshop/Seminar	15.0 15.0	12/31/2018 www.hotyogaptos.com 12/31/2018 www.trainwithpayne.com
HOT HIIT (AFAA) Hot Yoga Aptos (AFAA) House of Payne Personal Training (AFAA) Hyperice (AFAA)	HOT HIIT Teacher Training Hot Pilates Teacher Training Launching Your Personal Training Business Hyperice Vibration Technology + SMR Course: Level 1	Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study	15.0 15.0 2.0	12/31/2018 www.hotyogaptos.com 12/31/2018 www.trainwithpayne.com 12/31/2018 hyperice.com
HOT HIIT (AFAA) Hot Yoga Aptos (AFAA) House of Payne Personal Training (AFAA) Hyperice (AFAA) Hyperwear (AFAA)	HOT HIIT Teacher Training Hot Pilates Teacher Training Launching Your Personal Training Business Hyperice Vibration Technology + SMR Course: Level 1 SandBell® Level 1 Training	Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar	15.0 15.0 2.0 4.0	12/31/2018 www.hotyogaptos.com 12/31/2018 www.trainwithpayne.com 12/31/2018 hyperice.com 12/31/2018 hyperice.com
HOT HIIT (AFAA) Hot Yoga Aptos (AFAA) House of Payne Personal Training (AFAA) Hyperice (AFAA) Hypericear (AFAA) IDEA Health & Fitness (AFAA)	HOT HIIT Teacher Training Hot Pilates Teacher Training Launching Your Personal Training Business Hyperice Vibration Technology + SMR Course: Level 1 SandBell* Level 1 Training 10 New BIG Things in Small-Group Training	Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study	15.0 15.0 2.0 4.0 2.0	12/31/2018 www.hotyogaptos.com 12/31/2018 www.trainwithpayne.com 12/31/2018 hyperice.com 12/31/2018 www.hoperwear.com 12/31/2018 WWW.IDEAFIT.COM
HOT HIIT (AFAA) Hot Yoga Aptos (AFAA) House of Payne Personal Training (AFAA) Hyperice (AFAA) Hyperwear (AFAA) IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	HOT HIIT Teacher Training Hot Pilates Teacher Training Launching Your Personal Training Business Hyperice Vibration Technology + SMR Course: Level 1 SandBell® Level 1 Training 10 New BIG Things in Small-Group Training 2018 IDEA® Personal Trainer Institute - East	Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Conference	15.0 15.0 2.0 4.0 2.0 15.0	12/31/2018 www.hotyogaptos.com 12/31/2018 www.trainwithpayne.com 12/31/2018 hyperice.com 12/31/2018 www.hyperwear.com 12/31/2018 WWW.IDEAFIT.COM 12/31/2018
HOT HIIT (AFAA) Hot Yoga Aptos (AFAA) House of Payne Personal Training (AFAA) Hyperice (AFAA) Hyperwear (AFAA) IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	HOT HIIT Teacher Training Hot Pilates Teacher Training Launching Your Personal Training Business Hyperice Vibration Technology + SMR Course: Level 1 SandBell* Level 1 Training 10 New BIG Things in Small-Group Training	Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study	15.0 15.0 2.0 4.0 2.0 15.0	12/31/2018 www.hotyogaptos.com 12/31/2018 www.trainwithpayne.com 12/31/2018 hyperice.com 12/31/2018 www.hyperwear.com 12/31/2018 WWW.IDEAFIT.COM 12/31/2018 WWW.IDEAFIT.COM 12/31/2018
HOT HIIT (AFAA) Hot Yoga Aptos (AFAA) House of Payne Personal Training (AFAA) Hyperwear (AFAA) IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	HOT HIIT Teacher Training Hot Pilates Teacher Training Launching Your Personal Training Business Hyperice Vibration Technology + SMR Course: Level 1 SandBell® Level 1 Training 10 New BIG Things in Small-Group Training 2018 IDEA® Personal Trainer Institute - East	Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Conference	15.0 15.0 2.0 4.0 2.0 15.0	12/31/2018 www.hotyogaptos.com 12/31/2018 www.trainwithpayne.com 12/31/2018 hyperice.com 12/31/2018 www.hyperwear.com 12/31/2018 www.iDEAFIT.COM 12/31/2018 12/31/2018 12/31/2018 www.ideafit.com
HOT HIIT (AFAA) Hot Yoga Aptos (AFAA) House of Payne Personal Training (AFAA) Hyperice (AFAA) Hyperwear (AFAA) IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	HOT HIIT Teacher Training Hot Pilates Teacher Training Launching Your Personal Training Business Hyperice Vibration Technology + SMR Course: Level 1 SandBell* Level 1 Training 10 New BIG Things in Small-Group Training 2018 IDEA* Personal Trainer Institute - East 2018 IDEA* Personal Trainer Institute - South	Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Conference Conference	15.0 15.0 2.0 4.0 2.0 15.0 15.0	12/31/2018 www.hotyogaptos.com 12/31/2018 www.trainwithpayne.com 12/31/2018 Wyw.hyperice.com 12/31/2018 Www.hyperwear.com 12/31/2018 WWW.iDEAFIT.COM 12/31/2018 WWw.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com
HOT HIIT (AFAA) Hot Yoga Aptos (AFAA) House of Payne Personal Training (AFAA) Hyperwear (AFAA) IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	HOT HIIT Teacher Training HOP Hilates Teacher Training Launching Your Personal Training Business Hyperice Vibration Technology + SMR Course: Level 1 SandBell® Level 1 Training 10 New BIG Things in Small-Group Training 2018 IDEA® Personal Trainer Institute - East 2018 IDEA® Personal Trainer Institute - South A Different Look at Core Training: The Backside	Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Conference Conference Home Study	15.0 15.0 2.0 4.0 2.0 15.0 15.0 2.0	12/31/2018 www.hotyogaptos.com 12/31/2018 www.trainwithpayne.com 12/31/2018 hyperice.com 12/31/2018 www.hyperwear.com 12/31/2018 www.iDEAFIT.COM 12/31/2018 12/31/2018 12/31/2018
HOT HIIT (AFAA) Hot Yoga Aptos (AFAA) House of Payne Personal Training (AFAA) Hyperice (AFAA) Hyperwear (AFAA) IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	HOT HIIT Teacher Training Hot Pilates Teacher Training Launching Your Personal Training Business Hyperice Vibration Technology + SMR Course: Level 1 SandBell® Level 1 Training 10 New BIG Things in Small-Group Training 2018 IDEA® Personal Trainer Institute - East 2018 IDEA® Personal Trainer Institute - South A Different Look at Core Training: The Backside Abdominal and Core for the Aging Spine	Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Conference Home Study Home Study	15.0 15.0 2.0 4.0 2.0 15.0 15.0 2.0 2.0	12/31/2018 www.hotyogaptos.com 12/31/2018 www.trainwithpayne.com 12/31/2018 Www.trainwithpayne.com 12/31/2018 www.hyperwear.com 12/31/2018 WWW.iDEAFIT.COM 12/31/2018 WWw.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com
HOT HIIT (AFAA) Hot Yoga Aptos (AFAA) House of Payne Personal Training (AFAA) Hyperice (AFAA) Hypervear (AFAA) IDEA Health & Fitness (AFAA)	HOT HIIT Teacher Training HOP Filates Teacher Training Launching Your Personal Training Business Hyperice Vibration Technology + SMR Course: Level 1 SandBell* Level 1 Training 10 New BIG Things in Snall-Group Training 2018 IDEA* Personal Trainer Institute - East 2018 IDEA* Personal Trainer Institute - East 2018 IDEA* Personal Trainer Institute - South A Different Look at Core Training: The Backside Abdominal and Core for the Aging Spine ACE IFT* - Integrated Fitness Training*	Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Conference Conference Home Study Home Study Home Study	15.0 15.0 2.0 4.0 15.0 15.0 2.0 2.0 2.0	12/31/2018 www.hotyogaptos.com 12/31/2018 www.trainwithpayne.com 12/31/2018 www.tryperwear.com 12/31/2018 www.hyperwear.com 12/31/2018 WWW.IDEAFIT.COM 12/31/2018 WWW.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com
HOT HIIT (AFAA) Hot Yoga Aptos (AFAA) House of Payne Personal Training (AFAA) Hyperice (AFAA) Hypervear (AFAA) IDEA Health & Fitness (AFAA)	HOT HIIT Teacher Training Hot Pilates Teacher Training Launching Your Personal Training Business Hyperice Vibration Technology + SMR Course: Level 1 SandBell* Level 1 Training 10 New BIG Tringis in Small-Group Training 2018 IDEA* Personal Trainer Institute - East 2018 IDEA* Personal Trainer Institute - South A Different Look at Core Training: The Backside Abdominal and Core for the Aging Spine ACE IFT* - Integrated Fitness Training* ACE IFT*- Integrated Fitness Training* ACE Kercise Is Medicine (EIM)-From Doctor to Trainer to Client Success!	Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Conference Home Study Home Study Home Study Home Study Home Study Home Study	15.0 15.0 2.0 2.0 15.0 15.0 2.0 2.0 2.0 2.0 2.0 2.0	12/31/2018 www.hotyogaptos.com 12/31/2018 www.trainwithpayne.com 12/31/2018 Www.thyperice.com 12/31/2018 Www.hyperwear.com 12/31/2018 WWW.IDEAFIT.COM 12/31/2018 WWW.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com
HOT HIIT (AFAA) Hot Yoga Aptos (AFAA) House of Payne Personal Training (AFAA) Hyperice (AFAA) Hyperywear (AFAA) IDEA Health & Fitness (AFAA)	HOT HIIT Teacher Training Hot Pilates Teacher Training Launching Your Personal Training Business Hyperice Vibration Technology + SMR Course: Level 1 SandBell® Level 1 Training 10 New BIG Things in Small-Group Training 2018 IDEA® Personal Trainer Institute - East 2018 IDEA® Personal Trainer Institute - East 2018 IDEA® Personal Trainer Institute - South A Different Look at Core Training: The Backside Abdominal and Core for the Aging Spine ACE IFT® - Integrated Fitness Training® ACE IFT®-Training Strategies for Clients with Chronic Conditions ACSM: Exercise Is Medicine (EM)–From Doctor to Trainer to Client Success! Active Resistance Training® Total Body Mat Practice	Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Conference Conference Home Study Home Study Home Study Home Study Home Study Home Study	15.0 15.0 2.0 4.0 2.0 15.0 15.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0	12/31/2018 www.hotyogaptos.com 12/31/2018 www.trainwithpayne.com 12/31/2018 www.tryperwear.com 12/31/2018 www.ihyperwear.com 12/31/2018 WWW.IDEAFIT.COM 12/31/2018 WWW.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com
HOT HIIT (AFAA) Hot Yoga Aptos (AFAA) House of Payne Personal Training (AFAA) Hyperice (AFAA) Hyperice (AFAA) IDEA Health & Fitness (AFAA)	HOT HIIT Teacher Training Hot Pilates Teacher Training Launching Your Personal Training Business Hyperice Vibration Technology + SMR Course: Level 1 SandBell* Level 1 Training 10 New BIG Things in Small-Group Training 2018 IDEA* Personal Trainer Institute - East 2018 IDEA* Personal Trainer Institute - East 2018 IDEA* Personal Trainer Institute - South A Different Look at Core Training: The Backside Abdominal and Core for the Aging Spine ACE IFT* - Integrated Fitness Training* ACE IFT* - Integrated Fitness Training ACK IFT*- Integrated Fitness Training ACK Exercise Is Medicine (EIM)From Doctor to Trainer to Client Success! Active Resistance Training *Total Body Mat Practice Advanced Corrective Exercise	Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study	15.0 15.0 2.0 4.0 2.0 15.0 15.0 2.0 2.0 2.0 2.0 2.0 2.0 3.0	12/31/2018 www.hotyogaptos.com 12/31/2018 www.trainwithpayne.com 12/31/2018 www.trypervear.com 12/31/2018 www.ivpgervear.com 12/31/2018 www.ivpgervear.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com
HOT HIIT (AFAA) Hot Yoga Aptos (AFAA) House of Payne Personal Training (AFAA) Hyperice (AFAA) Hyperwear (AFAA) IDEA Health & Fitness (AFAA)	HOT HIIT Teacher Training Hot Pilates Teacher Training Launching Your Personal Training Business Hyperice Vibration Technology + SMR Course: Level 1 SandBell* Level 1 Training 10 New BIG Things in Small-Group Training 2018 IDEA* Personal Trainer Institute - East 2018 IDEA* Personal Trainer Institute - South A Different Look at Core Training: The Backside Abdominal and Core for the Aging Spine ACE IFT* - Integrated Fitness Training* ACE IFT* - Integrated Fitness Training*	Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Conference Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study	15.0 15.0 2.0 4.0 2.0 15.0 2.0 2.0 2.0 2.0 2.0 2.0 3.0 2.0	12/31/2018 www.hotyogaptos.com 12/31/2018 www.trainwithpayne.com 12/31/2018 www.tryperice.com 12/31/2018 www.hyperewar.com 12/31/2018 WWW.IDEAFT.COM 12/31/2018 WWW.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com
HOT HIIT (AFAA) Hot Yoga Aptos (AFAA) Hoyeo fa Payne Personal Training (AFAA) Hyperice (AFAA) Hyperwear (AFAA) IDEA Health & Fitness (AFAA)	HOT HIIT Teacher Training Hot Pilates Teacher Training Launching Your Personal Training Business Hyperice Vibration Technology + SMR Course: Level 1 SandBell® Level 1 Training 10 New BIG Things in Small-Group Training 2018 IDEA® Personal Trainer Institute - East 2018 IDEA® Personal Trainer Institute - East 2018 IDEA® Personal Trainer Institute - South A Different Look at Core Training: The Backside Abdominal and Core for the Aging Spine ACE IFT® - Integrated Fitness Training® ACE IFT® - Integrated Fitness Training® ACE IFT® - Training Strategies for Clients with Chronic Conditions ACSM: Exercise Is Medicine (EM)—From Doctor to Trainer to Client Success! Active Resistance Training® Total Body Mat Practice Advanced Corrective Exercise Aging Strong American Council on Exercise (ACE): Small-Group Training Workshop	Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Conference Conference Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study	15.0 15.0 2.0 4.0 2.0 15.0 2.0 2.0 2.0 2.0 2.0 2.0 3.0 2.0 5.0	12/31/2018 www.hotyogaptos.com 12/31/2018 www.trainwithpayne.com 12/31/2018 www.tryperwear.com 12/31/2018 WWW.ibyerwear.com 12/31/2018 WWW.ibgAFIT.COM 12/31/2018 WWW.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com
HOT HIIT (AFAA) Hot Yoga Aptos (AFAA) House of Payne Personal Training (AFAA) Hyperice (AFAA) Hyperice (AFAA) Hypervear (AFAA) IDEA Health & Fitness (AFAA)	HOT HIIT Teacher Training Hot Pilates Teacher Training Launching Your Personal Training Business Hyperice Vibration Technology + SMR Course: Level 1 SandBell® Level 1 Training 10 New BIG Things in Small-Group Training 2018 IDEA® Personal Trainer Institute - East 2018 IDEA® Personal Trainer Institute - East 2018 IDEA® Personal Trainer Institute - South A Different Look at Core Training: The Backside Abdominal and Core for the Aging Spine ACE IFT® - Integrated Fitness Training* ACE IFT® - Integrated Fitness Training* ACK IFT® - Integrated Fitness Training* ACK IFT® - Integrated Fitness Training* ACK IFT® - Integrated Fitness Training* Active Resistance Training* Total Body Mat Practice Advanced Corrective Exercise Aging Strong American Council on Exercise (ACE): Small-Group Training Workshop An Introduction to Holisti Nutrition	Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Conference Conference Home Study Home Study	15.0 15.0 2.0 4.0 2.0 15.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 3.0 2.0 5.0 2.0	12/31/2018 www.hotyogaptos.com 12/31/2018 www.trainwithpayne.com 12/31/2018 hyperice.com 12/31/2018 www.hyperwear.com 12/31/2018 www.iberfit.COM 12/31/2018 www.iberfit.com
HOT HIIT (AFAA) Hot Yoga Aptos (AFAA) House of Payne Personal Training (AFAA) Hyperice (AFAA) Hyperivear (AFAA) IDEA Health & Fitness (AFAA)	HOT HIIT Teacher Training Hot Pilates Teacher Training Launching Your Personal Training Business Hyperice Vibration Technology + SMR Course: Level 1 SandBell* Level 1 Training 10 New BIG Things in Small-Group Training 2018 IDEA* Personal Trainer Institute - East 2018 IDEA* Personal Trainer Institute - South A Different Look at Core Training: The Backside Abdominal and Core for the Aging Spine ACE IFT* - Integrated Fitness Training* ACE IFT* - Integrated Fitness Training* ACE IFT* - Integrated Fitness Training* ACE IFT* - Integrated Fitness Training* ACSM: Exercise Is Medicine (EIM)From Doctor to Trainer to Client Success! Active Resistance Training* Total Body Mat Practice Advanced Corrective Exercise Aging Strong American Council on Exercise (ACE): Small-Group Training Workshop An Introduction to Holistic Nutrition Anatomy in Three Dimensions**: Common Knee Problems and Solutions	Workshop/Seminar Workshop/Seminar Home Study Conference Home Study Conference Home Study Home Study	15.0 15.0 2.0 4.0 2.0 15.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 3.0 2.0 3.0 2.0 3.0 2.0 1.0	12/31/2018 www.hotyogaptos.com 12/31/2018 www.hotyogaptos.com 12/31/2018 Www.hyperice.com 12/31/2018 WWW.IDEAFTI.COM 12/31/2018 WWW.IDEAFTI.COM
HOT HIIT (AFAA) Hot Yoga Aptos (AFAA) House of Payne Personal Training (AFAA) Hyperwear (AFAA) Hyperwear (AFAA) IDEA Health & Fitness (AFAA)	HOT HIIT Teacher Training Hot Pilates Teacher Training Launching Your Personal Training Business Hyperice Vibration Technology + SMR Course: Level 1 SandBell* Level 1 Training 10 New BIG Things in Small-Group Training 2018 IDEA* Personal Trainer Institute - East 2018 IDEA* Personal Trainer Institute - East 2018 IDEA* Personal Trainer Institute - East 2018 IDEA* Personal Trainer Institute - South A Different Look at Core Training: The Backside Abdominal and Core for the Aging Spine ACE IFT* - Integrated Fitness Training* ACE IFT*- Integrated Fitness Training ACE IFT*- Integrated Fitness Training ACE IFT*- Training Strategies for Clients with Chronic Conditions ACSM: Exercise Is Medicine (EIM)-From Doctor to Trainer to Client Success! Active Resistance Training* Total Body Mat Practice Advanced Corrective Exercise Aging Strong American Council on Exercise (ACE): Small-Group Training Workshop An Introduction to Holistic Nutrition Anatomy in Three Dimensions**: The Shoulder	Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Conference Conference Home Study Home Study	15.0 15.0 2.0 4.0 15.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 3.0 2.0 5.0 2.0 1.0 2.0	12/31/2018 www.hotyogaptos.com 12/31/2018 www.trainwithpayne.com 12/31/2018 www.trainwithpayne.com 12/31/2018 www.ityperwear.com 12/31/2018 WWW.IDEAFIT.COM 12/31/2018 www.ideafit.com
HOT HIIT (AFAA) Hot Yoga Aptos (AFAA) House of Payne Personal Training (AFAA) Hyperice (AFAA) Hyperice (AFAA) Hypervear (AFAA) IDEA Health & Fitness (AFAA)	HOT HIIT Teacher Training Hot Pilates Teacher Training Launching Your Personal Training Business Hyperice Vibration Technology + SMR Course: Level 1 SandBell® Level 1 Training 10 New BIG Things in Small-Group Training 2018 IDEA® Personal Trainer Institute - East 2018 IDEA® Dersonal Trainer Institute - East 2018 IDEA® Tersonal Trainer Institute - East 2018 IDEA® Dersonal Trainer Institute - South A Different Look at Core Training: The Backside Abdominal and Core for the Aging Spine ACE IFT® - Integrated Fitness Training® ACE IFT® - Integrated Fitness Training® ACE IFT® - Integrated Fitness Training® ACE IFT® - Integrated Fitness Training® Advanced Corrective Exercise Aging Strong American Council on Exercise (ACE): Small-Group Training Workshop An Introduction to Holisti Nutrition Anatomy in Three Dimensions®": Common Knee Problems and Solutions Anatomy in Three Dimensions": The Shoulder Anatomy of a Fitness Business	Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Conference Conference Home Study Home Study	15.0 15.0 2.0 4.0 15.0 15.0 2.0 2.0 2.0 2.0 2.0 2.0 3.0 2.0 5.0 2.0 1.0 2.0 2.0	12/31/2018 www.hotyogaptos.com 12/31/2018 www.trainwithpayne.com 12/31/2018 www.tpgreeca.com 12/31/2018 www.hoperwar.com 12/31/2018 WWW.IDEAFT.COM 12/31/2018 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com
HOT HIIT (AFAA) Hot Yoga Aptos (AFAA) House of Payne Personal Training (AFAA) Hyperwear (AFAA) Hyperwear (AFAA) IDEA Health & Fitness (AFAA)	HOT HIIT Teacher Training Hot Pilates Teacher Training Launching Your Personal Training Business Hyperice Vibration Technology + SMR Course: Level 1 SandBell* Level 1 Training 10 New BIG Things in Small-Group Training 2018 IDEA* Personal Trainer Institute - East 2018 IDEA* Personal Trainer Institute - East 2018 IDEA* Personal Trainer Institute - East 2018 IDEA* Personal Trainer Institute - South A Different Look at Core Training: The Backside Abdominal and Core for the Aging Spine ACE IFT* - Integrated Fitness Training* ACE IFT*- Integrated Fitness Training ACE IFT*- Integrated Fitness Training ACE IFT*- Training Strategies for Clients with Chronic Conditions ACSM: Exercise Is Medicine (EIM)-From Doctor to Trainer to Client Success! Active Resistance Training* Total Body Mat Practice Advanced Corrective Exercise Aging Strong American Council on Exercise (ACE): Small-Group Training Workshop An Introduction to Holistic Nutrition Anatomy in Three Dimensions**: The Shoulder	Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Conference Conference Home Study Home Study	15.0 15.0 2.0 4.0 15.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 3.0 2.0 5.0 2.0 1.0 2.0	12/31/2018 www.hotyogaptos.com 12/31/2018 www.trainwithpayne.com 12/31/2018 www.trainwithpayne.com 12/31/2018 www.ityperwear.com 12/31/2018 WWW.IDEAFIT.COM 12/31/2018 www.ideafit.com

