

## AFAA PREFERRED PROVIDER PROGRAM

Provider	Title	Course Type	CEU E	pires On Registration URL
16 Capital Investments (AFAA)		Workshop/Seminar	4.0	12/31/20 www.orangetheoryfitness.com/careers-studio-positions
	Bike and Strider Workshop			
16 Capital Investments (AFAA)	Connecting to Create: A Member Experience	Workshop/Seminar	5.0	12/31/20 www.orangetheoryfitness.com.careers-studio-positions
16 Capital Investments (AFAA)	FLEX'ing - Personalizing the Group Fitness Experience	Workshop/Seminar	3.0	12/31/20 www.orangetheoryfitness.com/careers-studio-positions
305 Fitness (AFAA)	305 Fitness Instructor Training	Workshop/Seminar	15.0	12/31/20
9Round Franchising LLC (AFAA)	9Round Kickboxology	Workshop/Seminar	5.0	12/31/20 9round.com
9Round Franchising LLC (AFAA)	Kickboxology - Online Course	Home Study	5.0	12/31/20
AAAI/ISMA (AFAA)	2020 AAAI/ISMA Colorado Conference	Conference	15.0	12/31/20 aaai-ismafitness.com
AAAI/ISMA (AFAA)	Cross H.I.I.T Tabata	Workshop/Seminar	6.0	12/31/20 aaai-ismafitness.com
AAAI/ISMA (AFAA)	Cycling Certification	Workshop/Seminar	6.0	12/31/20 www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Holistic Health Consultant	Workshop/Seminar	6.0	12/31/20 www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Mat Pilates Instructor Certification	Workshop/Seminar	6.0	12/31/20 www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Older Adult Certification	Workshop/Seminar	6.0	12/31/20 www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Personal Fitness Phase 2	Workshop/Seminar	6.0	12/31/20 www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Personal Fitness Trainer Certification	Workshop/Seminar	7.0	12/31/20 www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Phase 1 Aqua Instructor Certification	Workshop/Seminar	6.0	12/31/20 www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Phase 2 Yoga Instructor Certification	Workshop/Seminar	6.0	12/31/20 www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Primary Aerobic Certification	Workshop/Seminar	7.0	12/31/20 www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Sports Nutrition Certificate	Workshop/Seminar	7.0	12/31/20 www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Strength Weight Training Certification	Workshop/Seminar	7.0	12/31/20 www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Stress Reduction, Relaxation & Meditation	Workshop/Seminar	6.0	12/31/20 www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	T'AI CHI Instructor Certification	Workshop/Seminar	6.0	12/31/20 www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Total Body Strength Training Certification	Workshop/Seminar	6.0	12/31/20 www.aaai-ismafitness.com
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AAAI/ISMA (AFAA)	Yoga Phase 1 Certification	Workshop/Seminar	8.0	12/31/20 aaai-ismafitness.com
Aaron L Mattes (AFAA)	Active Isolated Stretching	Workshop/Seminar	15.0	12/31/20 www.stretchingusa.com
ACM 360 PRO (AFAA)	Certified Exercise Therapy Specialist I	Home Study	12.0	12/31/20 www.ACM360PRO.com
Active Life (AFAA)	Active Life Coach Training Workshop	Home Study	11.0	12/31/20
Active Life (AFAA)	Active Life Online Coach Awareness Seminar	Home Study	8.0	12/31/20 https://www.activeliferx.com
Active Life (AFAA)	Active Life RX Coach Immersion	Conference	15.0	12/31/20 www.activeliferx.com
Active Red (AFAA)	Active Kickboxing Fitness Trainer	Workshop/Seminar	15.0	12/31/20
Advanced Continuing Education Institute (AFAA)	Champion Performance Therapy and Training System	Home Study	15.0	12/31/21 mikereinold.com
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AEA Aquatic Exercise Association (AFAA)	AEA Arthritis: Lesson Planning Tips & Tools	Workshop/Seminar		12/31/20 aeawave.org
AEA Aquatic Exercise Association (AFAA)	AEA Arthritis: Motivating Your Participants	Workshop/Seminar	2.0	12/31/20 aeawave.org
AEA Aquatic Exercise Association (AFAA)	AEA Arthritis: Teaching Platforms	Workshop/Seminar	2.0	12/31/20 aeawave.org
AEA Aquatic Exercise Association (AFAA)	AFP Practical & Skill Applications Course	Home Study	7.0	12/31/20 aeawave.org
AEA Aquatic Exercise Association (AFAA)	Aging Actively with Aquatics	Workshop/Seminar	2.0	12/31/20 aeawave.com
AEA Aquatic Exercise Association (AFAA)	AQUABATA SHALLOW	Workshop/Seminar	3.0	12/31/20 aeawave.org
AEA Aquatic Exercise Association (AFAA)	AQUATIC CARDIO PROGRAMS	Workshop/Seminar	3.0	12/31/20 aeawave.org
AEA Aquatic Exercise Association (AFAA)	AQUATIC CIRCUIT APPS 2	Workshop/Seminar	3.0	12/31/20 aeawave.org
AEA Aquatic Exercise Association (AFAA)	Aquatic Fitness Practical Applications	Workshop/Seminar	7.0	12/31/20 aeawave.org
AEA Aquatic Exercise Association (AFAA)	AQUATIC INTERVAL APPS	Workshop/Seminar	3.0	12/31/20 aeawave.org
AEA Aquatic Exercise Association (AFAA)	AQUATIC KICK BOXING	Workshop/Seminar	3.0	12/31/20 aeawave.org
AEA Aquatic Exercise Association (AFAA)	ARTHRITIS FOUNDATION PROGRAM LEADER TRAINING (ONLINE)	Home Study	15.0	12/31/20 aeawave.org
AEA Aquatic Exercise Association (AFAA)	ARTHRITIS PROGRAM LEADER DEVELOPMENT & PRACTICE (WORKSHOP)	Workshop/Seminar	6.0	12/31/20 aeawave.org
AEA Aquatic Exercise Association (AFAA)	Ballology	Workshop/Seminar	2.0	12/31/20 aeawave.com
AEA Aquatic Exercise Association (AFAA)	BOOT CAMP DEEP	Workshop/Seminar	3.0	12/31/20 aeawave.org
AEA Aquatic Exercise Association (AFAA)	BOOT CAMP SHALLOW	Workshop/Seminar	3.0	12/31/20 aeawave.org
AEA Aquatic Exercise Association (AFAA)	CORE TRAINING + STRETCH TECHNIQUES	Workshop/Seminar	3.0	12/31/20 aeawave.org
AEA Aquatic Exercise Association (AFAA)	Deep HIIT & Sculpt	Workshop/Seminar	2.0	12/31/20 aeawave.org
AEA Aquatic Exercise Association (AFAA)	DEEPER APPLICATIONS 2	Workshop/Seminar	3.0	12/31/20 aeawave.org
AEA Aquatic Exercise Association (AFAA)	HydroRevolution Online Training Program	Home Study	5.0	12/31/20 aeawave.com
AEA Aquatic Exercise Association (AFAA)	NEXT LEVEL NOODLE	Workshop/Seminar	3.0	12/31/20 aeawave.org
AEA Aquatic Exercise Association (AFAA)	UPPER BODY, CORE & MORE	Workshop/Seminar	3.0	12/31/20 http://www.aeawave.com/
Aerial Physique (AFAA)	Aerial Physique Teacher Training	Workshop/Seminar	15.0	12/31/21
AKT, Anna Kaiser Technique (AFAA)	AKT Certificate of Completion	Workshop/Seminar	15.0	12/31/21 www.theakt.com
Aktiv Solutions (AFAA)	Aktiv Straps Official Course: Body Weight Suspension Exercise	Workshop/Seminar	5.0	12/31/20 Aktivsolutions.com
Aktiv Solutions (AFAA)	Functional Training Experience Specialist	Workshop/Seminar	6.0	12/31/20 www.aktivsolutions.com
American Barre Technique, LLC (AFAA)	Barre Instructor Certification	Home Study	15.0	12/31/20 www.abtbarre.com
American Barre Technique, LLC (AFAA)	Barre Instructor Specialty Certificate	Workshop/Seminar	15.0	12/31/21 www.ABTbarre.com
American Council on Exercise (ACE) (AFAA)	ACE Behavior Change in Practice: Hands-on Skills for Health Coaches and Exercise Professionals	Workshop/Seminar	5.0	12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Behavior Change Specialist	Home Study	15.0	12/31/20 http://www.acefitness.org/fitness-certifications/specialty-certifications/behavior-change.aspx
American Council on Exercise (ACE) (AFAA)	ACE Certified Health Coach	Home Study	15.0	12/31/20
American Council on Exercise (ACE) (AFAA)	ACE Fitness Nutrition Specialist	Home Study	15.0	12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Functional Training Specialist	Home Study	15.0	12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Senior Fitness Specialist	Home Study	15.0	12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Sports Performance Specialty Program	Home Study	15.0	12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)  American Council on Exercise (ACE) (AFAA)	ACE Sports Performance Specialty Program  ACE Sports Performance Workshop	Workshop/Seminar	8.0	12/31/20 www.aceitness.org
American Council on Exercise (ACE) (AFAA)	ACE Weight Management Specialist	Home Study	15.0	12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Youth Fitness Specialist	Home Study	15.0	12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Diabetes Prevention Coaching	Home Study	10.0	12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Fitness Programming for Overweight Clients & Clients Affected by Obesity	Workshop/Seminar	8.0	12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Metabolic Training Workshop	Workshop/Seminar	8.0	12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Movement Based Exercise Workshop	Workshop/Seminar	8.0	12/31/20 www.acefitness.org
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American Council on Exercise (ACE) (AFAA)	Orthopedic Exercise Specialist Program	Home Study	15.0	12/31/20 https://www.acefitness.org/fitness-certifications/specialty-certifications/orthopedic-exercise.aspx
American Council on Exercise (ACE) (AFAA)	Personal Training Workshop: Client Communication, Assessment and Program Design	Workshop/Seminar		12/31/20 www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Small Group Training Workshop	Workshop/Seminar		12/31/20 www.acefitness.org
American Fitness Professionals & Associates (AFPA) (AFAA)	Holistic Nutritionist Certification	Home Study	15.0	12/31/21 www.afpafitness.com
American Fitness Professionals & Associates (AFPA) (AFAA)	Prenatal and Postnatal Fitness Specialist	Home Study	15.0	12/31/21 http://www.afpafitness.com
American Specialty Health (ASH)/Silver & Fit (AFAA)	Silver&Fit Signature Series Classes® Distance Learning Instructor Training Course	Home Study	13.0	12/31/20 https://www.silverandfit.com
Anatomy4Fitness, LLC (AFAA)	Anatomy4Fitness: Complete Musculoskeletal Anatomy	Home Study	10.0	12/31/20 anatomy4fitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® 1on1: D-kink	Workshop/Seminar	6.0	12/31/20 www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Aerial Yoga 1	Workshop/Seminar	15.0	12/31/20 www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Aerial Yoga 2	Workshop/Seminar	15.0	12/31/20 www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® AIRbarre 1	Workshop/Seminar	15.0	12/31/20 www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Fundamentals 1&2	Workshop/Seminar	15.0	12/31/20 www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Just Kids 1&2	Workshop/Seminar	15.0	12/31/20 www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Pilates 1	Workshop/Seminar	15.0	12/31/20 www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Restorative Yoga	Workshop/Seminar	15.0	12/31/20 www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Suspension Fitness 1	Workshop/Seminar	15.0	12/31/20 www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Suspension Fitness 2	Workshop/Seminar		12/31/20 www.antigravityfitness.com
Anytime Fitness Corporate Office (AFAA)	AF Live Implementation	Workshop/Seminar		12/31/20 www.anytimefitness.com
Anytime Fitness Corporate Office (AFAA)	AF Live Technical Training	Workshop/Seminar	7.0	12/31/20 www.anytimefitness.com
Anytime Fitness Corporate Office (AFAA)	NFT - Consumer	Workshop/Seminar		12/31/20 www.anytimefitness.com
Anytime Fitness Corporate Office (AFAA)	NFT - Operations	Workshop/Seminar		12/31/20 www.anytimefitness.com
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Anytime Fitness Corporate Office (AFAA)		Conference	15.0	12/31/20 www.anytimefitness.com
Aquabirth (AFAA)	Prenatal and Postnatal Fitness Training Course	Workshop/Seminar		12/31/20 www.aquabirth.gr
Aquatic Connections (AFAA)	Land-2-H2O	Workshop/Seminar	4.0	12/31/20
Asana Charlestown (AFAA)	ASANA Barre Teacher Training Program	Workshop/Seminar		12/31/20 www.asanacharlestown.com
ASIA AERIALARTS (AFAA)	AAA Aerial Hammock	Workshop/Seminar		12/31/20 www.asiaaerialarts.com
ASIA AERIALARTS (AFAA)	AAA Aerial Hoop	Workshop/Seminar		12/31/20 www.asiaaerialarts.com
Association of Fitness Studios (AFAA)	SUCCEED! AFS' Annual Business Convention/Expo	Conference	15.0	12/31/20 www.afsfitness.com and www.succeedwithafs.com
Association of Fitness Studios (AFAA)	SUCCEED! Virtual Conference and Expo	Conference	15.0	12/31/20 www.afsfitness.com
Assured Fitness (AFAA)	GROUP EXERCISE: 101	Workshop/Seminar	8.0	12/31/20
Assured Fitness (AFAA)	Pressure Point: Muscle Rejuvenation	Workshop/Seminar	8.0	12/31/20
Assured Fitness (AFAA)	Senior Fitness - Senior Fit & Fun	Workshop/Seminar	8.0	12/31/20
Assured Fitness (AFAA)	Specialized Military Fitness Programming	Workshop/Seminar		12/31/20
Assured Fitness (AFAA)	The Power of Yoga - Energy & Healing	Workshop/Seminar		12/31/20 www.assured-fitness.com
Assured Fitness (AFAA)	Yoga Burn & Firm	Workshop/Seminar		12/31/20
	Youth Fitness - Fit-4-Kids			12/31/20
Assured Fitness (AFAA)		Workshop/Seminar		
Aumakua Productions LLC (AFAA)	PolyFit	Workshop/Seminar		12/31/20
Australian Strength Performance (AFAA)	Advanced Hypertrophy Level 2	Workshop/Seminar		12/31/20 www.trainasp.com.au/education/
Australian Strength Performance (AFAA)	ASP Coach Level 1 Certification	Workshop/Seminar		12/31/20 www.trainasp.com.au/education/
Australian Strength Performance (AFAA)	Fat Loss Specialization	Workshop/Seminar		12/31/20
Australian Strength Performance (AFAA)	Hypertrophy Level 1	Workshop/Seminar		12/31/20
Australian Strength Performance (AFAA)	Physique Transformation Level 1	Workshop/Seminar	7.0	12/31/20
Autonomy Movement LLC (AFAA)	Barre for All Bodies	Home Study	2.0	12/31/20 www.autonomymovement.com
Autonomy Movement LLC (AFAA)	Debunking Movement Myths - Upgraded Version	Home Study	2.0	12/31/20 www.autonomymovement.com
AVFitness Academy (AFAA)	MindFit Warrior * Functional Fitness Coach	Workshop/Seminar	15.0	12/31/20 www.avfitnessacademy.com
Axle Workout INC (AFAA)	Axle Foundations	Workshop/Seminar	2.0	12/31/20 www.theaxleworkout.com
BADASS (AFAA)	BADASS	Workshop/Seminar	6.0	12/31/20 www.bouncedancefit.com
Bagel Fit by Ashley Bishop (AFAA)	splAsh: Combos	Workshop/Seminar		12/31/20 www.bagelfit.com
Bagel Fit by Ashley Bishop (AFAA)	splAsh: Intervals	Workshop/Seminar		12/31/20 www.bagelfit.com
Bagel Fit by Ashley Bishop (AFAA)	splAsh: Toning	Workshop/Seminar		12/31/20 www.bagelfit.com
Balanced Body (AFAA)	· •			12/31/20 www.bagemic.com
Balanced Body (AFAA)	Anatomy in Three Dimensions Instructor Training Balanced Body Barre Instructor Training, Comprehensive	Workshop/Seminar Workshop/Seminar		12/31/20 pilates.com
Balanced Body (AFAA)	Balanced Body Barre Instructor Training, Fundamentals	Workshop/Seminar		12/31/20 pilates.com
Balanced Body (AFAA)	Balanced Body Movement Principles	Workshop/Seminar		12/31/20 pilates.com
Balanced Body (AFAA)	Bodhi Suspension System® Instructor Training, Comprehensive	Workshop/Seminar		12/31/20 pilates.com
Balanced Body (AFAA)	Bodhi Suspension System® Instructor Training, Fundamentals	Workshop/Seminar		12/31/20 pilates.com
Balanced Body (AFAA)	Integrated Movement Series	Workshop/Seminar		12/31/20 pilates.com
Balanced Body (AFAA)	Integrated Movement Series (IMS)	Conference	8.0	12/31/20 www.pilates.com/education
Balanced Body (AFAA)	Mat 1 Instructor Training	Workshop/Seminar	15.0	12/31/20 pilates.com
Balanced Body (AFAA)	Mat 3: Enhanced Pilates Mat + Props	Workshop/Seminar		12/31/20 pilates.com
Balanced Body (AFAA)	MOTR™ Instructor Training, Comprehensive	Workshop/Seminar	15.0	12/31/20 pilates.com
Balanced Body (AFAA)	MOTR™ Instructor Training, Fundamentals	Workshop/Seminar	8.0	12/31/20 pilates.com
Ballistic Management Inc (AFAA)	Expert Training Methodology	Workshop/Seminar		12/31/20 thibarmy.com
Ballroom Boogie Fitness, LLC (AFAA)	Ballroom Boogie Fitness	Workshop/Seminar		12/31/20
BAMmotion, Inc (AFAA)	BAMmotion Functional Training Mat	Workshop/Seminar		12/31/20 bammotion.com
Baptiste Power of Yoga, LLC (AFAA)	Yoga with Weights: Baptiste Method Study Course - Intro Level I	Home Study	15.0	12/31/20 www.powerofyoga.com
Barbell Rehab, LLC (AFAA)	The Barbell Rehab Method	Workshop/Seminar		12/31/21 www.poweroryoga.com 12/31/21 barbellrehab.com
Barre & Soul (AFAA)	Barre Guild Academy	Home Study	15.0	12/31/20 www.barreguild.com
Barre Certification (IBBFA) (AFAA)	Barre Essentials - A Training Guide On How To Be An Effective Barre Instructor		8.0	
. , , ,		Home Study		12/31/20 www.barrecertification.com
Barre Certification (IBBFA) (AFAA)	Barre Level 1- Fundamentals of Barre Technique	Workshop/Seminar		12/31/20 https://barrecertification.com/
	Barre Anatomy Workshop	Workshop/Seminar		12/31/20 www.barreintensity.com
Barre Intensity LLC (AFAA)		Workshop/Seminar	3.0	12/31/20 www.barreintensity.com
Barre Intensity LLC (AFAA) Barre Intensity LLC (AFAA)	Barre Choreography Workshop 1			
Barre Intensity LLC (AFAA) Barre Intensity LLC (AFAA) Barre Intensity LLC (AFAA)	Barre Exercise Intensive Part 1	Home Study	8.0	12/31/20 https://now.barreintensity.com/programs/corebarrefit-exerciseintensive-certification
Barre Intensity LLC (AFAA) Barre Intensity LLC (AFAA) Barre Intensity LLC (AFAA)		Home Study Workshop/Seminar		12/31/20 https://now.barreintensity.com/programs/corebarrefit-exerciseintensive-certification 12/31/20 www.barreintensity.com
Barre Intensity LLC (AFAA) Barre Intensity LLC (AFAA) Barre Intensity LLC (AFAA) Barre Intensity LLC (AFAA)	Barre Exercise Intensive Part 1		8.0	
Barre Intensity LLC (AFAA)	Barre Exercise Intensive Part 1 Barre Intensity Essentials Training	Workshop/Seminar	8.0 9.0	12/31/20 www.barreintensity.com
Barre Intensity LLC (AFAA)	Barre Exercise Intensive Part 1 Barre Intensity Essentials Training Barre Intensity instructor Training 1 Day	Workshop/Seminar Workshop/Seminar Workshop/Seminar	8.0 9.0	12/31/20 www.barreintensity.com 12/31/20 www.barreintensity.com
Barre Intensity LLC (AFAA)	Barre Exercise Intensive Part 1 Barre Intensity Essentials Training Barre Intensity Instructor Training 1 Day Barre Intensity Instructor Training 2 day Prenatal & Postnatal Instructor Training	Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study	9.0 13.0 10.0	12/31/20 www.barreintensity.com 12/31/20 www.barreintensity.com 12/31/20 www.barreintensity.com 12/31/20 www.barreintensity.com
	Barre Exercise Intensive Part 1 Barre Intensity Essentials Training Barre Intensity instructor Training 1 Day Barre Intensity instructor Training 2 day	Workshop/Seminar Workshop/Seminar Workshop/Seminar	9.0 13.0 10.0	12/31/20 www.barreintensity.com 12/31/20 www.barreintensity.com 12/31/20 www.barreintensity.com

