

AFAA PREFERRED PROVIDER PROGRAM

Provider	Title	Course Type CEUs Expires On Registration URL
solidcore] (AFAA)	[solidcore] Coach Training	Workshop/Seminar 15.0 12/31/2018 solidcore.co
A Health & Performance Sciences (AFAA)	Real Recovery Workshop	Workshop/Seminar 7.0 12/31/2018 www.4AHPS.com/events
Round Franchising LLC (AFAA)	9Round Kickboxology	Workshop/Seminar 5.0 12/31/2018
AAI/ISMA (AFAA)	2018 AAAI/ISMA Colorado Springs Conference	Conference 15.0 12/31/2018 aaai-ismafitness.com
AAI/ISMA (AFAA)	Agua Phase 2 Certification	Workshop/Seminar 6.0 12/31/2018 www.aai-ismafitness.com
AAI/ISMA (AFAA)	Cross H.I.I.T Tabata	Workshop/Seminar 6.0 12/31/2018 aaai-ismafitness.com
AAI/ISMA (AFAA)	Cycling Certification	Workshop/seminar 6.0 L2/31/2018 www.aaai-imanitess.com
AAI/ISMA (AFAA)		
	Holistic Health Consultant	
AAI/ISMA (AFAA)	Kickboxing Phase 1 Certification	Workshop/Seminar 5.0 12/31/2018 www.aaai-ismafitness.com
AAI/ISMA (AFAA)	Mat Pilates Instructor Certification	Workshop/Seminar 6.0 12/31/2018 www.aaai-ismafitness.com
AAI/ISMA (AFAA)	Mat Pilates Phase 3 Certification	Workshop/Seminar 6.0 12/31/2018 www.aaai-ismafitness.com
AAI/ISMA (AFAA)	Older Adult Certification	Workshop/Seminar 6.0 12/31/2018 www.aaai-ismafitness.com
AAI/ISMA (AFAA)	Personal Fitness Phase 2	Workshop/Seminar 6.0 12/31/2018 www.aaai-ismafitness.com
AAI/ISMA (AFAA)	Personal Fitness Trainer Certification	Workshop/Seminar 7.0 12/31/2018 www.aaai-ismafitness.com
AAI/ISMA (AFAA)	Phase 1 Aqua Instructor Certification	Workshop/Seminar 6.0 12/31/2018 www.aaai-ismafitness.com
AAI/ISMA (AFAA)	Phase 2 Yoga Instructor Certification	Workshop/Seminar 6.0 12/31/2018 www.aaai-ismafitness.com
AAI/ISMA (AFAA)	Phase 3 Personal Fitness	Workshop/Seminar 6.0 12/31/2018 aaai-ismafitness.com
AAI/ISMA (AFAA)	Phase 3 Yoga Instructor	Workshop/Seminar 6.0 12/31/2018 aaai-ismafitness.com
AAI/ISMA (AFAA)	Primary Aerobic Certification	Workshop/Seminar 7.0 12/31/2018 www.aaai-ismafitness.com
AAI/ISMA (AFAA)	Small Group Fitness Training	Workshop/Seminar 7.0 12/31/2018 www.aaai-ismafitness.com
AAI/ISMA (AFAA)	Sports Nutrition Certificate	Workshop/Seminar 7.0 12/31/2018 www.aaai-ismafitness.com
AAI/ISMA (AFAA)	Step Aerobics Certification	Workshop/Seminar 7.0 12/31/2018 www.aaai-ismafitness.com
AAI/ISMA (AFAA)	Strength Weight Training Certification	Workshop/Seminar 7.0 12/31/2018 www.aai-ismafitness.com
AAI/ISMA (AFAA)	Stress Reduction, Relaxation & Meditation	Workshop/Seminar 6.0 L2/31/2018 www.aaai-maniferes.com
AAI/ISMA (AFAA)	T'AI CHI Instructor Certification	Workshop/Seminar 6.0 12/31/2018 www.aaai-ismafitness.com
AAI/ISMA (AFAA)	Total Body Strength Training Certification	Workshop/Seminar 6.0 12/31/2018 www.aaai-ismafitness.com
AAI/ISMA (AFAA) AAI/ISMA (AFAA)	Yoga Phase 1 Certification	Workshop/Seminar 8.0 12/31/2018 www.aaai-ismafitness.com
aron L Mattes (AFAA)	Active Isolated Stretching	Workshop/Seminar 15.0 12/31/2018 www.stretchingusa.com
ademy of Holistic Fitness (AFAA)	Enlighten Your Body	Home Study 15.0 12/31/2018 http://academyofholisticfitness.com/yoga-fitness-certification-courses/enlighten+your+body+
ademy of Holistic Fitness (AFAA)	Holistic Fitness	Home Study 15.0 12/31/2018 www.academyofholisticfitness.com
ademy of Holistic Fitness (AFAA)	Mind-Body Fitness for Personal Trainers	Home Study 15.0 12/31/2018 www.academyofholisticfitness.com
ademy of Holistic Fitness (AFAA)	Practical Yoga for Personal Trainers	Home Study 15.0 12/31/2018 www.academyofholisticfitness.com
ademy of Holistic Fitness (AFAA)	Pro-active Postural Restructuring	Home Study 15.0 12/31/2018 www.academyofholisticfitness.com
cademy of Holistic Fitness (AFAA)	Yoga Teacher Training	Home Study 15.0 12/31/2018 www.academyofholisticfitness.com
chieve Wellness - Master Trainer's Academy (AFAA)	Foundations of Corrective Exercise	Workshop/Seminar 8.0 12/31/2018 www.mastertrainersacademy.com
CM 360 PRO (AFAA)	Certified Exercise Therapy Specialist I	Home Study 11.0 12/31/2018 www.ACM360PRO.com
ctivMotion Bar (AFAA)	ActivMotion Training	Workshop/Seminar 8.0 12/31/2018 www.activmotionbar.com
EA - Aquatic Exercise Association (AFAA)	AEA Arthritis: Lesson Planning Tips & Tools	Workshop/semina 0.2 L2/31/2018 WWw.acaawave.com/
A - Aquatic Exercise Association (AFAA)	AEA Arthritis: Motivating Your Participants	Workshop/seminar 0.2 12/31/2016 http://www.aeawave.com/
EA - Aquatic Exercise Association (AFAA)	AEA Arthritis: Teaching Platforms	······································
EA - Aquatic Exercise Association (AFAA)	AFP PRACTICAL & SKILL APPLICATIONS COURSE	Workshop/Seminar 7.0 12/31/2018 http://www.aeawave.com/
EA - Aquatic Exercise Association (AFAA)	AFP PRACTICAL & SKILL APPLICATIONS Workshop	Workshop/Seminar 0.7 12/31/2018
EA - Aquatic Exercise Association (AFAA)	AQUABATA SHALLOW	Workshop/Seminar 3.0 12/31/2018 http://www.aeawave.com/
EA - Aquatic Exercise Association (AFAA)	AQUATIC CARDIO PROGRAMS	Workshop/Seminar 3.0 12/31/2018 http://www.aeawave.com/
A - Aquatic Exercise Association (AFAA)	AQUATIC CIRCUIT APPS 2	Workshop/Seminar 3.0 12/31/2018 http://www.aeawave.com/
A - Aquatic Exercise Association (AFAA)	AQUATIC INTERVAL APPS	Workshop/Seminar 3.0 12/31/2018 http://www.aeawave.com/
A - Aquatic Exercise Association (AFAA)	AQUATIC KICK BOXING	Workshop/Seminar 3.0 12/31/2018 http://www.aeawave.com/
A - Aquatic Exercise Association (AFAA)	AQUATIC RESISTANCE FORMATS	Workshop/Seminar 3.0 12/31/2018 http://www.aeawave.com/
A - Aquatic Exercise Association (AFAA)	ARTHRITIS FOUNDATION PROGRAM LEADER TRAINING (ONLINE)	Home Study 15.0 12/31/2018 http://www.aeawave.com/
A - Aquatic Exercise Association (AFAA)	ARTHRITIS PROGRAM LEADER DEVELOPMENT & PRACTICE (WORKSHOP)	Workshop/Seminar 6.0 12/31/2018 http://www.aeawave.com/
A - Aquatic Exercise Association (AFAA)	BOOT CAMP DEEP	Workshop/seminar 3.0 L2/31/2018 http://www.acawave.com/
A - Aquatic Exercise Association (AFAA)	BOOT CAMP BEEP BOOT CAMP SHALLOW	Workshop/Seminar 3.0 12/31/2018 http://www.aeawave.com/
A - Aquatic Exercise Association (AFAA)	CORE TRAINING + STRETCH TECHNIQUES	
A - Aquatic Exercise Association (AFAA)	DEEPER APPLICATIONS 2	Workshop/Seminar 3.0 12/31/2018 http://www.aeawave.com/
A - Aquatic Exercise Association (AFAA)	H2O BODY SCULPTING & RESISTANCE TRAINING	Workshop/Seminar 3.0 12/31/2018 http://www.aeawave.com/
A - Aquatic Exercise Association (AFAA)	NEXT LEVEL NOODLE	Workshop/Seminar 3.0 12/31/2018 http://www.aeawave.com/
A - Aquatic Exercise Association (AFAA)	RATED M FOR MATURE	Workshop/Seminar 3.0 12/31/2018 http://www.aeawave.com/
A - Aquatic Exercise Association (AFAA)	UPPER BODY, CORE & MORE	Workshop/Seminar 3.0 12/31/2018 http://www.aeawave.com/
A - Aquatic Exercise Association (AFAA)	What's New in Arthritis?	Workshop/Seminar 0.3 12/31/2018 http://www.aeawave.com/
Real Yoga (AFAA)	50 Hour AlReal Yoga Certificate	Workshop/Seminar 15.0 12/31/2018
T in Motion (AFAA)	AKT HAPPY HOUR CERTIFICATION	Workshop/Seminar 15.0 12/31/2018 www.aktinmotion.com
	Exercise for overweight and obesity: Bridging theory and practice	Workshop/Seminar 12.0 12/31/2018 www.fitproworkshops.com
exis Batrakoulis (AFAA)		Home Study 13.0 12/31/2018 http://www.ashcompanies.com
	Silver&Fit Signature Series Classes® Distance Learning Instructor Training Course	
nerican Specialty Health (ASH)/Silver & Fit (AFAA)	Silver&Fit Signature Series Classes® Distance Learning Instructor Training Course	Workshon/Seminar 6.0 12/31/2018 www.antigravityfitness.com
nerican Specialty Health (ASH)/Silver & Fit (AFAA) ntiGravity® Fitness (AFAA)	AntiGravity [®] 1on1: D-kink	Workshop/Seminar 6.0 12/31/2018 www.antigravityfitness.com
nerican Specialty Health (ASH)/Silver & Fit (AFAA) tiGravity® Fitness (AFAA) tiGravity® Fitness (AFAA)	AntiGravity* 1on1: D-kink AntiGravity* Aerial Yoga 1	Workshop/Seminar 15.0 12/31/2018 www.antigravityfitness.com
nerican Specialty Health (ASH)/Silver & Fit (AFAA) tiGravity® Fitness (AFAA) tiGravity® Fitness (AFAA) tiGravity® Fitness (AFAA)	AntiGravity* 10n1: D-kink AntiGravity* Aerial Yoga 1 AntiGravity* Aerial Yoga 2	Workshop/Seminar 15.0 12/31/2018 www.antigravityfitness.com Workshop/Seminar 15.0 12/31/2018 www.antigravityfitness.com
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AntiGravity[®] Fitness (AFAA) Anytime Fitness Corporate Office (AFAA) Applied Yoga Integration (AFAA) AquaBodyStrong (AFAA) AquaPhysical (AFAA) Aquatic Connections (AFAA) Aquatic Connections (AFAA) Asana Charlestown (AFAA) Associação FITSalvador (AFAA) Association of Fitness Studios (AFAA) Athletic Performance Education Company (APEC) (AFAA) Australian Strength Performance (AFAA) Australian Strength Performance (AFAA) Australian Strength Performance (AFAA) Autism Fitness (Theraplay-NY, LLC) (AFAA) Axle Workout INC (AFAA) Axle Workout INC (AFAA) Axle Workout INC (AFAA) Bagel Fit by Ashley Bishop (AFAA) Balanced Body (AFAA) Balanced Habits (AFAA) Barre by Jessica Diaz (AFAA) Barre Certification (IBBFA) (AFAA) Barre Certification (IBBFA) (AFAA) Barre Intensity LLC (AFAA) Barre Intensity LLC (AFAA) Barre Intensity LLC (AFAA) Barre Intensity LLC (AFAA) Barrenone Institute (AFAA) Barrenone Institute (AFAA) Beachbody, LLC (AFAA) Beachbody, LLC (AFAA)

AntiGravity® Suspension Fitness 2	Workshop/Seminar	15.0	12/31/2018 www.antigravityfitness.com