IDEA Health & Fitness (AFAA)	April 2015 IDEA Fitness Journal Quiz 4: Reducing Risk Factors for Heart Disease	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and the Effects of Weight Training	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2016 IDEA Fitness Journal Quiz 2: Prepare for Summer Water Sports, and Use Hand Portioning	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2016 IDEA Fitness Journal Quiz 3: How the Exercise Gene Affects Workout Programs	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and The Physiology of Fatigue	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2017 IDEA Fitness Journal Quiz 2: The Benefits of Good Posture, and Pilates for Recreational A	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2017 IDEA Fitness Journal Quiz 3: Survival of the Fittest	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2017 IDEA Fitness Journal Quiz 4: Practical Applications for Sprint Interval Training	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Are You Hungry or Stressed?	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Assessment and Corrective Exercise Strategies for Improved Shoulder Function	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Baby Boomers-The Truth About Stretching!	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Back to Basics With Anatomy	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Balanced Body™: Pilates Smart Core Challenge	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Balancing Hormones for Optimal Weight Loss	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Balancing Hormones through Nutrition	Home Study	2.0	12/31/2018 www.ideafit.com
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IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	Become a World Class CoachTop Seven Must Do's to Create Success and Significance Beyond Randomness: Exercise Selection Based on Movement Screening	Home Study Home Study	2.0	12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com
	· · ·		2.0	
IDEA Health & Fitness (AFAA)	Blast Your Abs, Glutes and Core – A Big HIIT With Your Clients	Home Study		12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Can Technology Be Harnessed to Inspire Lasting Behavior Change?	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Carbohydrates-Their Role in Body Composition, Weight Management and Performance	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Cardio-Strength Circuits for Fun and Function!	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Caving to the Craving: The New Science of Food Addiction and RecoveryWith a Twist	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Communicating With Your Female Clients for Breakthrough Results	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Complete Program Design for the Obese/Overweight Client	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Core 3x3	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Core Conditioning Combos	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Core Connections: Progression Strategies to Enhance Core Function	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Corrective Exercise for Shoulder Impairments	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Creating Boot Camps for Zoomers	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Creating Emotionally Charged Exercise Experiences	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Creative CircuitsFive Steps to Better Program Design	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Cue Movement and Exercise With Abdominal Anatomy, by NFPT	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Cue Movement and Exercise With Hip Anatomy, by NFPT	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Designing a Self-Myofascial Release Program	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Eat to Win-Enhance Performance and Promote Recovery Extreme Equipment-LESS Boot Camp	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)		Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Fat-Loss Programming for Your Female Clients	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	February 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Key Terminology and Study	Home Study	1.0	12/31/2018 http://www.ideafit.com
IDEA Health & Fitness (AFAA)	February 2016 IDEA Fitness Journal Quiz 2: Boosting the Daily Activity of Office Workers	Home Study	1.0	12/31/2018 http://www.ideafit.com
IDEA Health & Fitness (AFAA)	February 2016 IDEA Fitness Journal Quiz 3: Nutrition News, and Navigating Health Claims on Food Labe	Home Study	1.0	12/31/2018 http://www.ideafit.com
IDEA Health & Fitness (AFAA)	February 2016 IDEA Fitness Journal Quiz 4: Powerful Health Benefits of Physical Activity	Home Study	1.0	12/31/2018 http://www.ideafit.com
IDEA Health & Fitness (AFAA)	February 2016 IDEA Fitness Journal Quiz 5: Understanding Pain	Home Study	1.0	12/31/2018 http://www.ideafit.com
IDEA Health & Fitness (AFAA)	February 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Preserving Youth with Physic	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	February 2017 IDEA Fitness Journal Quiz 2: Increase Strength With Rowing Machine Exercises, and Rech	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	February 2017 IDEA Fitness Journal Quiz 3: Nutrition News, and Changing Attitudes Toward Food	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	February 2017 IDEA Fitness Journal Quiz 4: Help Clients Find Joy in Movement	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	February 2017 IDEA Fitness Journal Quiz 5: Common Running Injury Recovery and Prevention	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	February 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/2018
IDEA Health & Fitness (AFAA)	February 2018 IDEA Fitness Journal Quiz 2: Tips for Resistance Training with Youth, and Combined Tra	Home Study	1.0	12/31/2018
IDEA Health & Fitness (AFAA)	February 2018 IDEA Fitness Journal Quiz 3: Risks of Functional Training	Home Study	1.0	12/31/2018
IDEA Health & Fitness (AFAA)	February 2018 IDEA Fitness Journal Quiz 4: Body Image in the Fitness Industry	Home Study	1.0	12/31/2018
IDEA Health & Fitness (AFAA)	Fit for Two—Pre- and Postnatal Training	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Food for Thought: Brain, Gut, Microbes, Diet	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	From Neck to KneesMore Than Just Core!	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	Functional Balance for the Active Aging Adult, by ActivMotion Bar™ Functional Circuits for Aging Clients	Home Study Home Study	2.0	12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	Functional Circuits for Aging Clients Functional Power Training for Older Clients, by FAI		2.0	12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com
		Home Study		
IDEA Health & Fitness (AFAA)	Fundamental Principles of Upper Body TrainingPushing, Pulling and Pressing, by FMS	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Goodbye Infobesity, Hello Action Plan!	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Group Exercise Applications for Training the Posterior Chain	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Guiding Others to Create Their Healthiest, Most Delicious Life	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Heart Rate Variability - The Science of Recovery Based Training	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Heart-Core Circuit Training: The New Edition	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	HIIT Kickboxing and Drills by UrbanKick	Home Study Home Study	2.0 2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	HIIT Kickboxing and Drills by UrbanKick HIIT Step	Home Study	2.0	
IDEA Health & Fitness (AFAA)	HIIT Kickboxing and Drills by UrbanKick	Home Study Home Study	2.0 2.0 2.0 1.0	12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	HIIT Kickboxing and Drills by UrbanKick HIIT Step	Home Study Home Study	2.0 2.0 2.0 1.0	12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	HIIT Kickboxing and Drills by UrbanKick HIIT Step HIITs Blitz	Home Study Home Study Home Study Home Study	2.0 2.0 2.0 1.0 2.0	12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	HIIT Kickboxing and Drills <sup>1</sup> by UrbanKick HIIT Step HIITs Blitz How Hormones and Metabolism Change the Training Game for Females	Home Study Home Study Home Study Home Study Home Study	2.0 2.0 2.0 1.0 2.0	12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	HIIT Kickboxing and Drills by UrbanKick HIIT Step HIITs Blitz How Hormones and Metabolism Change the Training Game for Females How to Create High Performance Outcomes	Home Study Home Study Home Study Home Study Home Study Home Study	2.0 2.0 1.0 2.0 2.0 2.0	12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	HIIT Kickboxing and Drills by UrbanKick HIIT Step HIITS Blitz How Hormones and Metabolism Change the Training Game for Females How to Create High Performance Outcomes How to Run Your Own "Drop Two Sizes Challenge"	Home Study Home Study Home Study Home Study Home Study Home Study Home Study	2.0 2.0 1.0 2.0 2.0 2.0 2.0	12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	HIIT Kickboxing and Drills <sup>5</sup> Y UrbanKick HIIT Step HIITS Blitz How Hormones and Metabolism Change the Training Game for Females How to Create High Performance Outcomes How to Run Your Own <sup>1</sup> Drop Two Sizes Challenge" How to Safely Introduce Plyometrics Into Your Eints' Routines I Q U Do: The Art of Intelligent Coaching	Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study	2.0 2.0 1.0 2.0 2.0 2.0 2.0 2.0 2.0	12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	HIIT Kickboxing and Drills <sup>T</sup> V UrbanKick HIIT Step HIITs Blitz How Hormones and Metabolism Change the Training Game for Females How to Kin Your Own "Drop Two Sizes Challenge" How to Safely Introduce Plyometrics Into Your Clients' Routines I Q U Do: The Art of Intelligent Coaching Improve Stability and Posture with a Stability Ball by CHEK Institute	Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study	2.0 2.0 1.0 2.0 2.0 2.0 2.0 2.0 2.0	12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	HIIT Kickboxing and Drills <sup>1</sup> by UrbanKick HIIT Step HIITs Blitz How Hormones and Metabolism Change the Training Game for Females How to Create High Performance Outcomes How to Carely Find Performance Outcomes How to Safely Introduce Plyometrics Into Your Clients' Routines I Q U Do: The Art of Intelligent Coaching Improve Stability and Posture with a Stability Ball by CHEK Institute Innovative Drills for Small-Group Training	Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study	2.0 2.0 1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0	12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	HIIT Kickboxing and Drills by Urbankick         HIIT Step         HIITS Blitz         How Hormones and Metabolism Change the Training Game for Females         How to Create High Performance Outcomes         How to Run Your Own "Drop Two Sizes Challenge"         How to Rafely Introduce Plyometrics Into Your Clients' Routines         I Q U Do: The Art of Intelligent Coaching         Improve Stability and Posture with a Stability Ball by CHEK Institute         Innovative Drills for Small-Group Training         Insights Into Functional Training and Corrective Movement	Home Study Home Study	2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0	12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	HIIT Kickboxing and Drills <sup>5</sup> Y UrbanKick HIIT Step HIITs Blitz How Hormones and Metabolism Change the Training Game for Females How to Run Your Own <sup>5</sup> brop Two Sizes Challenge" How to Safely Introduce Plyometrics Into Your Clients' Routines I Q. U Do: The Art of Intelligent Coaching Improve Stability and Posture with a Stability Ball by CHEK Institute Innovative Drills for Small-Group Training Insights Into Functional Training and Corrective Movement Integrated Back Rehabilitation – Regression to Progression Course	Home Study Home Study	2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0	12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	HIIT Kickboxing and Drills by Urbanklick         HIIT Step         HIITs Bitz         How Hormones and Metabolism Change the Training Game for Females         How to Create High Performance Outcomes         How to Create High Performance Outcomes         How to Safely Introduce Plyometrics Into Your Clients' Routines         I Q U Do: The Art of Intelligent Coaching         Improve Stability and Posture with a Stability Ball by CHEK Institute         Innovative Drills for Small-Group Training         Insights Into Functional Training and Corrective Movement         Integrated Back Rehabilition—Regression to Progression Course         Internittent Fasting: Science or Fiction?	Home Study Home Study	2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0	12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	HIIT Kickboxing and Drills by UrbanKick         HIIT Step         HIITS Blitz         How Hormones and Metabolism Change the Training Game for Females         How to Create High Performance Outcomes         How to Create High Performance Outcomes         How to Safely Introduce Plyometrics Into Your Clients' Routines         I Q U Do: The Art of Intelligent Coaching         Innovative Drills for Small-Group Training         Insights Into Functional Training and Corrective Movement         Integrated Back Rehabilitation-Regression to Progression Course         Intermittent Fasting: Science or Fiction?         Isolation to Integration: Corrective Exercise	Home Study Home Study	2.0 2.0 1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	HIIT Kickboxing and Drills by UrbanKick         HIIT Step         HIITs Bitz         How Hormones and Metabolism Change the Training Game for Females         How to Create High Performance Outcomes         How to Run Your Own "Drop Two Sizes Challenge"         How to Safely Introduce Plyometrics Into Your Clients' Routines         I Q U Do: The Art of Intelligent Coaching         Improve Stability and Posture with a Stability Ball by CHEK Institute         Innovative Drills for Small-Group Training         Insights Into Functional Training and Corrective Movement         Intermittent Fasting: Science or Fiction?         Isolation to Integration: Corrective Exercise         January 2015 IDEA Fitness Journal Quiz 4: Understanding the Relationship Between Heart Rate	Home Study Home Study	2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0	12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	HIIT Kickboxing and Drills by UrbanKick         HIIT Step         HIITS Blitz         How Hormones and Metabolism Change the Training Game for Females         How to Create High Performance Outcomes         How to Create High Performance Outcomes         How to Safely Introduce Plyometrics Into Your Clients' Routines         I Q U Do: The Art of Intelligent Coaching         Innovative Drills for Small-Group Training         Insights Into Functional Training and Corrective Movement         Integrated Back Rehabilitation-Regression to Progression Course         Intermittent Fasting: Science or Fiction?         Isolation to Integration: Corrective Exercise	Home Study Home Study	2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0	12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com

IDEA Health & Fitness (AFAA)	January 2016 IDEA Fitness Journal Quiz 3: Effects of Food on Genetic Expression	Home Study	1.0 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	January 2016 IDEA Fitness Journal Quiz 4: Fitness Technology for Kids	Home Study	1.0 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	January 2010 IDEA Fitness Journal Quiz 4: Fitness Technology for Nus January 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Skeletal Muscular Hypertrophy	Home Study	1.0 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)			
	January 2017 IDEA Fitness Journal Quiz 2: Fitness Professionals and Ageism, and Yoga and Menopause	Home Study	1.0 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	January 2017 IDEA Fitness Journal Quiz 3: Nutrition News, and Do People Need Vitamin and Mineral Su	Home Study	1.0 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	January 2017 IDEA Fitness Journal Quiz 4: Help Children Build a Strong Fitness Foundation	Home Study	1.0 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	January 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0 12/31/2018
IDEA Health & Fitness (AFAA)	January 2018 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Prev	Home Study	1.0 12/31/2018
IDEA Health & Fitness (AFAA)	January 2018 IDEA Fitness Journal Quiz 3: Tailor Workouts to Meet Clients' Precise Needs	Home Study	1.0 12/31/2018
IDEA Health & Fitness (AFAA)	January 2018 IDEA Fitness Journal Quiz 4: Small Diet Changes for Big Results	Home Study	1.0 12/31/2018
IDEA Health & Fitness (AFAA)	July/August 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Nutrition News	Home Study	1.0 12/31/2018 http://www.ideafit.com
IDEA Health & Fitness (AFAA)	July/August 2017 IDEA Fitness Journal Quiz 2: Separating Fact From Fiction in Health News	Home Study	1.0 12/31/2018 http://www.ideafit.com
IDEA Health & Fitness (AFAA)	July/August 2017 IDEA Fitness Journal Quiz 3: Ergonomics for Fitness Professionals	Home Study	1.0 12/31/2018 http://www.ideafit.com
IDEA Health & Fitness (AFAA)	July-August 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	July-August 2016 IDEA Fitness Journal Quiz 2: End the Cycle of Weight Bias	Home Study	1.0 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	July-August 2016 IDEA Fitness Journal Quiz 3: Abandon Stereotypes When Marketing to Older Adults	Home Study	1.0 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	July-August 2016 IDEA Fitness Journal Quiz 4: Recognizing Mindsets to Become a More Effective Traine	Home Study	1.0 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	June 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Hot and Cold Treatments for Musc	Home Study	1.0 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	June 2016 IDEA Fitness Journal Quiz 2: Food and Nutrition News, and Capsaicin to Promote Satiety	Home Study	1.0 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	June 2016 IDEA Fitness Journal Quiz 3: Fully Engage With Clients	Home Study	1.0 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	June 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News and Nutrition News	Home Study	1.0 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	June 2017 IDEA Fitness Journal Quiz 1: Readin and Thress News and Hotriton News		1.0 12/31/2018 www.ideafit.com
		Home Study	
IDEA Health & Fitness (AFAA)	June 2017 IDEA Fitness Journal Quiz 3: Coach Clients Through Behavior Change	Home Study	1.0 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Kettlebell Rehab: Hardstyle Methods in Corrective Exercise	Home Study	2.0 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Little Tweaks for Big Results!	Home Study	1.0 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	March 2015 IDEA Fitness Journal Quiz 2: Choosing the Right Diet	Home Study	1.0 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	March 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Active Workstation Alternatives	Home Study	1.0 12/31/2018 http://www.ideafit.com
IDEA Health & Fitness (AFAA)	March 2016 IDEA Fitness Journal Quiz 2: Brain Neuroplasticity and Aging, and Using Visualization	Home Study	1.0 12/31/2018 http://www.ideafit.com
IDEA Health & Fitness (AFAA)	March 2016 IDEA Fitness Journal Quiz 3: Mindless Eating Solutions	Home Study	1.0 12/31/2018 http://www.ideafit.com
IDEA Health & Fitness (AFAA)	March 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Nutrition News	Home Study	1.0 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	March 2017 IDEA Fitness Journal Quiz 2: Common Athletic Supplements, and Stay Active by Filtering	Home Study	1.0 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	March 2017 IDEA Fitness Journal Quiz 3: Effect of Evidence on Experts' Eating Habits	Home Study	1.0 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	March 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0 12/31/2018
IDEA Health & Fitness (AFAA)	March 2018 IDEA Fitness Journal Quiz 2: New Blood Pressure Guidelines, and Functional Training for O	Home Study	1.0 12/31/2018
IDEA Health & Fitness (AFAA)	March 2018 IDEA Fitness Journal Quiz 3: Why Lost Weight Comes Back	Home Study	1.0 12/31/2018
IDEA Health & Fitness (AFAA)	May 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Peripheral Heart Action Training	Home Study	1.0 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	May 2016 IDEA Fitness Journal Quiz 2: Fall Prevention Strategies for Older Adults, and Tips for Eati	Home Study	1.0 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	May 2016 IDEA Fitness Journal Quiz 3: Factors in Low Testosterone	Home Study	1.0 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	May 2016 IDEA Fitness Journal Quiz 4: Get Clients Walking More	Home Study	1.0 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	May 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Periodized Weight -Training for W	Home Study	1.0 12/31/2018 http://www.ideafit.com
IDEA Health & Fitness (AFAA)	May 2017 IDEA Fitness Journal Quiz 1: Readd and Fitness Trends	Home Study	1.0 12/31/2018 http://www.ideafit.com
IDEA Health & Fitness (AFAA)	Metabolic Meltdown	Home Study	2.0 12/31/2018 www.ideafit.com
	Motivational Interviewing Skills Produce Targeted Results	Home Study	1.0 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)			
IDEA Health & Fitness (AFAA)	New Insights into Chronic Pain	Home Study	2.0 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	New Insights into Chronic Pain New Research on Protein, Metabolism, and Recovery	Home Study Home Study	2.0 12/31/2018 www.ideafit.com
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IDEA Health & Fitness (AFAA)	The Hidden Messages in Food	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	The Matrix - Innovative Group Strength Design	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	The New ACE Integrated Fitness Training Model	Home Study	6.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	The Next Wave in Corrective Exercise: Rhythm and Timing	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	The Science of Functional Aging	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	The Ultimate Light Dumbbell Workout	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Three Technologies to Engage and Empower Clients Inside and Outside the Session	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Three-Dimensional Kettlebell Training, by Functional Training Institute		2.0	12/31/2018 www.ideant.com
	., .	Home Study		
IDEA Health & Fitness (AFAA)	Today's Food Conversation	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Todd Durkin's Boot Camp	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Total Massage, Relaxation and Beyond	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Training Fascia - Research Developments in Fibrous Connective Tissue Training	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Training the Female Client	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Training the Pregnant Athlete	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	• •		2.0	12/31/2018 www.ideant.com
	TriggerPoint™ for Movement: Hip and Shoulder Mobility	Home Study		
IDEA Health & Fitness (AFAA)	TriggerPoint™: Myofascial Compression™ Techniques for Injury Prevention and Better Movement	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	TRX <sup>®</sup> Essentials for Personal Training	Home Study	3.0	12/31/2018 www.ideafit.com/node/1329491
IDEA Health & Fitness (AFAA)	TRX <sup>®</sup> Rip™ Training: Sports Performance	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	TRX®-Training for Active Seniors	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Turbo Tabata	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Ultimate Back Exercises for Injury Prevention	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Understanding and Interpreting the Functional Movement Screen	Home Study	2.0	12/31/2018 www.ieadfit.com
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IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	Using Function to Avoid Dysfunction in Aging			12/31/2018 www.ideafit.com
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IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA) In Health and Happiness (AFAA) In Health and Happiness (AFAA) In Health and Happiness (AFAA) In Motori Fitness-Lori Pine (AFAA) Indoor Cycling (AFAA)	Using Function to Avoid Dysfunction in Aging Vital Anatomy-Functional Applications Weighing The Evidence Behind Nutrition Research Winning at Losing- Weight Management Made Simple Winning Group Strength Program Design Women, Weights and Results XIT Extreme Interval Training: 2nd Edition Yoga Progressions and Regressions Yoga: Adjust Me Publeeeezel Your Guide to Stronger Legs and Great Glutes1 HIRSA 2018 International Convention & Trade Show Postpartum Health and Happiness Through Exercise and Nutrition Prenatal Health and Happiness Through Exercise and Nutrition Br.A.M. 2018 ICG Aging and Adaptation ICG Coach by Color Power: Play Program ICG Coach by Color Power Program ICG Coach Dy Color Power Program ICG COUPETITIVE CYCLING ICG SUITRII ICG OVERTRAINING ICG OVERTRAINING ICG OVERTRAINING ICG OVERTRAINING ICG SOLERD SUIS POWER PROFES DESEARCE	Home Study Home Study Workshop/Seminar Home Study Home Study	2.0 2.0 3.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/2018 www.ideafit.com 12/31/2018 www.idepro.org 12/31/2018 www.idepro.org
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IDEA Health & Fitness (AFAA)         In Health and Happiness (AFAA)         In Motion Fitness-torl Pine (AFAA)         Indoor Cycling (AFAA)         Indoo	Using Function to Avoid Dysfunction in Aging Vital Anatomy-Functional Applications Weighing The Evidence Behind Nutrition Research Winning at Losing- Weight Management Made Simple Women, Weights and Results Women, Weights and Results XIT Extreme Interval Training: 2nd Edition Yoga Progressions and Regressions Yoga: Adjust Me Publeeceezel Your Guide to Stronger Legs and Great Glutes! IHRSA 2018 International Convention & Trade Show Postpartum Health and Happiness Through Exercise and Nutrition Prenatal Health and Happiness Through Exercise and Nutrition Prenatal Health and Happiness Through Exercise and Nutrition B.A.M. 2018 IEG Sading and Adaptation IEG Coach by Color IVE Power: Play Program IEG Coach by Color Power Program IEG Coach by Color Power Program IEG Coalt TRI IEG SMUSIC AND MOTION IEG MUSIC AND MOTION IEG VERTRINING IEG Strages IEG Stages IEG Stages IEG Stages IEG Stretching IEG Stretching IEG Survivor (Working with Cancer Survivors) IEG Waiting How Power Power Program IEG IEG Survivor (Working with Cancer Survivors) IEG Waiting Power Power Powers)	Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Conference Home Study Conference Home Study Conference Home Study Home Study	2.0 2.0 3.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 1.0 10.0 10	12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12
IDEA Health & Fitness (AFAA)         In Health and Happiness (AFAA)         Indoor Cycling (AFAA)	Using Function to Avoid Dysfunction in Aging Vital Anatomy-Functional Applications Weighing The Evidence Behind Nutrition Research Winning at Losing- Weight Management Made Simple Winning Group Strength Program Design Women, Weights and Results XIT Extreme Interval Training: 2nd Edition Yoga Progressions and Regressions Yoga: Adjust Me Publeeceezel Your Guide to Stronger Legs and Great Glutes! HIRSA 2018 International Convention & Trade Show Postpartum Health and Happiness Through Exercise and Nutrition Prenatal Health and Happiness Through Exercise and Nutrition Prenatal Health and Happiness Through Exercise and Nutrition B.A.M. 2018 IGG Aging and Adaptation IGG Coach by Color LIVE Power: Play Program IGG Coach by Color LIVE Power: Play Program IGG Coach by Color LIVE Power: Play Program IGG Coach by Color IVE Power Program IGG Coach by Color IVE Power: Play Program IGG Scales: WOMTITION IGG WERTRAINING IGG Stages- IGG Stages-Workshop IGG Stages-Workshop IGG Startate Power Certification – Stage 1 Myrdie+ Live; The Ergogenic Effect of Combining Music with Video	Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Conference Home Study Conference Home Study Conference Home Study Conference Home Study Home Study	2.0 2.0 3.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 1.0 10.0 10	12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12
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Induro Cycling Studios, Inc (AFAA) Induro Cycling Studios, Inc (AFAA) Interactive Fitness Trainers of America (IFTA) (AFAA) International Group Fitness Institute (AFAA) International Group Fitness Institute (AFAA) IRON ANKLES (AFAA) Jim Rodino (AFAA) Joseph Fronsee (AFAA) Julio A. Salado (AFAA) Juvo Board (AFAA) Kangoo Jumps Fitness (AFAA) Keiser Corporation (AFAA) Ketogenic Living 101 (AFAA) Kettlebell Athletics (AFAA) Kettlehell Athletics (AFAA) Kinesics Human Movement Systems (AFAA) Kinesio University (AFAA)