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Barre Where You Are LLC (AFAA)	Barre Where You Are Primary Barre Instructor  BarreAmped® Bounce Levels 1 & 2	Workshop/Seminar 8.0		12/31/20
BarreAmped® (AFAA) BarreAmped® (AFAA)	BarreAmped® Level 1 Barre Instructor Training	Home Study 8.0 Workshop/Seminar 15.0		12/31/20 www.barreampedbounce.com 12/31/20 www.barreamped.com
Beachbody, LLC (AFAA)	2B Mindset	Home Study 12.0		12/31/20 www.barreamped.com 12/31/20 beachbodylive.com
Beachbody, LLC (AFAA)	The Ultimate Portion Fix	Home Study 15.0		12/31/20 Beachbodylive.com 12/31/20
BeatBoss, LLC (AFAA)	BeatBoss Indoor Biking	Workshop/Seminar 14.0		12/31/20 www.beatboss.rocks
BELEDI - The Bellydance Workout (AFAA)	BELEDI Basic & Fusion 1	Workshop/Seminar 12.0		12/31/20 www.belediworkout.com
Believe2Achieve Fitness (AFAA)	Weigh2Dance	Workshop/Seminar 7.0		12/31/20 believe2achievefit.com
Belly Dancing Body Fitness (AFAA)	Belly Dancing Body Fitness	Workshop/Seminar 15.0		12/31/20 believezachievent.com  12/31/20 https://www.bellydancingbodyfitness.net/
Bender Training Academy (AFAA)	Functional Flexibility and Fascia Fitness	Workshop/Seminar 6.0		12/31/20 www.bendertraining.com
Bender Training Academy (AFAA)	I am Ageless Now	Workshop/Seminar 6.0		12/31/20 http://www.bendertraining.com
Bike Live (AFAA)	International Indoor Cycling Certification Level BE3	Workshop/Seminar 15.0		12/31/21 www.bebikelive.com
BioForce (AFAA)	BioForce Certified Conditioning Coach	Home Study 15.0		12/31/21 https://www.8weeksout.com/conditioning-certification/
Body Barre™ (AFAA)	BodyBarre™ Instructor Training	Home Study 12.0		12/31/20 https://www.bodybarre.com
BODY FX (AFAA)	Figure 8 Basic Instructor	Home Study 6.0		12/31/21
BollyX (AFAA)	BollyX Instructor	Workshop/Seminar 7.0		12/31/20 www.bollyx.com
BollyX (AFAA)	BollyX® LIT 4-hour	Workshop/Seminar 4.0		12/31/20 www.bollyx.com
BOMBAY JAM (AFAA)	BOMBAY JAM Certificate of Completion	Workshop/Seminar 12.0		12/31/20 WWW.BOMBAYJAM.COM
BOMBAY JAM (AFAA)	Bombay Jam Certificate of Completion Online	Home Study 5.0	0	12/31/20
BOMBAY JAM (AFAA)	BOMBAY JAM DAY 2 QUARTER 2	Workshop/Seminar 4.0	0	12/31/20 http://WWW.BOMBAYJAM.COM
BOMBAY JAM (AFAA)	BOMBAY JAM DAY 2 QUARTER 3	Workshop/Seminar 4.0		12/31/20 http://WWW.BOMBAYJAM.COM
BOMBAY JAM (AFAA)	BOMBAY JAM DAY 2 QUARTER 4	Workshop/Seminar 4.0		12/31/20 http://www.bombayjam.com
BOMBAY JAM (AFAA)	BOMBAY JAM(R) CERTIFICATE COMPLETION	Workshop/Seminar 12.0		12/31/21 www.bombayjam.com
BOMBAY JAM (AFAA)	BOMBAY JAM(R) CERTIFICATE COMPLETION ONLINE	Home Study 5.0		12/31/21 www.bombayjam.com
BOMBAY JAM (AFAA)	BOMBAY JAM(R) DAY 2 Q1	Workshop/Seminar 4.0		12/31/21 www.bombayjam.com
BOMBAY JAM (AFAA)	BOMBAY JAM(R) DAY 2 Q2	Workshop/Seminar 4.0		12/31/21 www.bombayjam.com
BOMBAY JAM (AFAA)	BOMBAY JAM(R) DAY 2 Q3	Workshop/Seminar 4.0		12/31/21 www.bombayjam.com
BOMBAY JAM (AFAA)	BOMBAY JAM(R) DAY 2 Q4	Workshop/Seminar 4.0		12/31/21 www.bombayjam.com
BOMBAY JAM (AFAA)	BOMBAY JAM(R) DAY 2 QUARTER 1	Workshop/Seminar 4.0		12/31/20 www.bombayjam.com
Bootie Camp Fitness, LLC (AFAA)	BOOTIE CAMP BARRE™ Instructor Certification	Workshop/Seminar 8.0		12/31/20 www.bootiecampfitness.com
Booty Barre (AFAA)	barreless	Workshop/Seminar 8.0		12/31/20 www.barreless.com
Booty Barre (AFAA)	BootyBarre PLUS	Workshop/Seminar 9.0		12/31/20 www.bootybarre.com
Booty Barre (AFAA)	BootyBarre plus Flex & Flow	Workshop/Seminar 15.0		12/31/20 www.bootybarre.com
Booty Barre (AFAA)	bootybarre Suspension	Workshop/Seminar 8.0		12/31/20 www.bootybarre.com
BOUNCE DANCEFIT (AFAA)	BOUNCE DANCEFIT	Workshop/Seminar 7.0		12/31/20 https://www.bouncedancefit.com
Box 'N Burn Academy (AFAA)	Box N' Burn Academy Level 1 Course	Workshop/Seminar 7.0		12/31/20 www.boxnburnacademy.com
Box 'N Burn Academy (AFAA)	Box N' Burn Academy Level 2 Course	Workshop/Seminar 7.0		12/31/20 http://www.boxnburnacademy.com
Box 'N Burn Academy (AFAA)	Box N Burn Academy Online Course	Home Study 9.0		12/31/20 www.boxnburnacademy.com
Boxing & Barbells (AFAA)	Boxing & Barbells Level 1	Workshop/Seminar 8.0		12/31/20 www.boxingandbarbells.com
Boxing & Barbells (AFAA)	Boxing & Barbells Level 1 (Self Study)	Home Study 10.0		12/31/20 www.boxingandbarbells.com
Boxing Express (AFAA)	Boxing Express Round 1	Workshop/Seminar 10.0		12/31/20
Brian Grant Foundation (AFAA)	Exercise for Parkinson's (Home Study)	Home Study 6.0		12/31/20 www.briangrant.org
Brian Grant Foundation (AFAA)	Exercise for Parkinson's (Workshop)	Workshop/Seminar 6.0		12/31/20 www.briangrant.org
Brianna Battles (AFAA)	Pregnancy & Postpartum Athleticism	Home Study 15.0		12/31/20 https://pregnancyandpostpartumathleticism.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Acute Variables: Repetition Range	Home Study 1.0	0	12/31/21 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Adductors	Home Study 2.0		12/31/21 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Advancements in Exercise Selection 2: A Case Study Approach to Corrective Exercise	Workshop/Seminar 16.0	0	12/31/21 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Ankle Joint	Home Study 3.0	0	12/31/21 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Anterior Oblique Subsystem Integration	Home Study 1.0	0	12/31/20 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Anterior Oblique Subsystem Integration	Workshop/Seminar 2.0		12/31/21 brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Back/Pulling Progressions	Workshop/Seminar 1.0	0	12/31/21 http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Biceps Femoris	Home Study 2.0		
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	Cervical Spine	Workshop/Seminar 2.0 Home Study 3.0	0 0 0	12/31/21 brentbrookbush.com 12/31/21 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Cervical Spine Chest/Pushing Progressions	Workshop/Seminar 2.0 Home Study 3.0 Workshop/Seminar 1.0	0 0 0	12/31/21 brentbrookbush.com 12/31/21 http://brentbrookbush.com 12/31/21 http://brookbushinstitute.com
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Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Regional Interdependence: Trunk and Lower Extremity	Workshop/Seminar	1.0	12/31/21 brentbrookbush.com
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Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Scapular Muscles: Release and Lengthening		1.0	12/31/21 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Self-administered Joint Mobilizations: Lower Extremity		2.0	12/31/21 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Self-administered Joint Mobilizations: Upper Extremity	Home Study	2.0	12/31/21 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Serratus Anterior	Home Study	2.0	12/31/21 brentbrookbush.com/online-courses/
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Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Serratus Anterior Activation	Home Study	1.0	12/31/21 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Shoulder External Rotator Activation	Home Study	1.0	12/31/21 http://www.brookbushinstitute.com
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CorePower Yoga (AFAA) CRUNCH FITNESS (AFAA)	· · ·			
	Yoga Sculpt Teacher Training	Home Study Workshop/Seminar	15.0	12/31/20 www.corepoweryoga.com
CRUNCH FITNESS (AFAA) CRUNCH FITNESS (AFAA)	Yoga Sculpt Teacher Training 360-3X ABSOLUTION	Home Study Workshop/Seminar Workshop/Seminar	15.0 2.0	12/31/20 www.corepoweryoga.com 12/31/20 http://www.crunch.com 12/31/20 WWW.CRUNCH.COM
CRUNCH FITNESS (AFAA) CRUNCH FITNESS (AFAA) CRUNCH FITNESS (AFAA)	Yoga Sculpt Teacher Training 360-3X ABSOLUTION Accelerate HIIT	Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar	15.0 2.0 3.0 3.0	12/31/20 www.corepoweryoga.com 12/31/20 http://www.crunch.com 12/31/20 WWW.CRUNCH.COM 12/31/20 www.CRUNCH.com
CRUNCH FITNESS (AFAA) CRUNCH FITNESS (AFAA) CRUNCH FITNESS (AFAA) CRUNCH FITNESS (AFAA)	Yoga Sculpt Teacher Training 360-3X ABSOLUTION ACCElerate HIIT BADASS BOOTCAMP	Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	15.0 2.0 3.0 3.0 4.0	12/31/20 www.corepoweryoga.com 12/31/20 http://www.crunch.com 12/31/20 WWW.CRUNCH.COM 12/31/20 www.CRUNCH.com 12/31/20 www.crunch.com
CRUNCH FITNESS (AFAA)	Yoga Sculpt Teacher Training 360-3X ABSOLUTION Accelerate HIIT BADASS BOOTCAMP BARRE ASSETS	Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	15.0 2.0 3.0 3.0 4.0 3.0	12/31/20 www.corepoweryga.com 12/31/20 http://www.cruchc.com 12/31/20 www.CRUNCH.COM 12/31/20 www.CRUNCH.com 12/31/20 www.crunch.com 12/31/20 www.CRUNCH.COM
CRUNCH FITNESS (AFAA)	Yoga Sculpt Teacher Training 360-3X ABSOLUTION Accelerate HIIT BADASS BOOTCAMP BARRE ASSETS BARRE BOOTCAMP	Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	15.0 2.0 3.0 3.0 4.0 3.0 2.0	12/31/20 www.corepoweryoga.com 12/31/20 http://www.crunch.com 12/31/20 www.CRUNCH.COM 12/31/20 www.CRUNCH.com 12/31/20 www.crunch.com 12/31/20 www.crunch.com 12/31/20 www.crunch.com
CRUNCH FITNESS (AFAA)	Yoga Sculpt Teacher Training 360-3X ABSOLUTION Accelerate HIIT BADASS BOOTCAMP BARRE ASSETS BARRE BOOTCAMP BELLY BUTT & THIGHS BOOTCAMP	Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	15.0 2.0 3.0 3.0 4.0 3.0 2.0	12/31/20 www.crunch.com 12/31/20 http://www.crunch.com 12/31/20 www.CRUNCH.COM
CRUNCH FITNESS (AFAA)	Yoga Sculpt Teacher Training 360-3X ABSOLUTION Accelerate HIIT BADASS BOOTCAMP BARRE ASSETS BARRE BOOTCAMP BOYLE BUTTE A THIGHS BOOTCAMP BODYWEB WITH TRX	Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	15.0 2.0 3.0 3.0 4.0 3.0 2.0 3.0	12/31/20 www.corepoweryoga.com 12/31/20 http://www.crunch.com 12/31/20 www.CRUNCH.COM 12/31/20 www.CRUNCH.com 12/31/20 www.CRUNCH.COM 12/31/20 www.CRUNCH.COM 12/31/20 http://www.crunch.com 12/31/20 bttp://www.crunch.com 12/31/20 www.CRUNCH.COM 12/31/20 www.CRUNCH.COM
CRUNCH FITNESS (AFAA)	Yoga Sculpt Teacher Training 360-3X ABSOLUTION Accelerate HIIT BADASS BOOTCAMP BARRE ASSETS BARRE BOOTCAMP BELLY BUTT & THIGHS BOOTCAMP BODYWEB WITH TRX BOOSU BOOTCAMP	Home Study Workshop/Seminar	15.0 2.0 3.0 3.0 4.0 3.0 2.0	12/31/20 www.corepoweryoga.com 12/31/20 http://www.crunch.com 12/31/20 www.CRUNCH.COM 12/31/20 www.CRUNCH.com 12/31/20 www.crunch.com 12/31/20 http://www.crunch.com 12/31/20 http://www.crunch.com 12/31/20 www.cRUNCH.COM 12/31/20 WWW.CRUNCH.COM 12/31/20 www.CRUNCH.COM 12/31/20 www.CRUNCH.COM
CRUNCH FITNESS (AFAA)	Yoga Sculpt Teacher Training 360-3X ABSOLUTION Accelerate HIIT BADASS BOOTCAMP BARRE ASSETS BARRE BOOTCAMP BOYLE BUTTE A THIGHS BOOTCAMP BODYWEB WITH TRX	Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	15.0 2.0 3.0 3.0 4.0 3.0 2.0 3.0	12/31/20 www.corepoweryoga.com 12/31/20 http://www.crunch.com 12/31/20 www.CRUNCH.COM 12/31/20 www.CRUNCH.com 12/31/20 www.CRUNCH.COM 12/31/20 www.CRUNCH.COM 12/31/20 http://www.crunch.com 12/31/20 bttp://www.crunch.com 12/31/20 www.CRUNCH.COM 12/31/20 www.CRUNCH.COM
CRUNCH FITNESS (AFAA)	Yoga Sculpt Teacher Training 360-3X ABSOLUTION Accelerate HIIT BADASS BOOTCAMP BARRE ASSETS BARRE BOOTCAMP BELLY BUTT & THIGHS BOOTCAMP BODYWEB WITH TRX BOOSU BOOTCAMP	Home Study Workshop/Seminar	15.0 2.0 3.0 3.0 4.0 3.0 2.0 3.0 3.0 3.0	12/31/20 www.corepoweryoga.com 12/31/20 http://www.crunch.com 12/31/20 www.CRUNCH.COM 12/31/20 www.CRUNCH.com 12/31/20 www.crunch.com 12/31/20 http://www.crunch.com 12/31/20 http://www.crunch.com 12/31/20 www.cRUNCH.COM 12/31/20 WWW.CRUNCH.COM 12/31/20 www.CRUNCH.COM 12/31/20 www.CRUNCH.COM
CRUNCH FITNESS (AFAA)	Yoga Sculpt Teacher Training 360-3X ABSOLUTION Accelerate HIIT BADASS BOOTCAMP BARRE ASSETS BARRE BOOTCAMP BELLY BUTT & THIGHS BOOTCAMP BOODWEB WITH TRX BOOSU BOOTCAMP CARDIO SCULPT	Home Study Workshop/Seminar	15.0 2.0 3.0 4.0 3.0 2.0 3.0 3.0 3.0 3.0 3.0	12/31/20 www.corepoweryoga.com 12/31/20 http://www.crunch.com 12/31/20 www.CRUNCH.COM
CRUNCH FITNESS (AFAA)	Yoga Sculpt Teacher Training 360-3X ABSOLUTION Accelerate HIIT BADASS BOOTCAMP BARRE ASSETS BARRE BOOTCAMP BELLY BUTT & THIGHS BOOTCAMP BODYWEB WITH TRX BOSU BOOTCAMP CARDIO SCULPT CARDIO TAIL BOX	Home Study Workshop/Seminar	15.0 2.0 3.0 3.0 4.0 3.0 2.0 3.0 3.0 3.0 3.0 3.0	12/31/20 www.corepoweryoga.com 12/31/20 http://www.crunch.com 12/31/20 www.CRUNCH.COM
CRUNCH FITNESS (AFAA)	Yoga Sculpt Teacher Training 360-3X ABSOLUTION Accelerate HIIT BADASS BOOTCAMP BARRE ASSETS BARRE BOOTCAMP BELLY BUTT & THICHS BOOTCAMP BODYWEB WITH TRX BOSU BOOTCAMP CARDIO SCULPT CARDIOTAI BOX CHISEL CRUNCH CLASSIC TRAINING	Home Study Workshop/Seminar	15.0 2.0 3.0 3.0 4.0 3.0 2.0 3.0 3.0 3.0 3.0 3.0 3.0 3.0 3.0	12/31/20 www.corepoweryoga.com 12/31/20 http://www.crunch.com 12/31/20 www.CRUNCH.COM
CRUNCH FITNESS (AFAA)	Yoga Sculpt Teacher Training 360-3X ABSOLUTION Accelerate HIIT BADASS BOOTCAMP BARRE ASSETS BARRE BOOTCAMP BELLY BUTT & THIGHS BOOTCAMP BOOYWEB WITH TRX BOSU BOOTCAMP CARDIO SCULPT CARDIO SCULPT CARDIO TAI BOX CHISEL CRUNCH CLASSIC TRAINING CRUNCH RIDE OF YOUR LIFE	Home Study Workshop/Seminar	15.0 2.0 3.0 3.0 4.0 3.0 2.0 3.0 3.0 3.0 3.0 2.0 3.0 6.0 6.0	12/31/20 www.corepoweryoga.com 12/31/20 http://www.crunch.com 12/31/20 www.CRUNCH.COM 12/31/20 www.CRUNCH.COM 12/31/20 www.CRUNCH.COM 12/31/20 www.CRUNCH.COM 12/31/20 http://www.crunch.com 12/31/20 www.CRUNCH.COM 12/31/20 www.CRUNCH.COM 12/31/20 www.CRUNCH.COM 12/31/20 www.CRUNCH.COM 12/31/20 www.CRUNCH.COM 12/31/20 http://www.crunch.com 12/31/20 www.CRUNCH.COM 12/31/20 www.CRUNCH.COM 12/31/20 www.CRUNCH.COM 12/31/20 www.CRUNCH.COM 12/31/20 www.CRUNCH.COM
CRUNCH FITNESS (AFAA)	Yoga Sculpt Teacher Training 360-3X ABSOLUTION Accelerate HIIT BADASS BOOTCAMP BARRE ASSETS BARRE BOOTCAMP BELLY BUTT & THIGHS BOOTCAMP BODYWEB WITH TRX BOSU BOOTCAMP CARDIO SCULPT CARDIO TAI BOX CHISEL CRUNCH CLASSIC TRAINING CRUNCH RIDE OF YOUR LIFE Extreme HIIT	Home Study Workshop/Seminar	15.0 2.0 3.0 3.0 4.0 3.0 2.0 3.0 3.0 3.0 3.0 2.0 3.0 6.0 6.0	12/31/20 www.cruch.com 12/31/20 http://www.cruch.com 12/31/20 www.cruch.com 12/31/20 www.cruch.com 12/31/20 www.cruch.com 12/31/20 www.cruch.com 12/31/20 http://www.cruch.com 12/31/20 http://www.cruch.com 12/31/20 http://www.cruch.com 12/31/20 www.cruch.com
CRUNCH FITNESS (AFAA)	Yoga Sculpt Teacher Training 360-3X ABSOLUTION Accelerate HIIT BADASS BOOTCAMP BARRE ASSETS BARRE BOOTCAMP BELLY BUTT & THIGHS BOOTCAMP BODYWEB WITH TRX BOSU BOOTCAMP CARDIO SCULPT CARDIO TAI BOX CHISEL CRUNCH CLASSIC TRAINING CRUNCH RIDE OF YOUR LIFE Extreme HIIT FAT BURNING PILATES	Home Study Workshop/Seminar	15.0 2.0 3.0 3.0 4.0 3.0 2.0 3.0 3.0 3.0 3.0 2.0 3.0 6.0 6.0 3.0	12/31/20 www.cruchc.com 12/31/20 http://www.cruchc.com 12/31/20 www.CRUNCH.COM
CRUNCH FITNESS (AFAA)	Yoga Sculpt Teacher Training 360-3X ABSOLUTION Accelerate HIIT BADASS BOOTCAMP BARRE ASSETS BARRE BOOTCAMP BELLY BUTT & THIGHS BOOTCAMP BODYWEB WITH TRX BOSU BOOTCAMP CARDIO SCULPT CARDIO SCULPT CARDIO TAI BOX CHISEL CRUNCH CLASSIC TRAINING CRUNCH RIDE OF YOUR LIFE Extreme HIIT FAT BURNING PILATES HTT OF FIGHT	Home Study Workshop/Seminar	15.0 2.0 3.0 4.0 3.0 2.0 3.0 3.0 3.0 3.0 2.0 3.0 6.0 6.0 3.0	12/31/20 www.crunch.com
CRUNCH FITNESS (AFAA)	Yoga Sculpt Teacher Training 360-3X ABSOLUTION Accelerate HIIT BADASS BOOTCAMP BARRE ASSETS BARRE BOOTCAMP BELLY BUTT & THIGHS BOOTCAMP BELLY BUTT & THIGHS BOOTCAMP BODYWEB WITH TRX BOSU BOOTCAMP CARDIO SCULPT CADDIO TAI BOX CHISEL CRUNCH CLASSIC TRAINING CRUNCH RIDE OF YOUR LIFE Extreme HIIT FAT BURNING PILATES HIT TO FIGHT HIIT WORKOUT	Home Study Workshop/Seminar	15.0 2.0 3.0 3.0 4.0 3.0 2.0 3.0 3.0 3.0 3.0 3.0 6.0 6.0 4.0 4.0	12/31/20 www.crueh.com 12/31/20 http://www.crueh.com 12/31/20 www.crueh.com 12/31/20 www.crueh.com 12/31/20 www.crueh.com 12/31/20 www.crueh.com 12/31/20 http://www.crueh.com 12/31/20 http://www.crueh.com 12/31/20 http://www.crueh.com 12/31/20 www.crueh.com
CRUNCH FITNESS (AFAA)	Yoga Sculpt Teacher Training 360-3X ABSOLUTION Accelerate HIIT BADASS BOOTCAMP BARRE ASSETS BARRE BOOTCAMP BELLY BUT! & THICHS BOOTCAMP BODYWEB WITH TRX BOSU BOOTCAMP CARDIO SCULPT CARDIO TAI BOX CHISEL CRUNCH CLASSIC TRAINING CRUNCH CLASSIC TRAINING CRUNCH RIDE OF YOUR LIFE Extreme HIIT FAT BURNING PILATES FIT TO FIGHT HIIT WORKOUT IRON MAT	Home Study Workshop/Seminar	15.0 2.0 3.0 3.0 4.0 3.0 2.0 3.0 3.0 3.0 2.0 3.0 6.0 6.0 6.0 4.0 3.0	12/31/20 www.corepoweryga.com 12/31/20 http://www.crunch.com 12/31/20 www.CRUNCH.COM 12/31/20 www.CRUNCH.COM 12/31/20 www.CRUNCH.COM 12/31/20 www.CRUNCH.COM 12/31/20 http://www.crunch.com 12/31/20 www.CRUNCH.COM
CRUNCH FITNESS (AFAA)	Yoga Sculpt Teacher Training 360-3X ABSOLUTION Accelerate HIIT BADASS BOOTCAMP BARRE ASSETS BARRE BOOTCAMP BELLY BUTT & THIGHS BOOTCAMP BELLY BUTT & THIGHS BOOTCAMP BODYWEB WITH TRX BOSU BOOTCAMP CARDIO SCULPT CADDIO TAI BOX CHISEL CRUNCH CLASSIC TRAINING CRUNCH RIDE OF YOUR LIFE Extreme HIIT FAT BURNING PILATES HIT TO FIGHT HIIT WORKOUT	Home Study Workshop/Seminar	15.0 2.0 3.0 3.0 4.0 3.0 2.0 3.0 3.0 3.0 3.0 3.0 6.0 6.0 4.0 4.0	12/31/20 www.crueh.com 12/31/20 http://www.crueh.com 12/31/20 www.crueh.com 12/31/20 www.crueh.com 12/31/20 www.crueh.com 12/31/20 www.crueh.com 12/31/20 http://www.crueh.com 12/31/20 http://www.crueh.com 12/31/20 http://www.crueh.com 12/31/20 www.crueh.com
CRUNCH FITNESS (AFAA)	Yoga Sculpt Teacher Training 360-3X ABSOLUTION Accelerate HIIT BADASS BOOTCAMP BARRE ASSETS BARRE BOOTCAMP BELLY BUT! & THICHS BOOTCAMP BODYWEB WITH TRX BOSU BOOTCAMP CARDIO SCULPT CARDIO TAI BOX CHISEL CRUNCH CLASSIC TRAINING CRUNCH CLASSIC TRAINING CRUNCH RIDE OF YOUR LIFE Extreme HIIT FAT BURNING PILATES FIT TO FIGHT HIIT WORKOUT IRON MAT	Home Study Workshop/Seminar	15.0 2.0 3.0 3.0 4.0 3.0 2.0 3.0 3.0 3.0 2.0 3.0 6.0 6.0 6.0 4.0 3.0	12/31/20 www.corepoweryga.com 12/31/20 http://www.crunch.com 12/31/20 www.CRUNCH.COM 12/31/20 www.CRUNCH.COM 12/31/20 www.CRUNCH.COM 12/31/20 www.CRUNCH.COM 12/31/20 http://www.crunch.com 12/31/20 www.CRUNCH.COM
CRUNCH FITNESS (AFAA)	Yoga Sculpt Teacher Training 360-3X ABSOLUTION Accelerate HIIT BADASS BOOTCAMP BARRE ASSETS BARRE BOOTCAMP BELLY BUTT & THIGHS BOOTCAMP BODYWEB WITH TRX BOSU BOOTCAMP CARDIO SCULPT CADDIO TAI BOX CHISEL CRUNCH CLASSIC TRAINING CRUNCH RIDE OF YOUR LIFE Extreme HIIT FAT BURNING PILATES FIT TO FIGHT HIIT WORKOUT IRON MAT JUMP START OVERDRIVE	Home Study Workshop/Seminar	15.0 2.0 3.0 3.0 4.0 3.0 3.0 3.0 3.0 3.0 3.0 3.0 3	12/31/20 www.crueh.com 12/31/20 http://www.crueh.com 12/31/20 www.crueh.com 12/31/20 www.crueh.com 12/31/20 www.crueh.com 12/31/20 www.crueh.com 12/31/20 http://www.crueh.com 12/31/20 http://www.crueh.com 12/31/20 http://www.crueh.com 12/31/20 www.crueh.com
CRUNCH FITNESS (AFAA)	Yoga Sculpt Teacher Training 360-3X ABSOLUTION Accelerate HIIT BADASS BOOTCAMP BABRE ASSETS BARRE BOOTCAMP BELLY BUTT & THIGHS BOOTCAMP BODYWEB WITH TRX BOSU BOOTCAMP CARDIO SCULPT CARDIO TAI BOX CHISEL CRUNCH CLASSIC TRAINING CRUNCH CLASSIC TRAINING CRUNCH CLASSIC TRAINING CRUNCH RIDE OF YOUR LIFE Extreme HIIT FAT BURNING PILATES FIT TO FIGHT HIIT WORKOUT IRON MAT JUMP START OVERDRIVE Punch HIIT	Home Study Workshop/Seminar	15.0 2.0 3.0 4.0 3.0 2.0 3.0 3.0 2.0 3.0 2.0 3.0 6.0 3.0 4.0 4.0 4.0 3.0 4.0 3.0 4.0 3.0 3.0 3.0 3.0 3.0 3.0 4.0 3.0 3.0 4.0 3.0 4.0 3.0 4.0 4.0 4.0 4.0 4.0 4.0 4.0 4.0 4.0 4	12/31/20 www.crunch.com 12/31/20 http://www.crunch.com 12/31/20 www.CRUNCH.COM 12/31/20 www.CRUNCH.COM 12/31/20 www.CRUNCH.COM 12/31/20 www.CRUNCH.COM 12/31/20 http://www.crunch.com 12/31/20 www.CRUNCH.COM 12/31/20 http://www.crunch.com 12/31/20 www.CRUNCH.COM
CRUNCH FITNESS (AFAA)	Yoga Sculpt Teacher Training 360-3X ABSOLUTION ACCEIFATE HIIT BADASS BOOTCAMP BARRE ASSETS BARRE BOOTCAMP BELLY BUTT & THIGHS BOOTCAMP BODYWEB WITH TRX BOSU BOOTCAMP CARDIO SCULPT CARDIO TAI BOX CHISEL CRUNCH CLASSIC TRAINING CRUNCH RIDE OF YOUR LIFE EXTEMP HIIT FAT BURNING PILATES HIT TO FIGHT HIIT WORKOUT IRON MAT JUMP START OVERDRIVE PUNCH HIIT RETRO ROBICS	Home Study Workshop/Seminar	15.0 2.0 3.0 3.0 4.0 3.0 3.0 3.0 3.0 3.0 3.0 3.0 3	12/31/20 http://www.crunch.com 12/31/20 www.crunch.com 12/31/20 www.crunch.com 12/31/20 www.crunch.com 12/31/20 www.crunch.com 12/31/20 www.crunch.com 12/31/20 http://www.crunch.com 12/31/20 http://www.crunch.com 12/31/20 www.crunch.com
CRUNCH FITNESS (AFAA)	Yoga Sculpt Teacher Training 360-3X ABSOLUTION Accelerate HIIT BADASS BOOTCAMP BARRE ASSETS BARRE BOOTCAMP BELLY BUTT & THIGHS BOOTCAMP BODYWEB WITH TRX BOSU BOOTCAMP CARDIO SCULPT CARDIO TAI BOX CHISEL CRUNCH CLASSIC TRAINING CRUNCH RIDE OF YOUR LIFE Extreme HIIT FAT BURNING PILATES HIT OF IGHT HIIT WORKOUT IRON MAT JUMP START OVERDRIVE PUNCH HIIT RETRO ROBICS RIPPED DRIVE	Home Study Workshop/Seminar	15.0 2.0 3.0 3.0 4.0 3.0 3.0 3.0 3.0 3.0 3.0 3.0 6.0 6.0 6.0 4.0 4.0 3.0 4.0 3.0 3.0 3.0 3.0 3.0 3.0 3.0 4.0 4.0 4.0 4.0 4.0 4.0 4.0 4	12/31/20 www.crunch.com 12/31/20 http://www.crunch.com 12/31/20 www.CRUNCH.coM 12/31/20 www.CRUNCH.com 12/31/20 www.crunch.com 12/31/20 www.crunch.com 12/31/20 http://www.crunch.com 12/31/20 http://www.crunch.com 12/31/20 http://www.crunch.com 12/31/20 www.cRUNCH.COM
CRUNCH FITNESS (AFAA)	Yoga Sculpt Teacher Training 360-3X ABSOLUTION Accelerate HIIT BADASS BOOTCAMP BARRE ASSETS BARRE BOOTCAMP BELLY BUTT & THIGHS BOOTCAMP BODYWEB WITH TRX BOSU BOOTCAMP CARDIO SCULPT CARDIO TAI BOX CHISEL CRUNCH CLASSIC TRAINING CRUNCH CLASSIC TRAINING CRUNCH CLASSIC TRAINING CRUNCH RIDE OF YOUR LIFE Extreme HIIT FAT BURNING PILATES FIT TO FIGHT HIIT WORKOUT IRON MAT JUMP START OVERDRIVE Punch HIIT RETRO ROBICS RIPPED DRIVE RIPPED DRIVE RIPPED DRIVE RIPPED DRIVE RIPPED DRIVE	Home Study Workshop/Seminar	15.0 2.0 3.0 3.0 3.0 3.0 3.0 3.0 3.0 3	12/31/20 www.crunch.com
CRUNCH FITNESS (AFAA)	Yoga Sculpt Teacher Training 360-3X ABSOLUTION ACCEIFATE HIIT BADASS BOOTCAMP BARRE ASSETS BARRE BOOTCAMP BELLY BUTT & THIGHS BOOTCAMP BODYWEB WITH TRX BOSU BOOTCAMP CARDIO SCULPT CARDIO TAI BOX CHISEL CRUNCH CLASSIC TRAINING CRUNCH RIDE OF YOUR LIFE EXTEMP HIIT FAT BURNING PILATES HIT TO FIGHT HIIT WORKOUT IRON MAT JUMP START OVERDRIVE PUNCH HIIT RETRO ROBICS RIPPED DRIVE RIPPED DRIVE RIPPED YOGA STILETIO STRENGTH	Home Study Workshop/Seminar	15.0 2.0 3.0 3.0 4.0 3.0 3.0 3.0 3.0 3.0 3.0 3.0 3	12/31/20 http://www.crunch.com 12/31/20 www.crunch.com 12/31/20 www.crunch.com 12/31/20 www.crunch.com 12/31/20 www.crunch.com 12/31/20 www.crunch.com 12/31/20 http://www.crunch.com 12/31/20 http://www.crunch.com 12/31/20 http://www.crunch.com 12/31/20 www.crunch.com
CRUNCH FITNESS (AFAA)	Yoga Sculpt Teacher Training 360-3X ABSOLUTION Accelerate HIIT BADASS BOOTCAMP BARRE ASSETS BARRE BOOTCAMP BELLY BUTT & THIGHS BOOTCAMP BELLY BUTT & THIGHS BOOTCAMP BODYWEB WITH TRX BOSU BOOTCAMP CARDIO SCULPT CARDIO TAI BOX CHISEL CRUNCH CLASSIC TRAINING CRUNCH RIDE OF YOUR LIFE Extreme HIIT FAT BURNING PILATES FIT TO FIGHT HIIT WORKOUT IRON MAT JUMP START OVERDRIVE PUNCH HIIT RETRO ROBICS RIPPED DRIVE RIPPED OGA STILLETTO STRENGTH STILLETO STRENGTH	Home Study Workshop/Seminar	15.0 2.0 3.0 3.0 3.0 4.0 3.0 2.0 3.0 3.0 3.0 3.0 3.0 3.0 3.0 3.0 3.0 3	12/31/20 www.crueh.com 12/31/20 http://www.crueh.com 12/31/20 www.crueh.com 12/31/20 www.crueh.com 12/31/20 www.crueh.com 12/31/20 www.crueh.com 12/31/20 http://www.crueh.com 12/31/20 http://www.crueh.com 12/31/20 http://www.crueh.com 12/31/20 www.crueh.com
CRUNCH FITNESS (AFAA)	Yoga Sculpt Teacher Training 360-3X ABSOLUTION Accelerate HIIT BADASS BOOTCAMP BARRE ASSETS BARRE BOOTCAMP BELLY BUTT & THIGHS BOOTCAMP BODYWEB WITH TRX BOSU BOOTCAMP CARDIO SCULPT CARDIO SCULPT CARDIO SCULPT CARDIO TAI BOX CHISEL CRUNCH CLASSIC TRAINING CRUNCH RIDE OF YOUR LIFE Extreme HIIT FAT BURNING PILATES FIT TO FIGHT HIIT WORKOUT IRON MAT JUMP START OVERDRIVE PUNCH HIIT RETO ROBICS RIPPED DRIVE RIPPED YOGA STILETTO STRENGTH STOLETTO STRENGTH STOLETO STRENGTH STREN	Home Study Workshop/Seminar	15.0 2.0 3.0 3.0 4.0 3.0 3.0 3.0 3.0 3.0 3.0 3.0 3	12/31/20 http://www.crunch.com 12/31/20 www.crunch.com 12/31/20 www.crunch.com 12/31/20 www.crunch.com 12/31/20 www.crunch.com 12/31/20 www.crunch.com 12/31/20 http://www.crunch.com 12/31/20 http://www.crunch.com 12/31/20 http://www.crunch.com 12/31/20 www.crunch.com
CRUNCH FITNESS (AFAA)	Yoga Sculpt Teacher Training 360-3X ABSOLUTION Accelerate HIIT BADASS BOOTCAMP BARRE ASSETS BARRE BOOTCAMP BELLY BUTT & THIGHS BOOTCAMP BELLY BUTT & THIGHS BOOTCAMP BODYWEB WITH TRX BOSU BOOTCAMP CARDIO SCULPT CARDIO TAI BOX CHISEL CRUNCH CLASSIC TRAINING CRUNCH RIDE OF YOUR LIFE Extreme HIIT FAT BURNING PILATES FIT TO FIGHT HIIT WORKOUT IRON MAT JUMP START OVERDRIVE PUNCH HIIT RETRO ROBICS RIPPED DRIVE RIPPED OGA STILLETTO STRENGTH STILLETO STRENGTH	Home Study Workshop/Seminar	15.0 2.0 3.0 3.0 3.0 4.0 3.0 2.0 3.0 3.0 3.0 3.0 3.0 3.0 3.0 3.0 3.0 3	12/31/20 www.crueh.com 12/31/20 http://www.crueh.com 12/31/20 www.crueh.com 12/31/20 www.crueh.com 12/31/20 www.crueh.com 12/31/20 www.crueh.com 12/31/20 http://www.crueh.com 12/31/20 http://www.crueh.com 12/31/20 http://www.crueh.com 12/31/20 http://www.crueh.com 12/31/20 www.crueh.com