AF Live Implementation	Workshop/Seminar	7.0	12/31/2018 www.anytimefitness.com
Anytime Fitness Consumer Week Training	Workshop/Seminar	15.0	12/31/2018 www.anytimefitness.com
Anytime Fitness Live Programming, powered by Alloy	Workshop/Seminar	7.0	12/31/2018 www.anytimefitness.com
Anytime Fitness NFT Operations Week	Workshop/Seminar	15.0	12/31/2018 www.anytimefitness.com
Anytime Fitness Trainer Basics	Workshop/Seminar	3.0	12/31/2018 www.anytimefitness.com
PLEASE with the FC	Workshop/Seminar	2.0	12/31/2018 www.anytimefitness.com
Vitals 2018	Conference	15.0	12/31/2018 www.anytimentiless.com
Applied Yoga Integration	Workshop/Seminar	15.0	12/31/2018 www.appliedyogaintegration.com
AquaBodyStrong Level 1 Yoga Fusion	Workshop/Seminar	8.0	12/31/2018 https://www.aquastrong.com
FloatFit	Home Study	8.0	12/31/2018 www.aquaphysical.com
Back to Basics	Workshop/Seminar	3.0	12/31/2018
Land-2-H2O	Workshop/Seminar	4.0	12/31/2018
Asana Barre Teacher Training	Workshop/Seminar	15.0	12/31/2018 www.asanacharlestown.com
HIRT® L-1: Scientifical Basis and Practical Application	Workshop/Seminar	8.0	12/31/2018 www.HIRT.pt
Building an Organizational Culture, Leadership Skills and Putting Together a Great Team	Home Study	3.0	12/31/2018
Business Planning, Accounting and Finance for Fitness Entrepreneurs	Home Study	2.0	12/31/2018 www.afsfitness.com
Creating Operational Standards, Systems, and Success Plans for Your Fitness Business	Home Study	3.0	12/31/2018 www.afsfitness.com
Delivering the Client Experience	Home Study	3.0	12/31/2018 www.afsfitness.com
Fostering a Safe & Ethical Business Environment	Home Study	2.0	12/31/2018 www.afsfitness.com
Starting Your Own Business - What it Takes to Launch a Successful Studio/Gym	Home Study	4.0	12/31/2018 www.afsfitness.com
The Essentials of Sales, Marketing and Branding	Home Study	4.0	12/31/2018 www.afsfitness.com
National Accreditation in Strength and Conditioning (NASC)	Workshop/Seminar	15.0	12/31/2018 www.APECOURSES.com
Fat Loss Specialization	Workshop/Seminar	11.0	12/31/2018
Hypertrophy Level 1	Workshop/Seminar	11.0	12/31/2018
Physique Transformation Level 1	Workshop/Seminar	7.0	12/31/2018
Autism Fitness Level I Certification	Workshop/Seminar	14.0	12/31/2018 www.autismfitness.com
The Axle Workout: Core Certification	Workshop/Seminar	8.0	12/31/2018
The Axle Workout: Full Body Certification	Workshop/Seminar	8.0	12/31/2018
The Axle Workout: Loaded Certification	Workshop/Seminar	8.0	12/31/2018
All Hands On Deck	Workshop/Seminar	3.0	12/31/2018 www.bagelfit.com
All Hands on Deck: Intro to Aqua	Workshop/Seminar	3.0	12/31/2018
splAsh: Aqua Allegro	Workshop/Seminar	3.0	12/31/2018 www.bagelfit.com
SplAsh: Cardio Combos	Workshop/Seminar	3.0	12/31/2018 www.bagelfit.com
splAsh: Dynamically Rhythmic	Workshop/Seminar	3.0	12/31/2018 www.bagelfit.com
splAsh: Toning	Workshop/Seminar	3.0	12/31/2018 www.bagelfit.com
Anatomy in Three Dimensions Instructor Training	Workshop/Seminar	15.0	12/31/2018 pilates.com
Balanced Body Barre Instructor Training, Comprehensive	Workshop/Seminar	15.0	12/31/2018 pilates.com
Balanced Body Barre Instructor Training, Fundamentals	Workshop/Seminar	8.0	12/31/2018 pilates.com
Balanced Body Movement Principles	Workshop/Seminar	15.0	12/31/2018 pilates.com
Bodhi Suspension System [®] Instructor Training, Comprehensive	Workshop/Seminar	15.0	12/31/2018 pilates.com
Bodhi Suspension System [®] Instructor Training, Fundamentals	Workshop/Seminar	8.0	12/31/2018 pilates.com
Chair and Barrels Module	Workshop/Seminar	15.0	12/31/2018 pilates.com
CoreAlign® Instructor Training 1: Foundations	Workshop/Seminar	15.0	12/31/2018 pilates.com
	Workshop/Seminar	15.0	12/31/2018 pilates.com
CoreAlign® Instructor Training 2: Progressions			
EXO Chair Training	Workshop/Seminar	12.0	12/31/2018 pilates.com
EXO Chair Training Mat 1 and 2 Instructor Training	Workshop/Seminar	15.0	12/31/2018 pilates.com 12/31/2018 pilates.com
EXO Chair Training			12/31/2018 pilates.com
EXO Chair Training Mat 1 and 2 Instructor Training	Workshop/Seminar	15.0	12/31/2018 pilates.com 12/31/2018 pilates.com
EXO Chair Training Mat 1 and 2 Instructor Training Mat 1 and Movement Principles Instructor Training	Workshop/Seminar Workshop/Seminar	15.0 15.0	12/31/2018 pilates.com 12/31/2018 pilates.com 12/31/2018 pilates.com
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EXO Chair Training Mat 1 and 2 Instructor Training Mat 1 and Movement Principles Instructor Training Mat 2 Instructor Training Mat 3: Enhanced Pilates Mat & Props MOTR [™] Instructor Training, Comprehensive MOTR [™] Instructor Training, Fundamentals Orbit Training Pilates Arc Pilates Arc Pilates Arc with Reformer Pilates Arc with Reformer Pilates Chair Instructor Training Pilates Onar Unstructor Training Pilates on Tour London - London 2018 Pilates On Tour Phoenix - Phoenix 2018	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Conference Conference	15.0 15.0 15.0 15.0 6.0 4.0 6.0 6.0 14.0 15.0 15.0	12/31/2018 pilates.com 12/31/2018 pilates.com
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Beachbody, LLC (AFAA)

CORE DE FORCE Instructor Training CORE DE FORCE LIVE Instructor Training COUNTRY HEAT Instructor Training COUNTRY HEAT LIVE Instructor Training INSANITY Instructor Training INSANITY LIVE Instructor Training P90X Instructor Training P90X LIVE Instructor Training PiYo Instructor Training PiYo LIVE Instructor Training TURBO KICK Instructor Training TURBO KICK LIVE Instructor Training BeatBoss Indoor Biking BELEDI Basic & Fusion 1 Functional Flexibility and Fascia Fitness Functional Reformer level 1 TueBar[®] Fitness Release Series - December 2017 Release Series - February 2018 Release Series - January 2018 Release Series - March 2018 BloomFit Body Positivity Training BloomFit Training Body Positive Fitness Workshop 2 Figure 8 Basic Instructor One Day Training Workshop barreless BootyBarre PLUS BootyBarre plus Flex & Flow 101 WAYS TO BOSU® 3D XTREME[™] powered by BOSU® BOSU 3D XTREME: Creative Circuit Solutions BOSU Mobility & Stability For Active Aging BOSU® COMPLETE WORKOUT SYSTEM CERTIFICATION BOSU® Skills and Drills for Group Personal Training Certification BOSU® Up, Down, All Around BOSU® COMPLETE WORKOUT SYSTEM INTRO BOSU® DOUBLE UP DOUBLE DOWN BOSU® HIIT EXTREME BOSU® STRONG + STRETCHED BOSU®: Stability Ball Overhaul Fluid Fusion Powered by Hedstrom Fitness Surge Pyramid Power BOUNCE DANCE FIT Box N' Burn Academy Level 1 Certification HIRT L1 Course HIRT L2 Course HIRT L3 Course S.R.E. (Safe Return to Exercise) THUMP Boxing L1+2 Instructor Course The Ball Skills Playbook A Balanced Life Adductors Advancements in Exercise Selection Advancements in Exercise Selection 2: A Case Study Approach to Corrective Exercise Advancements in Program Design Ankle Joint **Biceps Femoris** Coracobrachialis Core Subsystems Deep Cervical Flexor Activation Deep Neck Elexors Deltoids Does Movement Impairment Precede Knee Pain and Injury? Frector Spinae Extensor Hallucis Longus (EHL) & Extensor Digitorum Longus (EDL) (and Fibularis Tertius (FT) Flexor Hallucis Longus and Flexor Digitorum Longus Functional Anatomy 1 & 2 Functional Anatomy 1: Introduction Functional Anatomy 2: Muscular Function and Upper Body Muscles Functional Anatomy 3: Lower Body and Core Muscles Gluteus Maximus Gluteus Maximus Activation Gluteus Medius Activation Hip External Rotator: Release and Lengthening Hip Flexor: Release and Lengthening Hip Internal Rotator: Release and Lengthening Hip Joint Infraspinatus and Teres Minor Knee Joint Latissimus Dorsi

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Overhead Squat Assessment (Part 1): Signs of Dysfunction	Home Study	2.0	12/31/2018 brentbrookbush.com/online-courses/
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BDY Barre Certification	Workshop/Seminar	11.0	12/31/2018
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Fluid Strength	Workshop/Seminar	4.0	12/31/2018 bruceandmindy.com
Gliding Total Body	Workshop/Seminar	4.0	12/31/2018 bruceandmindy.com
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BUTI Yoga Certification Program	Workshop/Seminar	15.0	12/31/2018 butiyoga.com
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Scientific Back Training 2nd Edition Correspondence Course	Home Study		
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Core Pilates NYC 's® Equipment Training Series: Tower/Cadillad The Beginner Mat Training Course The Intermediate Mat Training Course Yoga Sculpt Teacher Training 360-3X ABSOLUTION BADASS BOOTCAMP BALLAST BALL PILATES BALLAST BALL WORKOUT BARRE ASSETS BARRE BOOTCAMP BELLY BUTT & THIGHS BOOTCAMP BODYWEB WITH TRX BOING WITH KANGOO BOSU BODY BOSU BOOTCAMP CARDIO SCULPT CARDIO TAI BOX CHISEL CRUNCH CLASSIC TRAINING CRUNCH RIDE OF YOUR LIFE ENGINE FAT BURNING PILATES FIT TO FIGHT HIIT WORKOUT INDOBOARDING IRON MAT JUMP START LOOPED IN OVERDRIVE POLE DANCING POWER BALL RETRO ROBICS RIPPED DRIVE RIPPED YOGA SHREDDED SPIDERWEB WITH TRX STILETTO STRENGTH STILLETO STRENGTH 3 STRENGTH & HEELS STRIP BAR TREAD BOOTCAMP TREAD-N-SHRED VIDEOGRAPHY XPERT POLE FITNESS LEVEL .5 XPERT POLE FITNESS LEVEL 3/4 YOGA BODY SCULPT 360-3X ABSOLUTION BARRE ASSETS BARRE BOOTCAMP BELLY BUTT & THIGHS BOOTCAMP BODYWEB WITH TRX BOSU BODY BOSU BOOTCAMP CARDIO SCULPT CARDIO TAI BOX CHISEL Fat Burning Pilates IRON MAT OVERDRIVE RETRO ROBICS STILETTO STRENGTH Tread Bootcamp TREAD-N-SHRED TRX-X2 Videography Yoga Body Sculpt CTMAXX Level 1 Essentials Indoor Cycling Instructor Workshop Official KpopX[®] Fitness Instructor BabyGET! Instructor course GET! Gymball Evo Training® Flexibility Coach Locomotive Power Shoulder Dysfunction ACONDICIONAMIENTO FISICO ACONDICIONAMIENTO FISICO PARA LA ORESIDAD ASESOR NUTRIOLOGO EN FITNESS CROSS TRAINING

