



## AFAA PREFERRED PROVIDER PROGRAM

Provider	Title	Course Type	CEUs	Expires On	Registration URL
[solidcore] (AFAA)	[solidcore] Coach Training	Workshop/Seminar	15.0	12/31/19	solidcore.co
1st Choice Personal Training Online CEUs (AFAA)	Core Connection	Home Study	1.0	12/31/19	https://www.fitnessceus.com
1st Choice Personal Training Online CEUs (AFAA)	Flexibility Training Concepts Course	Home Study	1.0	12/31/19	https://www.fitnessceus.com
1st Choice Personal Training Online CEUs (AFAA)	Posture & Movement Assessment Course	Home Study	1.0	12/31/19	https://www.fitnessceus.com
305 Fitness (AFAA)	305 Fitness Instructor Training	Workshop/Seminar	15.0	12/31/19	
AAAI/ISMA (AFAA)	2019 AAAI/ISMA Colorado Springs Conference	Conference	15.0	12/31/19	aaai-ismafitness.com
AAAI/ISMA (AFAA)	Aqua Phase 2 Certification	Workshop/Seminar	6.0	12/31/19	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Cross H.I.I.T Tabata	Workshop/Seminar	6.0	12/31/19	aaai-ismafitness.com
AAAI/ISMA (AFAA)	Cycling Certification	Workshop/Seminar	6.0	12/31/19	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Holistic Health Consultant	Workshop/Seminar	6.0	12/31/19	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Mat Pilates Instructor Certification	Workshop/Seminar	6.0	12/31/19	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Mat Pilates Phase 2 Certification	Workshop/Seminar	6.0	12/31/19	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Older Adult Certification	Workshop/Seminar	6.0	12/31/19	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Personal Fitness Phase 2	Workshop/Seminar	6.0	12/31/19	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Personal Fitness Trainer Certification	Workshop/Seminar	7.0	12/31/19	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Phase 1 Aqua Instructor Certification	Workshop/Seminar	6.0	12/31/19	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Phase 2 Yoga Instructor Certification	Workshop/Seminar	6.0	12/31/19	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Phase 3 Personal Fitness	Workshop/Seminar	6.0	12/31/19	aaai-ismafitness.com
AAAI/ISMA (AFAA)	Phase 3 Yoga Instructor	Workshop/Seminar	6.0	12/31/19	aaai-ismafitness.com
AAAI/ISMA (AFAA)	Primary Aerobic Certification	Workshop/Seminar	7.0	12/31/19	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Sports Nutrition Certificate	Workshop/Seminar	7.0	12/31/19	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Strength Weight Training Certification	Workshop/Seminar	7.0	12/31/19	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Stress Reduction, Relaxation & Meditation	Workshop/Seminar	6.0	12/31/19	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	T'AI CHI Instructor Certification	Workshop/Seminar	6.0	12/31/19	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Total Body Strength Training Certification	Workshop/Seminar	6.0	12/31/19	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Yoga Phase 1 Certification	Workshop/Seminar	8.0	12/31/19	aaai-ismafitness.com
Aaron L Mattes (AFAA)	Active Isolated Stretching	Workshop/Seminar	15.0	12/31/19	www.stretchingusa.com
Active Life (AFAA)	Active Life Coach Training Workshop	Home Study	11.0	12/31/19	
Active Life (AFAA)	Active Life RX Coach Immersion	Conference	12.0	12/31/19	www.activelifex.com
Aerial Physique (AFAA)	Aerial Physique Teacher Training	Workshop/Seminar	15.0	12/31/19	
Aktiv Solutions (AFAA)	Functional Training Experience Specialist	Workshop/Seminar	6.0	12/31/19	www.aktivsolutions.com
Alexis Batrakoulis (AFAA)	Exercise for overweight and obesity: Bridging theory and practice	Workshop/Seminar	12.0	12/31/19	www.fitproworkshops.com
Alignment Essentials (AFAA)	Warrior® Online Training Workshop	Home Study	8.0	12/31/19	https://alignmentessentials.com/
Alignment Essentials (AFAA)	Warrior® Training	Home Study	12.0	12/31/19	www.alignmentessentials.com
Alignment Essentials (AFAA)	Warrior® Training Workshop	Workshop/Seminar	9.0	12/31/19	https://alignmentessentials.com/
alive Academy (AFAA)	Natural Product Advisor	Workshop/Seminar	15.0	12/31/19	www.aliveacademy.com
Alpha Warrior (AFAA)	Alpha Warrior Level 1 Accelerated	Workshop/Seminar	7.0	12/31/19	https://alphawarrior.com
Alpha Warrior (AFAA)	Alpha Warrior Level 2	Workshop/Seminar	15.0	12/31/19	https://alphawarrior.com
Alpha Warrior (AFAA)	Level 1 Certification	Workshop/Seminar	12.0	12/31/19	
American Barre Technique, LLC (AFAA)	Barre Instructor Certification	Home Study	15.0	12/31/19	www.abtbarre.com
American Council on Exercise (ACE) (AFAA)	ACE Behavior Change in Practice: Hands-on Skills for Health Coaches and Exercise Professionals	Workshop/Seminar	5.0	12/31/19	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Behavior Change Specialist	Home Study	15.0	12/31/19	http://www.acefitness.org/fitness-certifications/specialty-certifications/behavior-change.aspx
American Council on Exercise (ACE) (AFAA)	ACE Certified Health Coach	Home Study	15.0	12/31/19	
American Council on Exercise (ACE) (AFAA)	ACE Fitness Nutrition Specialist	Home Study	15.0	12/31/19	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Functional Training Specialist	Home Study	15.0	12/31/19	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Senior Fitness Specialist	Home Study	15.0	12/31/19	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Sports Conditioning Specialist	Home Study	15.0	12/31/19	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Sports Performance Workshop	Workshop/Seminar	8.0	12/31/19	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Weight Management Specialist	Home Study	15.0	12/31/19	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Youth Fitness Specialist	Home Study	15.0	12/31/19	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Fitness Programming for Overweight Clients & Clients Affected by Obesity	Workshop/Seminar	8.0	12/31/19	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Metabolic Training Workshop	Workshop/Seminar	8.0	12/31/19	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Movement Based Exercise Workshop	Workshop/Seminar	8.0	12/31/19	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Personal Training Workshop: Client Communication, Assessment and Program Design	Workshop/Seminar	8.0	12/31/19	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Small Group Training Workshop	Workshop/Seminar	5.0	12/31/19	www.acefitness.org
AMPD Golf Performance (AFAA)	AMPD Golf Performance Specialist	Home Study	8.0	12/31/19	www.ampdgolfperformance.com
Anatomy4Fitness, LLC (AFAA)	Musculoskeletal Anatomy Course	Workshop/Seminar	3.0	12/31/19	
AntiGravity® Fitness (AFAA)	AntiGravity® 1on1: D-kink	Workshop/Seminar	6.0	12/31/19	www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Aerial Yoga 1	Workshop/Seminar	15.0	12/31/19	www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Aerial Yoga 2	Workshop/Seminar	15.0	12/31/19	www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® AIRbarre 1	Workshop/Seminar	15.0	12/31/19	www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Fundamentals 1&2	Workshop/Seminar	15.0	12/31/19	www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Just Kids 1&2	Workshop/Seminar	15.0	12/31/19	www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Pilates 1	Workshop/Seminar	15.0	12/31/19	www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Restorative Yoga	Workshop/Seminar	15.0	12/31/19	www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Suspension Fitness 1	Workshop/Seminar	15.0	12/31/19	www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Suspension Fitness 2	Workshop/Seminar	15.0	12/31/19	www.antigravityfitness.com
Anytime Fitness Corporate Office (AFAA)	AF Live Implementation	Workshop/Seminar	7.0	12/31/19	www.anytimefitness.com
Anytime Fitness Corporate Office (AFAA)	AF Live Technical Training	Workshop/Seminar	7.0	12/31/19	www.anytimefitness.com
Anytime Fitness Corporate Office (AFAA)	Anytime Fitness Consumer Week Training	Workshop/Seminar	15.0	12/31/19	www.anytimefitness.com
Anytime Fitness Corporate Office (AFAA)	Anytime Fitness NFT Operations Week	Workshop/Seminar	15.0	12/31/19	www.anytimefitness.com
Anytime Fitness Corporate Office (AFAA)	Vitals	Conference	15.0	12/31/19	www.anytimefitness.com

Aquatic Connections (AFAA)	Land-2-H2O	Workshop/Seminar	4.0	12/31/19
Associação FITSalvador (AFAA)	HIRT® L-1: Scientifical Basis and Practical Application	Workshop/Seminar	8.0	12/31/19 www.HIRT.pt
Assured Fitness (AFAA)	GROUP EXERCISE: 101	Workshop/Seminar	8.0	12/31/19
Assured Fitness (AFAA)	Pressure Point: Muscle Rejuvenation	Workshop/Seminar	8.0	12/31/19
Assured Fitness (AFAA)	Senior Fitness - Senior Fit & Fun	Workshop/Seminar	8.0	12/31/19
Assured Fitness (AFAA)	Specialized Military Fitness Programming	Workshop/Seminar	15.0	12/31/19
Assured Fitness (AFAA)	Yoga 24/7	Workshop/Seminar	4.0	12/31/19
Assured Fitness (AFAA)	Yoga Burn & Firm	Workshop/Seminar	4.0	12/31/19
Assured Fitness (AFAA)	Youth Fitness - Fit-4-Kids	Workshop/Seminar	8.0	12/31/19
Aumakua Productions LLC (AFAA)	PolyFit	Workshop/Seminar	7.0	12/31/19
Australian Strength Performance (AFAA)	Advanced Hypertrophy Level 2	Workshop/Seminar	13.0	12/31/19 www.trainasp.com.au/education/
Australian Strength Performance (AFAA)	ASP Coach Level 1 Certification	Workshop/Seminar	13.0	12/31/19 www.trainasp.com.au/education/
Australian Strength Performance (AFAA)	Fat Loss Specialization	Workshop/Seminar	11.0	12/31/19
Australian Strength Performance (AFAA)	Hypertrophy Level 1	Workshop/Seminar	11.0	12/31/19
Australian Strength Performance (AFAA)	Physique Transformation Level 1	Workshop/Seminar	7.0	12/31/19
Autism Fitness (Theraplay-NY, LLC) (AFAA)	Autism Fitness Level I Certification	Workshop/Seminar	14.0	12/31/19 www.autismfitness.com
Balanced Body (AFAA)	Anatomy in Three Dimensions Instructor Training	Workshop/Seminar	15.0	12/31/19 pilates.com
Balanced Body (AFAA)	Balanced Body Barre Instructor Training, Comprehensive	Workshop/Seminar	15.0	12/31/19 pilates.com
Balanced Body (AFAA)	Balanced Body Barre Instructor Training, Fundamentals	Workshop/Seminar	8.0	12/31/19 pilates.com
Balanced Body (AFAA)	Balanced Body Movement Principles	Workshop/Seminar	15.0	12/31/19 pilates.com
Balanced Body (AFAA)	Bodhi Suspension System® Instructor Training, Comprehensive	Workshop/Seminar	15.0	12/31/19 pilates.com
Balanced Body (AFAA)	Bodhi Suspension System® Instructor Training, Fundamentals	Workshop/Seminar	8.0	12/31/19 pilates.com
Balanced Body (AFAA)	Mat 1 Instructor Training	Workshop/Seminar	15.0	12/31/19 pilates.com
Balanced Body (AFAA)	Mat 3: Enhanced Pilates Mat + Props	Workshop/Seminar	15.0	12/31/19 pilates.com
Balanced Body (AFAA)	MOTR™ Instructor Training, Comprehensive	Workshop/Seminar	15.0	12/31/19 pilates.com
Balanced Body (AFAA)	MOTR™ Instructor Training, Fundamentals	Workshop/Seminar	8.0	12/31/19 pilates.com
Balanced Body (AFAA)	Pilates on Tour - London 2019	Conference	15.0	12/31/19 pilates.com
Balanced Body (AFAA)	Pilates on Tour - Phoenix 2019	Conference	15.0	12/31/19 pilates.com
Balanced Body (AFAA)	Pilates on Tour - Studio Tour Pittsburgh 2019	Conference	15.0	12/31/19 pilates.com
Balanced Body (AFAA)	Reformer 1 Instructor Training	Workshop/Seminar	15.0	12/31/19 pilates.com
Ballroom Boogie Fitness, LLC (AFAA)	Ballroom Boogie Fitness	Workshop/Seminar	6.0	12/31/19
Barre Certification (IBBFA) (AFAA)	Barre Essentials - A Training Guide On How To Be An Effective Barre Instructor	Home Study	8.0	12/31/19 www.barrecertification.com
Barre Certification (IBBFA) (AFAA)	Barre Level 1- Fundamentals of Barre Technique	Workshop/Seminar	15.0	12/31/19 https://barrecertification.com/
Barre Intensity LLC (AFAA)	Barre Anatomy Workshop	Workshop/Seminar	10.0	12/31/19 www.barreintensity.com
Barre Intensity LLC (AFAA)	Barre Choreography Workshop 1	Workshop/Seminar	3.0	12/31/19 www.barreintensity.com
Barre Intensity LLC (AFAA)	Barre Intensity Instructor Training 1 Day	Workshop/Seminar	9.0	12/31/19 www.barreintensity.com
Barre Intensity LLC (AFAA)	Barre Intensity Instructor Training 2 day	Workshop/Seminar	13.0	12/31/19 www.barreintensity.com
Barre Shape (AFAA)	Barre Shape Certification	Workshop/Seminar	15.0	12/31/19
Barre Variations (AFAA)	Barre Variation Teacher Training	Workshop/Seminar	8.0	12/31/19
Barre Vida (AFAA)	Barre Vida Certified Instructor Trainer	Workshop/Seminar	12.0	12/31/19 www.barrevidausa.com
BarreFlow (AFAA)	BarreFlow FIRE and Fe	Workshop/Seminar	4.0	12/31/19 barreflow.net
BarreFlow (AFAA)	BarreFlow Instructor Training	Workshop/Seminar	12.0	12/31/19 barreflow.net
BarreFlow (AFAA)	What the Tuck	Workshop/Seminar	2.0	12/31/19 barreflow.net
Beachbody, LLC (AFAA)	All-Star Presenter Workshop	Workshop/Seminar	12.0	12/31/19 beachbodylive.com
Beachbody, LLC (AFAA)	CORE DE FORCE Instructor Workshop	Workshop/Seminar	7.0	12/31/19 www.beachbodylive.com
Beachbody, LLC (AFAA)	INSANITY LIVE Express Instructor Workshop	Workshop/Seminar	2.0	12/31/19 www.beachbody.com
Beachbody, LLC (AFAA)	INSANITY LIVE Instructor Workshop	Workshop/Seminar	7.0	12/31/19 www.beachbodylive.com
Beachbody, LLC (AFAA)	P90X LIVE Express Instructor Workshop	Workshop/Seminar	2.0	12/31/19 www.beachbody.com
Beachbody, LLC (AFAA)	P90X LIVE Instructor Workshop	Workshop/Seminar	7.0	12/31/19 www.beachbodylive.com
Beachbody, LLC (AFAA)	PiYo LIVE Express Instructor Workshop	Workshop/Seminar	2.0	12/31/19 www.beachbody.com
Beachbody, LLC (AFAA)	PiYo LIVE Instructor Workshop	Workshop/Seminar	7.0	12/31/19 www.beachbodylive.com
Beachbody, LLC (AFAA)	TURBO KICK LIVE Express Instructor Workshop	Workshop/Seminar	2.0	12/31/19 www.beachbody.com
Beachbody, LLC (AFAA)	TURBO KICK LIVE Instructor Workshop	Workshop/Seminar	7.0	12/31/19 www.beachbodylive.com
BeatBoss, LLC (AFAA)	BeatBoss Indoor Biking	Workshop/Seminar	14.0	12/31/19 www.beatboss.rocks
BODY FX (AFAA)	Figure 8 Basic Instructor	Home Study	6.0	12/31/19
BollyX (AFAA)	BollyX Instructor	Workshop/Seminar	7.0	12/31/19 www.bollyx.com
BollyX (AFAA)	BollyX® LIT 4-hour	Workshop/Seminar	4.0	12/31/19 www.bollyx.com
Boogie Bounce (AFAA)	One Day Training Workshop	Workshop/Seminar	7.0	12/31/19
Booty Barre (AFAA)	barreless	Workshop/Seminar	8.0	12/31/19 www.barreless.com
Booty Barre (AFAA)	BootyBarre PLUS	Workshop/Seminar	9.0	12/31/19 www.bootybarre.com
Booty Barre (AFAA)	BootyBarre plus Flex & Flow	Workshop/Seminar	15.0	12/31/19 www.bootybarre.com
Box 'N Burn Academy (AFAA)	Box N' Burn Academy Level 1 Course	Workshop/Seminar	7.0	12/31/19 www.boxnburnacademy.com