CRUNCH FITNESS (AFAA)	TREAD-N-SHRED	Workshop/Seminar	3.0	12/31/20 WWW.CRUNCH.COM
CRUNCH FITNESS (AFAA)	VIDEOGRAPHY	Workshop/Seminar	3.0	12/31/20 WWW.CRUNCH.COM
CRUNCH FITNESS (AFAA)	YOGA BODY SCULPT	Workshop/Seminar	3.0	12/31/20 WWW.CRUNCH.COM
CRUNCH UNIVERSITY (AFAA)	2020 Group Fitness Convention (1.0)	Conference	1.0	12/31/20
CRUNCH UNIVERSITY (AFAA)	2020 Group Fitness Convention (2.0)	Conference	2.0	12/31/20
CRUNCH UNIVERSITY (AFAA)	2020 Group Fitness Convention (3.0)	Conference	3.0	12/31/20
CRUNCH UNIVERSITY (AFAA)	2020 Group Fitness Convention (4.0)	Conference	4.0	12/31/20
CRUNCH UNIVERSITY (AFAA)	2020 Group Fitness Convention (5.0)	Conference	5.0	12/31/20
CRUNCH UNIVERSITY (AFAA)	2020 Group Fitness Convention (6.0)	Conference	6.0	12/31/20
CRUNCH UNIVERSITY (AFAA)	360-3X	Home Study	1.0	12/31/20 http://www.crunch.com
CRUNCH UNIVERSITY (AFAA)	ABSOLUTION	Home Study	3.0	12/31/20 http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	Accelerate HIIT	Workshop/Seminar	3.0	12/31/20 www.CRUNCH.com
CRUNCH UNIVERSITY (AFAA)	BADASS BOOTCAMP	Workshop/Seminar	4.0	12/31/20 crunch.com
CRUNCH UNIVERSITY (AFAA)	BARRE ASSETS	Home Study	3.0	12/31/20 http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	BARRE BOOTCAMP	Home Study	2.0	12/31/20 http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	BELLY BUTT & THIGHS BOOTCAMP	Home Study	3.0	12/31/20 http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	BODYWEB WITH TRX	Home Study	3.0	12/31/20 http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	BOSU BOOTCAMP	Home Study	3.0	12/31/20 http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	CARDIO SCULPT	Home Study	3.0	12/31/20 http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	CARDIO TAI BOX	Home Study	2.0	12/31/20 http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	CHISEL	Home Study	3.0	12/31/20 http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	Extreme HIIT	Workshop/Seminar	3.0	12/31/20 www.CRUNCH.com
CRUNCH UNIVERSITY (AFAA)	Fat Burning Pilates	Home Study	1.0	12/31/20 http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	FIT TO FIGHT	Workshop/Seminar	4.0	12/31/20 crunch.com
CRUNCH UNIVERSITY (AFAA)	HIIT WORKOUT	Workshop/Seminar	4.0	12/31/20 crunch.com
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CRUNCH UNIVERSITY (AFAA)	JUMP START	Workshop/Seminar	4.0	12/31/20 crunch.com
CRUNCH UNIVERSITY (AFAA)	OVERDRIVE	Home Study	1.0	12/31/20 http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	Punch HIIT	Workshop/Seminar	3.0	12/31/20 www.CRUNCH.com
CRUNCH UNIVERSITY (AFAA)	RETRO ROBICS	Home Study	1.0	12/31/20 http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	STILETTO STRENGTH	Home Study	1.0	12/31/20 http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	Strong HIIT	Workshop/Seminar	3.0	12/31/20 www.CRUNCH.com
CRUNCH UNIVERSITY (AFAA)	Tread Bootcamp	Home Study	1.0	12/31/20 http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	TREAD-N-SHRED	Home Study	1.0	12/31/20 http://www.crunch-u.com
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CRUNCH UNIVERSITY (AFAA)	Videography	Home Study	1.0	12/31/20 http://www.crunch-u.com
CRUNCH UNIVERSITY (AFAA)	Yoga Body Sculpt	Home Study	1.0	12/31/20 http://www.crunch-u.com
CTY Fitness (AFAA)	Commit Dance Fitness	Workshop/Seminar	7.0	12/31/20
CULTFIT Healthcare PVT LTD (AFAA)	CULT Fitness Boxing Level 0	Workshop/Seminar	15.0	12/31/20 www.cultfit.in
CULTFIT Healthcare PVT LTD (AFAA)	Cult Strength and Conditioning Level 0	Workshop/Seminar	15.0	12/31/20
D.A.TFitness (AFAA)	D.A.TFitness Instructor	Workshop/Seminar	14.0	12/31/20 www.datfitness.com
Dan-Z Fitness Pte Ltd (AFAA)	Official KpopX® Fitness Instructor	Workshop/Seminar	8.0	12/31/21 www.kpopxfitness.com
DCAC Fitness Conventions Inc. (AFAA)	DCAC Fitness Education Live Stream Conference 2020	Conference	13.0	12/31/20 www.dcacfitness.com
				12/31/20 www.DefyingGravityBungee.com
Defying Gravity Bungee Training (AFAA)	Defying Gravity Bungee Instructor Training		10.0	
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DESIREE FITNESS (AFAA) DESIREE FITNESS (AFAA)	Acondicionamiento Físico Fitness para la Mujer ACONDICIONAMIENTO FÍSICO PARA LA OBESIDAD	Workshop/Seminar Workshop/Seminar	9.0 7.0	12/31/20 desireefitness.com 12/31/20 www.desireefitness.com
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FIT4MOM (AFAA)	Body Well	Workshop/Seminar	4.0	12/31/21 fit4mom.com
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Freedom Group Exercise LLC. (AFAA)	BANG Power Dance™ Instructor Workshop		14.0	12/31/20 https://FreedomGroupExercise.com
Freedom Group Exercise LLC. (AFAA)	Freedom Barre Up-Skilling Workshop	Workshop/Seminar	3.0	12/31/20 www.FreedomGroupExercise.com
Freedom Group Exercise LLC. (AFAA)	Freedom Barre™ Instructor Workshop	Workshop/Seminar	14.0	12/31/20 https://FreedomGroupExercise.com
Freedom Group Exercise LLC. (AFAA)	Freedom RISE Instructor Training		14.0	12/31/20 www.freedomgroupexercise.com
FreeMotion Fitness (AFAA)	FUSION Team Training Coach Course		6.0	12/31/21 www.freemotionfitness.com
Functional Aging Institute FAI (AFAA)	Active Aging Rehab and Fitness Summit	Conference	9.0	12/31/20 https://virtualrehabsummit.com
Functional Aging Institute FAI (AFAA)	Functional Aging Group Exercise Specialist Certification	Workshop/Seminar	8.0	12/31/20 functionalaginginstitute.com
Functional Aging Institute FAI (AFAA)	Functional Aging Group Exercise Specialist Workshop	Workshop/Seminar	8.0	12/31/20 www.functionalaginginstitute.com
Functional Aging Institute FAI (AFAA)	Functional Aging Specialist Certification	Home Study	10.0	12/31/20 www.functionalaginginstitute.com
Functional Aging Institute FAI (AFAA)	Functional Aging Specialist Workshop	Workshop/Seminar	7.0	12/31/20 www.functionalaginginstitute.com
Functional Medicine Coaching Academy (FMCA) (AFAA)	Functional Medicine Coaching Academy Health Coaching Program		15.0	12/31/21 http://www.functionalmedicinecoaching.org
Fusionetics Academy (AFAA)	Fusionetics Body MAP: Motion Capture and Movement Testing		15.0	12/31/20 www.fusionetics.com
GAINS Fit (AFAA)	Cooking for Fitness		1.0	12/31/20 https://gainsfitretreat.com
GAINS Fit (AFAA)	Create It, Connect It, Choreography It!	Workshop/Seminar	1.0	12/31/20 https://gainsfitretreat.com
GAINS Fit (AFAA)	Deepen the Stretch	Workshop/Seminar	1.0	12/31/20 https://gainsfitretreat.com
GAINS Fit (AFAA)	Instructing Across the Generational Divide	Workshop/Seminar	1.0	12/31/20 https://gainsfitretreat.com
GAINS Fit (AFAA)	Marketing for Fitness Professionals: Promote Like a Pro	Workshop/Seminar	1.0	12/31/20 https://gainsfitretreat.com
GAINS Fit (AFAA)	ROCK Your Dance Fitness Classes	Workshop/Seminar	1.0	12/31/20 https://gainsfitretreat.com
GAINS Fit (AFAA)	The Financial Skills for Fitness Professionals		1.0	12/31/20 https://gainsfitretreat.com
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Girls Gone Strong (AFAA)	Girls Gone Strong L1 Certification		15.0	12/31/21 academy.girlsgonestrong.com
Girls Gone Strong (AFAA)	Moms Gone Strong Module 1: Trying to Conceive	Home Study	2.0	12/31/21 http://www.girlsgonestrong.com
Girls Gone Strong (AFAA)	Moms Gone Strong Module 2: Pregnancy	Home Study	2.0	12/31/21 http://www.girlsgonestrong.com
Girls Gone Strong (AFAA)	Moms Gone Strong Module 3: Post-Pregnancy	Home Study	2.0	12/31/21 http://www.girlsgonestrong.com
Girls Gone Strong (AFAA)	Pre- & Postnatal Coaching Certification		15.0	12/31/21 academy.girlsgonestrong.com
Global Bodyweight Training, LLC (AFAA)	Animal Flow Level 1 Workshop		11.0	12/31/20 www.animalflow.com
Global Bodyweight Training, LLC (AFAA)	Animal Flow Level 2 Workshop		9.0	12/31/20 www.animalflow.com
Global Fitness Educators (AFAA)	Fundamentals of Personal Training		15.0	12/31/20 www.globalfitedu.com
Global Fitness Educators (AFAA)	Kettlebell Conditioning Specialist	Workshop/Seminar	8.0	12/31/20 http://www.globalfitedu.com
Global Fitness Educators (AFAA)	Neuro Functional ROM Specialist	Workshop/Seminar	8.0	12/31/20 http://www.globalfitedu.com
GluckerKolleg GbR (AFAA)	EMS Trainer License		15.0	12/31/20 www.ems-certified.com
Go Fitness Academy (AFAA)	Flexfit Pilates	Workshop/Seminar	8.0	12/31/20
Go Fitness Academy (AFAA)	PowerMoves Aerobics Instructor Course	Workshop/Seminar	15.0	12/31/20 www.gofitnessacademy.in
Go Fitness Academy (AFAA)	POWERMOVES BOLLYFITX	Workshop/Seminar	14.0	12/31/20 https://www.gofitnessacademy.in
Good to Great (AFAA)	Good to Great Workshop		5.0	12/31/20
Gray Institute (AFAA)	3D Movement Analysis & Performance System (3DMAPS) Home Study		10.0	12/31/20 www.grayinstitute.com
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Gray Institute (AFAA)	Active Aging		13.0	12/31/20 www.grayinstitute.com
Gray Institute (AFAA)	Certification in Applied Functional Science	Home Study	15.0	12/31/20 www.grayinstitute.com
Gray Institute (AFAA)	Chain Reaction	Workshop/Seminar	15.0	12/31/20 www.grayinstitute.com
Gray Institute (AFAA)	Female Chain Reaction		14.0	12/31/20 www.grayinstitute.com
Gray Institute (AFAA)	Functional Soft Tissue Transformation (FSTT)		15.0	12/31/20 www.grayinstitute.com
Gray Institute (AFAA)	Gray Institute Functional Golf System		15.0	12/31/20 www.grayinstitute.com
Group Fitness Academy (AFAA)	The EnterTRAINment Project®		19.0	12/31/20
	Macro Nutrition Coaching	Workshop/Seminar	15.0	12/31/20 https://gtransformationacademy.com
G-Transformation Academy (AFAA)				
			15.0	12/31/21 www.gvmnazoedu.com/programs-training
Gymnazo, Inc. (AFAA)	Multidimensional Movement Coaching Program	Home Study	15.0	12/31/21 www.gymnazoedu.com/programs-training
Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA)	Multidimensional Movement Coaching Program 3D XTREME™ powered by BOSU®	Home Study Workshop/Seminar	6.0	12/31/20 http://www.bosu.com
Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA) Hedstrom Fitness (AFAA)	Multidimensional Movement Coaching Program 3D XTREME™ powered by BOSU® BOSU® Advanced Programming Strategies	Home Study Workshop/Seminar Workshop/Seminar	6.0 4.0	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com
Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA)	Multidimensional Movement Coaching Program 3D XTREME™ powered by BOSU®	Home Study Workshop/Seminar Workshop/Seminar	6.0	12/31/20 http://www.bosu.com
Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA) Hedstrom Fitness (AFAA) Hedstrom Fitness (AFAA)	Multidimensional Movement Coaching Program 3D XTREME™ powered by BOSU® BOSU® Advanced Programming Strategies	Home Study Workshop/Seminar Workshop/Seminar	6.0 4.0	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com
Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA) Hedstrom Fitness (AFAA) Hedstrom Fitness (AFAA) Hedstrom Fitness (AFAA)	Multidimensional Movement Coaching Program 3D XTREME™ powered by BOSU® BOSU® Advanced Programming Strategies BOSU® Barre Strong BOSU® Bootcamp Redefined	Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	6.0 4.0 2.0 2.0	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education
Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA)	Multidimensional Movement Coaching Program 3D XTREME™ powered by BOSU® BOSU® Advanced Programming Strategies BOSU® Barre Strong BOSU® Bostamp Redefined BOSU® Dynamic Pilates Fusion	Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	6.0 4.0 2.0 2.0 2.0	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education
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Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA)	Multidimensional Movement Coaching Program 3D XTREME™ powered by BOSU® BOSU® Advanced Programming Strategies BOSU® Barre Strong BOSU® Bootcamp Redefined BOSU® Dynamic Pilates Fusion BOSU® DNINGful Movement & Mobility BOSU® Next Generation Balance Training	Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	6.0 4.0 2.0 2.0 2.0 4.0 4.0	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com 12/31/20 www.bosu.com
Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA)	Multidimensional Movement Coaching Program 3D XTREME** powered by BOSU** BOSU** Advanced Programming Strategies BOSU** Barre Strong BOSU** Bootcamp Redefined BOSU** Dynamic Pilates Fusion BOSU** Mindful Movement & Mobility BOSU** Nindful Movement & Mobility BOSU** Next Generation Balance Training BOSU** Pilates Core Power	Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	6.0 4.0 2.0 2.0 2.0 4.0 4.0 2.0	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com
Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA)	Multidimensional Movement Coaching Program 3D XTREME™ powered by BOSU® BOSU® Advanced Programming Strategies BOSU® Barre Strong BOSU® Bootcamp Redefined BOSU® Dynamic Pilates Fusion BOSU® DNINGful Movement & Mobility BOSU® Next Generation Balance Training	Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	6.0 4.0 2.0 2.0 2.0 4.0 4.0	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com 12/31/20 www.bosu.com
Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA)	Multidimensional Movement Coaching Program 3D XTREME** powered by BOSU** BOSU** Advanced Programming Strategies BOSU** Barre Strong BOSU** Bootcamp Redefined BOSU** Dynamic Pilates Fusion BOSU** Mindful Movement & Mobility BOSU** Nindful Movement & Mobility BOSU** Next Generation Balance Training BOSU** Pilates Core Power	Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	6.0 4.0 2.0 2.0 2.0 4.0 4.0 2.0	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com
Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA)	Multidimensional Movement Coaching Program 3D XTREME™ powered by BOSU® BOSU® Advanced Programming Strategies BOSU® Barre Strong BOSU® Bootcamp Redefined BOSU® Dynamic Pilates Fusion BOSU® Vinidful Movement & Mobility BOSU® Next Generation Balance Training BOSU® Pilates Core Power BOSU® Stability Ball Overhaul BOSU® Toolbox	Home Study Workshop/Seminar	6.0 4.0 2.0 2.0 2.0 4.0 4.0 2.0 2.0	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education
Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA)	Multidimensional Movement Coaching Program 3D XTREME** powered by BOSU** BOSU** Advanced Programming Strategies BOSU** Barre Strong BOSU** Bootcamp Redefined BOSU** Dynamic Pilates Fusion BOSU** Mindful Movement & Mobility BOSU** Nindful Movement & Mobility BOSU** Next Generation Balance Training BOSU** Pilates Core Power BOSU** Stability Ball Overhaul BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers	Home Study Workshop/Seminar	6.0 4.0 2.0 2.0 2.0 4.0 4.0 2.0 2.0 2.0 2.0	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education
Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA)	Multidimensional Movement Coaching Program 3D XTREME™ powered by BOSU® BOSU® Advanced Programming Strategies BOSU® Barre Strong BOSU® Botcamp Redefined BOSU® Dynamic Pilates Fusion BOSU® Mindful Movement & Mobility BOSU® Next Generation Balance Training BOSU® Next Generation Balance Training BOSU® Stability Ball Overhaul BOSU® Toolbox BOSU® Training the Lateral Line: Powerful Stabilizers & Drivers BOSU® Training the Posterior Line: Lats, Traps & Glutes	Home Study Workshop/Seminar	6.0 4.0 2.0 2.0 2.0 4.0 4.0 2.0 2.0 2.0 2.0 2.0	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education
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Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA)	Multidimensional Movement Coaching Program 3D XTREME** powered by BOSU** BOSU** Advanced Programming Strategies BOSU** Barre Strong BOSU** Bootcamp Redefined BOSU** Dynamic Pilates Fusion BOSU** Mindful Movement & Mobility BOSU** Nindful Movement & Mobility BOSU** Next Generation Balance Training BOSU** Pilates Core Power BOSU** Stability Ball Overhaul BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Youth Conditioning BOSU** Youth Conditioning BOSU** POUBLE UP DOUBLE DOWN	Home Study Workshop/Seminar	6.0 4.0 2.0 2.0 2.0 4.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education
Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA)	Multidimensional Movement Coaching Program 3D XTREME™ powered by BOSU® BOSU® Advanced Programming Strategies BOSU® Barre Strong BOSU® Bootcamp Redefined BOSU® Dynamic Pilates Fusion BOSU® Mindful Movement & Mobility BOSU® Next Generation Balance Training BOSU® Next Generation Balance Training BOSU® Pilates Core Power BOSU® Stability Ball Overhaul BOSU® Toolbox BOSU® Training the Lateral Line: Powerful Stabilizers & Drivers BOSU® Training the Posterior Line: Lats, Traps & Glutes BOSU® Touth Conditioning BOSU® TOUBLE UP DOUBLE DOWN BOSU® TXTREME BOSU® STRONG + STRETCHED	Home Study Workshop/Seminar Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	6.0 4.0 2.0 2.0 2.0 4.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 http://www.bosu.com/fitness-education 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com
Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA)	Multidimensional Movement Coaching Program 3D XTREME** powered by BOSU** BOSU** Advanced Programming Strategies BOSU** Barre Strong BOSU** Bootcamp Redefined BOSU** Dynamic Pilates Fusion BOSU** Mindful Movement & Mobility BOSU** Nindful Movement & Mobility BOSU** Next Generation Balance Training BOSU** Next Generation Balance Training BOSU** Stability Ball Overhaul BOSU** Stability Ball Overhaul BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Double Down BOSU** Training BOSU** DOUBLE DOWN BOSU** HIIT XTREME BOSU** STRONG + STRETCHED SURGE** Hydro Ball Training	Home Study Workshop/Seminar Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	6.0 4.0 2.0 2.0 2.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com
Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA)	Multidimensional Movement Coaching Program 3D XTREME** powered by BOSU** BOSU** Advanced Programming Strategies BOSU** Barre Strong BOSU** Bootcamp Redefined BOSU** Dynamic Pilates Fusion BOSU** Mindful Movement & Mobility BOSU** Mext Generation Balance Training BOSU** Pilates Core Power BOSU** Stability Ball Overhaul BOSU** Toolbox BOSU** Toolbox BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Toolbox BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Toolbox BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training Training BOSU** DOUBLE UP DOUBLE DOWN BOSU** HIIT XTREME BOSU** STRONG** STRETCHED SURGE** Hydro Performance Training	Home Study Workshop/Seminar	6.0 4.0 2.0 2.0 2.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 http://www.bosu.com/fitness-education 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 http://www.bosu.com
Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA)	Multidimensional Movement Coaching Program 3D XTREME" powered by BOSU" BOSU" Advanced Programming Strategies BOSU" Barre Strong BOSU" Bootcamp Redefined BOSU" Dynamic Pilates Fusion BOSU" Niindful Movement & Mobility BOSU" Niindful Movement & Mobility BOSU" Next Generation Balance Training BOSU" Pilates Core Power BOSU" Stability Ball Overhaul BOSU" Stability Ball Overhaul BOSU" Stability Ball Overhaul BOSU" Training the Lateral Line: Powerful Stabilizers & Drivers BOSU" Training the Posterior Line: Lats, Traps & Glutes BOSU" Training the Double Down BOSU" POUBLE UP DOUBLE DOWN BOSU" BOSU" HIIT XTREME BOSU" STRONG + STRETCHED SURGE" Hydro Ball Training Surge" Hydro Pogram Design	Home Study Workshop/Seminar	6.0 4.0 2.0 2.0 2.0 4.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 http://www.bosu.com/fitness-education 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education
Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA)	Multidimensional Movement Coaching Program 3D XTREME** powered by BOSU** BOSU** Advanced Programming Strategies BOSU** Barre Strong BOSU** Bootcamp Redefined BOSU** Dynamic Pilates Fusion BOSU** Mindful Movement & Mobility BOSU** Next Generation Balance Training BOSU** Pilates Core Power BOSU** Stability Ball Overhaul BOSU** Stability Ball Overhaul BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Double DoWN BOSU** Training the Stability Ball Overhaul BOSU** STABILITY	Home Study Workshop/Seminar	6.0 4.0 2.0 2.0 2.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 http://www.bosu.com/fitness-education 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 http://www.bosu.com
Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA)	Multidimensional Movement Coaching Program 3D XTREME" powered by BOSU" BOSU" Advanced Programming Strategies BOSU" Barre Strong BOSU" Bootcamp Redefined BOSU" Dynamic Pilates Fusion BOSU" Niindful Movement & Mobility BOSU" Niindful Movement & Mobility BOSU" Next Generation Balance Training BOSU" Pilates Core Power BOSU" Stability Ball Overhaul BOSU" Stability Ball Overhaul BOSU" Stability Ball Overhaul BOSU" Training the Lateral Line: Powerful Stabilizers & Drivers BOSU" Training the Posterior Line: Lats, Traps & Glutes BOSU" Training the Double Down BOSU" POUBLE UP DOUBLE DOWN BOSU" BOSU" HIIT XTREME BOSU" STRONG + STRETCHED SURGE" Hydro Ball Training Surge" Hydro Pogram Design	Home Study Workshop/Seminar Home Study Workshop/Seminar	6.0 4.0 2.0 2.0 2.0 4.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 http://www.bosu.com/fitness-education 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education
Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA)	Multidimensional Movement Coaching Program 3D XTREME™ powered by BOSU® BOSU® Advanced Programming Strategies BOSU® Barre Strong BOSU® Bootcamp Redefined BOSU® Dynamic Pilates Fusion BOSU® Mindful Movement & Mobility BOSU® Mindful Movement & Mobility BOSU® Next Generation Balance Training BOSU® Pilates Core Power BOSU® Stability Ball Overhaul BOSU® Toolbox BOSU® Toolbox BOSU® Training the Lateral Line: Powerful Stabilizers & Drivers BOSU® Training the Posterior Line: Lats, Traps & Glutes BOSU® Training the DOUBLE DOWN BOSU® NOUBLE UP DOUBLE DOWN BOSU® HIIT XTREME BOSU® STRONG + STRETCHED SURGE® Hydro Ball Training Surge® Hydro Program Design Surge® Hydro Program Design Surge® Hydro Program Design Surge® Hydro Training System In Season Training for Sports Performance	Home Study Workshop/Seminar Home Study Workshop/Seminar	6.0 4.0 2.0 2.0 2.0 4.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 www.surgestrong.com
Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA)	Multidimensional Movement Coaching Program 3D XTREME" powered by BOSU" BOSU" Advanced Programming Strategies BOSU" Barre Strong BOSU" Bootcamp Redefined BOSU" Dynamic Pilates Fusion BOSU" Nindful Movement & Mobility BOSU" Nindful Movement & Mobility BOSU" Next Generation Balance Training BOSU" Pilates Core Power BOSU" Stability Ball Overhaul BOSU" Stability Ball Overhaul BOSU" Stability Ball Overhaul BOSU" Training the Lateral Line: Powerful Stabilizers & Drivers BOSU" Training the Posterior Line: Lats, Traps & Glutes BOSU" Training the Double Down BOSU" BOSU Training Surge BOSU" DOUBLE DOWN BOSU" HIT XTREME BOSU" STORMS + STRETCHED SURGE" Hydro Ball Training Surge" Hydro Performance Training Surge" Hydro Program Design Surge" Hydro Training System In Season Training System In Season Training fo Sports Performance HIGH Fitness instructor Training	Home Study Workshop/Seminar	6.0 4.0 2.0 2.0 2.0 4.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 http://www.bosu.com/fitness-education 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 www.bosu.com/fitness-education
Gymnazo, Inc. (AFAA) Hedstrom Fitness LP (AFAA)	Multidimensional Movement Coaching Program 3D XTREME** powered by BOSU** BOSU** Advanced Programming Strategies BOSU** Barre Strong BOSU** Bootcamp Redefined BOSU** Dynamic Pilates Fusion BOSU** Nindful Movement & Mobility BOSU** Nindful Movement & Mobility BOSU** Next Generation Balance Training BOSU** Pilates Core Power BOSU** Stability Ball Overhaul BOSU** Stability Ball Overhaul BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Double DoWN BOSU** STRONG + STRETCHED SUSU** STRONG + STRETCHED SURGE** Hydro Performance Training Surge** Hydro Performance Training Surge** Hydro Program Design Surge** Hydro Training System In Season Training for Sports Performance HIGH Fitness instructor Training	Home Study Workshop/Seminar Home Study Workshop/Seminar	6.0 4.0 2.0 2.0 2.0 4.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 bttp://www.bosu.com 12/31/20 www.surgestrong.com 12/31/20 www.highfitness.com
Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA)	Multidimensional Movement Coaching Program 3D XTREME™ powered by BOSU® BOSU® Advanced Programming Strategies BOSU® Barre Strong BOSU® Bootsamp Redefined BOSU® Dynamic Pilates Fusion BOSU® Mindful Movement & Mobility BOSU® Mindful Movement & Mobility BOSU® Next Generation Balance Training BOSU® Pilates Core Power BOSU® Stability Ball Overhaul BOSU® Toolbox BOSU® Toolbox BOSU® Training the Lateral Line: Powerful Stabilizers & Drivers BOSU® Training the Posterior Line: Lats, Traps & Glutes BOSU® Training the Posterior Line: Lats, Traps & Glutes BOSU® Vouth Conditioning BOSU® DOUBLE UP DOUBLE DOWN BOSU® HIIT XTREME BOSU® STRONG + STRETCHED SURGE® Hydro Ball Training Surge® Hydro Program Design Surge® Hydro Program Design Surge® Hydro Training System In Season Training for Sports Performance HIGH Fitness Instructor Training HIGH COW HIGH Performance	Home Study Workshop/Seminar	6.0 4.0 2.0 2.0 2.0 4.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 www.surgestrong.com 12/31/20 www.highfitness.com 12/31/20 www.highfitness.com
Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA) Hedstrom	Multidimensional Movement Coaching Program 3D XTREME** powered by BOSU** BOSU** Advanced Programming Strategies BOSU** Barre Strong BOSU** Bootcamp Redefined BOSU** Dynamic Pilates Fusion BOSU** Nindful Movement & Mobility BOSU** Nindful Movement & Mobility BOSU** Next Generation Balance Training BOSU** Pilates Core Power BOSU** Stability Ball Overhaul BOSU** Stability Ball Overhaul BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Double DoWN BOSU** STRONG + STRETCHED SUSU** STRONG + STRETCHED SURGE** Hydro Performance Training Surge** Hydro Performance Training Surge** Hydro Program Design Surge** Hydro Training System In Season Training for Sports Performance HIGH Fitness instructor Training	Home Study Workshop/Seminar	6.0 4.0 2.0 2.0 2.0 4.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 bttp://www.bosu.com 12/31/20 www.surgestrong.com 12/31/20 www.highfitness.com
Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA) Hedstrom	Multidimensional Movement Coaching Program 3D XTREME™ powered by BOSU® BOSU® Advanced Programming Strategies BOSU® Barre Strong BOSU® Bootsamp Redefined BOSU® Dynamic Pilates Fusion BOSU® Mindful Movement & Mobility BOSU® Mindful Movement & Mobility BOSU® Next Generation Balance Training BOSU® Pilates Core Power BOSU® Stability Ball Overhaul BOSU® Toolbox BOSU® Toolbox BOSU® Training the Lateral Line: Powerful Stabilizers & Drivers BOSU® Training the Posterior Line: Lats, Traps & Glutes BOSU® Training the Posterior Line: Lats, Traps & Glutes BOSU® Vouth Conditioning BOSU® DOUBLE UP DOUBLE DOWN BOSU® HIIT XTREME BOSU® STRONG + STRETCHED SURGE® Hydro Ball Training Surge® Hydro Program Design Surge® Hydro Program Design Surge® Hydro Training System In Season Training for Sports Performance HIGH Fitness Instructor Training HIGH COW HIGH Performance	Home Study Workshop/Seminar	6.0 4.0 2.0 2.0 2.0 4.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 www.surgestrong.com 12/31/20 www.highfitness.com 12/31/20 www.highfitness.com
Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA) Heldeinc Network of Fitness Certification (AFAA) High Fitness LP (AFAA) High Fitness LP (AFAA) High Fitness LP (AFAA) High Fitness LP (AFAA)	Multidimensional Movement Coaching Program 3D XTREME** powered by BOSU** BOSU** Advanced Programming Strategies BOSU** Barre Strong BOSU** Bootcamp Redefined BOSU** Dynamic Pilates Fusion BOSU** Mindful Movement & Mobility BOSU** Mindful Movement & Mobility BOSU** Mindful Movement & Mobility BOSU** Next Generation Balance Training BOSU** Pilates Core Power BOSU** Stability Ball Overhaul BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Double DoWN BOSU** Training the Double DoWN BOSU** STRONG** STRETCHED SUSU** STRONG** STRETCHED SURGE** Hydro Ball Training Surge** Hydro Performance Training Surge** Hydro Program Design Surge*** Hydro Program Design Surge*** Hydro Program Design Surge*** Hydro Training System In Season Training for Sports Performance HIGH Low HIGH Performance ALL Phases Phase 1 - Owner	Home Study Workshop/Seminar	6.0 4.0 2.0 2.0 2.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 bttp://www.bosu.com 12/31/20 www.surgestrong.com 12/31/20 www.surgestrong.com 12/31/20 www.surgestrong.com 12/31/20 www.surgestrong.com 12/31/20 www.highfitness.com 12/31/20 www.highfitness.com 12/31/20 www.highfitness.com 12/31/20 www.highfitness.com
Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA) Helgh Fitness LP (AFAA) High Performance Coaching (AFAA) High Performance Coaching (AFAA)	Multidimensional Movement Coaching Program 3D XTREME™ powered by BOSU® BOSU® Advanced Programming Strategies BOSU® Bostamp Redefined BOSU® Dynamic Pilates Fusion BOSU® Mindful Movement & Mobility BOSU® Mindful Movement & Mobility BOSU® Next Generation Balance Training BOSU® Pilates Core Power BOSU® Stability Ball Overhaul BOSU® Toolbox BOSU® Toolbox BOSU® Training the Lateral Line: Powerful Stabilizers & Drivers BOSU® Training the Posterior Line: Lats, Traps & Glutes BOSU® Training the Posterior Line: Lats, Traps & Glutes BOSU® Toolbox BOSU® Training the DOUBLE DOWN BOSU® TRAINING TRAINING BOSU® DOUBLE UP DOUBLE DOWN BOSU® STROMG + STRETCHED SURGE® Hydro Ball Training Surge® Hydro Program Design Surge® Hydro Program Design Surge® Hydro Training System In Season Training for Sports Performance HIGH Fitness Instructor Training HIGH Low HIGH Performance ALL Phases Phase 1 - Owner Phase 1 - Trainer	Home Study Workshop/Seminar	6.0 4.0 2.0 2.0 2.0 4.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 4.0 4.0 4.0 4.0 4.0 4.0 4.0 4.0 4.0 4	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 bttp://www.bosu.com 12/31/20 www.surgestrong.com 12/31/20 www.surgestrong.com 12/31/20 www.surgestrong.com 12/31/20 www.surgestrong.com 12/31/20 www.surgestrong.com 12/31/20 www.highfitness.com 12/31/20 www.highfitness.com 12/31/20 www.highfitness.com 12/31/20 www.highfitness.com 12/31/20 www.highfitness.com 12/31/20 www.highfitness.com
Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA) Hedstrom	Multidimensional Movement Coaching Program 3D XTREME** powered by BOSU** BOSU** Advanced Programming Strategies BOSU** Barre Strong BOSU** Botcamp Redefined BOSU** Dynamic Pilates Fusion BOSU** Mindful Movement & Mobility BOSU** Mindful Movement & Mobility BOSU** Next Generation Balance Training BOSU** Pilates Core Power BOSU** Stability Ball Overhaul BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Lateral Line: Lateral Line: Powerful Stability the Lateral Line: Powerful Stability the Lateral Line: Later	Home Study Workshop/Seminar	6.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 http://www.bosu.com/fitness-education 12/31/20 http://www.bosu.com/fitness-education 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 www.bosu.com/fitness-education
Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA) Heldstrom Fitness (AFAA) Heldst	Multidimensional Movement Coaching Program 3D XTREME™ powered by BOSU® BOSU® Advanced Programming Strategies BOSU® Bostamp Redefined BOSU® Dynamic Pilates Fusion BOSU® Mindful Movement & Mobility BOSU® Mindful Movement & Mobility BOSU® Next Generation Balance Training BOSU® Pilates Core Power BOSU® Stability Ball Overhaul BOSU® Toolbox BOSU® Toolbox BOSU® Training the Lateral Line: Powerful Stabilizers & Drivers BOSU® Training the Posterior Line: Lats, Traps & Glutes BOSU® Training the Posterior Line: Lats, Traps & Glutes BOSU® Toolbox BOSU® Training the DOUBLE DOWN BOSU® TRAINING TRAINING BOSU® DOUBLE UP DOUBLE DOWN BOSU® STROMG + STRETCHED SURGE® Hydro Ball Training Surge® Hydro Program Design Surge® Hydro Program Design Surge® Hydro Training System In Season Training for Sports Performance HIGH Fitness Instructor Training HIGH Low HIGH Performance ALL Phases Phase 1 - Owner Phase 1 - Trainer	Home Study Workshop/Seminar	6.0 4.0 2.0 2.0 2.0 4.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 4.0 4.0 4.0 4.0 4.0 4.0 4.0 4.0 4.0 4	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 bttp://www.bosu.com 12/31/20 www.surgestrong.com 12/31/20 www.surgestrong.com 12/31/20 www.surgestrong.com 12/31/20 www.surgestrong.com 12/31/20 www.surgestrong.com 12/31/20 www.highfitness.com 12/31/20 www.highfitness.com 12/31/20 www.highfitness.com 12/31/20 www.highfitness.com 12/31/20 www.highfitness.com 12/31/20 www.highfitness.com
Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA) Heldstrom Fitness (AFAA) Heldst	Multidimensional Movement Coaching Program 3D XTREME** powered by BOSU** BOSU** Advanced Programming Strategies BOSU** Barre Strong BOSU** Botcamp Redefined BOSU** Dynamic Pilates Fusion BOSU** Mindful Movement & Mobility BOSU** Mindful Movement & Mobility BOSU** Next Generation Balance Training BOSU** Pilates Core Power BOSU** Stability Ball Overhaul BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Lateral Line: Lateral Line: Powerful Stability the Lateral Line: Powerful Stability the Lateral Line: Later	Home Study Workshop/Seminar	6.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 http://www.bosu.com/fitness-education 12/31/20 http://www.bosu.com/fitness-education 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 www.bosu.com/fitness-education
Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA) Hedstrom	Multidimensional Movement Coaching Program 3D XTREME™ powered by BOSU® BOSU® Advanced Programming Strategies BOSU® Bostamp Redefined BOSU® Dynamic Pilates Fusion BOSU® Mindful Movement & Mobility BOSU® Mindful Movement & Mobility BOSU® Next Generation Balance Training BOSU® Pilates Core Power BOSU® Stability Ball Overhaul BOSU® Toolbox BOSU® Toolbox BOSU® Training the Lateral Line: Powerful Stabilizers & Drivers BOSU® Training the Posterior Line: Lats, Traps & Glutes BOSU® Training the Posterior Line: Lats, Traps & Glutes BOSU® Toolbox BOSU® Training the Posterior Line: Lats, Traps & Glutes BOSU® Training The Posterior Line: Lats, Traps & Glutes BOSU® Training The Posterior Line: Lats, Traps & Glutes BOSU® Training The Posterior Line: Lats, Traps & Glutes BOSU® Training The Posterior Line: Lats, Traps & Glutes BOSU® Training The Posterior Line: Lats, Traps & Glutes BOSU® Training The Posterior Line: Lats, Traps & Glutes BOSU® Training The Poster Training BOSU® DOUBLE UP DOUBLE DOWN BOSU® HIIT XTREME BOSU® "STROMG + STRETCHED SURGE® Hydro Ball Training Surge® Hydro Program Design Surge® Hydro Program Design Surge® Hydro Program Design Surge® Hydro Program Design Surge® Hydro Training System In Season Training for Sports Performance HIGH Fitness Instructor Training HIGH Low HIGH Performance ALL Phases Phase 1 - Owner Phase 1 - Trainer Phase 2 Phase 3 Phase 4	Home Study Workshop/Seminar	6.0 4.0 2.0 2.0 2.0 2.0 4.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 www.surgestrong.com 12/31/20 www.surgestrong.com 12/31/20 www.surgestrong.com 12/31/20 www.surgestrong.com 12/31/20 www.highfitness.com 12/31/20 12/31/20 12/31/20 12/31/20
Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA) Hedstrom	Multidimensional Movement Coaching Program 3D XTREME** powered by BOSU** BOSU** Advanced Programming Strategies BOSU** Barre Strong BOSU** Botcamp Redefined BOSU** Dynamic Pilates Fusion BOSU** Mindful Movement & Mobility BOSU** Mindful Movement & Mobility BOSU** Next Generation Balance Training BOSU** Pilates Core Power BOSU** Stability Ball Overhaul BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the DOUBLE DOWN BOSU** Training the DOUBLE DOWN BOSU** HITT XTREME BOSU** STRONG** STRETCHED SURGE** Hydro Ball Training Surge** Hydro Performance Training Surge** Hydro Program Design Surge** Hydro Program Design Surge** Hydro Training System In Season Training for Sports Performance HIGH Fitness Instructor Training HIGH LOW HIGH Performance ALL Phases Phase 1 - Owner Phase 3 Phase 3 Phase 4 Stretching Instructor	Home Study Workshop/Seminar	6.0 4.0 2.0 2.0 2.0 4.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 http://www.bosu.com/fitness-education 12/31/20 http://www.bosu.com/fitness-education 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.surgestrong.com 12/31/20 www.surgestrong.com 12/31/20 www.surgestrong.com 12/31/20 www.surgestrong.com 12/31/20 www.surgestrong.com 12/31/20 www.surgestrong.com 12/31/20 www.highfitness.com 12/31/20 www.highfitness.com 12/31/20 www.highfitness.com 12/31/20 www.highfitness.com 12/31/20 1/31/20 www.highfitness.com 12/31/20 1/31/20 1/31/20 12/31/20 1/31/20 12/31/20 1/31/20 12/31/20 12/31/20 1/31/20 12/31/20
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Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA) High Fitness	Multidimensional Movement Coaching Program 3D XTREME" powered by BOSU" BOSU" Advanced Programming Strategies BOSU" Advanced Programming Strategies BOSU" Bortes Strong BOSU" Bootcamp Redefined BOSU" Dynamic Pilates Fusion BOSU" Mindful Movement & Mobility BOSU" Nindful Movement & Mobility BOSU" Next Generation Balance Training BOSU" Pilates Core Power BOSU" Stability Ball Overhaul BOSU" Stability Ball Overhaul BOSU" Stability Ball Overhaul BOSU" Training the Lateral Line: Powerful Stabilizers & Drivers BOSU" Training the Posterior Line: Lats, Traps & Glutes BOSU" Training the Posterior Line: Lats, Traps & Glutes BOSU" Training the DOUBLE DOWN BOSU" Training the DOUBLE DOWN BOSU" FOR HIIT XTREME BOSU" STRONG + STRETCHED SURGE" Hydro Ball Training Surge" Hydro Program Design Surge" Hydro Program Design Surge" Hydro Training System In Sesson Training for Sports Performance HIGH Fitness instructor Training HIGH Low HIGH Performance ALL Phases Phase 1 - Owner Phase 2 Phase 3 Phase 4 Stretching Instructor HOT HIIT Teacher Training Foundations of Heart Rate Variability	Home Study Workshop/Seminar	6.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com 12/31/20 www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 www.surgestrong.com 12/31/20 www.surgestrong.com 12/31/20 www.surgestrong.com 12/31/20 www.surgestrong.com 12/31/20 www.highfitness.com
Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA) Heldeinc Network of Fitness Certification (AFAA) High Fitness LP (AFAA) High Fitness LP (AFAA) High Fitness LP (AFAA) High Fitness LP (AFAA) High Performance Coaching (AFAA)	Multidimensional Movement Coaching Program 3D XTREME** powered by BOSU** BOSU** Advanced Programming Strategies BOSU** Barre Strong BOSU** Bootcamp Redefined BOSU** Dynamic Pilates Fusion BOSU** Mindful Movement & Mobility BOSU** Mindful Movement & Mobility BOSU** Mindful Movement & Mobility BOSU** Next Generation Balance Training BOSU** Pilates Core Power BOSU** Stability Ball Overhaul BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Double DOWN BOSU** Training the Double DOWN BOSU** STRONG** STRETCHED SUSU** STRONG** STRETCHED SURGE** Hydro Ball Training Surge** Hydro Performance Training Surge** Hydro Program Design Surge** Hydro Program Design Surge** Hydro Program Design In Season Training for Sports Performance HIGH Low HIGH Performance ALL Phases Phase 1 - Owner Phase 1 - Trainer Phase 2 Phase 3 Phase 4 Stretching Instructor HOT Hill** Teacher Training	Home Study Workshop/Seminar	6.0 4.0 2.0 2.0 2.0 2.0 4.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 http://www.bosu.com/fitness-education 12/31/20 http://www.bosu.com/fitness-education 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 www.surgestrong.com 12/31/20 www.highfitness.com 12/31/20 www.highfitness.com 12/31/20 www.highfitness.com 12/31/20 1/31/20 www.highfitness.com 12/31/20 www.highfitness.com
Gymnazo, Inc. (AFAA) Hedstrom Fitness (AFAA) Hedstrom	Multidimensional Movement Coaching Program 3D XTREME" powered by BOSU" BOSU" Advanced Programming Strategies BOSU" Advanced Programming Strategies BOSU" Bortes Strong BOSU" Bootcamp Redefined BOSU" Dynamic Pilates Fusion BOSU" Mindful Movement & Mobility BOSU" Nindful Movement & Mobility BOSU" Next Generation Balance Training BOSU" Pilates Core Power BOSU" Stability Ball Overhaul BOSU" Stability Ball Overhaul BOSU" Stability Ball Overhaul BOSU" Training the Lateral Line: Powerful Stabilizers & Drivers BOSU" Training the Posterior Line: Lats, Traps & Glutes BOSU" Training the Posterior Line: Lats, Traps & Glutes BOSU" Training the DOUBLE DOWN BOSU" Training the DOUBLE DOWN BOSU" FOR HIIT XTREME BOSU" STRONG + STRETCHED SURGE" Hydro Ball Training Surge" Hydro Program Design Surge" Hydro Program Design Surge" Hydro Training System In Sesson Training for Sports Performance HIGH Fitness instructor Training HIGH Low HIGH Performance ALL Phases Phase 1 - Owner Phase 2 Phase 3 Phase 4 Stretching Instructor HOT HIIT Teacher Training Foundations of Heart Rate Variability	Home Study Workshop/Seminar	6.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com 12/31/20 www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 www.bosu.com 12/31/20 www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 www.surgestrong.com 12/31/20 www.surgestrong.com 12/31/20 www.surgestrong.com 12/31/20 www.surgestrong.com 12/31/20 www.highfitness.com
Symnazo, Inc. (AFAA)  redstrom Fitness (AFAA)	Multidimensional Movement Coaching Program 3D XTREME** powered by BOSU** BOSU** Advanced Programming Strategies BOSU** Barre Strong BOSU** Bootcamp Redefined BOSU** Dynamic Pilates Fusion BOSU** Mindful Movement & Mobility BOSU** Nindful Movement & Mobility BOSU** Next Generation Balance Training BOSU** Pilates Core Power BOSU** Stability Ball Overhaul BOSU** Training the Lateral Line: Powerful Stabilizers & Drivers BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** Training the Posterior Line: Lats, Traps & Glutes BOSU** DOUBLE UP DOUBLE DOWN BOSU** HITT XTREME BOSU** STRONG** + STRETCHED SURGE** Hydro Ball Training Surge** Hydro Performance Training Surge** Hydro Program Design Surge** Hydro Program Design Surge** Hydro Program Design Surge** Hydro Training System In Season Training for Sports Performance HIGH Fitness Instructor Training HIGH LOW HIGH Performance ALL Phases Phase 1 - Owner Phase 3 Phase 4 Stretching Instructor HOT HIT Teacher Training Foundations of Heart Rate Variability human mama   Pre and Postnatal Fitness Training	Home Study Workshop/Seminar	6.0 4.0 2.0 2.0 2.0 2.0 4.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.bosu.com 12/31/20 www.bosu.com/fitness-education 12/31/20 http://www.bosu.com 12/31/20 http://www.bosu.com 12/31/20 www.surgestrong.com 12/31/20 www.surgestrong.com 12/31/20 www.surgestrong.com 12/31/20 www.surgestrong.com 12/31/20 https://hora.caademy 12/31/20 www.highfitness.com 12/31/20 https://www.hongkongstretch.org 12/31/20 www.hongkongstretch.org 12/31/20 www.horourse.com

Hyperice (AFAA)	Hypervolt for Self-Administration	Home Study	1.0	12/31/20 www.hyperice.com
Hyperice (AFAA)	Hypervolt for sen-Administration  Hypervolt Movement Enhancement Course	Workshop/Seminar	2.0	12/31/20 www.hyperice.com
Hyperice (AFAA)	SMR + Vibration course	Workshop/Seminar	2.0	12/31/20 www.hyperice.com
ICAA International Council on Active Aging (AFAA)	ICAA Virtual Conference, Leadership Summit and Expo 2020	Conference	12.0	12/31/20 http://icaaconference.icaa.cc/sessions_1027.php
IDEA Health & Fitness (AFAA)	2020 IDEA Personal Trainer Institute – EAST	Conference	15.0	12/31/20
IDEA Health & Fitness (AFAA)	2020 IDEA® CHINA	Conference	15.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	21st Century Body Sculpt	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	50 Ways to Leave Your Core Lovers Wanting You More, Powered by Savvier Fitness	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	A Different Look at Core Training: The Backside	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	ACSM: Exercise Is Medicine (EIM)From Doctor to Trainer to Client Success!	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Active Resistance Training® Total Body Mat Practice	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Advanced and Progressive Mechanics of Lifting and Strength Training	Home Study	2.0	12/31/20
IDEA Health & Fitness (AFAA)	After the Injury: Functional Training Periodization	Home Study	2.0	12/31/21 www.ideafit.com
IDEA Health & Fitness (AFAA)	Anatomy: Reconnect With Your Spine Muscles, by NFPT	Home Study	2.0	12/31/20 www.ideafit.com
	April 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News			
IDEA Health & Fitness (AFAA)		Home Study	1.0	12/31/20 http://www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2018 IDEA Fitness Journal Quiz 2: Resistance Training for Young Adults, and Spot Scapular Dysk	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	April 2018 IDEA Fitness Journal Quiz 3: Help Clients Avert ACL Tears	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	April 2018 IDEA Fitness Journal Quiz 4: Misconceptions About Fats	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	April 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Using Telehealth to Inspire	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2019 IDEA Fitness Journal Quiz 2: The Right Carbs for Energy, and Diabetes Management and	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2019 IDEA Fitness Journal Quiz 3: Alternative Recovery Methods to Avoid Overtraining Injuries	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2019 IDEA Fitness Journal Quiz 4: The Effects of Sleep Deprivation	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Assessment and Corrective Exercise Strategies for Improved Shoulder Function	Home Study	2.0	12/31/20 www.ideafit.com
			2.0	12/31/21 www.ideafit.com
IDEA Health & Fitness (AFAA)	Assessment, Corrective Exercise and Functional Training in the Virtual and Physical Training	Home Study	1.0	
IDEA Health & Fitness (AFAA)	August 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News	Home Study		12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Back to Basics With Anatomy	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Balanced Body™: Pilates Smart Core Challenge	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Balancing Hormones for Optimal Weight Loss	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Balancing Hormones through Nutrition	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Battle Rope Mastery	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	Become a World Class Coach- Top Seven Must Do's to Create Success and Significance	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Becoming a Behavioral Health Spotter	Home Study	2.0	12/31/21 www.ideafit.com
IDEA Health & Fitness (AFAA)	Best Practices in the New Normal	Home Study	2.0	12/31/21 www.ideafit.com
IDEA Health & Fitness (AFAA)	Beyond Randomness: Exercise Selection Based on Movement Screening	Home Study	2.0	12/31/20 www.ideafit.com
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IDEA Health & Fitness (AFAA)	Beyond the Macros: Placing the Focus Back on Nutrient-Dense Foods	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	Biohack Your Body–Anti-Aging Secrets to Ensure Movement Longevity	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	BLAME: Client Excuses for Not Exercising and Solutions to Retrain Their Behaviors	Home Study	2.0	12/31/21 www.ideafit.com
IDEA Health & Fitness (AFAA)	Blast Your Abs, Glutes and Core – A Big HIIT With Your Clients	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Body-Weight Training-Amped Up	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	Bridging the Gap Between Good Intentions and Meaningful Nutrition Change	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Can Technology Be Harnessed to Inspire Lasting Behavior Change?	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Carb IQ: Comparing Keto, Paleo and Low Carb	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Cardio-Strength Circuits for Fun and Function!	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Caving to the Craving: The New Science of Food Addiction and RecoveryWith a Twist	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Communicating With Your Female Clients for Breakthrough Results	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Complete Program Design for the Obese/Overweight Client	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Core Connections: Progression Strategies to Enhance Core Function	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	CORE Yoga for Healthy Backs	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Correct the Psoas Gluteus Imbalance	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Creating a Passionate and Loyal Community in and Out of the Group Ex Studio	Home Study	2.0	12/31/21 www.ideafit.com
IDEA Health & Fitness (AFAA)	Creative Circuits - Five Steps to Better Program Design	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Cue Movement and Exercise With Abdominal Anatomy, by NFPT	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Cue Movement and Exercise With Hip Anatomy, by NFPT	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Designing a Self-Myofascial Release Program	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Designing and Delivering Effective Online Personal Training Sessions	Home Study	2.0	12/31/21 www.ideafit.com
IDEA Health & Fitness (AFAA)	Diversity Strengthens Leadership	Home Study	2.0	12/31/21 www.ideafit.com
IDEA Health & Fitness (AFAA)	Dynamic Nutrition Science: Parsing Today's Most Relevant Research for Real Life		1.0	12/31/20 www.ideafit.com
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IDEA Health & Fitness (AFAA)	East Meets West: A Mindful Approach to Health Coaching	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	Eating a Lower Inflammatory Diet	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	Effective Cueing, Communications and Coaching for In-Person and Virtual Group Fitness Classes	Home Study	2.0	12/31/21 www.ideafit.com
IDEA Health & Fitness (AFAA)	Exercise Science Update: New Research and Ideas	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Extreme Equipment-LESS Boot Camp	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Fascia Release for Yoga	Home Study	10.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Fascial Line Mobility	Home Study	2.0	12/31/20
IDEA Health & Fitness (AFAA)	Fat-Loss Programming for Your Female Clients	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	February 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	February 2019 IDEA Fitness Journal Quiz 2: Resistance Training for Muscle Size, and Weight Training	Home Study	1.0	12/31/20 www.ideafit.com
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IDEA Health & Fitness (AFAA)	February 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News	Home Study		12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	February 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	February 2018 IDEA Fitness Journal Quiz 2: Tips for Resistance Training with Youth, and Combined Tra	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	February 2018 IDEA Fitness Journal Quiz 3: Risks of Functional Training	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	February 2018 IDEA Fitness Journal Quiz 4: Body Image in the Fitness Industry	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	Flexibility for the Inflexible	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Food for Thought: Brain, Gut, Microbes, Diet	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Free and Low-Budget Marketing Strategies to Attract Prospects, Close Clients and Build Influence	Home Study	2.0	12/31/21 www.ideafit.com
IDEA Health & Fitness (AFAA)	From Neck to KneesMore Than Just Core!	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	From the Hip	Home Study	2.0	12/31/20 www.deant.com
IDEA Health & Fitness (AFAA)	Functional Anatomy: The Secret to Efficient Movement	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Functional Assessment for Special Populations	Home Study		12/31/20 www.ideant.com
IDEA HEBIOLOCITICIOS (AFMA)	raneagnal Assessment for Special Populations	Home study	1.0	12/31/20