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6.0 12/31/2018 http://www.desireefitness.com Workshop/Seminar 7.0 12/31/2018 www.desireefitness.com 7.0 12/31/2018 www.desireefitness.com 6.0 12/31/2018 http://www.desireefitness.com 7.0 12/31/2018 http://www.desireefitness.com Workshop/Seminar 5.0 12/31/2018 http://www.desireefitness.com 4.0 12/31/2018 http://www.desireefitness.com Workshop/Seminar 3.0 12/31/2018 http://www.desireefitness.com 5.0 12/31/2018 http://www.desireefitness.com Workshop/Seminar 5.0 12/31/2018 http://www.desireefitness.com 5.0 12/31/2018 http://www.desireefitness.com 1.0 12/31/2018 12/31/2018 4.0 16.0 12/31/2018 www.dotfit.com 15.0 12/31/2018 drsearswellnessinstitute.org 15.0 12/31/2018 drsearswellnessinstitute.org 15.0 12/31/2018 drsearswellnessinstitute.org 8.0 12/31/2018 http://dragondoor.com 11.0 12/31/2018 www.dragondoor.com 11.0 12/31/2018 www.dragondoor.com 6.0 12/31/2018 www.drumbafitness.com 15.0 12/31/2018 www.humankinetics.com/continuing-education 12/31/2018 www.humankinetics.com/continuing-education 15.0 15.0 12/31/2018 www.humankinetics.com/continuing-education 6.0 12/31/2018 www.humankinetics.com/certifying-organizations 15.0 12/31/2018 www.humankinetics.com/continuing-education 15.0 12/31/2018 www.humankinetics.com/continuing-education 15.0 12/31/2018 www.humankinetics.com/continuing-education 15.0 12/31/2018 www.humankinetics.com/continuing-education 13.0 12/31/2018 www.humankinetics.com/continuing-education 7.0 12/31/2018 www.humankinetics.com/continuing-education 12/31/2018 www.humankinetics.com/continuing-education 15.0 12/31/2018 www.humankinetics.com/continuing-education 15.0 15.0 12/31/2018 www.humankinetics.com/continuing-education 12/31/2018 www.medicineballs.com 5.0 2.0 12/31/2018 12/31/2018 4.0 15.0 12/31/2018 www.empower-usa.com 12/31/2018 www.empower-usa.com 15.0 12/31/2018 15.0 2.0 12/31/2018 www.evidenceforexercise.org 1.0 12/31/2018 www.evidenceforexercise.org 12/31/2018 www.evidenceforexercise.org 3.0 3.0 12/31/2018 www.evidenceforexercise.org 1.0 12/31/2018 www.evidenceforexercise.org 2.0 12/31/2018 www.evidenceforexercise.org 0.1 12/31/2018 www.evidenceforexercise.org 1.0 12/31/2018 www.evidenceforexercise.org 15.0 12/31/2018 http://evolutionpowervoga.com 15.0 12/31/2018 www.NutritionCertification.com 2.0 12/31/2018 www.exerciseetc.com 10.0 12/31/2018 http://exerciseetc.com 12/31/2018 www.exerciseetc.com 2.0 15.0 12/31/2018 www.exerciseetc.com 2.0 12/31/2018 http://exerciseetc.com/power.html 2.0 12/31/2018 http://exerciseetc.com/seniorfit.html 12/31/2018 http://exerciseetc.com 2.0 2.0 12/31/2018 http://exerciseetc.com 12/31/2018 www.exerciseetc.com 2.0 10.0 12/31/2018 www.crunch.com 2.0 12/31/2018 www.exerciseetc.com 10.0 12/31/2018 http://exerciseetc.com 12.0 12/31/2018 www.exerciseetc.com 2.0 12/31/2018 www.exerciseetc.com 2.0 12/31/2018 www.exerciseetc.com 2.0 12/31/2018 www.exerciseetc.com 12/31/2018 http://exerciseetc.com/ 2.0 2.0 12/31/2018 http://exerciseetc.com/ 12/31/2018 http://exerciseetc.com 15.0 10.0 12/31/2018 www.exerciseetc.com 12.0 12/31/2018 http://exerciseetc.com 2.0 12/31/2018 http://exerciseetc.com 7.0 12/31/2018 http://exerciseetc.com 2.0 12/31/2018 www.exerciseetc.com 2.0 12/31/2018 http://exerciseetc.com/ 10.0 12/31/2018 http://exerciseetc.com 2.0 12/31/2018 www.exerciseetc.com 2.0 12/31/2018 www.exerciseetc.com 10.0 12/31/2018 http://exerciseetc.com 2.0 12/31/2018 http://exerciseetc.com/

Exercise Etc (AFAA)	High Intensity Training: When Less is More	Home Study	2.0	12/31/2018 www.exerciseetc.com
Exercise Etc (AFAA)	Integrated Postural Training	Home Study	2.0	12/31/2018 www.exerciseetc.com
Exercise Etc (AFAA)	Kettlebell Training Life After Hip or Knee Replacement	Home Study	10.0 2.0	12/31/2018 http://exerciseetc.com 12/31/2018 http://exerciseetc.com/
Exercise Etc (AFAA)		Workshop/Seminar	2.0	
Exercise Etc (AFAA)	Living Fearless: Exercise, Balance & Core Strength	Home Study	2.0	12/31/2018 www.exerciseetc.com
Exercise Etc (AFAA) Exercise Etc (AFAA)	Making Connections: Challenging the Older Brain	Workshop/Seminar		12/31/2018 http://exerciseetc.com 12/31/2018 http://exerciseetc.com
Exercise Etc (AFAA)	Maximum Interval Training	Home Study	10.0 10.0	12/31/2018 http://exerciseetc.com/
Exercise Etc (AFAA)	Myofascial Release Nancy Clark's Sports Nutrition Guidebook	Workshop/Seminar		
	Never too Late: Functional Core Training for Seniors	Home Study	15.0	12/31/2018 www.exerciseetc.com
Exercise Etc (AFAA)	•	Workshop/Seminar	2.0	12/31/2018 www.crunch.com
Exercise Etc (AFAA)	Nutrient Timing	Workshop/Seminar	2.0	12/31/2018 http://exerciseetc.com/
Exercise Etc (AFAA)	Nutrient Timing for Peak Performance	Home Study	15.0	12/31/2018 www.exerciseetc.com
Exercise Etc (AFAA)	Optimal Muscle Training	Home Study	15.0	12/31/2018 http://exerciseetc.com
Exercise Etc (AFAA)	Polishing the Golden Years: Age-appropriate Conditioning Exercises	Workshop/Seminar	2.0	12/31/2018 www.crunch.com
Exercise Etc (AFAA)	Retired, not Expired: Integrated Strength Training Drills	Workshop/Seminar	2.0	12/31/2018 www.crunch.com
Exercise Etc (AFAA)	Secrets of Strength & Conditioning	Workshop/Seminar	2.0	12/31/2018 http://exerciseetc.com/
Exercise Etc (AFAA)	Sports Injuries Guidebook	Home Study	15.0	12/31/2018 http://exerciseetc.com
Exercise Etc (AFAA)	Standing Tall: Exercise and the Aging Spine	Home Study	2.0	12/31/2018 www.exerciseetc.com
Exercise Etc (AFAA)	Strength & Conditioning for Seniors	Home Study	2.0	12/31/2018 www.exerciseetc.com
Exercise Etc (AFAA)	Strength Training Anatomy	Home Study	10.0	12/31/2018 http://exerciseetc.com
Exercise Etc (AFAA)	Strength Training Past 50	Home Study	9.0	12/31/2018 http://exerciseetc.com
Exercise Etc (AFAA)	Strong Minds: Exercise & Cognitive Function	Home Study	2.0	12/31/2018 www.exerciseetc.com
Exercise Etc (AFAA)	The Bionic Elder: Training with New Knees or Hips	Home Study	2.0	12/31/2018 www.exerciseetc.com
Exercise Etc (AFAA)	The Defiant Senior: Exercise to Manage Chronic Illness	Home Study	2.0	12/31/2018 www.exerciseetc.com
Exercise Etc (AFAA)	The HIIT Advantage	Home Study	7.0	12/31/2018 http://exerciseetc.com
Exercise Etc (AFAA)	The Knee: Top Trends in Training	Home Study	2.0	12/31/2018 www.exerciseetc.com
Exercise Etc (AFAA)	The Shoulder: New School Training Techniques	Home Study	2.0	12/31/2018 www.exerciseetc.com
Exercise Etc (AFAA)	The Vibrant Senior: Putting the FUN in Functional Training	Home Study	2.0	12/31/2018 www.exerciseetc.com
Exercise Etc (AFAA)	Understanding Shoulder Dysfunction	Home Study	2.0	12/31/2018 www.exerciseetc.com
Exercise Etc (AFAA)	Walk the Walk: Functional Ambulation Drills	Workshop/Seminar	2.0	12/31/2018 www.crunch.com
Exercise Etc (AFAA)	Walking Tall: Mobility Drills for Seniors	Home Study	2.0	12/31/2018 www.exerciseetc.com
Exercise Etc (AFAA)	Weight Management: Secrets & Lies	Home Study	2.0	12/31/2018 www.exerciseetc.com
Exercise Etc (AFAA)	When Good Knees Go Bad	Home Study	2.0	12/31/2018 www.exerciseetc.com
Exercise Etc (AFAA)	Women's Home Workout Bible	Home Study	15.0	12/31/2018 http://exerciseetc.com
exhale (AFAA)	exhale Barre Teacher Training Module 1	Workshop/Seminar	15.0	12/31/2018 http://exhalespa.com/
exhale (AFAA)	exhale Barre Teacher Training Module 2	Workshop/Seminar	15.0	12/31/2018 http://www.exhalespa.com
exhale (AFAA)	exhale Core Strengthening Series	Workshop/Seminar	4.0	12/31/2018 exhalespa.com
exhale (AFAA)	exhale Glutes Strengthening Series	Workshop/Seminar	4.0	12/31/2018 exhalespa.com
exhale (AFAA)	exhale Stretch Series	Workshop/Seminar	4.0	12/31/2018 exhalespa.com
exhale (AFAA)	exhale Thigh Strengthening Series	Workshop/Seminar	4.0	12/31/2018 exhalespa.com
exhale (AFAA)	exhale Upper Body Series	Workshop/Seminar	4.0	12/31/2018 exhalespa.com
FIT EDU (AFAA)	Movement Coaching: Deadlift, Squat, and Press	Workshop/Seminar	8.0	12/31/2018 www.fit-edu.com
Fit For Birth, Inc (AFAA)	Pre & Post Natal Corrective Exercise Specialist (Home Study + Mini Internship)	Home Study	15.0	12/31/2018 http://www.getfitforbirth.com
Fit life (AFAA)	Core Training			12/31/2018 www.carolmurphy.com
		Workshop/Seminar	6.0	
Fit life (AFAA)	Cycle Foundation Training	Workshop/Seminar	6.0	12/31/2018 www.carolmurphy.com
Fit life (AFAA) Fit life (AFAA)	Cycle Foundation Training Group Strength	Workshop/Seminar Workshop/Seminar	6.0 6.0	12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com
Fit life (AFAA) Fit life (AFAA) Fit life (AFAA)	Cycle Foundation Training Group Strength Powerful Teaching -Group Ex Essentials	Workshop/Seminar Workshop/Seminar Workshop/Seminar	6.0 6.0 3.0	12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com
Fit life (AFAA) Fit life (AFAA) Fit life (AFAA) Fit life (AFAA)	Cycle Foundation Training Group Strength Powerful Teaching-Group Ex Essentials Reebok Core Pilates	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	6.0 6.0 3.0 6.0	12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com