Box 'N Burn Academy (AFAA)	Box N' Burn Academy Level 2 Course	Workshop/Seminar	7.0	12/31/19 http://www.boxnburnacademy.com
Box 'N Burn Academy (AFAA)	Box N Burn Academy Online Course	Home Study	9.0	12/31/19 www.boxnburnacademy.com
Boxing & Barbells (AFAA)	Boxing & Barbells Level 1	Workshop/Seminar	8.0	12/31/19 www.boxingandbarbells.com
Boxing & Barbells (AFAA)	Boxing & Barbells Level 1 (Self Study)	Home Study	10.0	12/31/19 www.boxingandbarbells.com
Brian Grant Foundation (AFAA)	Exercise for Parkinson's (Home Study)	Home Study	6.0	12/31/19 www.briangrant.org
Brian Grant Foundation (AFAA)	Exercise for Parkinson's (Workshop)	Workshop/Seminar	6.0	12/31/19 www.briangrant.org
Brian Gryn (AFAA)	Certified Intermittent Fasting Coach	Workshop/Seminar	3.0	12/31/19 https://briangryn.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Adductors	Home Study	2.0	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Advancements in Exercise Selection 2: A Case Study Approach to Corrective Exercise	Workshop/Seminar	16.0	12/31/19 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Ankle Joint	Home Study	3.0	12/31/19 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Anterior Oblique Subsystem Integration	Home Study	1.0	12/31/19 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Biceps Femoris	Home Study	2.0	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Coracobrachialis	Home Study	2.0	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Corrective Exercise Lab	Workshop/Seminar	15.0	12/31/19 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Deep Cervical Flexor Activation	Home Study	1.0	12/31/19 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Deep Longitudinal Subsystem	Home Study	1.0	12/31/19 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Deep Neck Flexors	Home Study	2.0	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Deltoids	Home Study	2.0	12/31/19 http://brentbrookbush.com

Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Does Movement Impairment Precede Knee Pain and Injury?	Home Study	1.0	12/31/19	<a href="http://brentbrookbush.com">http://brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Erector Spinae	Home Study	2.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Extensor Hallucis Longus (EHL) & Extensor Digitorum Longus (EDL) (and Fibularis Tertius (FT))	Home Study	2.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Flexor Hallucis Longus and Flexor Digitorum Longus	Home Study	2.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Functional Anatomy 1: Introduction	Home Study	3.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Functional Anatomy 2: Muscular Function and Upper Body Muscles	Home Study	3.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Functional Anatomy 3: Lower Body and Core Muscles	Home Study	3.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Gluteus Maximus	Home Study	2.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Gluteus Maximus Activation	Workshop/Seminar	1.0	12/31/19	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Gluteus Medius Activation	Home Study	1.0	12/31/19	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Hip External Rotator: Release and Lengthening	Home Study	1.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Hip Flexor: Release and Lengthening	Home Study	1.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Hip Internal Rotator: Release and Lengthening	Home Study	1.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Hip Joint	Home Study	3.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Infraspinatus and Teres Minor	Home Study	2.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Integrated Functional Anatomy of the Cervical Spine	Home Study	3.0	12/31/19	<a href="http://brentbrookbush.com">brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Intrinsic Stabilization Subsystem	Workshop/Seminar	1.0	12/31/19	<a href="http://brentbrookbush.com">http://brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Knee Joint	Home Study	3.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Latissimus Dorsi	Home Study	2.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Levator Scapulae	Home Study	2.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Lower Body Goniometric Assessment	Home Study	2.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Lower Body Manual Muscle Testing (MMT)	Home Study	1.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Lower Extremity Dysfunction	Home Study	4.0	12/31/19	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Lumbar Extensor: Release and Lengthening	Home Study	1.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Muscle Cell Structure and Function	Home Study	1.0	12/31/19	<a href="http://brentbrookbush.com">http://brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Muscle Fiber Types	Workshop/Seminar	1.0	12/31/19	<a href="http://brentbrookbush.com">brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Muscle Length Tests	Home Study	2.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Overhead Squat Assessment (Part 1): Signs of Dysfunction	Home Study	2.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Overhead Squat Assessment (Part 2): Sign Clusters and Compensation Patterns	Home Study	2.0	12/31/19	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Pectoralis Major	Home Study	2.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Pectoralis Minor	Home Study	2.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Performance Program Design	Workshop/Seminar	15.0	12/31/19	<a href="http://brookbushinstitute.com">brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Plantar Flexor: Release and Lengthening	Home Study	1.0	12/31/19	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Popliteus	Home Study	2.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Posterior Oblique Subsystem Integration	Workshop/Seminar	1.0	12/31/19	<a href="http://brookbushinstitute.com">http://brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Predictive Model of Lumbo Pelvic Hip Complex Dysfunction (LPHCD)	Home Study	2.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Predictive Model of Upper Body Dysfunction (UBD)	Home Study	3.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Rectus Abdominis & Pyramidalis	Home Study	2.0	12/31/19	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Rhomboids	Home Study	2.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Scapular Muscles: Release and Lengthening	Home Study	1.0	12/31/19	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Self-administered Joint Mobilizations: Lower Extremity	Home Study	2.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Self-administered Joint Mobilizations: Upper Extremity	Home Study	2.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Serratus Anterior	Home Study	2.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Serratus Anterior Activation	Home Study	1.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Shoulder External Rotator Activation	Home Study	1.0	12/31/19	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Shoulder Internal Rotator and Posterior Deltoid: Release and Lengthening	Home Study	1.0	12/31/19	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Shoulder Joint	Home Study	3.0	12/31/19	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Soleus	Home Study	2.0	12/31/19	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Sternoclavicular, Acromioclavicular and Scapulothoracic Joints	Home Study	3.0	12/31/19	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Subscapularis	Home Study	2.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Supraspinatus	Home Study	2.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Tensor Fascia Latae	Home Study	2.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Teres Major	Home Study	2.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Tibia External Rotator: Release and Lengthening	Home Study	1.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Tibialis Anterior	Home Study	2.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Tibialis Anterior Activation	Home Study	1.0	12/31/19	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Tibialis Posterior	Home Study	2.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Tibialis Posterior Activation	Home Study	1.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Transverse Abdominis Activation	Home Study	1.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Trapezius Activation	Home Study	1.0	12/31/19	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Trapezius Muscle	Home Study	2.0	12/31/19	<a href="http://brentbrookbush.com">http://brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Upper Body Goniometric Assessment	Home Study	2.0	12/31/19	<a href="http://brentbrookbush.com">http://brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Upper Body Manual Muscle Testing (MMT)	Home Study	1.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Vastus Medialis Obliquus (VMO) and Tibial Internal Rotator Activation	Home Study	1.0	12/31/19	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Bruce and Mindy Inc. (AFAA)	Cooking and Coaching	Workshop/Seminar	9.0	12/31/19	<a href="http://bruceandmindy.com">bruceandmindy.com</a>
Bruce and Mindy Inc. (AFAA)	Fluid Strength	Workshop/Seminar	4.0	12/31/19	<a href="http://bruceandmindy.com">bruceandmindy.com</a>
Bruce and Mindy Inc. (AFAA)	Gliding Total Body	Workshop/Seminar	4.0	12/31/19	<a href="http://bruceandmindy.com">bruceandmindy.com</a>
Bruce and Mindy Inc. (AFAA)	One Day to Wellness	Workshop/Seminar	9.0	12/31/19	<a href="http://bruceandmindy.com">bruceandmindy.com</a>
Cancer Exercise Training Institute (AFAA)	Cancer Exercise Specialist Advanced Qualification (Home Study)	Home Study	15.0	12/31/19	<a href="http://www.thecancerspecialist.com">www.thecancerspecialist.com</a>
Carrick Institute for Graduate Studies (AFAA)	502: Cardiovascular Enhancement and Neuro-Integration	Workshop/Seminar	15.0	12/31/19	<a href="https://carrickinstitute.com">https://carrickinstitute.com</a>
Carrick Institute for Graduate Studies (AFAA)	503: Metabolism and Neuro-Nutritional Strategies	Workshop/Seminar	15.0	12/31/19	<a href="https://carrickinstitute.com">https://carrickinstitute.com</a>
Carrick Institute for Graduate Studies (AFAA)	504: Neuro-Modulation of Human Performance	Workshop/Seminar	15.0	12/31/19	<a href="https://carrickinstitute.com">https://carrickinstitute.com</a>
Chakaboom Fitness (AFAA)	CHAKABOONCE Instructor Training	Workshop/Seminar	8.0	12/31/19	<a href="http://www.chakaboomfitness.com">www.chakaboomfitness.com</a>
Chakaboom Fitness (AFAA)	The Chakaboom Fitness Experience, Instructor Training	Workshop/Seminar	6.0	12/31/19	<a href="http://www.chakaboomfitness.com">http://www.chakaboomfitness.com</a>
Compact Health Pty Ltd (AFAA)	The Power of Calm	Home Study	5.0	12/31/19	<a href="http://www.courses-powerofcalm.com/the-power-of-calm">www.courses-powerofcalm.com/the-power-of-calm</a>
Core Athletica Inc. (AFAA)	Knocked-Up Fitness® Prenatal and Postnatal Exercise Specialist Course	Home Study	15.0	12/31/19	<a href="http://Knocked-UpFitness.com">Knocked-UpFitness.com</a>
Core Health & Fitness (AFAA)	BoxMaster Instructor Workshop	Workshop/Seminar	5.0	12/31/19	<a href="http://www.corehandf.com/certification">www.corehandf.com/certification</a>
Core Health & Fitness (AFAA)	Nautilus Human Sport Specialist Workshop	Workshop/Seminar	8.0	12/31/19	<a href="http://www.corehandf.com/certification">www.corehandf.com/certification</a>
Core Health & Fitness (AFAA)	Schwinn Cycling Online Classic Instructor	Home Study	7.0	12/31/19	<a href="http://www.corehandf.com/certification">www.corehandf.com/certification</a>
Core Health & Fitness (AFAA)	Schwinn Indoor Cycling - How to Wow	Workshop/Seminar	2.0	12/31/19	<a href="https://www.corehandf.com/certification">https://www.corehandf.com/certification</a>

Core Health & Fitness (AFAA)	Schwinn Indoor Cycling - The Breathless and Back Again	Workshop/Seminar	2.0	12/31/19	<a href="https://www.corehandf.com/certification">https://www.corehandf.com/certification</a>
Core Health & Fitness (AFAA)	Schwinn Indoor Cycling - The Magic of Music	Workshop/Seminar	2.0	12/31/19	<a href="https://www.corehandf.com/certification">https://www.corehandf.com/certification</a>
Core Health & Fitness (AFAA)	Schwinn Indoor Cycling - The Power Behind Power	Workshop/Seminar	2.0	12/31/19	<a href="https://www.corehandf.com/certification">https://www.corehandf.com/certification</a>
Core Health & Fitness (AFAA)	Schwinn Indoor Cycling Workshop: All the Right Cues	Workshop/Seminar	2.0	12/31/19	<a href="http://www.schwinneducation.com">www.schwinneducation.com</a>
Core Health & Fitness (AFAA)	Schwinn Indoor Cycling Workshop: Class Design Crunch Time	Workshop/Seminar	2.0	12/31/19	<a href="http://www.schwinneducation.com">www.schwinneducation.com</a>
Core Health & Fitness (AFAA)	Schwinn Indoor Cycling Workshop: Leave Em Breathless	Workshop/Seminar	2.0	12/31/19	<a href="http://www.schwinneducation.com">www.schwinneducation.com</a>
Core Health & Fitness (AFAA)	Schwinn Indoor Cycling: Classic Instructor Certification	Workshop/Seminar	8.0	12/31/19	<a href="http://www.schwinneducation.com">www.schwinneducation.com</a>
Core Health & Fitness (AFAA)	Schwinn Indoor Cycling: Power Instructor Certification	Workshop/Seminar	8.0	12/31/19	<a href="http://www.schwinneducation.com">www.schwinneducation.com</a>
Core Health & Fitness (AFAA)	Schwinn® Cycling - Pedal & Pulse	Workshop/Seminar	2.0	12/31/19	<a href="http://www.corehandf.com/certification">www.corehandf.com/certification</a>
Core Health & Fitness (AFAA)	Schwinn® Cycling - Train Right 2 Ride Right	Workshop/Seminar	2.0	12/31/19	<a href="http://www.corehandf.com/certification">www.corehandf.com/certification</a>
Core Health & Fitness (AFAA)	Schwinn® Cycling: Super Star Substitute	Workshop/Seminar	2.0	12/31/19	<a href="http://www.corehandf.com/certification">www.corehandf.com/certification</a>
Core Health & Fitness (AFAA)	StairMaster HIIT Instructor Training Program	Workshop/Seminar	4.0	12/31/19	<a href="http://www.corehandf.com/certification">www.corehandf.com/certification</a>
CorePower Yoga (AFAA)	Yoga Sculpt Teacher Training	Home Study	15.0	12/31/19	<a href="http://www.corepoweryoga.com">www.corepoweryoga.com</a>
Country Fusion™ (AFAA)	Country Fusion	Workshop/Seminar	7.0	12/31/19	<a href="http://www.countryfusion.net">www.countryfusion.net</a>