IDEA Health & Fitness (AFAA)	Functional Balance Circuits for the Active Adult (ACE Mover Academy)	Home Study	2.0	12/31/20
IDEA Health & Fitness (AFAA)	Functional Balance for the Active Aging Adult, by ActivMotion Bar™	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Functional Circuits for Aging Clients	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Functional Flexibility for the Active Aging	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Functional Movement Patterns for Older Adults	Home Study	2.0	12/31/21 www.ideafit.com
IDEA Health & Fitness (AFAA)	Functional Movement Triad	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Functional Power Training for Older Clients, by FAI	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Fundamental Principles of Upper Body TrainingPushing, Pulling and Pressing, by FMS	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Gait-Based Movement Screening	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	GENERATE Buzz With Simple Marketing	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	Get Social Savvy to Communicate Better	Home Study	2.0	12/31/21 www.ideafit.com
IDEA Health & Fitness (AFAA)	Getting Maximum Results With Minimal Equipment	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Glute Reboot	Home Study	2.0	12/31/20 www.ideafit.com
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IDEA Health & Fitness (AFAA)	Goodbye Infobesity, Hello Action Plan!	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Group Exercise Applications for Training the Posterior Chain	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Grow Your Business With Authentic Inclusive Marketing and Messaging Strategies	Home Study	2.0	12/31/21 www.ideafit.com
IDEA Health & Fitness (AFAA)	Guiding Others to Create Their Healthiest, Most Delicious Life	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Handstands	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Hidden Secrets to Core Performance	Home Study	2.0	12/31/20
IDEA Health & Fitness (AFAA)	High-Intensity Kettlebell Training	Home Study	2.0	12/31/20
IDEA Health & Fitness (AFAA)	HIITS Blitz		1.0	12/31/20 www.ideafit.com
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IDEA Health & Fitness (AFAA)	How Hormones and Metabolism Change the Training Game for Females	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	How to Expand and Grow Your Personal Training Client Base	Home Study	2.0	12/31/21 www.ideafit.com
IDEA Health & Fitness (AFAA)	How to Lead Unforgettable In-Person and Virtual Group Fitness Classes	Home Study	2.0	12/31/21 www.ideafit.com
IDEA Health & Fitness (AFAA)	How to Run Your Own "Drop Two Sizes" Challenge	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	How to Safely Introduce Plyometrics Into Your Clients' Routines	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	I Am Ageless Now	Home Study	8.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	I Q U Do: The Art of Intelligent Coaching		2.0	12/31/20 www.ideafit.com
		Home Study		
IDEA Health & Fitness (AFAA)	IDEA Virtual World 2020	Conference	15.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Insights Into Functional Training and Corrective Movement	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Insights Into Lower-Back Pain and Functional Solutions	Home Study	2.0	12/31/20
IDEA Health & Fitness (AFAA)	Intermittent Fasting: Science or Fiction?	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Is It Time to Eat Yet? Nobel Prize-Winning Body Clock Science Has the Answer	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	It Takes Guts! Connecting the Brain, Diet and Microbiome	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	January 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Essential Elements of Teachin	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	January 2019 IDEA Fitness Journal Quiz 2: Exercise and Mental Health, and Benefits of Effortful Lear	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	January 2019 IDEA Fitness Journal Quiz 3: Enhancing Mobility, Stability and Balance With Yoga	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	January 2019 IDEA Fitness Journal Quiz 4: Food and Nutrition News, and Helping Clients Improve Nutri	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	January 2020 IDEA Fitness Journal Quiz 1: Program Design for Older Adults, and Shoulder Mechanics	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	January 2020 IDEA Fitness Journal Quiz 2: Using Happiness for Training and Behavior Change	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	January 2020 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and the Low-FODMAP Diet	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	January 2020 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and the Low-FODMAP Diet January 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study Home Study	1.0 1.0	12/31/20 www.ideafit.com 12/31/20
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IDEA Health & Fitness (AFAA)	January 2020 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and the Low-FODMAP Diet January 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News January 2018 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Prev January 2018 IDEA Fitness Journal Quiz 3: Tailor Workouts to Meet Clients' Precise Needs	Home Study Home Study Home Study Home Study	1.0 1.0 1.0 1.0	12/31/20 www.ideafit.com 12/31/20 12/31/20 12/31/20
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IDEA Health & Fitness (AFAA)	January 2020 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and the Low-FODMAP Diet January 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News January 2018 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Prev January 2018 IDEA Fitness Journal Quiz 3: Tailor Workouts to Meet Clients' Precise Needs	Home Study Home Study Home Study Home Study	1.0 1.0 1.0 1.0	12/31/20 www.ideafit.com 12/31/20 12/31/20 12/31/20
IDEA Health & Fitness (AFAA)	January 2020 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and the Low-FODMAP Diet January 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News January 2018 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Prev January 2018 IDEA Fitness Journal Quiz 3: Tailor Workouts to Meet Clients' Precise Needs January 2018 IDEA Fitness Journal Quiz 4: Small Diet Changes for Big Results	Home Study Home Study Home Study Home Study Home Study	1.0 1.0 1.0 1.0 1.0	12/31/20 www.ideafit.com 12/31/20 12/31/20 12/31/20 12/31/20
IDEA Health & Fitness (AFAA)	January 2020 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and the Low-FODMAP Diet January 2018 IDEA fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News January 2018 IDEA fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Prev January 2018 IDEA Fitness Journal Quiz 3: Tailor Workouts to Meet Clients' Precise Needs January 2018 IDEA Fitness Journal Quiz 4: Small Diet Changes for Big Results July 2020 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News July 2020 IDEA Fitness Journal Quiz 2: Health Lessons for Greater Longevity	Home Study	1.0 1.0 1.0 1.0 1.0 1.0	12/31/20 www.ideafit.com 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	January 2020 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and the Low-FODMAP Diet  January 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News  January 2018 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Prev  January 2018 IDEA Fitness Journal Quiz 3: Tailor Workouts to Meet Clients' Precise Needs  January 2018 IDEA Fitness Journal Quiz 4: Small Diet Changes for Big Results  July 2020 IDEA Fitness Journal Quiz 2: Health and Fitness News, and Food and Nutrition News  July 2020 IDEA Fitness Journal Quiz 2: And The State News, and Food and Nutrition News  July 2020 IDEA Fitness Journal Quiz 2: Cacching Clients With Obesity	Home Study	1.0 1.0 1.0 1.0 1.0 1.0 1.0	12/31/20 www.ideafit.com 12/31/20 12/31/20 12/31/20 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	January 2020 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and the Low-FODMAP Diet January 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News January 2018 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Prev January 2018 IDEA Fitness Journal Quiz 3: Tailor Workouts to Meet Clients' Precise Needs January 2018 IDEA Fitness Journal Quiz 4: Small Diet Changes for Big Results July 2020 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News July 2020 IDEA Fitness Journal Quiz 3: Coaching Clients With Obesity July 2020 IDEA Fitness Journal Quiz 3: Coaching Clients With Obesity July 2020 IDEA Fitness Journal Quiz 4: The Benefits of Intermittent Fasting	Home Study	1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0	12/31/20 www.ideafit.com 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	January 2020 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and the Low-FODMAP Diet  January 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News  January 2018 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Prev  January 2018 IDEA Fitness Journal Quiz 3: Tailor Workouts to Meet Clients' Precise Needs  January 2018 IDEA Fitness Journal Quiz 4: Small Diet Changes for Big Results  July 2020 IDEA Fitness Journal Quiz 2: Health Lessons for Greater Longevity  July 2020 IDEA Fitness Journal Quiz 2: Health Lessons for Greater Longevity  July 2020 IDEA Fitness Journal Quiz 4: The Benefits of Intermittent Fasting  July 2020 IDEA Fitness Journal Quiz 5: Vibration Training Research and Programming	Home Study	1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0	12/31/20 www.ideafit.com 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com
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IDEA Health & Fitness (AFAA)	January 2020 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and the Low-FODMAP Diet January 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News January 2018 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Prev January 2018 IDEA Fitness Journal Quiz 4: Small Diet Changes for Big Results July 2020 IDEA Fitness Journal Quiz 4: Small Diet Changes for Big Results July 2020 IDEA Fitness Journal Quiz 2: Health and Fitness News, and Food and Nutrition News July 2020 IDEA Fitness Journal Quiz 2: Health Lessons for Greater Longevity July 2020 IDEA Fitness Journal Quiz 3: Coaching Clients With Obesity July 2020 IDEA Fitness Journal Quiz 4: The Benefits of Intermittent Fasting July 2020 IDEA Fitness Journal Quiz 4: With Diet Study Coache and Programming July/August 2018 IDEA Fitness Journal Quiz 2: Using Circadian Rhythms to Guide Eating Schedules	Home Study	1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0	12/31/20 www.ideafit.com 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 12/31/20 12/31/20 www.ideafit.com
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IDEA Health & Fitness (AFAA)	March 2018 IDEA Fitness Journal Quiz 2: New Blood Pressure Guidelines, and Functional Training for O	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	March 2018 IDEA Fitness Journal Quiz 3: Why Lost Weight Comes Back	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	Mastering Fat Metabolism and Weight Management	Home Study	8.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	May 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Improving Performance Through	Workshop/Seminar	1.0	12/31/20
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IDEA Health & Fitness (AFAA)	May 2018 IDEA Fitness Journal Quiz 2: Walking for Functional Health: Gait Speed and Biomechanics	Workshop/Seminar	1.0	12/31/20
IDEA Health & Fitness (AFAA)	May 2018 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and A New Solution to Obesity and Chr	Workshop/Seminar	1.0	12/31/20
IDEA Health & Fitness (AFAA)	May 2019 IDEA Fitness Journal Quiz 1: The Multifaceted Benefits of Exercise, and Simple Lifestyle	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	May 2019 IDEA Fitness Journal Quiz 2: Food and Nutrition News, and the Game-Changing Work of a	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	May 2019 IDEA Fitness Journal Quiz 3: Pushing Past the Limits of a Barbell with Variable Lifting	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	May 2019 IDEA Fitness Journal Quiz 4: How Weightlifting Changes Metabolism	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	May 2020 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Using Tapering in Strength	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	May 2020 IDEA Fitness Journal Quiz 2: Periodization for Resistance Training Programs	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	May 2020 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Restoring Balance with Digital	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Metabolic Disruption	Home Study	1.0	12/31/20
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IDEA Health & Fitness (AFAA)	Motivational Interviewing Skills Produce Targeted Results	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Motivational Interviewing: Help Clients Own the Talk That Drives the Walk	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	Movement for Health, Functionality and Longevity	Home Study	8.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Neuroscience for the Fitness Professional: How Exercise Affects Our Most Important Organ-The Brain!	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	No Sweat: Selling Exercise So People Want to Keep Buying It	Home Study	2.0	12/31/21 www.ideafit.com
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IDEA Health & Fitness (AFAA)	November 2020 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	November 2020 IDEA Fitness Journal Quiz 2: Strength Training for Running Performance and Pairing	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	November 2020 IDEA Fitness Journal Quiz 3: Using Social Support to Build Healthy Habits	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	November/December 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	November/December 2018 IDEA Fitness Journal Quiz 2: The Role of the Exercise and the Endocrine Syste		1.0	12/31/20 www.ideafit.com
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IDEA Health & Fitness (AFAA)	November/December 2018 IDEA Fitness Journal Quiz 3: Snowboarder Training, & Cardio and Strength Trai	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	November/December 2018 IDEA Fitness Journal Quiz 4: Motivating Clients to Make Lasting Changes in Nu	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	November/December 2018 IDEA Fitness Journal Quiz 5: Healthy Diets & Cognitive Functions, & Counterac	Home Study	1.0	12/31/20
IDEA Health & Fitness (AFAA)	November-December 2019 IDEA Fitness Journal 2: Food and Nutrition News, and Breakfast Carbs	Home Study	1.0	12/31/20 www.ideafit.com
• •	November-December 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Complex Training			···
IDEA Health & Fitness (AFAA)		Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	November-December 2019 IDEA Fitness Journal Quiz 3: Athletic Training for Senior Clients	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Obstacle Courses for Boot Camps and Beyond	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	October 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Assessing Clients Risk of Car	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	October 2018 IDEA Fitness Journal Quiz 2: Limiting Biological Damage With Exercise, and Aquatic Mind	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	October 2018 IDEA Fitness Journal Quiz 3: Coaching Teens for Better Health, and Food and Nutrition N	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	October 2019 IDEA Fitness Journal Quiz 1: The Physiology of Muscle Cramps, and Discussing Bone	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	October 2019 IDEA Fitness Journal Quiz 2: Food and Nutrition News, and the Adverse Effects	Home Study	1.0	12/31/20 ideafit.com
IDEA Health & Fitness (AFAA)	October 2019 IDEA Fitness Journal Quiz 3: The Truth About Small Meals and Fasting	Home Study	1.0	12/31/20 www.ideafit.com
	October 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News			
IDEA Health & Fitness (AFAA)		Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Olympic Lifting - The Mechanics and Progressions, by RedCon™	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Optimize Function and Mobility With Strong and Stable Shoulders and Glutes	Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Pain-Free Movement-The Science and Application (ACE Mover Academy)	Home Study	2.0	12/31/20
	Pilates 50/50			· ·
IDEA Health & Eitness (AEAA)			2.0	
IDEA Health & Fitness (AFAA)		Home Study	2.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Pilates on a Ball	Home Study	1.0	12/31/20 www.ideafit.com
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IDEA Health & Fitness (AFAA)	Pilates on a Ball	Home Study	1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA) IDEA Health & Fitness (AFAA)	Pilates on a Ball Pilates on the Ball Posture Improvement Workshop	Home Study Home Study Home Study	1.0 1.0 1.0	12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Pilates on a Ball Pilates on the Ball Posture Improvement Workshop Power Core for Sports and Fitness Performance	Home Study Home Study Home Study Home Study	1.0 1.0 1.0 2.0	12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Pilates on a Ball Pilates on the Ball Posture Improvement Workshop Power Core for Sports and Fitness Performance Power Medicine Ball Drills for Groups	Home Study Home Study Home Study Home Study Home Study	1.0 1.0 1.0 2.0 2.0	12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Pilates on a Ball Pilates on the Ball Posture Improvement Workshop Power Core for Sports and Fitness Performance Power Medicine Ball Drills for Groups Precision Nutrition: How to Fix a Broken Diet—Three Ways to Get Your Eating on Track	Home Study Home Study Home Study Home Study Home Study Home Study	1.0 1.0 1.0 2.0 2.0 2.0	12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Pilates on a Ball Pilates on the Ball Posture Improvement Workshop Power Core for Sports and Fitness Performance Power Medicine Ball Drills for Groups	Home Study Home Study Home Study Home Study Home Study	1.0 1.0 1.0 2.0 2.0	12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Pilates on a Ball Pilates on the Ball Posture Improvement Workshop Power Core for Sports and Fitness Performance Power Medicine Ball Drills for Groups Precision Nutrition: How to Fix a Broken Diet—Three Ways to Get Your Eating on Track	Home Study Home Study Home Study Home Study Home Study Home Study	1.0 1.0 1.0 2.0 2.0 2.0	12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com 12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Pilates on a Ball Pilates on the Ball Posture Improvement Workshop Power Core for Sports and Fitness Performance Power Medicine Ball Drills for Groups Precision Nutrition: How to Fix a Broken Diet—Three Ways to Get Your Eating on Track PRODUCE More Revenue Progressing Clients From Function to Performance	Home Study	1.0 1.0 2.0 2.0 2.0 1.0	12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Pilates on a Ball Pilates on the Ball Posture Improvement Workshop Power Core for Sports and Fitness Performance Power Medicine Ball Drills for Groups Precision Nutrition: How to Fix a Broken Diet—Three Ways to Get Your Eating on Track PRODUCE More Revenue Progressing Clients From Function to Performance Progressive Programming for Active Aging	Home Study	1.0 1.0 2.0 2.0 2.0 1.0 1.0	12/31/20 www.ideafit.com 12/31/21 www.ideafit.com
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IDEA Health & Fitness (AFAA)	Pilates on a Ball Pilates on the Ball Posture Improvement Workshop Power Core for Sports and Fitness Performance Power Medicine Ball Drills for Groups Precision Nutrition: How to Fix a Broken Diet—Three Ways to Get Your Eating on Track PRODUCE More Revenue Progressing Clients From Function to Performance Progressing Clients From Function to Performance Progressing Promote Behavior Change With Better Coaching Protein Master Class: Health, Performance and Weight Loss Protein Obsessed: Sorting the Truth From the Hype Protein Overload: Are You Eating More Than You Need? Putting Heart into Mind-Body Training REACH More Clients: Be Loud and Proud Rescue Your Knees - Look at Your Feet Restoring Fundamental Movement Patterns with Corrective Strategies Retain Clients Forever Reversing the Invisible Epidemic: Coaching People Who Have Prediabetes Rock Solid! Rock Your Online Courses and Classes	Home Study	1.0 1.0 2.0 2.0 2.0 1.0 1.0 2.0 1.0 2.0 1.0 2.0 1.0 2.0 1.0 2.0 1.0 2.0 1.0 2.0 1.0 1.0 2.0 1.0 1.0 1.0 2.0 1.0 1.0 1.0 2.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1	12/31/20 www.ideafit.com 12/31/21 www.ideafit.com 12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Pilates on a Ball Pilates on the Ball Posture Improvement Workshop Power Core for Sports and Fitness Performance Power Medicine Ball Drills for Groups Precision Nutrition: How to Fix a Broken Diet—Three Ways to Get Your Eating on Track PRODUCE More Revenue Progressing Clients From Function to Performance Progressing Clients From Function to Performance Progressive Programming for Active Aging Promote Behavior Change With Better Coaching Protein Obsessed: Sorting the Truth From the Hype Protein Obsessed: Sorting the Truth From the Hype Protein Overload: Are You Eating More Than You Need? Putting Heart into Mind-Body Training REACH More Clients: Be Loud and Proud Rescue Your Knees - Look at Your Feet Restoring Fundamental Movement Patterns with Corrective Strategies Retain Clients Forever Reversing the Invisible Epidemic: Coaching People Who Have Prediabetes Rock Solid! Rock Your Online Courses and Classes Run, Injury Freel Understanding Impact Forces, by EBFA Sculpting the Ultimate Coach Within: How to Deliver Remarkable Client Results While Blazing an Epic	Home Study	1.0 1.0 2.0 2.0 2.0 1.0 1.0 2.0 1.0 1.0 2.0 1.0 1.0 2.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1	12/31/20 www.ideafit.com 12/31/21 www.ideafit.com 12/31/21 www.ideafit.com 12/31/20 www.ideafit.com
IDEA Health & Fitness (AFAA)	Pilates on a Ball Pilates on the Ball Posture Improvement Workshop Power Core for Sports and Fitness Performance Power Medicine Ball Drills for Groups Precision Nutrition: How to Fix a Broken Diet—Three Ways to Get Your Eating on Track PRODUCE More Revenue Progressing Clients From Function to Performance Progressing Clients From Function to Performance Progressing Clients From Function to Determance Progressing Clients From Function to New Progressing Promote Behavior Change With Better Coaching Protein Master Class: Health, Performance and Weight Loss Protein Obsessed: Sorting the Truth From the Hype Protein Overload: Are You Eating More Than You Need? Putting Heart into Mind-Body Training REACH More Clients: Be Loud and Proud Rescue Your Knees - Look at Your Feet Restoring Fundamental Movement Patterns with Corrective Strategies Retain Clients Forever Reversing the Invisible Epidemic: Coaching People Who Have Prediabetes Rock Solid! Rock Your Online Courses and Classes Run, Injury Free! Understanding Impact Forces, by EBFA Sculpting the Ultimate Coach Within: How to Deliver Remarkable Client Results While Blazing an Epic September 2018 IDEA Fitness Journal Quiz 1: Fitness Technology Research and Sports Biomechanics	Home Study	1.0 1.0 2.0 2.0 2.0 1.0 1.0 2.0 2.0 1.0 2.0 2.0 1.0 2.0 2.0 2.0 1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 www.ideafit.com 12/31/21 www.ideafit.com 12/31/20 www.ideafit.com
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IDEA Health & Fitness (AFAA) IDEA HEALTH & FITNES (AFAA) IDEA H	Training Two at Once: The Power of Collaborative, Competitive Partner Training Translating Today's Nutrition Science for Your Clients TriggerPoint™ Corrective Strategies for the Foot and Ankle TriggerPoint™ Corrective Strategies for the Foot and Ankle TriggerPoint™ for Movement: Hig and Shoulder Mobility TriggerPoint™ My Ordscial Compression™ Techniques for Injury Prevention and Better Movement Understanding and Interpreting the Functional Movement Screen Understanding the Female Pelvic Core Neuromuscular System Upper Extremity Mechanics and Techniques Using Function to Avoid Dysfunction in Aging Using Technology to Improve Client Health and Fitness Weighing The Evidence Behind Nutrition Research Whole-Food, Plant-Based Fuel for Fitness Winning Group Strength Program Design Yoga Anatomy 101 Certificate Yoga for Optimal Client Performance Yoga; Progressions and Regressions Your Guide to Stronger Legs and Great Glutes! IGNITE YOUR BURN COACH IHRSA 2020 International Convention & Trade Show IHRSA Innovation Summit - Virtual ICG Aging and Adaptation ICG COMPETITIVE CYCLING ICG OVERTRAINING ICG Stretching ICG Stretching ICG Stretching ICG Stretching ICG Basic & Pro Level LIVE ICG® Basic & Pro Level UIVE ICG® Basic & Pro Level ONLINE ICGS "MyRide & Ergogenic Effect ONLINE ICGS" MyRide & Ergogenic Effect ONLINE Induro Instructor Training Distance Learning Complete Conditioning of the Female Core 2.0	Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study	2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0	12/31/20 www.ideafit.com 12/31/21 www.ideafit.com 12/31/21 www.ideafit.com 12/31/21 www.ideafit.com 12/31/21 www.ideafit.com 12/31/20 www.ideafit.com

Institute for Integrative Health & Fitness Education (AFAA)	Female Fitness: Restore the Core while discovering its effects on the whole body	Workshop/Seminar 7.0	12/31/20
Institute for Integrative Health & Fitness Education (AFAA)	ICES Approach to Training Baby Boomers and Seniors	Workshop/Seminar 7.0 Workshop/Seminar 7.0	12/31/20 www.iihfe.com
Institute for Integrative Health & Fitness Education (AFAA)	ICES Approach to Training Baby Boomers and Seniors-Designing Programs	Workshop/Seminar 7.0	12/31/20 www.iihfe.com
Institute for Integrative Health & Fitness Education (AFAA)	Integrative Core Training Baby Boomers and Seniors  Integrative Core Training For the Baby Boomers and Seniors	Workshop/Seminar 7.0	12/31/20 www.mine.com
Institute for Integrative Health & Fitness Education (AFAA)	Two Anatomy Geeks - Hip Complex Anatomy	Home Study 7.0	12/31/20 www.iihfe.com
Institute for Integrative Health & Fitness Education (AFAA)	Two Anatomy Geeks - The Core Trunk & Spine Anatomy	Workshop/Seminar 7.0	12/31/20 www.iihfe.com
Institute for Integrative Health & Fitness Education (AFAA)	What Lies Beneath: How Fitness Professionals Can Address the Under-realized (Postural & Movement	Workshop/Seminar 4.0	12/31/20
Institute of Motion (IoM) (AFAA)	40 Foundations	Home Study 10.0	12/31/20 www.instituteofmotion.com
Interactive Fitness Trainers of America (IFTA) (AFAA)	ATHLETIC INTERVALS	Workshop/Seminar 2.0	12/31/21 www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA) (AFAA)	BUILD YOUR BODY	Workshop/Seminar 2.0	12/31/21 www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA) (AFAA)	ESSENTIALS OF TEACHING	Workshop/Seminar 2.0	12/31/21 www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA) (AFAA)	FUNCTIONAL FITNESS TRAINING	Workshop/Seminar 2.0	12/31/21 www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA) (AFAA)	GROUP STRENGTH	Workshop/Seminar 6.0	12/31/21 www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA) (AFAA)	HARD CORE CONDITIONING	Workshop/Seminar 2.0	12/31/21 www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA) (AFAA)	LEARN TO TEACH	Workshop/Seminar 8.0	12/31/21 www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA) (AFAA)	POWERTRAIN	Workshop/Seminar 4.0	12/31/21 www.ifta-fitness.com
International Group Fitness Institute (AFAA)	Impulse Body Fitness (EMS Electro Fitness)	Workshop/Seminar 12.0	12/31/20 www.impulsebodyfitness.com
iRestore Fitness (AFAA)	Rollassage Specialist	Workshop/Seminar 7.0	12/31/20 www.irestorefitness.com
ISSN Asia (AFAA)	ISSN Sports Nutrition Diet Course	Workshop/Seminar 15.0	12/31/20 www.issnasia.com
ISSN Asia (AFAA)	ISSN-SNS	Home Study 15.0	12/31/20 www.issnasia.com
Jacksonville University (AFAA)	Jacksonville University Human Performance Conference 2020	Conference 8.0	12/31/20 https://www.ju.edu/kinesiology/humanperformance/index.php
Jessi Haggerty RDN, CPT (AFAA)	The Nutrition & Body Image Coaching Course	Workshop/Seminar 15.0	12/31/20 http://www.jessihaggerty.com/fitnesspro
JILLFIT (AFAA)	#Moderation365 Nutrition Consultant Education	Workshop/Seminar 12.0	12/31/20 http://moderation365certification.com
JLA Fitness (AFAA)	Kickboarding Circuits	Workshop/Seminar 2.0	12/31/20 www.jlafitness.com
JLA Fitness (AFAA)	No Equipment, No Problem	Workshop/Seminar 2.0	12/31/20 www.jlafitness.com
JLA Fitness (AFAA)	One Sided	Workshop/Seminar 2.0	12/31/20 www.jlafitness.com
JLA Fitness (AFAA)	Seamless Deep	Workshop/Seminar 2.0	12/31/20 www.jlafitness.com
JLA Fitness (AFAA)	Spotlight on Arms & Abs: Low Impact Cardio	Workshop/Seminar 2.0	12/31/20 jlafitness.com
JLA Fitness (AFAA)	Tidal Mania Aquatic Circuit	Workshop/Seminar 2.0	12/31/20 www.jlafitness.com
Jolly Bodies (AFAA)	QUICKSHOTS Instructor Workshop	Workshop/Seminar 8.0	12/31/20 jollybodiesfitness.com
Joya (AFAA)	JFIT	Workshop/Seminar 8.0	12/31/20 joyayoga.com
Joya (AFAA)	Joya Cycle	Workshop/Seminar 8.0	12/31/20 joyayoga.com
Joya (AFAA)	JoyaStrong 45	Workshop/Seminar 15.0	12/31/20 https://joyayoga.com
Jump Rope For Good (JRFG) (AFAA)	JRFG Level 1 Technical	Workshop/Seminar 15.0	12/31/20 https://jrfg.org
Jump Rope For Good (JRFG) (AFAA)	JRFG Level 2 Technical	Workshop/Seminar 15.0	12/31/20 https://jrfg.org
Jump Rope For Good (JRFG) (AFAA)	JRFG Level 3 Technical	Workshop/Seminar 15.0	12/31/20 https://jrfg.org
Jump Rope For Good (JRFG) (AFAA)	L1 Single Rope Self-study Training Course	Home Study 3.0	12/31/20 https://jrfg.org
K3 Combat Movement Systems (AFAA)	K3 Foundations: Level 1	Workshop/Seminar 14.0	12/31/20 https://k3combat.com
KAMS Lifestyle, LLC - kamsmitty60 Fitness (AFAA)	Jumping in - Rebound Basics	Workshop/Seminar 4.0	12/31/20 KAMSLIFE.com
KAMS Lifestyle, LLC - kamsmitty60 Fitness (AFAA)	Jumping in - Rebound Basics & Instructor Prep	Workshop/Seminar 8.0	12/31/20 KAMSLIFE.com
Kangoo Jumps Fitness (AFAA)	Kangoo Boot Camp	Workshop/Seminar 11.0	12/31/20 kangoojumps.com
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Kangoo Jumps Fitness (AFAA)	Kangoo Discovery	Workshop/Seminar 8.0	12/31/20 kangoojumps.com
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Kangoo Jumps Fitness (AFAA) Kangoo Jumps Fitness (AFAA) Kangoo Jumps Fitness (AFAA) KayeZen (AFAA) Keiser Corporation (AFAA)	Kangoo Discovery  Kangoo Nick & Punch  Kangoo Power  KayeZen VECTOR Foundations Training Course  Keiser PowerEd: Accelerate  Keiser PowerEd: Climb  Keiser PowerEd: Create  Keiser PowerEd: Forate  Keiser PowerEd: Foundations  Keiser PowerEd: Foundations  Keiser PowerEd: Foundations XP  Keiser PowerEd: Technology  Keiser PowerEd: FowerEd: NowerEd: NowerE	Workshop/Seminar 8.0 Workshop/Seminar 14.0 Workshop/Seminar 14.0 Workshop/Seminar 7.0 Workshop/Seminar 2.0 Workshop/Seminar 2.0 Workshop/Seminar 3.0 Workshop/Seminar 3.0 Workshop/Seminar 3.0 Workshop/Seminar 5.0 Workshop/Seminar 5.0 Workshop/Seminar 2.0	12/31/20 kangoojumps.com 12/31/20 kangoojumps.com 12/31/20 kangoojumps.com 12/31/20 www.keiser.com
Kangoo Jumps Fitness (AFAA) Kangoo Jumps Fitness (AFAA) Kangoo Jumps Fitness (AFAA) KayeZen (AFAA) Keiser Corporation (AFAA)	Kangoo Discovery  Kangoo Nick & Punch  Kangoo Power  KayeZen VECTOR Foundations Training Course  Keiser PowerEd: Accelerate  Keiser PowerEd: Climb  Keiser PowerEd: Create  Keiser PowerEd: Foundations  Keiser PowerEd: Foundations  Keiser PowerEd: Foundations  Keiser PowerEd: Foundations XP  Keiser PowerEd: Foundations XP  Keiser PowerEd: PowerEd: PowerEd: Foundations XP  Keiser PowerEd: PowerEd: PowerEd: Foundations  Keiser PowerEd: PowerEd: Foundations XP  Keiser PowerEd: Pow	Workshop/Seminar 8.0 Workshop/Seminar 14.0 Workshop/Seminar 7.0 Workshop/Seminar 7.0 Workshop/Seminar 2.0 Workshop/Seminar 2.0 Workshop/Seminar 3.0 Workshop/Seminar 3.0 Workshop/Seminar 3.0 Workshop/Seminar 5.0 Workshop/Seminar 2.0 Workshop/Seminar 2.0 Workshop/Seminar 2.0 Home Study 15.0	12/31/20 kangoojumps.com 12/31/20 kangoojumps.com 12/31/20 www.kayezen.com 12/31/20 www.kayezen.com 12/31/20 www.kayezen.com 12/31/20 www.kayezen.com 12/31/20 www.kayezen.com 12/31/20 www.kayez.com 12/31/20 www.kayez.com 12/31/20 www.kayez.com 12/31/20 www.kayez.com 12/31/20 www.kayez.com 12/31/20 www.kayez.com 12/31/20 kayezyezyezyezyezyezyezyezyezyezyezyezyezy
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Kangoo Jumps Fitness (AFAA) Kangoo Jumps Fitness (AFAA) KayeZen (AFAA) Keiser Corporation (AFAA) Kettlebell Athletics (AFAA) Kettlebell Athletics (AFAA) Kettlebell Athletics (AFAA) Kettlebell Athletics (AFAA) Kettlebell Kitkboxing (AFAA)	Kangoo Discovery  Kangoo Nick & Punch  Kangoo Power  KayeZen VECTOR Foundations Training Course  Keiser PowerEd: Accelerate  Keiser PowerEd: Climb  Keiser PowerEd: Climb  Keiser PowerEd: Empowered  Keiser PowerEd: Foundations  Keiser PowerEd: Foundations  Keiser PowerEd: Foundations  Keiser PowerEd: Foundations XP  Keiser PowerEd: Tendations XP  Keiser PowerEd: Tendations XP  Keiser PowerEd: Foundations XP  Keiser PowerEd: Fower  Keto Mastery Specialist  Kettlebell Athletics Level 1 Canada Accelerate	Workshop/Seminar 8.0 Workshop/Seminar 14.0 Workshop/Seminar 7.0 Workshop/Seminar 7.0 Workshop/Seminar 2.0 Workshop/Seminar 2.0 Workshop/Seminar 3.0 Workshop/Seminar 3.0 Workshop/Seminar 3.0 Workshop/Seminar 3.0 Workshop/Seminar 5.0 Workshop/Seminar 2.0 Workshop/Seminar 2.0 Workshop/Seminar 2.0 Workshop/Seminar 2.0 Workshop/Seminar 2.0 Workshop/Seminar 3.0 Workshop/Seminar 3.0 Workshop/Seminar 3.0 Workshop/Seminar 3.0	12/31/20 kangoojumps.com 12/31/20 kangoojumps.com 12/31/20 www.kelser.com 12/31/20 www.ketliebell-athletics.com/ 12/31/20 www.kettlebellAthletics.com/
Kangoo Jumps Fitness (AFAA) Kangoo Jumps Fitness (AFAA) Kangoo Jumps Fitness (AFAA) KayeZen (AFAA) Keiser Corporation (AFAA) Kettlebell Athletics (AFAA) Kettlebell Athletics (AFAA) Kettlebell Athletics (AFAA) Kettlebell Kickboxing (AFAA) Kick It By Eliza, Inc. (AFAA)	Kangoo Discovery  Kangoo Nick & Punch  Kangoo Power  KayeZen VECTOR Foundations Training Course  Keiser PowerEd: Accelerate  Keiser PowerEd: Climb  Keiser PowerEd: Create  Keiser PowerEd: Empowered  Keiser PowerEd: Foundations  Keiser PowerEd: Foundations  Keiser PowerEd: Foundations XP  Keiser PowerEd: Technology  Kieser PowerEd: Power  Keiser PowerEd: Power  Ketser Matery Specialist  Kettlebell Athletics Level 1  Kettlebell Athletics Level 2 - Beyond the Basics  KiBIA - Kettlebell Kickboxing Anatomy of Kettlebells  KiCkI the Stize*	Workshop/Seminar 8.0 Workshop/Seminar 14.0 Workshop/Seminar 17.0 Workshop/Seminar 3.0 Workshop/Seminar 2.0 Workshop/Seminar 2.0 Workshop/Seminar 3.0 Workshop/Seminar 3.0 Workshop/Seminar 3.0 Workshop/Seminar 2.0 Workshop/Seminar 2.0 Workshop/Seminar 12.0 Workshop/Seminar 12.0 Workshop/Seminar 2.0 Workshop/Seminar 12.0 Workshop/Seminar 12.0 Workshop/Seminar 12.0 Workshop/Seminar 12.0 Workshop/Seminar 12.0 Workshop/Seminar 12.0	12/31/20 kangoojumps.com 12/31/20 kangoojumps.com 12/31/20 www.keiser.com 12/31/20 www.keitlebell.tibellos.com/ 12/31/20 www.kettlebellkickboxing.com 12/31/20 www.kettlebellkickboxing.com 12/31/20 www.kettlebellkickboxing.com
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LA Fibraco (AFAA)	Defermed Dileter for Fitness	Manhat 10	12/21/20
LA Fitness (AFAA)	Reformer Pilates for Fitness	Workshop/Seminar 12.0	12/31/20
LA Fitness (AFAA)	Step Tech 1	Workshop/Seminar 3.0	12/31/20
LA Fitness (AFAA)  LA Fitness (AFAA)	Step Tech 2	Workshop/Seminar 3.0 Workshop/Seminar 2.0	12/31/20
	Step Tech Choreography		12/31/20
LA Fitness (AFAA)	Yoga Basics	Workshop/Seminar 8.0	12/31/20
LA Fitness (AFAA)	Yogabeat™	Workshop/Seminar 6.0	12/31/20
LaBlast Fitness (AFAA)	LaBlast Dynamics	Workshop/Seminar 2.0	12/31/20 www.lablastfitness.com
LaBlast Fitness (AFAA)	LaBlast Fitness	Workshop/Seminar 8.0	12/31/20 www.lablastfitness.com
LaBlast Fitness (AFAA)	LaBlast Line Dancing	Workshop/Seminar 6.0	12/31/20 www.lablastfitness.com
LaBlast Fitness (AFAA)	LaBlast Movement Philosophy and Actions	Workshop/Seminar 2.0	12/31/20 www.lablastfitness.com
LaBlast Fitness (AFAA)	LaBlast Splash	Workshop/Seminar 8.0	12/31/20 www.lablastfitness.com
LaBlast Fitness (AFAA)	The Dimensions in their positive effects on Posture, Balance, and Presence	Workshop/Seminar 2.0	12/31/20 www.lablastfitness.com
Lawrence Biscontini (AFAA)	Cardio	Workshop/Seminar 8.0	12/31/20 www.findlawrence.com
Lawrence Biscontini (AFAA)	Flexibility	Workshop/Seminar 8.0	12/31/20 www.findlawrence.com
Lawrence Biscontini (AFAA)	GFit Teaching Innovations	Workshop/Seminar 8.0	12/31/20 www.findlawrence.com
Lawrence Biscontini (AFAA)	Strength	Workshop/Seminar 8.0	12/31/20 www.findlawrence.com
Lebert Fitness (AFAA)	The Ultimate Guide to EQualizer Training	Home Study 4.0	12/31/20 www.lebertfitness.com
Les Mills (AFAA)	Advanced Training - Live	Workshop/Seminar 15.0	12/31/20 www.lesmills.com/us
Les Mills (AFAA)	BODYATTACK Initial Module	Workshop/Seminar 15.0	12/31/20 www.lesmills.com
Les Mills (AFAA)	BODYCOMBAT Initial Module	Workshop/Seminar 15.0	12/31/20 www.lesmills.com
Les Mills (AFAA)	BODYFLOW Initial Module	Workshop/Seminar 15.0	12/31/20 www.lesmills.com
Les Mills (AFAA)	BODYJAM Initial Module	Workshop/Seminar 15.0	12/31/20 www.lesmills.com
Les Mills (AFAA)	BODYPUMP Initial Module	Workshop/Seminar 15.0	12/31/20 www.lesmills.com
Les Mills (AFAA)	BODYSTEP Initial Module	Workshop/Seminar 15.0	12/31/20 www.lesmills.com
Les Mills (AFAA)	BORN TO MOVE Initial Module All Age Groups	Workshop/Seminar 15.0	12/31/20 www.lesmills.com
Les Mills (AFAA)	Community Leadership	Workshop/Seminar 2.0	12/31/20 www.lesmills.com/us
Les Mills (AFAA)	CXWORX Initial Module	Workshop/Seminar 2.0 Workshop/Seminar 15.0	12/31/20 www.lesmills.com
Les Mills (AFAA)	Driving Attendance: The Power of Mastery	Workshop/Seminar 15.0  Workshop/Seminar 3.0	12/31/20 http://www.lesmills.com/us
Les Mills (AFAA)	FIT for Leadership	Workshop/Seminar 2.0 Workshop/Seminar 13.0	12/31/20 www.lesmills.com/us
Les Mills (AFAA)	Group Fitness Management: 2 Day Leadership Workshop		12/31/20 www.lesmills.com/us
Les Mills (AFAA)	Instructor Workshop: Power of Launch	Workshop/Seminar 5.0	12/31/20 http://www.lesmills.com/us
Les Mills (AFAA)	LES MILLS BARRE Initial Training Module	Workshop/Seminar 15.0	12/31/20 www.lesmills.com/us
Les Mills (AFAA)	Les Mills Global Summit	Workshop/Seminar 1.0	12/31/20 www.lesmills.com/us
Les Mills (AFAA)	LES MILLS GRIT Initial Module	Workshop/Seminar 15.0	12/31/20 www.lesmills.com
Les Mills (AFAA)	LES MILLS SPRINT Initial Module	Workshop/Seminar 14.0	12/31/20 www.lesmills.com
Les Mills (AFAA)	LES MILLS TONE Initial Module	Workshop/Seminar 15.0	12/31/20 http://www.lesmills.com/us
Les Mills (AFAA)	Maximizing The Group Effect	Workshop/Seminar 3.0	12/31/20 www.lesmills.com/us
Les Mills (AFAA)	Online Advanced Training	Home Study 15.0	12/31/20 www.lesmills.com/us
Les Mills (AFAA)	Online Instructor Workshop - Teaching from your Strengths	Home Study 1.0	12/31/20 www.lesmills.com/us
Les Mills (AFAA)	Q4 2019 Instructor Workshop: Injury Prevention	Workshop/Seminar 2.0	12/31/20 www.lesmills.com/us
Les Mills (AFAA)	RPM Initial Module	Workshop/Seminar 15.0	12/31/20 www.lesmills.com
Les Mills (AFAA)	Science of Motivation	Workshop/Seminar 5.0	12/31/20 www.lesmills.com/us
Les Mills (AFAA)	SH'BAM Initial Module	Workshop/Seminar 15.0	12/31/20 www.lesmills.com
Les Mills (AFAA)	The TRIP Initial Module	Workshop/Seminar 15.0	12/31/20 www.lesmills.com/us
Les Mills (AFAA)	Workshop: Creating Ripples	Workshop/Seminar 3.0	12/31/20 www.lesmills.com/us
Living.Fit (AFAA)	Kettlebell Advanced Virtual Course	Home Study 15.0	12/31/20 www.living.fit
Living.Fit (AFAA)	Kettlebell Fundamentals Virtual Course	Home Study 6.0	12/31/20 www.living.fit
LM Fitness Education (AFAA)	Rock Bottoms! Banded Booty Strength	Workshop/Seminar 2.0	12/31/20 https://www.lindamcdonaldfitness.com
Long Island Fitness Network Group (LIFNG) (AFAA)	LIFNG Fitness Summit 2020	Conference 8.0	12/31/20 https://lifngfitsummit.com/
Louis Kong (AFAA)	Increase Profitability for Personal Trainers through Professionalism and Leadership	Workshop/Seminar 8.0	12/31/21 12/31/21
Louis Kong (AFAA)	Personal Training Essentials	Workshop/Seminar 8.0	12/31/21
M.O.V.E. Conventions, LLC (AFAA)	M.O.V.E. Education Conference	Conference 15.0	12/31/20 www.movestayfit.com
			12/31/20 www.macromissionary.com
MacroMissionary (AFAA)	MacroMissionary Nutrition Certificate of Completion	Workshop/Seminar 15.0	
Mad Dogg Athletics (AFAA)	3 Part Cues	Workshop/Seminar 2.0	12/31/20
Mad Dogg Athletics (AFAA)	Becoming a Rockstar Instructor	Workshop/Seminar 8.0	12/31/20 www.spinning.com
Mad Dogg Athletics (AFAA)	Cadence, Heart Rate & Class Design	Workshop/Seminar 4.0	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	Creating a Journey Ride	Workshop/Seminar 4.0	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	Creative Climbs	Workshop/Seminar 2.0	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	Creative Coaching	Workshop/Seminar 4.0	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	Heart Rate Training	Workshop/Seminar 4.0	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	High Intensity Training	Workshop/Seminar 4.0	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	Interval Energy Zone™	Workshop/Seminar 2.0	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	Language & Visualization	Workshop/Seminar 4.0	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	Let's Jump!	Workshop/Seminar 2.0	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	Loops and Ladders	Workshop/Seminar 2.0	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	Mental Training: Approach and Skills	Workshop/Seminar 4.0	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	Movement, Music, Motivation	Workshop/Seminar 2.0	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	Peak Pilates-Basic Mat	Workshop/Seminar 12.0	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	Peak Pilates-Fundamentals	Workshop/Seminar 4.0	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	Peak Pilates-Intermediate Mat	Workshop/Seminar 14.0	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	Peak Pilates-Jump Intervals	Workshop/Seminar 3.0	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	Peak Pilates-Lengthen & Strengthen with Elastic Bands	Workshop/Seminar 1.0	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)  Mad Dogg Athletics (AFAA)	Peak Pllates-Lengthen & Strengthen with Elastic Bands  Peak Pllates-Power Circle	Workshop/Seminar 1.0	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)  Mad Dogg Athletics (AFAA)	Peak Pilates-Prower Circle  Peak Pilates-Props Shop		12/31/20 www.maddogg.com
	Реак Pilates-Props Snop Profile Designs & Heart Rate Games	Workshop/Seminar 5.0	
Mad Dogg Athletics (AFAA)	•	Workshop/Seminar 4.0	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	Race Day Energy Zone™	Workshop/Seminar 2.0	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	Resistance Loading and Cadence Building	Workshop/Seminar 2.0	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	Rockstar Spinning® Instructor Online	Home Study 7.0	12/31/20 https://spinning.com/instructors/instructor-certifications/spin-power-training/
Mad Dogg Athletics (AFAA)	Spinning Instructor Online	Home Study 8.0	12/31/20 www.spinning.com
Mad Dogg Athletics (AFAA)	Spinning Instructor Training	Workshop/Seminar 8.0	12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	Spinning Instructor Training	Workshop/Seminar 8.0	12/31/20 www.maddogg.com