Induro Instructor Training Distance Learning Induro Instructor Workshop "SHAKE IT OFF" CARDIO DANCE AOUA DANCE AOUA FUSION AQUA MADNESS ATHI FTIC INTERVALS ATHLETIC POWER BARRE CONDITIONING BARRE STRENGTH AND BALANCE BARRE TRAINING COURSE BUILD YOUR BODY CLASS ENHANCEMENTS COMPELLING CARDIO CORE RESTORE CYCLE THRILLS CYCLING COMBOS EQUIPMENTLESS WORKOUT ESSENTIALS OF TEACHING FLEXIBILITY THROUGH YOGA FLOWING FLEXIBILITY FUNCTIONAL FITNESS TRAINING GROUP FITNESS YOGA GROUP STRENGTH H2O RIPPED BODY HARD CORE CONDITIONING INTENSE INTERVALS KETTLEBELL POWER KICKBOX BASICS KICKBOX FITCAMP LEARN TO TEACH MAT WORX MAXIMAL POWER MUSCLE AND MORE PERSONAL TRAINER WORKOUT PILATES (PLUS ABS) PILATES BASICS POWER PLUS POWER SPORTS EXPLOSION POWERRIDE- INDOOR BIKING POWFRTRAIN POWERWAVE PROPS PLUS PT & GROUP PLUS PT AND GROUP LECTURE SENIOR FITNESS SENIOR POWER STEP ON THIS ADVANCED PRINCIPLES STRENGTH CAMP SUSPENSION STRENGTH AND BALANCE ΤΔΒΔΤΔ ΤΒΔΙΝ TOTAL BODY TOTAL BODY CONDITIONING AND CORE TRX TRANSPORT LINTIL STEP US DO PART WEIGHT ROOM TECHNIQUES WEIGHTED BAR BOOTCAMP YOGA ESSENTIALS YOGA FOR ALL AGES Back Synergy Impulse Body Fitness ( EMS Electro Fitness ) Iron Ankles Trainer Course The Urban Rebounding Experience FTP. Watts & Weight BREAK OUT or Breaking Even: 3 Step Method for Proven Long-Term Weight Loss Juvo Board Foundation Course Kangoo Boot Camp Kangoo Dance Kangoo Discovery Kangoo Kick & Punch Kangoo Power CREATE Ketogenic Living Certified Coach Kettlebell Athletics Level 1 Kettlebell Athletics Level 2 - Beyond the Basics Kinesics Evaluation Course (KEC) KTC 1: Kinesics Training Course 1 KTC2: Integrated Exercise Theory Certified Kinesio Taping Technician Level II: Advanced Training

7.0 12/31/2018 Workshop/Seminar Workshop/Seminar 7.0 12/31/2018 www.indurocycling.com Workshop/Seminar 2.0 12/31/2018 www.ifta-fitness.com Workshon/Seminar 2.0 12/31/2018 www.ifta-fitness.com 12/31/2018 www.ifta-fitness.com Workshop/Seminar 2.0 Workshop/Seminar 12/31/2018 www.ifta-fitness.com 2.0 Workshon/Seminar 2.0 12/31/2018 www.ifta-fitness.com Workshop/Seminar 2.0 12/31/2018 www.ifta-fitness.com Workshop/Seminar 2.0 12/31/2018 www.ifta-fitness.com Workshon/Seminar 2.0 12/31/2018 www.ifta-fitness.com Workshop/Seminar 6.0 12/31/2018 www.ifta-fitness.com Workshop/Seminar 2.0 12/31/2018 www.ifta-fitness.com 12/31/2018 www.ifta-fitness.com Workshon/Seminar 2.0 Workshop/Seminar 2.0 12/31/2018 www.ifta-fitness.com Workshop/Seminar 2.0 12/31/2018 www.ifta-fitness.com 2.0 12/31/2018 www.ifta-fitness.com Workshop/Seminar Workshop/Seminar 2.0 12/31/2018 www.ifta-fitness.com 12/31/2018 http://www.ifta-fitness.com Workshop/Seminar 8.0 Workshop/Seminar 6.0 12/31/2018 www.ifta-fitness.com Workshop/Seminar 2.0 12/31/2018 www.ifta-fitness.com Workshop/Seminar 2.0 12/31/2018 www.ifta-fitness.com Workshop/Seminar 2.0 12/31/2018 www.ifta-fitness.com Workshop/Seminar 2.0 12/31/2018 www.ifta-fitness.com Workshop/Seminar 4.0 12/31/2018 www.ifta-fitness.com Workshop/Seminar 2.0 12/31/2018 www.ifta-fitness.com Workshop/Seminar 8.0 12/31/2018 www.ifta-fitness.com 4.0 12/31/2018 www.ifta-fitness.com Workshop/Seminar 12/31/2018 www.ifta-fitness.com Workshop/Seminar 2.0 Workshop/Seminar 2.0 12/31/2018 www.ifta-fitness.com Workshop/Seminar 12/31/2018 www.ifta-fitness.com 2.0 Workshop/Seminar 2.0 12/31/2018 www.ifta-fitness.com Workshon/Seminar 4.0 12/31/2018 www.ifta-fitness.com Workshop/Seminar 2.0 12/31/2018 www.ifta-fitness.com Workshop/Seminar 2.0 12/31/2018 www.ifta-fitness.com 4.0 12/31/2018 www.ifta-fitness.com Workshon/Seminar Workshop/Seminar 4.0 12/31/2018 www.ifta-fitness.com Workshop/Seminar 4.0 12/31/2018 www.ifta-fitness.com 12/31/2018 www.ifta-fitness.com Workshop/Seminar 2.0 2.0 12/31/2018 www.ifta-fitness.com Workshop/Seminar Workshop/Seminar 2.0 12/31/2018 www.ifta-fitness.com Workshop/Seminar 4.0 12/31/2018 www.ifta-fitness.com 2.0 12/31/2018 www.ifta-fitness.com Workshop/Seminar Workshop/Seminar 6.0 12/31/2018 www.ifta-fitness.com Workshop/Seminar 2.0 12/31/2018 www.ifta-fitness.com Workshop/Seminar 2.0 12/31/2018 www.ifta-fitness.com Workshon/Seminar 2.0 12/31/2018 www.ifta-fitness.com Workshop/Seminar 2.0 12/31/2018 www.ifta-fitness.com Workshop/Seminar 2.0 12/31/2018 www.ifta-fitness.com Workshop/Seminar 2.0 12/31/2018 www.ifta-fitness.com Workshop/Seminar 2.0 12/31/2018 www.ifta-fitness.com 2.0 12/31/2018 www.ifta-fitness.com Workshop/Seminar 12/31/2018 www.ifta-fitness.com Workshop/Seminar 2.0 Workshop/Seminar 2.0 12/31/2018 www.ifta-fitness.com 12/31/2018 www.ifta-fitness.com Workshop/Seminar 2.0 Workshop/Seminar 13.0 12/31/2018 http://www.impulsebodyfitness.com Workshon/Seminar 12.0 12/31/2018 www.impulsebodyfitness.com Workshop/Seminar 6.0 12/31/2018 www.ironankles.com Workshop/Seminar 6.0 12/31/2018 www.urbanrebounding.com Workshop/Seminar 2.0 12/31/2018 Workshop/Seminar 3.0 12/31/2018 https://www.fitnessfoundry.net Workshop/Seminar 15.0 12/31/2018 http://www.juvoboard.com 12/31/2018 www.kjfit.com Workshop/Seminar 8.0 Workshon/Seminar 8.0 12/31/2018 www.kjfit.com Workshop/Seminar 8.0 12/31/2018 www.kjfit.com Workshop/Seminar 8.0 12/31/2018 www.kjfit.com Workshop/Seminar 15.0 12/31/2018 www.kifit.com Workshop/Seminar 2.0 12/31/2018 Home Study 3.0 12/31/2018 Workshop/Seminar 12.0 12/31/2018 http://www.kettlebell-athletics.com/ Workshon/Seminar 12.0 12/31/2018 www.KettlehellAthletics.com Home Study 5.0 12/31/2018 http://www.kinesicshms.com Workshop/Seminar 6.0 12/31/2018 kinesicshms.com Home Study 4.0 12/31/2018 www.kinesicshms.com 3.0 12/31/2018 http://www.kinesicshms.com Workshop/Seminar Workshop/Seminar 4.0 12/31/2018 www.kineseotape.com