Fit life (AFAA) Fit life (AFAA) Fit life (AFAA) Fit life (AFAA) Fit life (AFAA)	Cycle Foundation Training Group Strength Powerful Teaching -Group Ex Essentials Reebok Core Pilates Reebok Flexible Strength	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	6.0 6.0 3.0 6.0 6.0	12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com
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Fit life (AFAA) Fit life (AFAA) Fit life (AFAA) Fit life (AFAA) Fit life (AFAA) Fit life (AFAA) Fit4Health, LLC (AFAA) Fit4MOM (AFAA)	Cycle Foundation Training Group Strength Powerful Teaching: Group Ex Essentials Reebok Core Pilates Reebok Flexible Strength Coaching to Maximize Client Results: For Personal Trainers Body Back	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Home Study	6.0 6.0 3.0 6.0 6.0 4.0 4.0	12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 https://getfitforhealth.thinkfic.com/courses/coaching-for-personal-trainers/ 12/31/2018
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Fit Ifie (AFAA) Fit Attention (AFAA) FITAMOM (AFAA) FITAMOM (AFAA)	Cycle Foundation Training Group Strength Powerful Teaching-Group Ex Essentials Reebok Core Pilates Reebok Flexible Strength Coaching to Maximize Client Results: For Personal Trainers Body Back Fit4Baby Fit4Baby	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Home Study Home Study Workshop/Seminar	6.0 6.0 6.0 6.0 4.0 4.0 3.0 7.0	12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 https://getfitforhealth.thinklfic.com/courses/coaching-for-personal-trainers/ 12/31/2018 https://getfitforhealth.thinklfic.com/courses/coaching-for-personal-trainers/ 12/31/2018
Fit life (AFAA) Fit Health, LLC (AFAA) FitAHealth, LLC (AFAA) FITAMOM (AFAA) FITAMOM (AFAA) FITAMOM (AFAA) FITAMOM (AFAA) FITAMOM (AFAA)	Cycle Foundation Training Group Strength Powerful Teaching-Group Ex Essentials Reebok Core Pilates Reebok Flexible Strength Coaching to Maximize Client Results: For Personal Trainers Body Back Fit4Baby FIT4MOM Experience FIT4MOM Foundations	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Home Study Workshop/Seminar Home Study	6.0 6.0 3.0 6.0 4.0 4.0 3.0 7.0 8.0	12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 wtww.carolmurphy.com 12/31/2018 thtps://getfitforhealth.thinkfic.com/courses/coaching-for-personal-trainers/ 12/31/2018 12/31/2018 12/31/2018
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Fit Ifie (AFAA) Fit All (AFAA)	Cycle Foundation Training Group Strength Powerful Teaching-Group Ex Essentials Reebok Core Pilates Reebok Flexible Strength Coaching to Maximize Client Results: For Personal Trainers Body Back FitABaby FitABaby FITAMOM Experience FITAMOM Foundations Stroller Barre Stroller Strides	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Home Study Home Study Workshop/Seminar Home Study Home Study	6.0 6.0 3.0 6.0 4.0 4.0 4.0 3.0 7.0 8.0 3.0 3.0 4.0	12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 https://getfitforhealth.thinklfic.com/courses/coaching-for-personal-trainers/ 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018
Fit life (AFAA) Fit Head (AFAA) Fit Head (AFAA) FITAMOM (AFAA)	Cycle Foundation Training Group Strength Powerful Teaching-Group Ex Essentials Reebok Core Pilates Reebok Flexible Strength Coaching to Maximize Client Results: For Personal Trainers Body Back Fit4Baby FIT4MOM Experience FIT4MOM Foundations Stroller Barre StrollerStrides S Ways You're Losing Your Clients	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study	6.0 6.0 3.0 6.0 4.0 4.0 3.0 7.0 8.0 3.0 4.0 2.0	12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 https://getfitforhealth.thinkific.com/courses/coaching-for-personal-trainers/ 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018
Fit life (AFAA) FitADOM (AFAA) FITAMOM (AFAA)	Cycle Foundation Training Group Strength Powerful Teaching -Group Ex Essentials Reebok Core Pilates Reebok Cre Pilates Reebok Flexible Strength Coaching to Maximize Client Results: For Personal Trainers Body Back Gody Back Fit4Baby Fit4Baby Fit4MOM Experience Fit4Baby Fit4MoM Experience Fit4MoM Experience Stroller Barre StrollerStrides S Ways You're Losing Your Clients Boost Your Business with a Better Business Plan	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study	6.0 6.0 6.0 6.0 4.0 4.0 3.0 7.0 8.0 3.0 4.0 2.0 2.0	12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 https://getfitorhealth.thinkific.com/courses/coaching-for-personal-trainers/ 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 www.fitiknow.com
Fit life (AFAA) Fit Mealth, LLC (AFAA) FITAMOM (AFAA)	Cycle Foundation Training Group Strength Powerful Teaching-Group Ex Essentials Reebok Core Pilates Reebok Flexible Strength Coaching to Maximize Client Results: For Personal Trainers Body Back FitABaby FitABaby FITAMOM Experience FITAMOM Foundations Stroller Barre Stroller Barre Stroller Strides Stroller Strides Stroller Strides Stroller Strides Substrides Substrides State State State State State State State Boost Your Business with a Better Business Plan Expand Your Reach with Online Face to Face Training	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study Home Study	6.0 6.0 6.0 4.0 4.0 3.0 7.0 8.0 3.0 4.0 2.0 2.0 2.0	12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 www.carolmurphy.com 12/31/2018 wtt.carolmurphy.com 12/31/2018 wtt.carolmurphy.com 12/31/2018 thttps://getfitforhealth.thinklific.com/courses/coaching-for-personal-trainers/ 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 12/31/2018 wtw.fittinow.com 12/31/2018 wtw.fittinow.com 12/31/2018 https://www.fittinow.com
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FITOUR (AFAA)	Advanced Personal Training Self Study	Workshop/Seminar 8.0 12/31/2018 www.fitour.com
FITOUR (AFAA)	Advanced Pilates Self Study	Home Study 8.0 12/31/2018 www.fitour.com
FITOUR (AFAA)	Advanced Yoga Self Study	Workshop/Seminar 8.0 12/31/2018 www.fitour.com
FITOUR (AFAA)	BootCamp Self Study	Home Study 8.0 12/31/2018 www.fitour.com
FITOUR (AFAA)	Core and Functional Fitness Self Study	Workshop/Seminar 8.0 12/31/2018 www.fitour.com
FITOUR (AFAA)	Group Barbell Self Study	Home Study 8.0 12/31/2018 www.fitour.com
FITOUR (AFAA)	Group Exercise Primary Certification	Workshop/Seminar 8.0 12/31/2018 www.fitour.com
FITOUR (AFAA)	Kickboxing Self Study	Home Study 8.0 12/31/2018 www.fitour.com
FITOUR (AFAA)	Myofascial Release Self Study	Workshop/Seminar 8.0 12/31/2018 http://www.fitour.com
FITOUR (AFAA)	Pilates Reformer Level 1 Self Study	
FITOUR (AFAA)	Primary Aqua Live Workshop	Workshop/Seminar 8.0 12/31/2018 www.fitour.com
FITOUR (AFAA)	Primary Aqua Self Study	Workshop/Seminar 8.0 12/31/2018 www.fitour.com
FITOUR (AFAA)	Primary Group Exercise Live Workshop	Workshop/Seminar 8.0 12/31/2018 www.fitour.com
FITOUR (AFAA)	Primary Indoor Cycling Live Workshop	Workshop/Seminar 8.0 12/31/2018 www.fitour.com
FITOUR (AFAA)	Primary Indoor Cycling Self Study	Workshop/Seminar 8.0 12/31/2018 www.fitour.com
FITOUR (AFAA)	Primary Personal Training Live Workshop	Workshop/Seminar 8.0 12/31/2018 www.fitour.com
FITOUR (AFAA)	Primary Personal Training Self Study	Workshop/Seminar 8.0 12/31/2018 www.fitour.com
FITOUR (AFAA)	Primary Pilates Live Workshop	Workshop/Seminar 8.0 12/31/2018 www.fitour.com
FITOUR (AFAA)	Primary Pilates Self Study	Workshop/Seminar 8.0 12/31/2018 www.fitour.com
FITOUR (AFAA)	Primary Yoga Self Study	Workshop/Seminar 8.0 12/31/2018 www.fitour.com
FITOUR (AFAA)	Stability Ball Self Study	Home Study 8.0 12/31/2018 www.fitour.com
FITOUR (AFAA)	Step Self Study	Home Study 8.0 12/31/2018 www.fitour.com
Focusmaster (AFAA)	Focusmaster Strike Training Workshop	Workshop/Seminar 5.0 12/31/2018 http://www.focusmaster.com
Folk Fitness (AFAA)	FFYT (Folk Fitness Yuva Trainer) Shiksha	Workshop/Seminar 15.0 12/31/2018 http://www.myfolkfitness.com/trainings/index?latlong=34.262621,-118.751214
Follow your Hart LLC (AFAA)	F-IT: The Business of Fitness	Home Study 15.0 12/31/2018 kkhart.com
Foundation Training, LLC (AFAA)	Foundation Training Certification Course	Workshop/Seminar 15.0 12/31/2018 www.foundationtraining.com
Fox Physio LLC (AFAA)	Mastering The Initial Assessment	Workshop/Seminar 4.0 12/31/2018 foxphysio.org
Freedom Group Exercise LLC. (AFAA)	BANG Power Dance™	Workshop/Seminar 14.0 12/31/2018 www.Bangworkout.com
Freedom Group Exercise LLC. (AFAA)	Freedom Barre™	Workshop/Seminar 14.0 12/31/2018 www.Bangworkout.com
Full Out Barre (AFAA)	Full Out Barre	Workshop/Seminar 8.0 12/31/2018 www.fulloutbarre.com
Functional Aging Institute FAI (AFAA)	Anchor Point Training Certification	Home Study 8.0 12/31/2018 www.anchorpointtraining.com
Functional Aging Institute FAI (AFAA)	Anchor Point Training Certification Workshop	Workshop/Seminar 8.0 12/31/2018 www.anchorpointtraining.com
Functional Aging Institute FAI (AFAA)	Functional Aging Certificate	Home Study 5.0 12/31/2018 www.functionalaginginstitute.com
Functional Aging Institute FAI (AFAA)	Functional Aging Group Exercise Specialist Certification	Workshop/Seminar 8.0 12/31/2018 functionalaginginstitute.com
Functional Aging Institute FAI (AFAA)	Functional Aging Group Exercise Specialist Workshop	Workshop/Seminar 8.0 12/31/2018 www.functionalaginginstitute.com
