

AFAA PREFERRED PROVIDER PROGRAM

Provider 16 Capital Investments (AFAA)	Title	Course Type CEUs Expires On Registration URL
	Bike and Strider Workshop	Workshop/Seminar 4.0 12/31/20 www.orangetheoryfitness.com/careers-studio-positions
16 Capital Investments (AFAA)	Connecting to Create: A Member Experience	Workshop/Seminar 5.0 12/31/20 www.orangetheoryfitness.com.careers-studio-positions
16 Capital Investments (AFAA)	FLEX'ing - Personalizing the Group Fitness Experience	Workshop/Seminar 3.0 12/31/20 www.orangetheoryfitness.com/careers-studio-positions
9Round Franchising LLC (AFAA)	9Round Kickboxology	Workshop/Seminar 5.0 12/31/20 9round.com
9Round Franchising LLC (AFAA)	Kickboxology - Online Course	Home Study 5.0 12/31/20
AAAI/ISMA (AFAA)	Cross H.I.I.T Tabata	Workshop/Seminar 6.0 12/31/20 aaai-ismafitness.com
AAAI/ISMA (AFAA)	Cycling Certification	
AAAI/ISMA (AFAA)	Holistic Health Consultant	Workshop/Seminar 6.0 12/31/20 www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Mat Pilates Instructor Certification	Workshop/Seminar 6.0 12/31/20 www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Older Adult Certification	Workshop/Seminar 6.0 12/31/20 www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Personal Fitness Phase 2	Workshop/Seminar 6.0 12/31/20 www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Personal Fitness Trainer Certification	Workshop/Seminar 7.0 12/31/20 www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Phase 1 Aqua Instructor Certification	Workshop/Seminar 6.0 12/31/20 www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Phase 2 Yoga Instructor Certification	Workshop/Seminar 6.0 12/31/20 www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Primary Aerobic Certification	Workshop/Seminar 7.0 12/31/20 www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Sports Nutrition Certificate	Workshop/Seminar 7.0 12/31/20 www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Strength Weight Training Certification	Workshop/Seminar 7.0 12/31/20 www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Stress Reduction, Relaxation & Meditation	Workshop/Seminar 6.0 12/31/20 www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	T'AI CHI Instructor Certification	Workshop/Seminar 6.0 12/31/20 www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Total Body Strength Training Certification	Workshop/Seminar 6.0 12/31/20 www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Yoga Phase 1 Certification	Workshop/Seminar 8.0 12/31/20 aaai-ismafitness.com
Aaron L Mattes (AFAA)	Active Isolated Stretching	Workshop/Seminar 15.0 12/31/20 www.stretchingusa.com
Active Life (AFAA)	Active Life Coach Training Workshop	Home Study 11.0 12/31/20
Active Life (AFAA)	Active Life RX Coach Immersion	Conference 15.0 12/31/20 www.activeliferx.com
Aerial Physique (AFAA)	Aerial Physique Teacher Training	Workshop/Seminar 15.0 12/31/20
AKT, Anna Kaiser Technique (AFAA)	AKT Certification Program	Workshop/Seminar 15.0 12/31/20 www.theakt.com
Aktiv Solutions (AFAA)	Aktiv Straps Official Course: Body Weight Suspension Exercise	Workshop/Seminar 5.0 12/31/20 Aktivsolutions.com
Aktiv Solutions (AFAA)	Functional Training Experience Specialist	Workshop/Seminar 6.0 12/31/20 www.aktivsolutions.com
American Barre Technique, LLC (AFAA)	Barre Instructor Certification	Workstop/jetnikal 0.0 12/31/20 www.aktivsoudouis.com Home Study 15.0 12/31/20 www.aktivsoudouis.com
American Council on Exercise (ACE) (AFAA)	ACE Behavior Change in Practice: Hands-on Skills for Health Coaches and Exercise Professionals	Workshop/Seminar 5.0 12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Behavior Change Specialist	Home Study 15.0 12/31/20 http://www.acefitness.org/fitness-certifications/specialty-certifications/behavior-change.aspx
American Council on Exercise (ACE) (AFAA)	ACE Certified Health Coach	Home Study 15.0 12/31/20
American Council on Exercise (ACE) (AFAA)	ACE Fitness Nutrition Specialist	Home Study 15.0 12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Functional Training Specialist	Home Study 15.0 12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Senior Fitness Specialist	Home Study 15.0 12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Sports Performance Specialty Program	Home Study 15.0 12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Sports Performance Workshop	Workshop/Seminar 8.0 12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Weight Management Specialist	
American Council on Exercise (ACE) (AFAA)	ACE Youth Fitness Specialist	Home Study 15.0 12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Diabetes Prevention Coaching	Home Study 10.0 12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Fitness Programming for Overweight Clients & Clients Affected by Obesity	Workshop/Seminar 8.0 12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Metabolic Training Workshop	Workshop/Seminar 8.0 12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Movement Based Exercise Workshop	Workshop/Seminar 8.0 12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Orthopedic Exercise Specialist Program	Home Study 15.0 12/31/20 https://www.acefitness.org/fitness-certifications/specialty-certifications/orthopedic-exercise.aspx
American Council on Exercise (ACE) (AFAA)	Personal Training Workshop: Client Communication, Assessment and Program Design	Workshop/Seminar 8.0 12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Small Group Training Workshop	Workshop/Seminar 5.0 12/31/20 www.acefitness.org
American Specialty Health (ASH)/Silver & Fit (AFAA)	Silver&Fit Signature Series Classes® Distance Learning Instructor Training Course	
Anatomy4Fitness, LLC (AFAA)	Anatomy4Fitness: Complete Musculoskeletal Anatomy	Home Study 10.0 12/31/20 anatomy4fitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® 1on1: D-kink	Workshop/Seminar 6.0 12/31/20 www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Aerial Yoga 1	Workshop/Seminar 15.0 12/31/20 www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Aerial Yoga 2	Workshop/Seminar 15.0 12/31/20 www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® AIRbarre 1	Workshop/Seminar 15.0 12/31/20 www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Fundamentals 1&2	Workshop/Seminar 15.0 12/31/20 www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Just Kids 1&2	Workshop/Seminar 15.0 12/31/20 www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Pilates 1	Workshop/Seminar 15.0 12/31/20 www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Restorative Yoga	Workshop/Seminar 15.0 12/31/20 www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Suspension Fitness 1	Workshop/Seminar 15.0 12/31/20 www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Suspension Fitness 2	Workshop/Seminar 15.0 12/31/20 www.antigravityfitness.com
Asana Charlestown (AFAA)	ASANA Barre Teacher Training Program	Workshop/Seminar 15.0 12/31/20 www.asanacharlestown.com
ASIA AERIALARTS (AFAA)	AAA Aerial Hoop	Workshop/Seminar 15.0 12/31/20 www.asiaaerialarts.com
Assured Fitness (AFAA)	GROUP EXERCISE: 101	Workshop/Seminar 8.0 12/31/20
Assured Fitness (AFAA)	Pressure Point: Muscle Rejuvenation	Workshop/Seminar 8.0 12/31/20
Assured Fitness (AFAA)	Senior Fitness - Senior Fit & Fun	Workshop/Seminar 8.0 12/31/20
Assured Fitness (AFAA)	Specialized Military Fitness Programming	Workshop/Seminar 15.0 12/31/20
Assured Fitness (AFAA)	The Power of Yoga - Energy & Healing	Workshop/Seminar 4.0 12/31/20 www.assured-fitness.com
Assured Fitness (AFAA)	Yoga Burn & Firm	Workshop/Seminar 4.0 12/31/20
	Youth Fitness - Fit-4-Kids	Workshop/Seminar 8.0 12/31/20
		Workshop/Seminar 7.0 12/31/20
	PolyFit	Workshop/Seminar 7.0 12/31/20
Aumakua Productions LLC (AFAA)	PolyFit Advanced Hypertrophy Level 2	Workshop/Seminar 7.0 12/31/20 Workshop/Seminar 13.0 12/31/20 www.trainasp.com.au/education/
Assured Fitness (AFAA) Aumakua Productions LLC (AFAA) Australian Strength Performance (AFAA) Australian Strength Performance (AFAA)		
Aumakua Productions LLC (AFAA) Australian Strength Performance (AFAA)	Advanced Hypertrophy Level 2	Workshop/Seminar 13.0 12/31/20 www.trainasp.com.au/education/

Australian Strength Performance (AFAA)	Physique Transformation Level 1	Workshop/Seminar 7.0		12/31/20
Ballistic Management Inc (AFAA)	Expert Training Methodology	Workshop/Seminar 15.0		12/31/20 thibarmy.com
BAMmotion, Inc (AFAA)	BAMmotion Functional Training Mat	Workshop/Seminar 4.0		12/31/20 bammotion.com
Barre Certification (IBBFA) (AFAA)	Barre Essentials - A Training Guide On How To Be An Effective Barre Instructor	Home Study 8.0	.0	12/31/20 www.barrecertification.com
Barre Certification (IBBFA) (AFAA)	Barre Level 1- Fundamentals of Barre Technique	Workshop/Seminar 15.0		12/31/20 https://barrecertification.com/
Barre Intensity LLC (AFAA)	Barre Anatomy Workshop	Workshop/Seminar 10.0	.0	12/31/20 www.barreintensity.com
Barre Intensity LLC (AFAA)	Barre Choreography Workshop 1	Workshop/Seminar 3.0	.0	12/31/20 www.barreintensity.com
Barre Intensity LLC (AFAA)	Barre Intensity Essentials Training	Workshop/Seminar 8.0	.0	12/31/20 www.barreintensity.com
Barre Intensity LLC (AFAA)	Barre Intensity Instructor Training 1 Day	Workshop/Seminar 9.0	.0	12/31/20 www.barreintensity.com
Barre Intensity LLC (AFAA)	Barre Intensity Instructor Training 2 day	Workshop/Seminar 13.0	.0	12/31/20 www.barreintensity.com
Barre Vida (AFAA)	Barre Vida Certified Instructor Trainer	Workshop/Seminar 12.0	.0	12/31/20 www.barrevidausa.com
Barre Where You Are LLC (AFAA)	Barre Where You Are Primary Barre Instructor	Workshop/Seminar 8.0	.0	12/31/20
BarreAmped® (AFAA)	BarreAmped® Bounce Levels 1 & 2	Home Study 8.0	.0	12/31/20 www.barreampedbounce.com
BarreAmped® (AFAA)	BarreAmped® Level 1 Barre Instructor Training	Workshop/Seminar 15.0	.0	12/31/20 www.barreamped.com
BeatBoss, LLC (AFAA)	BeatBoss Indoor Biking	Workshop/Seminar 14.0		12/31/20 www.beatboss.rocks
BODY FX (AFAA)	Figure 8 Basic Instructor	Home Study 6.0		12/31/20
BOMBAY JAM (AFAA)	BOMBAY JAM Certificate of Completion	Workshop/Seminar 12.0		12/31/20 WWW.BOMBAYJAM.COM
BOMBAY JAM (AFAA)	Bombay Jam Certificate of Completion Online	Home Study 5.0		12/31/20 WWW.BOWBATANW.COW
BOMBAY JAM (AFAA)	BOMBAY JAM DAY 2 QUARTER 2	Workshop/Seminar 4.0		12/31/20 http://www.bombayjam.com
	BOMBAY JAM DAY 2 QUARTER 3			12/31/20 http://www.boinbarjani.com
BOMBAY JAM (AFAA)	BOMBAY JAM DAY 2 QUARTER 3	Workshop/Seminar 4.0		
BOMBAY JAM (AFAA)		Workshop/Seminar 4.0		12/31/20 http://WWW.BOMBAYJAM.COM
BOMBAY JAM (AFAA)	BOMBAY JAM(R) DAY 2 QUARTER 1	Workshop/Seminar 4.0		12/31/20 www.bombayjam.com
Booty Barre (AFAA)	barreless	Workshop/Seminar 8.0		12/31/20 www.barreless.com
Booty Barre (AFAA)	BootyBarre PLUS	Workshop/Seminar 9.0		12/31/20 www.bootybarre.com
Booty Barre (AFAA)	BootyBarre plus Flex & Flow	Workshop/Seminar 15.0	.0	12/31/20 www.bootybarre.com
Booty Barre (AFAA)	bootybarre Suspension	Workshop/Seminar 8.0	.0	12/31/20 www.bootybarre.com
Boxing & Barbells (AFAA)	Boxing & Barbells Level 1	Workshop/Seminar 8.0	.0	12/31/20 www.boxingandbarbells.com
Boxing & Barbells (AFAA)	Boxing & Barbells Level 1 (Self Study)	Home Study 10.0	.0	12/31/20 www.boxingandbarbells.com
Brian Grant Foundation (AFAA)	Exercise for Parkinson's (Home Study)	Home Study 6.0	.0	12/31/20 www.briangrant.org
Brian Grant Foundation (AFAA)	Exercise for Parkinson's (Workshop)	Workshop/Seminar 6.0	.0	12/31/20 www.briangrant.org
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Adductors	Home Study 2.0		12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Advancements in Exercise Selection 2: A Case Study Approach to Corrective Exercise	Workshop/Seminar 16.0	.0	12/31/20 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Ankle Joint	Home Study 3.0		12/31/20 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Anterior Oblique Subsystem Integration	Home Study 1.0		12/31/20 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Back/Pulling Progressions	Workshop/Seminar 1.0		12/31/20 http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)				
	Biceps Femoris	Home Study 2.0		12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Cervical Spine	Home Study 3.0		12/31/20 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Chest/Pushing Progressions	Workshop/Seminar 1.0		12/31/20 http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Comparing Shoulder External Rotator Exercises	Workshop/Seminar 1.0		12/31/20 brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Coracobrachialis	Home Study 2.0	.0	12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Corrective Exercise Lab	Workshop/Seminar 15.0	.0	12/31/20 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Deadlift Progressions	Workshop/Seminar 1.0	.0	12/31/20 http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Deep Cervical Flexor Activation	Home Study 1.0	.0	12/31/20 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Deep Longitudinal Subsystem	Home Study 1.0	.0	12/31/20 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Deep Neck Flexors	Home Study 2.0	.0	12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Deltoids	Home Study 2.0	.0	12/31/20 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Does Movement Impairment Precede Knee Pain and Injury?	Home Study 1.0	.0	12/31/20 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Does Movement Impairment Precede Low Back Injury?	Workshop/Seminar 1.0	.0	12/31/20 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Erector Spinae	Home Study 2.0		12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Extensor Hallucis Longus (EHL) & Extensor Digitorum Longus (EDL) (and Fibularis Tertius (FT)	Home Study 2.0		12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Flexor Hallucis Longus and Flexor Digitorum Longus	Home Study 2.0		12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Functional Anatomy 1: Introduction	Home Study 3.0		12/31/20 brentbrookbush.com/online-courses/
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Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Functional Anatomy 2: Muscular Function and Upper Body Muscles	Home Study 3.0		12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Functional Anatomy 3: Lower Body and Core Muscles	Home Study 3.0		12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Gluteus Maximus	Home Study 2.0		12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Gluteus Maximus Activation	Workshop/Seminar 1.0		12/31/20 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Gluteus Medius Activation	Home Study 1.0		12/31/20 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Hip External Rotator: Release and Lengthening	Home Study 1.0		12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Hip Flexor: Release and Lengthening	Home Study 1.0		12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Hip Internal Rotator: Release and Lengthening	Home Study 1.0	.0	12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Hip Joint	Home Study 3.0	.0	12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Infraspinatus and Teres Minor	Home Study 2.0	.0	12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Integrated Exercise Progressions	Workshop/Seminar 1.0	.0	12/31/20 brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Intrinsic Stabilization Subsystem	Workshop/Seminar 1.0		12/31/20 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Knee Joint	Home Study 3.0		12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Latissimus Dorsi	Home Study 2.0		12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Legs/Triple Extension Progressions	Workshop/Seminar 1.0		12/31/20 http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Legs) Tiple Extension Flogressions Levator Scapulae	Home Study 2.0		12/31/20 http://brookbushistitute.com/ 12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)				12/31/20 brentbrookbush.com/online-courses/
	Lower Body Goniometric Assessment	Home Study 2.0		
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Lower Body Manual Muscle Testing (MMT)	Home Study 1.0		12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Lower Extremity Dysfunction	Home Study 4.0		12/31/20 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Lumbar Extensor: Release and Lengthening	Home Study 1.0		12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Muscle Cell Structure and Function	Home Study 1.0	.0	12/31/20 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Muscle Fiber Dysfunction and Trigger Points	Workshop/Seminar 2.0	.0	12/31/20 brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Muscle Fiber Types	Workshop/Seminar 1.0	.0	12/31/20 brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Muscle Length Tests	Home Study 2.0	.0	12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Overhead Squat Assessment (Part 1): Signs of Dysfunction	Home Study 2.0	.0	12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Overhead Squat Assessment (Part 2): Sign Clusters and Compensation Patterns	Home Study 2.0		12/31/20 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Pectoralis Major	Home Study 2.0		12/31/20 brentbrookbush.com/online-courses/
	Pectoralis Minor	Home Study 2.0		12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)				

Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Performance Program Design	Workshop/Seminar 15.0		12/31/20 brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Plantar Flexor: Release and Lengthening	Home Study 1.0		12/31/20 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Popliteus	Home Study 2.0		12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Posterior Oblique Subsystem Integration	Workshop/Seminar 1.0		12/31/20 http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Predictive Model of Lumbo Pelvic Hip Complex Dysfunction (LPHCD)	Home Study 2.0	_	12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Predictive Model of Upper Body Dysfunction (UBD)	Home Study 3.0		12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Rectus Abdominis & Pyramidalis	Home Study 2.0		12/31/20 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Regional Interdependence: Hip and Ankle	Workshop/Seminar 1.0		12/31/20 www.brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Regional Interdependence: Trunk and Lower Extremity	Workshop/Seminar 1.0	.0	12/31/20 brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Rhomboids	Home Study 2.0	.0	12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Scapular Muscles: Release and Lengthening	Home Study 1.0	.0	12/31/20 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Self-administered Joint Mobilizations: Lower Extremity	Home Study 2.0	.0	12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Self-administered Joint Mobilizations: Upper Extremity	Home Study 2.0	.0	12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Serratus Anterior	Home Study 2.0	.0	12/31/20 brentbrookbush.com/online-courses/
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Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Shoulder External Rotator Activation	Home Study 1.0	.0	12/31/20 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Shoulder Internal Rotator and Posterior Deltoid: Release and Lengthening	Home Study 1.0	.0	12/31/20 http://www.brookbushinstitute.com
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Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Soleus	Home Study 2.0		12/31/20 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Stability Training	Workshop/Seminar 1.0		12/31/20 http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Sternoclavicular, Acromiocular and Scapulothoratic Joints	Home Study 3.0		12/31/20 http://www.brookbushinstitute.com