Kinesio University (AFAA)	KINESIO® CKTT® LEVEL 1 BASIC TRAINING	Workshop/Seminar 2.0 12/31/2018 www.kinesiotaping.com
LA Fitness (AFAA)	Aqua Circuit PT Intro to Group Fitness	Workshop/Seminar 3.0 12/31/2018
LA Fitness (AFAA)	Aqua Training	Workshop/Seminar 5.0 12/31/2018
LA Fitness (AFAA)	Aqua with equipment	Workshop/Seminar 3.0 12/31/2018
LA Fitness (AFAA)	Body Works	Workshop/Seminar 5.0 12/31/2018
LA Fitness (AFAA)	Body Works Choreography	Workshop/Seminar 2.0 12/31/2018
LA Fitness (AFAA)	Bootcamp Circuit	Workshop/Seminar 2.0 12/31/2018
LA Fitness (AFAA)	Bootcamp Circuit PT Intro to Group Fitness	Workshop/Seminar 3.0 12/31/2018
LA Fitness (AFAA)	Club Boxing Circuit	Workshop/Seminar 3.0 12/31/2018
LA Fitness (AFAA)	F.I.T.A™	Workshop/Seminar 7.0 12/31/2018
LA Fitness (AFAA)	F.I.T.A™ Advance Teaching Skills	Workshop/Seminar 7.0 12/31/2018
LA Fitness (AFAA)	Hip Hop	Workshop/Seminar 4.0 12/31/2018
LA Fitness (AFAA)	Indoor Cycling	Workshop/Seminar 5.0 12/31/2018
LA Fitness (AFAA)	Indoor Cycling for PT Intro to Group Fitness	Workshop/Seminar 3.0 12/31/2018
LA Fitness (AFAA) LA Fitness (AFAA)	Kickbox Cardio	Workshop/Seminar 4.0 12/31/2018
LA Fitness (AFAA)	Kickbox Cardio Choreography Latin Heat	Workshop/Seminar 2.0 12/31/2018 Workshop/Seminar 4.0 12/31/2018
LA Fitness (AFAA)	Mat Pilates	Workshop/Seminar 5.0 12/31/2018
LA Fitness (AFAA)	Power Circuit	Workshop/Seminar 3.0 12/31/2018
LA Fitness (AFAA)	Reformer Pilates for Fitness	Workshop/Seminar 12.0 12/31/2018
LA Fitness (AFAA)	Step Tech 1	Workshop/Seminar 3.0 12/31/2018
LA Fitness (AFAA)	Step Tech 2	Workshop/Seminar 3.0 12/31/2018
LA Fitness (AFAA)	Step Tech Choreography	Workshop/Seminar 2.0 12/31/2018
LA Fitness (AFAA)	Yoga Basics	Workshop/Seminar 8.0 12/31/2018
LA Fitness (AFAA)	Yogabeat™	Workshop/Seminar 6.0 12/31/2018
Lauren George Fitness (AFAA)	Have A Ball At The barre	Workshop/Seminar 2.0 12/31/2018
Lauren George Fitness (AFAA)	HIIT The Party At The barre	Workshop/Seminar 3.0 12/31/2018
Lauren George Fitness (AFAA)	Pilates Fundamentals For Group Fitness Instructors	Workshop/Seminar 5.0 12/31/2018
Lauren George Fitness (AFAA)	Pulse and Flow	Workshop/Seminar 2.0 12/31/2018
Lawrence Biscontini (AFAA)	Cardio	Workshop/Seminar 8.0 12/31/2018 www.findlawrence.com
Lawrence Biscontini (AFAA)	Flexibility	Workshop/Seminar 8.0 12/31/2018 www.findlawrence.com
Lawrence Biscontini (AFAA)	GFit Teaching Innovations	Workshop/Seminar 8.0 12/31/2018 www.findlawrence.com
Lawrence Biscontini (AFAA)	Strength	Workshop/Seminar 8.0 12/31/2018 www.findlawrence.com
Learn2Tape, LLC (AFAA)	K-Cuts Taping Systems eCourse Certification	Home Study 15.0 12/31/2018 www.learn2tape.com
Lebert Fitness (AFAA)	Grab a Buddy System	Workshop/Seminar 4.0 12/31/2018
Lebert Fitness (AFAA)	The Ultimate Guide to EQualizer Training	Home Study 4.0 12/31/2018
Les Mills (AFAA)	Advanced Instructor Module 2	Workshop/Seminar 15.0 12/31/2018 www.lesmills.com
Les Mills (AFAA)	BODYATTACK 100 Instructor Workshop Education	Workshop/Seminar 3.0 12/31/2018
Les Mills (AFAA)	BODYATTACK 100 Release Kit Education	Home Study 2.0 12/31/2018
Les Mills (AFAA)	BODYATTACK Advanced Instructor Module 1	Workshop/Seminar 8.0 12/31/2018 www.lesmills.com
Les Mills (AFAA)	BODYATTACK Initial Module	Workshop/Seminar 15.0 12/31/2018 www.lesmills.com
Les Mills (AFAA)	BODYATTACK® 99COACHING THE BASICS: LAYER 1	Home Study 1.0 12/31/2018
Les Mills (AFAA)	BODYBALANCE 79 TRANSITIONS AND THE UNIQUENESS OF BODYBALANCE 79	Home Study 1.0 12/31/2018
Les Mills (AFAA)	BODYCOMBAT 74 REMOVING THE FILLERS AND MASTERING THE KICK KATA	Home Study 1.0 12/31/2018
Les Mills (AFAA)	BODYCOMBAT 75 Instructor Workshop Education	Workshop/Seminar 3.0 12/31/2018
Les Mills (AFAA)	BODYCOMBAT 75 Release Kit Education	Home Study 2.0 12/31/2018
Les Mills (AFAA)	BODYCOMBAT Advanced Instructor Module 1	Workshop/Seminar 8.0 12/31/2018 www.lesmills.com
Les Mills (AFAA)	BODYCOMBAT Initial Module BODYFLOW 80 Instructor Workshop Education	Workshop/Seminar 15.0 12/31/2018 www.lesmills.com Workshop/Seminar 3.0 12/31/2018
Les Mills (AFAA)		
Les Mills (AFAA)		
	BODYFLOW 80 Release Kit Education	Home Study 2.0 12/31/2018
Les Mills (AFAA)	BODYFLOW 80 Release Kit Education BODYFLOW Advanced Instructor Module 1	Home Study         2.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018 www.lesmills.com
Les Mills (AFAA) Les Mills (AFAA)	BODYFLOW 80 Release Kit Education BODYFLOW Advanced Instructor Module 1 BODYFLOW Initial Module	Home Study         2.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018 www.lesmills.com           Workshop/Seminar         15.0         12/31/2018 www.lesmills.com
Les Mills (AFAA) Les Mills (AFAA) Les Mills (AFAA)	BODYFLOW 80 Release Kit Education BODYFLOW Advanced Instructor Module 1 BODYFLOW Initia Module BODYJAM 83 CREATING AN ATMOSPHERE OF EUPHORIA!	Home Study         2.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018 www.lesmills.com           Workshop/Seminar         15.0         12/31/2018 www.lesmills.com           Home Study         1.0         12/31/2018
Les Mills (AFAA) Les Mills (AFAA) Les Mills (AFAA) Les Mills (AFAA)	BODYFLOW 80 Release Kit Education BODYFLOW Advanced Instructor Module 1 BODYFLOW Initial Module BODYJAM 83 CREATING AN ATMOSPHERE OF EUPHORIA! BODYJAM 84 Instructor Workshop Education	Home Study         2.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         15.0         12/31/2018         www.lesmills.com           Home Study         1.0         12/31/2018         12/31/2018           Workshop/Seminar         3.0         12/31/2018         12/31/2018
Les Mills (AFAA) Les Mills (AFAA) Les Mills (AFAA) Les Mills (AFAA) Les Mills (AFAA)	BODYFLOW 80 Release Kit Education BODYFLOW Advanced Instructor Module 1 BODYFLOW Initial Module BODYIAM S3 CREATING AN ATMOSPHERE OF EUPHORIA! BODYIAM S4 Instructor Workshop Education BODYIAM S4 Release Kit Education	Home Study         2.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018 www.lesmills.com           Workshop/Seminar         15.0         12/31/2018 www.lesmills.com           Home Study         1.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Home Study         3.0         12/31/2018
Les Mills (AFAA) Les Mills (AFAA) Les Mills (AFAA) Les Mills (AFAA) Les Mills (AFAA) Les Mills (AFAA)	BODYFLOW 80 Release Kit Education BODYFLOW Advanced Instructor Module 1 BODYFLOW Initial Module BODYJAM 83 CREATING AN ATMOSPHERE OF EUPHORIA! BODYJAM 84 Instructor Workshop Education	Home Study         2.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018 www.lesmills.com           Workshop/Seminar         15.0         12/31/2018           Home Study         1.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018
Les Mills (AFAA) Les Mills (AFAA) Les Mills (AFAA) Les Mills (AFAA) Les Mills (AFAA)	BODYFLOW 80 Release Kit Education BODYFLOW Advanced Instructor Module 1 BODYFLOW Initial Module BODYJAM 83 CREATING AN ATMOSPHERE OF EUPHORIA! BODYJAM 84 Instructor Workshop Education BODYJAM 84 Instructor Workshop Education BODYJAM 84 Release Kit Education BODYJAM 4dvanced Instructor Module 1	Home Study         2.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018 www.lesmills.com           Workshop/Seminar         15.0         12/31/2018 www.lesmills.com           Home Study         1.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Home Study         3.0         12/31/2018
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Les Mills (AFAA) Les Mills (AFAA)	BODYFLOW 80 Release Kit Education BODYFLOW Advanced Instructor Module 1 BODYFLOW Initial Module BODYIAM 83 CREATING AN ATMOSPHERE OF EUPHORIA! BODYIAM 83 CREATING AN ATMOSPHERE OF EUPHORIA! BODYIAM 84 Release Kit Education BODYIAM 54 Release Kit Education BODYIAM Advanced Instructor Module 1 BODYIAM Initial Module BODYPUMP 104 TRIPLE EXTENSION	Home Study         2.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018 www.lesmills.com           Workshop/Seminar         15.0         12/31/2018 www.lesmills.com           Home Study         1.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018           Workshop/Seminar         15.0         12/31/2018           Workshop/Seminar         1.0         12/31/2018           Workshop/Seminar         1.0         12/31/2018
Les Mills (AFAA) Les Mills (AFAA)	BODYFLOW 80 Release Kit Education BODYFLOW Advanced Instructor Module 1 BODYFLOW Initial Module BODYJAM 83 CREATING AN ATMOSPHERE OF EUPHORIA! BODYJAM 84 Instructor Workshop Education BODYJAM 54 Release Kit Education BODYJAM Advanced Instructor Module 1 BODYJAM Initial Module BODYJAM Initial Module BODYPLOWP 104 TRIPLE EXTENSION BODYPLOWP 105 Instructor Workshop Education	Home Study         2.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         15.0         12/31/2018         www.lesmills.com           Home Study         1.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         5.0         12/31/2018         www.lesmills.com           Home Study         1.0         12/31/2018         twww.lesmills.com           Workshop/Seminar         3.0         12/31/2018         twww.lesmills.com
Les Mills (AFAA) Les Mills (AFAA)	BODYFLOW 80 Release Kit Education BODYFLOW Advanced Instructor Module 1 BODYFLOW Initial Module BODYIAM 83 CREATING AN ATMOSPHERE OF EUPHORIA! BODYIAM 84 Instructor Workshop Education BODYIAM A4 Instructor Module 1 BODYIAM Advanced Instructor Module 1 BODYIAM Initial Module BODYPUMP 104 TRIPLE EXTENSION BODYPUMP 105 Instructor Workshop Education BODYPUMP 105 Release Kit Education	Home Study         2.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         15.0         12/31/2018         www.lesmills.com           Home Study         1.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         1.0         12/31/2018         www.lesmills.com           Home Study         1.0         12/31/2018         www.lesmills.com           Home Study         1.0         12/31/2018         www.lesmills.com
Les Mills (AFAA) Les Mills (AFAA)	BODYFLOW 80 Release Kit Education BODYFLOW Advanced Instructor Module 1 BODYFLOW Initial Module BODYIAM 83 CREATING AN ATMOSPHERE OF EUPHORIA! BODYIAM 84 Instructor Workshop Education BODYIAM 54 Release Kit Education BODYIAM Advanced Instructor Module 1 BODYIAM Initial Module BODYPUMP 105 Instructor Workshop Education BODYPUMP 105 Release Kit Education BODYPUMP 105 Release Kit Education BODYPUMP 105 Release Kit Education BODYPUMP 105 Release Kit Education	Home Study         2.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018 www.lesmills.com           Workshop/Seminar         15.0         12/31/2018 www.lesmills.com           Home Study         1.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018           Workshop/Seminar         1.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018
Les Mills (AFAA) Les Mills (AFAA)	BODYFLOW 80 Release Kit Education BODYFLOW Advanced Instructor Module 1 BODYFLOW Initial Module BODYJAM 83 CREATING AN ATMOSPHERE OF EUPHORIA! BODYJAM 84 Instructor Workshop Education BODYJAM 54 Release Kit Education BODYJAM Advanced Instructor Module 1 BODYJAM Initial Module BODYPUMP 104 TRIPLE EXTENSION BODYPUMP 105 Instructor Workshop Education BODYPUMP 105 Release Kit Education BODYPUMP 105 Release Kit Education BODYPUMP 104 Release Kit Education BODYPUMP 105 Instructor Module 1 BODYPUMP 105 Instructor Module 1 BODYPUMP I05 Release Kit Education	Home Study         2.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018 www.lesmills.com           Workshop/Seminar         5.0         12/31/2018 www.lesmills.com           Home Study         1.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018           Workshop/Seminar         5.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         8.0         12/31/20
Les Mills (AFAA)	BODYFLOW 80 Release Kit Education BODYFLOW Advanced Instructor Module 1 BODYFLOW Initial Module BODYIAM 83 CREATING AN ATMOSPHERE OF EUPHORIA! BODYIAM 84 Instructor Workshop Education BODYIAM Advanced Instructor Module 1 BODYIAM Advanced Instructor Module 1 BODYPLOMP 104 TRIPLE EXTENSION BODYPLOMP 105 Instructor Workshop Education BODYPUMP 105 Instructor Workshop Education BODYPUMP 105 Release Kit Education BODYPUMP INTIAI Module BODYSTEP 110 NOW OR LATER	Home Study         2.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         15.0         12/31/2018         www.lesmills.com           Home Study         1.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         1.0         12/31/2018         www.lesmills.com           Workshop/Seminar         1.0         12/31/2018         www.lesmills.com           Workshop/Seminar         1.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         1.0         12/31/2018         www.lesmills.com           Workshop/Seminar
Les Mills (AFAA)	BODYFLOW 80 Release Kit Education BODYFLOW Advanced Instructor Module 1 BODYFLOW Initial Module BODYIAM 83 CREATING AN ATMOSPHERE OF EUPHORIA! BODYIAM 84 Instructor Workshop Education BODYIAM 54 Release Kit Education BODYIAM Advanced Instructor Module 1 BODYIAM Initial Module BODYPUMP 105 Instructor Workshop Education BODYPUMP 105 Release Kit Education BODYPUMP Initial Module BODYFUMP Initial Module BODYFUMP Initial Module BODYFEP 111 Instructor Workshop Education	Home Study         2.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018           Workshop/Seminar         5.0         12/31/2018           Home Study         1.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018           Workshop/Seminar         1.0         12/31/2018           Workshop/Seminar         1.0         12/31/2018           Workshop/Seminar         1.0         12/31/2018           Workshop/Seminar         1.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018
Les Mills (AFAA)	BODYFLOW 80 Release Kit Education BODYFLOW Advanced Instructor Module 1 BODYFLOW Initial Module BODYJAM 83 CREATING AN ATMOSPHERE OF EUPHORIA! BODYJAM 84 Instructor Workshop Education BODYJAM Advanced Instructor Module 1 BODYJAM Advanced Instructor Module 1 BODYJAM Initial Module BODYPUMP 104 TRIPLE EXTENSION BODYPUMP 105 Instructor Workshop Education BODYPUMP 105 Release Kit Education BODYPUMP 105 Release Kit Education BODYPUMP 104 Release Kit Education BODYSTEP 111 Instructor Workshop Education BODYSTEP 111 Release Kit Education BODYSTEP 111 Release Kit Education	Home Study         2.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         1.0         12/31/2018         www.lesmills.com           Home Study         1.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         15.0         12/31/2018         www.lesmills.com           Workshop/Seminar         15.0         12/31/2018         www.lesmills.com           Workshop/Seminar         15.0         12/31/2018         www.lesmills.com           Workshop/Seminar
Les Mills (AFAA)	BODYFLOW S0 Release Kit Education         BODYFLOW Initial Module         BODYLAW Advanced Instructor Module 1         BODYIAM 83 CREATING AN ATMOSPHERE OF EUPHORIA!         BODYIAM 84 Instructor Workshop Education         BODYIAM Advanced Instructor Module 1         BODYIAM Advanced Instructor Module 1         BODYIAM Advanced Instructor Module 1         BODYIAM Initial Module         BODYIAM INITIAL RELEXTENSION         BODYPUMP 104 TRIPLE EXTENSION         BODYPUMP 105 Instructor Workshop Education         BODYPUMP 104 Release Kit Education         BODYPUMP 105 Release Kit Education         BODYSTEP 111 Instructor Workshop Education         BODYSTEP 111 Release Kit Education         BODYSTEP 111 Release Kit Education         BODYSTEP 111 Advanced Instructor Module 1         BODYSTEP Initial Module       BODYSTEP Initial Module         BODYSTEP 111 Advanced Instructor Module 1       BODYSTEP Initial Module	Home Study         2.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         15.0         12/31/2018         www.lesmills.com           Home Study         1.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         5.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Home Study         1.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         1.0         12/31/2018         www.lesmills.com           Workshop/Seminar         1.0         12/31/2018         www.lesmills.com           Workshop/Seminar         1.0         12/31/2018         www.lesmills.com           Workshop/Seminar
Les Mills (AFAA)	BODYFLOW 80 Release Kit Education BODYFLOW Advanced Instructor Module 1 BODYFLOW Initial Module BODYIAM S3 CREATING AN ATMOSPHERE OF EUPHORIA! BODYIAM S4 Instructor Workshop Education BODYIAM Advanced Instructor Module 1 BODYIAM Mitial Module BODYPUMP 105 Instructor Vorkshop Education BODYPUMP 105 Instructor Vorkshop Education BODYPUMP 105 Instructor Vorkshop Education BODYPUMP 105 Instructor Module 1 BODYPUMP 111 Instructor Workshop Education BODYPUMP 111 Instructor Workshop Education BODYSTEP 111 Instructor Module 1 BODYSTEP 111 Instructor Module 1 BODYSTEP I11 Instructor Module 1 BODYSTEP Advanced Instructor Module 1 BODYSTEP Advanced Instructor Module 1 BODYSTEP Advanced Instructor Module 1 BODYSTEP Advanced Instructor Module 1	Home Study         2.0         12/31/2018           Workshop/Seminar         15.0         12/31/2018         www.lesmills.com           Workshop/Seminar         15.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         10.0         12/31/2018         www.lesmills.com           Workshop/Seminar         10.0         12/31/2018         www.lesmills.com           Workshop/Seminar         10.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         4.0         12/31/2018         www.lesmills.com           Workshop/Seminar </td
Les Mills (AFAA)	BODYFLOW S0 Release Kit Education         BODYFLOW Initial Module         BODYLAW Advanced Instructor Module 1         BODYLAM 83 CREATING AN ATMOSPHERE OF EUPHORIA!         BODYIAM 84 Instructor Workshop Education         BODYIAM 54 Instructor Workshop Education         BODYIAM 54 Release Kit Education         BODYIAM 54 Release Kit Education         BODYIAM 54 Release Kit Education         BODYIAM 1014 Module         BODYUMP 104 TRIPLE EXTENSION         BODYPUMP 105 Instructor Module 1         BODYPUMP 105 Release Kit Education         BODYPUMP 106 Release Kit Education         BODYSTEP 111 Release Kit Education         BODYSTEP Advanced Instructor Module 1         BODYSTEP Initial Module         BODYSTEP Initial Module         BODYYTE Advanced Instructor Module 1         BODYYTE Advanced Instructor Module 1         BODYTVE Advanced Instructor Module 1	Home Study         2.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         1.0         12/31/2018         www.lesmills.com           Home Study         1.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         1.0         12/31/2018         www.lesmills.com           Workshop/Seminar         1.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         5.0         12/31/2018         www.lesmills.com           Workshop/Seminar         5.0         12/31/2018         www.lesmills.com           Workshop/Seminar         5.0         12/31/2018         www.lesmills.com           Workshop/Seminar
Les Mills (AFAA)	BODYFLOW S0 Release Kit Education         BODYFLOW Initial Module         BODYLAW Advanced Instructor Module 1         BODYIAM 83 CREATING AN ATMOSPHERE OF EUPHORIA!         BODYIAM 84 Instructor Workshop Education         BODYIAM Advanced Instructor Module 1         BODYIAM Advanced Instructor Module 1         BODYIAM Advanced Instructor Module 1         BODYIAM Initial Module         BODYIAM 1011         BODYUMP 104 TRIPLE EXTENSION         BODYPUMP 105 Instructor Workshop Education         BODYPUMP 105 Release Kit Education         BODYPUMP 105 Release Kit Education         BODYPUMP 105 Release Kit Education         BODYSTEP 111 Release Kit Education         BODYSTEP 111 Not VOR LATER         BODYSTEP 111 Instructor Workshop Education         BODYSTEP 111 Release Kit Education         BODYSTEP 111 Advanced Instructor Module 1         BODYTYE B.1/ 45 - Innovations         BODYVVE 3.1/ 45 - Innovations         BODYVVE 1.1/ 45 - Innovations         BODYVVE 1.1/ 45 - Innovations	Home Study         2.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         10.0         12/31/2018         www.lesmills.com           Home Study         1.0         12/31/2018         www.lesmills.com           Workshop/Seminar         30.0         12/31/2018         www.lesmills.com           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         1.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         15.0         12/31/2018         www.lesmills.com           Workshop/Seminar         15.0         12/31/2018         www.lesmills.com           Workshop/Seminar         15.0         12/31/2018         www.lesmills.com           Workshop/Seminar         15.0         12/31/2018         www.lesmills.com           Workshop/Seminar
Les Mills (AFAA)           Les Mills	BODYFLOW S0 Release Kit Education         BODYFLOW Initial Module         BODYLAW Advanced Instructor Module 1         BODYLAM S3 CREATING AN ATMOSPHERE OF EUPHORIA!         BODYJAM S4 Instructor Workshop Education         BODYJAM S4 Instructor Workshop Education         BODYJAM S4 Release Kit Education         BODYJAM Mital Module         BODYJAM Initial Module         BODYPUMP 105 Instructor Workshop Education         BODYPUMP 105 Instructor Workshop Education         BODYPUMP 105 Instructor Workshop Education         BODYPUMP 105 Instructor Module 1         BODYPUMP 105 Instructor Module 1         BODYPUMP 105 Instructor Workshop Education         BODYSTEP 11 Instructor Workshop Education         BODYSTEP 111 Instructor Workshop Education         BODYSTEP 111 Instructor Workshop Education         BODYSTEP Advanced Instructor Module 1         BODYSTEP Advanced Instructor Module 1         BODYSTEP Advanced Instructor Module 1         BODYYVE 3.1 / 45 - Instructor Module 1         BODYVVE Advanced Instructor Module 1         BODYVVE Advanced Instructor Module 1         BODYVVE Advanced Instructor Module 1	Home Study         2.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018           Workshop/Seminar         10         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018           Workshop/Seminar         10.0         12/31/2018           Workshop/Seminar         10.0         12/31/2018           Workshop/Seminar         10.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018           Workshop/Seminar         10         12/31/2018           Workshop/Seminar         10         12/31/2018           Workshop/Seminar         10         12/31/2018
Les Mills (AFAA)           Les Mills	BODYFLOW S0 Release Kit Education         BODYFLOW Initial Module         BODYLAW Advanced Instructor Module 1         BODYIAM 83 CREATING AN ATMOSPHERE OF EUPHORIA!         BODYIAM 84 Instructor Workshop Education         BODYIAM 54 Instructor Workshop Education         BODYIAM 54 Release Kit Education         BODYIAM 54 Release Kit Education         BODYIAM 10141 Module         BODYIAM 10141 Module         BODYPUMP 105 Instructor Workshop Education         BODYPUMP 105 Release Kit Education         BODYSTEP 111 Instructor Workshop Education         BODYSTEP 111 Release Kit Education         BODYSTEP Advanced Instructor Module 1         BODYSTEP 111 Release Kit Education         BODYSTEP 111 Release Kit Education         BODYSTEP Advanced Instructor Module 1         BODYYUE Advanced Instructor Module 1         BODYYUE Advanced Instructor Module 1         BODYVI	Home Study         2.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         10.0         12/31/2018         www.lesmills.com           Home Study         1.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         1.0         12/31/2018         www.lesmills.com           Workshop/Seminar         1.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         5.0         12/31/2018         www.lesmills.com           Workshop/Seminar         5.0         12/31/2018         www.lesmills.com           Workshop/Seminar         5.0         12/31/2018         www.lesmills.com           Workshop/Seminar         5.0         12/31/2018         www.lesmills.com           Workshop/Seminar
Les Mills (AFAA)           Les Mills	BODYFLOW S0 Release Kit Education         BODYFLOW Initial Module         BODYLAW Advanced Instructor Module 1         BODYIAM 83 CREATING AN ATMOSPHERE OF EUPHORIA!         BODYIAM 84 Instructor Workshop Education         BODYIAM Advanced Instructor Module 1         BODYIAM Advanced Instructor Module 1         BODYIAM 1000000000000000000000000000000000000	Home Study         2.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         10.0         12/31/2018         www.lesmills.com           Home Study         1.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         1.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         1.0         12/31/2018         www.lesmills.com           Workshop/Seminar
Les Mills (AFAA)           Les Mills	BODYFLOW S0 Release Kit Education         BODYFLOW Initial Module         BODYLAW Advanced Instructor Module 1         BODYIAM 83 CREATING AN ATMOSPHERE OF EUPHORIA!         BODYIAM 84 Instructor Workshop Education         BODYIAM 54 Instructor Workshop Education         BODYIAM 54 Release Kit Education         BODYIAM 54 Release Kit Education         BODYIAM 10141 Module         BODYIAM 10141 Module         BODYPUMP 105 Instructor Workshop Education         BODYPUMP 105 Release Kit Education         BODYSTEP 111 Instructor Workshop Education         BODYSTEP 111 Release Kit Education         BODYSTEP Advanced Instructor Module 1         BODYSTEP 111 Release Kit Education         BODYSTEP 111 Release Kit Education         BODYSTEP Advanced Instructor Module 1         BODYYUE Advanced Instructor Module 1         BODYYUE Advanced Instructor Module 1         BODYVI	Home Study         2.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018           Workshop/Seminar         10.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         10.0         12/31/2018           Workshop/Seminar         10.0         12/31/2018           Workshop/Seminar         10.0         12/31/2018           Workshop/Seminar         10.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         10.0         12/31/2018           Workshop/Seminar         10.1         12/31/2018           Workshop/Seminar         10.1         12/31/2018
Les Mills (AFAA)           Les Mills	BODYFLOW S0 Release Kit Education         BODYFLOW Initial Module         BODYLAW Advanced Instructor Module 1         BODYIAM 83 CREATING AN ATMOSPHERE OF EUPHORIA!         BODYIAM 84 Instructor Workshop Education         BODYIAM 54 Instructor Workshop Education         BODYIAM 54 Release Kit Education         BODYIAM 54 Release Kit Education         BODYIAM 54 Release Kit Education         BODYUMP 105 Instructor Workshop Education         BODYPUMP 105 Release Kit Education         BODYSTEP 111 Instructor Workshop Education         BODYSTEP 111 Release Kit Education         BODYSTEP Advanced Instructor Module 1         BODYSTEP I11 Release Kit Education         BODYSTEP I11 Release Kit Education         BODYSTEP I11 Release Kit Education         BODYYVE Advanced Instructor Module 1         BODYVVE Advanced Instructor Module 1         BODYVVE Initial Module All Age Groups         BORN TO MOVE Initial Module Shool Age Gonly	Home Study         2.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         10.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         15.0         12/31/2018         www.lesmills.com           Workshop/Seminar         15.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         10.0         12/31/2018         www.lesmills.com           Workshop/Seminar         10.0         12/31/2018         www.lesmills.com           Workshop/Seminar         10.0         12/31/2018         www.lesmills.com           Workshop/Seminar         15.0         12/31/2018         www.lesmills.com           Workshop/Seminar         15.0         12/31/2018         www.lesmills.com           Workshop/Semina
Les Mills (AFAA)           Les Mills	BODYFLOW S0 Release Kit Education         BODYFLOW Initial Module         BODYLAW Advanced Instructor Module 1         BODYIAM 83 CREATING AN ATMOSPHERE OF EUPHORIA!         BODYIAM 84 Instructor Workshop Education         BODYIAM 54 Instructor Workshop Education         BODYIAM 54 Release Kit Education         BODYIAM 54 Release Kit Education         BODYIAM 1000000000000000000000000000000000000	Home Study         2.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         10.0         12/31/2018         www.lesmills.com           Home Study         1.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         15.0         12/31/2018         www.lesmills.com           Workshop/Seminar
Les Mills (AFAA)           Les Mills	BODYFLOW Sol Release Kit Education         BODYFLOW Initial Module         BODYLAM S3 CREATING AN ATMOSPHERE OF EUPHORIA!         BODYIAM 33 CREATING AN ATMOSPHERE OF EUPHORIA!         BODYIAM 34 Instructor Workshop Education         BODYIAM 34 Release Kit Education         BODYIAM 44 Release Kit Education         BODYIAM 11111 Module         BODYIAM 11111 Module         BODYIAM 11111 Module         BODYPUMP 105 Instructor Workshop Education         BODYPUMP 105 Release Kit Education         BODYSTEP 111 Instructor Workshop Education         BODYSTEP 111 Release Kit Education         BODYSTEP 111 Release Kit Education         BODYSTEP Advanced Instructor Module 1         BODYVIVE Advanced Instructor Module 2         BORN TO MOVE Initial Module Preschool Only	Home Study         2.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018           Workshop/Seminar         100         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         10.0         12/31/2018           Workshop/Seminar         10.0         12/31/2018           Workshop/Seminar         10.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         10.1         12/31/2018           Workshop/Seminar         10.1         12/31/2018           Workshop/Seminar         10.1         12/31/2018
Les Mills (AFAA)           Les Mills	BODYFLOW So Release Kit Education         BODYFLOW Initial Module         BODYLAW Advanced Instructor Module 1         BODYIAM 83 CREATING AN ATMOSPHERE OF EUPHORIA!         BODYIAM 84 Instructor Workshop Education         BODYIAM 54 Instructor Workshop Education         BODYIAM 54 Release Kit Education         BODYIAM 54 Release Kit Education         BODYIAM 54 Release Kit Education         BODYPUMP 105 Instructor Workshop Education         BODYPUMP 105 Release Kit Education         BODYSTEP 111 Instructor Workshop Education         BODYSTEP 111 Release Kit Education         BODYSTEP Advanced Instructor Module 1         BODYVIVE Initial Module         BODYVIVE Initial Module All Age Groups         BORN TO MOVE Initial Module Preschool Only         BORN TO MOVE Initial Module Preschool Only         BORN TO MOVE Initial Module Preschool	Home Study         2.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         10.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         8.0         12/31/2018         www.lesmills.com           Workshop/Seminar         15.0         12/31/2018         www.lesmills.com           Workshop/Seminar         15.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         3.0         12/31/2018         www.lesmills.com           Workshop/Seminar         10.0         12/31/2018         www.lesmills.com           Workshop/Seminar         10.0         12/31/2018         www.lesmills.com           Workshop/Seminar         15.0         12/31/2018         www.lesmills.com           Workshop/Seminar         15.0         12/31/2018         www.lesmills.com           Workshop/Seminar         15.0         12/31/2018         www.lesmills.com           Workshop/Semina
Les Mills (AFAA)           Les Mills	BODYFLOW Sol Release Kit Education         BODYFLOW Initial Module         BODYLAM S3 CREATING AN ATMOSPHERE OF EUPHORIA!         BODYIAM 33 CREATING AN ATMOSPHERE OF EUPHORIA!         BODYIAM 34 Instructor Workshop Education         BODYIAM 34 Release Kit Education         BODYIAM 44 Release Kit Education         BODYIAM 11111 Module         BODYIAM 11111 Module         BODYIAM 11111 Module         BODYPUMP 105 Instructor Workshop Education         BODYPUMP 105 Release Kit Education         BODYSTEP 111 Instructor Workshop Education         BODYSTEP 111 Release Kit Education         BODYSTEP 111 Release Kit Education         BODYSTEP Advanced Instructor Module 1         BODYVIVE Advanced Instructor Module 2         BORN TO MOVE Initial Module Preschool Only	Home Study         2.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018           Workshop/Seminar         1.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         8.0         12/31/2018           Workshop/Seminar         1.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         3.0         12/31/2018           Workshop/Seminar         5.0         12/31/2018           Workshop/Seminar         5.0         12/31/2018           Workshop/Seminar         4.0         12/31/2018           Workshop/Seminar         5.0         12/31/2018           Workshop/Seminar         1.0         12/31/2018           Workshop/Seminar         1.0         12/31/2018           Workshop/Seminar         1.0         12/31/2018