CTY Fitness (AFAA)	Commit Dance Fitness	Workshop/Seminar	7.0	12/31/19	
Cycling Fusion, LLC (AFAA)	Essentials Indoor Cycling Instructor Workshop	Workshop/Seminar	7.0	12/31/19	<a href="http://www.cyclingfusion.com">www.cyclingfusion.com</a>
Dan-Z Fitness Pte Ltd (AFAA)	Official KpopX® Fitness Instructor	Workshop/Seminar	8.0	12/31/19	<a href="http://www.kpopxfitness.com">www.kpopxfitness.com</a>
Davide Zanichelli (AFAA)	BabyGET! Instructor course	Workshop/Seminar	8.0	12/31/19	<a href="http://www.fit-up-solution.com">www.fit-up-solution.com</a>
Debbie Roberts Seminars (AFAA)	Flexibility Plus	Workshop/Seminar	6.0	12/31/19	
Dr. Sears Wellness Institute (AFAA)	Health Coach Certification-Adults & Seniors	Home Study	15.0	12/31/19	<a href="http://drsearswellnessinstitute.org">drsearswellnessinstitute.org</a>
Dr. Sears Wellness Institute (AFAA)	Health Coach Certification-Families	Home Study	15.0	12/31/19	<a href="http://drsearswellnessinstitute.org">drsearswellnessinstitute.org</a>
Dr. Sears Wellness Institute (AFAA)	Health Coach Certification-Pregnancy	Home Study	15.0	12/31/19	<a href="http://drsearswellnessinstitute.org">drsearswellnessinstitute.org</a>
Drums Alive (AFAA)	Drums Alive® Basic On-line Instructor Specialty Certificate	Home Study	8.0	12/31/19	
EMPOWER! (AFAA)	A+B+C Vinyasa Yoga Sequencing	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	Adjustments - Beyond the Physical	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	AMP Cycle	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	AMP Sculpt	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	Ballet and the Barre	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	Barbell Strength	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	Barre Fundamentals Instructor Training	Workshop/Seminar	9.0	12/31/19	
EMPOWER! (AFAA)	BarreSuite: Fusion	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	Breath, Focus & Mindfulness	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	Dance Project	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	Define Your WHY behind Every Class from a Scientific Standpoint	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	DJ SCHOOL: Music Mixology	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	EDG Cycle	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	EDG Sculpt	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	FEEDBACK: It's a 2-Way Street	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	FIGHT IQ	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	Gluteus MAXout	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	Holding Space	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	Infinity Flow	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	Intense vs. Impressive	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	Kettlebell Kombine	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	LifeBarre	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	LIT	Workshop/Seminar	3.0	12/31/19	
EMPOWER! (AFAA)	Music Mastery	Workshop/Seminar	2.0	12/31/19	
EMPOWER! (AFAA)	No Bench Warmers	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	OWN IT: MARKETING AND BUILDING YOUR PERSONAL BRAND	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	Play the Cards	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	Positive Resolution	Workshop/Seminar	2.0	12/31/19	
EMPOWER! (AFAA)	PWR Cycle	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	Regeneration is the Missing Link to Complete Training	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	Rock Their Results Outline	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	Strike!	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	SUP Instructor Training	Workshop/Seminar	8.0	12/31/19	
EMPOWER! (AFAA)	SURRENDER	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	Talking the Talk	Workshop/Seminar	2.0	12/31/19	
EMPOWER! (AFAA)	Tapping Into Your Authentic Performer	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	Teaching Beneath the Pose	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	Tell Me More	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	The Anecdote	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	The Art of Kettlebell Training	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	The Art of Transitions	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	The Ultimate Connection	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	Unscripted	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	Warrior Sculpt	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	What the Yin?	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	XTREME	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	Yoga Intensive: BE	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	Yoga Intensive: FIRE	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	Yoga Intensive: FLOW	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	Yoga Intensive: FLOW Guided	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	Yoga Intensive: ROOT	Workshop/Seminar	4.0	12/31/19	
EMPOWER! (AFAA)	Your Brain, Your Body and the Beat	Workshop/Seminar	4.0	12/31/19	
Evolution Athletics (AFAA)	Corrective Exercise and Technology	Workshop/Seminar	4.0	12/31/19	
Exercise Etc Inc (AFAA)	Age Appropriate Strength Training	Home Study	2.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	Athletic Body in Balance	Home Study	15.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	Avoiding Common Fitness Injuries	Workshop/Seminar	2.0	12/31/19	<a href="http://exercisetc.com/power.html">http://exercisetc.com/power.html</a>
Exercise Etc Inc (AFAA)	Balance, Mobility & Function	Workshop/Seminar	2.0	12/31/19	<a href="http://exercisetc.com">http://exercisetc.com</a>

Exercise Etc Inc (AFAA)	Balance, Stability & Fall Prevention	Workshop/Seminar	2.0	12/31/19	<a href="http://exercisetc.com">http://exercisetc.com</a>
Exercise Etc Inc (AFAA)	Cheap Tricks for Trainers	Home Study	2.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	Complete Guide to Foam Rolling	Home Study	10.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	Complete Guide to TRX® Suspension Training	Workshop/Seminar	10.0	12/31/19	<a href="http://www.crunch.com">www.crunch.com</a>
Exercise Etc Inc (AFAA)	Comprehensive Recovery Strategies	Home Study	2.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	Conditioning to the Core	Home Study	10.0	12/31/19	<a href="http://exercisetc.com">http://exercisetc.com</a>
Exercise Etc Inc (AFAA)	Core Training Anatomy	Home Study	12.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	Core Training for Seniors	Workshop/Seminar	2.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	Core Training: Working Hard or Hardly Working?	Home Study	2.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	Defying Gravity: Balance Drills for Seniors	Workshop/Seminar	2.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	Dynamic Balance & Mobility	Home Study	2.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	Exercise & the Older Adult	Workshop/Seminar	2.0	12/31/19	<a href="http://www.exercisetc.com/">http://www.exercisetc.com/</a>
Exercise Etc Inc (AFAA)	Exercise & the Older Shoulder	Workshop/Seminar	2.0	12/31/19	<a href="http://exercisetc.com/">http://exercisetc.com/</a>
Exercise Etc Inc (AFAA)	Exercise to Improve Neck & Back Function	Workshop/Seminar	2.0	12/31/19	<a href="http://exercisetc.com/">http://exercisetc.com/</a>
Exercise Etc Inc (AFAA)	Facilitated Stretching	Home Study	15.0	12/31/19	<a href="http://exercisetc.com">http://exercisetc.com</a>
Exercise Etc Inc (AFAA)	Fitness Illustrated	Home Study	10.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	Fitness Professionals Guide to Strength Training Older Adults, 2017	Home Study	12.0	12/31/19	<a href="http://exercisetc.com">http://exercisetc.com</a>
Exercise Etc Inc (AFAA)	Forever Fit: Protecting the Middle Aged Spine	Workshop/Seminar	2.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	Forever Young: Secrets of the Older Mind	Workshop/Seminar	2.0	12/31/19	<a href="http://exercisetc.com">http://exercisetc.com</a>
Exercise Etc Inc (AFAA)	Full Body Flexibility	Home Study	7.0	12/31/19	<a href="http://exercisetc.com">http://exercisetc.com</a>
Exercise Etc Inc (AFAA)	Functional Forever: Exercise for Independent Living	Home Study	2.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	Functional Training	Home Study	10.0	12/31/19	<a href="http://exercisetc.com">http://exercisetc.com</a>
Exercise Etc Inc (AFAA)	Functional Training: Myths & Mystique	Home Study	2.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	Good Knee/Bad Knee	Workshop/Seminar	2.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	High Intensity 300	Home Study	10.0	12/31/19	<a href="http://exercisetc.com">http://exercisetc.com</a>
Exercise Etc Inc (AFAA)	High Intensity Interval Training	Workshop/Seminar	2.0	12/31/19	<a href="http://exercisetc.com/">http://exercisetc.com/</a>
Exercise Etc Inc (AFAA)	High Intensity Training: When Less is More	Home Study	2.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	Integrated Postural Training	Home Study	2.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	Kettlebell Training	Home Study	10.0	12/31/19	<a href="http://exercisetc.com">http://exercisetc.com</a>
Exercise Etc Inc (AFAA)	Life After Hip or Knee Replacement	Workshop/Seminar	2.0	12/31/19	<a href="http://exercisetc.com/">http://exercisetc.com/</a>
Exercise Etc Inc (AFAA)	Lift Weight to Lose Weight	Workshop/Seminar	2.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	Living Fearless: Exercise, Balance & Core Strength	Home Study	2.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	Making Connections: Challenging the Older Brain	Workshop/Seminar	2.0	12/31/19	<a href="http://exercisetc.com">http://exercisetc.com</a>
Exercise Etc Inc (AFAA)	Myofascial Release	Workshop/Seminar	10.0	12/31/19	<a href="http://exercisetc.com/">http://exercisetc.com/</a>
Exercise Etc Inc (AFAA)	Nancy Clark's Sports Nutrition Guidebook	Home Study	15.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	Never too Late: Functional Core Training for Seniors	Workshop/Seminar	2.0	12/31/19	<a href="http://www.crunch.com">www.crunch.com</a>
Exercise Etc Inc (AFAA)	Nutrient Timing	Workshop/Seminar	2.0	12/31/19	<a href="http://exercisetc.com/">http://exercisetc.com/</a>
Exercise Etc Inc (AFAA)	Nutrient Timing for Peak Performance	Home Study	15.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	Optimal Muscle Training	Home Study	15.0	12/31/19	<a href="http://exercisetc.com">http://exercisetc.com</a>
Exercise Etc Inc (AFAA)	Polishing the Golden Years: Age-appropriate Conditioning Exercises	Workshop/Seminar	2.0	12/31/19	<a href="http://www.crunch.com">www.crunch.com</a>
Exercise Etc Inc (AFAA)	Proud & Powerful: Conditioning Drills for Older Adults	Workshop/Seminar	2.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	Remedial Exercise: Restoring Function to the Deconditioned	Workshop/Seminar	2.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	Retired, not Expired: Integrated Strength Training Drills	Workshop/Seminar	2.0	12/31/19	<a href="http://www.crunch.com">www.crunch.com</a>
Exercise Etc Inc (AFAA)	Secrets of Strength & Conditioning	Workshop/Seminar	2.0	12/31/19	<a href="http://exercisetc.com/">http://exercisetc.com/</a>
Exercise Etc Inc (AFAA)	Sports Injuries Guidebook	Home Study	15.0	12/31/19	<a href="http://exercisetc.com">http://exercisetc.com</a>
Exercise Etc Inc (AFAA)	Standing Tall: Exercise and the Aging Spine	Home Study	2.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	Strength & Conditioning for Seniors	Home Study	2.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	Strength Training Anatomy	Home Study	10.0	12/31/19	<a href="http://exercisetc.com">http://exercisetc.com</a>
Exercise Etc Inc (AFAA)	Strength Training Past 50	Home Study	9.0	12/31/19	<a href="http://exercisetc.com">http://exercisetc.com</a>
Exercise Etc Inc (AFAA)	Strong Minds: Exercise & Cognitive Function	Home Study	2.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	The Ankle: The Biomechanical Marvel	Workshop/Seminar	2.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	The Bionic Elder: Training with New Knees or Hips	Home Study	2.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	The Defiant Senior: Exercise to Manage Chronic Illness	Home Study	2.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	The HIIT Advantage	Home Study	10.0	12/31/19	<a href="http://exercisetc.com">http://exercisetc.com</a>
Exercise Etc Inc (AFAA)	The Integrated Core: Coordinating the Inner & Outer Units	Workshop/Seminar	2.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	The Knee: Top Trends in Training	Home Study	2.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	The Shoulder: New School Training Techniques	Home Study	2.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	The Vibrant Senior: Putting the FUN in Functional Training	Home Study	2.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	Tricks Every Trainer Should Know	Workshop/Seminar	2.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	Understanding Shoulder Dysfunction	Home Study	2.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	Walk the Walk: Functional Ambulation Drills	Workshop/Seminar	2.0	12/31/19	<a href="http://www.crunch.com">www.crunch.com</a>
Exercise Etc Inc (AFAA)	Walking Tall: Mobility Drills for Seniors	Home Study	2.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	Weight Management: Secrets & Lies	Home Study	2.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	When Good Knees Go Bad	Home Study	2.0	12/31/19	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc (AFAA)	Women's Home Workout Bible	Home Study	15.0	12/31/19	<a href="http://exercisetc.com">http://exercisetc.com</a>
exhale (AFAA)	exhale Barre Teacher Training Module 1	Workshop/Seminar	15.0	12/31/19	<a href="http://exhalespa.com/">http://exhalespa.com/</a>
exhale (AFAA)	exhale Barre Teacher Training Module 2	Workshop/Seminar	15.0	12/31/19	<a href="http://www.exhalespa.com">http://www.exhalespa.com</a>
exhale (AFAA)	exhale Core Strengthening Series	Workshop/Seminar	4.0	12/31/19	<a href="http://exhalespa.com">exhalespa.com</a>
exhale (AFAA)	exhale Glutes Strengthening Series	Workshop/Seminar	4.0	12/31/19	<a href="http://exhalespa.com">exhalespa.com</a>