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Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Supraspinatus	Home Study 2.0		12/31/20 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA) Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Supraspinatus Tensor Fascia Latae	Home Study 2.0 Home Study 2.0		12/31/20 brentbrookbush.com/online-courses/
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CRUNCH UNIVERSITY (AFAA) CULTETT Healthcare PVT LTD (AFAA) CULTETT Healthcare PVT LTD (AFAA)	CARDIO TAI BOX CHISEL Extreme HIIT Fat Burning Pilates FIT TO FIGHT HIT WORKOUT IRON MAT JUMP START OVERDRIVE PUNCH HIIT RETRO ROBICS STILETTO STRENGTH Strong HIIT Tread Bootcamp TREAD-N-SHRED TRX-X2 Videography Yoga Body Sculpt Commit Dance Fitness CULT Fitness Boxing Level 0 Cut Strength and Conditioning Level 0	Home Study	12/31/20 http://www.crunch-u.com 12/31/20 http://www.crunch-u.com 12/31/20 www.CRUNCH.com 12/31/20 crunch.com 12/31/20 crunch.com 12/31/20 crunch.com 12/31/20 crunch.com 12/31/20 crunch.com 12/31/20 crunch.com 12/31/20 www.cRUNCH.com 12/31/20 www.CRUNCH.com 12/31/20 http://www.crunch-u.com
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CRUNCH UNIVERSITY (AFAA) CRUNCH UNIVERSITY (AF	CARDO TAI BOX CHISEL Extreme HIIT Fat Burning Pilates FIT TO FIGHT HIT WORKOUT IRON MAT JUMP START OVERDRIVE PUNCH HIIT FATER ORBICS STILETTO STRENGTH Strong HIIT Tread Bootcamp TREAD-N-SHRED TRX-X2 Videography Yoga Body Sculpt Commit Dance Fitness CULT Fitness Boxing Level 0 Cult Strength and Conditioning Level 0 D.A.TFitness Instructor Official Kpoxy* Fitness Instructor DCAC Fitness Education Conference 2020 Defying Gravity Bungee Instructor Training Acondicionamiento Fisico Fitness and Mujer ACONDICIONAMIENTO FISICO PARA LA OBESIDAD ASSOR NUTRICOG EN FITNESS CROSS TRAINING ENTRENADOR PERSONAL FITNESS BARE INDOOR CYCLING KICK BOXING MASAJE DEPORTIVO PILATES	Home Study	12/31/20 http://www.crunch-u.com 12/31/20 www.CRUNCH.com 12/31/20 crunch.com 12/31/20 www.crunch-u.com 12/31/20 www.crunch-u.com 12/31/20 www.crunch-u.com 12/31/20 http://www.crunch-u.com 12/31/20 www.clafitness.com 12/31/20 www.dafitness.com 12/31/20 www.dafitness.com 12/31/20 www.dafitness.com 12/31/20 www.desireefitness.com 12/31/20 http://www.desireefitness.com
CRUNCH UNIVERSITY (AFAA) CRUNCH UNIVERSITY (AF	CARDIO TAI BOX CHISEL Extreme HIIT Fat Burning Pilates FIT TO FIGHT HIIT WORKOUT IRON MAT JUMP START OVERDRIVE PUNCH HIIT RETRO ROBICS STILETTO STRENGTH Strong HIIT Tread Bootcamp TREAD-N-SHRED TRX-X2 Videography Yoga Body Sculpt Commit Dance Fitness CULT Fitness Boxing Level 0 Cult Strength and Conditioning Level 0 D.A.TFitness Instructor Official KpopX** Fitness Instructor DCAC Fitness Education Conference 2020 Defying Grayty Bungee Instructor Training Acondicionamiento Fisico Fitness para la Mujer ACONDICIONAMIENTO FISICO PARA LA OBESIDAD ASESOR NUTRIOLOGO EN FITNESS CROSS TRAINING ENTENADOR PERSONAL FITNESS BARRE INDOOR CYCLING KICK BOXING MASAGE DEPORTIVO	Home Study	12/31/20 http://www.crunch-u.com 12/31/20 www.CRUNCH.com 12/31/20 crunch.com 12/31/20 crunch.com 12/31/20 crunch.com 12/31/20 crunch.com 12/31/20 runch.com 12/31/20 www.crunch-u.com 12/31/20 runch.com 12/31/20 www.crunch.com 12/31/20 http://www.crunch-u.com 12/31/20 www.cRUNCH.com 12/31/20 http://www.crunch-u.com 12/31/20 www.clufit.in 12/31/20 www.clifit.in 12/31/20 www.destiretiness.com 12/31/20 www.destiretiness.com 12/31/20 www.destiretiness.com 12/31/20 www.destiretiness.com 12/31/20 www.destiretiness.com 12/31/20 www.destiretiness.com 12/31/20 http://www.destiretiness.com 12/31/20 www.destiretiness.com 12/31/20 www.destiretiness.com 12/31/20 http://www.destiretiness.com
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CRUNCH UNIVERSITY (AFAA) CRUNCH UNIVERSITY (AF	CARDIO TAI BOX CHISEL Extreme HIIT Fat Burning Pilates FIT TO FIGHT HIIT WORKOUT IRON MAT JUMP START OVERDRIVE PUNCH HIIT RETRO ROBICS STILETTO STRENGTH Strong HIIT Tread Bootcamp TREAD-N-SHRED TRX-X2 Videography Yoga Body Sculpt Commit Dance Fitness CULT Fitness Boxing Level 0 Cult Strength and Conditioning Level 0 D.A.TFitness Instructor DCAC Fitness Education Conference 2020 Defying Gravity Bungee Instructor Training Acondicionamiento Fisico PARA LA OBESIDAD ASESOR NUTRIOLOGO EN FITNESS CROSS TRAINING ENTRESS BARRE INDOOR CYCLING KICK BOXING KICK BOXING KICK BOXING KICK BOXING MASAE DEPORTIVO PILAGE PISCOLOGIA DEPORTIVA	Home Study	12/31/20 http://www.crunch-u.com 12/31/20 www.CRUNCH.com 12/31/20 crunch.com 12/31/20 www.crunch-u.com 12/31/20 www.crunch-u.com 12/31/20 www.crunch-u.com 12/31/20 http://www.crunch-u.com 12/31/20 www.clafitness.com 12/31/20 www.dafitness.com 12/31/20 www.dafitness.com 12/31/20 www.dafitness.com 12/31/20 www.desireefitness.com 12/31/20 http://www.desireefitness.com

	YOGA FITNESS	Workshop/Seminar	5.0	12/31/20 http://www.desireefitness.com
DESIREE FITNESS (AFAA)				
dotFIT, LLC (AFAA)	dotFIT Certification	Home Study	15.0	12/31/20 www.dotfit.com
Dr. Sears Wellness Institute (AFAA)	Health Coach Certification-Adults & Seniors	Home Study	15.0	12/31/20 drsearswellnessinstitute.org
Dr. Sears Wellness Institute (AFAA)	Health Coach Certification-Families	Home Study	15.0	12/31/20 drsearswellnessinstitute.org
Drums Alive (AFAA)	Drums Alive® Basic On-line Instructor Specialty Certificate	Home Study	8.0	12/31/20
ELDOA (AFAA)	ELDOA 1 & 2	Workshop/Seminar	15.0	12/31/20
Eleiko Sport Inc. (AFAA)	NOFFS Performance Coach	Workshop/Seminar	15.0	12/31/20 www.eleiko.com
Embarazo Activo (AFAA)	Physical Activity in Pregnancy and Postpartum	Workshop/Seminar	15.0	12/31/20
Entrenous LLC (AFAA)	Now What? The Road After Group Fitness Certification	Workshop/Seminar	3.0	12/31/20
Entrenous LLC (AFAA)	The Chapel of Fitness: Group Fitness as a Spiritual Modality	Workshop/Seminar	3.0	12/31/20
Evidence for Exercise (AFAA)	Exercises for the spine, hip and knee	Home Study	10.0	12/31/20 www.evidenceforexercise.org
Evolution Trainers (AFAA)	Training for Lumbar Spine Health and Performance	Workshop/Seminar	5.0	12/31/20 www.evolutiontrainers.com
Exercise and Nutrition Works, Inc. (AFAA)	Fitness Nutrition Specialist	Home Study	15.0	12/31/20 www.NutritionCertification.com
Exercise Etc Inc (AFAA)	Age Appropriate Strength Training	Home Study	2.0	12/31/20 www.exerciseetc.com
Exercise Etc Inc (AFAA)	Athletic Body in Balance	Home Study	15.0	12/31/20 www.exerciseetc.com
Exercise Etc Inc (AFAA)	Avoiding Common Fitness Injuries	Workshop/Seminar	2.0	12/31/20 http://exerciseetc.com/power.html
Exercise Etc Inc (AFAA)	Baby Boomer Balance	Workshop/Seminar	2.0	12/31/20 www.exerciseetc.com
Exercise Etc Inc (AFAA)	Balance & Fall Prevention	Workshop/Seminar	2.0	12/31/20 http://exerciseetc.com/seniorfit.html
Exercise Etc Inc (AFAA)	Balance, Stability & Fall Prevention	Workshop/Seminar	2.0	12/31/20 http://exerciseetc.com
Exercise Etc Inc (AFAA)	Beyond Cardio: Sweat Equity & Weight Mgmt	Workshop/Seminar	2.0	12/31/20 www.exerciseetc.com
			2.0	12/31/20 www.exerciseetc.com
Exercise Etc Inc (AFAA)	Cheap Tricks for Trainers	Home Study		1-1
Exercise Etc Inc (AFAA)	Complete Guide to Foam Rolling	Home Study	10.0	12/31/20 www.exerciseetc.com
Exercise Etc Inc (AFAA)	Complete Guide to TRX® Suspension Training	Workshop/Seminar	10.0	12/31/20 www.crunch.com
Exercise Etc Inc (AFAA)	Comprehensive Recovery Strategies	Home Study	2.0	12/31/20 www.exerciseetc.com
Exercise Etc Inc (AFAA)	Conditioning to the Core	Home Study	10.0	12/31/20 http://exerciseetc.com
Exercise Etc Inc (AFAA)	Core Training Anatomy	Home Study	12.0	12/31/20 www.exerciseetc.com
Exercise Etc Inc (AFAA)	Core Training: From Outdated to Outstanding	Workshop/Seminar	2.0	12/31/20 www.exerciseetc.com
Exercise Etc Inc (AFAA)	Core Training: From October to Octstanding Core Training: Working Hard or Hardly Working?	Home Study	2.0	12/31/20 www.exerciseetc.com
	Exercise to Improve Neck & Back Function			
Exercise Etc Inc (AFAA)		Workshop/Seminar	2.0	12/31/20 http://exerciseetc.com/
Exercise Etc Inc (AFAA)	Forever Young: Secrets of the Older Mind	Workshop/Seminar	2.0	12/31/20 http://exerciseetc.com
Exercise Etc Inc (AFAA)	Functional Forever: Exercise for Independent Living	Home Study	2.0	12/31/20 www.exerciseetc.com
Exercise Etc Inc (AFAA)	Functional Forever: Remedial Shoulder Exercises	Workshop/Seminar	2.0	12/31/20 www.exerciseetc.com
Exercise Etc Inc (AFAA)	Functional Training	Home Study	10.0	12/31/20 http://exerciseetc.com
Exercise Etc Inc (AFAA)	Functional Training: Myths & Mystique	Home Study	2.0	12/31/20 www.exerciseetc.com
Exercise Etc Inc (AFAA)	Good Knee/Bad Knee	Workshop/Seminar	2.0	12/31/20 www.exerciseetc.com
Exercise Etc Inc (AFAA)	High Intensity Training: When Less is More	Home Study	2.0	12/31/20 www.exerciseetc.com
Exercise Etc Inc (AFAA)	Kettlebell Training	Home Study	10.0	12/31/20 http://exerciseetc.com
Exercise Etc Inc (AFAA)	Lift Weight to Lose Weight	Workshop/Seminar	2.0	12/31/20 www.exerciseetc.com
Exercise Etc Inc (AFAA)	Living Fearless: Exercise, Balance & Core Strength	Home Study	2.0	12/31/20 www.exerciseetc.com
Exercise Etc Inc (AFAA)	Lower Body Conditioning: Transformative Training	Workshop/Seminar	2.0	12/31/20 www.exerciseetc.com
Exercise Etc Inc (AFAA)	Myofascial Release	Workshop/Seminar	10.0	12/31/20 http://exerciseetc.com/
Exercise Etc Inc (AFAA)	Nancy Clark's Sports Nutrition Guidebook	Home Study	15.0	12/31/20 www.exerciseetc.com
Exercise Etc Inc (AFAA)	Never too Late: Functional Core Training for Seniors	Workshop/Seminar	2.0	12/31/20 www.crunch.com
Exercise Etc Inc (AFAA)	Nutrient Timing for Peak Performance	Home Study	15.0	12/31/20 www.exerciseetc.com
Exercise Etc Inc (AFAA)		Home Study	14.0	12/31/20 exerciseetc.com
	Plant Based Sports Nutrition			
	Polishing the Golden Years: Age-appropriate Conditioning Exercises	Workshop/Seminar	2.0	12/31/20 www.crunch.com
Exercise Etc Inc (AFAA)				
Exercise Etc Inc (AFAA)	Pure Power: Integrated Rotational Training	Workshop/Seminar	2.0	12/31/20 www.exerciseetc.com
	Pure Power: Integrated Rotational Training Ready, Set, Stop! Functional Deceleration Training	Workshop/Seminar Workshop/Seminar	2.0	12/31/20 www.exerciseetc.com 12/31/20 www.exerciseetc.com
Exercise Etc Inc (AFAA)				
Exercise Etc Inc (AFAA) Exercise Etc Inc (AFAA)	Ready, Set, Stop! Functional Deceleration Training Remedial Exercise: Restoring Function to the Deconditioned	Workshop/Seminar Workshop/Seminar	2.0	12/31/20 www.exerciseetc.com
Exercise Etc Inc (AFAA) Exercise Etc Inc (AFAA) Exercise Etc Inc (AFAA) Exercise Etc Inc (AFAA)	Ready, Set, Stop! Functional Deceleration Training Remedial Exercise: Restoring Function to the Deconditioned Retired, not Expired: Integrated Strength Training Drills	Workshop/Seminar Workshop/Seminar Workshop/Seminar	2.0 2.0 2.0	12/31/20 www.exerciseetc.com 12/31/20 www.exerciseetc.com 12/31/20 www.crunch.com
Exercise Etc Inc (AFAA)	Ready, Set, Stop! Functional Deceleration Training Remedial Exercise: Restoring Function to the Deconditioned Retired, not Expired: Integrated Strength Training Drills Secrets of Strength & Conditioning	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	2.0 2.0 2.0 2.0	12/31/20 www.exerciseetc.com 12/31/20 www.exerciseetc.com 12/31/20 www.crunch.com 12/31/20 http://exerciseetc.com/
Exercise Etc Inc (AFAA)	Ready, Set, Stop! Functional Deceleration Training Remedial Exercise: Restoring Function to the Deconditioned Retired, not Expired: Integrated Strength Training Drills Secrets of Strength & Conditioning Smarter Workouts	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study	2.0 2.0 2.0 2.0 2.0 15.0	12/31/20 www.exerciseetc.com 12/31/20 www.exerciseetc.com 12/31/20 www.crunch.com 12/31/20 http://exerciseetc.com/ 12/31/20 exerciseetc.com/
Exercise Etc Inc (AFAA)	Ready, Set, Stop! Functional Deceleration Training Remedial Exercise: Restoring Function to the Deconditioned Retired, not Expired: Integrated Strength Training Drills Secrets of Strength & Conditioning Smarter Workouts Sports Injuries Guidebook	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Home Study	2.0 2.0 2.0 2.0 15.0	12/31/20 www.exerciseetc.com 12/31/20 www.exerciseetc.com 12/31/20 www.crunch.com 12/31/20 http://exerciseetc.com/ 12/31/20 exerciseetc.com 12/31/20 http://exerciseetc.com
Exercise Etc Inc (AFAA)	Ready, Set, Stop I Functional Deceleration Training Remedial Exercise: Restoring Function to the Deconditioned Retired, not Expired: Integrated Strength Training Drills Secrets of Strength & Conditioning Smarter Workouts Sports Injuries Guidebook Standing Tall: Exercise and the Aging Spine	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Home Study Home Study	2.0 2.0 2.0 2.0 15.0 15.0 2.0	12/31/20 www.exerciseetc.com 12/31/20 www.exerciseetc.com 12/31/20 www.crunch.com 12/31/20 http://exerciseetc.com/ 12/31/20 exerciseetc.com 12/31/20 http://exerciseetc.com 12/31/20 www.exerciseetc.com
Exercise Etc Inc (AFAA)	Ready, Set, Stop! Functional Deceleration Training Remedial Exercise: Restoring Function to the Deconditioned Retired, not Expired: Integrated Strength Training Drills Secrets of Strength & Conditioning Smarter Workouts Sports Injuries Guidebook Standing Tall: Exercise and the Aging Spine Strength & Conditioning for Seniors	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Home Study Home Study Home Study	2.0 2.0 2.0 2.0 15.0 15.0 2.0	12/31/20 www.exerciseetc.com 12/31/20 www.exerciseetc.com 12/31/20 www.crunch.com 12/31/20 http://exerciseetc.com/ 12/31/20 exerciseetc.com/ 12/31/20 http://exerciseetc.com 12/31/20 www.exerciseetc.com 12/31/20 www.exerciseetc.com 12/31/20 www.exerciseetc.com
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FitLife (AFAA)	Powerful Teaching Series Part 5: Flexible Strength	Workshop/Seminar	2.0	12/31/20
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FitnessFest Conference and Expo (AFAA)	FitnessFest Arizona 2020		15.0	12/31/20 www.fitnessfest.org
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Fusionetics Academy (AFAA)	Fusionetics Body MAP: Motion Capture and Movement Testing	Home Study	15.0	12/31/20 www.fusionetics.com
GAINS Fit (AFAA)	Cooking for Fitness	Workshop/Seminar	1.0	12/31/20 https://gainsfitretreat.com
GAINS Fit (AFAA)	Create It, Connect It, Choreography It!	Workshop/Seminar	1.0	12/31/20 https://gainsfitretreat.com
GAINS Fit (AFAA)	Deepen the Stretch	Workshop/Seminar	1.0	12/31/20 https://gainsfitretreat.com
GAINS Fit (AFAA)	Instructing Across the Generational Divide	Workshop/Seminar	1.0	12/31/20 https://gainsfitretreat.com
GAINS Fit (AFAA)	Marketing for Fitness Professionals: Promote Like a Pro	Workshop/Seminar	1.0	12/31/20 https://gainsfitretreat.com
GAINS Fit (AFAA)	ROCK Your Dance Fitness Classes	Workshop/Seminar	1.0	12/31/20 https://gainsfitretreat.com
GAINS Fit (AFAA)	The Financial Skills for Fitness Professionals	Workshop/Seminar	1.0	12/31/20 https://gainsfitretreat.com
	EMS Trainer License			
GluckerKolleg GbR (AFAA)		Workshop/Seminar		12/31/20 www.ems-certified.com
Go Fitness Academy (AFAA)	Flexfit Pilates	Workshop/Seminar	8.0	12/31/20
Go Fitness Academy (AFAA)	PowerMoves Aerobics Instructor Course	Workshop/Seminar	15.0	12/31/20 www.gofitnessacademy.in
Go Fitness Academy (AFAA)	POWERMOVES BOLLYFITX	Workshop/Seminar	14.0	12/31/20 https://www.gofitnessacademy.in
Gray Institute (AFAA)	3D Movement Analysis & Performance System (3DMAPS) Home Study	Home Study	10.0	12/31/20 www.grayinstitute.com
Gray Institute (AFAA)	Certification in Applied Functional Science	Home Study	15.0	12/31/20 www.grayinstitute.com
Gray Institute (AFAA)	Chain Reaction	Workshop/Seminar	15.0	12/31/20 www.grayinstitute.com
Gray Institute (AFAA)	Female Chain Reaction	Workshop/Seminar	14.0	12/31/20 www.grayinstitute.com
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	Functional Soft Tissue Transformation (FSTT)	Home Study	15.0	12/31/20 www.grayinstitute.com
Gray Institute (AFAA)	Gray Institute Functional Golf System	Workshop/Seminar	15.0	12/31/20 www.grayinstitute.com
G-Transformation Academy (AFAA)	Macro Nutrition Coaching	Workshop/Seminar	15.0	12/31/20 https://gtransformationacademy.com
Hedstrom Fitness (AFAA)	3D XTREME™ powered by BOSU®	Workshop/Seminar	6.0	12/31/20 http://www.bosu.com
Hedstrom Fitness (AFAA)	BOSU® Advanced Programming Strategies	Workshop/Seminar	4.0	12/31/20 www.bosu.com
Hedstrom Fitness (AFAA)	BOSU® Mindful Movement & Mobility	Workshop/Seminar	4.0	12/31/20 www.bosu.com
Hedstrom Fitness (AFAA)	BOSU® Next Generation Balance Training	Workshop/Seminar	4.0	12/31/20 www.bosu.com
Hedstrom Fitness (AFAA)	BOSU® DOUBLE UP DOUBLE DOWN	Workshop/Seminar	2.0	12/31/20 http://www.bosu.com
	BOSU® HIIT XTREME			
Hedstrom Fitness (AFAA)		Workshop/Seminar	2.0	12/31/20 http://www.bosu.com
Hedstrom Fitness (AFAA)	BOSU® STRONG + STRETCHED	Workshop/Seminar	2.0	12/31/20 http://www.bosu.com
Hedstrom Fitness (AFAA)	Surge® Hydro Performance Training	Workshop/Seminar	4.0	12/31/20 www.surgestrong.com
Hedstrom Fitness (AFAA)	Surge® Hydro Program Design	Workshop/Seminar	4.0	12/31/20 www.surgestrong.com
Hedstrom Fitness (AFAA)	Surge® Hydro Training System	Workshop/Seminar	4.0	12/31/20 www.surgestrong.com
Hellenic Network of Fitness Certification (AFAA)	In Season Training for Sports Performance	Workshop/Seminar	10.0	12/31/20 https://hnfc.academy
High Fitness LP (AFAA)	HIGH Fitness Instructor Training	Workshop/Seminar	8.0	12/31/20 www.highfitness.com
High Performance Training (AFAA)	ALL Phases	Workshop/Seminar		12/31/20 www.ngmittless.com 12/31/20
High Performance Training (AFAA)	Phase 1 - Owner	Home Study	10.0	12/31/20
High Performance Training (AFAA)	Phase 1 - Trainer	Home Study	8.0	12/31/20
High Performance Training (AFAA)	Phase 2	Workshop/Seminar	16.0	12/31/20
High Performance Training (AFAA)	Phase 3	Workshop/Seminar	16.0	12/31/20
High Performance Training (AFAA)	Phase 4	Workshop/Seminar	16.0	12/31/20
HOT HIIT (AFAA)	HOT HIIT Teacher Training	Workshop/Seminar	15.0	12/31/20 www.hothiit.com
IDEA Health & Fitness (AFAA)	21st Century Body Sculpt	Home Study	1.0	12/31/20
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IDEA Health & Fitness (AFAA)	50 Ways to Leave Your Core Lovers Wanting You More, Powered by Savvier Fitness	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	A Different Look at Core Training: The Backside	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	ACSM: Exercise Is Medicine (EIM)From Doctor to Trainer to Client Success!	Home Study	2.0	12/31/20 www.ideafit.com
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IDEA Health & Fitness (AFAA)	Advanced and Progressive Mechanics of Lifting and Strength Training	Home Study	2.0	12/31/20
IDEA Health & Fitness (AFAA)	Anatomy: Reconnect With Your Spine Muscles, by NFPT	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/20 http://www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2018 IDEA Fitness Journal Quiz 2: Resistance Training for Young Adults, and Spot Scapular Dysk	Home Study	1.0	12/31/20
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IDEA Health & Fitness (AFAA)	April 2018 IDEA Fitness Journal Quiz 3: Help Clients Avert ACL Tears	Home Study		12/31/20