Les Mills (AFAA)	GRIT 23 - Mastering the Monster Circuit	Home Study 1.0 12/31/2018
Les Mills (AFAA)	LES MILLS GRIT Advanced Instructor Module 1	Workshop/Seminar 8.0 12/31/2018 www.lesmills.com/us
Les Mills (AFAA)	LES MILLS GRIT Cardio 24 Instructor Workshop Education	Workshop/Seminar 2.0 12/31/2018
Les Mills (AFAA)	LES MILLS GRIT Cardio 24 Release Kit Education	Home Study 1.0 12/31/2018
Les Mills (AFAA)	LES MILLS GRIT Initial Module	Workshop/Seminar 15.0 12/31/2018 www.lesmills.com
Les Mills (AFAA)	LES MILLS GRIT Plyo 24 Instructor Workshop Education	Workshop/Seminar 2.0 12/31/2018
Les Mills (AFAA)	LES MILLS GRIT Plyo 24 Release Kit Education	Home Study 1.0 12/31/2018
Les Mills (AFAA)	LES MILLS GRIT Strength 24 Instructor Workshop Education	Workshop/Seminar 2.0 12/31/2018
Les Mills (AFAA)	LES MILLS GRIT Strength 24 Release Kit Education	Home Study 1.0 12/31/2018
Les Mills (AFAA)	LES MILLS SPRINT 11 Instructor Workshop Education	Workshop/Seminar 2.0 12/31/2018
Les Mills (AFAA)	LES MILLS SPRINT 11 Release Kit Education	Home Study 1.0 12/31/2018
Les Mills (AFAA)	LES MILLS SPRINT Initial Module	Workshop/Seminar 14.0 12/31/2018 www.lesmills.com
Les Mills (AFAA)	LES MILLS TONE 1 Instructor Workshop Education	Workshop/Seminar 2.0 12/31/2018
Les Mills (AFAA)	LES MILLS TONE 1 Release Kit Education	Home Study 1.0 12/31/2018
Les Mills (AFAA)	RPM 77 - Layer Coaching	Home Study 1.0 12/31/2018
Les Mills (AFAA)	RPM 78 Instructor Workshop Education	Workshop/Seminar 2.0 12/31/2018
Les Mills (AFAA)	RPM 78 Release Kit Education	Home Study 1.0 12/31/2018
Les Mills (AFAA)	RPM Advanced Instructor Module 1	Workshop/Seminar 8.0 12/31/2018 www.lesmills.com
Les Mills (AFAA)	RPM Initial Module	Workshop/Seminar 15.0 12/31/2018 www.lesmills.com
Les Mills (AFAA)	SH'BAM 31 Instructor Workshop Education	Workshop/Seminar 3.0 12/31/2018
Les Mills (AFAA)	SH'BAM 31 Release Kit Education	Home Study 2.0 12/31/2018
Les Mills (AFAA)	SH'BAM 30 - Floor Friends	Home Study 1.0 12/31/2018
Les Mills (AFAA)	SH'BAM Advanced Instructor Module 1	Workshop/Seminar 8.0 12/31/2018 www.lesmills.com
Les Mills (AFAA)	SH'BAM Initial Module	Workshop/Seminar 15.0 12/31/2018 www.lesmills.com
Les Mills (AFAA)	The TRIP Initial Module	Workshop/Seminar 15.0 12/31/2018 www.lesmills.com/us
Les Mills (AFAA)	Trip 11 - State, Show, Say Recap - TRIP Summary, Being Athletic & Animated	Home Study 1.0 12/31/2018
	Outside the Box	
Linda N. Magee (AFAA) Lisa J. Hamlin (AFAA)	Senior Fit & Fun	
Lisa J. Hamlin (AFAA)	Specialized Military Fitness Programming	Workshop/Seminar         15.0         12/31/2018           Workshop/Seminar         8.0         13/21/2019
Lisa J. Hamlin (AFAA)	Trigger Point Muscle Rejuvenation	Workshop/Seminar 8.0 12/31/2018
Lisa J. Hamlin (AFAA)	Yoga 24/7	Workshop/Seminar 4.0 12/31/2018
Lisa J. Hamlin (AFAA)	Yoga Burn & Firm	Workshop/Seminar 4.0 12/31/2018
Lisa J. Hamlin (AFAA)	Youth Fitness - Fit-4-Kids	Workshop/Seminar 8.0 12/31/2018
Lisafirefly LLC (AFAA)	YOGASPORT FX	Workshop/Seminar 7.0 12/31/2018 lisafirefly.com
Living Wellness, LLC (AFAA)	Living Wellness Certification	Workshop/Seminar 12.0 12/31/2018 www.LWGG.org
Louis Kong (AFAA)	Increase Profitability for Personal Trainers through Professionalism and Leadership	Workshop/Seminar 8.0 12/31/2018
Louis Kong (AFAA)	Personal Training Essentials	Workshop/Seminar 8.0 12/31/2018
Low Pressure Fitness(AFAA)	Level 1 Instructor Training	Workshop/Seminar 15.0 12/31/2018
Low Pressure Fitness(AFAA)	Level 2 Instructor Training	Workshop/Seminar 15.0 12/31/2018
Mad Dogg Athletics (AFAA)	2018 Pilates Empowerment Summit	Conference 15.0 12/31/2018 www.pilatesempowermentsummit.com/
Mad Dogg Athletics (AFAA)	2018 World Spinning® and Sports Conditioning Conference	Conference 15.0 12/31/2018 www.wsscconference.com
Mad Dogg Athletics (AFAA)	3 Part Cues	Workshop/Seminar 2.0 12/31/2018
Mad Dogg Athletics (AFAA)	Aerobic Base Building	Workshop/Seminar 4.0 12/31/2018 www.maddogg.com
Mad Dogg Athletics (AFAA)	Becoming a Rockstar Instructor	Workshop/Seminar 8.0 12/31/2018 www.spinning.com
Mad Dogg Athletics (AFAA)	Contraindications	Workshop/Seminar 4.0 12/31/2018 www.maddogg.com
Mad Dogg Athletics (AFAA)	Creating a Journey Ride	Workshop/Seminar 4.0 12/31/2018 www.maddogg.com
Mad Dogg Athletics (AFAA)	Creative Climbs	Workshop/Seminar 2.0 12/31/2018 www.maddogg.com
Mad Dogg Athletics (AFAA)	Creative Coaching	Workshop/Seminar 4.0 12/31/2018 www.maddogg.com
Mad Dogg Athletics (AFAA)	CrossCore <sup>®</sup> Foundations	Workshop/Seminar 6.0 12/31/2018 www.maddogg.com
Mad Dogg Athletics (AFAA)	Heart Rate Training	Workshop/Seminar 4.0 12/31/2018 www.maddogg.com
Mad Dogg Athletics (AFAA)	High Intensity Training	Workshop/Seminar 4.0 12/31/2018 www.maddogg.com
Mad Dogg Athletics (AFAA)	Interval Energy Zone™	Workshop/Seminar 2.0 12/31/2018 www.maddogg.com
Mad Dogg Athletics (AFAA) Mad Dogg Athletics (AFAA)	Language & Visualization	Workshop/Seminar 4.0 12/31/2018 www.maddogg.com
Mad Dogg Athletics (AFAA)	Let's Jump!	Workshop/Seminar 2.0 12/31/2018 www.maddogg.com
Mad Dogg Athletics (AFAA) Mad Dogg Athletics (AFAA)	Loops and Ladders	Workshop/Seminar 2.0 12/31/2018 www.maddogg.com
Mad Dogg Athletics (AFAA) Mad Dogg Athletics (AFAA)	Mental Training: Approach and Skills	Workshop/Seminar 4.0 12/31/2018 www.maddogg.com
Mad Dogg Athletics (AFAA) Mad Dogg Athletics (AFAA)	Movement, Music, Motivation	Workshop/Seminar 2.0 12/31/2018 www.maddogg.com
Mad Dogg Athletics (AFAA)	Peak Pilates MVe-Chair Instructor Workshop 2-day Peak Pilates MVe-Reformer Instructor Workshop 2-day	Workshop/Seminar         13.0         12/31/2018         www.maddogg.com           Workshop/Seminar         11.0         12/31/2018         www.maddogg.com
Mad Dogg Athletics (AFAA)		
Mad Dogg Athletics (AFAA)	Peak Pilates-Advanced Mat	Workshop/Seminar         9.0         12/31/2018         www.maddogg.com
Mad Dogg Athletics (AFAA)	Peak Pilates-Basic Mat	Workshop/Seminar 12.0 12/31/2018 www.maddogg.com
Mad Dogg Athletics (AFAA)	Peak Pilates-Chair & Barrel Intensive I	Workshop/Seminar 5.0 12/31/2018 www.maddogg.com
	Peak Pilates-Chair & Barrel Intensive II	Workshop/Seminar 6.0 12/31/2018 www.maddogg.com
Mad Dogg Athletics (AFAA)		
Mad Dogg Athletics (AFAA)	Peak Pilates-Fundamentals	Workshop/Seminar 4.0 12/31/2018 www.maddogg.com
Mad Dogg Athletics (AFAA) Mad Dogg Athletics (AFAA)	Peak Pilates-Intermediate Mat	Workshop/Seminar         4.0         12/31/2018 www.maddogg.com           Workshop/Seminar         14.0         12/31/2018 www.maddogg.com
Mad Dogg Athletics (AFAA) Mad Dogg Athletics (AFAA) Mad Dogg Athletics (AFAA)	Peak Pilates-Jump Intervals	Workshop/Seminar         4.0         12/31/2018 www.maddogg.com           Workshop/Seminar         14.0         12/31/2018 www.maddogg.com           Workshop/Seminar         3.0         12/31/2018 www.maddogg.com
Mad Dogg Athletics (AFAA) Mad Dogg Athletics (AFAA) Mad Dogg Athletics (AFAA) Mad Dogg Athletics (AFAA)	Peak Pilates-Intermediate Mat Peak Pilates-Jump Intervals Peak Pilates-Lengthen & Strengthen with Elastic Bands	Workshop/Seminar         4.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.4         12/31/2018 www.maddogg.com           Workshop/Seminar         3.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com
Mad Dogg Athletics (AFAA) Mad Dogg Athletics (AFAA) Mad Dogg Athletics (AFAA) Mad Dogg Athletics (AFAA) Mad Dogg Athletics (AFAA)	Peak Pilates-Intermediate Mat Peak Pilates-Jump Intervals Peak Pilates-Lengthen & Strengthen with Elastic Bands Peak Pilates-Level II Preparation	Workshop/Seminar         4.0         12/31/2018 www.maddogg.com           Workshop/Seminar         14.0         12/31/2018 www.maddogg.com           Workshop/Seminar         3.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         3.0         12/31/2018 www.maddogg.com           Workshop/Seminar         3.0         12/31/2018 www.maddogg.com
Mad Dogg Athletics (AFAA) Mad Dogg Athletics (AFAA)	Peak Pilates-Level II Preparation	Workshop/Seminar         4.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         5.0         12/31/2018 www.maddogg.com
Mad Dogg Athletics (AFAA) Mad Dogg Athletics (AFAA)	Peak Pilates-Intermediate Mat Peak Pilates-Jump Intervals Peak Pilates-Lengthen & Strengthen with Elastic Bands Peak Pilates-Level II Preparation	Workshop/Seminar         4.0         12/31/2018 www.maddogg.com           Workshop/Seminar         14.0         12/31/2018 www.maddogg.com           Workshop/Seminar         3.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         3.0         12/31/2018 www.maddogg.com           Workshop/Seminar         3.0         12/31/2018 www.maddogg.com
Mad Dogg Athletics (AFAA) Mad Dogg Athletics (AFAA)	Peak Pilates-Level II Preparation	Workshop/Seminar         4.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         5.0         12/31/2018 www.maddogg.com
Mad Dogg Athletics (AFAA) Mad Dogg Athletics (AFAA)	Peak Pilates-Intermediate Mat Peak Pilates-Jump Intervals Peak Pilates-Lengthen & Strengthen with Elastic Bands Peak Pilates-Level III Preparation Peak Pilates-Level III Preparation Peak Pilates-Peak Conditioning with Kettlebells	Workshop/Seminar         4.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         3.0         12/31/2018 www.maddogg.com           Workshop/Seminar         3.0         12/31/2018 www.maddogg.com           Workshop/Seminar         3.0         12/31/2018 www.maddogg.com
Mad Dogg Athletics (AFAA) Mad Dogg Athletics (AFAA)	Peak Pilates-Intermediate Mat Peak Pilates-Jump Intervals Peak Pilates-Lengthen & Strengthen with Elastic Bands Peak Pilates-Level II Preparation Peak Pilates-Level II Preparation Peak Pilates-Peak Conditioning with Kettlebells Peak Pilates-Power Circle	Workshop/Seminar         4.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         3.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         3.0         12/31/2018 www.maddogg.com           Workshop/Seminar         5.0         12/31/2018 www.maddogg.com           Workshop/Seminar         5.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com
Mad Dogg Athletics (AFAA) Mad Dogg Athletics (AFAA)	Peak Pilates-Intermediate Mat Peak Pilates-Jump Intervals Peak Pilates-Lengthen & Strengthen with Elastic Bands Peak Pilates-Level II Preparation Peak Pilates-Level III Preparation Peak Pilates-Peak Conditioning with Kettlebells Peak Pilates-Power Circle Peak Pilates-Progr Shop	Workshop/Seminar         4.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         3.0         12/31/2018 www.maddogg.com           Workshop/Seminar         3.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         0.0         12/31/2018 www.maddogg.com           Workshop/Seminar         0.0         12/31/2018 www.maddogg.com
Mad Dogg Athletics (AFAA) Mad Dogg Athletics (AFAA)	Peak Pilates-Intermediate Mat Peak Pilates-Jump Intervals Peak Pilates-Lengthen & Strengthen with Elastic Bands Peak Pilates-Level II Preparation Peak Pilates-Level III Preparation Peak Pilates-Peak Conditioning with Kettlebells Peak Pilates-Props Shop Peak Pilates-Props Shop Profile Designs & Heart Rate Games	Workshop/Seminar         4.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         3.0         12/31/2018 www.maddogg.com           Workshop/Seminar         3.0         12/31/2018 www.maddogg.com           Workshop/Seminar         3.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         5.0         12/31/2018 www.maddogg.com
Mad Dogg Athletics (AFAA) Mad Dogg Athletics (AFAA)	Peak Pilates-Intermediate Mat Peak Pilates-Jump Intervals Peak Pilates-Level II Preparation Peak Pilates-Level II Preparation Peak Pilates-Level II Preparation Peak Pilates-Power Circle Peak Pilates-Programe <sup>™</sup> Race Day Energy Zone <sup>™</sup> Rating of Perceived Exertion: It's More Than a Feeling	Workshop/Seminar         4.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         3.0         12/31/2018 www.maddogg.com           Workshop/Seminar         4.0         12/31/2018 www.maddogg.com
Mad Dogg Athletics (AFAA) Mad Dogg Athletics (AFAA)	Peak Pilates-Intermediate Mat Peak Pilates-Jump Intervals Peak Pilates-Lengthen & Strengthen with Elastic Bands Peak Pilates-Lengthen & Strengthen with Elastic Bands Peak Pilates-Level III Preparation Peak Pilates-Peak Conditioning with Ketlebells Peak Pilates-Power Circle Peak Pilates-Porps Shop Profile Designs & Heart Rate Games Race Day Energy Zone <sup>***</sup> Rating of Perceived Exertion: It's More Than a Feeling Resist-A-Ball* Foundation Instructor Training	Workshop/Seminar         4.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         3.0         12/31/2018 www.maddogg.com           Workshop/Seminar         3.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         2.0         12/31/2018 www.maddogg.com
Mad Dogg Athletics (AFAA) Mad Dogg Athletics (AFAA)	Peak Pilates-Intermediate Mat Peak Pilates-Jump Intervals Peak Pilates-Level II Preparation Peak Pilates-Level II Preparation Peak Pilates-Peak Conditioning with Kettlebells Peak Pilates-Power Circle Peak Pilates-Props Shop Profile Designs & Heart Rate Games Race Day Energy Zone <sup>444</sup> Rating of Perceived Exertion: It's More Than a Feeling Resist-A-Ball* Foundation Instructor Training Resist-A-Ball* Foundation Instructor Training Resista-Ball* Evandation Instructor Training	Workshop/Seminar         4.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         3.0         12/31/2018 www.maddogg.com           Workshop/Seminar         3.0         12/31/2018 www.maddogg.com           Workshop/Seminar         3.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         2.0         12/31/2018 www.maddogg.com
Mad Dogg Athletics (AFAA) Mad Dogg Athletics (AFAA)	Peak Pilates-Intermediate Mat Peak Pilates-Jump Intervals Peak Pilates-Level II Preparation Peak Pilates-Level II Preparation Peak Pilates-Level II Preparation Peak Pilates-Power Circle Peak Pilates-Level II Preparation Peak Pilates-Level II	Workshop/Seminar         4.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         3.0         12/31/2018 www.maddogg.com           Workshop/Seminar         4.0         12/31/2018 www.maddogg.com           Workshop/Seminar         4.0         12/31/2018 www.maddogg.com           Workshop/Seminar         4.0         12/31/2018 www.maddogg.com           Workshop/Seminar         4.0         12/31/2018 www.maddogg.com           Workshop/Seminar         2.0         12/31/2018 www.maddogg.com           Workshop/Seminar         2.0         12/31/2018 www.maddogg.com           Workshop/Seminar         2.0         12/31/2018 www.maddogg.com           Workshop/Seminar<
Mad Dogg Athletics (AFAA) Mad Dogg Athletics (AFAA)	Peak Pilates-Intermediate Mat Peak Pilates-Jump Intervals Peak Pilates-Level II Preparation Peak Pilates-Level II Preparation Peak Pilates-Peak Conditioning with Kettlebells Peak Pilates-Power Circle Peak Pilates-Props Shop Profile Designs & Heart Rate Games Race Day Energy Zone <sup>444</sup> Rating of Perceived Exertion: It's More Than a Feeling Resist-A-Ball* Foundation Instructor Training Resist-A-Ball* Foundation Instructor Training Resista-Ball* Evandation Instructor Training	Workshop/Seminar         4.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         3.0         12/31/2018 www.maddogg.com           Workshop/Seminar         3.0         12/31/2018 www.maddogg.com           Workshop/Seminar         3.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         1.0         12/31/2018 www.maddogg.com           Workshop/Seminar         2.0         12/31/2018 www.maddogg.com