exhale (AFAA)	exhale Stretch Series	Workshop/Seminar	4.0	12/31/19	<a href="http://exhalespa.com">exhalespa.com</a>
exhale (AFAA)	exhale Thigh Strengthening Series	Workshop/Seminar	4.0	12/31/19	<a href="http://exhalespa.com">exhalespa.com</a>
exhale (AFAA)	exhale Upper Body Series	Workshop/Seminar	4.0	12/31/19	<a href="http://exhalespa.com">exhalespa.com</a>
Explosive Fitness Performance (AFAA)	Speed & Agility/Strength Workshop	Workshop/Seminar	5.0	12/31/19	
Fit For Birth, Inc (AFAA)	Pre & Post Natal Corrective Exercise Specialist (Home Study + Mini Internship)	Home Study	15.0	12/31/19	<a href="http://www.getfitforbirth.com">http://www.getfitforbirth.com</a>
FIT4MOM (AFAA)	Body Back	Home Study	4.0	12/31/19	
FIT4MOM (AFAA)	Body Ignite Certification	Workshop/Seminar	3.0	12/31/19	<a href="https://fit4mom.com/">https://fit4mom.com/</a>
FIT4MOM (AFAA)	Fit4Baby	Home Study	3.0	12/31/19	
FIT4MOM (AFAA)	Fit4Mom Conference: Heart + Hustle (Friday)	Conference	5.0	12/31/19	<a href="http://FIT4MOM.com">FIT4MOM.com</a>
FIT4MOM (AFAA)	Fit4Mom Conference: Heart + Hustle (Saturday)	Conference	5.0	12/31/19	<a href="http://FIT4MOM.com">FIT4MOM.com</a>
FIT4MOM (AFAA)	Fit4Mom Conference: Heart + Hustle (Sunday)	Conference	5.0	12/31/19	

FIT4MOM (AFAA)	FIT4MOM Experience	Workshop/Seminar	7.0	12/31/19
FIT4MOM (AFAA)	FIT4MOM Foundations	Home Study	8.0	12/31/19
FIT4MOM (AFAA)	Run Club+	Workshop/Seminar	3.0	12/31/19 <a href="https://fit4mom.com/">https://fit4mom.com/</a>
FIT4MOM (AFAA)	Strides 360 Certification	Workshop/Seminar	3.0	12/31/19 <a href="https://fit4mom.com/">https://fit4mom.com/</a>
FIT4MOM (AFAA)	Stroller Barre	Home Study	3.0	12/31/19
FIT4MOM (AFAA)	StrollerStrides	Home Study	4.0	12/31/19
FitFixNow (AFAA)	5 Ways You're Losing Your Clients	Home Study	2.0	12/31/19 <a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	Boost Your Business with a Better Business Plan	Home Study	2.0	12/31/19 <a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	Expand Your Reach with Online Face to Face Training	Home Study	2.0	12/31/19 <a href="https://www.fitfixnow.com/">https://www.fitfixnow.com/</a>
FitFixNow (AFAA)	Fit Kids for Life: Reversing Childhood Obesity	Home Study	2.0	12/31/19
FitFixNow (AFAA)	Growth, Discovery & Programming for the 6 to 9 Year Old: Essentials of Youth Fitness	Home Study	3.0	12/31/19 <a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	Helping Your Clients Become Their Best!	Home Study	5.0	12/31/19 Movement Training Specialist Assessment Series
FitFixNow (AFAA)	HIIT for Clients: Getting More with Less	Home Study	2.0	12/31/19 <a href="http://www.fitfixnow.com">http://www.fitfixnow.com</a>
FitFixNow (AFAA)	Increase Your Income with Online Video Group Training	Home Study	2.0	12/31/19 <a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	Making EVERY Client a Success: A Tool Kit for Behavior Change	Home Study	2.0	12/31/19
FitFixNow (AFAA)	Nutrition for Fitness Professionals	Home Study	4.0	12/31/19 <a href="http://www.fitfixnow.com">http://www.fitfixnow.com</a>
FitFixNow (AFAA)	Reinventing The Wheel: Fitness and Adapted PE for the Autism Population	Workshop/Seminar	2.0	12/31/19 <a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	Stop the Fall BEFORE it happens: Balance & Stretch for Aging Populations	Home Study	2.0	12/31/19 <a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	Strong Minds Strong Bodies	Home Study	2.0	12/31/19 <a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	Teaching Weight Loss Strategies for Personal Trainers	Home Study	3.0	12/31/19 <a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	Technology is Your Friend - Using Heart Rate Training to Get More out of Your Clients	Home Study	2.0	12/31/19 <a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	The Midas Touch: Golden Clients in their Golden Years	Home Study	2.0	12/31/19 <a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	Training Aging Bones and Muscles	Home Study	2.0	12/31/19 <a href="http://www.fitfixnow.com">http://www.fitfixnow.com</a>
FitFixNow (AFAA)	Training Injured Clients	Home Study	3.0	12/31/19 <a href="https://www.fitfixnow.com">https://www.fitfixnow.com</a>
FitFixNow (AFAA)	Training the Aging Heart with Safety and Confidence	Home Study	4.0	12/31/19 <a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	Training Towards and Away From Knee and Hip Replacement	Home Study	3.0	12/31/19 <a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	Youth Fitness: Herding Ferrets, Building Champions and Coaching in a Maelstrom	Home Study	5.0	12/31/19 <a href="https://www.fitfixnow.com">https://www.fitfixnow.com</a>
FitFixNow (AFAA)	Zen, Science and Better Client Results	Home Study	4.0	12/31/19 <a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
Fitness Education Online (AFAA)	Medball Essentials for Personal Trainers	Home Study	9.0	12/31/19
Fitness Education Online (AFAA)	Suspension Training Essentials for PTs	Home Study	8.0	12/31/19
Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education (AFAA)	Female Fitness: Restore the Core while discovering its effects on the whole body	Workshop/Seminar	7.0	12/31/19
Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education (AFAA)	ICES Approach to Training Baby Boomers and Seniors	Workshop/Seminar	7.0	12/31/19 <a href="http://www.iihfe.com">www.iihfe.com</a>
Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education (AFAA)	ICES Approach to Training Baby Boomers and Seniors-Designing Programs	Workshop/Seminar	7.0	12/31/19 <a href="http://www.iihfe.com">www.iihfe.com</a>
Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education (AFAA)	Integrative Core Training For the Baby Boomers and Seniors	Workshop/Seminar	7.0	12/31/19
Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education (AFAA)	What Lies Beneath: How Fitness Professionals Can Address the Under-realized (Postural & Movement...	Workshop/Seminar	4.0	12/31/19
FitnessFest Conference and Expo (AFAA)	FitnessFest Los Angeles 2019	Conference	15.0	12/31/19 <a href="http://www.fitnessfest.org">www.fitnessfest.org</a>
FITOUR (AFAA)	Advanced Aqua Self Study	Workshop/Seminar	8.0	12/31/19 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Advanced Indoor Cycling Self Study	Workshop/Seminar	8.0	12/31/19 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Advanced Pilates Self Study	Home Study	8.0	12/31/19 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Advanced Yoga Self Study	Workshop/Seminar	8.0	12/31/19 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	BootCamp Self Study	Home Study	8.0	12/31/19 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Core and Functional Fitness Self Study	Workshop/Seminar	8.0	12/31/19 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	FITOUR Advanced Barre Instructor Certification	Home Study	8.0	12/31/19 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	FITOUR Primary Barre Instructor Certification	Home Study	8.0	12/31/19 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Group Barbell Self Study	Home Study	8.0	12/31/19 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Kickboxing Self Study	Home Study	8.0	12/31/19 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Myofascial Release Self Study	Workshop/Seminar	8.0	12/31/19 <a href="http://www.fitour.com">http://www.fitour.com</a>
FITOUR (AFAA)	Pilates Reformer Level 1 Self Study	Home Study	8.0	12/31/19 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Primary Aqua Live Workshop	Workshop/Seminar	8.0	12/31/19 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Primary Aqua Self Study	Workshop/Seminar	8.0	12/31/19 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Primary Indoor Cycling Live Workshop	Workshop/Seminar	8.0	12/31/19 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Primary Indoor Cycling Self Study	Workshop/Seminar	8.0	12/31/19 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Primary Pilates Live Workshop	Workshop/Seminar	8.0	12/31/19 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Primary Pilates Self Study	Workshop/Seminar	8.0	12/31/19 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Primary Yoga Self Study	Workshop/Seminar	8.0	12/31/19 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Stability Ball Self Study	Home Study	8.0	12/31/19 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Step Self Study	Home Study	8.0	12/31/19 <a href="http://www.fitour.com">www.fitour.com</a>
FitSteps (AFAA)	FitSteps Instructor Training Program	Home Study	4.0	12/31/19 <a href="http://fitstepsdance.com">fitstepsdance.com</a>
Flexibility First Academy (AFAA)	Certified Flexibility Specialist: Level One	Workshop/Seminar	15.0	12/31/19 <a href="http://www.flexibilityfirstacademy.com">www.flexibilityfirstacademy.com</a>
Freedom Group Exercise LLC. (AFAA)	BANG Power Dance Up-Skilling Workshop	Workshop/Seminar	3.0	12/31/19 <a href="http://www.FreedomGroupExercise.com">www.FreedomGroupExercise.com</a>
Freedom Group Exercise LLC. (AFAA)	BANG Power Dance™ Instructor Workshop	Workshop/Seminar	14.0	12/31/19 <a href="https://FreedomGroupExercise.com">https://FreedomGroupExercise.com</a>
Freedom Group Exercise LLC. (AFAA)	Freedom Barre Up-Skilling Workshop	Workshop/Seminar	3.0	12/31/19 <a href="http://www.FreedomGroupExercise.com">www.FreedomGroupExercise.com</a>
Freedom Group Exercise LLC. (AFAA)	Freedom Barre™ Instructor Workshop	Workshop/Seminar	14.0	12/31/19 <a href="https://FreedomGroupExercise.com">https://FreedomGroupExercise.com</a>
Functional Medicine Coaching Academy (FMCA) (AFAA)	Functional Medicine Coaching Academy Health Coaching Program	Home Study	15.0	12/31/19 <a href="http://www.functionalmedicinecoaching.org">http://www.functionalmedicinecoaching.org</a>
GloBarre with Tanya Ortiz (AFAA)	GloBarre Essential Class	Workshop/Seminar	5.0	12/31/19 <a href="http://theglobalbarre.com">theglobalbarre.com</a>
GRIT Fitness (AFAA)	BODY SCULPT INSTRUCTOR	Workshop/Seminar	15.0	12/31/19
GRIT Fitness (AFAA)	CIRCUIT & INTERVAL INSTRUCTOR	Workshop/Seminar	15.0	12/31/19 <a href="http://DALLASGRITFITNESS.COM">DALLASGRITFITNESS.COM</a>
GRIT Fitness (AFAA)	powerbelle™ INSTRUCTOR	Workshop/Seminar	15.0	12/31/19
GRIT Fitness (AFAA)	Revolution Cycling Instructor	Workshop/Seminar	15.0	12/31/19
Halem Cycle (AFAA)	From Good to Great	Workshop/Seminar	4.0	12/31/19 <a href="http://www.harlem-cycle.com">www.harlem-cycle.com</a>
HeartZones USA (AFAA)	Heart Zones Training and Indoor Cycling	Workshop/Seminar	8.0	12/31/19 <a href="http://www.heartzones.com">www.heartzones.com</a>
Hedstrom Fitness (AFAA)	3D XTREME™ powered by BOSU®	Workshop/Seminar	6.0	12/31/19 <a href="http://www.bosu.com">http://www.bosu.com</a>
Hedstrom Fitness (AFAA)	BOSU® Advanced Programming Strategies	Workshop/Seminar	4.0	12/31/19 <a href="http://www.bosu.com">www.bosu.com</a>
Hedstrom Fitness (AFAA)	BOSU® Mindful Movement & Mobility	Workshop/Seminar	4.0	12/31/19 <a href="http://www.bosu.com">www.bosu.com</a>
Hedstrom Fitness (AFAA)	BOSU® Next Generation Balance Training	Workshop/Seminar	4.0	12/31/19 <a href="http://www.bosu.com">www.bosu.com</a>
Hedstrom Fitness (AFAA)	BOSU® DOUBLE UP DOUBLE DOWN	Workshop/Seminar	2.0	12/31/19 <a href="http://www.bosu.com">http://www.bosu.com</a>
Hedstrom Fitness (AFAA)	BOSU® HIIT EXTREME	Workshop/Seminar	2.0	12/31/19 <a href="http://www.bosu.com">http://www.bosu.com</a>
Hedstrom Fitness (AFAA)	BOSU® STRONG + STRETCHED	Workshop/Seminar	2.0	12/31/19 <a href="http://www.bosu.com">http://www.bosu.com</a>
Hedstrom Fitness (AFAA)	Surge® Hydro Performance Training	Workshop/Seminar	4.0	12/31/19 <a href="http://www.surgestrong.com">www.surgestrong.com</a>
Hedstrom Fitness (AFAA)	Surge® Hydro Program Design	Workshop/Seminar	4.0	12/31/19 <a href="http://www.surgestrong.com">www.surgestrong.com</a>

Hedstrom Fitness (AFAA)	Surge® Hydro Training System	Workshop/Seminar	4.0	12/31/19	www.surgestrong.com
Hyperwear (AFAA)	SandBell® Level 1 Training	Workshop/Seminar	4.0	12/31/19	www.hyperwear.com
IDEA Health & Fitness (AFAA)	21st Century Body Sculpt	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	A Different Look at Core Training: The Backside	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	ACSM: Exercise Is Medicine (EIM)--From Doctor to Trainer to Client Success!	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Active Resistance Training® Total Body Mat Practice	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Advanced and Progressive Mechanics of Lifting and Strength Training	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	Anatomy of a Fitness Business	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Anatomy: Reconnect With Your Spine Muscles, by NFPT	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and The Physiology of Fatigue	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2017 IDEA Fitness Journal Quiz 2: The Benefits of Good Posture, and Pilates for Recreational A	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2017 IDEA Fitness Journal Quiz 3: Survival of the Fittest	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2017 IDEA Fitness Journal Quiz 4: Practical Applications for Sprint Interval Training	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/19	http://www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2018 IDEA Fitness Journal Quiz 2: Resistance Training for Young Adults, and Spot Scapular Dysk	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	April 2018 IDEA Fitness Journal Quiz 3: Help Clients Avert ACL Tears	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	April 2018 IDEA Fitness Journal Quiz 4: Misconceptions About Fats	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Assessment and Corrective Exercise Strategies for Improved Shoulder Function	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Back to Basics With Anatomy	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Balanced Body™: Pilates Smart Core Challenge	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Balancing Hormones for Optimal Weight Loss	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Balancing Hormones through Nutrition	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Battle Rope Mastery	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Become a World Class Coach- Top Seven Must Do's to Create Success and Significance	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Beyond Randomness: Exercise Selection Based on Movement Screening	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Beyond the Macros: Placing the Focus Back on Nutrient-Dense Foods	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Blast Your Abs, Glutes and Core -- A Big HIIT With Your Clients	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Body-Weight Training-Amped Up	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Can Technology Be Harnessed to Inspire Lasting Behavior Change?	