IDEA Health & Fitness (AFAA)	April 2018 IDEA Fitness Journal Quiz 4: Misconceptions About Fats	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	April 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Using Telehealth to Inspire	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2019 IDEA Fitness Journal Quiz 2: The Right Carbs for Energy, and Diabetes Management and	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2019 IDEA Fitness Journal Quiz 3: Alternative Recovery Methods to Avoid Overtraining Injuries	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2019 IDEA Fitness Journal Quiz 4: The Effects of Sleep Deprivation	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Assessment and Corrective Exercise Strategies for Improved Shoulder Function	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Back to Basics With Anatomy	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Balanced Body™: Pilates Smart Core Challenge	Home Study	2.0	12/31/20 www.ideafit.com
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IDEA Health & Fitness (AFAA)	Carb IQ: Comparing Keto, Paleo and Low Carb	Home Study	1.0	12/31/20 www.ideafit.com
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IDEA Health & Fitness (AFAA)	Caving to the Craving: The New Science of Food Addiction and RecoveryWith a Twist	Home Study	1.0	12/31/20 www.ideafit.com 12/31/20 www.ideafit.com
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IDEA Health & Fitness (AFAA)	Cue Movement and Exercise With Abdominal Anatomy, by NFPT	Home Study		
IDEA Health & Fitness (AFAA)	Cue Movement and Exercise With Hip Anatomy, by NFPT	Home Study	2.0	12/31/20 www.ideafit.com

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·	Eating a Lower Inflammatory Diet	Home Study	1.0	12/31/20
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IDEA Health & Fitness (AFAA)	February 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	February 2018 IDEA Fitness Journal Quiz 2: Tips for Resistance Training with Youth, and Combined Tra	Home Study	1.0	12/31/20
			1.0	12/31/20
IDEA Health & Fitness (AFAA)	February 2018 IDEA Fitness Journal Quiz 3: Risks of Functional Training	Home Study		
IDEA Health & Fitness (AFAA)	February 2018 IDEA Fitness Journal Quiz 4: Body Image in the Fitness Industry	Home Study	1.0	12/31/20
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		Home Study	2.0	
IDEA Health & Fitness (AFAA)	Is It Time to Eat Yet? Nobel Prize-Winning Body Clock Science Has the Answer	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	Is It Time to Eat Yet? Nobel Prize-Winning Body Clock Science Has the Answer It Takes Guts! Connecting the Brain, Diet and Microbiome	Home Study Home Study	1.0 1.0	12/31/20 12/31/20
IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	Is It Time to Eat Yet? Nobel Prize-Winning Body Clock Science Has the Answer It Takes Guts! Connecting the Brain, Diet and Microbiome January 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Essential Elements of Teachin	Home Study Home Study Home Study	1.0 1.0 1.0	12/31/20 12/31/20 12/31/20 www.ideafit.com
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IDEA Health & Fitness (AFAA)	Is It Time to Eat Yet? Nobel Prize-Winning Body Clock Science Has the Answer It Takes Guts! Connecting the Brain, Diet and Microbiome January 2019 IDEA Fitness Journal Quiz 1: Exercise and Mental Health, and Benefits of Effortful Lear January 2019 IDEA Fitness Journal Quiz 2: Exercise and Mental Health, and Benefits of Effortful Lear January 2019 IDEA Fitness Journal Quiz 3: Enhancing Mobility, Stability and Balance With Yoga January 2019 IDEA Fitness Journal Quiz 3: Enhancing Mobility, Stability and Balance With Yoga January 2019 IDEA Fitness Journal Quiz 1: Program Design for Older Adults, and Shoulder Mechanics January 2020 IDEA Fitness Journal Quiz 2: Using Happiness for Training and Behavior Change January 2020 IDEA Fitness Journal Quiz 2: Food and Nutrition News, and the Low-FODMAP Diet January 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News January 2018 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Prev January 2018 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Prev	Home Study	1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0	12/31/20 12/31/20 www.ideafit.com 12/31/20 12/31/20 www.ideafit.com 12/31/20 12/31/20
IDEA Health & Fitness (AFAA)	Is It Time to Eat Yet? Nobel Prize-Winning Body Clock Science Has the Answer It Takes Guts! Connecting the Brain, Diet and Microbiome January 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Essential Elements of Teachin January 2019 IDEA Fitness Journal Quiz 2: Exercise and Mental Health, and Benefits of Effortful Lear January 2019 IDEA Fitness Journal Quiz 3: Enhancing Mobility, Stability and Balance With Yoga January 2019 IDEA Fitness Journal Quiz 4: Food and Nutrition News, and Helping Clients Improve Nutri January 2020 IDEA Fitness Journal Quiz 2: Using Happiness for Training and Behavior Change January 2020 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and the Low-FODMAP Diet January 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News January 2018 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Prev	Home Study	1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0	12/31/20 12/31/20 www.ideafit.com
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IDEA Health & Fitness (AFAA)	Is it Time to Eat Yet? Nobel Prize-Winning Body Clock Science Has the Answer It Takes Guts! Connecting the Brain, Diet and Microbiome January 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Essential Elements of Teachin January 2019 IDEA Fitness Journal Quiz 2: Exercise and Mental Health, and Benefits of Effortful Lear January 2019 IDEA Fitness Journal Quiz 3: Enhancing Mobility, Stability and Balance With Yoga January 2019 IDEA Fitness Journal Quiz 1: Program Design for Older Adults, and Shoulder Mechanics January 2020 IDEA Fitness Journal Quiz 2: Using Happiness for Training and Behavior Change January 2020 IDEA Fitness Journal Quiz 2: Using Happiness for Training and Behavior Change January 2020 IDEA Fitness Journal Quiz 2: Health and Fitness News, and Food and Nutrition News January 2018 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Prev January 2018 IDEA Fitness Journal Quiz 3: Tailor Workouts to Meet Clients' Precise Needs January 2018 IDEA Fitness Journal Quiz 4: Small Diet Changes for Big Results	Home Study	1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0	12/31/20 12/31/20 www.ideafit.com 12/31/20 12/31/20 12/31/20 12/31/20
IDEA Health & Fitness (AFAA)	Is It Time to Eat Yet? Nobel Prize-Winning Body Clock Science Has the Answer It Takes Guts! Connecting the Brain, Diet and Microbiome January 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Essential Elements of Teachin January 2019 IDEA Fitness Journal Quiz 2: Exercise and Mental Health, and Benefits of Effortful Lear January 2019 IDEA Fitness Journal Quiz 3: Enhancing Mobility, Stability and Balance With Yoga January 2019 IDEA Fitness Journal Quiz 4: Food and Nutrition News, and Helping Clients Improve Nutri January 2020 IDEA Fitness Journal Quiz 2: Using Happiness for Training and Behavior Change January 2020 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and the Low-FODMAP Diet January 2018 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Prev January 2018 IDEA Fitness Journal Quiz 3: Tailor Workouts to Meet Clients' Precise Needs January 2018 IDEA Fitness Journal Quiz 3: Tailor Workouts to Meet Clients' Precise Needs January 2018 IDEA Fitness Journal Quiz 3: Tailor Workouts to Meet Clients' Precise Needs January 2018 IDEA Fitness Journal Quiz 3: Tailor Workouts to Meet Clients' Precise Needs January 2018 IDEA Fitness Journal Quiz 3: Hall Diet Changes for Big Results July/August 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0	12/31/20 12/31/20 www.ideafit.com 12/31/20 12/31/20 12/31/20 12/31/20
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IDEA Health & Fitness (AFAA)	Is it Time to Eat Yet? Nobel Prize-Winning Body Clock Science Has the Answer It Takes Guts! Connecting the Brain, Diet and Microbiome January 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Essential Elements of Teachin January 2019 IDEA Fitness Journal Quiz 2: Exercise and Mental Health, and Benefits of Effortful Lear January 2019 IDEA Fitness Journal Quiz 2: Exercise and Mental Health, and Benefits of Effortful Lear January 2019 IDEA Fitness Journal Quiz 3: Enhancing Mobility, Stability and Balance With Yoga January 2020 IDEA Fitness Journal Quiz 1: Program Design for Older Adults, and Shoulder Mechanics January 2020 IDEA Fitness Journal Quiz 2: Using Happiness for Training and Behavior Change January 2020 IDEA Fitness Journal Quiz 2: Using Happiness for Training and Behavior Change January 2020 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Prev January 2018 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Prev January 2018 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Prev January 2018 IDEA Fitness Journal Quiz 2: Small Diet Changes for Big Results July/August 2018 IDEA Fitness Journal Quiz 2: Using Circadian Rhythms to Guide Eating Schedules July/August 2018 IDEA Fitness Journal Quiz 2: Using Circadian Rhythms to Guide Eating Schedules July/August 2018 IDEA Fitness Journal Quiz 2: Health and Fitness News, and Food and Nutrition News July-August 2018 IDEA Fitness Journal Quiz 2: Health and Fitness News, and Food and Nutrition News July-August 2019 IDEA Fitness Journal Quiz 3: Health and Fitness News, and Food and Nutrition News July-August 2019 IDEA Fitness Journal Quiz 2: The Flacts on Popular Nutrition Topics June 2018 IDEA Fitness Journal Quiz 2: The Flacts on Popular Nutrition Topics June 2018 IDEA Fitness Journal Quiz 2: The Flacts on Popular Nutrition Topics June 2018 IDEA Fitness Journal Quiz 2: The Health and Fitness News, and Food and Nutrition News June 2018 IDEA Fitness Jou	Home Study	1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0	12/31/20 12/31/20 www.ideafit.com 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 www.ideafit.com 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20
IDEA Health & Fitness (AFAA)	Is it Time to Eat Yet? Nobel Prize-Winning Body Clock Science Has the Answer It Takes Guts! Connecting the Brain, Diet and Microbiome January 2019 IDEA Fitness Journal Quiz 2: Exercise and Mental Health, and Benefits of Effortful Lear January 2019 IDEA Fitness Journal Quiz 3: Exercise and Mental Health, and Benefits of Effortful Lear January 2019 IDEA Fitness Journal Quiz 3: Enhancing Mobility, Stability and Balance With Yoga January 2019 IDEA Fitness Journal Quiz 3: Enhancing Mobility, Stability and Balance With Yoga January 2020 IDEA Fitness Journal Quiz 1: Program Design for Older Adults, and Shoulder Mechanics January 2020 IDEA Fitness Journal Quiz 2: Using Happiness for Training and Behavior Change January 2020 IDEA Fitness Journal Quiz 2: Health and Fitness News, and Food and Nutrition News January 2018 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Food and Nutrition News January 2018 IDEA Fitness Journal Quiz 3: Tailor Workouts to Meet Clients' Precise Needs January 2018 IDEA Fitness Journal Quiz 4: Small Diet Changes for Big Results July/August 2018 IDEA Fitness Journal Quiz 4: Health and Fitness News, and Food and Nutrition News July/August 2018 IDEA Fitness Journal Quiz 2: Using Circadian Rhythms to Guide Eating Schedules July/August 2018 IDEA Fitness Journal Quiz 2: Using Circadian Rhythms to Guide Eating Schedules July/August 2018 IDEA Fitness Journal Quiz 3: How the Human Microbiome Affects Overall Health July/August 2018 IDEA Fitness Journal Quiz 2: Using a Plant-Centered Diet to Control Inflammatory July-August 2019 IDEA Fitness Journal Quiz 2: Using a Plant-Centered Diet to Control Inflammatory July-August 2019 IDEA Fitness Journal Quiz 2: The Fatcs on Popular Mutrition Topics June 2018 IDEA Fitness Journal Quiz 2: The Efficiency of HilT, and Ground-to-Standing Exercises for June 2018 IDEA Fitness Journal Quiz 2: The Efficiency of HilT, and Ground-to-Standing Exercises for June 2018 IDEA Fitness Journal Quiz 2: The Efficiency of HilT, and Ground-to-Standing Exercises for Jun	Home Study	1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0	12/31/20 12/31/20 www.ideafit.com 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Is it Time to Eat Yet? Nobel Prize-Winning Body Clock Science Has the Answer It Takes Guts! Connecting the Brain, Diet and Microbiome January 2019 IDEA Fitness Journal Quiz 2: Exercise and Mental Health, and Benefits of Effortful Lear January 2019 IDEA Fitness Journal Quiz 2: Exercise and Mental Health, and Benefits of Effortful Lear January 2019 IDEA Fitness Journal Quiz 3: Enhancing Mobility, Stallity and Balance With Yoga January 2019 IDEA Fitness Journal Quiz 2: Using Happiness for Older Adults, and Shoulder Mechanics January 2020 IDEA Fitness Journal Quiz 1: Program Design for Older Adults, and Shoulder Mechanics January 2020 IDEA Fitness Journal Quiz 2: Using Happiness for Training and Behavior Change January 2020 IDEA Fitness Journal Quiz 2: Using Happiness for Training and Behavior Change January 2020 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News January 2018 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Prev January 2018 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Prev January 2018 IDEA Fitness Journal Quiz 3: Tailor Workouts to Meet Clients' Precise Needs January 2018 IDEA Fitness Journal Quiz 4: Small Diet Changes for Big Results July/August 2018 IDEA Fitness Journal Quiz 2: Using Circadian Rhythms to Guide Eating Schedules July/August 2018 IDEA Fitness Journal Quiz 2: Using Circadian Rhythms to Guide Eating Schedules July/August 2018 IDEA Fitness Journal Quiz 2: Women and Physical Activity July-August 2019 IDEA Fitness Journal Quiz 2: Using a Plant-Centered Diet to Control Inflammatory July-August 2019 IDEA Fitness Journal Quiz 2: Using A Plant-Centered Diet to Control Inflammatory July-August 2019 IDEA Fitness Journal Quiz 2: The Efficiency of HIIT, and Ground-to-Standing Exercises for June 2018 IDEA Fitness Journal Quiz 2: The Efficiency of HIIT, and Ground-to-Standing Exercises for June 2018 IDEA Fitness Journal Quiz 2: The Efficiency of HIIT, and Ground-to-Standing Exercise	Home Study	1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0	12/31/20 12/31/20 www.ideafit.com 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com
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IDEA Health & Fitness (AFAA)	Is it Time to Eat Yet? Nobel Prize-Winning Body Clock Science Has the Answer It Takes Guts! Connecting the Brain, Diet and Microbiome January 2019 IDEA Fitness Journal Quiz 2: Exercise and Mental Health, and Benefits of Effortful Lear January 2019 IDEA Fitness Journal Quiz 2: Exercise and Mental Health, and Benefits of Effortful Lear January 2019 IDEA Fitness Journal Quiz 3: Enhancing Mobility, Stability and Balance With Yoga January 2019 IDEA Fitness Journal Quiz 2: Using Happiness for Older Adults, and Shoulder Mechanics January 2020 IDEA Fitness Journal Quiz 2: Using Happiness for Training and Behavior Change January 2020 IDEA Fitness Journal Quiz 2: Using Happiness for Training and Behavior Change January 2020 IDEA Fitness Journal Quiz 2: Using Happiness for Training and Behavior Change January 2020 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News January 2018 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Prev January 2018 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Prev January 2018 IDEA Fitness Journal Quiz 3: Tailor Workouts to Meet Clients' Precise Needs January 2018 IDEA Fitness Journal Quiz 4: Small Diet Changes for Big Results July/August 2018 IDEA Fitness Journal Quiz 2: Using Circadian Rhythms to Guide Eating Schedules July/August 2018 IDEA Fitness Journal Quiz 2: Using Circadian Rhythms to Guide Eating Schedules July/August 2018 IDEA Fitness Journal Quiz 2: Women and Physical Activity July-August 2019 IDEA Fitness Journal Quiz 2: Using a Plant-Centered Diet to Control Inflammatory July-August 2019 IDEA Fitness Journal Quiz 2: Using A Plant-Centered Diet to Control Inflammatory July-August 2019 IDEA Fitness Journal Quiz 2: The Efficiency of HIIT, and Ground-to-Standing Exercises for June 2018 IDEA Fitness Journal Quiz 2: The Efficiency of HIIT, and Ground-to-Standing Exercises for June 2018 IDEA Fitness Journal Quiz 2: The Efficiency of HIIT, and Ground-to-Standing Exercises for Jun	Home Study	1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0	12/31/20 12/31/20 www.ideafit.com 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 www.ideafit.com
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IDEA Health & Fitness (AFAA)	Is it Time to Eat Yet? Nobel Prize-Winning Body Clock Science Has the Answer It Takes Guts! Connecting the Brain, Diet and Microbiome January 2019 IDEA Fitness Journal Quiz 2: Exercise and Mental Health, and Benefits of Effortful Lear January 2019 IDEA Fitness Journal Quiz 3: Enhancing Mobility, Stability and Balance With Yoga January 2019 IDEA Fitness Journal Quiz 3: Enhancing Mobility, Stability and Balance With Yoga January 2019 IDEA Fitness Journal Quiz 3: Enhancing Mobility, Stability and Balance With Yoga January 2019 IDEA Fitness Journal Quiz 1: Program Design for Older Adults, and Shoulder Mechanics January 2020 IDEA Fitness Journal Quiz 2: Using Happiness for Training and Behavior Change January 2020 IDEA Fitness Journal Quiz 2: Health and Fitness News, and Food and Nutrition News January 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News January 2018 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Prev January 2018 IDEA Fitness Journal Quiz 4: Small Diet Changes for Big Results July/August 2018 IDEA Fitness Journal Quiz 4: Evalth and Fitness News, and Food and Nutrition News July/August 2018 IDEA Fitness Journal Quiz 2: Using Circadian Rhythms to Guide Eating Schedules July/August 2018 IDEA Fitness Journal Quiz 2: Using Circadian Rhythms to Guide Eating Schedules July/August 2018 IDEA Fitness Journal Quiz 2: Women and Physical Activity July-August 2019 IDEA Fitness Journal Quiz 2: Using a Plant-Centered Diet to Control Inflammatory July-August 2019 IDEA Fitness Journal Quiz 2: Using a Plant-Centered Diet to Control Inflammatory July-August 2019 IDEA Fitness Journal Quiz 2: The Efficiency of HIIT, and Ground-to-Standing Exercises for June 2018 IDEA Fitness Journal Quiz 2: The Efficiency of HIIT, and Ground-to-Standing Exercises for June 2018 IDEA Fitness Journal Quiz 2: The Efficiency of HIIT, and Ground-to-Standing Exercises for June 2018 IDEA Fitness Journal Quiz 2: The Efficiency of HIIT, and Ground-to-Standing Exercises	Home Study	1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0	12/31/20 12/31/20 www.ideafit.com 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA) IDEA Health & Fi	Is It Time to Eat Yet? Nobel Prize-Winning Body Clock Science Has the Answer It Takes Guts! Connecting the Brain, Diet and Microbiome January 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Essential Elements of Teachin January 2019 IDEA Fitness Journal Quiz 2: Exercise and Mental Health, and Benefits of Effortful Lear January 2019 IDEA Fitness Journal Quiz 2: Exercise and Mental Health, and Benefits of Effortful Lear January 2019 IDEA Fitness Journal Quiz 3: Enhancing Mobility, Stability and Balance With Yoga January 2020 IDEA Fitness Journal Quiz 1: Program Design for Older Adults, and Shoulder Mechanics January 2020 IDEA Fitness Journal Quiz 1: Program Design for Older Adults, and Shoulder Mechanics January 2020 IDEA Fitness Journal Quiz 2: Using Happiness for Training and Behavior Change January 2020 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Prev January 2018 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Prev January 2018 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Prev January 2018 IDEA Fitness Journal Quiz 2: Small Diet Changes for Big Results July/August 2018 IDEA Fitness Journal Quiz 2: Using Circadian Rhythms to Guide Eating Schedules July/August 2018 IDEA Fitness Journal Quiz 2: Using Circadian Rhythms to Guide Eating Schedules July/August 2018 IDEA Fitness Journal Quiz 2: Health and Fitness News, and Food and Nutrition News July-August 2019 IDEA Fitness Journal Quiz 2: Health and Fitness News, and Food and Nutrition News July-August 2019 IDEA Fitness Journal Quiz 2: Health and Fitness News, and Food and Nutrition News July-August 2019 IDEA Fitness Journal Quiz 2: Health and Fitness News, and Food and Nutrition News July-August 2019 IDEA Fitness Journal Quiz 2: The Efficiency of HilT, and Ground-to-Standing Exercises for June 2018 IDEA Fitness Journal Quiz 2: The Efficiency of HilT, and Ground-to-Standing Exercises for June 2018 IDEA Fitness Journal Quiz 2: The Effi	Home Study	1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0	12/31/20 12/31/20 www.ideafit.com 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 www.ideafit.com