Functional Aging Institute FAI (AFAA)	Functional Aging Specialist Certification	Home Study 10.0 12/31/2018 www.functionalaginginstitute.com
Functional Aging Institute FAI (AFAA)	Functional Aging Specialist Workshop	Workshop/Seminar 7.0 12/31/2018 www.functionalaginginstitute.com
Functional Aging Institute FAI (AFAA)	Functional Aging Summit 2018	Conference 15.0 12/31/2018
Functional Aging Institute FAI (AFAA)	Functional Core and Balance Certification	Home Study 3.0 12/31/2018 https://functionalaginginstitute.com/
Functional Aging Institute FAI (AFAA)	Open the Door to Tai Chi	Home Study 8.0 12/31/2018 www.taichisystem.com
Functional Aging Institute FAI (AFAA)	Open the Door to Tai Chi (Workshop)	Workshop/Seminar 8.0 12/31/2018 www.taichisystem.com
Functional Aging Institute FAI (AFAA) Functional Medicine Coaching Academy (FMCA) (AFAA)	Open the Door to Tai Chi (Workshop) Functional Medicine Coaching Academy Health Coaching Program	
		Workshop/Seminar 8.0 12/31/2018 www.taichisystem.com
Functional Medicine Coaching Academy (FMCA) (AFAA)	Functional Medicine Coaching Academy Health Coaching Program	Workshop/Seminar 8.0 12/31/2018 www.taichisystem.com Home Study 15.0 12/31/2018 http://www.functionalmedicinecoaching.org Home Study 2.0 12/31/2018 https://innovativeceus.com/CourseCategory.php?id=10
Functional Medicine Coaching Academy (FMCA) (AFAA) FUSION Tactical & Athletic Development (AFAA) GET PULSED (AFAA)	Functional Medicine Coaching Academy Health Coaching Program Integrated Exercise Guidelines for Fibromyalgia Get Pulsed	Workshop/Seminar 8.0 12/31/2018 www.taichisystem.com Home Study 15.0 12/31/2018 http://www.functionalmedicinecoaching.org Home Study 2.0 12/31/2018 http://innovativeceus.com/CourseCategory.php?id=10 Workshop/Seminar 7.0 12/31/2018 www.etpulsed.com
Functional Medicine Coaching Academy (FMCA) (AFAA) FUSION Tactical & Athletic Development (AFAA) GET PULSED (AFAA) Girls Gone Strong (AFAA)	Functional Medicine Coaching Academy Health Coaching Program Integrated Exercise Guidelines for Fibromyalgia Get Pulsed Pre- & Postnatal Coaching Certification	Workshop/Seminar 8.0 12/31/2018 www.taichisystem.com Home Study 15.0 12/31/2018 http://www.functionalmedicinecoaching.org Home Study 2.0 12/31/2018 https://innovativeceus.com/CourseCategory.php?id=10 Workshop/Seminar 7.0 12/31/2018 www.etpubled.com Workshop/Seminar 5.0 12/31/2018 www.etpubled.com
Functional Medicine Coaching Academy (FMCA) (AFAA) FUSION Tactical & Athletic Development (AFAA) GET PULSED (AFAA) Girls Gone Strong (AFAA) Global Bodyweight Training, LLC (AFAA)	Functional Medicine Coaching Academy Health Coaching Program Integrated Exercise Guidelines for Fibromyalgia Get Pulsed Pre- & Postnatal Coaching Certification Animal Flow Level 1 Workshop	Workshop/Seminar 8.0 12/31/2018 www.taichisystem.com Home Study 15.0 12/31/2018 http://www.functionalmedicinecoaching.org Home Study 2.0 12/31/2018 http://innovativeceus.com/CourseCategory.php?id=10 Workshop/Seminar 7.0 12/31/2018 https://uswww.getpulsed.com Workshop/Seminar 15.0 12/31/2018 www.animalflow.com
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IDEA Health & Fitness (AFAA)	Abdominal and Core for the Aging Spine	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	ACE IFT [®] - Integrated Fitness Training [®]	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	ACE IFT [®] -Training Strategies for Clients with Chronic Conditions	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	ACSM: Exercise Is Medicine (EIM)From Doctor to Trainer to Client Success!	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Active Resistance Training® Total Body Mat Practice	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Advanced Corrective Exercise	Home Study	3.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Aging Strong	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	American Council on Exercise (ACE): Small-Group Training Workshop	Home Study	5.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	An Introduction to Holistic Nutrition	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Anatomy in Three Dimensions™: Common Knee Problems and Solutions	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Anatomy in Three Dimensions™: The Shoulder	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Anatomy of a Fitness Business	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Anatomy: Reconnect With Your Spine Muscles, by NFPT	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2015 IDEA Fitness Journal Quiz 4: Reducing Risk Factors for Heart Disease	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and the Effects of Weight Training	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2016 IDEA Fitness Journal Quiz 2: Prepare for Summer Water Sports, and Use Hand Portioning	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)				
	April 2016 IDEA Fitness Journal Quiz 3: How the Exercise Gene Affects Workout Programs			
IDEA Health & Eitness (AEAA)	April 2016 IDEA Fitness Journal Quiz 3: How the Exercise Gene Affects Workout Programs	Home Study	1.0	12/31/2018 www.ideafit.com
	April 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and The Physiology of Fatigue	Home Study Home Study	1.0 1.0	12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and The Physiology of Fatigue April 2017 IDEA Fitness Journal Quiz 2: The Benefits of Good Posture, and Pilates for Recreational A	Home Study Home Study Home Study	1.0 1.0 1.0	12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com
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IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	April 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and The Physiology of Fatigue April 2017 IDEA Fitness Journal Quiz 2: The Benefits of Good Posture, and Pilates for Recreational A April 2017 IDEA Fitness Journal Quiz 3: Survival of the Fittest April 2017 IDEA Fitness Journal Quiz 4: Practical Applications for Sprint Interval Training Are You Hungry or Stressed? Assessment and Corrective Exercise Strategies for Improved Shoulder Function Baby Boomers - The Truth About Stretching! Back to Basics With Anatomy Balanced Body ^M : Pilates Smart Core Challenge Balancing Hormones for Optimal Weight Loss Balancing Hormones for Optimal Weight Loss Balancing Hormones: Exercise Strategies don Movement Screening Beyond Randomness: Exercise Selection Based on Movement Screening Blast Your Abs, Glutes and Core - AB ligh HIT With Your Clients Car Technology Be Harnessed to Inspire Lasting Behavior Change? Carbohydrates-Their Role Incution Caying to the Craving: The New Science of Food Addiction and RecoveryWith a Twist Complete Program Design for the Obese/Overweight Client Core 3x3 Core Connectionis: Progression Strategies to Enhance Core Function	Home Study Home Study	1.0 1.0 1.0 1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com
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IDEA Health & Fitness (AFAA)	Creative CircuitsFive Steps to Better Program Design	Home Study 1.0 12/31/2018 www.ideafit.com	n
IDEA Health & Fitness (AFAA)	Cue Movement and Exercise With Abdominal Anatomy, by NFPT	Home Study 1.0 12/31/2018 www.ideafit.com	
IDEA Health & Fitness (AFAA)	Cue Movement and Exercise With Hip Anatomy, by NFPT	Home Study 2.0 12/31/2018 www.ideafit.com	
IDEA Health & Fitness (AFAA)	Designing a Self-Myofascial Release Program	Home Study 2.0 12/31/2018 www.ideafit.com	
IDEA Health & Fitness (AFAA)	Eat to Win-Enhance Performance and Promote Recovery	Home Study 2.0 12/31/2018 www.ideafit.com	n
IDEA Health & Fitness (AFAA)	Extreme Equipment-LESS Boot Camp	Home Study 2.0 12/31/2018 www.ideafit.com	n
IDEA Health & Fitness (AFAA)	Fat-Loss Programming for Your Female Clients	Home Study 1.0 12/31/2018 www.ideafit.com	n
IDEA Health & Fitness (AFAA)	February 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Key Terminology and Study	Home Study 1.0 12/31/2018 http://www.ide	afit.com
IDEA Health & Fitness (AFAA)	February 2016 IDEA Fitness Journal Quiz 2: Boosting the Daily Activity of Office Workers	Home Study 1.0 12/31/2018 http://www.ide	afit.com
IDEA Health & Fitness (AFAA)	February 2016 IDEA Fitness Journal Quiz 3: Nutrition News, and Navigating Health Claims on Food Labe	Home Study 1.0 12/31/2018 http://www.ide	afit.com
IDEA Health & Fitness (AFAA)	February 2016 IDEA Fitness Journal Quiz 4: Powerful Health Benefits of Physical Activity	Home Study 1.0 12/31/2018 http://www.ide	afit.com
IDEA Health & Fitness (AFAA)	February 2016 IDEA Fitness Journal Quiz 5: Understanding Pain	Home Study 1.0 12/31/2018 http://www.ide	afit.com
IDEA Health & Fitness (AFAA)	February 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Preserving Youth with Physic	Home Study 1.0 12/31/2018 www.ideafit.com	n
IDEA Health & Fitness (AFAA)	February 2017 IDEA Fitness Journal Quiz 2: Increase Strength With Rowing Machine Exercises, and Rech	Home Study 1.0 12/31/2018 www.ideafit.com	n
IDEA Health & Fitness (AFAA)	February 2017 IDEA Fitness Journal Quiz 3: Nutrition News, and Changing Attitudes Toward Food	Home Study 1.0 12/31/2018 www.ideafit.com	n
IDEA Health & Fitness (AFAA)	February 2017 IDEA Fitness Journal Quiz 4: Help Clients Find Joy in Movement	Home Study 1.0 12/31/2018 www.ideafit.com	n