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Cardio-Strength Circuits for Fun and Function!	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Caving to the Craving: The New Science of Food Addiction and Recovery...With a Twist	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Communicating With Your Female Clients for Breakthrough Results	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Complete Program Design for the Obese/Overweight Client	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Core Connections: Progression Strategies to Enhance Core Function	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Creative Circuits - Five Steps to Better Program Design	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Cue Movement and Exercise With Abdominal Anatomy, by NFPT	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Cue Movement and Exercise With Hip Anatomy, by NFPT	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Designing a Self-Myofascial Release Program	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	East Meets West: A Mindful Approach to Health Coaching	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Eating a Lower Inflammatory Diet	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Extreme Equipment-LESS Boot Camp	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Fascia Release for Yoga	Home Study	10.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Fat-Loss Programming for Your Female Clients	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	February 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Preserving Youth with Physic	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	February 2017 IDEA Fitness Journal Quiz 2: Increase Strength With Rowing Machine Exercises, and Rech	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	February 2017 IDEA Fitness Journal Quiz 3: Nutrition News, and Changing Attitudes Toward Food	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	February 2017 IDEA Fitness Journal Quiz 4: Help Clients Find Joy in Movement	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	February 2017 IDEA Fitness Journal Quiz 5: Common Running Injury Recovery and Prevention	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	February 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	February 2019 IDEA Fitness Journal Quiz 2: Resistance Training for Muscle Size, and Weight Training	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	February 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	February 2018 IDEA Fitness Journal Quiz 2: Tips for Resistance Training with Youth, and Combined Tra	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	February 2018 IDEA Fitness Journal Quiz 3: Risks of Functional Training	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	February 2018 IDEA Fitness Journal Quiz 4: Body Image in the Fitness Industry	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Food for Thought: Brain, Gut, Microbes, Diet	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	From Neck to Knees...More Than Just Core!	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	From the Hip	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	Functional Assessment for Special Populations	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Functional Balance Circuits for the Active Adult (ACE Mover Academy)	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	Functional Balance for the Active Aging Adult, by ActivMotion Bar™	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Functional Circuits for Aging Clients	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Functional Power Training for Older Clients, by FAI	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Fundamental Principles of Upper Body Training--Pushing, Pulling and Pressing, by FMS	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	GENERATE Buzz With Simple Marketing	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Goodbye Infobesity, Hello Action Plan!	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Group Exercise Applications for Training the Posterior Chain	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Hidden Secrets to Core Performance	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	High-Intensity Kettlebell Training	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	HIITs Blitz	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	How Hormones and Metabolism Change the Training Game for Females	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	How to Run Your Own "Drop Two Sizes" Challenge	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	How to Safely Introduce Plyometrics Into Your Clients' Routines	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	I Q U Do: The Art of Intelligent Coaching	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	IDEA Personal Trainer Institute East (2019)	Conference	15.0	12/31/19	
IDEA Health & Fitness (AFAA)	IDEA Personal Trainer Institute South (2019)	Conference	15.0	12/31/19	
IDEA Health & Fitness (AFAA)	Insights Into Functional Training and Corrective Movement	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Insights Into Lower-Back Pain and Functional Solutions	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	Intermittent Fasting: Science or Fiction?	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Is It Time to Eat Yet? Nobel Prize-Winning Body Clock Science Has the Answer	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	It Takes Guts! Connecting the Brain, Diet and Microbiome	Home Study	1.0	12/31/19	

IDEA Health & Fitness (AFAA)	January 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Skeletal Muscular Hypertrophy	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	January 2017 IDEA Fitness Journal Quiz 2: Fitness Professionals and Ageism, and Yoga and Menopause	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	January 2017 IDEA Fitness Journal Quiz 3: Nutrition News, and Do People Need Vitamin and Mineral Su	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	January 2017 IDEA Fitness Journal Quiz 4: Help Children Build a Strong Fitness Foundation	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	January 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Essential Elements of Teachin	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	January 2019 IDEA Fitness Journal Quiz 2: Exercise and Mental Health, and Benefits of Effortful Lear	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	January 2019 IDEA Fitness Journal Quiz 3: Enhancing Mobility, Stability and Balance With Yoga	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	January 2019 IDEA Fitness Journal Quiz 4: Food and Nutrition News, and Helping Clients Improve Nutri	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	January 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	January 2018 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Prev	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	January 2018 IDEA Fitness Journal Quiz 3: Tailor Workouts to Meet Clients' Precise Needs	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	January 2018 IDEA Fitness Journal Quiz 4: Small Diet Changes for Big Results	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	July/August 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Nutrition News	Home Study	1.0	12/31/19	http://www.ideafit.com
IDEA Health & Fitness (AFAA)	July/August 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	July/August 2018 IDEA Fitness Journal Quiz 2: Using Circadian Rhythms to Guide Eating Schedules	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	July/August 2018 IDEA Fitness Journal Quiz 3: How the Human Microbiome Affects Overall Health	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	July/August 2018 IDEA Fitness Journal Quiz 4: Women and Physical Activity	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	July/August 2017 IDEA Fitness Journal Quiz 2: Separating Fact From Fiction in Health News	Home Study	1.0	12/31/19	http://www.ideafit.com
IDEA Health & Fitness (AFAA)	July/August 2017 IDEA Fitness Journal Quiz 3: Ergonomics for Fitness Professionals	Home Study	1.0	12/31/19	http://www.ideafit.com
IDEA Health & Fitness (AFAA)	June 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News and Nutrition News	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	June 2017 IDEA Fitness Journal Quiz 2: Benefits of Exercise for Children, and Helping Stroke Survivo	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	June 2017 IDEA Fitness Journal Quiz 3: Coach Clients Through Behavior Change	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	June 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	June 2018 IDEA Fitness Journal Quiz 2: The Efficiency of HIIT, and Ground-to-Standing Exercises for	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	June 2018 IDEA Fitness Journal Quiz 3: Methods That Encourage Behavior Change	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	June 2018 IDEA Fitness Journal Quiz 4: The Risks of Bone Loss	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Kettlebell Rehab: Hardstyle Methods in Corrective Exercise	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Little Tweaks for Big Results!	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Make Your Barre Classes a HIIT	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	March 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Nutrition News	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	March 2017 IDEA Fitness Journal Quiz 2: Common Athletic Supplements, and Stay Active by Filtering...	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	March 2017 IDEA Fitness Journal Quiz 3: Effect of Evidence on Experts' Eating Habits	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	March 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	March 2018 IDEA Fitness Journal Quiz 2: New Blood Pressure Guidelines, and Functional Training for O	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	March 2018 IDEA Fitness Journal Quiz 3: Why Lost Weight Comes Back	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	May 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Periodized Weight -Training for W	Home Study	1.0	12/31/19	http://www.ideafit.com
IDEA Health & Fitness (AFAA)	May 2017 IDEA Fitness Journal Quiz 2: Water Fitness Trends	Home Study	1.0	12/31/19	http://www.ideafit.com
IDEA Health & Fitness (AFAA)	May 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Improving Performance Through...	Workshop/Seminar	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	May 2018 IDEA Fitness Journal Quiz 2: Walking for Functional Health: Gait Speed and Biomechanics	Workshop/Seminar	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	May 2018 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and A New Solution to Obesity and Chr	Workshop/Seminar	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Metabolic Disruption	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Motivational Interviewing Skills Produce Targeted Results	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Motivational Interviewing: Help Clients Own the Talk That Drives the Walk	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	November/December 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	November/December 2018 IDEA Fitness Journal Quiz 2: The Role of the Exercise and the Endocrine Syste	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	November/December 2018 IDEA Fitness Journal Quiz 3: Snowboarder Training, & Cardio and Strength Trai	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	November/December 2018 IDEA Fitness Journal Quiz 4: Motivating Clients to Make Lasting Changes in Nu	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	November/December 2018 IDEA Fitness Journal Quiz 5: Healthy Diets & Cognitive Functions, & Counterac	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	November-December 2017 IDEA Fitness Journal Quiz 1	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	November-December 2017 IDEA Fitness Journal Quiz 2	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	November-December 2017 IDEA Fitness Journal Quiz 3	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	November-December 2017 IDEA Fitness Journal Quiz 4	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	November-December 2017 IDEA Food and Nutrition Tips Quiz 1	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	October 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Assessing Clients Risk of Car	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	October 2018 IDEA Fitness Journal Quiz 2: Limiting Biological Damage With Exercise, and Aquatic Mind	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	October 2018 IDEA Fitness Journal Quiz 3: Coaching Teens for Better Health, and Food and Nutrition N	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	October 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Understanding Protein Supplem	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	October 2017 IDEA Fitness Journal Quiz 2: Exercises for Shoulder Injury Prevention, and A Practical	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	October 2017 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Understanding Overeating	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	October 2017 IDEA Fitness Journal Quiz 4: Support Clients With Disordered Eating	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Olympic Lifting - The Mechanics and Progressions, by RedCon™	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Optimize Function and Mobility With Strong and Stable Shoulders and Glutes	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Pain-Free Movement-The Science and Application (ACE Mover Academy)	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	Pilates 50/50	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Pilates on the Ball	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Posture Improvement Workshop	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Power Core for Sports and Fitness Performance	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Precision Nutrition: How to Fix a Broken Diet—Three Ways to Get Your Eating on Track	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Promote Behavior Change With Better Coaching	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Protein Obsessed: Sorting the Truth From the Hype	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Protein Overload: Are You Eating More Than You Need?	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Proven Strategies to Build Your Brand Using YouTube	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Putting Heart into Mind-Body Training	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	REACH More Clients: Be Loud and Proud	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Rescue Your Knees - Look at Your Feet	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Restoring Fundamental Movement Patterns with Corrective Strategies	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Run, Injury Free! Understanding Impact Forces, by EBFA	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	September 2018 IDEA Fitness Journal Quiz 1: Fitness Technology Research and Sports Biomechanics	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	September 2018 IDEA Fitness Journal Quiz 2: Encouraging a New Generation of Healthy Young People	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	September 2018 IDEA Fitness Journal Quiz 3: Food and Nutrition News	Home Study	1.0	12/31/19	