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IDEA Health & Fitness (AFAA)	March 2019 IDEA Fitness Journal Quiz 2: Training Tips for Sports Enthusiasts, and Preparing Older Ad	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	March 2019 IDEA Fitness Journal Quiz 3: Coaching Clients to Embrace New Food Experiences	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	March 2020 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Weight-Training Protocols	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	March 2020 IDEA Fitness Journal Quiz 2: The Link Between Sleep and Gut Health	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	March 2020 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Helping Clients Recover	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	March 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	March 2018 IDEA Fitness Journal Quiz 2: New Blood Pressure Guidelines, and Functional Training for O	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	March 2018 IDEA Fitness Journal Quiz 3: Why Lost Weight Comes Back	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	Mastering Fat Metabolism and Weight Management	Home Study	8.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	May 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Improving Performance Through	Workshop/Seminar	1.0	12/31/20
IDEA Health & Fitness (AFAA)	May 2018 IDEA Fitness Journal Quiz 2: Walking for Functional Health: Gait Speed and Biomechanics	Workshop/Seminar	1.0	12/31/20
IDEA Health & Fitness (AFAA)	May 2018 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and A New Solution to Obesity and Chr	Workshop/Seminar	1.0	12/31/20
IDEA Health & Fitness (AFAA)	May 2019 IDEA Fitness Journal Quiz 1: The Multifaceted Benefits of Exercise, and Simple Lifestyle	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	May 2019 IDEA Fitness Journal Quiz 2: Food and Nutrition News, and the Game-Changing Work of a	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	May 2019 IDEA Fitness Journal Quiz 3: Pushing Past the Limits of a Barbell with Variable Lifting	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	May 2019 IDEA Fitness Journal Quiz 4: How Weightlifting Changes Metabolism	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Metabolic Disruption	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	Motivational Interviewing Skills Produce Targeted Results	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Motivational Interviewing: Help Clients Own the Talk That Drives the Walk	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	Neuroscience for the Fitness Professional: How Exercise Affects Our Most Important Organ-The Brain!	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	November/December 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	November/December 2018 IDEA Fitness Journal Quiz 2: The Role of the Exercise and the Endocrine Syste	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	November/December 2018 IDEA Fitness Journal Quiz 3: Snowboarder Training, & Cardio and Strength Trai	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)			1.0	12/31/20
	November/December 2018 IDEA Fitness Journal Quiz 4: Motivating Clients to Make Lasting Changes in Nu	Home Study		
IDEA Health & Fitness (AFAA)	November/December 2018 IDEA Fitness Journal Quiz 5: Healthy Diets & Cognitive Functions, & Counterac	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	November-December 2019 IDEA Fitness Journal 2: Food and Nutrition News, and Breakfast Carbs	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	November-December 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Complex Training	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	November-December 2019 IDEA Fitness Journal Quiz 3: Athletic Training for Senior Clients	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Obstacle Courses for Boot Camps and Beyond	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	October 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Assessing Clients Risk of Car	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	October 2018 IDEA Fitness Journal Quiz 2: Limiting Biological Damage With Exercise, and Aquatic Mind	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	October 2018 IDEA Fitness Journal Quiz 3: Coaching Teens for Better Health, and Food and Nutrition N	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	October 2019 IDEA Fitness Journal Quiz 1: The Physiology of Muscle Cramps, and Discussing Bone	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	October 2019 IDEA Fitness Journal Quiz 2: Food and Nutrition News, and the Adverse Effects	Home Study	1.0	12/31/20 ideafit.com
IDEA Health & Fitness (AFAA)	October 2019 IDEA Fitness Journal Quiz 2: Food and Notation News, and the Adverse Effects October 2019 IDEA Fitness Journal Quiz 3: The Truth About Small Meals and Fasting		1.0	12/31/20 www.ideafit.com
	,	Home Study		
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IDEA Health & Fitness (AFAA)	Pain-Free Movement-The Science and Application (ACE Mover Academy)	Home Study	2.0	12/31/20
IDEA Health & Fitness (AFAA)	Pilates 50/50	Home Study	2.0	12/31/20 www.ideafit.com
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IDEA Health & Fitness (AFAA)	Pilates on the Ball	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Posture Improvement Workshop	Home Study	1.0	12/31/20 www.ideafit.com
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IDEA Health & Fitness (AFAA)	Power Medicine Ball Drills for Groups	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Precision Nutrition: How to Fix a Broken Diet—Three Ways to Get Your Eating on Track	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	PRODUCE More Revenue	Home Study	1.0	12/31/20 www.ideafit.com
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	Promote Behavior Change With Better Coaching	Home Study		
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IDEA Health & Fitness (AFAA)	REACH More Clients: Be Loud and Proud	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	Rescue Your Knees - Look at Your Feet	Home Study	1.0	12/31/20
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IDEA Health & Fitness (AFAA)	Rock Solid!	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Run, Injury Free! Understanding Impact Forces, by EBFA	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Sculpting the Ultimate Coach Within: How to Deliver Remarkable Client Results While Blazing an Epic	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	September 2018 IDEA Fitness Journal Quiz 1: Fitness Technology Research and Sports Biomechanics	Home Study	1.0	12/31/20 www.ucaniccom
IDEA Health & Fitness (AFAA)	September 2018 IDEA Pitness Journal Quiz 1: Pitness Technology Research and Sports Biomedianics September 2018 IDEA Pitness Journal Quiz 2: Encouraging a New Generation of Healthy Young People	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	September 2018 IDEA Fitness Journal Quiz 2: Encouraging a New Generation of Healthy Young People September 2018 IDEA Fitness Journal Quiz 2: Encouraging a New Generation of Healthy Young People			12/31/20
		Home Study	1.0	The state of the s
IDEA Health & Fitness (AFAA)	September 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	September 2019 IDEA Fitness Journal Quiz 2: Evaluating the Health Risks of Obesity, and Transverse	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	September 2019 IDEA Fitness Journal Quiz 3: Pilates for Core Conditioning and Coping with Chronic	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	SGT Ken® and Stephanie's Fitness Business Basics™	Home Study	8.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	SGT Ken's Boot Camp™ Instructor Certification (Level One)	Home Study	8.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Shoulder Function, Assessment and Reaction	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Skills Not Pills: Calming the Inflammation Superhighway With Focused Nutrition and Behavior Change	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Sleep Science for Fitness Professionals	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	Solutions for Training Post-pregnancy Clients	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	SparkPro Diabetes Prevention Program Lifestyle Coach Training	Home Study	14.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Spinal Stabilization Versus Pelvic Stabilization	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Spine-Focused Self-Myofascial Release	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Strength Training for Optimal Results		1.0	12/31/20 www.ideant.com
		Home Study		
IDEA Health & Fitness (AFAA)	Techniques to Rehabilitate and Protect the Knees	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	The 3D Fascial Core	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	The Better, Not Perfect, Nutrition Plan	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	The Business of Group Exercise Beyond the Numbers	Home Study	2.0	12/31/20 www.ideafit.com
IDEA II. (b) 0 53 (4544)	The BYOB Workout	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)				

IDEA Health & Fitness (AFAA)				
DETTICULT OF ICHES (ALAA)	The Current and Future State of Health Coaching	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	The Death of Crunches: 20 True Core Exercises	Home Study	2.0	12/31/20
IDEA Health & Fitness (AFAA)	The Female Glute Relocation Program	Conference	2.0	12/31/20
IDEA Health & Fitness (AFAA)				
,	The Female Lumbo-Pelvic Complex (ACE Mover Academy)	Home Study	2.0	12/31/20
IDEA Health & Fitness (AFAA)	The Female Physique-The Link Between Nutrition, Hormones and Strength Training	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	The Forgotten Five: Essential Muscles for Functional Movement	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	The Hip Bone Is Connected to the First Metatarsal: Corrective Exercise for the Kinetic Chain	Home Study	2.0	12/31/20 www.ideafit.com
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IDEA Health & Fitness (AFAA)	The HOPE Solution: How Our Purpose Empowers	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	The Matrix - Innovative Group Strength Design	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	The Mobile Health Map: Inspiring Your Clients and Your Business	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	The Neuroscience of Behavior Change: How to Train the Brain to Create Healthier Habits	Home Study	1.0	12/31/20 www.ideafit.com
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IDEA Health & Fitness (AFAA)	The Nuts and Bolts of Diabetes Prevention Program Coaching: From Getting Trained to Getting Paid	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	The Online Fitness Frontier	Home Study	2.0	12/31/20
IDEA Health & Fitness (AFAA)	The Roll Model® Fascial Makeover: Prioritize Your Periphery	Home Study	2.0	12/31/20
IDEA Health & Fitness (AFAA)	The Science of Functional Aging	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	The Ultimate Light Dumbbell Workout	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	The Warm-Up Makeover: Start With a Bang!	Home Study	2.0	12/31/20
IDEA Health & Fitness (AFAA)	ThinkFit™ Flexibility: Dynamic Stretching Tricks and Tools	Home Study	2.0	12/31/20
IDEA Health & Fitness (AFAA)	Three-Dimensional Kettlebell Training, by Functional Training Institute	Home Study	2.0	12/31/20 www.ideafit.com
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IDEA Health & Fitness (AFAA)	To Dairy or Not to Dairy? Translating the Science for Your Clients	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Today's Food Conversation	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Total Massage, Relaxation and Beyond	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Train Stations	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Training Fascia - Research Developments in Fibrous Connective Tissue Training	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Training Two at Once: The Power of Collaborative, Competitive Partner Training	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Translating Today's Nutrition Science for Your Clients	Home Study	2.0	12/31/20
IDEA Health & Fitness (AFAA)		Home Study	2.0	12/31/20
	TriggerPoint™ Corrective Strategies for Hip Dysfunction			
IDEA Health & Fitness (AFAA)	TriggerPoint™ Corrective Strategies for the Foot and Ankle	Home Study	2.0	12/31/20
IDEA Health & Fitness (AFAA)	TriggerPoint™ for Movement: Hip and Shoulder Mobility	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	TriggerPoint™: Myofascial Compression™ Techniques for Injury Prevention and Better Movement	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)			2.0	12/31/20 www.ieadfit.com
	Understanding and Interpreting the Functional Movement Screen	Home Study		
IDEA Health & Fitness (AFAA)	Understanding the Female Pelvic Core Neuromuscular System	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Upper Extremity Mechanics and Techniques	Home Study	2.0	12/31/20
IDEA Health & Fitness (AFAA)	Using Function to Avoid Dysfunction in Aging	Home Study	2.0	12/31/20 www.ideafit.com
				12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Weighing The Evidence Behind Nutrition Research	Home Study	1.0	7-7-
IDEA Health & Fitness (AFAA)	Winning Group Strength Program Design	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Yoga Anatomy 101 Certificate	Home Study	10.0	12/31/20
IDEA Health & Fitness (AFAA)	Yoga for Optimal Client Performance	Home Study	2.0	12/31/20
IDEA Health & Fitness (AFAA)	Yoga: Progressions and Regressions	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Your Guide to Stronger Legs and Great Glutes!	Home Study	1.0	12/31/20 www.ideafit.com
IHRSA International Health, Racquet & Sportsclub Association (AFAA)	IHRSA 2020 International Convention & Trade Show	Conference	15.0	12/31/20 http://hub.ihrsa.org/ihrsa-2020-agenda
Indoor Cycling (AFAA)	ICG Aging and Adaptation	Home Study	4.0	12/31/20 www.ic-pro.org
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Indoor Cycling (AFAA)	ICG COMPETITIVE CYCLING	Home Study	4.0	12/31/20 www.ic-pro.org
Indoor Cycling (AFAA)	ICG OVERTRAINING	Home Study	4.0	12/31/20 www.ic-pro.org
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Indoor Cycling (AFAA)	ICG PERIODIZATION IN TRAINING	Home Study	4.0	12/31/20 www.ic-pro.org
Indoor Cycling (AFAA) Indoor Cycling (AFAA)	ICG PERIODIZATION IN TRAINING ICG Stretching	Home Study Home Study	4.0 4.0	12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org
Indoor Cycling (AFAA) Indoor Cycling (AFAA) Indoor Cycling (AFAA)	ICG PERIODIZATION IN TRAINING ICG Stretching ICG Wattrate Power Certification – Stage 1	Home Study Home Study Home Study	4.0 4.0 8.0	12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org
Indoor Cycling (AFAA) Indoor Cycling (AFAA)	ICG PERIODIZATION IN TRAINING ICG Stretching	Home Study Home Study	4.0 4.0	12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org
Indoor Cycling (AFAA) Indoor Cycling (AFAA) Indoor Cycling (AFAA) Indoor Cycling (AFAA)	ICG PERIODIZATION IN TRAINING ICG Stretching ICG Wattrate Power Certification – Stage 1 ICG® Basic & Pro Level LIVE	Home Study Home Study Home Study Workshop/Seminar	4.0 4.0 8.0 8.0	12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 teamicg.com
Indoor Cycling (AFAA)	ICG PERIODIZATION IN TRAINING ICG Stretching ICG Wattrate Power Certification – Stage 1 ICG* Basic & Pro Level LIVE ICG* Basic & Pro Level ONLINE	Home Study Home Study Home Study Workshop/Seminar Home Study	4.0 4.0 8.0 8.0 8.0	12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 teamicg.com 12/31/20 teamicg.com
Indoor Cycling (AFAA)	ICG PERIODIZATION IN TRAINING ICG Stretching ICG Wattrate Power Certification – Stage 1 ICG* Basic & Pro Level LIVE ICG* Basic & Pro Level ONLINE ICG* Colors & Energy Zones	Home Study Home Study Home Study Workshop/Seminar Home Study Workshop/Seminar	4.0 4.0 8.0 8.0 8.0 8.0	12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 teamicg.com 12/31/20 teamicg.com 12/31/20 teamicg.com
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Indoor Cycling (AFAA)	ICG PERIODIZATION IN TRAINING ICG Stretching ICG Wattrate Power Certification – Stage 1 ICG® Basic & Pro Level LIVE ICG® Basic & Pro Level ONLINE ICG® Colors & Energy Zones ICG® Colors & Energy Zones	Home Study Home Study Home Study Workshop/Seminar Home Study Workshop/Seminar	4.0 4.0 8.0 8.0 8.0 8.0	12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 teamicg.com 12/31/20 teamicg.com 12/31/20 teamicg.com
Indoor Cycling (AFAA)	ICG PERIODIZATION IN TRAINING ICG Stretching ICG Wattrate Power Certification – Stage 1 ICG* Basic & Pro Level LIVE ICG* Basic & Pro Level ONLINE ICG* Colors & Energy Zones ICG* Colors & Energy Zones ONLINE ICG* MyRide & Ergogenic Effect	Home Study Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar	4.0 4.0 8.0 8.0 8.0 8.0 8.0	12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 teamicg.com 12/31/20 teamicg.com 12/31/20 teamicg.com 12/31/20 teamicg.com 12/31/20 teamicg.com
Indoor Cycling (AFAA)	ICG PERIODIZATION IN TRAINING ICG Stretching ICG Wattrate Power Certification – Stage 1 ICG® Basic & Pro Level IVE ICG® Basic & Pro Level ONLINE ICG® Colors & Energy Zones ICG® Colors & Energy Zones ICG® Colors & Energy Zones ONLINE ICG® MyRide & Ergogenic Effect ICG® MyRide & Ergogenic Effect ONLINE	Home Study Home Study Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study	4.0 4.0 8.0 8.0 8.0 8.0 8.0 6.0	12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 teamicg.com
Indoor Cycling (AFAA)	ICG PERIODIZATION IN TRAINING ICG Stretching ICG Wattrate Power Certification – Stage 1 ICG® Basic & Pro Level LIVE ICG® Basic & Pro Level ONLINE ICG® Colors & Energy Zones ICG® Colors & Energy Zones ONLINE ICG® MyRide & Ergogenic Effect ICG® MyRide & Ergogenic Effect ATHLETIC INTERVALS	Home Study Home Study Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar	4.0 4.0 8.0 8.0 8.0 8.0 8.0 6.0 4.0	12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 teamicg.com
Indoor Cycling (AFAA) Interactive Fitness Trainers of America (IFTA) (AFAA)	ICG PERIODIZATION IN TRAINING ICG Stretching ICG Wattrate Power Certification – Stage 1 ICG* Basic & Pro Level LIVE ICG* Basic & Pro Level ONLINE ICG* Colors & Energy Zones ICG* Colors & Energy Zones ICG* Colors & Energy Zones ONLINE ICG* MyRide & Ergogenic Effect ICG* MyRide & Ergogenic Effect ICG* MyRide & Ergogenic Effect ONLINE ATHLETIC INTERVALS BUILD VOUR BODDY	Home Study Home Study Workshop/Seminar Workshop/Seminar	4.0 4.0 8.0 8.0 8.0 8.0 6.0 4.0 2.0	12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 teamicg.com 12/31/20 www.ifta-fitness.com 12/31/20 www.ifta-fitness.com