Mad Dogg Athletics (AFAA)	SPINPower® Instructor Online	Home Study 8.0 12/31/20 https://spinning.com/instructors/instructor-certifications/spin-power-training/
Mad Dogg Athletics (AFAA)	SPINPower® Instructor Training	Workshop/Seminar 8.0 12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)  Mad Dogg Athletics (AFAA)	SPINPower® Personal Spinning® Threshold SPINPower® STONGER	Workshop/Seminar         4.0         12/31/20 www.maddogg.com           Workshop/Seminar         4.0         12/31/20 www.spinning.com
Mad Dogg Athletics (AFAA)	Spintensity <sup>™</sup> : Periodization	Workshop/Seminar 4.0 12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	Strength Energy Zone™	Workshop/Seminar 2.0 12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	Strength, Hills & Power	Workshop/Seminar 2.0 12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	The 5-Step Sprint	Workshop/Seminar 2.0 12/31/20 www.maddogg.com
Mad Dogg Athletics (AFAA)	The Art of Recovery	Workshop/Seminar 2.0 12/31/20 www.maddogg.com
Magee Fitness & Education Services (AFAA)	Basics of Pilates	Workshop/Seminar 2.0 12/31/20 http://www.LindaMageeFitness.com
Make A Difference Academy (AFAA)	3 Secrets to Thriving as a Wildly Successful Fitness Leader	Home Study 2.0 12/31/21 https://www.inspiredwithkimberly.com
Make A Difference Academy (AFAA)	3 Steps to Packing Your Classes and Making A True Positive Impact	Home Study 2.0 12/31/21 www.makeadifferenceacademy.com
Make A Difference Academy (AFAA)	Next Level Instructor Coaching Program	Workshop/Seminar 8.0 12/31/21 https://www.inspiredwithkimberly.com
Make A Difference Academy (AFAA)	Teacher's Toolbox: Creating Extraordinary Experiences With Ease	Home Study 8.0 12/31/21 www.makeadifferenceacademy.com
Make A Difference Academy (AFAA)	The Re-Imagine Leadership Intensive	Workshop/Seminar 8.0 12/31/20 https://www.inspiredwithkimberly.com
Make A Difference Academy (AFAA)	Wellness Leadership Intensive	Workshop/Seminar 8.0 12/31/21 www.inspiredwithkimberly.com
Marcel-Fit Education & Training (AFAA)	Coaching with C.A.R.E	Workshop/Seminar 15.0 12/31/20 http://www.metmethod.com
Marcel-Fit Education & Training (AFAA)	MET Level 1 – Movement Efficiency	Workshop/Seminar 8.0 12/31/20 http://www.metmethod.com
Marcel-Fit Education & Training (AFAA)	MET Level 2 – Fitness Leadership	Workshop/Seminar 15.0 12/31/20 http://www.metmethod.com
Maria Mind Body Health LLC (AFAA)	Keto Coaching Certificate	Home Study 15.0 12/31/21
Marty Miller (AFAA)	Virtual Mentorship	Workshop/Seminar 4.0 12/31/20
MASHUP® (AFAA)	MASHUP®	Workshop/Seminar 11.0 12/31/20 http://www.mashupconditioning.com
Matrix Fitness (AFAA)	Matrix Ride: Programming Rides on Training Cycles for classic and performance based workouts with CX	Workshop/Seminar 7.0 12/31/20 matrixlearningcentre.com
Matrix Fitness (AFAA)	Matrix Ride: Programming Rides on Training Cycles with CXM Bikes	Workshop/Seminar 5.0 12/31/20 http://www.matrixfitness.com/en/
Matrix Fitness (AFAA)	MX4 Active: Evidence-based Training Course for an Aging and Deconditioned Population	Home Study 3.0 12/31/20 http://www.matrixfitness.com/en/group-training/mx4
Matrix Fitness (AFAA)	MX4 Active: Functional Frame Small Group Training Course	Workshop/Seminar 3.0 12/31/20 https://www.matrixfitness.com/en/education/mx4-active
Matrix Fitness (AFAA)	MX4: Functional Frame Small Group Training Course	Workshop/Seminar 5.0 12/31/20 www.matrixfitness.com
Matrix Fitness (AFAA)	Sprint 8	Workshop/Seminar 3.0 12/31/20 www.matrixfitness.com
McCormick Nutrition & Fitness (AFAA)	Essentials of Nutrition and Weight Management	Home Study 15.0 12/31/20 www.marianmccormick.com
Medical Exercise Academy (AFAA)	Clinical Exercise Specialist	Home Study 15.0 12/31/20 http://mdxacademy.wiziqxt.com/
Medical Fitness Education Foundation (AFAA)	Joints of the Human Body: An Exploration of Six Joints and their Wholistic Relationship to the Body	Home Study 15.0 12/31/20 www.medfitclassroom.org
Medical Fitness Education Foundation (AFAA)	MedFit Global Education and Career Virtual Conference	Conference 15.0 12/31/20 https://www.medfitclassroom.org/virtualconference/
Medical Fitness Education Foundation (AFAA)	Medical Fitness Tour (Irvine)	Conference 15.0 12/31/20 medicalfitnesstour.org/socal
Melissa Weigelt (AFAA)	Circuit Blast	Workshop/Seminar 2.0 12/31/20
Melissa Weigelt (AFAA)	Crunchless Core and More	Workshop/Seminar 2.0 12/31/20 www.flowfitnesstraining.com
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Melissa Weigelt (AFAA)	High Intensity Body Weight Training	Workshop/Seminar 2.0 12/31/20
Melissa Weigelt (AFAA)	Strength by Numbers	Workshop/Seminar 2.0 12/31/20 www.flowfitnesstraining.com
Melissa Weigelt (AFAA)	Strong Starts and Amazing Endings	Workshop/Seminar 2.0 12/31/20 www.flowfitnesstraining.com
Meso Fit Studio (AFAA)	The RAMP Method Level 1	Home Study 10.0 12/31/21 www.mesofitboca.com
Michele C. Blake (AFAA)	Fundamentals of Fitness	Workshop/Seminar 4.0 12/31/20 www.mbmHealthFitness.com
Michele C. Blake (AFAA)	Learn to become a Group Fitness Professional	Workshop/Seminar 8.0 12/31/20 www.mbmHealthFitness
Mike Dolce MMA INC. (AFAA)	Dolce Diet Certified: Nutrition Counselor (Level-1)	Workshop/Seminar 14.0 12/31/20 www.TheDolceDiet.com
MixxedFit (AFAA)	MixxedFit Instructor Training	Workshop/Seminar 7.0 12/31/20
MixxedFit (AFAA)	The Leadership Exxperience	Home Study 3.0 12/31/20 WWW.ILOVEMIXXEDFIT.COM
Mohey Core Method (AFAA)	Mohey Core Method	Workshop/Seminar 12.0 12/31/21
Molon Labe Fitness Education (AFAA)	Advanced Fundamentals	Workshop/Seminar 15.0 12/31/20 www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	Advanced Price Presentations	Workshop/Seminar 2.0 12/31/20 www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	Basic Sales	Workshop/Seminar 2.0 12/31/20 www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	Building Long Term Commitment	Workshop/Seminar 2.0 12/31/20 www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)		
	Building Your Business	
Molon Labe Fitness Education (AFAA)	Business Management: Clients	Workshop/Seminar 2.0 12/31/20 www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	Business Management: Self	Workshop/Seminar 2.0 12/31/20 www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	Certified Power Lifting Coach	Workshop/Seminar 12.0 12/31/20 www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	Client Engagement	Workshop/Seminar 2.0 12/31/20 www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	Client Retention	Workshop/Seminar 1.0 12/31/20 www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	Creating Compliance	Workshop/Seminar 2.0 12/31/20 www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	Handling Concerns	Workshop/Seminar 2.0 12/31/20 www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	Personal Training Fundamentals	Workshop/Seminar 10.0 12/31/20 www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	PNF Stretch	Workshop/Seminar 3.0 12/31/20 www.mlfitnesseducation.com
Mom in Balance (AFAA)	Mom in Balance trainer   Pre/Postnatal and female fitness specialist	Home Study 15.0 12/31/21 https://mominbalance.nl
Moms Into Fitness, Inc. (AFAA)	Prenatal & Postnatal Fitness Specialist	Home Study 15.0 12/31/20 www.momsintofitness.com
MOSSA (AFAA)	3D30/MOVE30 Initial Training	Workshop/Seminar 15.0 12/31/20
MOSSA (AFAA)	Group Active Initial Training	Workshop/Seminar 14.0 12/31/20 www.mossa.net
MOSSA (AFAA)	Group Active Online Training  Group Active Online Training	Home Study 8.0 12/31/20 www.mossa.net
MOSSA (AFAA)	Group Blast Initial Training	
MOSSA (AFAA)	Group Blast Online Training	
MOSSA (AFAA)	Group Centergy Initial Training	Workshop/Seminar 15.0 12/31/20 www.mossa.net
MOSSA (AFAA)	Group Centergy Online Training	Home Study 6.0 12/31/20 www.mossa.net
MOSSA (AFAA)	Group Core Initial Training	Workshop/Seminar 8.0 12/31/20 www.mossa.net
MOSSA (AFAA)	Group Core Online Training	Home Study 6.0 12/31/20 www.mossa.net
MOSSA (AFAA)	Group Fight Initial Training	Workshop/Seminar 15.0 12/31/20 www.mossa.net
		Home Study 8.0 12/31/20 www.mossa.net
	Group Fight Online Training	
MOSSA (AFAA)		Workshop/Seminar 15.0 12/31/20 www.mossa.net
MOSSA (AFAA) MOSSA (AFAA)	Group Fight Online Training Group Groove Initial Training	Workshop/Seminar 15.0 12/31/20 www.mossa.net
MOSSA (AFAA) MOSSA (AFAA) MOSSA (AFAA)	Group Fight Online Training Group Groove Initial Training Group Groove Online Training	Workshop/Seminar         15.0         12/31/20 www.mossa.net           Home Study         8.0         12/31/20 www.mossa.net
MOSSA (AFAA) MOSSA (AFAA) MOSSA (AFAA) MOSSA (AFAA)	Group Fight Online Training Group Groove Initial Training Group Groove Online Training Group Power Initial Training	Workshop/Seminar         15.0         12/31/20 www.mossa.net           Home Study         8.0         12/31/20 www.mossa.net           Workshop/Seminar         15.0         12/31/20 www.mossa.net
MOSSA (AFAA) MOSSA (AFAA) MOSSA (AFAA) MOSSA (AFAA) MOSSA (AFAA) MOSSA (AFAA)	Group Fight Online Training Group Groove Initial Training Group Groove Online Training Group Power Initial Training Group Power Online Training	Workshop/Seminar         15.0         12/31/20 www.mossa.net           Home Study         8.0         12/31/20 www.mossa.net           Workshop/Seminar         15.0         12/31/20 www.mossa.net           Home Study         11.0         12/31/20
MOSSA (AFAA)  MOSSA (AFAA)  MOSSA (AFAA)  MOSSA (AFAA)  MOSSA (AFAA)  MOSSA (AFAA)	Group Fight Online Training Group Groove Initial Training Group Groove Online Training Group Power Initial Training Group Power Online Training Group Power Online Training Group Ride/R30 Initial Training	Workshop/Seminar         15.0         12/31/20 www.mossa.net           Home Study         8.0         12/31/20 www.mossa.net           Workshop/Seminar         15.0         12/31/20 www.mossa.net           Home Study         11.0         12/31/20           Home Study         14.0         12/31/20 www.mossa.net
MOSSA (AFAA)  MOSSA (AFAA)	Group Fight Online Training Group Groove Initial Training Group Grove Online Training Group Power Initial Training Group Power Initial Training Group Power Online Training Group Ride/R30 Initial Training Group Ride/R30 Online Training	Workshop/Seminar         15.0         12/31/20 www.mossa.net           Home Study         8.0         12/31/20 www.mossa.net           Workshop/Seminar         15.0         12/31/20 www.mossa.net           Home Study         11.0         12/31/20           Home Study         14.0         12/31/20 www.mossa.net           Workshop/Seminar         14.0         12/31/20 www.mossa.net
MOSSA (AFAA)  MOSSA (AFAA)  MOSSA (AFAA)  MOSSA (AFAA)  MOSSA (AFAA)  MOSSA (AFAA)	Group Fight Online Training Group Groove Initial Training Group Groove Online Training Group Power Initial Training Group Power Online Training Group Power Online Training Group Ride/R30 Initial Training	Workshop/Seminar         15.0         12/31/20 www.mossa.net           Home Study         8.0         12/31/20 www.mossa.net           Workshop/Seminar         15.0         12/31/20 www.mossa.net           Home Study         11.0         12/31/20           Home Study         14.0         12/31/20 www.mossa.net

MOSSA (AFAA)	Motor Learning/ Rotation Is Life	Home Study	1.0	12/31/20
MOSSA (AFAA)	POWER4HEALTH & What's New 4Q	Home Study	3.0	12/31/20 www.mossa.net
MOSSA (AFAA)	What is Fascia?! & Tensegrity 101	Workshop/Seminar	2.0	12/31/20 www.mossa.net
MOSSA (AFAA)	XTRA WOW Intensive	Workshop/Seminar	5.0	12/31/20 www.mossa.net
Mountainside Fitness (AFAA)	Sport, Studio & DJ Cycle In-House Training	Workshop/Seminar		12/31/20 Mountainsidefitness.com
Mountainside Fitness (AFAA)	Studio Cycle, Cherography Training	Workshop/Seminar		12/31/20 mountainsidefitness.com
Mountainside Fitness (AFAA)	The Mountainside Way Equipment Fundamentals Training	Workshop/Seminar		12/31/20 mountainsidefitness.com
Mountainside Fitness (AFAA)	The Mountainside Way Group Fitness Training Workshop	Workshop/Seminar	8.0	12/31/20 www.mountainsidefitness.com
Mountainside Fitness (AFAA)	The Mountainside Way Power Kick Training	Home Study	6.0	12/31/20 mountainsidefitness.com
Movement Flow (AFAA)	Level 1 Movement Flow Training	Workshop/Seminar	15.0	12/31/20 www.movementflow.ca
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Muay Thai School USA (AFAA)	Muay Thai Personal Trainer	Home Study		12/31/21 https://www.muaythaischoolusa.com
Myzone (AFAA)	Myzone University	Home Study	4.0	12/31/20 myzone.org
Myzone (AFAA)	Myzone University: Best Practices for Implementation	Workshop/Seminar	3.0	12/31/20 https://myzone.org/
Myzone (AFAA)	Myzone University: Exploring the Technology	Workshop/Seminar	3.0	12/31/20 https://myzone.org/
Myzone (AFAA)	MyZone University: Heart Rate Monitor Workshop	Workshop/Seminar	6.0	12/31/20
Myzone (AFAA)	The Ultimate Heart Rate Training Course	Workshop/Seminar		12/31/20 https://myzone.org/
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NASM (AFAA)	All NASM courses are approved with AFAA	Home Study		12/31/20
National Exercise Trainers Association (NETA) (AFAA)	Advanced Kettlebell Specialty	Workshop/Seminar	7.0	12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Barre Connect Specialty	Workshop/Seminar	8.0	12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Becoming a Yoga Professional	Workshop/Seminar		12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Cycle 360: Cardio, Strength, and Core	Workshop/Seminar		12/31/20 http://www.netafit.org/index.htm
National Exercise Trainers Association (NETA) (AFAA)	Fitness Yoga Specialty	Workshop/Seminar		12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	HIIT THE STEP	Workshop/Seminar	5.0	12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Indoor Group Cycling Specialty	Workshop/Seminar		12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Intermediate Yoga Specialty	Workshop/Seminar		12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Kettlebell Specialty	Workshop/Seminar	6.0	12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Kick It! 5-hour	Workshop/Seminar	5.0	12/31/20 Kick It!
National Exercise Trainers Association (NETA) (AFAA)	Kids Yoga Specialty	Workshop/Seminar	10.0	12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	NETA Fit Fest 2020	Conference	15.0	12/31/20 http://www.netafit.org
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National Exercise Trainers Association (NETA) (AFAA)	Pilates Mat Specialty	Workshop/Seminar		12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Pilates Reformer	Workshop/Seminar		12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Prenatal Yoga Specialty	Workshop/Seminar	10.0	12/31/20
National Exercise Trainers Association (NETA) (AFAA)	Restorative Yoga Specialty	Workshop/Seminar	10.0	12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Ride and Renew	Workshop/Seminar		12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Senior Fitness Specialty	Workshop/Seminar		12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Senior POWER (5hr)	Workshop/Seminar	5.0	12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Senior Yoga Specialty	Workshop/Seminar	15.0	12/31/20
National Exercise Trainers Association (NETA) (AFAA)	Trauma Sensitive Yoga Practices	Workshop/Seminar		12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Wellness Coach Specialty	Workshop/Seminar		12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Yoga for Special Populations Specialty	Workshop/Seminar	10.0	12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Yoga Foundations Specialty	Workshop/Seminar	15.0	12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Yoga Strong Specialty	Workshop/Seminar	15.0	12/31/20 www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Youth Fitness Specialty	Workshop/Seminar		12/31/20 www.netafit.org
National Personal Training Institute (NPTI) (AFAA)	Running Basics	Home Study	10.0	12/31/20 www.nationalpti.org
Net Profit Explosion (NPE) (AFAA)	NPE Fast-Track	Home Study	15.0	12/31/21 npefitness.com/us
Net Profit Explosion (NPE) (AFAA)	NPE KICK-START™	Home Study	5.0	12/31/20 www.npefitness.com
New Hope Network (AFAA)	A Deep Dive Into the Plant-Based Burger Landscape. Are They Truly Better Alternatives?	Workshop/Seminar		12/31/20
New Hope Network (AFAA)	Is the Grass Really Greener? Understanding the Benefits of Grass-fed Products	Home Study	1.0	12/31/20 newhope.com/learn
New Hope Network (AFAA)	Sugar Reduction Strategies in the Modern World	Home Study	1.0	12/31/20 www.newhope.com/learn
New Hope Network (AFAA)	The Chill Pill: Meeting Consumer Demand at the Intersection of Health & Convenience	Workshop/Seminar	1.0	12/31/20 newhope.com/learn
Niche Pilates Studio (AFAA)	Sculpt and Core Pilates	Workshop/Seminar		12/31/20 www.nichefitstudio.com
NONSOLOFITNESS SNC (AFAA)	Elite Aerobic Instructor	Home Study	10.0	12/31/20 www.nonsolofitness.it
NONSOLOFITNESS SNC (AFAA)	Elite H2O Trainer	Home Study	10.0	12/31/20 www.nonsolofitness.it
Nordic Body Academy (AFAA)	Nordic Body Instructor Certificate of Completion	Home Study	15.0	12/31/20 https://nordic-body-academy.teachable.com/p/nordic-body-certificate-program
Nutritional Coaching Institute (AFAA)	NCI Level 1 Hormone Specialist	Workshop/Seminar	8.0	12/31/20 http://ncicertifications.com
Nutritional Coaching Institute (AFAA)	NCI Level 1 Nutrition Coaching	Workshop/Seminar		12/31/20 http://ncicertifications.com
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O'Gorgeous, Inc. (AFAA)	PIIT28 Instructor Training Workshop	Workshop/Seminar		12/31/20 www.poppilateslife.com
O'Gorgeous, Inc. (AFAA)	POP Pilates Workshop	Workshop/Seminar		12/31/20 http://www.poppilateslife.com
Oh Baby! Fitness® (AFAA)	OH BABY! FITNESS PRENATAL & POSTPARTUM INSTRUCTOR TRAINING	Home Study	8.0	12/31/20 https://www.ohbabyfitness.com/pre-postnatal-fitness-training
On Target Training PDX (AFAA)	Boxing Mitt Holding Level One Course	Workshop/Seminar		12/31/20
	Boxing Mitt Holding Level One Course (Online)			
On Target Training PDX (AFAA)		Home Study	1.0	12/31/20 https://on-target-training-pdx-boxing-mitt-work.teachable.com/p/on-target-training-level-one-boxing-
OnFit Training College (AFAA)	Instructing Exercise to Children and Adolescents	Home Study	10.0	12/31/21 https://study.onfit.edu.au/courses/instructing-exercise-to-children-and-adolescents
Online Trainers Federation (AFAA)	Online Fitness Coach Certification	Home Study	10.0	12/31/20 https://onlinetrainersfederation.com/
OPEX Fitness (AFAA)	Coaching Certificate Program	Home Study	13.0	12/31/20 membership.opexfit.com/courses/coaching-certificate-program-v3/modules
OPEX Fitness (AFAA)	Mixed Modal	Home Study	15.0	12/31/20 https://opexfit.com/mixed-modal/
OPEX Fitness (AFAA)	OPEX Coaching Program	Home Study	15.0	12/31/20
OPEX Fitness (AFAA)	Programming: Airbike	Home Study	3.0	12/31/20 https://opexfit.com/mixed-modal/
OPEX Fitness (AFAA)	Programming: Principles	Workshop/Seminar	4.0	12/31/20 https://membership.opexfit.com
OPEX Fitness (AFAA)	PROGRAMMING: STRENGTH	Home Study	5.0	12/31/20 https://opexfit.com/programming-strength/
	Fit To Deliver			
Orange Theory (OT) Fitness (AFAA)		Workshop/Seminar		12/31/20 www.orangetheoryfitness.com
Orange Theory (OT) Fitness (AFAA)	Fitness Pitfalls	Workshop/Seminar	4.0	12/31/20 www.orangetheoryfitness.com
Orange Theory (OT) Fitness (AFAA)	OTFit Certification	Workshop/Seminar	15.0	12/31/20 www.orangetheoryfitness.com
Orange Theory (OT) Fitness (AFAA)	Running Technique	Workshop/Seminar		12/31/20 www.orangetheoryfitness.com
Original Strength Systems (AFAA)	OS Performance	Workshop/Seminar		12/31/20 www.OriginalStrength.net
Original Strength Systems (AFAA)	OS Pressing RESET	Workshop/Seminar		12/31/20 originalstrength.net
Original Strength Systems (AFAA)	OS Pro RESET	Workshop/Seminar	15.0	12/31/20 www.OriginalStrength.net
Own Your Eating (AFAA)	Own Your Eating Nutrition Certification	Home Study	8.0	12/31/20 www.ownyoureating.com
		Workshop/Seminar		12/31/20 www.pharmtotablecourse.com
		workshop/sellillal	13.0	12/31/20 *****.pnd:cabiecourse.com
P.H.A.R.M. TO TABLE (AFAA)  Paddle into Fitness (AFAA)	P.H.A.R.M TO TABLE Plant-Based Nutrition Course  Float into Fitness Pool Yoga & Fitness Teacher Training	Workshop/Seminar	13.0	12/31/20 www.paddleintofitness.com
P.H.A.K.W. TO TABLE (AFAA)	P.H.A.K.M TO TABLE Plant-Based Nutrition Course			

Parkinson Wellness Recovery (AFAA)	PWR! Moves Instructor Training and Certification Workshop	Workshop/Seminar	15.0	12/31/20 https://www.pwr4life.org/pwr-workshops/pwr-instructor/upcoming-pwr-instructor-workshops/
Parkour Generations Americas / Parkour Generations Ltd. (AFAA)	ADAPT Level 1	Workshop/Seminar		12/31/20 mttps://www.puraline.org/pwi-workshops/pwi-instructor/upcoming-pwi-instructor-workshops/
Parkour Generations Americas / Parkour Generations Ltd. (AFAA)	ADAPT Level 2	Workshop/Seminar		12/31/20 www.parkourgenerations.com
Parkour Generations Americas / Parkour Generations Ltd. (AFAA)	Parkour Fitness Specialist (PFS) Level 1	Workshop/Seminar		12/31/20 www.parkourgenerations.com
				12/31/20 www.parkourgenerations.com
Parkour Generations Americas / Parkour Generations Ltd. (AFAA)	Parkour Fitness Specialist (PFS) Level 2	Workshop/Seminar	15.0	
Peak Optimization Performance (AFAA)	Neurotyping Principles	Home Study		12/31/20 www.neurotypetraining.com
Pelacore (AFAA)	Pelacore Instructor Program	Home Study	3.0	12/31/20 https://www.pelacore.com
Pelacore (AFAA)	Pelacore Training Course	Workshop/Seminar		12/31/21 www.pelacore.com
Performance Art Athletics, LLC (AFAA)	Vertical Foundation Part 1	Home Study	10.0	12/31/20 www.performanceartathletics.com
Performance Cycling (AFAA)	Performance Cycling Essentials Plus (Level 1)	Home Study	9.0	12/31/20 www.performance-cycling.net
Personal Fitness Professional (PFP) (AFAA)	PFP Prosper 2020	Conference	11.0	12/31/20 https://www.pfpprosper.com
Personal Trainer Development Center (AFAA)	Online Trainer Academy	Home Study	15.0	12/31/21 http://onlinetraineracademy.theptdc.com
Peyow Aqua Pilates (AFAA)	Peyow Aqua Pilates Funktional Barre 1	Workshop/Seminar	3.0	12/31/20 www.aquapilates.net
Peyow Aqua Pilates (AFAA)	Peyow Aqua Pilates Level 1 Basic-Intermediate	Workshop/Seminar		12/31/20 www.aquapilates.net
Pilates Thread, Inc (AFAA)	Pilates Thread Mat Level 1	Workshop/Seminar		12/31/20 www.pilatesthread.com
Pilates Thread, Inc (AFAA)	Pilates Thread Mat Level 2	Workshop/Seminar		12/31/20 www.pilatesthread.com
PILOXING Academy, LLC (AFAA)	PILOXING® Barre Instructor Training	Workshop/Seminar		12/31/20 www.piloxing.com
				12/31/20 www.piloxing.com
PILOXING Academy, LLC (AFAA)	PILOXING® Knockout Instructor Training	Workshop/Seminar		
PILOXING Academy, LLC (AFAA)	PILOXING® SSP	Workshop/Seminar		12/31/20 piloxing.com
PILOXING Academy, LLC (AFAA)	THE MIX by PILOXING®	Workshop/Seminar		12/31/20 www.piloxing.com
Pink Gloves Boxing (AFAA)	Pink Gloves Boxing - Amateur Training Camp	Workshop/Seminar	12.0	12/31/20 www.pinkglovesboxing.com
Pink Gloves Boxing (AFAA)	Pink Gloves Boxing - Master Training Camp	Workshop/Seminar	13.0	12/31/20 ww.pinkglovesboxing.com
Pink Gloves Boxing (AFAA)	Pink Gloves Boxing - Pro Training Camp	Workshop/Seminar	13.0	12/31/20 www.pinkglovesboxing.com
Pivotal (AFAA)	Pivotal Group Coaching Certification Live Workshop	Workshop/Seminar		12/31/20 www.pivotal-coaching.com
Pivotal (AFAA)	Pivotal Group Coaching Certification Online	Home Study	14.0	12/31/20 www.pivotal-coaching.com
PLYOGA Fitness (AFAA)	PLYOGA Fitness	Workshop/Seminar		12/31/20 www.PLYOGAFitness.com
PlyoJam (AFAA)	Plyometric Infused Dance: PlyoJam Instructor Training (Live Workshop)	Workshop/Seminar		12/31/20 www.plyojam.com
PlyoJam (AFAA)	Plyometric-Infused Dance: Intro to PlyoJam (online)	Home Study	5.0	12/31/20 www.plyojam.com
Pole Fitness Studio (AFAA)	Chair Dance Instructor Certification	Workshop/Seminar		12/31/20 polefitnessstudio.com
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Pole Fitness Studio (AFAA)	Pole Dance Instructor Certification	Workshop/Seminar		12/31/20 polefitnessstudio.com
PoleMoves (AFAA)	Level 1 Pole Instructor Course	Home Study	15.0	12/31/20 www.polemoves.com
PomSquad Fitness (AFAA)	POMSQUAD Fitness Captain Training	Workshop/Seminar		12/31/20 pomsquadfitness.com
POPUp (AFAA)	POPUp Pro	Home Study	15.0	12/31/20 https://pop-s-school.thinkific.com/courses/popuppro
POUND® Rockout. Workout. (AFAA)	Choreographing Cool Downs	Home Study	2.0	12/31/20 http://poundfit.com
POUND® Rockout. Workout. (AFAA)	Elevating your Visual and Verbal Cues in Kit Position	Home Study	3.0	12/31/20 http://poundfit.com
POUND® Rockout. Workout. (AFAA)	Elevating your Visual and Verbal Cues in Lunge Position	Home Study	3.0	12/31/20 http://poundfit.com
POUND® Rockout. Workout. (AFAA)	Elevating your Visual and Verbal Cues in Set Position	Home Study	3.0	12/31/20 http://poundfit.com
POUND® Rockout, Workout, (AFAA)	Elevating your Visual and Verbal Cues in T&A Position	Home Study	3.0	12/31/20 http://poundfit.com
POUND® Rockout. Workout. (AFAA)	Generation POUND	Workshop/Seminar		12/31/20 http://poundfit.com
POUND® Rockout. Workout. (AFAA)	Layering Instruction to Optimize Participant Success	Home Study	2.0	12/31/20 http://poundfit.com
POUND® Rockout. Workout. (AFAA)	LEVEL Up	Home Study	9.0	12/31/20 http://poundfit.com
POUND® Rockout. Workout. (AFAA)	Mastering the Movement Spectrum	Home Study	2.0	12/31/20 http://poundfit.com
POUND® Rockout. Workout. (AFAA)	Percussion & Musicality	Home Study	2.0	12/31/20 http://poundfit.com
POUND® Rockout. Workout. (AFAA)	POUND	Workshop/Seminar	8.0	12/31/20 http://poundfit.com
POUND® Rockout. Workout. (AFAA)	POUND + Generation POUND	Workshop/Seminar	12.0	12/31/21 poundfit.com
POUND® Rockout. Workout. (AFAA)	Teaching T&A Standing	Home Study	2.0	12/31/20 http://poundfit.com
Power Monkey Camp (AFAA)	Power Monkey Camp	Workshop/Seminar		12/31/21 powermonkeycamp.com
Power Monkey Fitness (AFAA)	The Ring Thing Certification	Workshop/Seminar		12/31/20 https://shop.powermonkeyfitness.com/pages/ring-thing-learn-more
Power Plate (AFAA)	Power Plate Small Group Training	Workshop/Seminar		12/31/20 http://www.powerholikeynthess.com/pages/ring-tiling-team-more
Power Systems, Inc. (AFAA)	Medicine Ball Velocity Performance Training	Home Study	2.0	12/31/20 http://www.power-systems.com
Praxis Performance & Wellness (AFAA)	Intro to Myofascial Global Stabilizing Slings & Application to Movement	Workshop/Seminar		12/31/20 com
Precision Nutrition (AFAA)	Dietary Strategies: How to Coach a Macros Based Diet	Home Study	10.0	12/31/21 www.precisionnutrition.com
Precision Nutrition (AFAA)	Dietary Strategies: How to Coach a Plant Based Diet	Home Study	8.0	12/31/21 www.precisionnutrition.com
Precision Nutrition (AFAA)	Dietary Strategies: How to Coach an Intermittent Fasting Diet	Home Study	8.0	12/31/21 www.precisionnutrition.com
Precision Nutrition (AFAA)	Nutrition Coaching for Athletes: How to Coach an Athlete	Home Study	15.0	12/31/21 www.precisionnutrition.com
Precision Nutrition (AFAA)	Precision Nutrition Level 1, Certificate in Exercise Nutrition	Home Study	15.0	12/31/21 www.precisionnutrition.com
Precision Nutrition (AFAA)	Precision Nutrition Level 2 Master Class	Home Study	15.0	12/31/21 www.precisionnutrition.com
Precor (AFAA)	4D PRO Bungee Fitness Trainer: Specialty Course for Queenax	Workshop/Seminar		12/31/20 http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses
Precor (AFAA)	Coaching Intensity: Building Intelligent Intervals with Assault Fitness Equipment	Workshop/Seminar		12/31/20 precor.com
Precor (AFAA)	Queenax Elite Obstacle Course Race Training Program	Workshop/Seminar		12/31/20 precor.com
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Precor (AFAA)	Queenax Functional Training Movement Design	Workshop/Seminar		12/31/20 http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses
Precor (AFAA)	Queenax Fundamentals	Workshop/Seminar		12/31/20 http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses
Precor (AFAA)	Queenax Small Group Program Design	Workshop/Seminar		12/31/20 http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses
Precor (AFAA)	Studio 7 Coaching Workshop - Day 2	Workshop/Seminar		12/31/20 precor.com
Precor (AFAA)	Studio 7 Coaching Workshop - Day 3	Workshop/Seminar		12/31/20 precor.com
Precor (AFAA)	Studio 7 Group Training Skills Workshop	Workshop/Seminar	10.0	12/31/20 precor.com
Precor (AFAA)	SUPERFUNCTIONAL™ MOVE	Workshop/Seminar	2.0	12/31/20 http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses
Precor (AFAA)	UFO Specialization Course	Workshop/Seminar		12/31/20 http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses
Precor (AFAA)	Ultimate Superfunctional: STACKS	Workshop/Seminar		12/31/20 http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses
Pretzel Kids (AFAA)	Pretzel Kids Yoga Teacher	Home Study	12.0	12/31/20 www.pretzelkids.com
Primal Health Coach Institute (AFAA)	Primal Health Coach Program	Workshop/Seminar		12/31/20 www.pretzerkids.com
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ProActive Health & Wellness (AFAA)	Virtual Recovery & Sleep Summit	Conference	15.0	12/31/20 https://Sleepcoachcourse.com/Virtualsummit
ProCcare (AFAA)	Water Immersion	Home Study	5.0	12/31/20 www.proccare.com
ProCcare (AFAA)	Whole-Body Cryo	Home Study	4.0	12/31/20 www.proccare.com
Procedos powered by Gray Institute (AFAA)	Certified Procedos P9 Trainer	Workshop/Seminar	7.0	12/31/20
Professional Fitness, Inc. (AFAA)	Fierce4 Nutritional Coach	Workshop/Seminar	7.0	12/31/20 www.aditalang.com
Froiessional Fittless, Inc. (AFAA)				12/31/20 www.aditalang.com
Professional Fitness, Inc. (AFAA)	Fierce4 Nutritional Coach Advancements	Workshop/Seminar	7.0	12/31/20 www.autalang.com
	Fierce4 Nutritional Coach Advancements  How to "Train" Women for Pregnancy	Workshop/Seminar Home Study	4.0	12/31/20 www.pronatalfitness.com
Professional Fitness, Inc. (AFAA)				