Mad Dogg Athletics (AFAA) Masala Dance & Fitness, Inc. (AFAA) Matrix Fitness (AFAA) Matrix Fitness (AFAA) Matrix Fitness (AFAA) Melissa Weigelt (AFAA) Metafit Training USA (AFAA) Mike Dolce MMA INC. (AFAA) MindBodyBarre (AFAA) MIST Jackie Henderson (AFAA) Moba Fitness(AFAA) Moba Fitness(AFAA) Moms Into Fitness, Inc. (AFAA) MOSSA (AFAA) ΜΟSSA (ΔΕΔΔ) MOSSA (AFAA) Move it Nation, Inc.(AFAA) Movement Edge (AFAA) Movement Edge (AFAA) MUVZ Fitness (AFAA) MYbarre Fitness (AFAA) Namirsa Inc. (AFAA) NASM (AFAA) National Academy of Strength and Power (AFAA) National Exercise Trainers Association (NETA) (AEAA) National Exercise Trainers Association (NETA) (AFAA) National Exercise Trainers Association (NETA) (AEAA) National Exercise Trainers Association (NETA) (AFAA) National Exercise Trainers Association (NETA) (AFAA) National Exercise Trainers Association (NETA) (AEAA) National Exercise Trainers Association (NETA) (AFAA) National Exercise Trainers Association (NETA) (AFAA)

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Spinning & Core Training Spinning Certification Online Spinning Instructor Training SPINPower® Instructor Training SPINPower<sup>®</sup> Personal Spinning<sup>®</sup> Threshold SPINPower® STONGER Spintensity<sup>™</sup>: Periodization Strength Energy Zone™ Strength, Hills & Power The 5-Step Sprint The Art of Recovery Ugi Essentials Instructor Training Ugi Fit Ugi Flow Bar Bhangra Masala Bhangra Level 1 Training: Foundations Masala Bhangra Level 2 Training: Expert Masala Bhangra Level 3 Training: Pro MX4: Functional Frame Small Group Training Course Resistance Band Training Sprint 8 Best of Boot Camp Fit Frenzy HIIT Re-Mix Mindful Strength Partner Play Strength by Numbers Metafit Coach Course Dolce Diet Certified: Nutrition Counselor (Level-1) MindBodyBarre Advanced Training MIST - Muscle Integrated Soul Training Moba Program Design Course Moba Program Design Online Course Prenatal & Postnatal Fitness Specialist Advanced Coaching Group Active Initial Training Group Active Online Training Group Blast Initial Training Group Blast Online Training Group Centergy Initial Training Group Centergy Online Training Group Core Initial Training Group Core Online Training Group Fight Initial Training Group Fight Online Training Group Groove Initial Training Group Groove Online Training Group Power Initial Training Group Ride/R30 Initial Training Let's Move 4 Life! ViPR Workout & ViPR Move Initial Training What is Fascia?! & Tensegrity 101 Certified Roots-n-Riddims Instructor Movement Edge Practitioner Training - Online Course Movement Edge Practitioner Training - Workshop MUVZ Fitness MYbarre Instructor Electronic Stimulation for Pain & Muscle Performance All NASM courses are approved with AFAA Certified Powerlifting Coach for Sports Competition 101 Ways to Bootcamp (3hr) 101 Ways to Bootcamp (5hr) 9 Rounds of TKO Fit Fest Barre Connect Specialty Certification Barre Meets Bike Fit Fest Becoming a Yoga Professional Certification Body Weight Training Catching Some Zzzz's: Sleeping Your Way to Better Health and Performance Cycle 360: Cardio, Strength, and Core Exercise for Parkinson's and MS Fitness Yoga Specialty Certification Foam Roller Pilates Fit Fest Foundations of Resistance Training Program Design Fun Group Training: Tread-N-Shred Glutes Core and More Fit Fest HIIT it with YOGA HIIT it with YOGA Indoor Cycling Intermediate Yoga Specialty Certification

Kettlebells Basic

Workshop/Seminar 4.0 12/31/2018 www.maddogg.com Home Study 8.0 12/31/2018 www.spinning.com Workshop/Seminar 8.0 12/31/2018 www.maddogg.com Workshon/Seminar 7.0 12/31/2018 www.maddogg.com Workshop/Seminar 12/31/2018 www.maddogg.com 4.0 Workshop/Seminar 4.0 12/31/2018 www.spinning.com Workshon/Seminar 4.0 12/31/2018 www.maddogg.com Workshop/Seminar 2.0 12/31/2018 www.maddogg.com Workshop/Seminar 2.0 12/31/2018 www.maddogg.com Workshop/Seminar 2.0 12/31/2018 www.maddogg.com Workshop/Seminar 2.0 12/31/2018 www.maddogg.com Workshop/Seminar 6.0 12/31/2018 www.maddogg.com 4.0 12/31/2018 www.maddoge.com Workshon/Seminar Workshop/Seminar 3.0 12/31/2018 www.maddogg.com Workshop/Seminar 7.0 12/31/2018 www.masalabhangraworkout.com Workshop/Seminar 8.0 12/31/2018 www.masalabhangraworkout.com Workshop/Seminar 4.0 12/31/2018 www.masalabhangraworkout.com Workshop/Seminar 5.0 12/31/2018 www.masalabhangraworkout.com Workshop/Seminar 5.0 12/31/2018 www.matrixfitness.com Workshop/Seminar 4.0 12/31/2018 http://www.matrixfitness.com/en/group-training/ Workshop/Seminar 3.0 12/31/2018 www.matrixfitness.com Workshop/Seminar 2.0 12/31/2018 http://www.flowfitnesstraining.com 2.0 12/31/2018 www.flowfitnesstraining.com Workshop/Seminar Workshop/Seminar 2.0 12/31/2018 www.flowfitnesstraining.com Workshop/Seminar 2.0 12/31/2018 http://www.flowfitnesstraining.com Workshop/Seminar 2.0 12/31/2018 www.flowfitnesstraining.com Workshop/Seminar 2.0 12/31/2018 www.flowfitnesstraining.com Workshop/Seminar 6.0 12/31/2018 www.metafit-trainingusa.com Workshop/Seminar 14.0 12/31/2018 www.TheDolceDiet.com Workshop/Seminar 15.0 12/31/2018 http://mindbodybarre.com Workshop/Seminar 8.0 12/31/2018 http://www.ablemindbody.com Workshop/Seminar 2.0 12/31/2018 Home Study 12/31/2018 2.0 15.0 12/31/2018 www.momsintofitness.com Home Study Home Study 1.0 12/31/2018 www.mossa.net Workshop/Seminar 14.0 12/31/2018 www.mossa.net 12/31/2018 www.mossa.net Home Study 8.0 Workshop/Seminar 14.0 12/31/2018 www.mossa.net 12/31/2018 www.mossa.net Home Study 8.0 Workshon/Seminar 15.0 12/31/2018 www.mossa.net Home Study 6.0 12/31/2018 www.mossa.net 7.5 12/31/2018 www.mossa.net Workshop/Seminar 12/31/2018 www.mossa.net Home Study 6.0 Workshop/Seminar 8.0 12/31/2018 www.mossa.net Home Study 8.0 12/31/2018 www.mossa.net 14.5 12/31/2018 www.mossa.net Workshop/Seminal 12/31/2018 www.mossa.net 8.0 Home Study 15.0 12/31/2018 www.mossa.net Workshop/Seminar Workshop/Seminar 14.0 12/31/2018 www.mossa.net Home Study 1.0 12/31/2018 www.mossa.net Workshon/Seminar 15.0 12/31/2018 Workshop/Seminar 2.0 12/31/2018 www.mossa.net Workshop/Seminar 5.0 12/31/2018 8.0 12/31/2018 Home Study Workshop/Seminar 15.0 12/31/2018 12/31/2018 http://www.muvsfitness.com Workshop/Seminar 9.0 12/31/2018 Workshop/Seminar 15.0 Workshop/Seminar 2.0 12/31/2018 namirsa.com 12/31/2018 Home Study Home Study 10.0 12/31/2018 http://naspower.org/ Workshon/Seminar 3.0 12/31/2018 www.netafit.org Workshop/Seminar 5.0 12/31/2018 www.netafit.org Workshop/Seminar 3.0 12/31/2018 8.0 12/31/2018 www.netafit.org Workshon/Seminar Workshop/Seminar 3.0 12/31/2018 12/31/2018 Workshop/Seminar 10.0 Workshop/Seminar 12/31/2018 www.netafit.org 5.0 Workshop/Seminar 3.0 12/31/2018 www.netafit.org Workshop/Seminar 12/31/2018 http://www.netafit.org/index.htm 5.0 Workshop/Seminar 3.0 12/31/2018 Workshop/Seminar 15.0 12/31/2018 www.netafit.org Workshop/Seminar 3.0 12/31/2018 Workshop/Seminar 3.0 12/31/2018 www.netafit.org Workshop/Seminar 3.0 12/31/2018 www.netafit.org Workshop/Seminar 3.0 12/31/2018 Workshop/Seminar 5.0 12/31/2018 www.netafit.org Workshop/Seminar 3.0 12/31/2018 Workshop/Seminar 7.0 12/31/2018 www.netafit.org Workshop/Seminar 15.0 12/31/2018 Workshop/Seminar 8.0 12/31/2018 www.netafit.org

National Exercise Trainers Association (NETA) (AFAA) National Exercise Trainers Association (NETA) (AFAA) National Exercise Trainers Association (NETA) (AFAA) National Exercise Trainers Association (NETA) (AEAA) National Exercise Trainers Association (NETA) (AFAA) National Exercise Trainers Association (NETA) (AFAA) National Exercise Trainers Association (NETA) (AEAA) National Exercise Trainers Association (NETA) (AFAA) National Exercise Trainers Association (NETA) (AFAA) National Exercise Trainers Association (NETA) (AEAA) National Exercise Trainers Association (NETA) (AFAA) National Exercise Trainers Association (NETA) (AFAA) National Exercise Trainers Association (NETA) (AEAA) National Exercise Trainers Association (NETA) (AFAA) National Personal Training Institute (NPTI) (AFAA) National University of Health Sciences (AFAA) Neuro Target Systems w/Dr. John Pietila (AFAA) Niel Asher Healthcare Ltd. (AFAA) Nikki Kendall (AFAA) NIRSA Leaders In Collegiate Recreation (AFAA) Obstacles2Success/Jan Berdar Training (AFAA) OGorgeous, Inc. (AFAA) Orange Theory (OT) Fitness (AFAA) Orange Theory (OT) Fitness (AFAA) Original Strength Systems (AFAA) Original Strength Systems (AFAA) Parkinson Wellness Recovery (AFAA) Parkour Generations Americas / Parkour Generations Ltd. (AFAA) Pelvic Health Systems (AFAA) Pelvic Health Systems (AFAA) Pelvic Health Systems (AFAA) Performance Cycling (AFAA) Personal Trainer Development Center (AFAA) Pevow Agua Pilates (AFAA) Peyow Aqua Pilates (AFAA) Peyow Aqua Pilates (AFAA) Pink Gloves Boxing (AFAA) Pink Gloves Boxing (AFAA) Pink Gloves Boxing (AFAA) PlyoJam (AFAA) Plyolam (AFAA) PMc Fitness Solutions LLC (AFAA) PMc Fitness Solutions LLC (AFAA) Pono Ola (AFAA) POUND® Rockout. Workout. (AFAA) POUND® Rockout. Workout. (AFAA) Precision Nutrition (AFAA) Precision Nutrition (AFAA) Precor (AFAA) Primal Fit Miami (AFAA) ProBar Mobility (AFAA) Professional Fitness Inc (AFAA) Professional Fitness, Inc. (AFAA) PROnatal Fitness (AFAA) PT On The Net (AFAA) PT On The Net (AFAA) PT On The Net (AFAA)

Kids Yoga Specialty Certification Medicine Ball Pilates Medicine Ball Power Medicine Ball Power Personal Training Workshop Physical Activity for Special Medical Conditions Pilates Mat Specialty Certification Pilates Reformer Prenatal Yoga Specialty Certification **Restorative Yoga Specialty Certification** Rock Solid Fit Fest Rope Burn: The Ultimate Circuit Training Workout Rone Burn: The Ultimate Circuit Training Workout Senior Fitness Specialty Certification Senior POWER (3hr) Senior POWER (5hr) Senior Yoga Specialty Certification Wellness Coach Specialty Certification Yoga for Special Populations Yoga Foundations Specialty Certification Yoga Strong Specialty Certification Kettlebell Training Specialist 2018 Nutrition Conference The NeuroTarget System – Class III Anatomy of Sports Injuries-NAT Master Course Anatomy of Stretching-NAT Master Course Functional Anatomy of the Pelvis and Sacroiliac Joint - NAT Master Course Muscle Energy Techniques-NAT Master Course NAT Anatomy of Pain Trigger Point Course Power Lifting for Strength and Speed Understanding and Treating the Vital Glutes NAT Master Course Healthy Healing: Understanding the Thyroid and Metabolism NIRSA 2018 Annual Conference & Campus Rec and Wellness Expo Obstacle Course Certification (OCC) L1 "Let's Get Dirty" POP Pilates Workshop Global Reset - Fitness OTFit Certification OS Performance OS Pro RESET PWR! Moves Instructor Training and Certification Workshop ADAPT Level 1 ADAPT Level 2 Parkour Fitness – Intro to Fitness Parkour Fitness Specialist (PFS) Level 1 Parkour Fitness Specialist (PFS) Level 2 Alignment Screening and Posture as it Relates to Pelvic Health Digestion And Nutrition as it Relates to Pelvic Health Why Care about Pelvic Health? Performance Cycling Essentials Plus (Level 1) Online Trainer Academy Peyow Agua Pilates Funktional Barre 1 Peyow Aqua Pilates Level 1 Basic-Intermediate Peyow Aqua Pilates Level 2 Advanced Level Pink Gloves Boxing - Amateur Training Camp Pink Gloves Boxing - Master Training Camp Pink Gloves Boxing - Pro Training Camp Plyometric-Infused Dance: Intro to PlyoJam Plyometric-Infused Dance: Intro to PlyoJam (online) Core Training Exercise Specialist Kettlebell Training for Results Pono Board Trainer Basics Specialty Certificate POUND® Amplify POUND® Pro Training Perecision Nutrition Level 2 Master Class Precision Nutrition Level 1, Certification in Exercise Nutrition 4D PRO Bungee Fitness Trainer: Specialty Course for Queenax Queenax Functional Training Movement Design **Oueenax Fundamentals** Queenax Small Group Program Design SUPERFUNCTIONAL<sup>™</sup> MOVE UFO Specialization Course Ultimate Superfunctional: STACKS S.M.A.R.T. 360 Program Design ProBar Foundations Course Fierce4 Nutritional Coach Fierce4 Nutritional Coach Advancements PROnatal Fitness Pre/Postnatal Exercise Education 8 Disciplines of Front Line Excellence Achieving Success through Specialization Addressing and Preventing Low Back Pain