Indoor Cycling (AFAA)	ICG PERIODIZATION IN TRAINING ICG Stretching ICG Wattrate Power Certification – Stage 1 ICG® Basic & Pro Level LIVE ICG® Basic & Pro Level ONLINE ICG® Colors & Energy Zones ICG® Colors & Energy Zones ONLINE ICG® MyRide & Ergogenic Effect ICG® MyRide & Ergogenic Effect ATHLETIC INTERVALS	Home Study Home Study Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar	4.0 4.0 8.0 8.0 8.0 8.0 8.0 6.0 4.0	12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 teamicg.com
Indoor Cycling (AFAA) Interactive Fitness Trainers of America (IFTA) (AFAA) Interactive Fitness Trainers of America (IFTA) (AFAA) Interactive Fitness Trainers of America (IFTA) (AFAA)	ICG PERIODIZATION IN TRAINING ICG Stretching ICG Wattrate Power Certification – Stage 1 ICG** Basic & Pro Level UVE ICG** Basic & Pro Level ONLINE ICG** Colors & Energy Zones ICG** Colors & Energy Zones ONLINE ICG** MyRide & Energy Zones ONLINE ICG** MyRide & Ergogenic Effect ICG** MyRide & Ergogenic Effect ICG** MyRide & Ergogenic Effect ONLINE ATHLETIC INTERVALS BUILD YOUR BODY ESSENTIALS OF TEACHING	Home Study Home Study Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar	4.0 4.0 8.0 8.0 8.0 8.0 6.0 4.0 2.0	12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 teamicg.com 12/31/20 www.ifa-fitness.com 12/31/20 www.ifa-fitness.com 12/31/20 www.ifa-fitness.com
Indoor Cycling (AFAA) Interactive Fitness Trainers of America (IFTA) (AFAA)	ICG PERIODIZATION IN TRAINING ICG Stretching ICG Wattrate Power Certification – Stage 1 ICG® Basic & Pro Level LIVE ICG® Basic & Pro Level ONLINE ICG® Colors & Energy Zones ICG® Colors & Energy Zones ONLINE ICG® MyRide & Ergogenic Effect ICG® MyRide & Ergogenic Effect ICG® MyRide & Ergogenic Effect ONLINE ATHLETIC INTERVALS BUILD YOUR BODY ESSENTIALS OF TEACHING FUNCTIONAL FITNESS TRAINING	Home Study Home Study Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	4.0 4.0 8.0 8.0 8.0 8.0 6.0 4.0 2.0 2.0 2.0	12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 teamicg.com 12/31/20 www.ifta-fitness.com 12/31/20 www.ifta-fitness.com 12/31/20 www.ifta-fitness.com 12/31/20 www.ifta-fitness.com
Indoor Cycling (AFAA) Interactive Fitness Trainers of America (IFTA) (AFAA)	ICG PERIODIZATION IN TRAINING ICG Stretching ICG Wattrate Power Certification – Stage 1 ICG* Basic & Pro Level LIVE ICG* Basic & Pro Level ONLINE ICG* Colors & Energy Zones ICG* Colors & Energy Zones ONLINE ICG* MyRide & Ergogenic Effect ICG* MyRide & Ergogenic Effect ONLINE ATHELTIC INTERVALS BUILD YOUR BODY ESSENTIALS OF TEACHING FUNCTIONAL FITNESS TRAINING GROUP STRENGTH	Home Study Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	4.0 4.0 8.0 8.0 8.0 8.0 6.0 4.0 2.0 2.0 2.0 2.0 6.0	12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 teamicg.com 12/31/20 www.ifa-fitness.com 12/31/20 www.ifa-fitness.com 12/31/20 www.ifa-fitness.com 12/31/20 www.ifa-fitness.com
Indoor Cycling (AFAA) Interactive Fitness Trainers of America (IFTA) (AFAA)	ICG PERIODIZATION IN TRAINING ICG Stretching ICG Wattrate Power Certification – Stage 1 ICG® Basic & Pro Level LIVE ICG® Basic & Pro Level ONLINE ICG® Colors & Energy Zones ICG® Colors & Energy Zones ONLINE ICG® MyRide & Ergogenic Effect ICG® MyRide & Ergogenic Effect ICG® MyRide & Ergogenic Effect ONLINE ATHLETIC INTERVALS BUILD YOUR BODY ESSENTIALS OF TEACHING FUNCTIONAL FITNESS TRAINING	Home Study Home Study Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	4.0 4.0 8.0 8.0 8.0 8.0 6.0 4.0 2.0 2.0 2.0	12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 teamicg.com 12/31/20 www.ifta-fitness.com 12/31/20 www.ifta-fitness.com 12/31/20 www.ifta-fitness.com 12/31/20 www.ifta-fitness.com
Indoor Cycling (AFAA) Interactive Fitness Trainers of America (IFTA) (AFAA)	ICG PERIODIZATION IN TRAINING ICG Stretching ICG Wattrate Power Certification – Stage 1 ICG* Basic & Pro Level LIVE ICG* Basic & Pro Level ONLINE ICG* Colors & Energy Zones ICG* Colors & Energy Zones ONLINE ICG* MyRide & Ergogenic Effect ICG* MyRide & Ergogenic Effect ONLINE ATHELTIC INTERVALS BUILD YOUR BODY ESSENTIALS OF TEACHING FUNCTIONAL FITNESS TRAINING GROUP STRENGTH	Home Study Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	4.0 4.0 8.0 8.0 8.0 8.0 6.0 4.0 2.0 2.0 2.0 2.0 6.0	12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 teamicg.com 12/31/20 www.ifa-fitness.com 12/31/20 www.ifa-fitness.com 12/31/20 www.ifa-fitness.com 12/31/20 www.ifa-fitness.com
Indoor Cycling (AFAA) Interactive Fitness Trainers of America (IFTA) (AFAA)	ICG PERIODIZATION IN TRAINING ICG Stretching ICG Wattrate Power Certification – Stage 1 ICG® Basic & Pro Level LIVE ICG® Basic & Pro Level ONLINE ICG® Colors & Energy Zones ICG® Colors & Energy Zones ONLINE ICG® MyRide & Ergogenic Effect ICG® MyRide & Ergogenic Effect ONLINE ICG® MyRide & Ergogenic Effect ONLINE ATHLETIC INTERVALS BUILD YOUR BODY ESSENTIALS OF TEACHING FUNCTIONAL FITNESS TRAINING GROUP STRENGTH HARD CORE CONDITIONING LEARN TO OT EACH	Home Study Home Study Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	4.0 4.0 8.0 8.0 8.0 8.0 8.0 6.0 4.0 2.0 2.0 2.0 2.0 2.0 3.0 4.0 3.0 4.0 3.0 4.0 3.0 4.0 3.0 4.0 4.0 4.0 4.0 4.0 4.0 4.0 4	12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 teamicg.com 12/31/20 www.ifta-fitness.com
Indoor Cycling (AFAA) Interactive Fitness Trainers of America (IFTA) (AFAA)	ICG PERIODIZATION IN TRAINING ICG Stretching ICG Wattrate Power Certification – Stage 1 ICG* Basic & Pro Level LIVE ICG* Basic & Pro Level ONLINE ICG* Colors & Energy Zones ICG* Colors & Energy Zones ONLINE ICG* MyRide & Ergogenic Effect ICG* MyRide & Ergogenic Effect ICG* MyRide & Ergogenic Effect ONLINE ATHLETIC INTERVALS BUILD YOUR BODY ESSENTIALS OF TEACHING FUNCTIONAL FITNESS TRAINING GROUP STRENGTH HARD CORE CONDITIONING LEARN TO TEACH POWERTRAIN	Home Study Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar	4.0 4.0 8.0 8.0 8.0 8.0 6.0 4.0 2.0 2.0 2.0 2.0 6.0 4.0	12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 teamicg.com 12/31/20 www.ifta-fitness.com
Indoor Cycling (AFAA) Interactive Fitness Trainers of America (IFTA) (AFAA)	ICG PERIODIZATION IN TRAINING ICG Stretching ICG Wattrate Power Certification – Stage 1 ICG® Basic & Pro Level UVE ICG® Basic & Pro Level ONLINE ICG® Colors & Energy Zones ICG® Colors & Energy Zones ONLINE ICG® Colors & Energy Zones ONLINE ICG® MyRide & Ergogenic Effect ICG® MyRide & Ergogenic Effect ONLINE ATHLETIC INTERVALS BUILD YOUR BODY ESSENTIALS OF TEACHING FUNCTIONAL FITNESS TRAINING GROUP STRENGTH HARD CORE CONDITIONING ILEARN TO TEACH POWERTRAIN Impulse Body Fitness (EMS Electro Fitness)	Home Study Home Study Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar	4.0 4.0 8.0 8.0 8.0 8.0 6.0 4.0 2.0 2.0 2.0 2.0 6.0 4.0 2.0 4.0 2.0	12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 teamicg.com 12/31/20 www.ifa-fitness.com
Indoor Cycling (AFAA) Interactive Fitness Trainers of America (IFTA) (AFAA)	ICG PERIODIZATION IN TRAINING ICG Stretching ICG Wattrate Power Certification – Stage 1 ICG* Basic & Pro Level LIVE ICG* Basic & Pro Level ONLINE ICG* Colors & Energy Zones ICG* Colors & Energy Zones ONLINE ICG* MyRide & Ergogenic Effect ICG* MyRide & Ergogenic Effect ICG* MyRide & Ergogenic Effect ONLINE ATHLETIC INTERVALS BUILD YOUR BODY ESSENTIALS OF TEACHING FUNCTIONAL FITNESS TRAINING GROUP STRENGTH HARD CORE CONDITIONING LEARN TO TEACH POWERTRAIN	Home Study Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar	4.0 4.0 8.0 8.0 8.0 8.0 6.0 4.0 2.0 2.0 2.0 2.0 6.0 4.0	12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 www.ic-pro.org 12/31/20 teamicg.com 12/31/20 www.ifta-fitness.com
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Keiser Corporation (AFAA)	Keiser PowerEd: Foundations	Workshop/Seminar 8.		12/31/20 www.keiser.com
Keiser Corporation (AFAA)	Keiser PowerEd: Foundations XP	Workshop/Seminar 5.	5.0	12/31/20
Keiser Corporation (AFAA)	Keiser PowerEd: Technology	Workshop/Seminar 2.	2.0	12/31/20 www.keiser.com
Keiser Corporation (AFAA)	Kieser PowerEd: Power	Workshop/Seminar 2.	2.0	12/31/20 www.keiser.com
Ketogenic.com (AFAA)	Keto Mastery Specialist	Home Study 15.	5.0	12/31/20 ketogenic.com/mastery
Kettlebell Athletics (AFAA)	Kettlebell Athletics Level 1	Workshop/Seminar 12.	2.0	12/31/20 http://www.kettlebell-athletics.com/
Kettlebell Athletics (AFAA)	Kettlebell Athletics Level 2 - Beyond the Basics	Workshop/Seminar 12.	2.0	12/31/20 www.KettlebellAthletics.com
Kettlebell Kickboxing (AFAA)	KBIA - Kettlebell Kickboxing Anatomy of Kettlebells	Workshop/Seminar 8.	3.0	12/31/20 www.kettlebellkickboxing.com
Kristen Townsend (AFAA)	Flex™ - Yoga Inspired Fitness	Workshop/Seminar 14.	1.0	12/31/20 www.flexyogafitness.com
LA Fitness (AFAA)	Aqua Circuit PT Intro to Group Fitness	Workshop/Seminar 3.	3.0	12/31/20
LA Fitness (AFAA)	Aqua Training	Workshop/Seminar 5.		12/31/20
LA Fitness (AFAA)	Aqua with equipment	Workshop/Seminar 3.		12/31/20
LA Fitness (AFAA)	Body Works	Workshop/Seminar 5.		12/31/20
LA Fitness (AFAA)	Body Works Choreography	Workshop/Seminar 2.		12/31/20
LA Fitness (AFAA)	Bootcamp Circuit	Workshop/Seminar 2.		12/31/20
LA Fitness (AFAA)	Bootcamp Circuit PT Intro to Group Fitness	Workshop/Seminar 3.		12/31/20
LA Fitness (AFAA)	Club Boxing Circuit	Workshop/Seminar 3.		12/31/20
LA Fitness (AFAA)	F.I.T.A™	Workshop/Seminar 7.		12/31/20
LA Fitness (AFAA)				
	F.I.T.A™ Advance Teaching Skills	Workshop/Seminar 7.		12/31/20
LA Fitness (AFAA)	Hip Hop	Workshop/Seminar 4.		12/31/20
LA Fitness (AFAA)	Indoor Cycling	Workshop/Seminar 5.		12/31/20
LA Fitness (AFAA)	Indoor Cycling for PT Intro to Group Fitness	Workshop/Seminar 3.		12/31/20
LA Fitness (AFAA)	Kickbox Cardio	Workshop/Seminar 4.		12/31/20
LA Fitness (AFAA)	Kickbox Cardio Choreography	Workshop/Seminar 2.		12/31/20
LA Fitness (AFAA)	Latin Heat	Workshop/Seminar 4.	1.0	12/31/20
LA Fitness (AFAA)	Mat Pilates	Workshop/Seminar 5.	5.0	12/31/20
LA Fitness (AFAA)	Power Circuit	Workshop/Seminar 3.	3.0	12/31/20
LA Fitness (AFAA)	Reformer Pilates for Fitness	Workshop/Seminar 12.	2.0	12/31/20
LA Fitness (AFAA)	Step Tech 1	Workshop/Seminar 3.	3.0	12/31/20
LA Fitness (AFAA)	Step Tech 2	Workshop/Seminar 3.	3.0	12/31/20
LA Fitness (AFAA)	Step Tech Choreography	Workshop/Seminar 2.		12/31/20
LA Fitness (AFAA)	Yoga Basics	Workshop/Seminar 8.	3.0	12/31/20
LA Fitness (AFAA)	Yogabeat™	Workshop/Seminar 6.		12/31/20
Lawrence Biscontini (AFAA)	Cardio	Workshop/Seminar 8.		12/31/20 www.findlawrence.com
Lawrence Biscontini (AFAA)	Flexibility	Workshop/Seminar 8.		12/31/20 www.findlawrence.com
Lawrence Biscontini (AFAA)	GFit Teaching Innovations	Workshop/Seminar 8.		12/31/20 www.findlawrence.com
Lawrence Biscontini (AFAA)	Strength	Workshop/Seminar 8.		12/31/20 www.findlawrence.com
Lebert Fitness (AFAA)	The Ultimate Guide to EQualizer Training	Home Study 4.		12/31/20 www.lebertfitness.com
Louis Kong (AFAA)	Increase Profitability for Personal Trainers through Professionalism and Leadership	Workshop/Seminar 8.		12/31/20 www.iedertitiless.com
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Louis Kong (AFAA)	Personal Training Essentials			12/31/20
MONE CONTRACTOR HOLISTAN	MOVE EL COLONIA			42/24/20
M.O.V.E. Conventions, LLC (AFAA)	M.O.V.E. Education Conference	Conference 15.	5.0	12/31/20 www.movestayfit.com
Mad Dogg Athletics (AFAA)	3 Part Cues	Conference 15. Workshop/Seminar 2.	5.0 2.0	12/31/20
Mad Dogg Athletics (AFAA) Mad Dogg Athletics (AFAA)	3 Part Cues Becoming a Rockstar Instructor	Conference 15. Workshop/Seminar 2. Workshop/Seminar 8.	5.0 2.0 3.0	12/31/20 12/31/20 www.spinning.com
Mad Dogg Athletics (AFAA) Mad Dogg Athletics (AFAA) Mad Dogg Athletics (AFAA)	3 Part Cues Becoming a Rockstar Instructor Cadence, Heart Rate & Class Design	Conference 15. Workshop/Seminar 2. Workshop/Seminar 8. Workshop/Seminar 4.	5.0 2.0 3.0 4.0	12/31/20 www.spinning.com 12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA) Mad Dogg Athletics (AFAA) Mad Dogg Athletics (AFAA) Mad Dogg Athletics (AFAA)	3 Part Cues Becoming a Rockstar Instructor Cadence, Heart Rate & Class Design Creating a Journey Ride	Conference 15. Workshop/Seminar 2. Workshop/Seminar 8. Workshop/Seminar 4. Workshop/Seminar 4.	5.0 2.0 3.0 4.0	12/31/20 12/31/20 www.spinning.com 12/31/20 www.maddogg.com 12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	3 Part Cues Becoming a Rockstar Instructor Cadence, Heart Rate & Class Design Creating a Journey Ride Creative Climbs	Conference 15. Workshop/Seminar 2. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 2.	5.0 2.0 3.0 4.0 4.0	12/31/20 www.spinning.com 12/31/20 www.maddogg.com 12/31/20 www.maddogg.com 12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	3 Part Cues Becoming a Rockstar Instructor Cadence, Heart Rate & Class Design Creating a Journey Ride Creative Climbis Creative Coaching	Conference 15. Workshop/Seminar 2. Workshop/Seminar 8. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 2. Workshop/Seminar 4.	5.0 2.0 3.0 4.0 4.0 2.0	12/31/20 www.spinning.com 12/31/20 www.maddogg.com 12/31/20 www.maddogg.com 12/31/20 www.maddogg.com 12/31/20 www.maddogg.com 12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	3 Part Cues Becoming a Rockstar Instructor Cadence, Heart Rate & Class Design Creating a Journey Ride Creative Climbs	Conference 15. Workshop/Seminar 2. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 2.	5.0 2.0 3.0 4.0 4.0 2.0	12/31/20 www.spinning.com 12/31/20 www.maddogg.com 12/31/20 www.maddogg.com 12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	3 Part Cues Becoming a Rockstar Instructor Cadence, Heart Rate & Class Design Creating a Journey Ride Creative Climbis Creative Coaching	Conference 15. Workshop/Seminar 2. Workshop/Seminar 8. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 2. Workshop/Seminar 4.	5.0 2.0 3.0 4.0 4.0 4.0	12/31/20 www.spinning.com 12/31/20 www.maddogg.com 12/31/20 www.maddogg.com 12/31/20 www.maddogg.com 12/31/20 www.maddogg.com 12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	3 Part Cues Becoming a Rockstar Instructor Cadence, Heart Rate & Class Design Creating a Journey Ride Creative Climbs Creative Coaching Heart Rate Training	Conference 15. Workshop/Seminar 2. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 2. Workshop/Seminar 4. Workshop/Seminar 4.	5.0 2.0 3.0 4.0 4.0 2.0 4.0	12/31/20 www.spinning.com 12/31/20 www.maddogg.com 12/31/20 www.maddogg.com 12/31/20 www.maddogg.com 12/31/20 www.maddogg.com 12/31/20 www.maddogg.com 12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	3 Part Cues Becoming a Rockstar Instructor Cadence, Heart Rate & Class Design Creating a Journey Ride Creative Climbs Creative Coaching Heart Rate Training High Intensity Training	Conference	5.0 2.0 3.0 4.0 4.0 2.0 4.0 4.0	12/31/20 www.spinning.com 12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	3 Part Cues Becoming a Rockstar Instructor Cadence, Heart Rate & Class Design Creating a Journey Ride Creative Climbis Creative Coaching Heart Rate Training High Intensity Training Interval Energy Zone™	Conference 15. Workshop/Seminar 2. Workshop/Seminar 4.	5.0 2.0 3.0 1.0 1.0 2.0 1.0 1.0	12/31/20 www.spinning.com 12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	3 Part Cues Becoming a Rockstar Instructor Cadence, Heart Rate & Class Design Creating a Journey Ride Creative Climbs Creative Coaching Heart Rate Training High Intensity Training Interval Energy Zone™ Language & Visualization Let's Jump!	Conference 15. Workshop/Seminar 2. Workshop/Seminar 4. Workshop/Seminar 3. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 4.	5.0 2.0 3.0 4.0 4.0 2.0 4.0 4.0 4.0 4.0	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	3 Part Cues Becoming a Rockstar Instructor Cadence, Heart Rate & Class Design Creating a Journey Ride Creative Climbis Creative Coaching Heart Rate Training High Intensity Training Interval Energy Zone™ Language & Visualization Let's Jumpl Loops and Ladders	Conference 15. Workshop/Seminar 2. Workshop/Seminar 4. Workshop/Seminar 2. Workshop/Seminar 2. Workshop/Seminar 3. Workshop/Seminar 4. Workshop/Seminar 4.	5.0 2.0 3.0 4.0 4.0 2.0 4.0 4.0 4.0 2.0 4.0	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	3 Part Cues Becoming a Rockstar Instructor Cadence, Heart Rate & Class Design Creating a Journey Ride Creative Climbs Creative Coaching Heart Rate Training High Intensity Training Interval Energy Zone™ Language & Visualization Let's Jump! Loops and Ladders Mental Training: Approach and Skills	Conference 15. Workshop/Seminar 2. Workshop/Seminar 4. Workshop/Seminar 3. Workshop/Seminar 4. Workshop/Seminar 2. Workshop/Seminar 2. Workshop/Seminar 2. Workshop/Seminar 2.	5.0 2.0 3.0 4.0 2.0 4.0 4.0 4.0 2.0 4.0	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	3 Part Cues Becoming a Rockstar Instructor Cadence, Heart Rate & Class Design Creating a Journey Ride Creative Climbs Creative Coaching Heart Rate Training High Intensity Training Interval Energy Zone™ Language & Visualization Let's Jump! Loops and Ladders Mental Training: Approach and Skills Movement, Music, Motivation	Conference 15. Workshop/Seminar 2. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 2. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 2. Workshop/Seminar 2. Workshop/Seminar 2. Workshop/Seminar 4. Workshop/Seminar 3. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 4.	5.0 2.0 3.0 4.0 2.0 4.0 4.0 4.0 2.0 4.0 2.0 4.0	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	3 Part Cues Becoming a Rockstar Instructor Cadence, Heart Rate & Class Design Creating a Journey Ride Creative Climbis Creative Coaching Heart Rate Training High Intensity Training Interval Energy Zone™ Language & Visualization Let's Jump! Loops and Ladders Mental Training: Approach and Skills Movement, Music, Motivation Peak Pilates-Basic Mat	Conference 15. Workshop/Seminar 2. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 2. Workshop/Seminar 2. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 2. Workshop/Seminar 2. Workshop/Seminar 2. Workshop/Seminar 2. Workshop/Seminar 3.	5.0 2.0 3.0 4.0 4.0 2.0 4.0 4.0 2.0 4.0 2.0 4.0 2.0	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	3 Part Cues Becoming a Rockstar Instructor Cadence, Heart Rate & Class Design Creating a Journey Ride Creative Climbs Creative Coaching Heart Rate Training High Intensity Training Interval Energy Zone™ Language & Visualization Let's Jump! Loops and Ladders Mental Training: Approach and Skills Movement, Music, Motivation Peak Pilates-Basic Mat Peak Pilates-Fundamentals	Conference 15. Workshop/Seminar 2. Workshop/Seminar 3. Workshop/Seminar 4. Workshop/Seminar 2. Workshop/Seminar 2. Workshop/Seminar 2. Workshop/Seminar 3. Workshop/Seminar 4. Workshop/Seminar 3. Workshop/Seminar 4. Workshop/Seminar 3.	5.0 2.0 3.0 4.0 4.0 2.0 4.0 4.0 2.0 4.0 2.0 4.0 2.0 2.0	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	3 Part Cues Becoming a Rockstar Instructor Cadence, Heart Rate & Class Design Creating a Journey Ride Creative Climbs Creative Coaching Heart Rate Training High Intensity Training Interval Energy Zone™ Language & Visualization Let's Jump! Loops and Ladders Mental Training: Approach and Skills Movement, Music, Motivation Peak Pilates-Basic Mat Peak Pilates-Fundamentals Peak Pilates-Intermediate Mat	Conference 15. Workshop/Seminar 2. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 2. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 2. Workshop/Seminar 12. Workshop/Seminar 12. Workshop/Seminar 14. Workshop/Seminar 14.	5.0 2.0 3.0 4.0 4.0 4.0 4.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	3 Part Cues Becoming a Rockstar Instructor Cadence, Heart Rate & Class Design Creating a Journey Ride Creative Climbis Creative Coaching Heart Rate Training High Intensity Training Interval Energy Zone™ Language & Visualization Let's Jump! Loops and Ladders Mental Training: Approach and Skills Movement, Music, Motivation Peak Pilates-Fundamentals Peak Pilates-Fundamentals Peak Pilates-Intermediate Mat Peak Pilates-Intermediate Mat Peak Pilates-Intermediate Mat	Conference 15. Workshop/Seminar 2. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 2. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 2. Workshop/Seminar 2. Workshop/Seminar 2. Workshop/Seminar 3. Workshop/Seminar 4.	5.0 2.0 3.0 4.0 4.0 4.0 4.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	3 Part Cues Becoming a Rockstar Instructor Cadence, Heart Rate & Class Design Creating a Journey Ride Creative Climbs Creative Coaching Heart Rate Training High Intensity Training Interval Energy Zone™ Language & Visualization Let's Jump! Loops and Ladders Mental Training: Approach and Skills Movement, Music, Motivation Peak Pilates-Basic Mat Peak Pilates-Intermediate Mat Peak Pilates-Internediate Mat Peak Pilates-Lourn Intervals Peak Pilates-Lourn Entervals Peak Pilates-Lourn Materials Peak Pilates-Lourn Materials Peak Pilates-Lourn Materials Peak Pilates-Lourn Materials	Conference 15. Workshop/Seminar 2. Workshop/Seminar 3. Workshop/Seminar 4. Workshop/Seminar 2. Workshop/Seminar 2. Workshop/Seminar 3. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 12. Workshop/Seminar 12. Workshop/Seminar 13. Workshop/Seminar 14. Workshop/Seminar 14. Workshop/Seminar 14. Workshop/Seminar 13. Workshop/Seminar 14.	5.0 2.0 3.0 1.0 1.0 2.0 1.0 2.0 1.0 2.0 1.0 2.0 2.0 1.0 2.0 1.0 2.0	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	8 Part Cues Becoming a Rockstar Instructor Cadence, Heart Rate & Class Design Creating a Journey Ride Creative Climbs Creative Coaching Heart Rate Training High Intensity Training Interval Energy Zone™ Language & Visualization Let's Jump! Loops and Ladders Mental Training: Approach and Skills Movement, Music, Motivation Peak Pilates-Basic Mat Peak Pilates-Fundamentals Peak Pilates-Intermediate Mat Peak Pilates-Jump Intervals Peak Pilates-Jump Intervals Peak Pilates-Jump Intervals Peak Pilates-Jump Intervals Peak Pilates-Penyer Circle	Conference	5.00 6.00	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	Becoming a Rockstar Instructor Cadence, Heart Rate & Class Design Creating a Journey Ride Creative Climbis Creative Coaching Heart Rate Training High Intensity Training Interval Energy Zone™ Language & Visualization Let's Jump! Loops and Ladders Mental Training: Approach and Skills Movement, Music, Motivation Peak Pilates-Fundamentals Peak Pilates-Fundamentals Peak Pilates-Intermediate Mat Peak Pilates-Intermediate Mat Peak Pilates-Lengthen & Strengthen with Elastic Bands Peak Pilates-Lengthen & Strengthen with Elastic Bands Peak Pilates-Power Circle Peak Pilates-Power Circle	Conference 15. Workshop/Seminar 2. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 2. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 2. Workshop/Seminar 2. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 12. Workshop/Seminar 14. Workshop/Seminar 14. Workshop/Seminar 14. Workshop/Seminar 14. Workshop/Seminar 1. Workshop/Seminar 1. Workshop/Seminar 1.	6.00 6.00	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	8 Part Cues Becoming a Rockstar Instructor Cadence, Heart Rate & Class Design Creating a Journey Ride Creative Climbs Creative Coaching Heart Rate Training High Intensity Training Interval Energy Zone™ Language & Visualization Let's Jump! Loops and Ladders Mental Training: Approach and Skills Movement, Music, Motivation Peak Pilates-Basic Mat Peak Pilates-Intermediate Mat Peak Pilates-Intermediate Mat Peak Pilates-Intermediate Mat Peak Pilates-Iump Intervals Peak Pilates-Jump Intervals Peak Pilates-Power Circle Peak Pilates-Props Shop Profile Designs & Heart Rate Games	Conference 15. Workshop/Seminar 2. Workshop/Seminar 3. Workshop/Seminar 4. Workshop/Seminar 2. Workshop/Seminar 2. Workshop/Seminar 3. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 12. Workshop/Seminar 12. Workshop/Seminar 13. Workshop/Seminar 14. Workshop/Seminar 14. Workshop/Seminar 14. Workshop/Seminar 15.	6.00 6.00	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	8 Part Cues 8 Ecoming a Rockstar Instructor Cadence, Heart Rate & Class Design Creating a Journey Ride Creative Climbis Creative Coaching Heart Rate Training High Intensity Training Interval Energy Zone™ Language & Visualization Let's Jump! Loops and Ladders Mental Training: Approach and Skills Movement, Music, Motivation Peak Pilates-Basic Mat Peak Pilates-Humamentals Peak Pilates-Intermediate Mat Peak Pilates-Intermediate Mat Peak Pilates-Jump Intervals Peak Pilates-Journ Intervals Peak Pilates-Power Circle Peak Pilates-Power Circle Peak Pilates-Power Circle Peak Pilates-Props Shop Profile Designs & Heart Rate Games Race Day Energy Zone™	Conference 15. Workshop/Seminar 2. Workshop/Seminar 4. Workshop/Seminar 3. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 2. Workshop/Seminar 2. Workshop/Seminar 2. Workshop/Seminar 3. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 12. Workshop/Seminar 12. Workshop/Seminar 14. Workshop/Seminar 14. Workshop/Seminar 15. Workshop/Seminar 17. Workshop/Seminar 18. Workshop/Seminar 19.	6.00 6.00	12/31/20 www.maddogg.com
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Mad Dogg Athletics (AFAA)	Becoming a Rockstar Instructor Cadence, Heart Rate & Class Design Creating a Journey Ride Creative Climbs Creative Coaching Heart Rate Training High Intensity Training Interval Energy Zone™ Language & Visualization Let's Jump! Loops and Ladders Mental Training: Approach and Skills Movement, Music, Motivation Peak Pilates-Basic Mat Peak Pilates-Hourdamentals Peak Pilates-Intermediate Mat Peak Pilates-Pomps Shop Profile Designs & Heart Rate Games Race Day Energy Zone™ Resistance Loading and Cadence Building Rockstarce Loading and Cadence Building	Conference	6.00 6.00	12/31/20 www.maddogs.com
Mad Dogg Athletics (AFAA)	8 Part Cues 8 Ecoming a Rockstar Instructor Cadence, Heart Rate & Class Design Creating a Journey Ride Creative Climbis Creative Coaching Heart Rate Training High Intensity Training Interval Energy Zone™ Language & Visualization Let's Jump! Loops and Ladders Mental Training: Approach and Skills Movement, Music, Motivation Peak Pilates-Basic Mat Peak Pilates-Fundamentals Peak Pilates-Intermediate Mat Peak Pilates-Jump Intervals Peak Pilates-Jump Intervals Peak Pilates-Power Circle Peak Pilates-Power Circle Peak Pilates-Power Circle Peak Pilates-Programe Resistance Loading and Cadence Building Rockstar Spinning® Instructor Online Spinning Instructor Online	Conference 15. Workshop/Seminar 2. Workshop/Seminar 4. Workshop/Seminar 3. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 2. Workshop/Seminar 4. Workshop/Seminar 2. Workshop/Seminar 2. Workshop/Seminar 3. Workshop/Seminar 4. Workshop/Seminar 2. Workshop/Seminar 2. Workshop/Seminar 3. Workshop/Seminar 12. Workshop/Seminar 14. Workshop/Seminar 15. Workshop/Seminar 17. Workshop/Seminar 17. Workshop/Seminar 18. Workshop/Seminar 19. Workshop/Seminar 2. Workshop/Seminar 2. Workshop/Seminar 3. Workshop/Seminar 3. Workshop/Seminar 3. Workshop/Seminar 3. Workshop/Seminar 3. Workshop/Seminar 4. Workshop/Seminar 2. Workshop/Seminar 2. Workshop/Seminar 2. Workshop/Seminar 2. Workshop/Seminar 3.	6.00 6.00	12/31/20 www.maddogg.com
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Mad Dogg Athletics (AFAA)	Becoming a Rockstar Instructor Cadence, Heart Rate & Class Design Creating a Journey Ride Creative Climbs Creative Coaching Heart Rate Training High Intensity Training Interval Energy Zone™ Language & Visualization Let's Jump! Loops and Ladders Mental Training: Approach and Skills Movement, Music, Motivation Peak Pilates-Basic Mat Peak Pilates-Fundamentals Peak Pilates-Fundamentals Peak Pilates-Jump Intervals Peak Pilates-Jump Intervals Peak Pilates-Lengthen & Strengthen with Elastic Bands Peak Pilates-Power Circle Peak Pilates-Power Circle Peak Pilates-Power Tirel Resistance Loading and Cadence Building Rockstar Spinning* Instructor Online Spinning Instructor Training SPINPower* Personal Spinning* Threshold SPINPower* STONGER SpinNower* STONGER SpinNower* STONGER SpinNower* Personal Spinning* Threshold SPINPower* Personal Spinning* Threshold SPINPower* Personal Spinning* Threshold SPINPower* STONGER SpinPower* STONGER SpinPower* Personal Spinning* Threshold SPINPower* Personal Spinning* Threshold SPINPower* STONGER	Conference 15. Workshop/Seminar 2. Workshop/Seminar 3. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 2. Workshop/Seminar 2. Workshop/Seminar 3. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 2. Workshop/Seminar 3. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 3. Workshop/Seminar 4.	5.00	12/31/20 www.maddogg.com
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Mad Dogg Athletics (AFAA)	8 Part Cues 8 Ecoming a Rockstar Instructor Cadence, Heart Rate & Class Design Creating a Journey Ride Creative Climbs Creative Coaching Heart Rate Training High intensity Training Interval Energy Zone ¹¹⁴ Language & Visualization Let's Jump! Loops and Ladders Mental Training: Approach and Skills Movement, Music, Motivation Peak Pilates-Basic Mat Peak Pilates-Fundamentals Peak Pilates-Intermediate Mat Peak Pilates-Intermediate Mat Peak Pilates-Jump Intervals Peak Pilates-Jump Intervals Peak Pilates-Power Circle Peak Pilates-Power C	Conference 15. Workshop/Seminar 2. Workshop/Seminar 3. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 3. Workshop/Seminar 4. Workshop/Seminar 4. Workshop/Seminar 2. Workshop/Seminar 2. Workshop/Seminar 3. Workshop/Seminar 4. Workshop/Seminar 2. Workshop/Seminar 2. Workshop/Seminar 3. Workshop/Seminar 4. Workshop/Seminar 12. Workshop/Seminar 13. Workshop/Seminar 14. Workshop/Seminar 14. Workshop/Seminar 15. Workshop/Seminar 16. Workshop/Seminar 17. Workshop/Seminar 17. Workshop/Seminar 18. Workshop/Seminar 19. Workshop/Seminar 2.	6.0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	12/31/20 www.maddogg.com
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Melissa Weigelt (AFAA)	Circuit Blast	Workshop/Seminar 2.0 12/31/20
Melissa Weigelt (AFAA)	Crunchless Core and More	Workshop/Seminar 2.0 12/31/20 www.flowfitnesstraining.com
Melissa Weigelt (AFAA)	High Intensity Body Weight Training	Workshop/Seminar 2.0 12/31/20
MixxedFit (AFAA)	MixxedFit Instructor Training	Workshop/Seminar 7.0 12/31/20
Mohey Core Method (AFAA)	Mohey Core Method	Workshop/Seminar 12.0 12/31/20
Molon Labe Fitness Education (AFAA)	Advanced Fundamentals	Workshop/Seminar 15.0 12/31/20 www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	Advanced Price Presentations	Workshop/Seminar 2.0 12/31/20 www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	Basic Sales	Workshop/Seminar 2.0 12/31/20 www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	Building Long Term Commitment	Workshop/Seminar 2.0 12/31/20 www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	Building Your Business	Workshop/Seminar 1.0 12/31/20 www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	Business Management: Clients	Workshop/Seminar 2.0 12/31/20 www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	Business Management: Self	Workshop/Seminar 2.0 12/31/20 www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	Certified Power Lifting Coach	Workshop/Seminar 12.0 12/31/20 www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	Client Engagement	Workshop/Seminar 2.0 12/31/20 www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	Client Retention	Workshop/Seminar 1.0 12/31/20 www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	Creating Compliance	Workshop/Seminar 2.0 12/31/20 www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	Handling Concerns	Workshop/Seminar 2.0 12/31/20 www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	Personal Training Fundamentals	Workshop/Seminar 10.0 12/31/20 www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	PNF Stretch	Workshop/Seminar 3.0 12/31/20 www.mlfitnesseducation.com
Moms Into Fitness, Inc. (AFAA)	Prenatal & Postnatal Fitness Specialist	Home Study 15.0 12/31/20 www.momsintofitness.com
Muay Thai School USA (AFAA)	Muay Thai Personal Trainer	Home Study 15.0 12/31/20 www.miomsintontness.com 15.0 12/31/20 https://www.muaythaischoolusa.com
Myzone (AFAA)	MyZone University: Heart Rate Monitor Workshop	Workshop/Seminar 6.0 12/31/20
NASM (AFAA)	All NASM courses are approved with AFAA	Home Study 12/31/20
National Exercise Trainers Association (NETA) (AFAA)	Advanced Kettlebell Specialty	Workshop/Seminar 7.0 12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Barre Connect Specialty	Workshop/Seminar 8.0 12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Becoming a Yoga Professional	Workshop/Seminar 10.0 12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Cycle 360: Cardio, Strength, and Core	Workshop/Seminar 5.0 12/31/20 http://www.netafit.org/index.htm
National Exercise Trainers Association (NETA) (AFAA)	Fitness Yoga Specialty	Workshop/Seminar 15.0 12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	HIIT THE STEP	Workshop/Seminar 5.0 12/31/20 www.netait.org
National Exercise Trainers Association (NETA) (AFAA) National Exercise Trainers Association (NETA) (AFAA)	Indoor Group Cycling Specialty	Workshop/Seminar 5.0 12/31/20 www.netafit.org Workshop/Seminar 5.0 12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Intermediate Yoga Specialty	
National Exercise Trainers Association (NETA) (AFAA)	Kettlebell Specialty	
National Exercise Trainers Association (NETA) (AFAA)	Kick It! 5-hour	
National Exercise Trainers Association (NETA) (AFAA) National Exercise Trainers Association (NETA) (AFAA)	Kids Yoga Specialty NETA Fit Fest 2020	Workshop/Seminar 10.0 12/31/20 www.netafit.org Conference 15.0 12/31/20 http://www.netafit.org
National Exercise Trainers Association (NETA) (AFAA) National Exercise Trainers Association (NETA) (AFAA)	Pilates Mat Specialty Pilates Reformer	Workshop/Seminar 14.0 12/31/20 www.netafit.org Workshop/Seminar 14.0 12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA) National Exercise Trainers Association (NETA) (AFAA)	Prenatal Yoga Specialty	Workshop/Seminar 10.0 12/31/20 Workshop/Seminar 10.0 12/31/20 www.netafit.org
1 11 1	Restorative Yoga Specialty	
National Exercise Trainers Association (NETA) (AFAA) National Exercise Trainers Association (NETA) (AFAA)	Ride and Renew Senior Fitness Specialty	Workshop/Seminar 5.0 12/31/20 www.netafit.org Workshop/Seminar 7.0 12/31/20 www.netafit.org
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National Exercise Trainers Association (NETA) (AFAA)	Senior POWER (5hr)	Workshop/Seminar 5.0 12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Senior Yoga Specialty	Workshop/Seminar 15.0 12/31/20
National Exercise Trainers Association (NETA) (AFAA)	Trauma Sensitive Yoga Practices	Workshop/Seminar 5.0 12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Wellness Coach Specialty	Workshop/Seminar 14.0 12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Yoga for Special Populations Specialty	Workshop/Seminar 10.0 12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Yoga Foundations Specialty	Workshop/Seminar 15.0 12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Yoga Strong Specialty	Workshop/Seminar 15.0 12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Youth Fitness Specialty	Workshop/Seminar 8.0 12/31/20 www.netafit.org
Net Profit Explosion (NPE) (AFAA)	NPE Fast-Track	Home Study 15.0 12/31/20 npefitness.com/us
Niche Pilates Studio (AFAA)	Sculpt and Core Pilates	Workshop/Seminar 15.0 12/31/20 www.nichefitstudio.com
NONSOLOFITNESS SNC (AFAA)	Elite Aerobic Instructor	Home Study 10.0 12/31/20 www.nonsolofitness.it
NONSOLOFITNESS SNC (AFAA)	Elite H2O Trainer	Home Study 10.0 12/31/20 www.nonsolofitness.it
Nordic Body Academy (AFAA)	Nordic Body Instructor Certificate of Completion	Home Study 15.0 12/31/20 https://nordic-body-academy.teachable.com/p/nordic-body-certificate-program
O'Gorgeous, Inc. (AFAA)	PIIT28 Instructor Training Workshop	Workshop/Seminar 6.0 12/31/20 www.poppilateslife.com
O'Gorgeous, Inc. (AFAA)	POP Pilates Workshop	Workshop/Seminar 8.0 12/31/20 http://www.poppilateslife.com
Oh Baby! Fitness® (AFAA)	OH BABY! FITNESS PRENATAL & POSTPARTUM INSTRUCTOR TRAINING	Home Study 8.0 12/31/20 https://www.ohbabyfitness.com/pre-postnatal-fitness-training
Online Trainers Federation (AFAA)	Online Fitness Coach Certification	Home Study 10.0 12/31/20 https://onlinetrainersfederation.com/
OPEX Fitness (AFAA)	Coaching Certificate Program	Home Study 13.0 12/31/20 membership.opexfit.com/courses/coaching-certificate-program-v3/modules
OPEX Fitness (AFAA)	Mixed Modal	Home Study 15.0 12/31/20 https://opexfit.com/mixed-modal/
OPEX Fitness (AFAA)	OPEX Coaching Program	Home Study 15.0 12/31/20
OPEX Fitness (AFAA)	Programming: Airbike	Home Study 3.0 12/31/20 https://opexfit.com/mixed-modal/
OPEX Fitness (AFAA)	Programming: Principles	Workshop/Seminar 4.0 12/31/20 https://membership.opexfit.com
OPEX Fitness (AFAA)	PROGRAMMING: STRENGTH	Home Study 5.0 12/31/20 https://opexfit.com/programming-strength/
Orange Theory (OT) Fitness (AFAA)	OTFit Certification	Workshop/Seminar 15.0 12/31/20 www.orangetheoryfitness.com
Pain Posture Performance (AFAA)	Pain Posture Performance Stretching and Flexibility	Workshop/Seminar 14.0 12/31/20 www.painpostureperformance.com
Parkinson Wellness Recovery (AFAA)	PWR! Moves Instructor Training and Certification Workshop	Workshop/Seminar 15.0 12/31/20 https://www.pwr4life.org/pwr-workshops/pwr-instructor/upcoming-pwr-instructor-worksh
Parkour Generations Americas / Parkour Generations Ltd. (AFAA)	ADAPT Level 1	Workshop/Seminar 15.0 12/31/20 www.parkourgenerations.com
Parkour Generations Americas / Parkour Generations Ltd. (AFAA)	ADAPT Level 2	Workshop/Seminar 15.0 12/31/20 www.parkourgenerations.com
Parkour Generations Americas / Parkour Generations Ltd. (AFAA)	Parkour Fitness Specialist (PFS) Level 1	Workshop/Seminar 15.0 12/31/20 www.parkourgenerations.com
Parkour Generations Americas / Parkour Generations Ltd. (AFAA)	Parkour Fitness Specialist (PFS) Level 2	Workshop/Seminar 15.0 12/31/20 www.parkourgenerations.com

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Pelacore (AFAA)	Pelacore Instructor Program	Home Study	3.0	12/31/20 https://www.pelacore.com
Performance Cycling (AFAA)	Performance Cycling Essentials Plus (Level 1)	Home Study	9.0	12/31/20 www.performance-cycling.net
Personal Trainer Development Center (AFAA)	Online Trainer Academy	Home Study	15.0	12/31/20 http://onlinetraineracademy.theptdc.com
Pevow Agua Pilates (AFAA)	Peyow Agua Pilates Funktional Barre 1	Workshop/Seminar	3.0	12/31/20 www.aguapilates.net
Peyow Aqua Pilates (AFAA)	Peyow Agua Pilates Level 1 Basic-Intermediate	Workshop/Seminar	6.0	12/31/20 www.aquapilates.net
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PILOXING Academy, LLC (AFAA)	PILOXING® Barre Instructor Training	Workshop/Seminar	8.0	12/31/20 www.piloxing.com
PILOXING Academy, LLC (AFAA)	PILOXING® Knockout Instructor Training	Workshop/Seminar	8.0	12/31/20 www.piloxing.com