IDEA Health & Fitness (AFAA)	February 2017 IDEA Fitness Journal Quiz 5: Common Running Injury Recovery and Prevention	Home Study 1.0 12/31/2018 www.ideafit.com	n
IDEA Health & Fitness (AFAA)	February 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study 1.0 12/31/2018	
IDEA Health & Fitness (AFAA)	February 2018 IDEA Fitness Journal Quiz 2: Tips for Resistance Training with Youth, and Combined Tra	Home Study 1.0 12/31/2018	
IDEA Health & Fitness (AFAA)	February 2018 IDEA Fitness Journal Quiz 3: Risks of Functional Training	Home Study 1.0 12/31/2018	
IDEA Health & Fitness (AFAA)	February 2018 IDEA Fitness Journal Quiz 4: Body Image in the Fitness Industry	Home Study 1.0 12/31/2018	
IDEA Health & Fitness (AFAA)	Fit for Two—Pre- and Postnatal Training	Home Study 2.0 12/31/2018 www.ideafit.com	
IDEA Health & Fitness (AFAA)	Food for Thought: Brain, Gut, Microbes, Diet	Home Study 2.0 12/31/2018 www.ideafit.com	n
IDEA Health & Fitness (AFAA)	From Neck to KneesMore Than Just Core!	Home Study 2.0 12/31/2018 www.ideafit.com	n
IDEA Health & Fitness (AFAA)	Functional Balance for the Active Aging Adult, by ActivMotion Bar™	Home Study 2.0 12/31/2018 www.ideafit.com	n
IDEA Health & Fitness (AFAA)	Functional Circuits for Aging Clients	Home Study 2.0 12/31/2018 www.ideafit.com	n
IDEA Health & Fitness (AFAA)	Functional Power Training for Older Clients, by FAI	Home Study 2.0 12/31/2018 www.ideafit.com	n
IDEA Health & Fitness (AFAA)	Fundamental Principles of Upper Body TrainingPushing, Pulling and Pressing, by FMS	Home Study 2.0 12/31/2018 www.ideafit.com	n
IDEA Health & Fitness (AFAA)	Goodbye Infobesity, Hello Action Plan!	Home Study 1.0 12/31/2018 www.ideafit.com	n
IDEA Health & Fitness (AFAA)	Group Exercise Applications for Training the Posterior Chain	Home Study 2.0 12/31/2018 www.ideafit.com	n
IDEA Health & Fitness (AFAA)	Guiding Others to Create Their Healthiest, Most Delicious Life	Home Study 1.0 12/31/2018 www.ideafit.com	n
IDEA Health & Fitness (AFAA)	Heart Rate Variability - The Science of Recovery Based Training	Home Study 2.0 12/31/2018 www.ideafit.com	n
IDEA Health & Fitness (AFAA)	Heart-Core Circuit Training: The New Edition	Home Study 2.0 12/31/2018 www.ideafit.com	n
IDEA Health & Fitness (AFAA)	HIIT Kickboxing and Drills by UrbanKick	Home Study 2.0 12/31/2018 www.ideafit.com	n
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IDEA Health & Fitness (AFAA)	HIITs Blitz	Home Study 1.0 12/31/2018 www.ideafit.com	n
IDEA Health & Fitness (AFAA)	How Hormones and Metabolism Change the Training Game for Females	Home Study 2.0 12/31/2018 www.ideafit.com	n
IDEA Health & Fitness (AFAA)	How to Create High Performance Outcomes	Home Study 2.0 12/31/2018 www.ideafit.com	n
IDEA Health & Fitness (AFAA)	How to Run Your Own "Drop Two Sizes Challenge"	Home Study 2.0 12/31/2018 www.ideafit.com	n
IDEA Health & Fitness (AFAA)	How to Safely Introduce Plyometrics Into Your Clients' Routines	Home Study 2.0 12/31/2018 www.ideafit.com	n
IDEA Health & Fitness (AFAA)	I Q U Do: The Art of Intelligent Coaching	Home Study 2.0 12/31/2018 ww.ideafit.com	
IDEA Health & Fitness (AFAA)	Improve Stability and Posture with a Stability Ball by CHEK Institute	Home Study 2.0 12/31/2018 www.ideafit.com	n
IDEA Health & Fitness (AFAA)	Innovative Drills for Small-Group Training	Home Study 2.0 12/31/2018 www.ideafit.com	n
IDEA Health & Fitness (AFAA)	Insights Into Functional Training and Corrective Movement	Home Study 2.0 12/31/2018 www.ideafit.com	n
IDEA Health & Fitness (AFAA)	Integrated Back Rehabilitation—Regression to Progression Course	Home Study 5.0 12/31/2018 www.ideafit.com	n
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IDEA Health & Fitness (AFAA)	March 2017 IDEA Fitness Journal Quiz 2: Common Athletic Supplements, and Stay Active by Filtering	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	March 2017 IDEA Fitness Journal Quiz 3: Effect of Evidence on Experts' Eating Habits	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	March 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/2018
IDEA Health & Fitness (AFAA)	March 2018 IDEA Fitness Journal Quiz 2: New Blood Pressure Guidelines, and Functional Training for O	Home Study	1.0	12/31/2018
IDEA Health & Fitness (AFAA)	March 2018 IDEA Fitness Journal Quiz 3: Why Lost Weight Comes Back	Home Study	1.0	12/31/2018
IDEA Health & Fitness (AFAA)	May 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Peripheral Heart Action Training	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	May 2016 IDEA Fitness Journal Quiz 2: Fall Prevention Strategies for Older Adults, and Tips for Eati	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	May 2016 IDEA Fitness Journal Quiz 3: Factors in Low Testosterone	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	May 2016 IDEA Fitness Journal Quiz 4: Get Clients Walking More	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	May 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Periodized Weight -Training for W	Home Study	1.0	12/31/2018 http://www.ideafit.com
IDEA Health & Fitness (AFAA)	May 2017 IDEA Fitness Journal Quiz 2: Water Fitness Trends	Home Study	1.0	12/31/2018 http://www.ideafit.com
IDEA Health & Fitness (AFAA)	Metabolic Meltdown	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Motivational Interviewing Skills Produce Targeted Results	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	New Insights into Chronic Pain	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	New Research on Protein. Metabolism. and Recovery	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	November-December 2015 IDEA Food and Nutrition Tips Quiz 1: Snacking Trends, Nutrients and Recommend	Home Study	1.0	12/31/2018
IDEA Health & Fitness (AFAA)	November-December 2015 IDEA Food and Nutrition Tips Quiz 2: Fiber and Gut Health	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	November-December 2016 IDEA Fitness Journal Quiz 2: Nutrition News, and Ankle Sprain Recovery and Pr	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	November-December 2016 IDEA Fitness Journal Quiz 3: Coach the Family as a Whole	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	November-December 2016 IDEA Fitness Journal Quiz 4: Physical Activity for Cancer Recovery and Preven	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	November-December 2016 IDEA Food and Nutrition Tips Quiz 1: Plant-Based Options for Protein	Home Study	1.0	12/31/2018
IDEA Health & Fitness (AFAA)	November-December 2017 IDEA Fitness Journal Quiz 1	Home Study	1.0	12/31/2018
IDEA Health & Fitness (AFAA)	November-December 2017 IDEA Fitness Journal Quiz 1	Home Study	1.0	12/31/2018
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IDEA Health & Fitness (AFAA)	November-December 2017 IDEA Food and Nutrition Tips Quiz 1	Home Study	1.0	12/31/2018
IDEA Health & Fitness (AFAA)	Nutrition Basics and Nutrient Timing: What All Fitness Professionals Should Know	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Nutrition Myth Busters: Science Fact or Fiction?	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	October 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Dieting and the Latest Science	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	October 2016 IDEA Fitness Journal Quiz 2: Anticipate the Needs of Older Clients, and Understand the	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	October 2016 IDEA Fitness Journal Quiz 3: Exploring Reasons for Low Thyroid Function	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	October 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Understanding Protein Supplem	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	October 2017 IDEA Fitness Journal Quiz 2: Exercises for Shoulder Injury Prevention, and A Practical	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	October 2017 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Understanding Overeating	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	October 2017 IDEA Fitness Journal Quiz 4: Support Clients With Disordered Eating	Home Study	1.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Olympic Lifting - The Mechanics and Progressions, by RedCon™	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Optimize Function and Mobility With Strong and Stable Shoulders and Glutes	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Pilates 50/50	Home Study	2.0	12/31/2018 www.ideafit.com
IDEA Health & Fitness (AFAA)	Pilates on the Ball	Home Study	1.0	12/31/2018 www.ideafit.com
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IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	Posture Improvement Workshop Power Core for Sports and Fitness Performance	Home Study Home Study	1.0 2.0	12/31/2018 www.ideafit.com 12/31/2018 www.ideafit.com
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	Postpartum Health and Happiness Through Exercise and Nutrition	
In Health and Happiness (AFAA)		
In Health and Happiness (AFAA)	Prenatal Health and Happiness Through Exercise and Nutrition	Home Study 10.0 12/31/2018 www.inhealthandhappiness.com
In Motion Fitness-Lori Pine (AFAA)	B.A.M. 2018	Conference 13.0 12/31/2018
Indoor Cycling (AFAA)	ICG Aging and Adaptation	Home Study 4.0 12/31/2018 www.ic-pro.org
Indoor Cycling (AFAA)	ICG Coach by Color LIVE Power: Play Program	Workshop/Seminar 8.0 12/31/2018 www.ic-pro.org