IDEA Health & Fitness (AFAA)	September 2017 IDEA Fitness Journal Quiz 1: Functional Aging	Home Study	1.0	12/31/19	<a href="http://www.idealife.com">http://www.idealife.com</a>
IDEA Health & Fitness (AFAA)	September 2017 IDEA Fitness Journal Quiz 2: Sports Nutrition	Home Study	1.0	12/31/19	<a href="http://www.idealife.com">http://www.idealife.com</a>
IDEA Health & Fitness (AFAA)	September 2017 IDEA Fitness Journal Quiz 3: Brain Health	Home Study	1.0	12/31/19	<a href="http://www.idealife.com">http://www.idealife.com</a>
IDEA Health & Fitness (AFAA)	SGT Ken® and Stephanie's Fitness Business Basics™	Home Study	8.0	12/31/19	<a href="http://www.idealife.com">www.idealife.com</a>
IDEA Health & Fitness (AFAA)	SGT Ken's Boot Camp™ Instructor Certification (Level One)	Home Study	8.0	12/31/19	<a href="http://www.idealife.com">www.idealife.com</a>
IDEA Health & Fitness (AFAA)	Sleep Science for Fitness Professionals	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Solutions for Training Post-pregnancy Clients	Home Study	2.0	12/31/19	<a href="http://www.idealife.com">www.idealife.com</a>
IDEA Health & Fitness (AFAA)	Spinal Stabilization Versus Pelvic Stabilization	Home Study	2.0	12/31/19	<a href="http://www.idealife.com">www.idealife.com</a>
IDEA Health & Fitness (AFAA)	Strength Training for Optimal Results	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Techniques to Rehabilitate and Protect the Knees	Home Study	2.0	12/31/19	<a href="http://www.idealife.com">www.idealife.com</a>
IDEA Health & Fitness (AFAA)	The Better, Not Perfect, Nutrition Plan	Home Study	2.0	12/31/19	<a href="http://www.idealife.com">www.idealife.com</a>
IDEA Health & Fitness (AFAA)	The Business of Group Exercise Beyond the Numbers	Home Study	2.0	12/31/19	<a href="http://www.idealife.com">www.idealife.com</a>
IDEA Health & Fitness (AFAA)	The BYOB Workout	Home Study	2.0	12/31/19	<a href="http://www.idealife.com">www.idealife.com</a>
IDEA Health & Fitness (AFAA)	The Death of Crunches: 20 True Core Exercises	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	The Female Glute Relocation Program	Conference	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	The Female Lumbo-Pelvic Complex (ACE Mover Academy)	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	The Female Physique-The Link Between Nutrition, Hormones and Strength Training	Home Study	2.0	12/31/19	<a href="http://www.idealife.com">www.idealife.com</a>
IDEA Health & Fitness (AFAA)	The Forgotten Five: Essential Muscles for Functional Movement	Home Study	2.0	12/31/19	<a href="http://www.idealife.com">www.idealife.com</a>
IDEA Health & Fitness (AFAA)	The Matrix - Innovative Group Strength Design	Home Study	2.0	12/31/19	<a href="http://www.idealife.com">www.idealife.com</a>
IDEA Health & Fitness (AFAA)	The Online Fitness Frontier	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	The Roll Model® Fascial Makeover: Prioritize Your Periphery	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	The Science of Functional Aging	Home Study	2.0	12/31/19	<a href="http://www.idealife.com">www.idealife.com</a>
IDEA Health & Fitness (AFAA)	The Ultimate Light Dumbbell Workout	Home Study	2.0	12/31/19	<a href="http://www.idealife.com">www.idealife.com</a>
IDEA Health & Fitness (AFAA)	The Warm-Up Makeover: Start With a Bang!	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	ThinkFit™ Flexibility: Dynamic Stretching Tricks and Tools	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	Three-Dimensional Kettlebell Training, by Functional Training Institute	Home Study	2.0	12/31/19	<a href="http://www.idealife.com">www.idealife.com</a>
IDEA Health & Fitness (AFAA)	Today's Food Conversation	Home Study	1.0	12/31/19	<a href="http://www.idealife.com">www.idealife.com</a>
IDEA Health & Fitness (AFAA)	Total Massage, Relaxation and Beyond	Home Study	1.0	12/31/19	<a href="http://www.idealife.com">www.idealife.com</a>
IDEA Health & Fitness (AFAA)	Training Fascia - Research Developments in Fibrous Connective Tissue Training	Home Study	2.0	12/31/19	<a href="http://www.idealife.com">www.idealife.com</a>
IDEA Health & Fitness (AFAA)	Translating Today's Nutrition Science for Your Clients	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	TriggerPoint™ Corrective Strategies for Hip Dysfunction	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	TriggerPoint™ Corrective Strategies for the Foot and Ankle	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	TriggerPoint™ for Movement: Hip and Shoulder Mobility	Home Study	2.0	12/31/19	<a href="http://www.idealife.com">www.idealife.com</a>
IDEA Health & Fitness (AFAA)	TriggerPoint™: Myofascial Compression™ Techniques for Injury Prevention and Better Movement	Home Study	2.0	12/31/19	<a href="http://www.idealife.com">www.idealife.com</a>
IDEA Health & Fitness (AFAA)	Understanding and Interpreting the Functional Movement Screen	Home Study	2.0	12/31/19	<a href="http://www.idealife.com">www.idealife.com</a>
IDEA Health & Fitness (AFAA)	Understanding the Female Pelvic Core Neuromuscular System	Home Study	2.0	12/31/19	<a href="http://www.idealife.com">www.idealife.com</a>
IDEA Health & Fitness (AFAA)	Upper Extremity Mechanics and Techniques	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	Using Function to Avoid Dysfunction in Aging	Home Study	2.0	12/31/19	<a href="http://www.idealife.com">www.idealife.com</a>
IDEA Health & Fitness (AFAA)	Weighing The Evidence Behind Nutrition Research	Home Study	1.0	12/31/19	<a href="http://www.idealife.com">www.idealife.com</a>
IDEA Health & Fitness (AFAA)	Winning Group Strength Program Design	Home Study	2.0	12/31/19	<a href="http://www.idealife.com">www.idealife.com</a>
IDEA Health & Fitness (AFAA)	Yoga Anatomy 101 Certificate	Home Study	10.0	12/31/19	
IDEA Health & Fitness (AFAA)	Yoga for Optimal Client Performance	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	Yoga: Adjust Me Puhleeeeee!	Home Study	2.0	12/31/19	<a href="http://www.idealife.com">www.idealife.com</a>
IDEA Health & Fitness (AFAA)	Yoga: Progressions and Regressions	Home Study	2.0	12/31/19	<a href="http://www.idealife.com">www.idealife.com</a>
IDEA Health & Fitness (AFAA)	Your Guide to Stronger Legs and Great Glutes!	Home Study	1.0	12/31/19	<a href="http://www.idealife.com">www.idealife.com</a>
Interactive Fitness Trainers of America (IFTA) (AFAA)	AQUA FUSION	Workshop/Seminar	2.0	12/31/19	<a href="http://www.ifta-fitness.com">www.ifta-fitness.com</a>
Interactive Fitness Trainers of America (IFTA) (AFAA)	ATHLETIC INTERVALS	Workshop/Seminar	2.0	12/31/19	<a href="http://www.ifta-fitness.com">www.ifta-fitness.com</a>
Interactive Fitness Trainers of America (IFTA) (AFAA)	BARRE CONDITIONING	Workshop/Seminar	2.0	12/31/19	<a href="http://www.ifta-fitness.com">www.ifta-fitness.com</a>
Interactive Fitness Trainers of America (IFTA) (AFAA)	BARRE TRAINING COURSE	Workshop/Seminar	6.0	12/31/19	<a href="http://www.ifta-fitness.com">www.ifta-fitness.com</a>
Interactive Fitness Trainers of America (IFTA) (AFAA)	BUILD YOUR BODY	Workshop/Seminar	2.0	12/31/19	<a href="http://www.ifta-fitness.com">www.ifta-fitness.com</a>
Interactive Fitness Trainers of America (IFTA) (AFAA)	CLASS ENHANCEMENTS	Workshop/Seminar	2.0	12/31/19	<a href="http://www.ifta-fitness.com">www.ifta-fitness.com</a>
Interactive Fitness Trainers of America (IFTA) (AFAA)	COMPELLING CARDIO	Workshop/Seminar	2.0	12/31/19	<a href="http://www.ifta-fitness.com">www.ifta-fitness.com</a>
Interactive Fitness Trainers of America (IFTA) (AFAA)	CYCLING COMBOS	Workshop/Seminar	2.0	12/31/19	<a href="http://www.ifta-fitness.com">www.ifta-fitness.com</a>
Interactive Fitness Trainers of America (IFTA) (AFAA)	EQUIPMENTLESS WORKOUT	Workshop/Seminar	2.0	12/31/19	<a href="http://www.ifta-fitness.com">www.ifta-fitness.com</a>
Interactive Fitness Trainers of America (IFTA) (AFAA)	ESSENTIALS OF TEACHING	Workshop/Seminar	2.0	12/31/19	<a href="http://www.ifta-fitness.com">www.ifta-fitness.com</a>
Interactive Fitness Trainers of America (IFTA) (AFAA)	FLOWING FLEXIBILITY	Workshop/Seminar	2.0	12/31/19	<a href="http://www.ifta-fitness.com">www.ifta-fitness.com</a>
Interactive Fitness Trainers of America (IFTA) (AFAA)	FUNCTIONAL FITNESS TRAINING	Workshop/Seminar	2.0	12/31/19	<a href="http://www.ifta-fitness.com">www.ifta-fitness.com</a>
Interactive Fitness Trainers of America (IFTA) (AFAA)	GROUP FITNESS YOGA	Workshop/Seminar	8.0	12/31/19	<a href="http://www.ifta-fitness.com">http://www.ifta-fitness.com</a>
Interactive Fitness Trainers of America (IFTA) (AFAA)	GROUP STRENGTH	Workshop/Seminar	6.0	12/31/19	<a href="http://www.ifta-fitness.com">www.ifta-fitness.com</a>
Interactive Fitness Trainers of America (IFTA) (AFAA)	HARD CORE CONDITIONING	Workshop/Seminar	2.0	12/31/19	<a href="http://www.ifta-fitness.com">www.ifta-fitness.com</a>
Interactive Fitness Trainers of America (IFTA) (AFAA)	KICKBOX BASICS	Workshop/Seminar	4.0	12/31/19	<a href="http://www.ifta-fitness.com">www.ifta-fitness.com</a>
Interactive Fitness Trainers of America (IFTA) (AFAA)	LEARN TO TEACH	Workshop/Seminar	8.0	12/31/19	<a href="http://www.ifta-fitness.com">www.ifta-fitness.com</a>
Interactive Fitness Trainers of America (IFTA) (AFAA)	MAT WORK	Workshop/Seminar	4.0	12/31/19	<a href="http://www.ifta-fitness.com">www.ifta-fitness.com</a>
Interactive Fitness Trainers of America (IFTA) (AFAA)	MUSCLE AND MORE	Workshop/Seminar	2.0	12/31/19	<a href="http://www.ifta-fitness.com">www.ifta-fitness.com</a>
Interactive Fitness Trainers of America (IFTA) (AFAA)	PILATES BASICS	Workshop/Seminar	4.0	12/31/19	<a href="http://www.ifta-fitness.com">www.ifta-fitness.com</a>
Interactive Fitness Trainers of America (IFTA) (AFAA)	POWERRIDE- INDOOR BIKING	Workshop/Seminar	4.0	12/31/19	<a href="http://www.ifta-fitness.com">www.ifta-fitness.com</a>
Interactive Fitness Trainers of America (IFTA) (AFAA)	POWERTRAIN	Workshop/Seminar	4.0	12/31/19	<a href="http://www.ifta-fitness.com">www.ifta-fitness.com</a>
Interactive Fitness Trainers of America (IFTA) (AFAA)	POWERWAVE	Workshop/Seminar	4.0	12/31/19	<a href="http://www.ifta-fitness.com">www.ifta-fitness.com</a>
Interactive Fitness Trainers of America (IFTA) (AFAA)	PT AND GROUP LECTURE	Workshop/Seminar	2.0	12/31/19	<a href="http://www.ifta-fitness.com">www.ifta-fitness.com</a>
Interactive Fitness Trainers of America (IFTA) (AFAA)	SENIOR FITNESS	Workshop/Seminar	4.0	12/31/19	<a href="http://www.ifta-fitness.com">www.ifta-fitness.com</a>
Interactive Fitness Trainers of America (IFTA) (AFAA)	SENIOR POWER	Workshop/Seminar	2.0	12/31/19	<a href="http://www.ifta-fitness.com">www.ifta-fitness.com</a>
Interactive Fitness Trainers of America (IFTA) (AFAA)	STEP ON THIS ADVANCED PRINCIPLES	Workshop/Seminar	6.0	12/31/19	<a href="http://www.ifta-fitness.com">www.ifta-fitness.com</a>
Interactive Fitness Trainers of America (IFTA) (AFAA)	TOTAL BODY CONDITIONING AND CORE	Workshop/Seminar	2.0	12/31/19	<a href="http://www.ifta-fitness.com">www.ifta-fitness.com</a>
International Group Fitness Institute (AFAA)	Impulse Body Fitness	Workshop/Seminar	8.0	12/31/19	<a href="http://www.emsimpulse.com">www.emsimpulse.com</a>
ISSN Asia (AFAA)	ISSN-SNS	Home Study	15.0	12/31/19	<a href="http://www.issnasia.com">www.issnasia.com</a>
Jacksonville University (AFAA)	Jacksonville University Human Performance Conference	Conference	7.0	12/31/19	<a href="https://www.ju.edu/kinesiology/humanperformance/conference-2019.php">https://www.ju.edu/kinesiology/humanperformance/conference-2019.php</a>
Jessi Haggerty RDN, CPT (AFAA)	The Nutrition & Body Image Coaching Course	Workshop/Seminar	15.0	12/31/19	<a href="http://www.jessihaggerty.com/fitnesspro">http://www.jessihaggerty.com/fitnesspro</a>
Jolly Bodies (AFAA)	QUICKSHOTS Instructor Workshop	Workshop/Seminar	8.0	12/31/19	<a href="http://jollybodiesfitness.com">jollybodiesfitness.com</a>
Josh Crosby (AFAA)	Rowing Education: Technique, Motivation and the Sport of Rowing	Home Study	4.0	12/31/19	
Keiser Corporation (AFAA)	Keiser PowerEd: Accelerate	Workshop/Seminar	3.0	12/31/19	<a href="http://www.keiser.com">www.keiser.com</a>

Keiser Corporation (AFAA)	Keiser PowerEd: Climb	Workshop/Seminar	2.0	12/31/19	www.keiser.com
Keiser Corporation (AFAA)	Keiser PowerEd: Create	Workshop/Seminar	2.0	12/31/19	
Keiser Corporation (AFAA)	Keiser PowerEd: Empowered	Workshop/Seminar	3.0	12/31/19	www.keiser.com
Keiser Corporation (AFAA)	Keiser PowerEd: Foundations	Workshop/Seminar	8.0	12/31/19	www.keiser.com
Keiser Corporation (AFAA)	Keiser PowerEd: Foundations XP	Workshop/Seminar	5.0	12/31/19	
Keiser Corporation (AFAA)	Keiser PowerEd: Technology	Workshop/Seminar	2.0	12/31/19	www.keiser.com