PROnatal Fitness (AFAA)	PROnatal Fitness Pre/Postnatal Performance Training Workshop (Level 1)	Workshop/Seminar	8.0	12/31/20 pronatalfitness.com
PROnatal Fitness (AFAA)	PROnatal Fitness/Pre/Postnatal Education for Group Fitness Instructors	Home Study	6.0	12/31/20 www.pronatalfitness.com
PTA Global (AFAA)	Exercise & Stress Management (ESM) Credential	Home Study	10.0	12/31/20 www.PTAGlobal.com
	FasTrack in Personal Training		8.0	12/31/20 www.ptaglobal.com
PTA Global (AFAA)	· · · · · · · · · · · · · · · · · · ·	Home Study		
PTA Global (AFAA)	FasTrack in Personal Training Workshop	Workshop/Seminar	15.0	12/31/20 www.ptaglobal.com
PTA Global (AFAA)	Mindset Performance Credential Level 1	Home Study	10.0	12/31/20 www.ptaglobal.com
PTA Global (AFAA)	Mindset Performance Credential Level 2	Home Study	9.0	12/31/20 www.ptaglobal.com
PTA Global (AFAA)	PTA Global Behavior Change in Exercise (BCE) Credential		15.0	12/31/20 www.PTAGlobal.com
PTA Global (AFAA)	PTA Global Foundations	Home Study	15.0	12/31/20 www.PTAGlobal.com
PTA Global (AFAA)	PTA Global Mentorship 1	Home Study	15.0	12/31/20 www.PTAGlobal.com
PTA Global (AFAA)	Rapid Results Workshop	Workshop/Seminar	8.0	12/31/20 www.PTAGlobal.com
PTA Global (AFAA)	Solutions in Selling	Workshop/Seminar	4.0	12/31/20 https://www.ptaglobal.com/cecs.aspx
PTA Global (AFAA)	Train to Retain Workshop	Workshop/Seminar	7.0	12/31/20 www.ptaglobal.com
PTontheNet (AFAA)	8 Disciplines of Front Line Excellence	Home Study	4.0	12/31/20 www.ptonthenet.com
PTontheNet (AFAA)	Addressing and Preventing Low Back Pain	Home Study	2.0	12/31/20 www.ptonthnet.com
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PTontheNet (AFAA)	Advanced Fitness Sales	Home Study	4.0	12/31/20 www.ptonthenet.com
PTontheNet (AFAA)	Bodyweight Training	Home Study	2.0	12/31/20 www.ptonthenet.com
PTontheNet (AFAA)	BOSU Balance Trainer Power Programming	Home Study	4.0	12/31/20 www.ptonthenet.com
PTontheNet (AFAA)	Breath AS Medicine: Improving Health and the Training Experience	Home Study	4.0	12/31/20 www.ptonthenet.com
PTontheNet (AFAA)	Cardiovascular Training Cardiovascular Training	Home Study	2.0	12/31/20 www.ptonthenet.com
PTontheNet (AFAA)	Certificate In Health & Fitness Management	Home Study	10.0	12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Client Assessment, Biomechanics, & Metabolism	Home Study	2.0	12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Client Relations & Business Management		2.0	12/31/20 www.ptonthenet.com/cec-exams
. ,	·	Home Study		
PTontheNet (AFAA)	Closing the Sale	Home Study	2.0	12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Coaching	Home Study	2.0	12/31/20 www.ptonthenet.com
PTontheNet (AFAA)	Core Training	Home Study	2.0	12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	CoreStrength1 Exercise Variability Specialist	Home Study	2.0	12/31/20 http://www.ptonthenet.com/home
PTontheNet (AFAA)	CoreStrength1 Program Design Specialist	Home Study	4.0	12/31/20 http://www.ptonthenet.com/home
PTontheNet (AFAA)	Corrective Exercise Solutions to Postural and Movement Dysfunction	Home Study	2.0	12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Corrective Exercise Solutions: Foot and Ankle Pain	Home Study	4.0	12/31/20 www.ptonthenet.com
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PTontheNet (AFAA)	Effects of Hormones on Exercise and Well-Being	Home Study		12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Essentials of Older Adult Exercise Assessment and Program Design for Preventing Falls	Home Study	4.0	12/31/20 www.ptonthenet.com
PTontheNet (AFAA)	Exercise Essentials for the Client with Cardiovascular Disease	Home Study	4.0	12/31/20 www.ptonthenet.com
PTontheNet (AFAA)	Exercise Programming for Active Older Adults	Home Study	4.0	12/31/20
PTontheNet (AFAA)	Female Training	Home Study	2.0	12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Fibromyalgia and Exercise	Home Study	4.0	12/31/20 www.ptonthenet.com
PTontheNet (AFAA)	Fit for Daily Life	Home Study	2.0	12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Flexibility	Home Study	2.0	12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Flexibility Training	Home Study	2.0	12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Functional Anatomy	Home Study	2.0	12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Functional Flexibility	Home Study	2.0	12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Functional Integrated Training	Home Study	2.0	12/31/20 www.ptonthenet.com/cec-exams
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PTontheNet (AFAA)	Functional Program Design	Home Study	2.0	12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Fundamentals of Balance	Home Study	2.0	12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Holistic Health & Stress Management	Home Study	2.0	12/31/20 www.ptonthenet.com
PTontheNet (AFAA)	Improving Foot and Gait Mechanics	Home Study	2.0	12/31/20 www.ptonthenet.com/cec-exams
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PTontheNet (AFAA)	Indoor Rowing Technique and Programming	Home Study	1.0	12/31/20 www.ptonthenet.com
PTontheNet (AFAA)	Insurance Coverage and Claims for Fitness Professionals	Home Study	4.0	12/31/20 www.ptonthenet.com
PTontheNet (AFAA)	Introduction to Cancer Exercise	Home Study	4.0	12/31/20
	Introduction to Functional Equipment	Home Study	4.0	12/31/20 www.ptonthenet.com
PTontheNet (AFAA)			4.0	
PTontheNet (AFAA)	Loaded Exercises & Movement Based			
		Home Study	3.0	12/31/20 www.ptonthenet.com
PTontheNet (AFAA)	Lower Extremity Injury Prevention	Home Study Home Study	3.0 2.0	12/31/20 www.ptonthenet.com 12/31/20 www.ptonthenet.com/cec-exams
		Home Study	2.0	12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Macronutrients and Exercise	Home Study Home Study	2.0	12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA) PTontheNet (AFAA)	Macronutrients and Exercise Marketing Personal Training	Home Study Home Study Home Study	2.0 2.0 4.0	12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com
PTontheNet (AFAA) PTontheNet (AFAA) PTontheNet (AFAA)	Macronutrients and Exercise  Marketing Personal Training  Motivating Clients	Home Study Home Study	2.0	12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com 12/31/20 www.ptonthenet.com 12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA) PTontheNet (AFAA)	Macronutrients and Exercise Marketing Personal Training	Home Study Home Study Home Study	2.0 2.0 4.0	12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com
PTontheNet (AFAA) PTontheNet (AFAA) PTontheNet (AFAA) PTontheNet (AFAA)	Macronutrients and Exercise Marketing Personal Training Motivating Clients Movement Based Appraisal (MOVE)	Home Study Home Study Home Study Home Study Home Study	2.0 2.0 4.0 2.0 2.0	12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA) PTontheNet (AFAA) PTontheNet (AFAA) PTontheNet (AFAA) PTontheNet (AFAA) PTontheNet (AFAA)	Macronutrients and Exercise Marketing Personal Training Motivating Clients Movement Based Appraisal (MOVE) Movement Based Flexibility	Home Study Home Study Home Study Home Study Home Study Home Study	2.0 2.0 4.0 2.0 2.0 8.0	12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Macronutrients and Exercise Marketing Personal Training Motivating Clients Movement Based Appraisal (MOVE) Movement Based Flexibility Movement Preparation	Home Study	2.0 2.0 4.0 2.0 2.0 8.0 1.0	12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA) PTontheNet (AFAA) PTontheNet (AFAA) PTontheNet (AFAA) PTontheNet (AFAA) PTontheNet (AFAA)	Macronutrients and Exercise Marketing Personal Training Motivating Clients Movement Based Appraisal (MOVE) Movement Based Flexibility Movement Preparation Non-Traditional Strength Training	Home Study Home Study Home Study Home Study Home Study Home Study	2.0 2.0 4.0 2.0 2.0 8.0	12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Macronutrients and Exercise Marketing Personal Training Motivating Clients Movement Based Appraisal (MOVE) Movement Based Flexibility Movement Preparation	Home Study	2.0 2.0 4.0 2.0 2.0 8.0 1.0	12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Macronutrients and Exercise Marketing Personal Training Motivating Clients Movement Based Appraisal (MOVE) Movement Based Flexibility Movement Preparation Non-Traditional Strength Training Nutrition and Metabolic Syndrome/Insulin Resistance and Inflammation	Home Study	2.0 2.0 4.0 2.0 2.0 2.0 8.0 1.0 2.0 2.0	12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Macronutrients and Exercise Marketing Personal Training Motivating Cilents Movement Based Appraisal (MOVE) Movement Based Flexibility Movement Preparation Non-Traditional Strength Training Nutrition and Metabolic Syndrome/Insulin Resistance and Inflammation Performance Circuits	Home Study	2.0 2.0 4.0 2.0 2.0 8.0 1.0 2.0 2.0	12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com 12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Macronutrients and Exercise Marketing Personal Training Motivating Cilents Movement Based Appraisal (MOVE) Movement Based Reixbility Movement Preparation Non-Traditional Strength Training Nutrition and Metabolic Syndrome/Insulin Resistance and Inflammation Performance Circuits Periodization	Home Study	2.0 2.0 4.0 2.0 2.0 8.0 1.0 2.0 2.0 1.0 2.0	12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Macronutrients and Exercise Marketing Personal Training Motivating Cilents Movement Based Appraisal (MOVE) Movement Based Flexibility Movement Preparation Non-Traditional Strength Training Nutrition and Metabolic Syndrome/Insulin Resistance and Inflammation Performance Circuits	Home Study	2.0 2.0 4.0 2.0 2.0 8.0 1.0 2.0 2.0	12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com 12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Macronutrients and Exercise Marketing Personal Training Motivating Clients Movement Based Appraisal (MOVE) Movement Based Flexibility Movement Preparation Non-Traditional Strength Training Nutrition and Metabolic Syndrome/Insulin Resistance and Inflammation Performance Circuits Periodization Personal Training Sales	Home Study	2.0 2.0 4.0 2.0 2.0 8.0 1.0 2.0 2.0 1.0 2.0	12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Macronutrients and Exercise Marketing Personal Training Motivating Clients Movement Based Appraisal (MOVE) Movement Based Fiexibility Movement Preparation Non-Traditional Strength Training Nutrition and Metabolic Syndrome/Insulin Resistance and Inflammation Performance Circuits Periodication Personal Training Sales Personal Training Sales	Home Study	2.0 2.0 4.0 2.0 2.0 8.0 1.0 2.0 2.0 2.0 4.0 2.0 2.0	12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com 12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Macronutrients and Exercise Marketing Personal Training Motivating Clients Movement Based Appraisal (MOVE) Movement Based Appraisal (MOVE) Movement Preparation Non-Traditional Strength Training Nutrition and Metabolic Syndrome/Insulin Resistance and Inflammation Performance Circuits Periodization Personal Training Sales Personal Training Sales Personal Training for the Sport of Motherhood	Home Study	2.0 2.0 4.0 2.0 2.0 8.0 1.0 2.0 2.0 1.0 2.0 4.0 2.0 4.0 4.0	12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com 12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Macronutrients and Exercise  Marketing Personal Training  Motwating Clients  Movement Based Appraisal (MOVE)  Movement Based Flexibility  Movement Preparation  Non-Traditional Strength Training  Nutrition and Metabolic Syndrome/Insulin Resistance and Inflammation  Performance Circuits  Periodication  Personal Training Sales  Practical Applications of Explosive Lifting and Advanced Strength Training  Pregnancy Fitness: Training for the Sport of Motherhood  Principles of Movement-Based Training	Home Study	2.0 2.0 4.0 2.0 8.0 1.0 2.0 2.0 1.0 2.0 4.0 2.0 4.0 2.0	12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Macronutrients and Exercise Marketing Personal Training Motivating Clients Movement Based Appraisal (MOVE) Movement Based Appraisal (MOVE) Movement Preparation Non-Traditional Strength Training Nutrition and Metabolic Syndrome/Insulin Resistance and Inflammation Performance Circuits Periodization Personal Training Sales Personal Training Sales Personal Training for the Sport of Motherhood	Home Study	2.0 2.0 4.0 2.0 2.0 8.0 1.0 2.0 2.0 1.0 2.0 4.0 2.0 4.0 4.0	12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com 12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Macronutrients and Exercise  Marketing Personal Training  Motwating Clients  Movement Based Appraisal (MOVE)  Movement Based Flexibility  Movement Preparation  Non-Traditional Strength Training  Nutrition and Metabolic Syndrome/Insulin Resistance and Inflammation  Performance Circuits  Periodication  Personal Training Sales  Practical Applications of Explosive Lifting and Advanced Strength Training  Pregnancy Fitness: Training for the Sport of Motherhood  Principles of Movement-Based Training	Home Study	2.0 2.0 4.0 2.0 8.0 1.0 2.0 2.0 1.0 2.0 4.0 2.0 4.0 2.0	12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Macronutrients and Exercise Marketing Personal Training Motivating Clients Movement Based Appraisal (MOVE) Movement Based Appraisal (MOVE) Movement Preparation Non-Traditional Strength Training Nutrition and Metabolic Syndrome/Insulin Resistance and Inflammation Performance Circuits Periodization Personal Training Sales Personal Training Sales Practical Applications of Explosive Lifting and Advanced Strength Training Pregnancy Fitness: Training for the Sport of Motherhood Principles of Movement-Based Training Professionalism Program Design: Recovery	Home Study	2.0 2.0 4.0 2.0 2.0 8.0 1.0 2.0 2.0 2.0 4.0 2.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Macronutrients and Exercise  Marketing Personal Training  Motwating Clients  Movement Based Appraisal (MOVE)  Movement Based Appraisal (MOVE)  Movement Based Flexibility  Movement Preparation  Non-Traditional Strength Training  Nutrition and Metabolic Syndrome/Insulin Resistance and Inflammation  Performance Circuits  Personal Training Sales  Practical Applications of Explosive Lifting and Advanced Strength Training  Pregnancy Finess: Training for the Sport of Motherhood  Principles of Movement-Based Training  Professionalism  Program Design: Recovery  Programming for Injury: ACL Injuries, Rotator Cuff Tears, and Piriformis Syndrome	Home Study	2.0 2.0 4.0 2.0 2.0 8.0 1.0 2.0 2.0 1.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 4.0 4.0 4.0 4.0 4.0 4.0 4	12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Macronutrients and Exercise Marketing Personal Training Motivating Clients Movement Based Appraisal (MOVE) Movement Based Appraisal (MOVE) Movement Preparation Non-Traditional Strength Training Nutrition and Metabolic Syndrome/Insulin Resistance and Inflammation Performance Circuits Periodization Personal Training Sales Personal Training Sales Practical Applications of Explosive Lifting and Advanced Strength Training Preganancy Fitness: Training for the Sport of Motherhood Principles of Movement-Based Training Professionalism Program Design: Recovery Programming for Injury: ACL Injuries, Rotator Cuff Tears, and Piriformis Syndrome Prospecting	Home Study	2.0 2.0 4.0 2.0 2.0 8.0 1.0 2.0 2.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0	12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com 12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Macronutrients and Exercise  Marketing Personal Training  Motwating Clients  Movement Based Appraisal (MOVE)  Movement Based Appraisal (MOVE)  Movement Based Flexibility  Movement Preparation  Non-Traditional Strength Training  Nutrition and Metabolic Syndrome/Insulin Resistance and Inflammation  Performance Circuits  Personal Training Sales  Practical Applications of Explosive Lifting and Advanced Strength Training  Pregnancy Finess: Training for the Sport of Motherhood  Principles of Movement-Based Training  Professionalism  Program Design: Recovery  Programming for Injury: ACL Injuries, Rotator Cuff Tears, and Piriformis Syndrome	Home Study	2.0 2.0 4.0 2.0 2.0 8.0 1.0 2.0 2.0 1.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 4.0 4.0 4.0 4.0 4.0 4.0 4	12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Macronutrients and Exercise  Marketing Personal Training  Motivating Clients  Movement Based Appraisal (MOVE)  Movement Based Appraisal (MOVE)  Movement Preparation  Non-Traditional Strength Training  Nutrition and Metabolic Syndrome/Insulin Resistance and Inflammation  Performance Circuits  Periodization  Personal Training Sales  Peractical Applications of Explosive Lifting and Advanced Strength Training  Pregnancy Fitness: Training for the Sport of Motherhood  Principles of Movement-Based Training  Program Design: Recovery  Programming for Injury: ACL Injuries, Rotator Cuff Tears, and Piriformis Syndrome  Prospecting  Re-assessments	Home Study	2.0 2.0 4.0 2.0 2.0 8.0 1.0 2.0 2.0 2.0 4.0 2.0 4.0 2.0 2.0 4.0 2.0 4.0 2.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 4.0 4.0 4.0 4.0 4.0 4.0 4	12/31/20 www.ptonthenet.com/cec-exams
PTOntheNet (AFAA)	Macronutrients and Exercise Marketing Personal Training Motivating Clients Movement Based Appraisal (MOVE) Movement Based Appraisal (MOVE) Movement Based Flexibility Movement Preparation Non-Traditional Strength Training Nutrition and Metabolic Syndrome/Insulin Resistance and Inflammation Performance Circuits Periodication Performance Circuits Periodication Personal Training Sales Practical Applications of Explosive Lifting and Advanced Strength Training Pregnancy Fitness: Training for the Sport of Motherhood Principles of Movement-Based Training Professionalism Program Design: Recovery Programming for Injury: ACL Injuries, Rotator Cuff Tears, and Piriformis Syndrome Prospecting Re-assessments Renewals & Referrals	Home Study	2.0 2.0 4.0 2.0 2.0 8.0 1.0 2.0 2.0 1.0 2.0 4.0 2.0 4.0 2.0 2.0 4.0 2.0 2.0 2.0 2.0	12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com 12/31/20 www.ptonthenet.com 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 http://www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Macronutrients and Exercise Marketing Personal Training Motivating Clients Movement Based Appraisal (MOVE) Movement Based Appraisal (MOVE) Movement Preparation Non-Traditional Strength Training Nutrition and Metabolic Syndrome/Insulin Resistance and Inflammation Performance Circuits Periodization Personal Training Sales Personal Training Sales Practical Applications of Explosive Lifting and Advanced Strength Training Preganancy Fitness: Training for the Sport of Motherhood Principles of Movement-Based Training Professionalism Program Design: Recovery Programming for Injury: ACL Injuries, Rotator Cuff Tears, and Piriformis Syndrome Prospecting Re-assessments Renewals & Referrals Respiratory Olisease and Exercise	Home Study	2.0 2.0 4.0 2.0 2.0 8.0 1.0 2.0 2.0 4.0 2.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 4.0 2.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 2.0 4.0 2.0 4.0 4.0 2.0 2.0 4.0 4.0 4.0 4.0 4.0 4.0 4.0 4.0 4.0 4	12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 http://www.ptonthenet.com/cec-exams 12/31/20 http://www.ptonthenet.com/cec-exams 12/31/20 http://www.ptonthenet.com/cec-exams 12/31/20 http://www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams
PTOntheNet (AFAA)	Macronutrients and Exercise Marketing Personal Training Motivating Clients Movement Based Appraisal (MOVE) Movement Based Appraisal (MOVE) Movement Based Flexibility Movement Preparation Non-Traditional Strength Training Nutrition and Metabolic Syndrome/Insulin Resistance and Inflammation Performance Circuits Periodication Performance Circuits Periodication Personal Training Sales Practical Applications of Explosive Lifting and Advanced Strength Training Pregnancy Fitness: Training for the Sport of Motherhood Principles of Movement-Based Training Professionalism Program Design: Recovery Programming for Injury: ACL Injuries, Rotator Cuff Tears, and Piriformis Syndrome Prospecting Re-assessments Renewals & Referrals	Home Study	2.0 2.0 4.0 2.0 2.0 8.0 1.0 2.0 2.0 1.0 2.0 4.0 2.0 4.0 2.0 2.0 4.0 2.0 2.0 2.0 2.0	12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com 12/31/20 www.ptonthenet.com 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 http://www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Macronutrients and Exercise Marketing Personal Training Motivating Clients Movement Based Appraisal (MOVE) Movement Based Appraisal (MOVE) Movement Preparation Non-Traditional Strength Training Nutrition and Metabolic Syndrome/Insulin Resistance and Inflammation Performance Circuits Periodization Personal Training Sales Personal Training Sales Practical Applications of Explosive Lifting and Advanced Strength Training Preganancy Fitness: Training for the Sport of Motherhood Principles of Movement-Based Training Professionalism Program Design: Recovery Programming for Injury: ACL Injuries, Rotator Cuff Tears, and Piriformis Syndrome Prospecting Re-assessments Renewals & Referrals Respiratory Olisease and Exercise	Home Study	2.0 2.0 4.0 2.0 2.0 8.0 1.0 2.0 2.0 4.0 2.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 4.0 2.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 2.0 4.0 2.0 4.0 4.0 2.0 2.0 4.0 4.0 4.0 4.0 4.0 4.0 4.0 4.0 4.0 4	12/31/20 www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com 12/31/20 www.ptonthenet.com/cec-exams 12/31/20 http://www.ptonthenet.com/cec-exams 12/31/20 http://www.ptonthenet.com/cec-exams 12/31/20 http://www.ptonthenet.com/cec-exams 12/31/20 http://www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams
PTOntheNet (AFAA)	Marronutrients and Exercise Marketing Personal Training Motivating Clients Movement Based Appraisal (MOVE) Movement Based Appraisal (MOVE) Movement Based Flexibility Movement Preparation Non-Traditional Strength Training Nutrition and Metabolic Syndrome/Insulin Resistance and Inflammation Performance Circuits Periodization Personal Training Sales Practical Applications of Explosive Lifting and Advanced Strength Training Preganancy Fitness: Training for the Sport of Motherhood Principles of Movement-Based Training Professionalism Program Design: Recovery Programming for Injury: ACL Injuries, Rotator Cuff Tears, and Piriformis Syndrome Programing for Injury: ACL Injuries, Rotator Cuff Tears, and Piriformis Syndrome Prospecting Re-assessments Renewals & Referrals Respiratory Disease and Exercise Small Group Personal Training Social Media Marketing for Fitness Professionals	Home Study	2.0 2.0 4.0 2.0 8.0 1.0 2.0 2.0 2.0 4.0 2.0 4.0 2.0 2.0 4.0 2.0 2.0 4.0 2.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 4.0 4.0 4.0 4.0 4.0 4.0 4	12/31/20 www.ptonthenet.com/cec-exams 12/31/20 http://www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Macronutrients and Exercise Marketing Personal Training Motivating Cilents Movement Based Appraisal (MOVE) Movement Based Appraisal (MOVE) Movement Preparation Non-Traditional Strength Training Nutrition and Metabolic Syndrome/Insulin Resistance and Inflammation Performance Circuits Periodization Personal Training Sales Personal Training Sales Practical Applications of Explosive Lifting and Advanced Strength Training Preganancy Fitness: Training for the Sport of Motherhood Principles of Movement-Based Training Professionalism Program Design: Recovery Programming for Injury: ACL Injuries, Rotator Cuff Tears, and Piriformis Syndrome Prospecting Re-assessments Renewals & Referrals Respiratory Disease and Exercise Small Group Personal Training Social Media Marketing for Fitness Professionals Special Populations	Home Study	2.0 2.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 www.ptonthenet.com/cec-exams 12/31/20 http://www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Marconutrients and Exercise  Marketing Personal Training  Motivating Clients  Movement Based Appraisal (MOVE)  Movement Based Appraisal (MOVE)  Movement Preparation  Non-Traditional Strength Training  Nutrition and Metabolic Syndrome/Insulin Resistance and Inflammation  Performance Circuits  Periodization  Personal Training Sales  Personal Training Sales  Practical Applications of Explosive Lifting and Advanced Strength Training  Pregnancy Fitness: Training for the Sport of Motherhood  Principles of Movement-Based Training  Program Design: Recovery  Programming for Injury: ACL Injuries, Rotator Cuff Tears, and Piriformis Syndrome  Prospecting  Re-assesments  Renewals & Referrals  Respiratory Disease and Exercise  Small Group Personal Training  Social Media Marketing for Fitness Professionals  Special Populations  Steps to Success	Home Study	2.0 2.0 4.0 2.0 2.0 8.0 1.0 2.0 2.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 4.0 2.0 4.0 4.0 4.0 4.0 4.0 4.0 4.0 4	12/31/20 www.ptonthenet.com/cec-exams 12/31/20 http://www.ptonthenet.com/cec-exams 12/31/20 http://www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Macronutrients and Exercise Marketing Personal Training Motivating Cilents Movement Based Appraisal (MOVE) Movement Based Appraisal (MOVE) Movement Preparation Non-Traditional Strength Training Nutrition and Metabolic Syndrome/Insulin Resistance and Inflammation Performance Circuits Periodization Personal Training Sales Personal Training Sales Practical Applications of Explosive Lifting and Advanced Strength Training Preganancy Fitness: Training for the Sport of Motherhood Principles of Movement-Based Training Professionalism Program Design: Recovery Programming for Injury: ACL Injuries, Rotator Cuff Tears, and Piriformis Syndrome Prospecting Re-assessments Renewals & Referrals Respiratory Disease and Exercise Small Group Personal Training Social Media Marketing for Fitness Professionals Special Populations	Home Study	2.0 2.0 4.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 www.ptonthenet.com/cec-exams 12/31/20 http://www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Marconutrients and Exercise  Marketing Personal Training  Motivating Clients  Movement Based Appraisal (MOVE)  Movement Based Appraisal (MOVE)  Movement Preparation  Non-Traditional Strength Training  Nutrition and Metabolic Syndrome/Insulin Resistance and Inflammation  Performance Circuits  Periodization  Personal Training Sales  Personal Training Sales  Practical Applications of Explosive Lifting and Advanced Strength Training  Pregnancy Fitness: Training for the Sport of Motherhood  Principles of Movement-Based Training  Program Design: Recovery  Programming for Injury: ACL Injuries, Rotator Cuff Tears, and Piriformis Syndrome  Prospecting  Re-assesments  Renewals & Referrals  Respiratory Disease and Exercise  Small Group Personal Training  Social Media Marketing for Fitness Professionals  Special Populations  Steps to Success	Home Study	2.0 2.0 4.0 2.0 2.0 8.0 1.0 2.0 2.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 2.0 4.0 4.0 2.0 4.0 4.0 4.0 4.0 4.0 4.0 4.0 4	12/31/20 www.ptonthenet.com/cec-exams 12/31/20 http://www.ptonthenet.com/cec-exams 12/31/20 http://www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Marronutrients and Exercise Marketing Personal Training Motivating Cilents Movement Based Appraisal (MOVE) Movement Based Appraisal (MOVE) Movement Based Flexibility Movement Preparation Non-Traditional Strength Training Nutrition and Metabolic Syndrome/Insulin Resistance and Inflammation Performance Circuits Periodization Personal Training Sales Practical Applications of Explosive Lifting and Advanced Strength Training Preganancy Fitness: Training for the Sport of Motherhood Principles of Movement-Based Training Professionalism Program Design: Recovery Programming for Injury: ACL Injuries, Rotator Cuff Tears, and Piriformis Syndrome Prospecting Re-assessments Renewals & Referrals Respiratory Disease and Exercise Small Group Personal Training Special Populations Special Populations Steps to Success Strategies for Assessing and Improving Balance	Home Study	2.0 2.0 4.0 2.0 2.0 8.0 1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 www.ptonthenet.com/cec-exams 12/31/20 http://www.ptonthenet.com/cec-exams 12/31/20 www.ptonthenet.com/cec-exams

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PTontheNet (AFAA)	What Makes a Successful Personal	Home Study	1.0	12/31/20 http://www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	Working with Clients with Diabetes or Prediabetes	Home Study	4.0	12/31/20 www.ptonthenet.com
	Youth Training		2.0	12/31/20 www.ptonthenet.com/ 12/31/20 www.ptonthenet.com/cec-exams
PTontheNet (AFAA)	•	Home Study		
Punk Rope, Inc. (AFAA)	Jump Rope Instructor Course	Home Study	9.0	12/31/21 www.punkrope.com
PURE International (AFAA)	Pure Reformer Pilates Course	Workshop/Seminar	15.0	12/31/20 https://www.pure-fitness.com
QUAFIT (AFAA)	QUAFIT Certified Aquatic Fitness Instructor	Workshop/Seminar	15.0	12/31/20
R3BAR TRAINING (AFAA)	R3BAR Intermediate Certification	Home Study	4.0	12/31/20 www.r3bartraining.com
RAD Roller (AFAA)	RAD Golf: Foundations of Golf Mobility and Assessment	Home Study	5.0	12/31/20 www.radroller.com
RAD Roller (AFAA)	RAD Mobility 1: Foundations of Myofascial Release and Recovery	Home Study	5.0	12/31/20 www.radroller.com
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RAD Roller (AFAA)	RAD Mobility Level 2	Workshop/Seminar		
RAD Roller (AFAA)	RAD Yoga Level 1	Workshop/Seminar	10.0	12/31/20 www.radroller.com
RaqiSa® Barre (AFAA)	RAQ THE BARRE, BY RAQISA Barre Fitness - Belly Dance Technique	Workshop/Seminar	8.0	12/31/21 www.raqisa.com
REB3L LLC (AFAA)	REB3I Groove Training	Workshop/Seminar	7.0	12/31/20 https://reb3lfit.com
Redefining Strength (AFAA)	The Dynamic Workout Design Training Black Book	Home Study	9.0	12/31/20 https://academy.redefiningstrength.com/p/the-dynamic-workout-design-training-black-book
REFIT® (AFAA)	REFIT® Instructor Training	Workshop/Seminar	6.0	12/31/20 http://shop.refitrev.com/collections/trainings
REFIT® (AFAA)	REV+FLOW Instructor Training	Workshop/Seminar	4.0	12/31/20 refitrev.com
Regymen Fitness (AFAA)	REGYMEN Box Certificate	Workshop/Seminar	15.0	12/31/21 regymenfitness.com
Regymen Fitness (AFAA)	REGYMEN Coach	Workshop/Seminar	15.0	12/31/21 regymenfitness.com
Renaissance Periodization (AFAA)	Renaissance Periodization Summit 2020	Conference	6.0	12/31/20 https://renaissanceperiodization.com/
RIX Fitness (AFAA)	Hyper Step	Workshop/Seminar	7.0	12/31/20 www.rixfitness.com
Rock Tape, Inc (AFAA)	FMT Mobility Specialist	Workshop/Seminar	6.0	12/31/20 www.rocktape.com
Row House (AFAA)	Row House University	Workshop/Seminar	15.0	12/31/20 www.therowhouse.com
Run-Fit (AFAA)	REVO <sub>2</sub> LUTION RUNNING™	Home Study	15.0	12/31/21 http://run-fit.com
Sabrina Sarabella (AFAA)	Online Biz Builder	Home Study	15.0	12/31/20 http://www.sabrinasarabella.com/online-biz-builder.php
SALT Fitness Chicago (AFAA)	Essentials of Barre	Workshop/Seminar	11.0	12/31/20 www.Saltfit.com
SALT Fitness Chicago (AFAA)	SALT Fitness Essential Elements of Cycle	Workshop/Seminar	8.0	12/31/20 www.Saltfit.com
SALT Fitness Chicago (AFAA)	SALT Fitness Fundamentals of Anatomy + Movement	Workshop/Seminar	11.0	12/31/20 saltfit.com
SamuraiFT (AFAA)	SamuraiFT International Certification	Workshop/Seminar	4.0	12/31/20 samuraift.com
Savvier Fitness (AFAA)	50 Awesome Ab Exercises	Home Study	2.0	12/31/20 www.cardioyoga.com
Savvier Fitness (AFAA)	Barre Above Pilates Focused	Workshop/Seminar	12.0	12/31/20 www.barreabove.com
Savvier Fitness (AFAA)	Barre Above Prime Instructor Training	Workshop/Seminar	12.0	12/31/20 www.barreabove.com
Savvier Fitness (AFAA)	Barre for Active Aging	Home Study	2.0	12/31/20 www.cardioyoga.com
Savvier Fitness (AFAA)	Barre For Cardio Junkies	Home Study	2.0	12/31/20 www.cardioyoga.com
Savvier Fitness (AFAA)	Cardio Yoga	Home Study	15.0	12/31/20 www.savvierfitness.com
Savvier Fitness (AFAA)	Elite HIIT Training	Workshop/Seminar	3.0	12/31/20 www.barreabove.com
JOYVICE FEDERAL (AFMA)			7.0	12/31/20 www.extremechaos.com
	Extreme HIIT Chaos	Workshop/Seminar		12/31/20 www.cardioyoga.com
Savvier Fitness (AFAA)	Extreme HIIT Chaos Foot Fitness + Applications	Workshop/Seminar Home Study	2.0	
Savvier Fitness (AFAA) Savvier Fitness (AFAA)	Foot Fitness + Applications	Home Study	2.0	
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Savvier Fitness (AFAA) Savvier Fitness (AFAA) Savvier Fitness (AFAA) Savvier Fitness (AFAA)	Foot Fitness + Applications Have a Ball at the Barre Hollistic Interval Training	Home Study Home Study Home Study	2.0	12/31/20 www.cardioyoga.com 12/31/20 www.cardioyoga.com
Savvier Fitness (AFAA)	Foot Fitness + Applications Have a Ball at the Barre Hollistic Interval Training Let The Beat Drop	Home Study Home Study Home Study Workshop/Seminar	2.0 2.0 2.0	12/31/20 www.cardioyoga.com 12/31/20 www.cardioyoga.com 12/31/20 www.barreabove.com
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Savvier Fitness (AFAA) SCW Fitness Education (AFAA)	Foot Fitness + Applications Have a Ball at the Barre Hollistic Interval Training Let The Beat Drop Muscular Endurance: Myths, Realities and Applications Pilates 101 Education Course Refine Your Cardio Yoga Experience Restoration at the Barre Tabata GX The Intentional Yoke The Musicality Method The Seven Steps Yogi Barre 2020 Dallas MANIA Conference 2020 D C MANIA" Conference 2020 D C MANIA" Conference 2020 Live Stream MANIA July 2020 Live Stream MANIA May 2020 Live Stream MANIA" November (1) 2020 Live Stream MANIA" November (10) 2020 Live Stream MANIA" November (11) 2020 Live Stream MANIA" November (13) 2020 Live Stream MANIA" November (13) 2020 Live Stream MANIA" November (13) 2020 Live Stream MANIA" November (14) 2020 Live Stream MANIA" November (15) 2020 Live Stream MANIA" November (16) 2020 Live Stream MANIA" November (17) 2020 Live Stream MANIA" November (19) 2020 Live Stream MANIA" November (6) 2020 Live Stream MANIA" November (6) 2020 Live Stream MANIA" November (6) 2020 Live Stream MANIA" November (7) 2020 Live Stream MANIA" November (7) 2020 Live Stream MANIA" November (7)	Home Study Home Study Home Study Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Home Study Home Study Conference	2.0 2.0 2.0 2.0 4.0 2.0 2.0 2.0 2.0 2.0 15.0 15.0 11.0 12.0 12.0 13.0 14.0 2.0 15.0 10.0 11.0 12.0 12.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0	12/31/20 www.cardioyoga.com 12/31/20 www.barreabove.com 12/31/20 www.barreabove.com 12/31/20 www.barreabove.com 12/31/20 www.barreabove.com 12/31/20 www.barreabove.com 12/31/20 www.barreabove.com 12/31/20 www.cardioyoga.com 12/31/20 www.scwfit.com/MANIA 12/31/20 www.scwfit.com/MANIA 12/31/20 http://www.scwfit.com
Sawier Fitness (AFAA) SCW Fitness Education (AFAA)	Foot Fitness + Applications Have a Ball at the Barre Hollistic Interval Training Let The Beat Drop Muscular Endurance: Myths, Realities and Applications Pilates 101 Education Course Refine Your Cardio Yoga Experience Restoration at the Barre Tabata GX The Intentional Yoke The Musicality Method The Seven Steps Yogi Barre 2020 Dallas MANIA Conference 2020 Low Stream MANIA July 2020 Live Stream MANIA May 2020 Live Stream MANIA November (1) 2020 Live Stream MANIA November (11) 2020 Live Stream MANIA November (12) 2020 Live Stream MANIA November (13) 2020 Live Stream MANIA November (13) 2020 Live Stream MANIA November (14) 2020 Live Stream MANIA November (15) 2020 Live Stream MANIA November (16) 2020 Live Stream MANIA November (17) 2020 Live Stream MANIA November (18) 2020 Live Stream MANIA November (19) 2020 Live Stream MANIA November (6) 2020 Live Stream MANIA November (7) 2020 Live Stream MANIA November (7) 2020 Live Stream MANIA November (8) 2020 Live Stream MANIA November (9)	Home Study Home Study Home Study Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Home Study Conference	2.0 2.0 2.0 2.0 4.0 2.0 2.0 2.0 4.0 4.0 2.0 15.0 15.0 11.0 11.0 12.0 12.0 13.0 14.0 14.0 15.0 15.0 10.0 10.0 10.0 10.0 10.0 10	12/31/20 www.cardioyoga.com 12/31/20 www.barreabove.com 12/31/20 www.barreabove.com 12/31/20 www.barreabove.com 12/31/20 www.barreabove.com 12/31/20 www.cardioyoga.com 12/31/20 www.scwfit.com/12/31/20 www.scwfit.com 12/31/20 www.scwfit.com 12/31/20 http://www.scwfit.com