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Indoor Cycling (AFAA)	ICG Survivor (Working with Cancer Survivors)	Home Study 4.0 12/31/2018 www.ic-pro.org
Indoor Cycling (AFAA)	ICG Wattrate Power Certification – Stage 1	Home Study 8.0 12/31/2018 www.ic-pro.org
Indoor Cycling (AFAA)	Myride+ Live; The Ergogenic Effect of Combining Music with Video	Workshop/Seminar 6.0 12/31/2018 www.ic-pro.org
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Induro Cycling Studios, Inc (AFAA)	Induro Cycling Facilitator Training Distance Learning	Home Study 4.0 12/31/2018 http://www.indurocycling.com/certifications/facilitators/
Induro Cycling Studios, Inc (AFAA)	Induro Instructor Training Distance Learning	Workshop/Seminar 7.0 12/3/2018
Induro Cycling Studios, Inc (AFAA)	Induro Instructor Workshop	Workshop/Seminar 7.0 12/31/2018 www.indurocycling.com
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Lawrence Biscontini (AFAA)	GFit Teaching Innovations	Workshop/Seminar	8.0	12/31/2018 www.findlawrence.com
Lawrence Biscontini (AFAA)	Strength	Workshop/Seminar	8.0	12/31/2018 www.findlawrence.com
Learn2Tape, LLC (AFAA)	K-Cuts Taping Systems eCourse Certification		15.0	12/31/2018 www.learn2tape.com
Les Mills (AFAA)	Advanced Instructor Module 2		15.0	12/31/2018 www.lesmills.com
Les Mills (AFAA)	BODYATTACK Advanced Instructor Module 1	Workshop/Seminar	8.0	12/31/2018 www.lesmills.com
Les Mills (AFAA)	BODYATTACK Initial Module		15.0	12/31/2018 www.lesmills.com
Les Mills (AFAA)	BODYATTACK® 99COACHING THE BASICS: LAYER 1	Home Study	1.0	12/31/2018
Les Mills (AFAA)	BODYBALANCE 79 TRANSITIONS AND THE UNIQUENESS OF BODYBALANCE 79	Home Study	1.0	12/31/2018
Les Mills (AFAA)	BODYCOMBAT 74 REMOVING THE FILLERS AND MASTERING THE KICK KATA	Home Study	1.0	12/31/2018
Les Mills (AFAA)	BODYCOMBAT Advanced Instructor Module 1	Workshop/Seminar	8.0	12/31/2018 www.lesmills.com
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Les Mills (AFAA)	BODYFLOW Advanced Instructor Module 1	Workshop/Seminar	8.0	12/31/2018 www.lesmills.com
Les Mills (AFAA)	BODYFLOW Initial Module	Workshop/Seminar	15.0	12/31/2018 www.lesmills.com
Les Mills (AFAA)	BODYJAM 83 CREATING AN ATMOSPHERE OF EUPHORIA!	Home Study	1.0	12/31/2018
Les Mills (AFAA)	BODYJAM Advanced Instructor Module 1	Workshop/Seminar	8.0	12/31/2018 www.lesmills.com
Les Mills (AFAA)	BODYJAM Initial Module	Workshop/Seminar	15.0	12/31/2018 www.lesmills.com
Les Mills (AFAA)	BODYPUMP 104 TRIPLE EXTENSION	Home Study	1.0	12/31/2018
Les Mills (AFAA)	BODYPUMP Advanced Instructor Module 1	Workshop/Seminar	8.0	12/31/2018 www.lesmills.com
Les Mills (AFAA)	BODYPUMP Initial Module	Workshop/Seminar	15.0	12/31/2018 www.lesmills.com
Les Mills (AFAA)	BODYSTEP 110 NOW OR LATER	Home Study	1.0	12/31/2018
Les Mills (AFAA)	BODYSTEP Advanced Instructor Module 1	Workshop/Seminar	8.0	12/31/2018 www.lesmills.com
Les Mills (AFAA)	BODYSTEP Initial Module	Workshop/Seminar	15.0	12/31/2018 www.lesmills.com
Les Mills (AFAA)	BODYVIVE 3.1 / 45 - Innovations	Home Study	1.0	12/31/2018
Les Mills (AFAA)	BODYVIVE Advanced Instructor Module 1	Workshop/Seminar	8.0	12/31/2018 www.lesmills.com
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Les Mills (AFAA)	BORN TO MOVE Initial Module All Age Groups		15.0	12/31/2018 www.lesmills.com
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Les Mills (AFAA)	CXWORX 29 GREAT TEACHNIQUE AND CLEAR COACHING	Home Study	1.0	12/31/2018
Les Mills (AFAA)	CXWORX Advanced Instructor Module 1	Workshop/Seminar	8.0	12/31/2018 www.lesmills.com
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Les Mills (AFAA)	GRIT 23 - Mastering the Monster Circuit	Home Study	1.0	12/31/2018
Les Mills (AFAA)	LES MILLS GRIT Advanced Instructor Module 1	Workshop/Seminar	8.0	12/31/2018 www.lesmills.com/us
Les Mills (AFAA)	LES MILLS GRIT Advanced instructor Module 1		15.0	12/31/2018 www.lesmills.com
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Les Mills (AFAA)	RPM 77 - Layer Coaching	Home Study	1.0	12/31/2018
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Les Mills (AFAA)	RPM Initial Module		15.0	12/31/2018 www.lesmills.com
Les Mills (AFAA)	SH'BAM 30 - Floor Friends	Home Study	1.0	12/31/2018
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Les Mills (AFAA)	Trip 11 - State, Show, Say Recap - TRIP Summary, Being Athletic & Animated	Home Study	1.0	12/31/2018
Linda N. Magee (AFAA)	Outside the Box	Workshop/Seminar	3.0	12/31/2018 www.LindaMageeFitness.com
Lisa J. Hamlin (AFAA)	Senior Fit & Fun	Workshop/Seminar	3.0	12/31/2018
Lisa J. Hamlin (AFAA)	Specialized Military Fitness Programming	Workshop/Seminar	15.0	12/31/2018
Lisa J. Hamlin (AFAA)	Trigger Point Muscle Rejuvenation	Workshop/Seminar	8.0	12/31/2018
	Yoga 24/7	Workshop/Seminar	4.0	12/31/2018
Lisa J. Hamlin (AFAA)				12/31/2018
Lisa J. Hamlin (AFAA) Lisa J. Hamlin (AFAA)	Yoga Burn & Firm	Workshop/Seminar	4.0	12/51/2010
	Yoga Burn & Firm Youth Fitness - Fit-4-Kids	Workshop/Seminar Workshop/Seminar	4.0 8.0	12/31/2018
Lisa J. Hamlin (AFAA)				
Lisa J. Hamlin (AFAA) Lisa J. Hamlin (AFAA)	Youth Fitness - Fit-4-Kids	Workshop/Seminar Workshop/Seminar	8.0	12/31/2018
Lisa J. Hamlin (AFAA) Lisa J. Hamlin (AFAA) Lisafirefly LLC (AFAA)	Youth Fitness - Fit-4-Kids YOGASPORT FX	Workshop/Seminar Workshop/Seminar	8.0 7.0	12/31/2018 12/31/2018 lisafirefly.com
Lisa J. Hamlin (AFAA) Lisa J. Hamlin (AFAA) Lisafirefh Lic (AFAA) Living Wellness, LLC (AFAA)	Youth Fitness - Fit-4-Kids YOGASPORT FX Living Wellness Certification	Workshop/Seminar Workshop/Seminar Workshop/Seminar	8.0 7.0 12.0	12/31/2018 12/31/2018 lisafirefly.com 12/31/2018 www.LWGG.org
Lisa J. Hamlin (AFAA) Lisa J. Hamlin (AFAA) Lisafirefly LLC (AFAA) Living Wellness, LLC (AFAA) Louis Kong (AFAA)	Youth Fitness - Fit-4-Kids YOGASPORT FX Living Wellness Certification Increase Profitability for Personal Trainers through Professionalism and Leadership	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	8.0 7.0 12.0 8.0	12/31/2018 12/31/2018 lisafirefly.com 12/31/2018 www.LWGG.org 12/31/2018
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Lisa J. Hamlin (AFAA) Lisa J. Hamlin (AFAA) Lisafirefy Lic (AFAA) Living Wellness, LLC (AFAA) Louis Kong (AFAA) Louis Kong (AFAA) Mad Dogg Athletics (AFAA)	Youth Fitness - Fit-4-Kids YOGASPORT FX Living Wellness Certification Increase Profitability for Personal Trainers through Professionalism and Leadership Personal Training Essentials 2018 Pilates Empowerment Summit	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Conference Conference	8.0 7.0 12.0 8.0 8.0 15.0	12/31/2018 12/31/2018 lisafirefly.com 12/31/2018 www.LWGG.org 12/31/2018 12/31/2018 12/31/2018
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Lisa J. Hamlin (AFAA) Lisa J. Hamlin (AFAA) Lisafirefy Lic (AFAA) Living Wellness, LLC (AFAA) Louis Kong (AFAA) Louis Kong (AFAA) Mad Dogg Athletics (AFAA)	Youth Fitness - Fit-4-Kids YOGASPORT FX Living Wellness Certification Increase Profitability for Personal Trainers through Professionalism and Leadership Personal Training Essentials 2018 Pril Aspinning* and Sports Conditioning Conference 2018 World Spinning* and Sports Conditioning Conference 3 Part Cues Aerobic Base Building Becoming a Rockstar Instructor Contraindications	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Conference Conference Workshop/Seminar Workshop/Seminar Workshop/Seminar	8.0 7.0 12.0 8.0 15.0 15.0 2.0 4.0 8.0	12/31/2018 Issfirefly.com 12/31/2018 Issfirefly.com 12/31/2018 www.LWGG.org 12/31/2018 12/31/2018 www.spilatesempowermentsummit.com/ 12/31/2018 www.wssconference.com 12/31/2018 www.ssconference.com 12/31/2018 www.maddogg.com 12/31/2018 www.maddogg.com 12/31/2018 www.maddogg.com
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Peak Pilates-Jump Intervals Peak Pilates-Lengthen & Strengthen with Elastic Bands Peak Pilates-Level II Preparation Peak Pilates-Level III Preparation Peak Pilates-Peak Conditioning with Kettlebells Peak Pilates-Power Circle Peak Pilates-Props Shop Profile Designs & Heart Rate Games Race Day Energy Zone™ Rating of Perceived Exertion: It's More Than a Feeling Resist-A-Ball® Foundation Instructor Training Resistance Loading and Cadence Building Resistance Training SPIN Flex SPIN Yoga Spinning & Core Training Spinning Certification Online Spinning Instructor Training SPINPower® Instructor Training SPINPower® Personal Spinning® Threshold SPINPower® STONGER Spintensity[™]: Periodization Strength Energy Zone" Strength, Hills & Power The 5-Step Sprint The Art of Recovery Ugi Essentials Instructor Training Ugi Fit Ugi Flow Bar Bhangra Masala Bhangra Level 1 Training: Foundations Masala Bhangra Level 2 Training: Expert Masala Bhangra Level 3 Training: Pro MX4: Functional Frame Small Group Training Course Resistance Band Training Sprint 8 Best of Boot Camp Fit Frenzy HIIT Re-Mix Mindful Strength Partner Play Strength by Numbers Metafit Coach Course MindBodyBarre Advanced Training MIST - Muscle Integrated Soul Training Prenatal & Postnatal Fitness Specialist Advanced Coaching Group Active Initial Training Group Active Online Training Group Blast Initial Training Group Blast Online Training Group Centergy Initial Training Group Centergy Online Training Group Core Initial Training Group Core Online Training Group Fight Initial Training Group Fight Online Training Group Groove Initial Training Group Groove Online Training Group Power Initial Training Group Ride/R30 Initial Training Let's Move 4 Life! What is Fascia?! & Tensegrity 101 Movement Edge Practitioner Training - Online Course Movement Edge Practitioner Training - Workshop MYbarre Instructor Electronic Stimulation for Pain & Muscle Performance All NASM courses are approved with AFAA Certified Powerlifting Coach for Sports Competition 101 Ways to Bootcamp (3hr) 101 Ways to Bootcamp (5hr) 9 Rounds of TKO Fit Fest Barre Connect Specialty Certfication Barre Meets Bike Fit Fest Becoming a Yoga Professional Certification Body Weight Training Catching Some Zzzz's: Sleeping Your Way to Better Health and Performance Cycle 360: Cardio, Strength, and Core Exercise for Parkinson's and MS