Keiser Corporation (AFAA)	Kieser PowerEd: Power	Workshop/Seminar	2.0	12/31/19	www.keiser.com
Ketogenic Living 101 (AFAA)	Ketogenic Living Certified Coach	Home Study	3.0	12/31/19	
Kristi Strong, E-RYT (AFAA)	Yoga Foundations: Philosophy and Flow	Workshop/Seminar	4.0	12/31/19	NA
LA Fitness (AFAA)	Aqua Circuit PT Intro to Group Fitness	Workshop/Seminar	3.0	12/31/19	
LA Fitness (AFAA)	Aqua Training	Workshop/Seminar	5.0	12/31/19	
Lawrence Biscontini (AFAA)	Cardio	Workshop/Seminar	8.0	12/31/19	www.findlawrence.com
Lawrence Biscontini (AFAA)	Flexibility	Workshop/Seminar	8.0	12/31/19	www.findlawrence.com
Lawrence Biscontini (AFAA)	GFit Teaching Innovations	Workshop/Seminar	8.0	12/31/19	www.findlawrence.com
Lawrence Biscontini (AFAA)	Strength	Workshop/Seminar	8.0	12/31/19	www.findlawrence.com
Les Mills (AFAA)	Advanced Instructor Module 2	Workshop/Seminar	15.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	Advanced Training - Live	Workshop/Seminar	15.0	12/31/19	www.lesmills.com/us
Les Mills (AFAA)	BODYATTACK Advanced Instructor Module 1	Workshop/Seminar	8.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	BODYATTACK Initial Module	Workshop/Seminar	15.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	BODYCOMBAT Advanced Instructor Module 1	Workshop/Seminar	8.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	BODYCOMBAT Initial Module	Workshop/Seminar	15.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	BODYFLOW Advanced Instructor Module 1	Workshop/Seminar	8.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	BODYFLOW Initial Module	Workshop/Seminar	15.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	BODYJAM Advanced Instructor Module 1	Workshop/Seminar	8.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	BODYJAM Initial Module	Workshop/Seminar	15.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	BODYPUMP Advanced Instructor Module 1	Workshop/Seminar	8.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	BODYPUMP Initial Module	Workshop/Seminar	15.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	BODYSTEP Advanced Instructor Module 1	Workshop/Seminar	8.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	BODYSTEP Initial Module	Workshop/Seminar	15.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	BORN TO MOVE Initial Module All Age Groups	Workshop/Seminar	15.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	CXWORX Advanced Instructor Module 1	Workshop/Seminar	8.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	CXWORX Initial Module	Workshop/Seminar	15.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	LES MILLS BARRE Initial Training Module	Workshop/Seminar	15.0	12/31/19	www.lesmills.com/us
Les Mills (AFAA)	LES MILLS GRIT Advanced Instructor Module 1	Workshop/Seminar	8.0	12/31/19	www.lesmills.com/us
Les Mills (AFAA)	LES MILLS GRIT Initial Module	Workshop/Seminar	15.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	LES MILLS SPRINT Initial Module	Workshop/Seminar	14.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	LES MILLS TONE Advanced Instructor Module 1	Workshop/Seminar	8.0	12/31/19	http://www.lesmills.com/us
Les Mills (AFAA)	LES MILLS TONE Initial Module	Workshop/Seminar	15.0	12/31/19	http://www.lesmills.com/us
Les Mills (AFAA)	Q1 Feedback Workshop 2019	Workshop/Seminar	5.0	12/31/19	www.lesmills.com/us
Les Mills (AFAA)	RPM Advanced Instructor Module 1	Workshop/Seminar	8.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	RPM Initial Module	Workshop/Seminar	15.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	SH'BAM Advanced Instructor Module 1	Workshop/Seminar	8.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	SH'BAM Initial Module	Workshop/Seminar	15.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	The TRIP Initial Module	Workshop/Seminar	15.0	12/31/19	www.lesmills.com/us
Lift Jo (AFAA)	Primal Iron Strength and Conditioning	Workshop/Seminar	15.0	12/31/19	
Louis Kong (AFAA)	Increase Profitability for Personal Trainers through Professionalism and Leadership	Workshop/Seminar	8.0	12/31/19	
Louis Kong (AFAA)	Personal Training Essentials	Workshop/Seminar	8.0	12/31/19	
Maria Mind Body Health LLC (AFAA)	Certified Keto Coach	Home Study	15.0	12/31/19	
Matrix Fitness (AFAA)	MX4: Functional Frame Small Group Training Course	Workshop/Seminar	5.0	12/31/19	www.matrixfitness.com
Matrix Fitness (AFAA)	Sprint 8	Workshop/Seminar	3.0	12/31/19	www.matrixfitness.com
Medical Exercise Academy (AFAA)	Clinical Exercise Specialist	Home Study	15.0	12/31/19	http://mdxacademy.wiziqxt.com/
Medical Fitness Education Foundation (AFAA)	Medical Fitness Tour (Irvine)	Conference	15.0	12/31/19	medfited.org
Melissa Weigelt (AFAA)	Circuit Blast	Workshop/Seminar	2.0	12/31/19	
Melissa Weigelt (AFAA)	High Intensity Body Weight Training	Workshop/Seminar	2.0	12/31/19	
Melissa Weigelt (AFAA)	Mindful Strength	Workshop/Seminar	2.0	12/31/19	http://www.flowfitnessstraining.com
Melissa Weigelt (AFAA)	Strength by Numbers	Workshop/Seminar	2.0	12/31/19	www.flowfitnessstraining.com
Melissa Weigelt (AFAA)	Strong Starts and Amazing Endings	Workshop/Seminar	2.0	12/31/19	www.flowfitnessstraining.com
Michele C. Blake (AFAA)	Fundamentals of Fitness	Workshop/Seminar	4.0	12/31/19	www.mbmHealthFitness.com
Mobility Project 24/7 (AFAA)	Soft-Stretch Release Techniques Lv.1	Workshop/Seminar	10.0	12/31/19	SRTtherapy.com
Molon Labe Fitness Education (AFAA)	Advanced Fundamentals	Workshop/Seminar	15.0	12/31/19	www.mlfittededucation.com
Molon Labe Fitness Education (AFAA)	Advanced Price Presentations	Workshop/Seminar	2.0	12/31/19	www.mlfittededucation.com
Molon Labe Fitness Education (AFAA)	Building Long Term Commitment	Workshop/Seminar	2.0	12/31/19	www.mlfittededucation.com
Molon Labe Fitness Education (AFAA)	Business Management: Clients	Workshop/Seminar	2.0	12/31/19	www.mlfittededucation.com
Molon Labe Fitness Education (AFAA)	Business Management: Self	Workshop/Seminar	2.0	12/31/19	www.mlfittededucation.com
Molon Labe Fitness Education (AFAA)	Certified Power Lifting Coach	Workshop/Seminar	12.0	12/31/19	www.mlfittededucation.com
Molon Labe Fitness Education (AFAA)	Client Engagement	Workshop/Seminar	2.0	12/31/19	www.mlfittededucation.com
Molon Labe Fitness Education (AFAA)	Client Retention	Workshop/Seminar	1.0	12/31/19	www.mlfittededucation.com
Molon Labe Fitness Education (AFAA)	Creating Compliance	Workshop/Seminar	2.0	12/31/19	www.mlfittededucation.com
Molon Labe Fitness Education (AFAA)	Handling Concerns	Workshop/Seminar	2.0	12/31/19	www.mlfittededucation.com
Molon Labe Fitness Education (AFAA)	Personal Training Fundamentals	Workshop/Seminar	10.0	12/31/19	www.mlfittededucation.com
Molon Labe Fitness Education (AFAA)	PNF Stretch	Workshop/Seminar	3.0	12/31/19	www.mlfittededucation.com
Moms Into Fitness, Inc. (AFAA)	Prenatal & Postnatal Fitness Specialist	Home Study	15.0	12/31/19	www.momsintofitness.com
MOSSA (AFAA)	3D30/MOVE30 Initial Training	Workshop/Seminar	15.0	12/31/19	
MOSSA (AFAA)	Group Active Initial Training	Workshop/Seminar	14.0	12/31/19	www.mossa.net
MOSSA (AFAA)	Group Blast Initial Training	Workshop/Seminar	14.0	12/31/19	www.mossa.net
MOSSA (AFAA)	Group Centergy Initial Training	Workshop/Seminar	15.0	12/31/19	www.mossa.net
MOSSA (AFAA)	Group Core Initial Training	Workshop/Seminar	8.0	12/31/19	www.mossa.net
MOSSA (AFAA)	Group Fight Initial Training	Workshop/Seminar	15.0	12/31/19	www.mossa.net
MOSSA (AFAA)	Group Groove Initial Training	Workshop/Seminar	15.0	12/31/19	www.mossa.net
MOSSA (AFAA)	Group Power Initial Training	Workshop/Seminar	15.0	12/31/19	www.mossa.net

MOSSA (AFAA)	Group Power Online Training	Home Study	11.0	12/31/19
MOSSA (AFAA)	Group Ride/R30 Initial Training	Home Study	14.0	12/31/19 www.mossa.net
MOSSA (AFAA)	JUL 18: Don't Give A Sit	Workshop/Seminar	1.0	12/31/19
MOSSA (AFAA)	Let's Move 4 Life!	Home Study	1.0	12/31/19 www.mossa.net
MOSSA (AFAA)	Motor Learning/ Rotation Is Life	Home Study	1.0	12/31/19
MOSSA (AFAA)	What is Fascia?! & Tensegrity 101	Workshop/Seminar	2.0	12/31/19 www.mossa.net
MOSSA (AFAA)	XTRA WOW Intensive	Workshop/Seminar	5.0	12/31/19 www.mossa.net
Mountainside Fitness (AFAA)	The Mountainside Way Group Fitness Training Workshop	Workshop/Seminar	8.0	12/31/19 www.mountainsidefitness.com
<b>NASM (AFAA)</b>	<b>All NASM courses are approved with AFAA</b>	<b>Home Study</b>	<b>12/31/19</b>	
National Exercise Trainers Association (NETA) (AFAA)	101 Ways to Bootcamp (5hr)	Workshop/Seminar	5.0	12/31/19 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Personal Training Workshop	Workshop/Seminar	14.0	12/31/19 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Wellness Coach Specialty Certification	Workshop/Seminar	14.0	12/31/19 www.netafit.org
National Personal Training Institute (NPTI) (AFAA)	Kettlebell Course	Home Study	5.0	12/31/19
Niche Pilates Studio (AFAA)	Sculpt and Core Pilates	Workshop/Seminar	15.0	12/31/19 www.nichefitstudio.com
Niel Asher Healthcare Ltd. (AFAA)	Anatomy of Sports Injuries-NAT Master Course	Home Study	3.0	12/31/19 www.nielasher.com
Niel Asher Healthcare Ltd. (AFAA)	Anatomy of Stretching-NAT Master Course	Home Study	3.0	12/31/19 www.nielasher.com
Niel Asher Healthcare Ltd. (AFAA)	Functional Anatomy of the Pelvis and Sacroiliac Joint - NAT Master Course	Home Study	6.0	12/31/19 www.nielasher.com
Niel Asher Healthcare Ltd. (AFAA)	Muscle Energy Techniques-NAT Master Course	Home Study	3.0	12/31/19 www.nielasher.com
Niel Asher Healthcare Ltd. (AFAA)	NAT Anatomy of Pain Trigger Point Course	Home Study	9.0	12/31/19 www.nielasher.com
Niel Asher Healthcare Ltd. (AFAA)	Power Lifting for Strength and Speed	Home Study	2.0	12/31/19
Niel Asher Healthcare Ltd. (AFAA)	Understanding and Treating the Vital Glutes NAT Master Course	Home Study	3.0	12/31/19 www.nielasher.com
NIRSA Leaders in Collegiate Recreation (AFAA)	NIRSA 2019 Conference	Conference	15.0	12/31/19 https://nirsa.net/nirsa2019/
NONSOLOFITNESS SNC (AFAA)	Elite Aerobic Instructor	Home Study	10.0	12/31/19 www.nonsolofitness.it
NONSOLOFITNESS SNC (AFAA)	Elite H2O Trainer	Home Study	10.0	12/31/19 www.nonsolofitness.it
NOUFLEX (AFAA)	BALANCE & CORE SPECIALTY by NOUFLEX	Workshop/Seminar	9.0	12/31/19 http://www.nouflex.com/nouflex-certification/
O'Gorgeous, Inc. (AFAA)	POP Pilates Advanced Instructor Workshop	Workshop/Seminar	8.0	12/31/19
O'Gorgeous, Inc. (AFAA)	POP Pilates Workshop	Workshop/Seminar	8.0	12/31/19 http://www.poppilateslife.com
Original Strength Systems (AFAA)	OS Performance	Workshop/Seminar	9.0	12/31/19 www.OriginalStrength.net
Original Strength Systems (AFAA)	OS Pressing RESET	Workshop/Seminar	6.0	12/31/19 originalstrength.net
Original Strength Systems (AFAA)	OS Pro RESET	Workshop/Seminar	15.0	12/31/19 www.OriginalStrength.net
Own Your Eating (AFAA)	Own Your Eating Nutrition Certification	Home Study	8.0	12/31/19 www.ownyoureating.com
Paddle into Fitness (AFAA)	Float into Fitness Pool Yoga & Fitness Teacher Training	Workshop/Seminar	13.0	12/31/19 www.paddleintofitness.com
Pain Posture Performance (AFAA)	Pain Posture Performance Stretching and Flexibility	Workshop/Seminar	14.0	12/31/19 www.painpostureperformance.com
Perfect Fit Partners (AFAA)	Selling Personal Training	Workshop/Seminar	8.0	12/31/19
Perform For Life (AFAA)	Mastering the Assessment Process	Workshop/Seminar	4.0	12/31/19 performforlifef.com
Perform For Life (AFAA)	Proprioceptive Neuromuscular Facilitation Workshop	Workshop/Seminar	2.0	12/31/19 performforlifef.com
Peyow Aqua Pilates (AFAA)	Peyow Aqua Pilates Funktional Barre 1	Workshop/Seminar	3.0	12/31/19 www.aquapilates.net
Peyow Aqua Pilates (AFAA)	Peyow Aqua Pilates Level 1 Basic-Intermediate	Workshop/Seminar	6.0	12/31/19 www.aquapilates.net
Peyow Aqua Pilates (AFAA)	Peyow Aqua Pilates Level 2 Advanced Level	Workshop/Seminar	6.0	12/31/19 www.aquapilates.net
PhysioChains Education (AFAA)	Parkinson's Regeneration Training®	Workshop/Seminar	14.0	12/31/19 https://www.parkinsonsregenerationtraining.com
Pink Gloves Boxing (AFAA)	Pink Gloves Boxing - Amateur Training Camp	Workshop/Seminar	12.0	12/31/19 www.pinkglovesboxing.com
Pink Gloves Boxing (AFAA)	Pink Gloves Boxing - Master Training Camp	Workshop/Seminar	13.0	12/31/19 www.pinkglovesboxing.com
Pink Gloves Boxing (AFAA)	Pink Gloves Boxing - Pro Training Camp	Workshop/Seminar	13.0	12/31/19 www.pinkglovesboxing.com
PLYOGA Fitness (AFAA)	PLYOGA Fitness	Workshop/Seminar	7.0	12/31/19 www.PLYOGAFitness.com
Power Monkey Fitness (AFAA)	The Ring Thing Certification	Workshop/Seminar	13.0	12/31/19 https://shop.powermonkeyfitness.com/pages/ring-thing-learn-more
Precision Nutrition (AFAA)	Precision Nutrition Level 2 Master Class	Home Study	15.0	12/31/19 www.precisionnutrition.com
Precision Nutrition (AFAA)	Precision Nutrition Level 1, Certificate in Exercise Nutrition	Home Study	15.0	12/31/19 www.precisionnutrition.com
Prevail Conditioning (AFAA)	A Systematic Approach to Performance Enhancement	Workshop/Seminar	8.0	12/31/19 https://prevailconditioning.com
Primal Health Coach Institute (AFAA)	Primal Health Coach Program	Workshop/Seminar	15.0	12/31/19 www.primalblueprint.com
ProBar Mobility (AFAA)	ProBar Extended Foundations Course	Workshop/Seminar	7.0	12/31/19 probarmobility.com
ProBar Mobility (AFAA)	ProBar Foundations Course	Workshop/Seminar	3.0	12/31/19 probarmobility.com
PROnatal Fitness (AFAA)	PROnatal Fitness Pre/Postnatal Performance Training Specialist	Home Study	15.0	12/31/19 pronatafitness.com
PROnatal Fitness (AFAA)	PROnatal Fitness Pre/Postnatal Performance Training Workshop	Workshop/Seminar	8.0	12/31/19 pronatafitness.com
PROnatal Fitness (AFAA)	PROnatal Fitness: Pre/Postnatal Education for Group Fitness Instructors	Workshop/Seminar	3.0	12/31/19 http://www.pronatafitness.com
PTA Global (AFAA)	Behavior Change in Exercise Workshop	Workshop/Seminar	7.0	12/31/19 www.ptaglobal.com
PTA Global (AFAA)	Exercise & Stress Management (ESM) Credential	Home Study	10.0	12/31/19 www.PTAGlobal.com
PTA Global (AFAA)	PTA Global Behavior Change in Exercise (BCE) Credential	Home Study	15.0	12/31/19 www.PTAGlobal.com
PTA Global (AFAA)	PTA Global Foundations	Home Study	15.0	12/31/19 www.PTAGlobal.com
PTA Global (AFAA)	PTA Global Mentorship 1	Home Study	15.0	12/31/19 www.PTAGlobal.com
Punk Rope, Inc. (AFAA)	Jump Rope Instructor Course	Home Study	4.0	12/31/19 www.punkrope.com
Punk Rope, Inc. (AFAA)	Jump Rope Instructor Workshop	Workshop/Seminar	8.0	12/31/19
RAD Roller (AFAA)	RAD Golf: Foundations in Myofascial Release and Golf Mobility	Workshop/Seminar	8.0	12/31/19