PILOXING Academy, LLC (AFAA)	PILOXING® SSP	Workshop/Seminar	8.0	12/31/20 piloxing.com
PILOXING Academy, LLC (AFAA)	THE MIX by PILOXING®	Workshop/Seminar	8.0	12/31/20 www.piloxing.com
Pink Gloves Boxing (AFAA)	Pink Gloves Boxing - Amateur Training Camp	Workshop/Seminar	12.0	12/31/20 www.pinkglovesboxing.com
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Pink Gloves Boxing (AFAA)	Pink Gloves Boxing - Master Training Camp	Workshop/Seminar	13.0	12/31/20 ww.pinkglovesboxing.com
Pink Gloves Boxing (AFAA)	Pink Gloves Boxing - Pro Training Camp	Workshop/Seminar	13.0	12/31/20 www.pinkglovesboxing.com
Pivotal (AFAA)	Pivotal Group Coaching Certification Live Workshop	Workshop/Seminar	14.0	12/31/20 www.pivotal-coaching.com
Pivotal (AFAA)	Pivotal Group Coaching Certification Online	Home Study	14.0	12/31/20 www.pivotal-coaching.com
PlyoJam (AFAA)	Plyometric-Infused Dance: Intro to PlyoJam (online)	Home Study		12/31/20 www.plyojam.com
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PomSquad Fitness (AFAA)	POMSQUAD Fitness Captain Training	Workshop/Seminar	5.0	12/31/20 pomsquadfitness.com
POPUp (AFAA)	POPUp Pro	Home Study	15.0	12/31/20 https://pop-s-school.thinkific.com/courses/popuppro
Power Monkey Camp (AFAA)	Power Monkey Camp	Workshop/Seminar	15.0	12/31/20 powermonkeycamp.com
Power Monkey Fitness (AFAA)	The Ring Thing Certification	Workshop/Seminar	13.0	12/31/20 https://shop.powermonkeyfitness.com/pages/ring-thing-learn-more
Precision Nutrition (AFAA)	Precision Nutrition Level 1, Certificate in Exercise Nutrition	Home Study	15.0	12/31/20 www.precisionnutrition.com
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Precision Nutrition (AFAA)	Precision Nutrition Level 2 Master Class	Home Study	15.0	12/31/20 www.precisionnutrition.com
Precor (AFAA)	4D PRO Bungee Fitness Trainer: Specialty Course for Queenax	Workshop/Seminar	4.0	12/31/20 http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses
Precor (AFAA)	Coaching Intensity: Building Intelligent Intervals with Assault Fitness Equipment	Workshop/Seminar	2.0	12/31/20 precor.com
Precor (AFAA)	Queenax Elite Obstacle Course Race Training Program	Workshop/Seminar	7.0	12/31/20 precor.com
Precor (AFAA)	Queenax Functional Training Movement Design	Workshop/Seminar	4.0	12/31/20 http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses
Precor (AFAA)	Queenax Fundamentals	Workshop/Seminar	2.0	12/31/20 http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses
Precor (AFAA)	Queenax Small Group Program Design	Workshop/Seminar	3.0	12/31/20 http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses
Precor (AFAA)	Studio 7 Coaching Workshop - Day 2	Workshop/Seminar	5.0	12/31/20 precor.com
Precor (AFAA)	Studio 7 Coaching Workshop - Day 3	Workshop/Seminar	6.0	12/31/20 precor.com
Precor (AFAA)	Studio 7 Group Training Skills Workshop	Workshop/Seminar	10.0	12/31/20 precor.com
Precor (AFAA)	SUPERFUNCTIONAL™ MOVE	Workshop/Seminar	2.0	12/31/20 http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses
Precor (AFAA)	UFO Specialization Course	Workshop/Seminar	2.0	12/31/20 http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses
Precor (AFAA)	Ultimate Superfunctional: STACKS	Workshop/Seminar	4.0	12/31/20 http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses
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Pretzel Kids (AFAA)	Pretzel Kids Yoga Teacher	Home Study	12.0	12/31/20 www.pretzelkids.com
Primal Health Coach Institute (AFAA)	Primal Health Coach Program	Workshop/Seminar	15.0	12/31/20 www.primalblueprint.com
ProCcare (AFAA)	Water Immersion	Home Study	5.0	12/31/20 www.proccare.com
ProCcare (AFAA)	Whole-Body Cryo	Home Study	4.0	12/31/20 www.proccare.com
	Certified Procedos P9 Trainer		7.0	12/31/20
Procedos powered by Gray Institute (AFAA)		Workshop/Seminar		
PROnatal Fitness (AFAA)	How to "Train" Women for Pregnancy	Home Study	4.0	12/31/20 www.pronatalfitness.com
PROnatal Fitness (AFAA)	PROnatal Fitness Pre/Postnatal Performance Training Level 2	Home Study	12.0	12/31/20 www.pronatalfitness.com
PROnatal Fitness (AFAA)	PROnatal Fitness Pre/Postnatal Performance Training Specialist (Level 1 and 2)	Home Study	15.0	12/31/20 pronatalfitness.com
PROnatal Fitness (AFAA)	PROnatal Fitness Pre/Postnatal Performance Training Workshop (Level 1)	Workshop/Seminar	8.0	12/31/20 pronatalfitness.com
PTA Global (AFAA)	Exercise & Stress Management (ESM) Credential	Home Study	10.0	12/31/20 www.PTAGlobal.com
PTA Global (AFAA)	FasTrack in Personal Training	Home Study	8.0	12/31/20 www.ptaglobal.com
PTA Global (AFAA)	PTA Global Behavior Change in Exercise (BCE) Credential	Home Study	15.0	12/31/20 www.PTAGlobal.com
PTA Global (AFAA)	PTA Global Foundations	Home Study	15.0	12/31/20 www.PTAGlobal.com
PTA Global (AFAA)	PTA Global Mentorship 1	Home Study	15.0	12/31/20 www.PTAGlobal.com
PTA Global (AFAA)	Rapid Results Workshop	Workshop/Seminar	8.0	12/31/20 www.PTAGlobal.com
PTA Global (AFAA)	Solutions in Selling	Workshop/Seminar	4.0	12/31/20 https://www.ptaglobal.com/cecs.aspx
PTA Global (AFAA)	Train to Retain Workshop	Workshop/Seminar	7.0	12/31/20 www.ptaglobal.com
PTontheNet (AFAA)	8 Disciplines of Front Line Excellence	Home Study	4.0	12/31/20 www.ptonthenet.com
			2.0	12/31/20 www.ptonthnet.com
PTontheNet (AFAA)	Addressing and Preventing Low Back Pain	Home Study		
PTontheNet (AFAA)	Advanced Fitness Sales	Home Study	4.0	12/31/20 www.ptonthenet.com
PTontheNet (AFAA)	Bodyweight Training	Home Study	2.0	12/31/20 www.ptonthenet.com
PTontheNet (AFAA)	BOSU Balance Trainer Power Programming	Home Study	4.0	12/31/20 www.ptonthenet.com
PTontheNet (AFAA)	Breath AS Medicine: Improving Health and the Training Experience	Home Study	4.0	12/31/20 www.ptonthenet.com
PTontheNet (AFAA)		Home Study	2.0	12/31/20 www.ptonthenet.com
	Cardiovascular Training			
PTontheNet (AFAA)	Certificate In Health & Fitness Management	Home Study	10.0	12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Client Assessment, Biomechanics, & Metabolism	Home Study	2.0	12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Client Relations & Business Management	Home Study	2.0	12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Closing the Sale		2.0	12/31/20 www.ptonthenet.com/cec-exams
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	Coaching	Home Study	2.0	12/31/20 www.ptonthenet.com
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SCW Fitness Education (AFAA)	Short Circuit: Group Training Edition Social Media Storytelling Soft Skills Power of Hard Bodies Stages: Power of Progression Strength Training For Longevity & Vitality	Home Study Home Study Home Study Home Study Home Study	1.0 2.0 2.0 2.0 2.0 2.0	12/31/20 http://www.scwfit.com 12/31/20 http://www.scwfit.com 12/31/20 http://www.scwfit.com 12/31/20 http://www.scwfit.com 12/31/20 http://www.scwfit.com
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SCW Fitness Education (AFAA)	Short Circuit: Group Training Edition Social Media Storytelling Soft Skills for Hard Bodies Stages: Power of Progression Strength Training For Longevity & Vitality Stress & Chronic Disease Stress and Inflammation Successful Business Strategies for Owners and Managers Sugar Shockers & Shakedown	Home Study	1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0	12/31/20 http://www.scwfit.com
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SCW Fitness Education (AFAA)	Short Circuit: Group Training Edition Social Media Storytelling Soft Skills for Hard Bodies Stages: Power of Progression Strength Training For Longevity & Vitality Stress & Chronic Disease Stress and Inflammation Successful Business Strategies for Owners and Managers Sugar Shockers & Shakedown Tab-aqua Bootcamp Tab-Aqua Quickies Tabata Yoga	Home Study	1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Short Circuit: Group Training Edition Social Media Storytelling Soft Skills for Hard Bodies Stages: Power of Progression Strength Training For Longevity & Vitality Stress & Chronic Disease Stress and Inflammation Successful Business Strategies for Owners and Managers Sugar Shockers & Shakedown Tab-aqua Bootcamp Tab-Aqua Quickies Tabata Yoga Take IT Lying Down	Home Study	1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Short Circuit: Group Training Edition Social Media Storytelling Soft Skills for Hard Bodies Stages: Power of Progression Strength Training For Longevity & Vitality Stress & Chronic Disease Stress & Chronic Disease Stress and Inflammation Successful Business Strategies for Owners and Managers Sugar Shockers & Shakedown Tab-aqua Bootcamp Tab-Aqua Quickies Tabata Yoga Take IT Lying Down Targeting Hypertrophy	Home Study	1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Short Circuit: Group Training Edition Social Media Storytelling Soft Skills for Hard Bodies Stages: Power of Progression Strength Training For Longevity & Vitality Stress & Chronic Disease Stress and Inflammation Successful Business Strategies for Owners and Managers Sugar Shockers & Shakedown Tab-aqua Bootcamp Tab-Aqua Quickies Tabata Yoga Take IT Lying Down	Home Study	1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
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SCW Fitness Education (AFAA)	Short Circuit: Group Training Edition Social Media Storytelling Soft Skills for Hard Bodies Stages: Power of Progression Strength Training For Longevity & Vitality Stress & Chronic Disease Stress and Inflammation Successful Business Strategies for Owners and Managers Sugar Shockers & Shakedown Tab-aqua Bootcamp Tab-Aqua Quickies Tabata Yoga Take IT Lying Down Targeting Hypertrophy The 7 Principles of Extraordinary The One Weight Workout: Kettlebell The Science of Myofascial Release	Home Study	1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Short Circuit: Group Training Edition Social Media Storytelling Soft Skills for Hard Bodies Stages: Power of Progression Strength Training For Longevity & Vitality Stress & Chronic Disease Stress and Inflammation Successful Business Strategies for Owners and Managers Sugar Shockers & Shakedown Tab-aqua Bootcamp Tab-Aqua Quickies Tabata Yoga Take IT Lying Down Targeting Hypertrophy The 7 Principles of Extraordinary The One Weight Workout: Kettlebell The Science of Myofascial Release Timing is Everything	Home Study	1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Short Circuit: Group Training Edition Social Media Storytelling Soft Skills for Hard Bodies Stages: Power of Progression Strength Training For Longevity & Vitality Stress & Chronic Disease Stress and Inflammation Successful Business Strategies for Owners and Managers Sugar Shockers & Shakedown Tab-aqua Bootcamp Tab-Aqua Quickies Tabata Yoga Take IT Lying Down Targeting Hypertrophy The 7 Principles of Extraordinary The One Weight Workout: Kettlebell The Science of Myofascial Release Timing is Everything Tipping the Scales	Home Study	1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Short Circuit: Group Training Edition Social Media Storytelling Soft Skills for Hard Bodies Stages: Power of Progression Strength Training For Longevity & Vitality Stress & Chronic Disease Stress and Inflammation Successful Business Strategies for Owners and Managers Sugar Shockers & Shakedown Tab-aqua Bootcamp Tab-aqua Bootcamp Tab-Aqua Quickies Tabata Yoga Take IT Lying Down Targeting Hypertrophy The 7 Principles of Extraordinary The One Weight Workout: Kettlebell The Science of Myofascial Release Timing is Everything Tipping the Scales Top 10 for Weight Loss	Home Study	1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Short Circuit: Group Training Edition Social Media Storytelling Soft Skills for Hard Bodies Stages: Power of Progression Strength Training For Longevity & Vitality Stress & Chronic Disease Stress and Inflammation Successful Business Strategies for Owners and Managers Sugar Shockers & Shakedown Tab-aqua Bootcamp Tab-Aqua Quickies Tabata Yoga Take IT Lying Down Targeting Hypertrophy The 7 Principles of Extraordinary The One Weight Workout: Kettlebell The Science of Myofascial Release Timing is Everything Tipping the Scales Top 10 for Weight Loss Total Body Core Training	Home Study	1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Short Circuit: Group Training Edition Social Media Storytelling Soft Skills for Hard Bodies Stages: Power of Progression Strength Training For Longevity & Vitality Stress & Chronic Disease Stress and Inflammation Successful Business Strategies for Owners and Managers Sugar Shockers & Shakedown Tab-aqua Bootcamp Tab-aqua Bootcamp Tab-Aqua Quickies Tabata Yoga Take IT Lying Down Targeting Hypertrophy The 7 Principles of Extraordinary The One Weight Workout: Kettlebell The Science of Myofascial Release Timing is Everything Tipping the Scales Top 10 for Weight Loss	Home Study	1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Short Circuit: Group Training Edition Social Media Storytelling Soft Skills for Hard Bodies Stages: Power of Progression Strength Training For Longevity & Vitality Stress & Chronic Disease Stress and Inflammation Successful Business Strategies for Owners and Managers Sugar Shockers & Shakedown Tab-aqua Bootcamp Tab-Aqua Quickies Tabata Yoga Take IT Lying Down Targeting Hypertrophy The 7 Principles of Extraordinary The One Weight Workout: Kettlebell The Science of Myofascial Release Timing is Everything Tipping the Scales Top 10 for Weight Loss Total Body Core Training Toxic Dump: What's in Food Training Mom	Home Study	1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Short Circuit: Group Training Edition Social Media Storytelling Soft Skills for Hard Bodies Stages: Power of Progression Strength Training For Longevity & Vitality Stress & Chronic Disease Stress and Inflammation Successful Business Strategies for Owners and Managers Sugar Shockers & Shakedown Tab-aqua Bootcamp Tab-Aqua Quickies Tabata Yoga Take IT Lying Down Targeting Hypertrophy The 7 Principles of Extraordinary The One Weight Workout: Kettlebell The Science of Myofascial Release Timing is Everything Tipping the Scales Top 10 for Weight Loss Total Body Core Training Toxic Dump: What's in Food Training Mom	Home Study	1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Short Circuit: Group Training Edition Social Media Storytelling Soft Skills for Hard Bodies Stages: Power of Progression Strength Training For Longevity & Vitality Stress & Chronic Disease Stress and Inflammation Successful Business Strategies for Owners and Managers Sugar Shockers & Shakedown Tab-aqua Bootcamp Tab-aqua Bootcamp Tab-aqua Quickies Tabata Yoga Take IT Lying Down Targeting Hypertrophy The 7 Principles of Extraordinary The One Weight Workout: Kettlebell The Science of Myofascial Release Timing is Everything Tipping the Scales Top 10 for Weight Loss Total Body Core Training Toxic Dump: What's in Food Training Mom Training Older Clients With Osteoarthritis	Home Study	1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Short Circuit: Group Training Edition Social Media Storytelling Soft Skills for Hard Bodies Stages: Power of Progression Strength Training For Longevity & Vitality Stress & Chronic Disease Stress and Inflammation Successful Business Strategies for Owners and Managers Sugar Shockers & Shakedown Tab-aqua Bootcamp Tab-Aqua Quickies Tabata Yoga Take IT Lying Down Targeting Hypertrophy The 7 Principles of Extraordinary The One Weight Workout: Kettlebell The Science of Myndsacial Release Timing is Everything Tipping the Scales Top 10 for Weight Loss Total Body Core Training Toxic Dump: What's in Food Training Mom Training Older Clients With Osteoarthritis Trending Now: HilT With Active Recovery	Home Study	1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Short Circuit: Group Training Edition Social Media Storytelling Soft Skills for Hard Bodies Stages: Power of Progression Strength Training For Longevity & Vitality Stress & Chronic Disease Stress and Inflammation Successful Business Strategies for Owners and Managers Sugar Shockers & Shakedown Tab-aqua Bootcamp Tab-aqua Bootcamp Tab-aqua Quickies Tabata Yoga Take IT Lying Down Targeting Hypertrophy The 7 Principles of Extraordinary The One Weight Workout: Kettlebell The Science of Myofascial Release Timing is Everything Tipping the Scales Top 10 for Weight Loss Total Body Core Training Toxic Dump: What's in Food Training Mom Training Older Clients With Osteoarthritis Trending Now: HIIT With Active Recovery Tukong Cardio Combat Rickboxing	Home Study	1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Short Circuit: Group Training Edition Social Media Storytelling Soft Skills for Hard Bodies Stages: Power of Progression Strength Training For Longevity & Vitality Stress & Chronic Disease Stress and Inflammation Successful Business Strategies for Owners and Managers Sugar Shockers & Shakedown Tab-aqua Bootcamp Tab-aqua Bootcamp Tab-aqua Quickies Tabata Yoga Take IT Lying Down Targeting Hypertrophy The 7 Principles of Extraordinary The One Weight Workout: Kettlebell The Science of Myofascial Release Timing is Everything Tipping the Scales Top 10 for Weight Loss Total Body Core Training Toxic Dump: What's in Food Training Mom Training Older Clients With Osteoarthritis Trending Now: HIT With Active Recovery Tukong Cardio Combat Kickboxing VIII It	Home Study	1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Short Circuit: Group Training Edition Social Media Storytelling Soft Skills for Hard Bodies Stages: Power of Progression Strength Training For Longevity & Vitality Stress & Chronic Disease Stress and Inflammation Successful Business Strategies for Owners and Managers Sugar Shockers & Shakedown Tab-aqua Bootcamp Tab-Aqua Quickies Tabata Yoga Take IT Lying Down Targeting Hypertrophy The 7 Principles of Extraordinary The One Weight Workout: Kettlebell The Science of Myndsacial Release Timing is Everything Tipping the Scales Top 10 for Weight Loss Total Body Core Training Toxic Dump: What's in Food Training Mom Training Older Clients With Osteoarthritis Trending Now: HilT With Active Recovery Tukong Cardio Combat Kickboxing VIIT It Viryasa Flow - Feel the Resistance	Home Study	1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Short Circuit: Group Training Edition Social Media Storytelling Soft Skills for Hard Bodies Stages: Power of Progression Strength Training For Longevity & Vitality Stress & Chronic Disease Stress and Inflammation Successful Business Strategies for Owners and Managers Sugar Shockers & Shakedown Tab-aqua Bootcamp Tab-Aqua Quickies Tabata Yoga Take IT Lying Down Targeting Hypertrophy The 7 Principles of Extraordinary The One Weight Workout: Kettlebell The Science of Myofascial Release Timing is Everything Tipping the Scales Top 10 for Weight Loss Total Body Core Training Toxic Dump: What's in Food Training Older Cilents With Osteoarthritis Trending Now: HilT With Active Recovery Tukong Cardio Combat Kickboxing Viri t Vinyasa Flow - Feel the Resistance WATERIMMOTION® Certification	Home Study	1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Short Circuit: Group Training Edition Social Media Storytelling Soft Skills for Hard Bodies Stages: Power of Progression Strength Training For Longevity & Vitality Stress & Chronic Disease Stress and Inflammation Successful Business Strategies for Owners and Managers Sugar Shockers & Shakedown Tab-aqua Bootcamp Tab-Aqua Quickies Tabata Yoga Take IT Lying Down Targeting Hypertrophy The 7 Principles of Extraordinary The One Weight Workout: Kettlebell The Science of Myndsacial Release Timing is Everything Tipping the Scales Top 10 for Weight Loss Total Body Core Training Toxic Dump: What's in Food Training Mom Training Older Clients With Osteoarthritis Trending Now: HilT With Active Recovery Tukong Cardio Combat Kickboxing VIIT It Viryasa Flow - Feel the Resistance	Home Study	1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Short Circuit: Group Training Edition Social Media Storytelling Soft Skills for Hard Bodies Stages: Power of Progression Strength Training For Longevity & Vitality Stress & Chronic Disease Stress and Inflammation Successful Business Strategies for Owners and Managers Sugar Shockers & Shakedown Tab-aqua Bootcamp Tab-Aqua Quickies Tabata Yoga Take IT Lying Down Targeting Hypertrophy The 7 Principles of Extraordinary The One Weight Workout: Kettlebell The Science of Myofascial Release Timing is Everything Tipping the Scales Top 10 for Weight Loss Total Body Core Training Toxic Dump: What's in Food Training Older Cilents With Osteoarthritis Trending Now: HilT With Active Recovery Tukong Cardio Combat Kickboxing Viri t Vinyasa Flow - Feel the Resistance WATERIMMOTION® Certification	Home Study	1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Short Circuit: Group Training Edition Social Media Storytelling Soft Skills for Hard Bodies Stages: Power of Progression Strength Training For Longevity & Vitality Stress & Chronic Disease Stress and Inflammation Successful Business Strategies for Owners and Managers Sugar Shockers & Shakedown Tab-aqua Bootcamp Tab-aqua Bootcamp Tab-aqua Quickies Tabata Yoga Take IT Lying Down Targeting Hypertrophy The Principles of Extraordinary The One Weight Workout: Kettlebell The Science of Myofascial Release Timing is Everything Tipping the Scales Top 10 for Weight Loss Total Body Core Training Toxic Dump: What's in Food Training Mom Training Older Clients With Osteoarthritis Trending Now: HIIT With Active Recovery Tukong Cardio Combat Kickboxing VIII t Vinyasa Flow - Feel the Resistance WATERInMOTION® Certification Weight at the Barre	Home Study	1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Short Circuit: Group Training Edition Social Media Storytelling Soft Skills for Hard Bodies Stages: Power of Progression Strength Training For Longevity & Vitality Stress & Chronic Disease Stress and Inflammation Successful Business Strategies for Owners and Managers Sugar Shockers & Shakedown Tab-aqua Bootcamp Tab-Aqua Quickies Tabata Yoga Take IT Lying Down Targeting Hypertrophy The 7 Principles of Extraordinary The One Weight Workout: Kettlebell The Science of Myofascial Release Timing is Everything Tipping the Scales Top 10 for Weight Loss Total Body Core Training Toxic Dump: What's in Food Training Older Clients With Osteoarthritis Trending Now: Hill' With Active Recovery Tukong Cardio Combat Kickboxing VII' It Vinyasa Flow - Feel the Resistance WaterimMOTion** Certification Weight at the Barre Weight Loss Aquatic Style What's Really Making You Crazy?	