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PT On The Net (AFAA) PT On The Net (AFAA)	Practical Applications of Explosive Lifting and Advanced Strength Training Principles of Movement-Based Training	Home Study Home Study	2.0	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net (AFAA) PT On The Net (AFAA) PT On The Net (AFAA)	Practical Applications of Explosive Lifting and Advanced Strength Training Principles of Movement-Based Training Professionalism	Home Study Home Study Home Study		12/31/2018 www.ptonthenet.com/cec-exams 12/31/2018 www.ptonthenet.com
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RecoverME Body Restoration (AFAA)	RealRyder <sup>®</sup> Indoor Cycling Certified Instructor Training Certified Movement & Restoration Specialist	Home Study         4.0         12/31/2018 http://realryder.ideafit.com/realryder/realryder-indoor-cycle-certified-instructor-training           Workshop/Seminar         15.0         12/31/2018 https://www.primalfitmiami.com
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SHAY-MCENTEE WELLNESS WORKS INC. (AFAA)	BREATHING TECHNIQUES / STRESS MANAGEMENT	Workshop/Seminar 3.0 12/31/2018
SHAY-MCENTEE WELLNESS WORKS INC. (AFAA)	ENERGY BREAK	Workshop/Seminar 3.0 12/31/2018
Shazzy Fitness LLC (AFAA)	Shazzy Fitness Dance-Fitness Instructor Certification	Workshop/Seminar 5.0 12/31/2018 http://ShazzyFitness.com
SHINE Dance Fitness (AFAA)	SHINE Dance Fitness Instructor Certification Training	Workshop/Seminar 11.0 12/31/2018 www.shinedancefitness.com
SHINE Dance Fitness (AFAA)	SHINE Dance Fitness Online Instructor Certification	Home Study 10.0 12/31/2018 www.shinedancefitness.com
SilverSneakers by Tivity Health (AFAA)	SilverSneakers BOOM MIND	Home Study 2.0 12/31/2018
SilverSneakers by Tivity Health (AFAA)	SilverSneakers BOOM MOVE	
SilverSneakers by Tivity Health (AFAA)		Home Study 2.0 12/31/2018
	SilverSneakers BOOM MUSCLE	Home Study 2.0 12/31/2018 Home Study 2.0 12/31/2018
		Home Study 2.0 12/31/2018
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Circuit	Home Study         2.0         12/31/2018           Home Study         2.0         12/31/2018
SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA)	SilverSneakers Circuit SilverSneakers Classic	Home Study         2.0         12/31/2018           Home Study         2.0         12/31/2018           Home Study         2.0         12/31/2018
SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA)	SilverSneakers Circuit SilverSneakers Classic SilverSneakers Foundations	Home Study         2.0         12/31/2018           Home Study         2.0         12/31/2018           Home Study         2.0         12/31/2018           Home Study         5.0         12/31/2018
SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA)	SilverSneakers Circuit SilverSneakers Classic SilverSneakers Foundations SilverSneakers Splash	Home Study     2.0     12/31/2018       Home Study     2.0     12/31/2018       Home Study     2.0     12/31/2018       Home Study     5.0     12/31/2018       Home Study     5.0     12/31/2018       Home Study     2.0     12/31/2018
SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA)	SilverSneakers Circuit SilverSneakers Classic SilverSneakers Foundations SilverSneakers Splash SilverSneakers Stability	Home Study         2.0         12/31/2018           Home Study         2.0         12/31/2018           Home Study         2.0         12/31/2018           Home Study         5.0         12/31/2018           Home Study         5.0         12/31/2018           Home Study         5.0         12/31/2018           Home Study         2.0         12/31/2018
SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA)	SilverSneakers Circuit SilverSneakers Classic SilverSneakers Foundations SilverSneakers Splash SilverSneakers Stability SilverSneakers YOGA	Home Study     2.0     12/31/2018       Home Study     2.0     12/31/2018       Home Study     2.0     12/31/2018       Home Study     5.0     12/31/2018       Home Study     2.0     12/31/2018       Home Study     2.0     12/31/2018       Home Study     2.0     12/31/2018       Home Study     2.0     12/31/2018
SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA) SloBody (AFAA)	SilverSneakers Circuit SilverSneakers Classic SilverSneakers Foundations SilverSneakers Stability SilverSneakers Stability SilverSneakers YOGA The No BS Yoga Guide & Videos for Personal Trainers	Home Study         2.0         12/31/2018
SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA) SoulBody (LC (AFAA)	SilverSneakers Circuit SilverSneakers Classic SilverSneakers Foundations SilverSneakers Splash SilverSneakers Stability SilverSneakers YOGA The YoB SY VOGA Guide & Videos for Personal Trainers SoulBody Advanced Instructor Training	Home Study         2.0         12/31/2018           Home Study         2.0         12/31/2018           Home Study         2.0         12/31/2018           Home Study         2.0         12/31/2018           Home Study         5.0         12/31/2018           Home Study         2.0         12/31/2018           Home Study         2.0         12/31/2018           Home Study         2.0         12/31/2018           Home Study         2.0         12/31/2018           Home Study         1.0         12/31/2018           Home Study         1.0         12/31/2018           Home Study         1.0         12/31/2018           Home Study         1.0         12/31/2018
SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA) SoulBody LLC (AFAA) SoulBody LLC (AFAA)	SilverSneakers Circuit SilverSneakers Classic SilverSneakers Foundations SilverSneakers Splash SilverSneakers Stability SilverSneakers YOGA The No BS Yoga Guide & Videos for Personal Trainers SoulBody Advanced Instructor Training Group Exercise Instructor Training	Home Study         2.0         12/31/2018           Home Study         2.0         12/31/2018           Home Study         2.0         12/31/2018           Home Study         5.0         12/31/2018           Home Study         2.0         12/31/2018           Home Study         5.0         12/31/2018           Home Study         5.0         12/31/2018           Home Study         5.0         12/31/2018           Home Study         7.0         12/31/2018           Workshop/Seminar         13.0         12/31/2018
SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA) SoulBody LLC (AFAA) SoulBody LLC (AFAA)	SilverSneakers Circuit SilverSneakers Classic SilverSneakers Foundations SilverSneakers Splash SilverSneakers Stability SilverSneakers YOGA The YoB SY VOGA Guide & Videos for Personal Trainers SoulBody Advanced Instructor Training	Home Study         2.0         12/31/2018           Home Study         2.0         12/31/2018           Home Study         2.0         12/31/2018           Home Study         2.0         12/31/2018           Home Study         5.0         12/31/2018           Home Study         2.0         12/31/2018           Home Study         2.0         12/31/2018           Home Study         2.0         12/31/2018           Home Study         2.0         12/31/2018           Home Study         1.0         12/31/2018           Home Study         1.0         12/31/2018           Home Study         1.0         12/31/2018           Home Study         1.0         12/31/2018
SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA) SolBody (AFAA) SolBody (LC (AFAA) Spare Time Clubs (AFAA) SPIDERfit Kids (AFAA)	SilverSneakers Circuit SilverSneakers Classic SilverSneakers Foundations SilverSneakers Splash SilverSneakers Stability SilverSneakers YOGA The No BS Yoga Guide & Videos for Personal Trainers SoulBody Advanced Instructor Training Group Exercise Instructor Training	Home Study         2.0         12/31/2018           Home Study         2.0         12/31/2018           Home Study         2.0         12/31/2018           Home Study         5.0         12/31/2018           Home Study         2.0         12/31/2018           Home Study         5.0         12/31/2018           Home Study         5.0         12/31/2018           Home Study         7.0         12/31/2018           Home Study         7.0         12/31/2018           Home Study         7.0         12/31/2018           Workshop/Seminar         13.0         12/31/2018
SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA) SolBody (AFAA) SouBody LLC (AFAA) Spare Time Clubs (AFAA) SpiDErRit Kids (AFAA) SpiDErRit Kids (AFAA)	SilverSneakers Circuit SilverSneakers Classic SilverSneakers Foundations SilverSneakers Soplash SilverSneakers Stability SilverSneakers YOGA The No BS Yoga Guide & Videos for Personal Trainers SoulBody Advanced Instructor Training Group Exercise Instructor Training Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy	Home Study         2.0         12/31/2018           Home Study         7.0         12/31/2018           Home Study         7.0         12/31/2018           Workshop/Seminar         13.0         12/31/2018           Workshop/Seminar         7.0         12/31/2018           Workshop/Seminar         7.0         12/31/2018
SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA) SouBody (LC (AFAA) SouBody LLC (AFAA) Spare Time Clubs (AFAA) Spin City Aerial Fitness (AFAA) Spin City Aerial Fitness (AFAA)	SilverSneakers Classic SilverSneakers Classic SilverSneakers Foundations SilverSneakers Splash SilverSneakers Stability SilverSneakers YOGA The YO BS YOGA Guide & Videos for Personal Trainers SoulBody Advanced Instructor Training Group Exercise Instructor Training Powerful Plav-The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy Spin City Advanced Aerial Hoop Instructor (online)	Home Study         2.0         12/31/2018           Home Study         7.0         12/31/2018           Workshop/Seminar         7.0         12/31/2018           Workshop/Seminar         7.0         12/31/2018           Workshop/Seminar         7.0         12/31/2018           Home Study         5.0         12/31/2018
SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA) SolBody (AFAA) SolBody (LC (AFAA) Spare Time Clubs (AFAA) Spin City Aerial Fitness (AFAA) Spin City Aerial Fitness (AFAA)	SilverSneakers Circuit SilverSneakers Classic SilverSneakers Foundations SilverSneakers Splash SilverSneakers Stability SilverSneakers VOGA The No BS Voga Guide & Videos for Personal Trainers SoulBody Advanced Instructor Training Group Exercise Instructor Training Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy Spin City Advanced Pole Fitness Instructor (online) Spin City Advanced Pole Fitness Instructor (online)	Home Study         2.0         12/31/2018           Home Study         1.0         12/31/2018           Home Study         1.0         12/31/2018           Workshop/Seminar         1.0         12/31/2018           Workshop/Seminar         1.0         12/31/2018           Home Study         1.0         12/31/2018           Workshop/Seminar         1.0         12/31/2018           Workshop/Seminar         1.0         12/31/2018           Home Study         1.0         12/31/2018           Workshop/Seminar         1.0         12/31/2018           Home Study         1.5         12/31/2018           Home Study         1.5         12/31/2018           Home Study         1.5         12/31/2018
SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA) SoloBody (AFAA) Spane Time Clubs (AFAA) Spin City Aerial Fitness (AFAA) Spin City Aerial Fitness (AFAA) Spin City Aerial Fitness (AFAA)	SilverSneakers Classic SilverSneakers Foundations SilverSneakers Foundations SilverSneakers Splash SilverSneakers Stability SilverSneakers VOGA The No BS Yoga Guide & Videos for Personal Trainers SoulBody Advanced Instructor Training Group Exercise Instructor Training Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy Spin City Advanced Aerial Hoop Instructor (online) Spin City Advanced Alerial Hoop Instructor (online) Spin City Anatomy and Physiology Foundations (online) Spin City Anatomy and Physiology Foundations (online) Spin City Amares Alerial Hoop Instructor (online)	Home Study         2.0         12/31/2018           Home Study         7.0         12/31/2018           Workshop/Seminar         7.0         12/31/2018           Workshop/Seminar         7.0         12/31/2018           Home Study         5.0         12/31/2018
SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA) SoulBody LLC (AFAA) Spare Time Clubs (AFAA) Spin City Aerial Fitness (AFAA)	SilverSneakers Circuit SilverSneakers Classic SilverSneakers Foundations SilverSneakers Foundations SilverSneakers Stability SilverSneakers YOGA The No BS Yoga Guide & Videos for Personal Trainers SoulBody Advanced Instructor Training Group Exercise Instructor Training Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy Spin City Advanced Aerial Hoop Instructor (online) Spin City Advanced Pole Fitness Instructor (online) Spin City Beginners Aerial Hoop Instructor (online)	Home Study         2.0         12/31/2018           Home Study         5.0         12/31/2018           Home Study         7.0         12/31/2018           Workshop/Seminar         13.0         12/31/2018           Workshop/Seminar         7.0         12/31/2018           Home Study         15.0         12/31/2018
SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA) SolBody (AFAA) SolBody (LC (AFAA) Spare Time Clubs (AFAA) Spin City Aerial Fitness (AFAA)	SilverSneakers Circuit SilverSneakers Classic SilverSneakers Foundations SilverSneakers Foundations SilverSneakers Stability SilverSneakers YOGA The No BS Yoga Guide & Videos for Personal Trainers SoulBody Advanced Instructor Training Group Exercise Instructor Training Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy Spin City Advanced Aerial Hoop Instructor (online) Spin City Advanced Pole Fitness Instructor (online) Spin City Anatomy and Physiology Foundations (online) Spin City Beginners Aerial Hoop Instructor (online) Spin City Beginners Aerial Sing Instructor (online) Spin City Beginners Fole Fitness Instructor (online)	Home Study         2.0         12/31/2018           Home Study         1.0         12/31/2018           Home Study         1.0         12/31/2018           Workshop/Seminar         1.0         12/31/2018           Workshop/Seminar         1.0         12/31/2018           Home Study         1.0         12/31/2018           Workshop/Seminar         1.0         12/31/2018           Home Study         1.5         12/31/2018
SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA) SoloBody (AFAA) Spino Club (AFAA) Spin City Aerial Fitness (AFAA)	SilverSneakers Circuit SilverSneakers Classic SilverSneakers Foundations SilverSneakers Splash SilverSneakers Stability SilverSneakers VOGA The No BS Yoga Guide & Videos for Personal Trainers SoulBody Advanced Instructor Training Group Exercise Instructor Training Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy Spin City Advanced Aerial Hoop Instructor (online) Spin City Advanced Pole Fitness Instructor (online) Spin City Advanced Aerial Hoop Instructor (online) Spin City Beginners Aerial Sing Instructor (online) Spin City Beginners Aerial Hoop Instructor (online)	Home Study         2.0         12/31/2018           Workshop/Seminar         1.0         12/31/2018           Home Study         1.50         12/31/2018           Home Study         1.50         12/31/2018           Home Study         1.50         12/31/2018
SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA) SouBody LLC (AFAA) Spare Time Clubs (AFAA) Spare Time Clubs (AFAA) Spin City Aerial Fitness (AFAA)	SilverSneakers Circuit SilverSneakers Classic SilverSneakers Foundations SilverSneakers Foundations SilverSneakers Stability SilverSneakers YOGA The No BS Yoga Guide & Videos for Personal Trainers SoulBody Advanced Instructor Training Group Exercise Instructor Training Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy Spin City Advanced Aerial Hoop Instructor (online) Spin City Advanced Pole Fitness Instructor (online) Spin City Advanced Pole Fitness Instructor (online) Spin City Beginners Aerial Sing Instructor (online) Spin City Beginners Pole Fitness Instructor (online) Spin City Intermediate Aerial Hoop Instructor (online) Spin City Intermediate Pole Fitness Instructor (online)	Home Study         2.0         12/31/2018           Home Study         7.0         12/31/2018           Home Study         7.0         12/31/2018           Workshop/Seminar         7.0         12/31/2018           Workshop/Seminar         7.0         12/31/2018           Home Study         1.50         12/31/2018
SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA) SolBody (AFAA) SonBody (LC (AFAA) Spare Time Clubs (AFAA) Spare Time Clubs (AFAA) Spin City Aerial Fitness (AFAA)	SilverSneakers Circuit SilverSneakers Classic SilverSneakers Foundations SilverSneakers Foundations SilverSneakers Stability SilverSneakers YOGA The No BS Yoga Guide & Videos for Personal Trainers SoulBody Advanced Instructor Training Group Exercise Instructor Training Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy Spin City Advanced Aerial Hoop Instructor (online) Spin City Advanced Pole Fitness Instructor (online) Spin City Anatomy and Physiology Foundations (online) Spin City Beginners Aerial Hoop Instructor (online) Spin City Beginners Aerial Hoop Instructor (online) Spin City Beginners Pole Fitness Instructor (online) Spin City Intermediate Pole Fitness Instructor (online) Spin City Intermediate Pole Fitness Instructor (online) Spin City Intermediate Pole Fitness Instructor (online)	Home Study         2.0         12/31/2018           Home Study         7.0         12/31/2018           Workshop/Seminar         7.0         12/31/2018           Home Study         15.0 <td< td=""></td<>
SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA) SouBody LLC (AFAA) SouBody LLC (AFAA) Spane Time Clubs (AFAA) Spin City Aerial Fitness (AFAA)	SilverSneakers Circuit SilverSneakers Classic SilverSneakers Foundations SilverSneakers Splash SilverSneakers Stability SilverSneakers VOGA The No BS Voga Guide & Videos for Personal Trainers SoulBody Advanced Instructor Training Group Exercise Instructor Training Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy Spin City Advanced Prol Fitness Instructor (online) Spin City Advanced Pole Fitness Instructor (online) Spin City Advanced Pole Fitness Instructor (online) Spin City Advanced Pole Fitness Instructor (online) Spin City Beginners Aerial Sing Instructor (online) Spin City Beginners Aerial Hoop Instructor (online) Spin City Intermediate Aerial Hoop Instructor (online) Spin City Intermediate Pole Fitness Instructor (online)	Home Study         2.0         12/31/2018           Home Study         7.0         12/31/2018           Workshop/Seminar         1.0         12/31/2018           Workshop/Seminar         7.0         12/31/2018           Workshop/Seminar         7.0         12/31/2018           Workshop/Seminar         7.0         12/31/2018           Workshop/Seminar         7.0         12/31/2018           Home Study         1.50         12/31/2018           Home Study         1.50         12/31/2018           Home Study         1.50         12/31/2018     <
SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA) SouBody LLC (AFAA) SouBody LLC (AFAA) Spane Time Clubs (AFAA) Spin City Aerial Fitness (AFAA)	SilverSneakers Circuit SilverSneakers Classic SilverSneakers Foundations SilverSneakers Foundations SilverSneakers Stability SilverSneakers YOGA The No BS Yoga Guide & Videos for Personal Trainers SoulBody Advanced Instructor Training Group Exercise Instructor Training Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy Spin City Advanced Aerial Hoop Instructor (online) Spin City Advanced Pole Fitness Instructor (online) Spin City Anatomy and Physiology Foundations (online) Spin City Beginners Aerial Hoop Instructor (online) Spin City Beginners Aerial Hoop Instructor (online) Spin City Beginners Pole Fitness Instructor (online) Spin City Intermediate Pole Fitness Instructor (online) Spin City Intermediate Pole Fitness Instructor (online) Spin City Intermediate Pole Fitness Instructor (online)	Home Study         2.0         12/31/2018           Home Study         7.0         12/31/2018           Home Study         7.0         12/31/2018           Workshop/Seminar         7.0         12/31/2018           Workshop/Seminar         7.0         12/31/2018           Home Study         15.0         12/31/2018
SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA) SouBody LLC (AFAA) Spare Time Clubs (AFAA) Spare Time Clubs (AFAA) Spin City Aerial Fitness (AFAA)	SilverSneakers Circuit SilverSneakers Classic SilverSneakers Foundations SilverSneakers Splash SilverSneakers Stability SilverSneakers VOGA The No BS Voga Guide & Videos for Personal Trainers SoulBody Advanced Instructor Training Group Exercise Instructor Training Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy Spin City Advanced Prol Fitness Instructor (online) Spin City Advanced Pole Fitness Instructor (online) Spin City Advanced Pole Fitness Instructor (online) Spin City Advanced Pole Fitness Instructor (online) Spin City Beginners Aerial Sing Instructor (online) Spin City Beginners Aerial Hoop Instructor (online) Spin City Intermediate Aerial Hoop Instructor (online) Spin City Intermediate Pole Fitness Instructor (online)	Home Study         2.0         12/31/2018           Home Study         7.0         12/31/2018           Workshop/Seminar         1.0         12/31/2018           Workshop/Seminar         7.0         12/31/2018           Workshop/Seminar         7.0         12/31/2018           Workshop/Seminar         7.0         12/31/2018           Workshop/Seminar         7.0         12/31/2018           Home Study         1.50         12/31/2018           Home Study         1.50         12/31/2018           Home Study         1.50         12/31/2018     <
SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA) SolBody (AFAA) SolBody (LC (AFAA) Spare Time Clubs (AFAA) Spare Time Clubs (AFAA) Spin City Aerial Fitness (AFAA)	SilverSneakers Circuit SilverSneakers Classic SilverSneakers Foundations SilverSneakers Foundations SilverSneakers Stability SilverSneakers Stability SilverSneakers YOGA The No BS Yoga Guide & Videos for Personal Trainers SoulBody Advanced Instructor Training Group Exercise Instructor Training Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy Spin City Advanced Aerial Hoop Instructor (online) Spin City Advanced Pole Fitness Instructor (online) Spin City Advanced Pole Fitness Instructor (online) Spin City Advanced Pole Fitness Instructor (online) Spin City Beginners Aerial Hoop Instructor (online) Spin City Beginners Pole Fitness Instructor (online) Spin City Beginners Pole Fitness Instructor (online) Spin City Beginners Pole Fitness Instructor (online) Spin City Intermediate Aerial Hoop Instructor (Intermediate Aerial Iontermediate Aerial Ionterme	Home Study         2.0         12/31/2018           Home Study         7.0         12/31/2018           Home Study         7.0         12/31/2018           Workshop/Seminar         7.0         12/31/2018           Home Study         15.0         12/31/2018           Home Study         15.0         12/31/2018           Home Study         15.0         12/31/2018
SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA) SoulBody (LC (AFAA)	SilverSneakers Circuit         SilverSneakers Classic         SilverSneakers Foundations         SilverSneakers Foundations         SilverSneakers Stability         SilverSneakers Stability         SilverSneakers YOGA         The No BS Yoga Guide & Videos for Personal Trainers         SoulBody Advanced Instructor Training         Group Exercise Instructor Training         Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy         Spin City Advanced Aderial Hoop Instructor (online)         Spin City Advanced Pole Fitness Instructor (online)         Spin City Advanced Pole Fitness Instructor (online)         Spin City Baginners Aerial Hoop Instructor (online)         Spin City Beginners Aerial Sing Instructor (online)         Spin City Beginners Aerial Sing Instructor (online)         Spin City Beginners Pole Fitness Instructor (online)         Spin City Beginners Aerial Hoop Instructor (online)         Spin City Intermediate Pole Fitness Instructor (online)         Spin City Intermediate Pole Fitness Instructor (online)         Spin City Intermediate Aerial Hoop Instructor (online)         Spin City Intermediate Pole Fitness Instructor (online)         Spin City Intermediate Aerial Hoop Instructor (online)         Spin City Intermediate Aerial Hoop Instructor (online)         Spin City Intermediate Pole	Home Study         2.0         12/31/2018           Home Study         7.0         12/31/2018           Workshop/Seminar         1.0         12/31/2018           Workshop/Seminar         7.0         12/31/2018           Workshop/Seminar         7.0         12/31/2018           Workshop/Seminar         7.0         12/31/2018           Workshop/Seminar         7.0         12/31/2018           Workshop/Seminar         1.0         12/31/2018           Workshop/Seminar         1.0         12/31/2018           Home Study         1.50         12/31/2018           Home Study         1.50         12/31/2018           Home Study         1.50         12/31/201
SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA) SouBody (LFAA) Spare Time Clubs (AFAA) Spare Time Clubs (AFAA) Spin City Aerial Fitness (AFAA) SPR Tithenss/Fitt o Fight (AFAA) Stephanie McCall (AFAA)	SilverSneakers Circuit         SilverSneakers Classic         SilverSneakers Foundations         SilverSneakers Foundations         SilverSneakers Stability         SilverSneakers Stability         SilverSneakers YOGA         The No BS Yoga Guide & Videos for Personal Trainers         SoulBody Advanced Instructor Training         Group Exercise Instructor Training         Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy         Spin City Advanced Pole Fitness Instructor (online)         Spin City Advanced Pole Fitness Instructor (online)         Spin City Advanced Pole Fitness Instructor (online)         Spin City Beginners Aerial Hoop Instructor (online)         Spin City Beginners Pole Fitness Instructor (online)         Spin City Beginners Pole Fitness Instructor (online)         Spin City Beginners Pole Fitness Instructor (online)         Spin City Intermediate Aerial Hoop Instructor (online)         Spin City Intermediate Pol	Home Study         2.0         12/31/2018           Home Study         7.0         12/31/2018           Workshop/Seminar         7.0         12/31/2018           Workshop/Seminar         7.0         12/31/2018           Workshop/Seminar         7.0         12/31/2018           Home Study         1.50         12/31/2018
SilverSneakers by Tivity Health (AFAA) SilverSneakers by Tivity Health (AFAA) SolBody (AFAA) SoulBody LLC (AFAA) Spon City Aerial Fitness (AFAA) Spin City Aerial	SilverSneakers Circuit SilverSneakers Classic SilverSneakers Foundations SilverSneakers Splash SilverSneakers Stability SilverSneakers VOGA The No BS Voga Guide & Videos for Personal Trainers SoulBody Advanced Instructor Training Group Exercise Instructor Training Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy Spin City Advanced Parel Hoop Instructor (online) Spin City Advanced Pole Fitness Instructor (online) Spin City Beginners Aerial Sling Instructor (online) Spin City Beginners Pole Fitness Instructor (online) Spin City Intermediate Aerial Hoop Instructor (online) Spin City Intermediate Pole Fitness Instructor (online) Spin City Stretching and Fiexbility for Pole and Aerial (online) Spin City Stretching and Fiexbility for Pole and Aerial (online) Spry Method Online Specially Certificate Operation Craving Competition - Circuit Training Master Class Boot Camp Blast] Power Pump	Home Study         2.0         12/31/2018           Home Study         7.0         12/31/2018           Workshop/Seminar         13.0         12/31/2018           Workshop/Seminar         13.0         12/31/2018           Workshop/Seminar         15.0         12/31/2018           Home Study         15.0         12/31/2018           Workshop/Seminar         15.0         12/31/2018           Home Study         15.0         12/31/2018           Home Study         15.0         12/31/2018           Home Study         15.0         12/31/2018           Home Study         15.0         12/31/2018     <