SCW Fitness Education (AFAA)	Active Aging Chair Yoga	Home Study	2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Active Aging: Between the Chairs	Home Study	2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Active Aging: No Place Like Foam	Home Study	2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Advanced Functional Pilates	Home Study	2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Animals & Asanas	Home Study	2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Aqua Athletes	Home Study	2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Aqua Bits & Pieces	Home Study	1.0	12/31/20 http://www.scwfit.com
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SCW Fitness Education (AFAA)	Aqua Soft Fitness Fusion	Home Study	1.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Aquatic Kickboxing Out Of The Box	Home Study	1.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Aquatic Solutions for Active Aging	Home Study	2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Are All Calories Equal?	Home Study	2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Assume the Position	Home Study	2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Athletes & Asanas	Home Study	2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Balance Strategies for Older Adults	Home Study	2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Barre Breakthrough	Home Study	2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Barre Classic	Home Study	2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Barre Defined	Home Study	2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Barre Fight	Home Study	2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Barre H2O	Home Study	1.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Barre Tab	Home Study	2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Barre Training: Grace & Flow	Home Study	1.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	BarreFlow Fire and Fe			12/31/20 http://www.scwfit.com
		Home Study	1.0	
SCW Fitness Education (AFAA)	Become a Retention Rockstar	Home Study	2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Bedroom Secrets: Fitness & Sleep	Home Study	2.0	12/31/20 http://www.scwfit.com
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SCW Fitness Education (AFAA)	Biggest Opportunity in Fitness History	Home Study	1.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Bodyweight Barre	Home Study	1.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Building Blocks: Core Science & Training	Home Study	2.0	12/31/20 http://www.scwfit.com
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SCW Fitness Education (AFAA)	Corrective Exercise Female Core	Home Study	2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Cravings and Sugars Unsweetened	Home Study	1.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Creative Programming 55+	Home Study	2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Cueing: Coaching & Communication	Home Study	2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA) SCW Fitness Education (AFAA)	Cueing: Coaching & Communication  Deep Stretch & the Aging	Home Study	2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Deep Stretch & the Aging	Home Study	1.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA) SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity	Home Study Home Study	1.0 2.0	12/31/20 http://www.scwfit.com 12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA) SCW Fitness Education (AFAA) SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity DITTO - Do It Together Today	Home Study Home Study Home Study	1.0 2.0 1.0	12/31/20 http://www.scwfit.com 12/31/20 http://www.scwfit.com 12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA) SCW Fitness Education (AFAA) SCW Fitness Education (AFAA) SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity DITO - Do It Together Today DNA of Successful Fitness Managers	Home Study Home Study Home Study Home Study	1.0 2.0	12/31/20 http://www.scwfit.com 12/31/20 http://www.scwfit.com 12/31/20 http://www.scwfit.com 12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA) SCW Fitness Education (AFAA) SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity DITTO - Do It Together Today	Home Study Home Study Home Study	1.0 2.0 1.0	12/31/20 http://www.scwfit.com 12/31/20 http://www.scwfit.com 12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA) SCW Fitness Education (AFAA) SCW Fitness Education (AFAA) SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity DITO - Do It Together Today DNA of Successful Fitness Managers	Home Study Home Study Home Study Home Study	1.0 2.0 1.0 2.0	12/31/20 http://www.scwfit.com 12/31/20 http://www.scwfit.com 12/31/20 http://www.scwfit.com 12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity DITTO - Do It Together Today DNA of Successful Fitness Managers Dynamic Anatomy Glutes & Lower Body Dynamic Anatomy: Core/Upper Body	Home Study	1.0 2.0 1.0 2.0 2.0 2.0	12/31/20 http://www.scwfit.com 12/31/20 http://www.scwfit.com 12/31/20 http://www.scwfit.com 12/31/20 http://www.scwfit.com 12/31/20 http://www.scwfit.com 12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity DITTO - Do It Together Today DNA of Successful Fitness Managers Dynamic Anatomy Glutes & Lower Body Dynamic Anatomy: Core/Upper Body Dynamic Flexibility for a 3D Life	Home Study	1.0 2.0 1.0 2.0 2.0 2.0 2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity DITTO - Do It Together Today DINA of Successful Fitness Managers Dynamic Anatomy Glutes & Lower Body Dynamic Anatomy: Core/Upper Body Dynamic Posibility for a 2D Life Elite Coaching of Exercise Mechanics	Home Study	1.0 2.0 1.0 2.0 2.0 2.0 2.0 2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity DITTO - Do It Together Today DINA of Successful Fitness Managers Dynamic Anatomy Glutes & Lower Body Dynamic Anatomy: Core/Upper Body Dynamic Flexibility for a 3D Life Elite Coaching of Exercise Mechanics ESP Performance Circuit Training	Home Study	1.0 2.0 1.0 2.0 2.0 2.0 2.0 1.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity DITTO - Do It Together Today DNA of Successful Fitness Managers Dynamic Anatomy Gultes & Lower Body Dynamic Anatomy: Core/Upper Body Dynamic Anatomy: Core/Upper Body Dynamic Flexibility for a 3D Life Elite Coaching of Exercise Mechanics ESP Performance Circuit Training Exercise & Aging - Best Practice Programming	Home Study	1.0 2.0 1.0 2.0 2.0 2.0 2.0 2.0 1.0 1.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity DITTO - Do It Together Today DINA of Successful Fitness Managers Dynamic Anatomy Glutes & Lower Body Dynamic Anatomy: Core/Upper Body Dynamic Anatomy: Core/Upper Body Dynamic Flexibility for a 3D Life Elite Coaching of Exercise Mechanics ESP Performance Circuit Training Exercise & Aging - Best Practice Programming Expanding Your Personal Training Business	Home Study	1.0 2.0 1.0 2.0 2.0 2.0 2.0 1.0 1.0 1.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity DITTO - Do It Together Today DNA of Successful Fitness Managers Dynamic Anatomy Corel Upper Body Dynamic Anatomy: Corel Upper Body Dynamic Flexibility for a 3D Life Elite Coaching of Exercise Mechanics ESP Performance Circuit Training Exercise & Aging — Best Practice Programming Exercise & Aging — Best Practice Programming Expanding Your Personal Training Business Female Leadership: Personal & Professional	Home Study	1.0 2.0 1.0 2.0 2.0 2.0 2.0 2.0 1.0 1.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity DITTO - Do It Together Today DNA of Successful Fitness Managers Dynamic Anatomy: Gorlupper Body Dynamic Anatomy: Core/Dipper Body Dynamic Anatomy: Core/Dipper Body Dynamic Flexibility for a 3D Life Elite Coaching of Exercise Mechanics ESP Performance Circuit Training Exercise & Aging - Best Practice Programming Expanding Your Personal Training Business Female Leadership: Personal & Professional Female Training Model	Home Study	1.0 2.0 1.0 2.0 2.0 2.0 2.0 1.0 1.0 1.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity DITTO - Do It Together Today DNA of Successful Fitness Managers Dynamic Anatomy Corel Upper Body Dynamic Anatomy: Corel Upper Body Dynamic Flexibility for a 3D Life Elite Coaching of Exercise Mechanics ESP Performance Circuit Training Exercise & Aging — Best Practice Programming Exercise & Aging — Best Practice Programming Expanding Your Personal Training Business Female Leadership: Personal & Professional	Home Study	1.0 2.0 1.0 2.0 2.0 2.0 2.0 1.0 1.0 1.0	12/31/20 http://www.scwfit.com
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SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity DITTO - Do It Together Today DINA of Successful Fitness Managers Dynamic Anatomy Glutes & Lower Body Dynamic Anatomy: Core/Upper Body Dynamic Pexibility for a 3D Life Elite Coaching of Exercise Mechanics ESP Performance Circuit Training Exercise & Aging — Best Practice Programming Expanding Your Personal Training Business Female Leadership: Personal & Professional Female Training Model Financing Options for Your Business	Home Study	1.0 2.0 1.0 2.0 2.0 2.0 2.0 1.0 1.0 1.0 1.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity DITTO - Do LT Together Today DNA of Successful Fitness Managers Dynamic Anatomy, Gurley Deper Body Dynamic Anatomy, Core/Upper Body Dynamic Anatomy, Core/Upper Body Dynamic Flexibility for a 3D Life Elite Coaching of Exercise Mechanics ESP Performance Circuit Training Exercise & Aging - Best Practice Programming Expanding Your Personal Training Business Female Leadership: Personal R Professional Female Training Model Financing Options for Your Business Fitness Business Yesterday, Today, Tomorrow Flexibility + Performance = Wellness	Home Study	1.0 2.0 1.0 2.0 2.0 2.0 2.0 1.0 1.0 1.0 1.0 1.0 1.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity DITTO - Do LT Together Today DINA of Successful Fitness Managers Dynamic Anatomy Glutes & Lower Body Dynamic Anatomy Glutes & Lower Body Dynamic Anatomy: Core/Upper Body Dynamic Flexibility for a 3D Life Elite Coaching of Exercise Mechanics ESP Performance Circuit Training Exercise & Aging - Best Practice Programming Expanding Your Personal Training Business Female Leadership: Personal & Professional Female Training Model Financing Options for Your Business Fitness Business Vesterday, Today, Tomorrow Flexibility + Performance - Wellness Flowing Yoga for Chakra Balancing	Home Study	1.0 2.0 1.0 2.0 2.0 2.0 2.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity DiTTO - Do It Together Today DNA of Successful Fitness Managers Dynamic Anatomy Guites & Lower Body Dynamic Anatomy: Core/Upper Body Dynamic Anatomy: Core/Upper Body Dynamic Flexibility for a 3D Life Elite Coaching of Exercise Mechanics ESP Performance Circuit Training Exercise & Aging – Best Practice Programming Exercise & Aging – Best Practice Programming Expanding Your Personal Training Business Female Leadership: Personal & Professional Female Training Model Financing Options for Your Business Fitness Business Yesterday, Today, Tomorrow Flexibility + Performance = Wellness Flowing Yoga for Chakra Balancing Foam Rolling: Rolling Pins to Vibration	Home Study	1.0 2.0 1.0 2.0 2.0 2.0 2.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0	12/31/20 http://www.scwfit.com
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SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity Ditto - Do Lt Together Today DNA of Successful Fitness Managers Dynamic Anatomy Glutes & Lower Body Dynamic Anatomy: Core/Upper Body Dynamic Flexibility for a 3D Life Elite Coaching of Exercise Mechanics ESP Performance Circuit Training Exercise & Aging - Best Practice Programming Exercise &	Home Study	1.0 2.0 1.0 2.0 2.0 2.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity DITTO - Do LT Together Today DNA of Successful Fitness Managers Dynamic Anatomy Glutes & Lower Body Dynamic Anatomy. Core/Upper Body Dynamic Anatomy. Core/Upper Body Dynamic Flexibility for a 3D Life Elite Coaching of Exercise Mechanics ESP Performance Circuit Training Exercise & Aging - Best Practice Programming Exercise & Aging - Best Practice Programming Expanding Your Personal Training Business Female Leadership: Personal & Professional Female Training Model Financing Options for Your Business Fitness Business Yesterday, Today, Tomorrow Flexibility + Performance = Wellness Flowing Yoga for Chakra Balancing Foam Rolling: Rolling Pins to Vibration Functional Circuits for Active Adults	Home Study	1.0 2.0 1.0 2.0 2.0 2.0 2.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity Ditto - Do Lt Together Today DNA of Successful Fitness Managers Dynamic Anatomy Glutes & Lower Body Dynamic Anatomy: Core/Upper Body Dynamic Flexibility for a 3D Life Elite Coaching of Exercise Mechanics ESP Performance Circuit Training Exercise & Aging - Best Practice Programming Exercise &	Home Study	1.0 2.0 1.0 2.0 2.0 2.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity Dittor - Do Lt Together Today DNA of Successful Fitness Managers Dynamic Anatomy Guites & Lower Body Dynamic Anatomy; Core/Lipper Body Dynamic Anatomy; Core/Lipper Body Dynamic Flexibility for a 3D Life Elite Coaching of Exercise Mechanics ESP Performance Circuit Training Exercise & Aging – Best Practice Programming Expanding Your Personal Training Business Female Leadership: Personal & Professional Female Leadership: Personal & Professional Female Training Model Financing Options for Your Business Fitness Business Yesterday, Today, Tomorrow Flexibility + Performance = Wellness Flowing Yoga for Chakra Balancing Foam Rolling: Rolling Pins to Vibration Functional Circuits for Active Adults Functional Fitness After SO Functional Fitness For Longevity	Home Study	1.0 2.0 1.0 2.0 2.0 2.0 2.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 2.0 2.0 2.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity DITTO - Do LT Together Today DNA of Successful Fitness Managers Dynamic Anatomy Glutes & Lower Body Dynamic Anatomy. Core/Dyper Body Dynamic Anatomy. Core/Dyper Body Dynamic Flexibility for a 3D Life Elite Coaching of Exercise Mechanics ESP Performance Circuit Training Exercise & Aging - Best Practice Programming Exercise & Aging - Best Practice Programming Expanding Your Personal Training Business Female Leadership: Personal & Professional Female Training Model Financing Options for Your Business Fitness Business Yesterday, Today, Tomorrow Flexibility + Performance = Wellness Flowing Yoga for Chakra Balancing Foam Rolling: Rolling Pins to Vibration Functional Fitness After 50 Functional Fitness for Longevity Girls Just Wanna Have Fun	Home Study	1.0 2.0 2.0 2.0 2.0 2.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity Dittor - Do Lt Together Today DNA of Successful Fitness Managers Dynamic Anatomy Guites & Lower Body Dynamic Anatomy; Core/Lipper Body Dynamic Anatomy; Core/Lipper Body Dynamic Flexibility for a 3D Life Elite Coaching of Exercise Mechanics ESP Performance Circuit Training Exercise & Aging - Best Practice Programming Expanding Your Personal Training Business Female Leadership: Personal & Professional Female Training Model Financing Options for Your Business Fitness Business Yesterday, Today, Tomorrow Flexibility + Performance = Wellness Flowing Yoga for Chakra Balancing Foam Rolling: Rolling Pins to Vibration Functional Circuits for Active Adults Functional Fitness After 50 Functional Fitness For Longevity Girls Just Wanna Have Fun H.E.A.T. Waves	Home Study	1.0 2.0 2.0 2.0 2.0 2.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity DiTTO - Do LT Together Today DNA of Successful Fitness Managers Dynamic Anatomy, Giutes & Lower Body Dynamic Anatomy, Core/Upper Body Dynamic Anatomy, Core/Upper Body Dynamic Flexibility for a 3D Life Elite Coaching of Exercise Mechanics ESP Performance Circuit Training Exercise & Aging - Best Practice Programming Expanding Your Personal Training Business Female Leadership: Personal & Professional Female Training Model Financing Options for Your Business Fitness Business Yesterday, Today, Tomorrow Flexibility + Performance = Wellness Flowing Yoga for Chakra Balancing Foam Rolling: Rolling Pins to Vibration Functional Fitness After 50 Functional Fitness for Longevity Girls Just Wanna Have Fun H.E.A.T. Waves HIIT the Wall Hot Topics in Nutrition	Home Study	1.0 2.0 2.0 2.0 2.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity Ditto - Do Lt Together Today DNA of Successful Fitness Managers Dynamic Anatomy: Core/Upper Body Dynamic Anatomy: Core/Upper Body Dynamic Flexibility for a 3D Life Elite Coaching of Exercise Mechanics ESP Performance Circuit Training Exercise & Aging — Best Practice Programming Financing Options for Your Business Fitness Business Vesterday, Today, Tomorrow Flexibility + Performance = Wellness Flowing Yogg for Chakra Balancing Foam Rolling: Rolling Pins to Vibration Functional Circuits for Active Adults Functional Flintess After 50 Functional Flintess After 50 Functional Flintess After 50 Functional Flintess After 50 Functional Fliuld Fitness for Longevity Girls Just Wanna Have Fun H.E.A.T. Waves HIT the Wall Hot Topics in Nutrition Hurricane	Home Study	1.0 2.0 2.0 2.0 2.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity Ditto - Do Lt Together Today DNA of Successful Fitness Managers Dynamic Anatomy Guites & Lower Body Dynamic Anatomy; Core/Dipper Body Dynamic Anatomy; Core/Dipper Body Dynamic Flexibility for a 3D Life Elite Coaching of Exercise Mechanics ESP Performance Circuit Training Exercise & Aging - Best Practice Programming Expanding Your Personal Training Business Female Leadership: Personal & Professional Female Training Model Financing Options for Your Business Fitness Business Yesterday, Today, Tomorrow Flexibility + Performance = Wellness Flowing Yoga for Chakra Balancing Foam Rolling: Rolling Pins to Vibration Functional Circuits for Active Adults Functional Fitness After 50 Functional Fitness After 50 Functional Fitness For Longevity Girls Just Wanna Have Fun H.E.A.T. Waves HIIT the Wall Hot Topics in Nutrition Hurricane I Wish I Knew Before	Home Study	1.0 2.0 1.0 2.0 2.0 2.0 2.0 1.0 1.0 1.0 1.0 1.0 1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity DITTO - Do LT Together Today DNA of Successful Fitness Managers Dynamic Anatomy Glutes & Lower Body Dynamic Anatomy. Core/Upper Body Dynamic Anatomy. Core/Upper Body Dynamic Anatomy. Core/Upper Body Dynamic Flexibility for a 3D Life Elite Coaching of Exercise Mechanics ESP Performance Circuit Training Exercise & Aging - Best Practice Programming Expanding Your Personal Training Business Female Leadership: Personal & Professional Female Training Model Financing Options for Your Business Fitness Business Yesterday, Today, Tomorrow Flexibility + Performance = Wellness Flowing Yoga for Chakra Balancing Foam Rolling: Rolling Pins to Vibration Functional Fluid Fitness for Surfer SO Functional Fluid Fitness for Longevity Girls Just Wanna Have Fun H.E.A.T. Waves HIIT the Wall Hot Topics in Nutrition Hurricane I Wish I Knew Before Immunity Boosters & Busters	Home Study	1.0 2.0 1.0 2.0 2.0 2.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity Ditto - Do Lt Together Today DNA of Successful Fitness Managers Dynamic Anatomy Guites & Lower Body Dynamic Anatomy; Core/Dipper Body Dynamic Anatomy; Core/Dipper Body Dynamic Flexibility for a 3D Life Elite Coaching of Exercise Mechanics ESP Performance Circuit Training Exercise & Aging - Best Practice Programming Expanding Your Personal Training Business Female Leadership: Personal & Professional Female Training Model Financing Options for Your Business Fitness Business Yesterday, Today, Tomorrow Flexibility + Performance = Wellness Flowing Yoga for Chakra Balancing Foam Rolling: Rolling Pins to Vibration Functional Circuits for Active Adults Functional Fitness After 50 Functional Fitness After 50 Functional Fitness For Longevity Girls Just Wanna Have Fun H.E.A.T. Waves HIIT the Wall Hot Topics in Nutrition Hurricane I Wish I Knew Before	Home Study	1.0 2.0 1.0 2.0 2.0 2.0 2.0 1.0 1.0 1.0 1.0 1.0 1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity DITTO - Do LT Together Today DNA of Successful Fitness Managers Dynamic Anatomy Glutes & Lower Body Dynamic Anatomy. Core/Upper Body Dynamic Anatomy. Core/Upper Body Dynamic Anatomy. Core/Upper Body Dynamic Flexibility for a 3D Life Elite Coaching of Exercise Mechanics ESP Performance Circuit Training Exercise & Aging - Best Practice Programming Expanding Your Personal Training Business Female Leadership: Personal & Professional Female Training Model Financing Options for Your Business Fitness Business Yesterday, Today, Tomorrow Flexibility + Performance = Wellness Flowing Yoga for Chakra Balancing Foam Rolling: Rolling Pins to Vibration Functional Fluid Fitness for Surfer SO Functional Fluid Fitness for Longevity Girls Just Wanna Have Fun H.E.A.T. Waves HIIT the Wall Hot Topics in Nutrition Hurricane I Wish I Knew Before Immunity Boosters & Busters	Home Study	1.0 2.0 1.0 2.0 2.0 2.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity DitTO - Do LT Together Today DNA of Successful Fitness Managers Dynamic Anatomy: Core/Dipper Body Dynamic Anatomy: Core/Dipper Body Dynamic Anatomy: Core/Dipper Body Dynamic Flexibility for a 3D Life Elite Coaching of Exercise Mechanics ESP Performance Circuit Training Exercise & Aging – Best Practice Programming Financing Options for Your Business Fitness Business Yesterday, Today, Tomorrow Flexibility + Performance = Wellness Flowing Yogg for Chakra Balancing Foam Rolling: Rolling Pins to Vibration Functional Circuits for Active Adults Functional Fitness After 50 Functional Fluid Fitness for Longevity Girls Just Wanna Have Fun H.E.A.T. Waves HIT the Wall Hot Topics in Nutrition Hurricane I Wish I Knew Before Ilmmunity Boosters & Busters It's Raining Men	Home Study	1.0 2.0 2.0 2.0 2.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity Ditto - Do Lt Together Today DNA of Successful Fitness Managers Dynamic Anatomy Glutes & Lower Body Dynamic Anatomy: Core/Upper Body Dynamic Anatomy: Core/Upper Body Dynamic Flexibility for a 3D Life Elite Coaching of Exercise Mechanics ESP Performance Circuit Training Exercise & Aging - Best Practice Programming Exercise & Aging - Best	Home Study	1.0 2.0 2.0 2.0 2.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity DitTO - Do LT Together Today DNA of Successful Fitness Managers Dynamic Anatomy Core/Upper Body Dynamic Anatomy: Core/Upper Body Dynamic Anatomy: Core/Upper Body Dynamic Flexibility for a 3D Life Elite Coaching of Exercise Mechanics ESP Performance Circuit Training Exercise & Aging — Best Practice Programming Financing Options for Your Business Fitness Business Yesterday, Today, Tomorrow Filexibility + Performance = Wellness Filowing Yogg for Chakra Balancing Foam Rolling: Rolling Pins to Vibration Functional Circuits for Active Adults Functional Fitness After 50 Functional Fluid Fitness for Longevity Girls Just Wanna Have Fun H.E.A.T. Waves HIT the Wall Hot Topics in Nutrition Hurricane I Wish I Knew Before Immunity Boosters & Busters It's Raining Men Kettlebell Express Kettlebell HITT Supreme Kettlebell HITT Supreme	Home Study	1.0 2.0 2.0 2.0 2.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity Dittor - Do to Together Today DITTO - Do to Together Today DNA of Successful Fitness Managers Dynamic Anatomy Guites & Lower Body Dynamic Anatomy; Core/Dipper Body Dynamic Anatomy; Core/Dipper Body Dynamic Anatomy; Core/Dipper Body Dynamic Flexibility for a 3D Life Elite Coaching of Exercise Mechanics ESP Performance Circuit Training Exercise & Aging - Best Practice Programming Expanding Your Personal Training Business Female Leadership: Personal & Professional Female Training Model Financing Options for Your Business Fitness Business Yesterday, Today, Tomorrow Flexibility + Performance = Wellness Flowing Yoga for Chakra Balancing Foam Rolling: Rolling Pins to Vibration Functional Circuits for Active Adults Functional Fitud Fitness After 50 Functional Fitud Fitness for Longevity Girls Just Wanna Have Fun H.E.A.T. Waves HIIT the Wall Hot Topics in Nutrition Hurricane I Wish I Knew Before Immunity Boosters & Busters I It's Raining Men Kettlebell HIIT Supreme	Home Study	1.0 2.0 2.0 2.0 2.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 2.0 2.0 2.0 2.0 1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity Ditto - Do Lt Together Today DNA of Successful Fitness Managers Dynamic Anatomy Glutes & Lower Body Dynamic Anatomy: Core/Upper Body Dynamic Anatomy: Core/Upper Body Dynamic Flexibility for a 3D Life Elite Coaching of Exercise Mechanics ESP Performance Circuit Training Exercise & Aging - Best Practice Programming Exercise & Aging Best Practice Programming Exercise & Aging Best Pra	Home Study	1.0 2.0 1.0 2.0 2.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity DitTO - Do L'T Orgether Today DNA of Successful Fitness Managers Dynamic Anatomy Corel/Dyper Body Dynamic Anatomy: Corel/Dyper Body Dynamic Anatomy: Corel/Dyper Body Dynamic Flexibility for a 3D Life Elite Coaching of Exercise Mechanics ESP Performance Circuit Training Exercise & Aging - Best Practice Programming Financing Options for Your Business Fitness Business Vesterday, Today, Tomorrow Flexibility + Performance = Wellness Flowing Yoga for Chakra Balancing Foam Rolling: Rolling Pins to Vibration Functional Circuits for Active Adults Functional Fitness After 50 Functional Fluid Fitness for Longevity Girls Just Wanna Have Fun H.E.A.T. Waves HIIT the Wall Hot Topics in Nutrition Hurricane I Wish I Knew Before Immunity Boosters & Busters It's Raining Men Kettlebell Express Kettlebell Express Kettlebell HIIT Supreme Kettlebell Total Body Lift Off! Little Tweaks for Big Results Longevity Lab: Eats and Feats	Home Study	1.0 2.0 2.0 2.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1	12/31/20 http://www.scwfit.com
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SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity DitTO - Do L'T Orgether Today DNA of Successful Fitness Managers Dynamic Anatomy Corel/Dyper Body Dynamic Anatomy: Corel/Dyper Body Dynamic Anatomy: Corel/Dyper Body Dynamic Flexibility for a 3D Life Elite Coaching of Exercise Mechanics ESP Performance Circuit Training Exercise & Aging - Best Practice Programming Financing Options for Your Business Fitness Business Vesterday, Today, Tomorrow Flexibility + Performance = Wellness Flowing Yoga for Chakra Balancing Foam Rolling: Rolling Pins to Vibration Functional Circuits for Active Adults Functional Fitness After 50 Functional Fluid Fitness for Longevity Girls Just Wanna Have Fun H.E.A.T. Waves HIIT the Wall Hot Topics in Nutrition Hurricane I Wish I Knew Before Immunity Boosters & Busters It's Raining Men Kettlebell Express Kettlebell Express Kettlebell HIIT Supreme Kettlebell Total Body Lift Off! Little Tweaks for Big Results Longevity Lab: Eats and Feats	Home Study	1.0 2.0 2.0 2.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Deep Stretch & the Aging Dietary Diversity Dittor - Do to Together Today DNA of Successful Fitness Managers Dynamic Anatomy Guites & Lower Body Dynamic Anatomy; Core/Dipper Body Dynamic Anatomy; Core/Dipper Body Dynamic Anatomy; Core/Dipper Body Dynamic Anatomy; Core/Dipper Body Dynamic Flexibility for a 3D Life Elite Coaching of Exercise Mechanics ESP Performance Circuit Training Exercise & Aging - Best Practice Programming Expanding Your Personal Training Business Female Leadership: Personal & Professional Female Training Model Financing Options for Your Business Fitness Business Yesterday, Today, Tomorrow Flexibility + Performance = Wellness Flowing Yoga for Chakra Balancing Foam Rolling: Rolling Pins to Vibration Functional Circuits for Active Adults Functional Fituid Fitness for Longevity Girls Just Wanna Have Fun H.E.A.T. Waves HIIT the Wall Hot Topics in Nutrition Hurricane It's Raining Men Kettlebell HIIT Supreme Kettlebell Total Body Lift Off! Little Tweaks for Big Results Longevity Lab: Eats and Feats Lower Body Blaster	Home Study	1.0 2.0 1.0 2.0 2.0 2.0 2.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 2.0 2.0 2.0 2.0 1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com

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SCW Fitness Education (AFAA)	SCW Group Exercise Certification SCW Group Step Certification SCW Group Step Certification SCW HIT Certification SCW HIT Certification SCW Kids in Motion Certification SCW Kids in Motion Certification SCW Meditation Certification SCW Meditation Certification SCW More Motion Certification SCW More Motion Certification SCW More Motion Certification SCW Nutrition, Hormones & Metabolism Certification SCW Prior Motion Certification SCW Prior ScW Performance Stability Training Certification SCW Pilates Matwork Certification SCW Pilates Small Apparatus Certification SCW Pilates Small Apparatus Certification SCW Program Design for Fitness Professionals SCW Small Group Training Certification SCW Sports Nutrition Certification SCW Sports Nutrition Certification SCW Sports Nutrition Certification SCW Wogal Certification SCW Yoga Il Certification SCW Yoga Il Certification SCW Yoga Il Certification SCW Yoga Il Certification SCW School Scho	Workshop/Seminar Home Study Home Study Home Study Home Study Home Study Home Study Workshop/Seminar Home Study Home Study Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study	8.0 8.0 4.0 4.0 4.0 4.0 7.0 8.0 8.0 8.0 8.0 7.0 7.0 7.0 4.0 1.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	SCW Group Step Certification SCW Group Step Certification SCW Group Step Certification SCW HIT Certification SCW HIT Certification SCW Kettlebell Training Certification SCW Kids in Motion Certification SCW Mids In Motion Certification SCW Mids In Motion Certification SCW Mind Body Fusion Certification SCW Moms in Motion Certification SCW Moms in Motion Certification SCW Nutrition, Hormones & Metabolism Certification SCW Performance Stability Training Certification SCW Pilates Small Apparatus Certification SCW Pilates Small Apparatus Certification SCW Pilates Small Apparatus Certification SCW Program Design for Fitness Professionals SCW Small Group Training Certification SCW Sports Nutrition Certification SCW Sports Nutrition Certification SCW Weight Management Certification SCW Yoga II Certification SCW Yoga II Certification SCW Yoga II Certification SCH Other Incomparation of School S	Workshop/Seminar Home Study Home Study Home Study Home Study Home Study Home Study Workshop/Seminar Home Study Home Study Home Study Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study	8.0 8.0 4.0 6.0 4.0 4.0 4.0 7.0 8.0 8.0 8.0 8.0 7.0 7.0 7.0 7.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwfit.com 12/31/20 www.scwfit.com 12/31/20 www.scwfit.com/certifications 12/31/20 www.scwfit.com/certifications 12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	SCW Group Step Certification SCW Group Step Certification SCW Group Step Certification SCW Group Step Steph Certification SCW HIT Certification SCW Hit Certification SCW Kids in Motion Certification SCW Meditation Certification SCW Meditation Certification SCW Moms in Motion Certification SCW Moms in Motion Certification SCW Moms in Motion Certification SCW Nutrition, Hormones & Metabolism Certification SCW Polares Stability Training Certification SCW Preformance Stability Training Certification SCW Pilates Matwork Certification SCW Pilates Small Apparatus Certification SCW Pogram Design for Fitness Professionals SCW Small Group Training Certification SCW Sports Nutrition Certification SCW Sports Nutrition Certification SCW Sports Nutrition Certification SCW Yoga IC Certification SCW Weight Management Certification SCW Yoga II Certification SCW Yoga II Certification SCW Yoga II Certification Schort Circuit: Group Training Edition Social Media Storytelling Soft Skills for Hard Bodies Stages: Power of Progression Strength Training For Longewity & Vitality Stress & Chronic Disease Stress and Inflammation Successful Business Strategies for Owners and Managers Sugar Shockers & Shakedown Tab-aqua Bootcamp Tab-Aqua Quickies Tabata Yoga Take IT Lying Down Targeting Hypertrophy	Workshop/Seminar Home Study Home Study Home Study Home Study Home Study Workshop/Seminar Home Study Home Study Home Study Home Study Home Study Workshop/Seminar Home Study	8.0 8.0 4.0 6.0 4.0 8.0 8.0 8.0 8.0 8.0 8.0 7.0 7.0 7.0 7.0 7.0 7.0 7.0 7	12/31/20 http://www.scwfit.com 12/31/20 www.scwfit.com/certifications 12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	SCW Group Step Certification SCW Group Step Certification SCW Group Step Certification SCW HIT Certification SCW HIT Certification SCW Kettlebell Training Certification SCW Kids in Motion Certification SCW Mids In Motion Certification SCW Mids In Motion Certification SCW Mind Body Fusion Certification SCW Moms in Motion Certification SCW Moms in Motion Certification SCW Nutrition, Hormones & Metabolism Certification SCW Performance Stability Training Certification SCW Pilates Small Apparatus Certification SCW Pilates Small Apparatus Certification SCW Pilates Small Apparatus Certification SCW Program Design for Fitness Professionals SCW Small Group Training Certification SCW Sports Nutrition Certification SCW Sports Nutrition Certification SCW Weight Management Certification SCW Yoga II Certification SCW Yoga II Certification SCW Yoga II Certification SCH Other Incomparation of School S	Workshop/Seminar Home Study Home Study Home Study Home Study Home Study Home Study Workshop/Seminar Home Study Home Study Home Study Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study	8.0 8.0 4.0 6.0 4.0 4.0 4.0 7.0 8.0 8.0 8.0 8.0 7.0 7.0 7.0 7.0 2.0 2.0 2.0 2.0 2.0 2.0 2.0 2	12/31/20 http://www.scwft.com 12/31/20 www.scwft.com 12/31/20 www.scwft.com 12/31/20 www.scwft.com 12/31/20 http://www.scwft.com 12/31/20 www.scwft.com/certifications 12/31/20 www.scwft.com/certifications 12/31/20 www.scwft.com/certifications 12/31/20 www.scwft.com/certifications 12/31/20 www.scwft.com/certifications 12/31/20 http://www.scwft.com