Fitness Yoga Specialty Certification

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Dual Adjustable Pulley Workshop/Seminar Group Cycle Foundation Kinesis One Workshop/Seminar 4.0 Kinesis Station OMNIA Workshop/Seminar 4.0 SkillMill Introduction Workshop Workshop/Seminar 4.0 Skillrow Foundation Workshop Workshon/Seminar Teambeats Introduction Workshop Introduction to Battle Rope ST: Level One Workshop/Seminar 5.0 Introduction to Battle Rope ST: Level Two Basics of Barre Workshop/Seminar 15.0 3D Movement Analysis & Performance System (3DMAPS) Home Study Home Study 10.0 Anterior Chain Reaction Workshon/Seminar Certification in Applied Functional Science Home Study Training the Bariatric Client Workshop/Seminar 2.0 MELT Hand and Foot Training: New Science of the Human Body MELT Instructor Level 2 Training Workshop/Seminar 15.0 MELT Instructor Training Level 1 MELT NeuroStrength Level 1 Training Workshop/Seminar 15.0 Zen Barre Certification Home Study Home Study Zen Barre Certification Workshon Workshop/Seminar TheraGun Advanced Training Course TheraGun Foundations Training Course Workshop/Seminar 4.0 Throwback Fitness Fundamentals Tabata Basic Instructor Training Certification Self Study Course Home Study 8.0 Belly up to the Barre Workshop/Seminar Bosu Both Sides up Circuit with a Purpose Core and More Workshop/Seminar 2.0 Dance Track Pilates and Beyond Workshop/Seminar 2.0 Stretch Strengthen and Stablization Workshop/Seminar FASTer Way to Fat Loss Certified Coach Home Study TRIBE Team Training Workshop/Seminar TRIBE Team Training TribeCORE Workshop/Seminar 4.0 TRIBE Team Training TribeFIT TRIBE Team Training TribeKIDS 4.0 Workshon/Seminar TRIBE Team Training TribeLIFE Workshop/Seminar Workshop/Seminar TRIBE Team Training TribePUNCH 4.0 Assessments to Performance: Using Mobility as the Foundation for Function Foam Rolling: Principles and Practices Workshop/Seminar 4.0 Foot & Lower Leg Mobility Home Study GRID® Rolling: Foundations - Online Course Home Study 1.0 Multi-Tool Mobility: Advanced Self-Myofascial Release Techniques Workshop/Seminar Multi-Tool Mobility: Advanced Self-Myofascial Release Techniques (8 Hour) Workshop/Seminar Myofascial Compression™ Techniques – Online Course Home Study 2.0 Myofascial Compression™ Techniques: The Evolution of Foam Rolling Workshop/Seminar SMRT-CORE® Training (7hr) TriggerPoint Movement for UFC Gym Workshop/Seminar 4.0 True Power Barre Instructor Certification TRX Advanced Group Training Course (AGTC) TRX For Yoga Home Study TRX FORCE Operator's Training Course (Level 1) Workshop/Seminar TRX FORCE Operator's Training Course (Level 2) TRX FORCE Operator's Training Course (Level 3) TRX Functional Training Course (FTC) TRX Group Rip Training Course (GRTC) Workshop/Seminar 7.0 TRX Group Suspension Training Course (GSTC) TRX Group Training Course (GTC) Workshop/Seminar 8.0 TRX RIP Training Course (RTC) Workshop/Seminar TRX Sports Medicine Suspension Training Course Level 2 (SMSTC Lvl 2) Workshon/Seminar TRX Suspension Training Course (STC) TRX Trainer Basics Course Home Study 3.0 Tsunami Fitness Instructor Course Workshon/Seminar Tsunami Fitness Instructor Training Online Home Study 3.0 Barre Teacher Training Program Workshop/Seminar 11.0 The Roll Model® Method - Ball Sequencing & Innovation Workshop/Seminar 7.0 The Roll Model® Method - Correspondence Course The Roll Model® Method -The Science of Rolling Workshop/Seminar 8.0 Treat While You Train- Correspondence Course U-JAM FITNESS® INSTRUCTOR WORKSHOP Workshop/Seminar 8.0 raisedbarre Instructor Training Running Coach Certification Home Study Triathlon Coaching Certification Home Study UrbanKick Instructor Training (LIVE) Workshon/Seminar UrbanKick Instructor Training (SELF STUDY) Home Study UrbanPlay Coach Training Workshop/Seminar 10.0 Personal Training - Member Integration, Business Planning and Program Design Indoor Cycling Training VeraFlow Instructo

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Vibe Fitness® (AFAA)	Club Vibe Instructor Training	Workshop/Seminar	7.0	12/31/2018 www.experiencevibefitness.com
VicteliB (AFAA)	Boot Camp Challenge	Workshop/Seminar	15.0	12/31/2018 www.victelib.com
VicteliB (AFAA)	Eat, Train, Repeat Q1	Workshop/Seminar	5.0	12/31/2018 www.bootcamp-challenge.com
VicteliB (AFAA)	Eat, Train, Repeat Q2	Workshop/Seminar		12/31/2018
VicteliB (AFAA)	Eat, Train, Repeat Q3	Workshop/Seminar	5.0	12/31/2018 www.bootcamp-challenge.com
VicteliB (AFAA)	Eat, Train, Repeat Q4	Workshop/Seminar	5.0	12/31/2018 www.bootcamp-challenge.com
VIVE BARRE (AFAA)	Barre Instructor	Workshop/Seminar	15.0	12/31/2018 www.vivebarre.com
Watkins Aquatic Fitness Solutions (AFAA)	Aquatic Kick and Burn Boot Camp	Workshop/Seminar	3.0	12/31/2018 www.watkinsaquaticfitness.com
Watkins Aquatic Fitness Solutions (AFAA)	Aquatic Personal Training	Workshop/Seminar	3.0	
Watkins Aquatic Fitness Solutions (AFAA)	Dynamic Deep Water Combos	Workshop/Seminar		12/31/2018
willPower productions, llc (AFAA)	Climbing the Fitness Ladder	Workshop/Seminar	6.0	12/31/2018 www.willPowerMethod.com
willPower productions, llc (AFAA)	The willPower Method Phase I	Workshop/Seminar	8.0	12/31/2018 www.willPowerMethod.com
willPower productions, llc (AFAA)	The willPower Method Phase II	Workshop/Seminar	8.0	12/31/2018 www.willPowerMethod.com
Workout Bar (AFAA)	Workout Bar Leader Course	Workshop/Seminar	10.0	12/31/2018
Wukkout! (AFAA)	Wukkout! Instructor Training	Workshop/Seminar	7.0	12/31/2018 http://wukkout.com/instructor-training
XCO Latin Workout by Jackie (AFAA)	XCO Latin Workout by Jackie	Workshop/Seminar	11.0	12/31/2018 www.xcolatinworkout.com
XPERT Pole & Aerial Fitness (AFAA)	XPERT Children's Pole & Aerial Teacher Training	Workshop/Seminar	16.0	12/31/2018
You Rock Fitness, LLC (AFAA)	AMPD Power Flow	Workshop/Seminar	7.0	12/31/2018 www.ampdpowerflow.com
You Rock Fitness, LLC (AFAA)	AMPD Resistance	Workshop/Seminar	1.0	12/31/2018 www.kettlebellampd.com
You Rock Fitness, LLC (AFAA)	Kettlebell AMPD Instructor Training	Workshop/Seminar	7.0	12/31/2018 http://www.kettlebellAMPD.com
Your Body is Waiting, LLC (AFAA)	The Fascianation Method of Self-Myofascial Release	Workshop/Seminar	4.0	12/31/2018 www.thefascianator.com
Z-Health Performance Solutions (AFAA)	Essentials for Elite Performance	Workshop/Seminar	15.0	12/31/2018 http://zhealtheducation.com/
ZUMBA (AFAA)	Aqua Zumba Instructor Training	Workshop/Seminar	8.0	12/31/2018 www.zumba.com
ZUMBA (AFAA)	Aqua Zumba Boost	Workshop/Seminar	3.0	12/31/2018 www.zumba.com
ZUMBA (AFAA)	STRONG by Zumba	Workshop/Seminar	8.0	12/31/2018 http://www.zumba.com
ZUMBA (AFAA)	STRONG by Zumba E-Learning	Home Study	4.0	12/31/2018 www.zumba.com
ZUMBA (AFAA)	ZIN Academy New York	Conference	4.0	12/31/2018
ZUMBA (AFAA)	ZIN™ JAM SESSIONS APRIL 2018	Home Study	3.0	12/31/2018 www.zumba.com
ZUMBA (AFAA)	ZIN™ JAM SESSIONS FEBRUARY 2018	Home Study	3.0	12/31/2018 www.zumba.com
ZUMBA (AFAA)	ZIN™ JAM SESSIONS JANUARY 2018	Home Study	3.0	12/31/2018 www.zumba.com
ZUMBA (AFAA)	ZIN™ JAM SESSIONS MARCH 2018	Home Study	3.0	12/31/2018 www.zumba.com
ZUMBA (AFAA)	Zumba Basic 1 Instructor Training	Workshop/Seminar	8.0	12/31/2018 www.zumba.com
ZUMBA (AFAA)	Zumba Basic 2 Instructor Training	Workshop/Seminar	8.0	12/31/2018 www.zumba.com
ZUMBA (AFAA)	Zumba Gold Boost	Workshop/Seminar	3.0	12/31/2018 www.zumba.com
ZUMBA (AFAA)	Zumba Gold Instructor Training	Workshop/Seminar	8.0	12/31/2018 www.zumba.com
ZUMBA (AFAA)	Zumba Jump Start Gold Instructor Training	Workshop/Seminar	10.0	12/31/2018 www.zumba.com
ZUMBA (AFAA)	Zumba Jump Start Zumba-Kids & Kids Jr. Instructor	Workshop/Seminar	10.0	12/31/2018 www.zumba.com
ZUMBA (AFAA)	Zumba Kids + Kids JR. Instructor Training	Workshop/Seminar	8.0	12/31/2018 www.zumba.com
ZUMBA (AFAA)	Zumba Kids+Kids JR Boost	Workshop/Seminar	3.0	12/31/2018 www.zumba.com
ZUMBA (AFAA)	Zumba ProSkills Instructor Training	Workshop/Seminar		12/31/2018 www.zumba.com
ZUMBA (AFAA)	Zumba SENTAO Instructor Training	Workshop/Seminar	8.0	12/31/2018 www.zumba.com
ZUMBA (AFAA)	Zumba Step Boost	Workshop/Seminar		12/31/2018 www.zumba.com
ZUMBA (AFAA)	Zumba Step Boost Zumba Step Instructor Training	Workshop/Seminar	8.0	12/31/2018 www.zumba.com
ZUMBA (AFAA)	Zumba Step Instructor Hamming Zumba Toning Boost	Workshop/Seminar	3.0	12/31/2018 www.zumba.com
ZUMBA (AFAA)	Zumba Toning Boost	Workshop/Seminar		12/31/2018 www.zumba.com
Lowiss (Araa)	Zamba Tohing instructor Hanning	workshop/seminar	0.0	12/51/2010 www.tumba.com