Home Study	1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Short Circuit: Group Training Edition Social Media Storytelling Soft Skills for Hard Bodies Stages: Power of Progression Strength Training For Longevity & Vitality Stress & Chronic Disease Stress and Inflammation Successful Business Strategies for Owners and Managers Sugar Shockers & Shakedown Tab-aqua Bootcamp Tab-aqua Bootcamp Tab-aqua Quickies Tabata Yoga Take IT Lying Down Targeting hypertrophy The 7 Principles of Extraordinary The One Weight Workout: Kettlebell The Science of Myofascial Release Timing is Everything Tipping the Scales Top 10 for Weight Loss Total Body Core Training Toxic Dump: What's in Food Training Mom Training Mom Training Older Clients With Osteoarthritis Trending Now: HIIT With Active Recovery Tukong Cardio Combat Kickboxing VIIT It Vinyasa Flow - Feel the Resistance WATERINMOTION** Certification Weight at the Barre Weight Loss Aquatic Style What's Really Making You Crazy? Y3: Yin Yang Yoga	Home Study	1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Short Circuit: Group Training Edition Social Media Storytelling Soft Skills for Hard Bodies Stages: Power of Progression Strength Training For Longevity & Vitality Stress & Chronic Disease Stress and Inflammation Successful Business Strategies for Owners and Managers Sugar Shockers & Shakedown Tab-aqua Bootcamp Tab-aqua Quickies Tabata Yoga Take IT Lying Down Targeting Hypertrophy The 2 Principles of Extraordinary The One Weight Workout: Kettlebell The Science of Myofascial Release Timing is Everything Tipping the Scales Top 10 for Weight Loss Total Body Core Training Toxic Dump: What's in Food Training Mom Training Older Clients With Osteoarthritis Trending Now: HIT With Active Recovery Tukong Cardio Combat Kickboxing VIII It Vinyasa Flow - Feel the Resistance WATERIMADTION* Certification Weight at the Barre Weight Loss Aquatic Style What's Really Making You Crazy? Y3: Yin Yang Voga Yin Yoga: Less is More	Home Study	1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Short Circuit: Group Training Edition Social Media Storytelling Soft Skills for Hard Bodies Stages: Power of Progression Strength Training For Longevity & Vitality Stress & Chronic Disease Stress and Inflammation Successful Business Strategies for Owners and Managers Sugar Shockers & Shakedown Tab-aqua Bootcamp Tab-Aqua Quickies Tabata Yoga Take IT Lying Down Targeting Hypertrophy The 7 Principles of Extraordinary The One Weight Workout: Kettlebell The Science of Myofascial Release Timing is Everything Tipping the Scales Top 10 for Weight Loss Total Body Core Training Toxic Dump: What's in Food Training Older Clients With Osteoarthritis Trending Now: Hill' With Active Recovery Tukong Cardio Combat Kickboxing VII' It Vinyasa Flow - Feel the Resistance WaterimMOTion** Certification Weight at the Barre Weight Loss Aquatic Style What's Really Making You Crazy? Y3: Yin Yang Yoga Y1: Yin Yang Yoga Y1: Yin Yang Yoga Y1: Yin Sone	Home Study	1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Short Circuit: Group Training Edition Social Media Storytelling Soft Skills for Hard Bodies Stages: Power of Progression Strength Training For Longevity & Vitality Stress & Chronic Disease Stress and Inflammation Successful Business Strategies for Owners and Managers Sugar Shockers & Shakedown Tab-aqua Bootcamp Tab-aqua Bootcamp Tab-aqua Quickies Tabata Yoga Take IT Lying Down Targeting hypertrophy The 7 Principles of Extraordinary The One Weight Workout: Kettlebell The Science of Myofascial Release Timing is Everything Tipping the Scales Top 10 for Weight Loss Total Body Core Training Toxic Dump: What's in Food Training Mom Training Older Clients With Osteoarthritis Trending Now: HIIT With Active Recovery Tukong Cardio Combat Kickboxing VIIT It Vinyasa Flow - Feel the Resistance WATERINMOTION** Certification Weight at the Barre Weight Loss Aquatic Style What's Really Making You Crazy? Y3: Yin Yang Yoga Yin Yoga: Less is More Yoga for Seniors Yoga for the Young at Heart	Home Study	1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Short Circuit: Group Training Edition Social Media Storytelling Soft Skills for Hard Bodies Stages: Power of Progression Strength Training For Longevity & Vitality Stress & Chronic Disease Stress and Inflammation Successful Business Strategies for Owners and Managers Sugar Shockers & Shakedown Tab-aqua Bootcamp Tab-aqua Quickies Tabata Yoga Take IT Lying Down Targeting Hypertrophy The 7 Principles of Extraordinary The One Weight Workout: Kettlebell The Science of Myofascial Release Timing is Everything Tipping the Scales Top 10 for Weight Loss Total Body Core Training Toxic Dump: What's in Food Training Older Clients With Osteoarthritis Trending Now: HIIT with Active Recovery Tukong Cardio Combat Kickboxing VIIT It Vinyasa Flow - Feel the Resistance WATERINDOTION** Certification Weight at the Barre Weight Loss Aquatic Style What's Really Making You Crazy? Y3: Yin Yang Yoga Yin Yoga: Less is More Yoga for Stenlons Voga for the Young at Heart BREATHING TECHNIQUES / STRESS MANAGEMENT	Home Study	1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Short Circuit: Group Training Edition Social Media Storytelling Soft Skills for Hard Bodies Stages: Power of Progression Strength Training For Longevity & Vitality Stress & Chronic Disease Stress and Inflammation Successful Business Strategies for Owners and Managers Sugar Shockers & Shakedown Tab-aqua Bootcamp Tab-aqua Bootcamp Tab-aqua Quickies Tabata Yoga Take IT Lying Down Targeting hypertrophy The 7 Principles of Extraordinary The One Weight Workout: Kettlebell The Science of Myofascial Release Timing is Everything Tipping the Scales Top 10 for Weight Loss Total Body Core Training Toxic Dump: What's in Food Training Mom Training Older Clients With Osteoarthritis Trending Now: HIIT With Active Recovery Tukong Cardio Combat Kickboxing VIIT It Vinyasa Flow - Feel the Resistance WATERINMOTION** Certification Weight at the Barre Weight Loss Aquatic Style What's Really Making You Crazy? Y3: Yin Yang Yoga Yin Yoga: Less is More Yoga for Seniors Yoga for the Young at Heart	Home Study	1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Short Circuit: Group Training Edition Social Media Storytelling Soft Skills for Hard Bodies Stages: Power of Progression Strength Training For Longevity & Vitality Stress & Chronic Disease Stress and Inflammation Successful Business Strategies for Owners and Managers Sugar Shockers & Shakedown Tab-aqua Bootcamp Tab-aqua Quickies Tabata Yoga Take IT Lying Down Targeting Hypertrophy The 7 Principles of Extraordinary The One Weight Workout: Kettlebell The Science of Myofascial Release Timing is Everything Tipping the Scales Top 10 for Weight Loss Total Body Core Training Toxic Dump: What's in Food Training Older Clients With Osteoarthritis Trending Now: HIIT with Active Recovery Tukong Cardio Combat Kickboxing VIIT It Vinyasa Flow - Feel the Resistance WATERINDOTION** Certification Weight at the Barre Weight Loss Aquatic Style What's Really Making You Crazy? Y3: Yin Yang Yoga Yin Yoga: Less is More Yoga for Stenlons Voga for the Young at Heart BREATHING TECHNIQUES / STRESS MANAGEMENT	Home Study	1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com

SilverSneakers by Tivity Health (AFAA)	SilverSneakers BOOM MIND	Home Study	2.0	12/31/20
SilverSneakers by Tivity Health (AFAA)	SilverSneakers BOOM MOVE	Home Study	2.0	12/31/20
SilverSneakers by Tivity Health (AFAA)	SilverSneakers BOOM MUSCLE	Home Study	2.0	12/31/20
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Circuit	Home Study	2.0	12/31/20
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Classic	Home Study	2.0	12/31/20
SilverSneakers by Tivity Health (AFAA)	SilverSneakers EnerChi	Home Study	4.0	12/31/20 www.silversneakers.com
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Fall Prevention Education Series	Home Study	2.0	12/31/20 www.silversneakers.com
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Foundations	Home Study	5.0	12/31/20
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Nutrition for Optimal Aging	Home Study	2.0	12/31/20 www.silversneakers.com
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Splash	Home Study	2.0	12/31/20
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Stability	Home Study	2.0	12/31/20
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Strength Progressions for Group Exercise	Home Study	2.0	12/31/20 www.silversneakers.com
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Stress Management Education Series	Home Study	4.0	12/31/20 www.silversneakers.com
SilverSneakers by Tivity Health (AFAA)	SilverSneakers YOGA		2.0	12/31/20
		Home Study		
Soft Stretch Release Techniques (AFAA)	Soft Stretch Release Techniques (Lower Body)	Workshop/Seminar	14.0	12/31/20 SRTtherapy.com
Soft Stretch Release Techniques (AFAA)	Soft Stretch Release Techniques (Upper Body)	Workshop/Seminar	14.0	12/31/20 SRTtherapy.com
SPIDERfit Kids (AFAA)	Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy	Workshop/Seminar	7.0	12/31/20 www.powerfulplaycourse.com
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Spin City Instructor Training (AFAA)	Foundation Aerial Silks Instructor Training	Home Study	15.0	12/31/20 www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Grounded Hoop Instructor Course	Home Study	8.0	12/31/20 www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Social Media for Pole and Aerial Instructors	Home Study	8.0	12/31/20 www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Advanced Aerial Hoop Instructor (online)	Home Study	15.0	12/31/20 www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Advanced Pole Fitness Instructor (online)	Home Study	15.0	12/31/20 www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Anatomy and Physiology Foundations (online)	Home Study	15.0	12/31/20 www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Beginners Aerial Hoop Instructor (online)	Home Study	15.0	12/31/20 www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Beginners Aerial Sling Instructor (online)	Home Study	15.0	12/31/20 www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Beginners Pole Fitness Instructor (online)	Home Study	15.0	12/31/20 www.spincityinstructortraining.com
		Home Study	15.0	
Spin City Instructor Training (AFAA)	Spin City Intermediate Aerial Hoop Instructor (online)			12/31/20 www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Intermediate Aerial Sling Instructor (online)	Home Study	15.0	12/31/20 www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Intermediate Pole Fitness Instructor (online)	Home Study	15.0	12/31/20 www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Pole Fabric Instructor (online)	Home Study	15.0	12/31/20 www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Stretching and Flexibility for Pole and Aerial (online)	Home Study	15.0	12/31/20 www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Strength And Conditioning For Pole And Aerial Instructors	Home Study	10.0	12/31/20 www.spincityinstructortraining.com
START Fitness/Fit to Fight (AFAA)	WaterRower Crew Coach Certification Course	Workshop/Seminar	8.0	12/31/20 www.startfitness.com
Stephanie McCall (AFAA)	CARDIO BURN!	Workshop/Seminar	3.0	12/31/20 stephaniemccallfitness.com
Stephanie McCall (AFAA)	STILL STRONG!	Workshop/Seminar	3.0	12/31/20 stephaniemccallfitness.com
StickMobility (AFAA)	Stick Mobility Level 1	Workshop/Seminar	13.0	12/31/20 https://stickmobility.com/certification/
7.				
Stretch to Win Institute (AFAA)	Level 1 (FST) Fascial Stretch Therapy	Workshop/Seminar	15.0	12/31/20 www.stretchtowin.com
StretchSource (AFAA)	StretchSource Trainer - Level 1	Workshop/Seminar	15.0	12/31/20 www.stretchsourcetraining.com/services
Strong Education (AFAA)	Special Strong Group Trainer Certification	Home Study	14.0	12/31/20 www.certifystrong.com
Strong Education (AFAA)	Special Strong Trainer Certification Level 1	Home Study	14.0	12/31/20 www.certifystrong.com
Strong Education (AFAA)	Special Strong Trainer Certification Level 2	Home Study	14.0	12/31/20 www.certifystrong.com
SweatBox (AFAA)	SweatBoss Training	Workshop/Seminar	15.0	12/31/20 https://sweatboxdc.com
				
Team Alloy (AFAA)	Alloy: Personal Training Programming Certification	Workshop/Seminar	8.0	12/31/20 www.teamalloy.com
Temple Human Performance (AFAA)	Movement Science & Neuromuscular Re-Education (Level 1-Mobility)	Workshop/Seminar	8.0	12/31/20 www.templehp.com
Temple Human Performance (AFAA)	Movement Science & Neuromuscular Re-Education (Level 1-Stability)	Workshop/Seminar	8.0	12/31/20 www.templehp.com
Terra-Core Fitness (AFAA)	Terra Core Training	Workshop/Seminar	6.0	12/31/20 www.terracorefitness.com
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The Academy Of Sport Speed and Agility (AFAA)	Maximising Running Performance 2 Day Course	Workshop/Seminar	14.0	12/31/20 academyofsportspeed.com
,		Workshop/Seminar		12/31/20 https://www.thebannistermethod.com
The Bannister Method (AFAA)	Enhance Your Teaching Skills		9.0	
The Bannister Method (AFAA)	<u>`</u>			
The Bannister Method (AFAA) The Bannister Method (AFAA)	Hands on Stretching	Workshop/Seminar	9.0	12/31/20 https://www.thebannistermethod.com
The Bannister Method (AFAA) The Bannister Method (AFAA) The Bannister Method (AFAA)	<u>`</u>			12/31/20 https://www.thebannistermethod.com 12/31/20 https://www.thebannistermethod.com
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XPERT Pole & Aerial Fitness (AFAA)	XPERT Children's Pole & Aerial Teacher Training		15.0	12/31/20 www.xpertpolefitness.com
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Yoga International (AFAA)	Yoga Anatomy Training	Workshop/Seminar	15.0	12/31/20 yogainternational.com/ecourse/yoga-anatomy
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ZPLUS (AFAA)	ZPLUS EMS CORRECTIVE EXERCISE AND ASSESSMENT LEVEL 1	Workshop/Seminar	15.0	12/31/20
ZPLUS (AFAA)	ZPLUS EMS CORRECTIVE EXERCISE AND ASSESSMENT LEVEL 2	Workshop/Seminar	15.0	12/31/20
ZUMBA (AFAA)	Aqua Zumba Instructor Training	Workshop/Seminar	8.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	Cue Like A Pro ELearning	Home Study	3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	Fighting Elements ELearning	Home Study	3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	STRONG by Zumba	Workshop/Seminar	8.0	12/31/20 http://www.zumba.com
ZUMBA (AFAA)	STRONG by Zumba E-Learning	Home Study	4.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	SYNC LAB SESSION - APRIL 2020	Workshop/Seminar	3.0	12/31/20 www.strongbyzumba.com
ZUMBA (AFAA)	SYNC LAB SESSION - FEBRUARY 2020	Workshop/Seminar	3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	SYNC LAB SESSION - JANUARY 2020	Workshop/Seminar	3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	SYNC LAB SESSION - MARCH 2020	Workshop/Seminar	3.0	12/31/20 umba.com
ZUMBA (AFAA)	ZIN ACADEMY NEW YORK 2020	Conference	5.0	12/31/20 https://newyork.zumba.academy/
ZUMBA (AFAA)	ZIN ACADEMY UK 2020	Conference	5.0	12/31/20 zumba.com
ZUMBA (AFAA)	ZIN™ JAM SESSIONS - APRIL 2020	Workshop/Seminar	3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	ZIN™ JAM SESSIONS - FEBRUARY 2020	Workshop/Seminar	3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	ZIN™ JAM SESSIONS - JANUARY 2020	Workshop/Seminar	3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	ZIN™ JAM SESSIONS - MARCH 2020	Workshop/Seminar	3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	Zumba Basic 1 Instructor Training	Workshop/Seminar	8.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	Zumba Gold Instructor Training	Workshop/Seminar	8.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	ZUMBA INSTRUCTOR LICENSING PROGRAM/BASIC STEPS 1		10.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	Zumba Jump Start Gold Instructor Training	Workshop/Seminar	10.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	Zumba Jump Start Zumba-Kids & Kids Jr. Instructor		10.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	Zumba Kids + Kids JR. Instructor Training	Workshop/Seminar	8.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	Zumba ProSkills Instructor Training	Workshop/Seminar	8.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	Zumba Rhythms 2	Workshop/Seminar	8.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	ZUMBA RHYTHMS 3	Workshop/Seminar	8.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	Zumba Step Instructor Training	Workshop/Seminar	8.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	Zumba Toning Instructor Training	Workshop/Seminar	8.0	12/31/20 www.zumba.com
Zumbini LLC (AFAA)	Zumbini Instructor Training Course		15.0	12/31/20
Lamon Lee (a.r.)	Lamon madactor raming coarse	**Or NonOp/Definition	15.5	11/31/20