RAD Roller (AFAA)	RAD Mobility Level 1	Workshop/Seminar	4.0	12/31/19 https://www.radroller.com/pages/education
RAD Roller (AFAA)	RAD Mobility Level 2	Workshop/Seminar	14.0	12/31/19 https://www.radroller.com/pages/education
RAD Roller (AFAA)	RAD Yoga: Foundations of Myofascial Release and Asana	Workshop/Seminar	10.0	12/31/19 www.radroller.com
RaqiSa® Barre (AFAA)	RAQISA® BARRE	Workshop/Seminar	8.0	12/31/19 www.raqisa.com
Recess & Results (AFAA)	Youth Movement Instructor	Workshop/Seminar	4.0	12/31/19 recessandresults.com
Run-Fit (AFAA)	REVO <sub>2</sub> LUTION RUNNING™	Home Study	15.0	12/31/19 http://run-fit.com
Savvier Fitness (AFAA)	Barre Above Pilates Focused	Workshop/Seminar	12.0	12/31/19 www.barreabove.com
Savvier Fitness (AFAA)	Barre Above Prime Instructor Training	Workshop/Seminar	12.0	12/31/19 www.barreabove.com
Savvier Fitness (AFAA)	Cardio Yoga	Home Study	15.0	12/31/19 www.savvierfitness.com
Savvier Fitness (AFAA)	Elite HIIT Training	Workshop/Seminar	3.0	12/31/19 www.barreabove.com
Savvier Fitness (AFAA)	Let The Beat Drop	Workshop/Seminar	2.0	12/31/19 www.barreabove.com
Savvier Fitness (AFAA)	Muscular Endurance: Myths, Realities and Applications	Home Study	2.0	12/31/19 www.barreabove.com
Savvier Fitness (AFAA)	Pilates 101 Education Course	Home Study	4.0	12/31/19 www.barreabove.com
Savvier Fitness (AFAA)	Tabata GX	Workshop/Seminar	7.0	12/31/19 www.barreabove.com
Savvier Fitness (AFAA)	The Musicality Method	Home Study	4.0	12/31/19 www.barreabove.com
SCW Fitness Education (AFAA)	2019 DC MANIA® Conference	Conference	15.0	12/31/19 http://www.scwfit.com
SCW Fitness Education (AFAA)	2019 New York MANIA® Conference	Conference	15.0	12/31/19 http://www.scwfit.com
SHAY-MCENTEE WELLNESS WORKS INC. (AFAA)	BREATHING TECHNIQUES / STRESS MANAGEMENT	Workshop/Seminar	3.0	12/31/19

SHAY-MCENTEE WELLNESS WORKS INC. (AFAA)	ENERGY BREAK	Workshop/Seminar	3.0	12/31/19
SilverSneakers by Tivity Health (AFAA)	Group Exercise for Hip Limitations	Home Study	2.0	12/31/19
SilverSneakers by Tivity Health (AFAA)	SilverSneakers BOOM MIND	Home Study	2.0	12/31/19
SilverSneakers by Tivity Health (AFAA)	SilverSneakers BOOM MOVE	Home Study	2.0	12/31/19
SilverSneakers by Tivity Health (AFAA)	SilverSneakers BOOM MUSCLE	Home Study	2.0	12/31/19
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Circuit	Home Study	2.0	12/31/19
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Classic	Home Study	2.0	12/31/19
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Experience Training	Workshop/Seminar	5.0	12/31/19 www.silversneakers.com
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Foundations	Home Study	5.0	12/31/19
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Splash	Home Study	2.0	12/31/19
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Stability	Home Study	2.0	12/31/19
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Strength Progressions for Group Exercise	Home Study	2.0	12/31/19 www.silversneakers.com
SilverSneakers by Tivity Health (AFAA)	SilverSneakers YOGA	Home Study	2.0	12/31/19
Spin City Aerial Fitness (AFAA)	Spin City Advanced Aerial Hoop Instructor (online)	Home Study	15.0	12/31/19 www.spincityinstructortraining.com
Spin City Aerial Fitness (AFAA)	Spin City Advanced Pole Fitness Instructor (online)	Home Study	15.0	12/31/19 www.spincityinstructortraining.com
Spin City Aerial Fitness (AFAA)	Spin City Anatomy and Physiology Foundations (online)	Home Study	15.0	12/31/19 www.spincityinstructortraining.com
Spin City Aerial Fitness (AFAA)	Spin City Beginners Aerial Hoop Instructor (online)	Home Study	15.0	12/31/19 www.spincityinstructortraining.com
Spin City Aerial Fitness (AFAA)	Spin City Beginners Aerial Sling Instructor (online)	Home Study	15.0	12/31/19 www.spincityinstructortraining.com
Spin City Aerial Fitness (AFAA)	Spin City Beginners Pole Fitness Instructor (online)	Home Study	15.0	12/31/19 www.spincityinstructortraining.com
Spin City Aerial Fitness (AFAA)	Spin City Intermediate Aerial Hoop Instructor (online)	Home Study	15.0	12/31/19 www.spincityinstructortraining.com
Spin City Aerial Fitness (AFAA)	Spin City Intermediate Pole Fitness Instructor (online)	Home Study	15.0	12/31/19 www.spincityinstructortraining.com
Spin City Aerial Fitness (AFAA)	Spin City Stretching and Flexibility for Pole and Aerial (online)	Home Study	15.0	12/31/19 www.spincityinstructortraining.com
START Fitness/Fit to Fight (AFAA)	WaterRower Crew Coach Certification Course	Workshop/Seminar	8.0	12/31/19 www.startfitness.com
Step Aerobics Andrea Style (AFAA)	Step Aerobics Andrea Style presents NY2 - New Year New You	Workshop/Seminar	3.0	12/31/19
Stephanie McCall (AFAA)	CRAZY CARDIO COMBOS	Workshop/Seminar	4.0	12/31/19 Stephaniemccallfitness.com
Stephanie McCall (AFAA)	SUPER STRENGTH	Workshop/Seminar	4.0	12/31/19 Stephaniemccallfitness.com
StickMobility (AFAA)	Stick Mobility Level 1 Certification	Workshop/Seminar	13.0	12/31/19 https://stickmobility.com/certification/
Stretch to Win Institute (AFAA)	Level 1 (FST) Fascial Stretch Therapy Certification	Workshop/Seminar	15.0	12/31/19 www.stretchtowin.com
Stroops (AFAA)	Stroops Foundations Course	Workshop/Seminar	8.0	12/31/19 https://stroops.com/the-academy/
Suples (AFAA)	Dynamic Movement Training with the Bulgarian Bag	Workshop/Seminar	9.0	12/31/19 http://www.suples.com
Team Alloy (AFAA)	Alloy: Personal Training Programming Certification	Workshop/Seminar	8.0	12/31/19 www.teamalloy.com
Technogym USA (AFAA)	Arke Foundation Workshop	Workshop/Seminar	4.0	12/31/19
Technogym USA (AFAA)	Dual Adjustable Pulley	Workshop/Seminar	4.0	12/31/19
Technogym USA (AFAA)	Group Cycle Foundation	Workshop/Seminar	4.0	12/31/19
Technogym USA (AFAA)	Kinesis One	Workshop/Seminar	4.0	12/31/19
Technogym USA (AFAA)	Kinesis Station	Workshop/Seminar	4.0	12/31/19
Technogym USA (AFAA)	OMNIA	Workshop/Seminar	4.0	12/31/19
Technogym USA (AFAA)	OUTRACE	Workshop/Seminar	4.0	12/31/19 www.technogym.com
Technogym USA (AFAA)	SkillMill Introduction Workshop	Workshop/Seminar	4.0	12/31/19
Technogym USA (AFAA)	Skillrow Foundation Workshop	Workshop/Seminar	4.0	12/31/19
Technogym USA (AFAA)	Teambeats Introduction Workshop	Workshop/Seminar	4.0	12/31/19
The World GROOVE Movement (AFAA)	The GROOVE Method Facilitator Training	Workshop/Seminar	15.0	12/31/19 https://www.theworldgroovemovement.com
TheraGun (AFAA)	TheraGun Foundations Training Course	Workshop/Seminar	4.0	12/31/19
TRATAC (AFAA)	Fundamentals of Active Rolling™	Workshop/Seminar	4.0	12/31/19 www.tratac.com
TRATAC (AFAA)	TRATAC Master Trainer Summit	Workshop/Seminar	15.0	12/31/19 www.tratac.com
Tress Marketing Solutions, LLC (AFAA)	FASTer Way to Fat Loss Certified Coach	Home Study	5.0	12/31/19 https://www.fasterwaytofatloss.com/certification
TRIBE Team Training USA (AFAA)	TRIBE Team Training	Workshop/Seminar	5.0	12/31/19 www.tribeteamtraining.com
TRIBE Team Training USA (AFAA)	TRIBE Team Training TribeCORE	Workshop/Seminar	4.0	12/31/19 www.tribeteamtraining.com
TRIBE Team Training USA (AFAA)	TRIBE Team Training TribeFIT	Workshop/Seminar	4.0	12/31/19 www.tribeteamtraining.com
TRIBE Team Training USA (AFAA)	TRIBE Team Training TribeKIDS	Workshop/Seminar	4.0	12/31/19
TRIBE Team Training USA (AFAA)	TRIBE Team Training TribeLIFE	Workshop/Seminar	4.0	12/31/19 www.tribeteamtraining.com
TRIBE Team Training USA (AFAA)	TRIBE Team Training TribePUNCH	Workshop/Seminar	4.0	12/31/19 www.tribeteamtraining.com
TRX (AFAA)	TRX Advanced Group Training Course (AGTC)	Workshop/Seminar	15.0	12/31/19 TRXtraining.com
TRX (AFAA)	TRX For Yoga	Home Study	5.0	12/31/19 TRXtraining.com
TRX (AFAA)	TRX FORCE Operator's Training Course (Level 1)	Workshop/Seminar	4.0	12/31/19 www.trxtraining.com
TRX (AFAA)	TRX FORCE Operator's Training Course (Level 2)	Workshop/Seminar	8.0	12/31/19 www.trxtraining.com
TRX (AFAA)	TRX FORCE Operator's Training Course (Level 3)	Workshop/Seminar	15.0	12/31/19 www.trxtraining.com
TRX (AFAA)	TRX Functional Training Course (FTC)	Workshop/Seminar	7.0	12/31/19 www.trxtraining.com
TRX (AFAA)	TRX Group Rip Training Course (GRTC)	Workshop/Seminar	7.0	12/31/19 www.trxtraining.com
TRX (AFAA)	TRX Group Suspension Training Course (GSTC)	Workshop/Seminar	7.0	12/31/19 www.trxtraining.com
TRX (AFAA)	TRX Group Training Course (GTC)	Workshop/Seminar	8.0	12/31/19 www.trxtraining.com
TRX (AFAA)	TRX RIP Training Course (RTC)	Workshop/Seminar	8.0	12/31/19 www.trxtraining.com
TRX (AFAA)	TRX Sports Medicine Suspension Training Course Level 2 (SMSTC Lvl 2)	Workshop/Seminar	7.0	12/31/19 www.trxtraining.com
TRX (AFAA)	TRX Suspension Training Course (STC)	Workshop/Seminar	7.0	12/31/19 www.trxtraining.com
TRX (AFAA)	TRX Trainer Basics Course	Home Study	3.0	12/31/19 www.trxtraining.com
Tune Up Fitness World Wide, Inc. (AFAA)	The Roll Model® Method - Ball Sequencing & Innovation	Workshop/Seminar	7.0	12/31/19 www.tuneupfitness.com
Tune Up Fitness World Wide, Inc. (AFAA)	The Roll Model® Method - Correspondence Course	Workshop/Seminar	14.0	12/31/19 www.tuneupfitness.com
Tune Up Fitness World Wide, Inc. (AFAA)	The Roll Model® Method –The Science of Rolling	Workshop/Seminar	8.0	12/31/19 www.tuneupfitness.com
Tune Up Fitness World Wide, Inc. (AFAA)	Treat While You Train- Correspondence Course	Workshop/Seminar	11.0	12/31/19 www.tuneupfitness.com
U-Jam Fitness (AFAA)	U-JAM FITNESS® INSTRUCTOR WORKSHOP	Workshop/Seminar	8.0	12/31/19 http://WWW.UJAMFITNESS.COM
United Endurance Sports Coaching Academy (AFAA)	Running Coach Certification	Home Study	11.0	12/31/19 www.coachendurancesports.com
United Endurance Sports Coaching Academy (AFAA)	Triathlon Coaching Certification	Home Study	11.0	12/31/19 www.coachendurancesports.com
University of North Carolina Wilmington (AFAA)	2019 Southeast Collegiate Fitness Expo	Conference	15.0	12/31/19 https://sefitexpo19.wixsite.com/uncw
Urbankick (AFAA)	UrbanKick Instructor Training (LIVE)	Workshop/Seminar	8.0	12/31/19 www.urbankick.com
Urbankick (AFAA)	UrbanKick Instructor Training (SELF STUDY)	Home Study	8.0	12/31/19 www.urbankick.com
ViPR PRO (AFAA)	ViPR PRO Fundamentals Mobile	Home Study	8.0	12/31/19 www.vipr.com
ViPR PRO (AFAA)	ViPR PRO Fundamentals Workshop	Workshop/Seminar	7.0	12/31/19 www.vipr.com
Warrior Cross Fitness (AFAA)	Warrior Cross Fitness	Workshop/Seminar	15.0	12/31/19
WERQ Fitness (AFAA)	WERQ Dance Fitness Professional Certification	Workshop/Seminar	8.0	12/31/19 www.WERQfitness.com
World Gym International (AFAA)	HIIT Certification	Workshop/Seminar	15.0	12/31/19 worldgymathletics.com

Wukkout! (AFAA)	Wukkout! Instructor Training	Workshop/Seminar	7.0	12/31/19	<a href="http://wukkout.com/instructor-training">http://wukkout.com/instructor-training</a>
XPert Pole & Aerial Fitness (AFAA)	XPert Aerial Hoop	Workshop/Seminar	15.0	12/31/19	<a href="http://www.xpertpolefitness.com">www.xpertpolefitness.com</a>
XPert Pole & Aerial Fitness (AFAA)	XPert Aerial Silks	Workshop/Seminar	15.0	12/31/19	<a href="http://www.xpertpolefitness.com">www.xpertpolefitness.com</a>
XPert Pole & Aerial Fitness (AFAA)	XPert Children's Pole & Aerial Teacher Training	Workshop/Seminar	15.0	12/31/19	<a href="http://www.xpertpolefitness.com">www.xpertpolefitness.com</a>
XPert Pole & Aerial Fitness (AFAA)	XPert Flexibility Flow	Workshop/Seminar	15.0	12/31/19	<a href="http://www.xpertpolefitness.com">www.xpertpolefitness.com</a>
XPert Pole & Aerial Fitness (AFAA)	XPert Pole Fitness Level 1 & 2	Workshop/Seminar	15.0	12/31/19	<a href="http://www.xpertpolefitness.com">www.xpertpolefitness.com</a>
XPert Pole & Aerial Fitness (AFAA)	XPert Pole Fitness Level 3 & 4	Workshop/Seminar	15.0	12/31/19	<a href="http://www.xpertpolefitness.com">www.xpertpolefitness.com</a>
XPert Pole & Aerial Fitness (AFAA)	XPert Spinning Pole Teacher Training	Workshop/Seminar	15.0	12/31/19	<a href="http://www.xpertpolefitness.com">www.xpertpolefitness.com</a>
Yoga International (AFAA)	Yoga Anatomy Training	Workshop/Seminar	15.0	12/31/19	<a href="http://yogainternational.com/ecourse/yoga-anatomy">yogainternational.com/ecourse/yoga-anatomy</a>
Your Body is Waiting, LLC (AFAA)	The Fascination Method of Self-Myofascial Release	Workshop/Seminar	4.0	12/31/19	<a href="http://www.thefascinator.com">www.thefascinator.com</a>
Z-Health Performance Solutions (AFAA)	Essentials for Elite Performance	Workshop/Seminar	15.0	12/31/19	<a href="http://zhealtheducation.com/">http://zhealtheducation.com/</a>
ZUMBA (AFAA)	Aqua Zumba Instructor Training	Workshop/Seminar	8.0	12/31/19	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	Cue Like A Pro ELearning	Home Study	3.0	12/31/19	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	Fighting Elements ELearning	Home Study	3.0	12/31/19	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	STRONG by Zumba	Workshop/Seminar	8.0	12/31/19	<a href="http://www.zumba.com">http://www.zumba.com</a>
ZUMBA (AFAA)	STRONG by Zumba E-Learning	Home Study	4.0	12/31/19	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	SYNC LAB SESSIONS - APRIL 2019	Home Study	3.0	12/31/19	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	SYNC LAB SESSIONS - FEBRUARY 2019	Home Study	3.0	12/31/19	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	SYNC LAB SESSIONS - JANUARY 2019	Home Study	3.0	12/31/19	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	SYNC LAB SESSIONS - MARCH 2019	Home Study	3.0	12/31/19	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	Zumba Basic 1 Instructor Training	Workshop/Seminar	8.0	12/31/19	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	Zumba Basic 2 Instructor Training	Workshop/Seminar	8.0	12/31/19	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	Zumba Gold Instructor Training	Workshop/Seminar	8.0	12/31/19	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	Zumba Jump Start Gold Instructor Training	Workshop/Seminar	10.0	12/31/19	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	Zumba Jump Start Zumba-Kids & Kids Jr. Instructor	Workshop/Seminar	10.0	12/31/19	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	Zumba Kids + Kids JR. Instructor Training	Workshop/Seminar	8.0	12/31/19	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	Zumba ProSkills Instructor Training	Workshop/Seminar	8.0	12/31/19	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	Zumba SENTAO Instructor Training	Workshop/Seminar	8.0	12/31/19	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	Zumba Toning Instructor Training	Workshop/Seminar	8.0	12/31/19	<a href="http://www.zumba.com">www.zumba.com</a>