Sunshine Fitness Resources (AFAA)	GroupEx P.R.O. Management Systems	Workshop/Seminar 8.0 12/31/2018 http://www.sfresources.com	
Suples (AFAA)	Dynamic Movement Training with the Bulgarian Bag	Workshop/Seminar 9.0 12/31/2018 http://www.suples.com	
Tampa Bay Bodies (AFAA)	Line Dance Young and Old	Workshop/Seminar 8.0 12/31/2018 linedanceyoungandold.com	
Teachers College, Columbia University (AFAA)	Introduction to Electrocardiography	Workshop/Seminar 16.0 12/31/2018 http://www.tc.columbia.edu/continuing-professional-studies/	
Team Alloy (AFAA)	Alloy: Personal Training Programming Certification	Workshop/Seminar 8.0 12/31/2018 www.teamalloy.com	
Technogym USA (AFAA)	Arke Foundation Workshop	Workshop/Seminar 4.0 12/31/2018	
Technogym USA (AFAA)	Dual Adjustable Pulley	Workshop/Seminar 4.0 12/31/2018	
Technogym USA (AFAA)	Group Cycle Foundation	Workshop/Seminar 4.0 12/31/2018	
Technogym USA (AFAA)	Kinesis One	Workshop/Seminar 4.0 12/31/2018	
Technogym USA (AFAA)	Kinesis Station	Workshop/Seminar 4.0 12/31/2018	
Technogym USA (AFAA)	OMNIA	Workshop/Seminar 4.0 12/31/2018	
Technogym USA (AFAA)	SkillMill Introduction Workshop	Workshop/Seminar 4.0 12/31/2018	
Technogym USA (AFAA)	Skillrow Foundation Workshop	Workshop/Seminar 4.0 12/31/2018	
Technogym USA (AFAA)	Teambeats Introduction Workshop	Workshop/Seminar 4.0 12/31/2018	
The Abs Company (AFAA)	Introduction to Battle Rope ST: Level One	Workshop/Seminar 5.0 12/31/2018	
The Abs Company (AFAA)	Introduction to Battle Rope ST: Level Two	Workshop/Seminar 5.0 12/31/2018	
The Dailey Method (AFAA)	Basics of Barre	Workshop/Seminar 15.0 12/31/2018 www.thedaileymethod.com	
The Kinesis Centre (AFAA)	Training the Bariatric Client	Workshop/Seminar 2.0 12/31/2018 http://www.thekinesiscentre.com	
The MELT Method (Longevity Fitness, Inc.) (AFAA)	MELT Hand and Foot Training: New Science of the Human Body	Workshop/Seminar 15.0 12/31/2018 www.meltmethod.com	
The MELT Method (Longevity Fitness, Inc.) (AFAA)	MELT Instructor Level 2 Training	Workshop/Seminar 15.0 12/31/2018 www.meltmethod.com	
The MELT Method (Longevity Fitness, Inc.) (AFAA)	MELT Instructor Training Level 1	Workshop/Seminar 15.0 12/31/2018 www.meltmethod.com	
The MELT Method (Longevity Fitness, Inc.) (AFAA)	MELT NeuroStrength Level 1 Training	Workshop/Seminar 15.0 12/31/2018 www.meltmethod.com	
The ZEN Barre (AFAA)	Zen Barre Certification Home Study	Home Study 8.0 12/31/2018 the-zen-barre.teachable.com	
The ZEN Barre (AFAA)	Zen Barre Certification Workshop	Workshop/Seminar 8.0 12/31/2018 www.thezenbarre.com	
TheraGun (AFAA)	TheraGun Advanced Training Course	Workshop/Seminar 4.0 12/31/2018	
TheraGun (AFAA)	TheraGun Foundations Training Course	Workshop/Seminar 4.0 12/31/2018	
Throwback Fitness (AFAA)	Throwback Fitness Fundamentals	Workshop/Seminar 8.0 12/31/2018	
Total Body Tabata (tm) LLC (AFAA)	Tabata Basic Instructor Training Certification Self Study Course	Home Study 8.0 12/31/2018 http://www.totalbodytabata.com	
Totally Fit with Lucy (AFAA)	Belly up to the Barre	Workshop/Seminar 2.0 12/31/2018	
Totally Fit with Lucy (AFAA)	Bosu Both Sides up	Workshop/Seminar 2.0 12/31/2018	
Totally Fit with Lucy (AFAA)	Circuit with a Purpose	Workshop/Seminar 2.0 12/31/2018	
Totally Fit with Lucy (AFAA)	Core and More	Workshop/Seminar 2.0 12/31/2018	
Totally Fit with Lucy (AFAA)	Dance Track	Workshop/Seminar 2.0 12/31/2018	
Totally Fit with Lucy (AFAA)	Pilates and Beyond	Workshop/Seminar 2.0 12/31/2018	
Totally Fit with Lucy (AFAA)	Stretch Strengthen and Stablization	Workshop/Seminar 2.0 12/31/2018	
Tress Marketing Solutions, LLC (AFAA)	FASTer Way to Fat Loss Certified Coach	Home Study 5.0 12/31/2018 https://www.fasterwaytofatloss.com/certification	
TRIBE Team Training USA (AFAA)	TRIBE Team Training	Workshop/Seminar 5.0 12/31/2018 www.tribeteamtraining.com	
TRIBE Team Training USA (AFAA)	TRIBE Team Training TribeCORE	Workshop/Seminar 4.0 12/31/2018 www.tribeteamtraining.com	
TRIBE Team Training USA (AFAA)	TRIBE Team Training TribeFIT	Workshop/Seminar 4.0 12/31/2018 www.tribeteamtraining.com	
TRIBE Team Training USA (AFAA)	TRIBE Team Training TribeKIDS	Workshop/Seminar 4.0 12/31/2018	
TRIBE Team Training USA (AFAA)	TRIBE Team Training TribeLIFE	Workshop/Seminar 4.0 12/31/2018 www.tribeteamtraining.com	
TRIBE Team Training USA (AFAA)	TRIBE Team Training TribePUNCH	Workshop/Seminar 4.0 12/31/2018 www.tribeteamtraining.com	
TriggerPoint Performance (AFAA)	Assessments to Performance: Using Mobility as the Foundation for Function	Workshop/Seminar 4.0 12/31/2018 www.tptherapy.com	
TriggerPoint Performance (AFAA)	Foam Rolling: Principles and Practices	Workshop/Seminar 4.0 12/31/2018 www.tptherapy.com	
TriggerPoint Performance (AFAA)	Foot & Lower Leg Mobility	Home Study 1.0 12/31/2018 http://tptherapy.ideafit.com/courses	
TriggerPoint Performance (AFAA)	GRID <sup>®</sup> Rolling: Foundations – Online Course	Home Study 1.0 12/31/2018 www.tptherapy.com	
TriggerPoint Performance (AFAA)	Multi-Tool Mobility: Advanced Self-Myofascial Release Techniques	Workshop/Seminar 4.0 12/31/2018 www.tptherapy.com	
TriggerPoint Performance (AFAA)	Multi-Tool Mobility: Advanced Self-Myofascial Release Techniques (8 Hour)	Workshop/Seminar 8.0 12/31/2018 www.tptherapy.com	
TriggerPoint Performance (AFAA)	Myofascial Compression <sup>™</sup> Techniques – Online Course	Home Study 2.0 12/31/2018 www.tptherapy.com	
TriggerPoint Performance (AFAA)	Myofascial Compression™ Techniques: The Evolution of Foam Rolling	Workshop/Seminar 7.0 12/31/2018 www.tptherapy.com	
TriggerPoint Performance (AFAA)	SMRT-CORE® Training (7hr)	Workshop/Seminar 7.0 12/31/2018 www.tptherapy.com	
TriggerPoint Performance (AFAA)	TriggerPoint Movement for UFC Gym	Workshop/Seminar 4.0 12/31/2018 www.tptherapy.com	
True Power Barre (AFAA)	True Power Barre Instructor Certification	Workshop/Seminar 9.0 12/31/2018 www.truepowerbarre.com	
TRX (AFAA)	TRX Advanced Group Training Course (AGTC)	Workshop/Seminar 15.0 12/31/2018 TRXtraining.com	
TRX (AFAA)	TRX For Yoga	Home Study 5.0 12/31/2018 TRXtraining.com	
TRX (AFAA)	TRX FORCE Operator's Training Course (Level 1)	Workshop/Seminar 4.0 12/31/2018 www.trxtraining.com	
TRX (AFAA)	TRX FORCE Operator's Training Course (Level 2)	Workshop/Seminar 8.0 12/31/2018 www.trxtraining.com	
TRX (AFAA)	TRX FORCE Operator's Training Course (Level 3)	Workshop/Seminar 15.0 12/31/2018 www.trxtraining.com	
TRX (AFAA)	TRX Functional Training Course (FTC)	Workshop/Seminar 7.0 12/31/2018 www.trxtraining.com	
TRX (AFAA)	TRX Group Rip Training Course (GRTC)	Workshop/Seminar 7.0 12/31/2018 www.trxtraining.com	
TRX (AFAA)	TRX Group Suspension Training Course (GSTC)	Workshop/Seminar 7.0 12/31/2018 www.trxtraining.com	
TRX (AFAA)	TRX Group Training Course (GTC)	Workshop/Seminar 8.0 12/31/2018 www.trxtraining.com	
TRX (AFAA)	TRX RIP Training Course (RTC)	Workshop/Seminar 8.0 12/31/2018 www.trxtraining.com	
TRX (AFAA)	TRX Sports Medicine Suspension Training Course Level 2 (SMSTC Lvl 2)	Workshop/Seminar 7.0 12/31/2018 www.trxtraining.com	
TRX (AFAA)	TRX Suspension Training Course (STC)	Workshop/Seminar 7.0 12/31/2018 www.trxtraining.com	
TRX (AFAA)	TRX Trainer Basics Course	Home Study 3.0 12/31/2018 www.trxtraining.com	
Tsunami Fitness, LLC (AFAA)	Tsunami Fitness Instructor Course	Workshop/Seminar 8.0 12/31/2018 Tsunami-Fitness.com	
Tsunami Fitness, LLC (AFAA)	Tsunami Fitness Instructor Training Online	Home Study 3.0 12/31/2018 Tsunami-Fitness.com	
Tuck Barre and Yoga (AFAA)	Barre Teacher Training Program	Workshop/Seminar 11.0 12/31/2018 www.tuckbarreyoga.com	
Tune Up Fitness World Wide, Inc. (AFAA)	The Roll Model <sup>®</sup> Method - Ball Sequencing & Innovation	Workshop/Seminar 7.0 12/31/2018 www.tuneupfitness.com	
Tune Up Fitness World Wide, Inc. (AFAA)	The Roll Model <sup>®</sup> Method - Correspondence Course	Workshop/Seminar 14.0 12/31/2018 www.tuneupfitness.com	
Tune Up Fitness World Wide, Inc. (AFAA)	The Roll Model® Method – The Science of Rolling	Workshop/Seminar 8.0 12/31/2018 www.tuneupfitness.com	
Tune Up Fitness World Wide, Inc. (AFAA)	Treat While You Train- Correspondence Course	Workshop/Seminar 11.0 12/31/2018 www.tuneupfitness.com	
U-Jam Fitness (AFAA)	U-JAM FITNESS® INSTRUCTOR WORKSHOP	Workshop/Seminar 8.0 12/31/2018 http://WWW.UJAMFITNESS.COM	
Ultimate Movement, LLC (raisedbarre) (AFAA)	raisedbarre Instructor Training	Workshop/Seminar 12.0 12/31/2018	
United Endurance Sports Coaching Academy (AFAA)	Running Coach Certification	Home Study 11.0 12/31/2018 www.coachendurancesports.com	
United Endurance Sports Coaching Academy (AFAA)	Triathlon Coaching Certification	Home Study 11.0 12/31/2018 www.coachendurancesports.com	
Urbankick w/Shane Barnard & Miwa Natsuki (AFAA)	UrbanKick Instructor Training (LIVE)	Workshop/Seminar 8.0 12/31/2018 www.urbankick.com	
Urbankick w/Shane Barnard & Miwa Natsuki (AFAA)	UrbanKick Instructor Training (SELF STUDY)	Home Study 8.0 12/31/2018 www.urbankick.com	
UrbanPlay (AFAA)	UrbanPlay Coach Training	Workshop/Seminar 10.0 12/31/2018 www.urbanplayfitness.org	

US Fitness Holdings LLC (AFAA) Vault Fitness (AFAA) VeraFlow (AFAA) Vibe Fitness® (AFAA) Vibe Ride (AFAA) VicteliB (AFAA) VicteliB (AFAA) VicteliB (AFAA) VicteliB (AFAA) VicteliB (AFAA) VIVE BARRE (AFAA) Vixen Workout (AFAA) Watkins Aquatic Fitness Solutions (AFAA) Watkins Aquatic Fitness Solutions (AFAA) Watkins Aquatic Fitness Solutions (AFAA) WERQ Fitness (AFAA) willPower productions, Ilc (AFAA) willPower productions, Ilc (AFAA) willPower productions, Ilc (AFAA) Workout Bar (AFAA) Wukkout! (AFAA) XCO Latin Workout by Jackie (AFAA) XPERT Pole & Aerial Fitness (AFAA) YMCA of Greater Charlotte (AFAA) You Rock Fitness, LLC (AFAA) You Rock Fitness, LLC (AFAA) You Rock Fitness, LLC (AFAA) Your Body is Waiting, LLC (AFAA) Z-Health Performance Solutions (AFAA) ZUMBA (AFAA)

ZUMBA (AFAA)

Personal Training - Member Integration, Business Planning and Program Design	Workshop/Seminar	1.0	12/31/2018
Indoor Cycling Training	Workshop/Seminar	7.0	12/31/2018 www.vault.fit
VeraFlow Instructor	Workshop/Seminar	15.0	12/31/2018 www.veraflov
Club Vibe Instructor Training	Workshop/Seminar	7.0	12/31/2018 www.experie
Vibe Ride Indoor Cycling	Workshop/Seminar	6.0	12/31/2018 www.thevibe
Boot Camp Challenge	Workshop/Seminar	15.0	12/31/2018 www.victelib.
Eat, Train, Repeat Q1	Workshop/Seminar	5.0	12/31/2018 www.bootcar
Eat, Train, Repeat Q2	Workshop/Seminar	5.0	12/31/2018
Eat, Train, Repeat Q3	Workshop/Seminar	5.0	12/31/2018 www.bootcar
Eat, Train, Repeat Q4	Workshop/Seminar	5.0	12/31/2018 www.bootcar
Barre Instructor	Workshop/Seminar	15.0	12/31/2018 www.vivebar
Vixen Workout	Workshop/Seminar	8.0	12/31/2018 www.vixenwo
Aquatic Kick and Burn Boot Camp	Workshop/Seminar	3.0	12/31/2018 www.watkins
Aquatic Personal Training	Workshop/Seminar	3.0	12/31/2018
Dynamic Deep Water Combos	Workshop/Seminar		12/31/2018
WERQ Dance Fitness Professional Certification	Workshop/Seminar	8.0	12/31/2018 www.WERQfi
Climbing the Fitness Ladder	Workshop/Seminar	6.0	12/31/2018 www.willPow
The willPower Method Phase I	Workshop/Seminar	8.0	12/31/2018 www.willPow
The willPower Method Phase II	Workshop/Seminar	8.0	12/31/2018 www.willPow
Workout Bar Leader Course	Workshop/Seminar	10.0	12/31/2018
Wukkout! Instructor Training	Workshop/Seminar	7.0	12/31/2018 http://wukko
XCO Latin Workout by Jackie	Workshop/Seminar	11.0	12/31/2018 www.xcolatin
XPERT Children's Pole & Aerial Teacher Training	Workshop/Seminar	16.0	12/31/2018
Exercise Considerations and Prescription for Common Orthopedic Injuries Lower Quarter Pt 1	Workshop/Seminar	4.0	12/31/2018 https://fs28.fe
Exercise Considerations and rescription for Common Orthopedic Injuries Lower Quarter Pt 2	Workshop/Seminar	4.0	12/31/2018 https://fs28.f
How to Coach Healthy Eating	Workshop/Seminar	2.0	12/31/2018 https://fs28.fe
Leading Others to Greatness	Workshop/Seminar	2.0	12/31/2018 https://fs28.fd
Link Evaluation	Workshop/Seminar	4.0	12/31/2018 https://is28.fd
	Workshop/Seminar	4.0	12/31/2018 https://is28.fd
RollEasana: Myofascial Release through Yoga Postures, Foam Rollers and Therapy Balls AMPD Power Flow	Workshop/Seminar	7.0	12/31/2018 https://is28.in 12/31/2018 www.ampdpd
AMPD Resistance		1.0	12/31/2018 www.ampupe 12/31/2018 www.kettlebe
	Workshop/Seminar		
Kettlebell AMPD Instructor Training	Workshop/Seminar	7.0	12/31/2018 http://www.k
The Fascianation Method of Self-Myofascial Release	Workshop/Seminar	4.0	12/31/2018 www.thefasci
Essentials for Elite Performance	Workshop/Seminar	15.0	12/31/2018 http://zhealth
Aqua Zumba Instructor Training	Workshop/Seminar	8.0	12/31/2018 www.zumba.
Aqua Zumba Boost	Workshop/Seminar	3.0	12/31/2018 www.zumba.
STRONG by Zumba	Workshop/Seminar	8.0	12/31/2018 http://www.z
STRONG by Zumba E-Learning	Home Study	4.0	12/31/2018 www.zumba.
ZIN Academy New York	Conference	4.0	12/31/2018
ZIN™ JAM SESSIONS APRIL 2018	Home Study	3.0	12/31/2018 www.zumba.
ZIN™ JAM SESSIONS FEBRUARY 2018	Home Study	3.0	12/31/2018 www.zumba.
ZIN™ JAM SESSIONS JANUARY 2018	Home Study	3.0	12/31/2018 www.zumba.
ZIN™ JAM SESSIONS MARCH 2018	Home Study	3.0	12/31/2018 www.zumba.
Zumba Basic 1 Instructor Training	Workshop/Seminar	8.0	12/31/2018 www.zumba.
Zumba Basic 2 Instructor Training	Workshop/Seminar	8.0	12/31/2018 www.zumba.
Zumba Gold Boost	Workshop/Seminar	3.0	12/31/2018 www.zumba.
Zumba Gold Instructor Training	Workshop/Seminar	8.0	12/31/2018 www.zumba.
Zumba Jump Start Gold Instructor Training	Workshop/Seminar	10.0	12/31/2018 www.zumba.
Zumba Jump Start Zumba-Kids & Kids Jr. Instructor	Workshop/Seminar	10.0	12/31/2018 www.zumba.
Zumba Kids + Kids JR. Instructor Training	Workshop/Seminar	8.0	12/31/2018 www.zumba.
Zumba Kids+Kids JR Boost	Workshop/Seminar	3.0	12/31/2018 www.zumba.
Zumba ProSkills Instructor Training	Workshop/Seminar	8.0	12/31/2018 www.zumba.
Zumba SENTAO Instructor Training	Workshop/Seminar	8.0	12/31/2018 www.zumba.
Zumba Step Boost	Workshop/Seminar	3.0	12/31/2018 www.zumba.
Zumba Step Instructor Training	Workshop/Seminar	8.0	12/31/2018 www.zumba.
Zumba Toning Boost	Workshop/Seminar	3.0	12/31/2018 www.zumba.
Zumba Toning Instructor Training	Workshop/Seminar	8.0	12/31/2018 www.zumba.

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