SCW Fitness Education (AFAA)	The One Weight Workout: Kettlebell	Home Study	2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	The Science of Myofascial Release	Home Study	1.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Timing is Everything	Home Study	1.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Tipping the Scales	Home Study	2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Top 10 for Weight Loss	Home Study	2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Total Body Core Training	Home Study	2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Toxic Dump: What's in Food	Home Study	2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Training Mom	Home Study	1.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Training Older Clients With Osteoarthritis	Home Study	2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Trending Now: HIIT With Active Recovery	Home Study	1.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Tukong Cardio Combat Kickboxing	Home Study	2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	VIIT It	Home Study	1.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Vinyasa Flow - Feel the Resistance	Home Study	1.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	WATERINMOTION® Certification	Workshop/Seminar	7.0	12/31/20 www.scwfit.com
SCW Fitness Education (AFAA)	Weight at the Barre	Home Study	1.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Weight Loss Aquatic Style	Home Study	2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	What's Really Making You Crazy?	Home Study	2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Y3: Yin Yang Yoga	Home Study	2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Yin Yoga: Less is More	Home Study	2.0	12/31/20 http://www.scwfit.com
SCW Fitness Education (AFAA)	Yoga for Seniors	Home Study	2.0	12/31/20 http://www.scwfit.com
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SCW Fitness Education (AFAA)	Yoga for the Young at Heart	Home Study		12/31/20 http://www.scwfit.com
Sean T. Snapp (AFAA)	Active Isolated Stretching	Workshop/Seminar	15.0	12/31/20
Sensazao Dance Fitness (AFAA)	Sensazao Dance Fitness Instructor	Home Study	10.0	12/31/20 http://www.sensazao.com/certification/
SharQui - The Bellydance Workout (AFAA)	Online SharQui Instructor Training	Home Study	10.0	12/31/21 www.sharqui.com
SHAY-MCENTEE WELLNESS WORKS INC. (AFAA)	BREATHING TECHNIQUES / STRESS MANAGEMENT	Workshop/Seminar	3.0	12/31/21
SHAY-MCENTEE WELLNESS WORKS INC. (AFAA)	ENERGY BREAK	Workshop/Seminar	3.0	12/31/21
SHINE Dance Fitness (AFAA)	SHiNE Dance Fitness Instructor Certification Training	Workshop/Seminar	11.0	12/31/20 www.shinedancefitness.com
SHINE Dance Fitness (AFAA)	SHINE Dance Fitness Online Instructor Certification		10.0	12/31/20 www.shinedancefitness.com
		Home Study		
SHRED415 (AFAA)	SHRED415 Dynamic Interval Training	Workshop/Seminar	15.0	12/31/20 www.shred415.com
SilverSneakers by Tivity Health (AFAA)	Group Exercise for Hip Limitations	Home Study	2.0	12/31/21
SilverSneakers by Tivity Health (AFAA)	SilverSneakers BOOM MIND	Home Study	2.0	12/31/21
SilverSneakers by Tivity Health (AFAA)	SilverSneakers BOOM MOVE	Home Study	2.0	12/31/21
SilverSneakers by Tivity Health (AFAA)	SilverSneakers BOOM MUSCLE	Home Study	2.0	12/31/21
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Circuit	Home Study	2.0	12/31/21
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Classic	Home Study	2.0	12/31/21
SilverSneakers by Tivity Health (AFAA)	SilverSneakers EnerChi	Home Study	4.0	12/31/21 www.silversneakers.com
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Fall Prevention Education Series	Home Study	2.0	12/31/21 www.silversneakers.com
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Foundations	Home Study	5.0	12/31/21
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Fundamentals of Teaching Group Fitness	Home Study	5.0	12/31/21 www.silversneakers.com
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Nutrition for Optimal Aging	Home Study	2.0	12/31/21 www.silversneakers.com
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Splash	Home Study	2.0	12/31/21
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Stability	Home Study	2.0	12/31/21
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SilverSneakers by Tivity Health (AFAA)	SilverSneakers Strength Progressions for Group Exercise	Home Study		12/31/21 www.silversneakers.com
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Stress Management Education Series	Home Study	4.0	12/31/21 www.silversneakers.com
SilverSneakers by Tivity Health (AFAA)	SilverSneakers YOGA	Home Study	2.0	12/31/21
SloBody (AFAA)	The No BS Yoga Guide & Videos for Personal Trainers	Home Study	15.0	12/31/20 http://slobody.com/
Soft Stretch Release Techniques (AFAA)	Soft Stretch Release Techniques (Lower Body)	Workshop/Seminar	14.0	12/31/20 SRTtherapy.com
Soft Stretch Release Techniques (AFAA)	Soft Stretch Release Techniques (Upper Body)	Workshop/Seminar	14.0	12/31/20 SRTtherapy.com
	Anatomy 101	Workshop/Seminar	3.0	12/31/20 www.soultosolewellness.com
		workshop/seminar		
Soul to Sole Wellness (AFAA)		Madahan/Caminas		
SoulBody LLC (AFAA)	SoulBody Teacher Training	Workshop/Seminar	9.0	12/31/20 www.soulbody.fitness
SoulBody LLC (AFAA) Spark Trainer (AFAA)	SoulBody Teacher Training KB Squared	Workshop/Seminar	5.0	12/31/21
SoulBody LLC (AFAA) Spark Trainer (AFAA) SPECTRUM, Inc (AFAA)	SoulBody Teacher Training KB Squared SPECTRUM Fitness Methodology Phase 1 - Pelvis			12/31/21 12/31/20 www.spectrumsp.com
SoulBody LLC (AFAA) Spark Trainer (AFAA)	SoulBody Teacher Training KB Squared	Workshop/Seminar	5.0	12/31/21
SoulBody LLC (AFAA) Spark Trainer (AFAA) SPECTRUM, Inc (AFAA)	SoulBody Teacher Training KB Squared SPECTRUM Fitness Methodology Phase 1 - Pelvis	Workshop/Seminar Workshop/Seminar	5.0 15.0	12/31/21 12/31/20 www.spectrumsp.com
SoulBody LLC (AFAA) Spark Trainer (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA)	SoulBody Teacher Training  KB Squared SPECTRUM Fitness Methodology Phase 1 - Pelvis SPECTRUM Fitness Methodology Phase 2 - Scapula	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	5.0 15.0 15.0	12/31/20 www.spectrumsp.com 12/31/20 www.spectrumsp.com 12/31/20 www.spectrumsp.com
SoulBody LLC (AFAA) Spark Trainer (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA)	SoulBody Teacher Training  KB Squared  SPECTRUM Fitness Methodology Phase 1 - Pelvis  SPECTRUM Fitness Methodology Phase 2 - Scapula  SPECTRUM Fitness Methodology Phase 3 - The Spine	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	5.0 15.0 15.0 15.0	12/31/20 www.spectrumsp.com 12/31/20 www.spectrumsp.com 12/31/20 www.spectrumsp.com 12/31/20 www.spectrumsp.com
SoulBody LLC (AFAA) Spark Trainer (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPIDERfik Kids (AFAA) Spin City Instructor Training (AFAA)	SoulBody Teacher Training  KB Squared  SPECTRUM Fitness Methodology Phase 1 - Pelvis  SPECTRUM Fitness Methodology Phase 2 - Scapula  SPECTRUM Fitness Methodology Phase 3 - The Spine  Powerful Play-The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy  Social Media for Pole and Aerial Instructors	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study	5.0 15.0 15.0 15.0 7.0 8.0	12/31/20 www.spectrumsp.com 12/31/20 www.spectrumsp.com 12/31/20 www.spectrumsp.com 12/31/20 www.spectrumsp.com 12/31/20 www.powerfulplayrourse.com 12/31/20 www.spincityinstructortraining.com
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SoulBody LLC (AFAA) Spark Trainer (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPIDERfit Kids (AFAA) Spin City Instructor Training (AFAA) Spin City Instructor Training (AFAA) Spin City Instructor Training (AFAA)	SoulBody Teacher Training  KB Squared  SPECTRUM Fitness Methodology Phase 1 - Pelvis  SPECTRUM Fitness Methodology Phase 2 - Scapula  SPECTRUM Fitness Methodology Phase 3 - The Spine  Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy  Social Media for Pole and Aerial Instructors  Spin City Advanced Aerial Hoop Instructor (online)  Spin City Advanced Aerial Sling Instructor (online)	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Home Study Home Study	5.0 15.0 15.0 15.0 7.0 8.0 15.0	12/31/20 www.spectrumsp.com 12/31/20 www.spectrumsp.com 12/31/20 www.spectrumsp.com 12/31/20 www.spectrumsp.com 12/31/20 www.spinctivinstructortraining.com 12/31/21 www.spincitivinstructortraining.com 12/31/21 www.spincitivinstructortraining.com
SoulBody LLC (AFAA) Spark Trainer (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPIDERIFK KIBS (AFAA) Spin City Instructor Training (AFAA)	SoulBody Teacher Training  KB Squared  SPECTRUM Fitness Methodology Phase 1 - Pelvis  SPECTRUM Fitness Methodology Phase 2 - Scapula  SPECTRUM Fitness Methodology Phase 3 - The Spine  Powerful Play-The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy  Social Media for Pole and Aerial Instructors  Spin City Advanced Aerial Hoop Instructor (online)  Spin City Advanced Pole Fitness Instructor (online)  Spin City Advanced Pole Fitness Instructor (online)	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Home Study Home Study Home Study	5.0 15.0 15.0 15.0 7.0 8.0 15.0 15.0	12/31/21 12/31/20 www.spectrumsp.com 12/31/20 www.spectrumsp.com 12/31/20 www.spectrumsp.com 12/31/20 www.spectrumsp.com 12/31/20 www.spincityinstructorraining.com 12/31/21 www.spincityinstructortraining.com 12/31/21 www.spincityinstructortraining.com 12/31/21 www.spincityinstructortraining.com
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SoulBody LLC (AFAA) Spark Trainer (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPIDERfit Kids (AFAA) Spin City Instructor Training (AFAA)	SoulBody Teacher Training  KB Squared SPECTRUM Fitness Methodology Phase 1 - Pelvis SPECTRUM Fitness Methodology Phase 2 - Scapula SPECTRUM Fitness Methodology Phase 3 - The Spine Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy Social Media for Pole and Aerial Instructors Spin City Advanced Aerial Hoop Instructor (online) Spin City Advanced Aerial Hing Instructor (online) Spin City Advanced Pole Fitness Instructor (online) Spin City Advanced Pole Fitness Instructor (online) Spin City Aerial Silks - Footlocks Module 1 (online) Spin City Aerial Silks - Footlocks Module 2 (online) Spin City Aerial Silks - Fotlocks Module 2 (online) Spin City Aerial Silks - Fotlocks Module 2 (online) Spin City Aerial Silks - Hiplock Skills (online)	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study	5.0 15.0 15.0 15.0 7.0 8.0 15.0 15.0 15.0 8.0 8.0 8.0	12/31/21 12/31/20 www.spectrumsp.com 12/31/20 www.spectrumsp.com 12/31/20 www.spectrumsp.com 12/31/20 www.spectrumsp.com 12/31/20 www.spinctivpistructortraining.com 12/31/21 www.spincityinstructortraining.com
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SoulBody LLC (AFAA) Spark Trainer (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPIDERIFK IRIGA (AFAA) Spin City Instructor Training (AFAA)	SoulBody Teacher Training  KB Squared  SPECTRUM Fitness Methodology Phase 1 - Pelvis  SPECTRUM Fitness Methodology Phase 2 - Scapula  SPECTRUM Fitness Methodology Phase 3 - The Spine  Powerful Play-The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy  Social Media for Pole and Aerial Instructors  Spin City Advanced Aerial Hoop Instructor (online)  Spin City Advanced Aerial Hing Instructor (online)  Spin City Advanced Aerial Fitness Instructor (online)  Spin City Aerial Silks - Climbs and Descents (online)  Spin City Aerial Silks - Footlocks Module 1 (online)  Spin City Aerial Silks - Footlocks Module 2 (online)  Spin City Aerial Silks - Working in the Hitch (online)  Spin City Aerial Silks - Working in the Hitch (online)  Spin City Aerial Silks - Working in the Hitch (online)  Spin City Aerial Silks - Working in the Hitch (online)	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study	5.0 15.0 15.0 15.0 7.0 8.0 15.0 15.0 15.0 8.0 8.0 8.0 8.0 8.0	12/31/21 12/31/20 www.spectrumsp.com 12/31/20 www.spectrumsp.com 12/31/20 www.spectrumsp.com 12/31/20 www.spectrumsp.com 12/31/20 www.spectrumsp.com 12/31/20 www.spinctypistructortraining.com 12/31/21 www.spincityinstructortraining.com
SoulBody LLC (AFAA) Spark Trainer (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPIDERfit Kids (AFAA) SpiD City Instructor Training (AFAA) Spin City Instructor Training (AFAA)	SoulBody Teacher Training  KB Squared  SPECTRUM Fitness Methodology Phase 1 - Pelvis  SPECTRUM Fitness Methodology Phase 2 - Scapula  SPECTRUM Fitness Methodology Phase 3 - The Spine  Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy  Social Media for Pole and Aerial Instructors  Spin City Advanced Aerial Hoop Instructor (online)  Spin City Advanced Aerial Sling Instructor (online)  Spin City Advanced Pole Fitness Instructor (online)  Spin City Aerial Silks - Climbs and Descents (online)  Spin City Aerial Silks - Footlocks Module 1 (online)  Spin City Aerial Silks - Footlocks Module 2 (online)  Spin City Aerial Silks - Hiplock Skills (online)  Spin City Aerial Silks - Working in the Hitch (online)  Spin City Aerial Silks - Working in the Hitch (online)  Spin City Aerial Silks - Working in the Hitch (online)  Spin City Aerial Silks - Online) Instructor (online)  Spin City Anatomy and Physiology Foundations (online)  Spin City Anatomy and Physiology Foundations (online)	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study	5.0 15.0 15.0 7.0 8.0 15.0 15.0 15.0 15.0 8.0 8.0 8.0 8.0 8.0 15.0	12/31/21 12/31/20 www.spectrumsp.com 12/31/20 www.spectrumsp.com 12/31/20 www.spectrumsp.com 12/31/20 www.spectrumsp.com 12/31/20 www.spinctiynstructortraining.com 12/31/21 www.spincitynstructortraining.com
SoulBody LLC (AFAA) Spark Trainer (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPIDERIFIK IRIGA Spin City Instructor Training (AFAA)	SoulBody Teacher Training  KB Squared  SPECTRUM Fitness Methodology Phase 1 - Pelvis  SPECTRUM Fitness Methodology Phase 2 - Scapula  SPECTRUM Fitness Methodology Phase 3 - The Spine  Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy  Social Media for Pole and Aerial Instructors  Spin City Advanced Aerial Hoop Instructor (online)  Spin City Advanced Aerial Sling Instructor (online)  Spin City Advanced Aerial Sling Instructor (online)  Spin City Aerial Silks - Climbs and Descents (online)  Spin City Aerial Silks - Footlocks Module 1 (online)  Spin City Aerial Silks - Footlocks Module 2 (online)  Spin City Aerial Silks - Footlocks Module 2 (online)  Spin City Aerial Silks - Working in the Hitch (online)  Spin City Aerial Silks - Working in the Hitch (online)  Spin City Aerial Silks - Working in the Hitch (online)  Spin City Beginners Aerial Hoop Instructor (online)  Spin City Beginners Aerial Hoop Instructor (online)	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study	5.0 15.0 15.0 15.0 7.0 8.0 15.0 15.0 15.0 8.0 8.0 8.0 8.0 15.0 15.0	12/31/21 www.spincityinstructortraining.com
SoulBody LLC (AFAA) Spark Trainer (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPIDERfit Kids (AFAA) SpiD City Instructor Training (AFAA) Spin City Instructor Training (AFAA)	SoulBody Teacher Training  KB Squared  SPECTRUM Fitness Methodology Phase 1 - Pelvis  SPECTRUM Fitness Methodology Phase 2 - Scapula  SPECTRUM Fitness Methodology Phase 3 - The Spine  Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy  Social Media for Pole and Aerial Instructors  Spin City Advanced Aerial Hoop Instructor (online)  Spin City Advanced Aerial Sling Instructor (online)  Spin City Advanced Pole Fitness Instructor (online)  Spin City Aerial Silks - Climbs and Descents (online)  Spin City Aerial Silks - Footlocks Module 1 (online)  Spin City Aerial Silks - Footlocks Module 2 (online)  Spin City Aerial Silks - Hiplock Skills (online)  Spin City Aerial Silks - Working in the Hitch (online)  Spin City Aerial Silks - Working in the Hitch (online)  Spin City Aerial Silks - Working in the Hitch (online)  Spin City Aerial Silks - Online) Instructor (online)  Spin City Anatomy and Physiology Foundations (online)  Spin City Anatomy and Physiology Foundations (online)	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study	5.0 15.0 15.0 7.0 8.0 15.0 15.0 15.0 15.0 8.0 8.0 8.0 8.0 8.0 15.0	12/31/21 12/31/20 www.spectrumsp.com 12/31/20 www.spectrumsp.com 12/31/20 www.spectrumsp.com 12/31/20 www.spectrumsp.com 12/31/20 www.spinctiynstructortraining.com 12/31/21 www.spincitynstructortraining.com
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SoulBody LLC (AFAA) Spark Trainer (AFAA) SpeCTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPIDERIFE kids (AFAA) Spin City Instructor Training (AFAA)	SoulBody Teacher Training  KB Squared  SPECTRUM Fitness Methodology Phase 1 - Pelvis  SPECTRUM Fitness Methodology Phase 2 - Scapula  SPECTRUM Fitness Methodology Phase 3 - The Spine  Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy  Social Media for Pole and Aerial Instructors  Spin City Advanced Aerial Hoop Instructor (online)  Spin City Advanced Aerial Sling Instructor (online)  Spin City Advanced Aerial Sling Instructor (online)  Spin City Advanced Pole Fitness Instructor (online)  Spin City Aerial Sliks - Elmost and Descents (online)  Spin City Aerial Sliks - Footlocks Module 1 (online)  Spin City Aerial Sliks - Footlocks Module 2 (online)  Spin City Aerial Sliks - Footlocks Module 2 (online)  Spin City Aerial Sliks - Working in the Hitch (online)  Spin City Aerial Sliks - Working in the Hitch (online)  Spin City Speginners Aerial Hoop Instructor (online)  Spin City Beginners Aerial Sling Instructor (online)  Spin City Beginners Aerial Hoop Instructor (online)  Spin City Beginners Poper Aerial Sling Instructor (online)	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study	5.0 15.0 15.0 15.0 7.0 8.0 15.0 15.0 15.0 8.0 8.0 8.0 8.0 15.0 15.0 15.0 15.0	12/31/21 www.spincityinstructortraining.com
SoulBody LLC (AFAA) Spark Trainer (AFAA) SpecTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPIDERIFIK IRIGA (AFAA) SPIDERIFIK IRIGA (AFAA) Spin City Instructor Training (AFAA)	SoulBody Teacher Training  KB Squared  SPECTRUM Fitness Methodology Phase 1 - Pelvis  SPECTRUM Fitness Methodology Phase 2 - Scapula  SPECTRUM Fitness Methodology Phase 3 - The Spine  Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy  Social Media for Pole and Aerial Instructors  Spin City Advanced Aerial Hoop Instructor (online)  Spin City Advanced Aerial Sling Instructor (online)  Spin City Advanced Aerial Sling Instructor (online)  Spin City Aerial Silks - Climbs and Descents (online)  Spin City Aerial Silks - Footlocks Module 1 (online)  Spin City Aerial Silks - Footlocks Module 2 (online)  Spin City Aerial Silks - Footlocks Module 2 (online)  Spin City Aerial Silks - Working in the Hitch (online)  Spin City Aerial Silks - Working in the Hitch (online)  Spin City Beginners Aerial Hoop Instructor (online)  Spin City Beginners Aerial Sling Instructor (online)  Spin City Beginners Pole Fitness Instructor (online)  Spin City Beginners Pole Fitness Instructor (online)  Spin City Double Point Hoop Instructor (online)  Spin City Poundation Aerial Silks Instructor Training (online)	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study	5.0 15.0 15.0 15.0 7.0 8.0 15.0 15.0 15.0 8.0 8.0 8.0 8.0 15.0 15.0 15.0 15.0	12/31/21 www.spinctiynistructortraining.com 12/31/21 www.spincitynistructortraining.com
SoulBody LLC (AFAA) Spark Trainer (AFAA) SpeCTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPIDERIFK IRIGA (AFAA) SPIDERIFK IRIGA (AFAA) Spin City Instructor Training (AFAA)	SoulBody Teacher Training  KB Squared  SPECTRUM Fitness Methodology Phase 1 - Pelvis  SPECTRUM Fitness Methodology Phase 2 - Scapula  SPECTRUM Fitness Methodology Phase 3 - The Spine  Powerful Play-The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy  Social Media for Pole and Aerial Instructors  Spin City Advanced Aerial Hoop Instructor (online)  Spin City Advanced Aerial Hing Instructor (online)  Spin City Advanced Pole Fitness Instructor (online)  Spin City Aerial Silks - Climbs and Descents (online)  Spin City Aerial Silks - Climbs and Descents (online)  Spin City Aerial Silks - Footlocks Module 1 (online)  Spin City Aerial Silks - Footlocks Module 2 (online)  Spin City Aerial Silks - Workock Skilks (online)  Spin City Aerial Silks - Working in the Hitch (online)  Spin City Aerial Silks - Working in the Hitch (online)  Spin City Beginners Aerial Hoop Instructor (online)  Spin City Beginners Aerial Hoop Instructor (online)  Spin City Beginners Aerial Hoop Instructor (online)  Spin City Beginners Aerial Silks Instructor (online)  Spin City Foundation Aerial Silks Instructor (online)  Spin City Foundation Aerial Silks Instructor (raining)	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study	5.0 15.0 15.0 15.0 7.0 8.0 15.0 15.0 15.0 8.0 8.0 8.0 8.0 15.0 15.0 15.0 15.0 15.0	12/31/21 www.spincityinstructortraining.com 12/31/21 www.spincityinstructortraining.com 12/31/21 www.spincityinstructortraining.com 12/31/22 www.spincityinstructortraining.com 12/31/21 www.spincityinstructortraining.com
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SoulBody LLC (AFAA) Spark Trainer (AFAA) SpeCTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPIDERIFK Idds (AFAA) SPIDERIFK Idds (AFAA) Spin City Instructor Training (AFAA)	SoulBody Teacher Training  KB Squared  SPECTRUM Fitness Methodology Phase 1 - Pelvis  SPECTRUM Fitness Methodology Phase 2 - Scapula  SPECTRUM Fitness Methodology Phase 3 - The Spine  Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy  Social Media for Pole and Aerial Instructors  Spin City Advanced Aerial Hoop Instructor (online)  Spin City Advanced Aerial Hing Instructor (online)  Spin City Advanced Pole Fitness Instructor (online)  Spin City Aerial Silks - Climbs and Descents (online)  Spin City Aerial Silks - Footlocks Module 1 (online)  Spin City Aerial Silks - Footlocks Module 2 (online)  Spin City Aerial Silks - Footlocks Module 2 (online)  Spin City Aerial Silks - Footlocks Module 2 (online)  Spin City Aerial Silks - Wichock Skills (online)  Spin City Aerial Silks - Working in the Hitch (online)  Spin City Beginners Aerial Hoop Instructor (online)  Spin City Beginners Aerial Hoop Instructor (online)  Spin City Beginners Aerial Hoop Instructor (online)  Spin City Foundation Aerial Silks Instructor Training (online)  Spin City Foundation Aerial Silks Instructor Training (online)  Spin City Foundation Aerial Silks Instructor Training (online)  Spin City Foundation Aerial Silks Instructor (online)  Spin City Foundation Aerial Silks Instructor (online)  Spin City Intermediate Aerial Hoop Instructor (online)  Spin City Intermediate Aerial Hoop Instructor (online)  Spin City Intermediate Pole Fitness Instructor (online)  Spin City Intermediate Pole Fitness Instructor (online)	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study	5.0 15.0 15.0 15.0 7.0 8.0 15.0 15.0 8.0 8.0 8.0 15.0 15.0 15.0 15.0 15.0 15.0 15.0 15	12/31/21 www.spincityinstructortraining.com
SoulBody LLC (AFAA) Spark Trainer (AFAA) SpecTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPIDERIFE KIRG (AFAA) SPIDERIT KI	SoulBody Teacher Training  KB Squared  SPECTRUM Fitness Methodology Phase 1 - Pelvis  SPECTRUM Fitness Methodology Phase 2 - Scapula  SPECTRUM Fitness Methodology Phase 3 - The Spine  Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy  Social Media for Pole and Aerial Instructors  Spin City Advanced Aerial Hoop Instructor (online)  Spin City Advanced Aerial Sling Instructor (online)  Spin City Advanced Aerial Sling Instructor (online)  Spin City Advanced Aerial Sling Instructor (online)  Spin City Aerial Sliks - Footlocks Module 1 (online)  Spin City Aerial Sliks - Footlocks Module 1 (online)  Spin City Aerial Sliks - Footlocks Module 2 (online)  Spin City Aerial Sliks - Footlocks Module 2 (online)  Spin City Aerial Sliks - Working in the Hitch (online)  Spin City Aerial Sliks - Working in the Hitch (online)  Spin City Beginners Aerial Hoop Instructor (online)  Spin City Beginners Aerial Sling Instructor (online)  Spin City Beginners Aerial Sling Instructor (online)  Spin City Foundation Aerial Sliks Instructor (online)  Spin City Foundation Aerial Sliks Instructor (online)  Spin City Foundation Aerial Sliks Instructor (online)  Spin City Intermediate Aerial Hoop Instructor (online)  Spin City Intermediate Aerial Sling Instructor (online)  Spin City Intermediate Pole Fitness Instructor (online)  Spin City Pole Fabric Instructor (online)  Spin City Pole Fabric Instructor (online)  Spin City Pole Fabric Instructor (online)	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study	5.0 15.0 15.0 15.0 15.0 15.0 15.0 15.0 15.0 8.0 8.0 8.0 8.0 15.0 15.0 15.0 15.0 15.0 15.0 15.0 15.0 15.0 8.0 8.0 8.0 8.0 8.0 8.0 8.0 15.0	12/31/21 www.spinctiynstructortraining.com 12/31/22 www.spinctiynstructortraining.com 12/31/21 www.spinctiynstructortraining.com 12/31/21 www.spincitynstructortraining.com
SoulBody LLC (AFAA) Spark Trainer (AFAA) SpeCTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPIDERIFK kids (AFAA) SPIDERIFK kids (AFAA) Spin City Instructor Training (AFAA)	SoulBody Teacher Training  KB Squared  SPECTRUM Fitness Methodology Phase 1 - Pelvis  SPECTRUM Fitness Methodology Phase 2 - Scapula  SPECTRUM Fitness Methodology Phase 3 - The Spine  Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy  Social Media for Pole and Aerial Instructors  Spin City Advanced Aerial Hoop Instructor (online)  Spin City Advanced Aerial Hing Instructor (online)  Spin City Advanced Pole Fitness Instructor (online)  Spin City Aerial Silks - Climbs and Descents (online)  Spin City Aerial Silks - Footlocks Module 1 (online)  Spin City Aerial Silks - Footlocks Module 2 (online)  Spin City Aerial Silks - Footlocks Module 2 (online)  Spin City Aerial Silks - Will (online)  Spin City Aerial Silks - Will (online)  Spin City Aerial Silks - Will (online)  Spin City Beginners Aerial Hoop Instructor (online)  Spin City Beginners Aerial Hoop Instructor (online)  Spin City Beginners Aerial Hoop Instructor (online)  Spin City Double Point Hoop Instructor (online)  Spin City Foundation Aerial Silks Instructor Training (online)  Spin City Foundation Aerial Silks Instructor Training (online)  Spin City Foundation Aerial Silks Instructor Training (online)  Spin City Intermediate Aerial Hoop Instructor (online)  Spin City Intermediate Aerial Hoop Instructor (online)  Spin City Intermediate Aerial Hoop Instructor (online)  Spin City Intermediate Pole Fitness Instructor (online)  Spin City Spinning Pole Instructor (online)	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study	5.0 15.0 15.0 15.0 7.0 8.0 15.0 15.0 8.0 8.0 8.0 8.0 15.0 15.0 15.0 15.0 15.0 15.0 15.0 15	12/31/21 www.spincityinstructortraining.com 12/31/21 www.spincityinstructortraining.com 12/31/21 www.spincityinstructortraining.com 12/31/22 www.spincityinstructortraining.com 12/31/21 www.spincityinstructortraining.com
SoulBody LLC (AFAA) Spark Trainer (AFAA) SpeCTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPICHRUM,	SoulBody Teacher Training  KB Squared  SPECTRUM Fitness Methodology Phase 1 - Pelvis  SPECTRUM Fitness Methodology Phase 2 - Scapula  SPECTRUM Fitness Methodology Phase 3 - The Spine  Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy  Social Media for Pole and Aerial Instructors  Spin City Advanced Aerial Hoop Instructor (online)  Spin City Advanced Aerial Sling Instructor (online)  Spin City Advanced Aerial Sling Instructor (online)  Spin City Aerial Silks - Footlocks Module 1 (online)  Spin City Aerial Silks - Footlocks Module 2 (online)  Spin City Aerial Silks - Footlocks Module 1 (online)  Spin City Aerial Silks - Footlocks Module 2 (online)  Spin City Aerial Silks - Footlocks Module 2 (online)  Spin City Aerial Silks - Working in the Hitch (online)  Spin City Aerial Silks - Working in the Hitch (online)  Spin City Aerial Silks - Working in the Hitch (online)  Spin City Beginners Aerial Aling Instructor (online)  Spin City Beginners Aerial Siling Instructor (online)  Spin City Beginners Aerial Siling Instructor (online)  Spin City Foundation Aerial Silks Instructor (online)  Spin City Foundation Aerial Silks Instructor (online)  Spin City Foundation Aerial Silks Instructor (online)  Spin City Intermediate Aerial Sing Instructor (online)  Spin City Spole Fabric Instructor (online)  Spin City Stretching and Flexibility for Pole and Aerial (online)  Spin City Stretching and Flexibility for Pole and Aerial (online)	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study	5.0 15.0 15.0 15.0 7.0 8.0 15.0 15.0 15.0 8.0 8.0 8.0 8.0 15.0 15.0 15.0 15.0 15.0 15.0 15.0 15	12/31/21 www.spinctiynstructortraining.com
SoulBody LLC (AFAA) Spark Trainer (AFAA) Spark Trainer (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPIDERIFK Idda (AFAA) SpiDERIFK INSTRUCTOR TRAINING	SoulBody Teacher Training  KB Squared  SPECTRUM Fitness Methodology Phase 1 - Pelvis  SPECTRUM Fitness Methodology Phase 2 - Scapula  SPECTRUM Fitness Methodology Phase 3 - The Spine  Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy  Social Media for Pole and Aerial Instructors  Spin City Advanced Aerial Hopp Instructor (online)  Spin City Advanced Aerial Sling Instructor (online)  Spin City Advanced Aerial Sling Instructor (online)  Spin City Aerial Silks - Climbs and Descents (online)  Spin City Aerial Silks - Footlocks Module 1 (online)  Spin City Aerial Silks - Footlocks Module 2 (online)  Spin City Aerial Silks - Footlocks Module 2 (online)  Spin City Aerial Silks - Footlocks Module 2 (online)  Spin City Aerial Silks - Working in the Hitch (online)  Spin City Aerial Silks - Working in the Hitch (online)  Spin City Beginners Aerial Hoop Instructor (online)  Spin City Beginners Aerial Silkg Instructor (online)  Spin City Beginners Aerial Silks Instructor (online)  Spin City Foundation Aerial Silks Instructor (online)  Spin City Foundation Aerial Silks Instructor (online)  Spin City Foundation Aerial Silks Instructor (online)  Spin City Intermediate Aerial Hoop Instructor (online)  Spin City Intermediate Aerial Silks Instructor (online)  Spin City Intermediate Pole Fitness Instructor (online)  Spin City Pole Fabric Instructor (online)  Spin City Foundation Aerial Silks Instructor (online)  Spin City Stretching and Flexibility for Pole and Aerial (online)  Deep Core Activation Course	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study	5.0 15.0 15.0 15.0 7.0 8.0 15.0 15.0 8.0 8.0 15.0 15.0 15.0 15.0 15.0 15.0 15.0 15	12/31/20 www.spectrumsp.com 12/31/20 www.spectrumsp.com 12/31/20 www.spectrumsp.com 12/31/20 www.spectrumsp.com 12/31/20 www.spectrumsp.com 12/31/21 www.spinctyinstructortraining.com 12/31/21 www.spinctyinstructortraining.com 12/31/21 www.spincityinstructortraining.com
SoulBody LLC (AFAA) Spark Trainer (AFAA) Spark Trainer (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPECTRUM, Inc (AFAA) SPIDERIR kids (AFAA) Spin City Instructor Training (AFAA)	SoulBody Teacher Training  KB Squared  SPECTRUM Fitness Methodology Phase 1 - Pelvis  SPECTRUM Fitness Methodology Phase 2 - Scapula  SPECTRUM Fitness Methodology Phase 3 - The Spine  Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy  Social Media for Pole and Aerial Instructors  Spin City Advanced Aerial Hoop Instructor (online)  Spin City Advanced Aerial Sling Instructor (online)  Spin City Advanced Aerial Sling Instructor (online)  Spin City Aerial Silks - Footlocks Module 1 (online)  Spin City Aerial Silks - Footlocks Module 2 (online)  Spin City Aerial Silks - Footlocks Module 1 (online)  Spin City Aerial Silks - Footlocks Module 2 (online)  Spin City Aerial Silks - Footlocks Module 2 (online)  Spin City Aerial Silks - Working in the Hitch (online)  Spin City Aerial Silks - Working in the Hitch (online)  Spin City Aerial Silks - Working in the Hitch (online)  Spin City Beginners Aerial Aling Instructor (online)  Spin City Beginners Aerial Siling Instructor (online)  Spin City Beginners Aerial Siling Instructor (online)  Spin City Foundation Aerial Silks Instructor (online)  Spin City Foundation Aerial Silks Instructor (online)  Spin City Foundation Aerial Silks Instructor (online)  Spin City Intermediate Aerial Sing Instructor (online)  Spin City Spole Fabric Instructor (online)  Spin City Stretching and Flexibility for Pole and Aerial (online)  Spin City Stretching and Flexibility for Pole and Aerial (online)	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study	5.0 15.0 15.0 15.0 7.0 8.0 15.0 15.0 15.0 8.0 8.0 8.0 8.0 15.0 15.0 15.0 15.0 15.0 15.0 15.0 15	12/31/21 www.spincityinstructortraining.com

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START Fitness/Fit to Fight (AFAA)	WaterRower Crew Coach Certification Course	Workshop/Seminar	8.0	12/31/20 www.startfitness.com
START Fitness/Fit to Fight (AFAA)	WaterRower® Virtual Crew Coach Course™	Home Study	6.0	12/31/20 https://www.sgtken.com
Stealth Institution (AFAA)	SRE	Workshop/Seminar	15.0	12/31/20
Stealth Institution (AFAA)	THUMP Boxing L1+2	Workshop/Seminar	15.0	12/31/20
Stephanie McCall (AFAA)	CARDIO BURN!	Workshop/Seminar	3.0	12/31/20 stephaniemccallfitness.com
Stephanie McCall (AFAA)	STILL STRONG!	Workshop/Seminar	3.0	12/31/20 stephaniemccallfitness.com
StickMobility (AFAA)	Stick Mobility Level 1	Workshop/Seminar	13.0	12/31/20 https://stickmobility.com/certification/
StickMobility (AFAA)	Stick Mobility Level 1	Home Study	13.0	12/31/20 www.stickmobility.com
	Stick/fit Foundation Instructor Training			
StickXfit (AFAA)	*	Workshop/Seminar	15.0	12/31/21 https://StickXfit.com
Stretch to Win Institute (AFAA)	Level 1 (FST) Fascial Stretch Therapy	Workshop/Seminar	15.0	12/31/20 www.stretchtowin.com
STRETCH*D (LIMBER INC) (AFAA)	STRETCHD Academy Self-Stretch Module	Home Study	3.0	12/31/20 https://stretchdspace.com
StretchSource (AFAA)	StretchSource Trainer - Level 1	Workshop/Seminar	15.0	12/31/20 www.stretchsourcetraining.com/services
Strong Education (AFAA)	Adaptive Special Needs Group Instructor	Home Study	14.0	12/31/21 www.certifystrong.com
Strong Education (AFAA)	Adaptive Special Needs Nutrition Coach	Home Study	4.0	12/31/21 www.certifystrong.com
Strong Education (AFAA)	Adaptive Special Needs Trainer Level 1	Home Study	14.0	12/31/21 www.certifystrong.com
Strong Education (AFAA)		Home Study		12/31/21 www.certifystrong.com
	Adaptive Special Needs Trainer Level 2		14.0	
StrongBoard Balance (AFAA)	Introduction to StrongBoard Balance	Home Study	6.0	12/31/20 www.StrongBoardBalance.com
StrongBoard Balance (AFAA)	StrongBoard Balance Personal Trainer & Instructor Course	Home Study	8.0	12/31/20 www.StrongBoardBalance.com
Surge Fit (AFAA)	Surge Fit Instructor Training	Workshop/Seminar	8.0	12/31/20 www.surge-fit.com
SweatBox (AFAA)	SweatBoss Training	Workshop/Seminar	15.0	12/31/20 https://sweatboxdc.com
Sweaty Chix Fitness (AFAA)	SCF Drench	Workshop/Seminar	10.0	12/31/20 sweatychixfitness.com
Swedish Academy of Sport Training (SAST) (AFAA)	Sport Nutrition Coach	Home Study	15.0	12/31/20 www.swedish-academy.com
TE3 Mobility (AFAA)				
	TE3 Mobility Instructor Course	Home Study	4.0	12/31/20 https://te3mobility.com
Team Alloy (AFAA)	Alloy: Personal Training Programming Certification	Workshop/Seminar	8.0	12/31/21 www.teamalloy.com
Technogym USA (AFAA)	Technogym Sport & Performance Summit	Conference	8.0	12/31/20
Technogym USA (AFAA)	Technogym Sport & Performance Summit- Golf Edition	Workshop/Seminar	4.0	12/31/20
Temple Human Performance (AFAA)	Movement Science & Neuromuscular Re-Education (Level 1-Mobility)	Workshop/Seminar	8.0	12/31/20 www.templehp.com
Temple Human Performance (AFAA)	Movement Science & Neuromuscular Re-Education (Level 1-Stability)	Workshop/Seminar	8.0	12/31/20 www.templehp.com
Terra-Core Fitness (AFAA)	Terra Core Training	Workshop/Seminar	6.0	12/31/20 www.terracorefitness.com
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The Academy Of Sport Speed and Agility (AFAA)	Coaching Explosive Speed Online Course	Workshop/Seminar	8.0	12/31/20 https://www.learningwithranell.com/aboutcoachingspeed/
The Academy Of Sport Speed and Agility (AFAA)	Maximising Running Performance 2 Day Course	Workshop/Seminar	14.0	12/31/20 academyofsportspeed.com
The Bannister Method (AFAA)	Enhance Your Teaching Skills	Workshop/Seminar	9.0	12/31/20 https://www.thebannistermethod.com
The Bannister Method (AFAA)	Hands on Stretching	Workshop/Seminar	9.0	12/31/20 https://www.thebannistermethod.com
The Bannister Method (AFAA)	On The Ball	Workshop/Seminar	9.0	12/31/20 https://www.thebannistermethod.com
The Brand X Method (AFAA)	Brand X Professional Youth Coach	Home Study	10.0	12/31/20 https://thebrandxmethod.com
The Breathing Class (AFAA)	Breathing for Warriors Online Course	Home Study	14.0	12/31/20 thebreathingclass.com
			15.0	_ · · · _ · _ ·
The Breathing Class (AFAA)	The BREATHE Teacher Training Program	Workshop/Seminar		12/31/20 www.thebreathingclass.com
The Differentiator (AFAA)	Lifestyle Accountability Coaching	Home Study	15.0	12/31/20 thedifferentiatorpro.com
The FIT EXPO (AFAA)	TheFitExpo Fit Pro Day - Saturday	Conference	8.0	12/31/20 www.thefitexpo.com
The FIT EXPO (AFAA)	TheFitExpo Fit Pro Day - Sunday	Conference	7.0	12/31/20 www.thefitexpo.com
The FIT EXPO (AFAA) The FIT Institute (AFAA)	TheFitExpo Fit Pro Day - Sunday  Fascial Abrasion Technique - FAT-Tool™ Technique	Conference Workshop/Seminar	7.0	12/31/20 www.thefitexpo.com 12/31/21 https://www.thefitinstitute.com/training/
The FIT Institute (AFAA)				
The FIT Institute (AFAA) The MELT Method (Longevity Fitness, Inc.) (AFAA)	Fascial Abrasion Technique - FAT-Tool™ Technique MELT Instructor Training Level 1	Workshop/Seminar Workshop/Seminar	7.0 15.0	12/31/21 https://www.thefitinstitute.com/training/ 12/31/20 www.meltmethod.com
The FIT Institute (AFAA) The MELT Method (Longevity Fitness, Inc.) (AFAA) The Ready State (AFAA)	Fascial Abrasion Technique - FAT-Tool™ Technique MELT Instructor Training Level 1 Movement & Mobility 101	Workshop/Seminar Workshop/Seminar Home Study	7.0 15.0 13.0	12/31/21 https://www.thefitinstitute.com/training/ 12/31/20 www.meltmethod.com 12/31/20 http://www.mobilitywod.com
The FIT Institute (AFAA) The MELT Method (Longevity Fitness, Inc.) (AFAA) The Ready State (AFAA) The Ready State (AFAA)	Fascial Abrasion Technique - FAT-Tool™ Technique MELT Instructor Training Level 1 Movement & Mobility 101 The Ready State & Mobility 102	Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar	7.0 15.0 13.0 15.0	12/31/21 https://www.thefitinstitute.com/training/ 12/31/20 www.meltmethod.com 12/31/20 http://www.mobilitywod.com 12/31/20 www.thereadystate.com
The FIT Institute (AFAA) The MELT Method (Longevity Fitness, Inc.) (AFAA) The Ready State (AFAA) The Ready State (AFAA) The Stretching Institute (AFAA)	Fascial Abrasion Technique - FAT-Tool™ Technique MELT Instructor Training Level 1 Movement & Mobility 101 The Ready State & Mobility 102 The Certificate in Stretching & Flexibility (Level 1) Fundamentals & Physiology of Flexibility	Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study	7.0 15.0 13.0 15.0	12/31/21 https://www.thefitinstitute.com/training/ 12/31/20 www.meltmethod.com 12/31/20 http://www.mobilitywod.com 12/31/20 www.thereadystate.com 12/31/20 https:// Stretchcoach.com
The FIT Institute (AFAA) The MELT Method (Longevity Fitness, Inc.) (AFAA) The Ready State (AFAA) The Ready State (AFAA) The Stretching Institute (AFAA) The Village Fit (AFAA)	Fascial Abrasion Technique - FAT-Tool™ Technique MELT Instructor Training Level 1 Movement & Mobility 101 The Ready State & Mobility 102 The Certificate in Stretching & Flexibility (Level 1) Fundamentals & Physiology of Flexibility Fitness Instructor-In-Training	Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar	7.0 15.0 13.0 15.0 15.0	12/31/20 www.meltmethod.com 12/31/20 www.meltmethod.com 12/31/20 http://www.mobilitywod.com 12/31/20 www.thereadystate.com 12/31/20 www.thereadystate.com 12/31/20 www.thereadystate.com
The FIT Institute (AFAA) The MELT Method (Longevity Fitness, Inc.) (AFAA) The Ready State (AFAA) The Ready State (AFAA) The Stretching Institute (AFAA)	Fascial Abrasion Technique - FAT-Tool™ Technique MELT Instructor Training Level 1 Movement & Mobility 101 The Ready State & Mobility 102 The Certificate in Stretching & Flexibility (Level 1) Fundamentals & Physiology of Flexibility	Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study	7.0 15.0 13.0 15.0	12/31/21 https://www.thefitinstitute.com/training/ 12/31/20 www.meltmethod.com 12/31/20 http://www.mobilitywod.com 12/31/20 www.thereadystate.com 12/31/20 https:// Stretchcoach.com
The FIT Institute (AFAA) The MELT Method (Longevity Fitness, Inc.) (AFAA) The Ready State (AFAA) The Ready State (AFAA) The Stretching Institute (AFAA) The Village Fit (AFAA)	Fascial Abrasion Technique - FAT-Tool™ Technique MELT Instructor Training Level 1 Movement & Mobility 101 The Ready State & Mobility 102 The Certificate in Stretching & Flexibility (Level 1) Fundamentals & Physiology of Flexibility Fitness Instructor-In-Training	Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar	7.0 15.0 13.0 15.0 15.0	12/31/20 www.meltmethod.com 12/31/20 www.meltmethod.com 12/31/20 http://www.mobilitywod.com 12/31/20 www.thereadystate.com 12/31/20 www.thereadystate.com 12/31/20 www.thereadystate.com
The FIT Institute (AFAA) The MELT Method (Longevity Fitness, Inc.) (AFAA) The Ready State (AFAA) The Ready State (AFAA) The Stretching Institute (AFAA) The Village Fit (AFAA) The Village Fit (AFAA) The Village Fit (AFAA)	Fascial Abrasion Technique - FAT-Tool™ Technique  MELT Instructor Training Level 1  Movement & Mobility 101  The Ready State & Mobility 102  The Certificate in Stretching & Flexibility (Level 1) Fundamentals & Physiology of Flexibility  Fitness Instructor-In-Training  Kettlebell  V Strong	Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar	7.0 15.0 13.0 15.0 15.0 15.0 9.0	12/31/20 www.meltruter.com/training/ 12/31/20 www.meltruter.do.com 12/31/20 http://www.mobilitywod.com 12/31/20 www.thereadystate.com 12/31/20 https:// Stretchcoach.com 12/31/20 www.thevillagedallas.com 12/31/20 www.thevillagedallas.com 12/31/20 www.thevillagedallas.com
The FIT Institute (AFAA) The MELT Method (Longevity Fitness, Inc.) (AFAA) The Ready State (AFAA) The Ready State (AFAA) The Stretching institute (AFAA) The Village Fit (AFAA) The Village Fit (AFAA) The Village Fit (AFAA) The Village Fit (AFAA)	Fascial Abrasion Technique - FAT-Tool™ Technique MELT Instructor Training Level 1 Movement & Mobility 101 The Ready State & Mobility 102 The Certificate in Stretching & Flexibility (Level 1) Fundamentals & Physiology of Flexibility Fitness Instructor-in-Training Kettlebell V Strong V TC	Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	7.0 15.0 13.0 15.0 15.0 15.0 9.0 6.0	12/31/21 https://www.thefitinstitute.com/training/ 12/31/20 www.meltmethod.com 12/31/20 http://www.mollitywod.com 12/31/20 www.thereadystate.com 12/31/20 www.thereadystate.com 12/31/20 www.thevillagedallas.com 12/31/20 www.thevillagedallas.com 12/31/20 www.thevillagedallas.com 12/31/20 www.thevillagedallas.com
The FIT Institute (AFAA) The MELT Method (Longevity Fitness, Inc.) (AFAA) The Ready State (AFAA) The Ready State (AFAA) The Stretching institute (AFAA) The Village Fit (AFAA) The World GROOVE Movement (AFAA)	Fascial Abrasion Technique - FAT-Tool™ Technique  MELT Instructor Training Level 1  Movement & Mobility 101  The Ready State & Mobility 102  The Certificate in Stretching & Flexibility (Level 1) Fundamentals & Physiology of Flexibility  Fitness Instructor-In-Training  Kettlebell  V Strong  V TC  The GROOVE Method Facilitator Training	Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	7.0 15.0 13.0 15.0 15.0 15.0 9.0 6.0 6.0	12/31/20 www.meltmethod.com 12/31/20 www.meltmethod.com 12/31/20 https://www.moltmethod.com 12/31/20 https://strethcoach.com 12/31/20 https://strethcoach.com 12/31/20 www.thevillagedallas.com
The FIT Institute (AFAA) The MELT Method (Longevity Fitness, Inc.) (AFAA) The Ready State (AFAA) The Ready State (AFAA) The Stretching Institute (AFAA) The Village Fit (AFAA) The World GROOVE Movement (AFAA) the World GROOVE Movement (AFAA)	Fascial Abrasion Technique - FAT-Tool™ Technique  MELT Instructor Training Level 1  Movement & Mobility 101  The Ready State & Mobility 102  The Certificate in Stretching & Flexibility (Level 1) Fundamentals & Physiology of Flexibility  Fitness Instructor-In-Training  Kettlebell  V Strong  V TC  The GROOVE Method Facilitator Training  theLONDONmethod	Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	7.0 15.0 13.0 15.0 15.0 15.0 9.0 6.0 6.0 15.0	12/31/20 kmw.meltmethod.com 12/31/20 kmw.meltmethod.com 12/31/20 https://www.mbilitywod.com 12/31/20 kmw.thereadystate.com 12/31/20 kmw.thereadystate.com 12/31/20 kmw.thevillagedallas.com 12/31/20 www.thevillagedallas.com 12/31/20 www.thevillagedallas.com 12/31/20 kmw.thevillagedallas.com 12/31/20 kmw.thevillagedallas.com 12/31/20 kmw.thevillagedallas.com 12/31/20 kmw.thevillagedallas.com 12/31/20 kmw.thevillagedallas.com
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The FIT Institute (AFAA) The MELT Method (Longevity Fitness, Inc.) (AFAA) The Ready State (AFAA) The Ready State (AFAA) The Stretching institute (AFAA) The Village Fit (AFAA) The World GROOVE Movement (AFAA) The World GROOVE Movement (AFAA) TheraGun (AFAA) TheraGun (AFAA) TheraGun (AFAA) TheraGun (AFAA) TheraGun (AFAA) Total Body Tabata LLC (AFAA) Total Body Tabata LLC (AFAA) Training Peaks University (AFAA) Training Peaks University (AFAA) Tread Tabata (AFAA) Trex Marketing Solutions, LLC (AFAA) TRX (AFAA)	Fascial Abrasion Technique - FAT-Tool™ Technique  MELT Instructor Training Level 1  Movement & Mobility 101  The Ready State & Mobility 102  The Certificate in Stretching & Flexibility (Level 1) Fundamentals & Physiology of Flexibility  Fitness Instructor-in-Training  Kettlebell  V Strong  V TC  The GROOVE Method Facilitator Training  theLONDONmethod  Theragun Performance Specialist Course  Theragun Performance Specialist Course  Theragun Performance Specialist Ourse  Theragun Performance Specialist Digital Course  Theragun Personal Trainers Course  Tabata Basic Instructor Training Certification Self Study Course  Total Mommy Fitness  EVOLUTIONSO TRAINER 1  Strength Training for Cycling Success  Tread Tabata  FASTer Way to Fat Loss Certified Coach  TRX Advanced Group Training Course (AGTC)  TRX Delivering Your Experience  TRX For Yoga - LIVE Course  TRX For Yoga - LIVE Course  TRX FORCE Operator's Training Course (Level 1)  TRX FORCE Operator's Training Course (Level 3)  TRX Foroup Rip Training Course (GTC)  TRX Group Rip Training Course (GTC)  TRX Group Rip Training Course (GTC)  TRX Group Training Course (GTC)  TRX MAPS - Digital Course  TRX MAPS - Live Course  TRX MAPS - User Course  TRX MAPS - Digital Course  TRX MBOdy  TRX Next Level HIIT  TRX PI Fraining Course (RTC)	Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Home Study Home Study Home Study Home Study Workshop/Seminar Home Study Workshop/Seminar	7.0 15.0 15.0 15.0 15.0 15.0 15.0 15.0 15	12/31/20 https://www.thefitinstitute.com/training/ 12/31/20 https://www.meltmethod.com 12/31/20 https://www.meltmethod.com 12/31/20 https://stretchcoach.com 12/31/20 www.thervillagedallas.com 12/31/20 www.thervillagedallas.com 12/31/20 www.thervillagedallas.com 12/31/20 www.thervillagedallas.com 12/31/20 https://www.thervillagedallas.com 12/31/20 https://www.thervillagedallas.com 12/31/20 https://www.thervillagedallas.com 12/31/20 https://www.theoridgroovernovement.com 12/31/20 https://www.theoridgroovernovement.com 12/31/20 https://www.toalibodytabata.com 12/31/20 www.toalibodytabata.com 12/31/20 www.trxtraining.com 12/31/20 www.trxtraining.com/trx-academy 12/31/20 www.trxtraining.com/trx-academy 12/31/20 www.trxtraining.com 12/31/20 www.trxtraining.com 12/31/20 www.trxtraining.com 12/31/20 www.trxtraining.com/trx-academy

TRX (AFAA)	TRX Trainer Basics Course	Home Study	3.0	12/31/20 www.trxtraining.com
TRX (AFAA)	TRX Trainer Summit 2020	Conference	15.0	12/31/20
TRX (AFAA)	TRX Training in 90min	Home Study	2.0	12/31/20 https://www.trxtraining.com/trx-academy
TRX (AFAA)	TRX Training Lenses 2.0	Workshop/Seminar	1.0	12/31/20 https://www.trxtraining.com/trx-academy
TRX (AFAA)	TRX Training Through the Stages	Home Study	2.0	12/31/20 https://www.trxtraining.com/trx-academy
TRX (AFAA)	TRX Training Unplugged: Balancing Technology & Performance	Workshop/Seminar	2.0	12/31/20 https://www.trxtraining.com/trx-academy
Tune Up Fitness World Wide, Inc. (AFAA)	The Roll Model® Method - Ball Sequencing & Innovation	Workshop/Seminar	7.0	12/31/20 www.tuneupfitness.com
Tune Up Fitness World Wide, Inc. (AFAA)			14.0	
	The Roll Model® Method - Correspondence Course	Workshop/Seminar		12/31/20 www.tuneupfitness.com
Tune Up Fitness World Wide, Inc. (AFAA)	The Roll Model® Method –The Science of Rolling	Workshop/Seminar	8.0	12/31/20 www.tuneupfitness.com
Tune Up Fitness World Wide, Inc. (AFAA)	Treat While You Train- Correspondence Course	Workshop/Seminar	11.0	12/31/20 www.tuneupfitness.com
Turn Up With Tanci LLC (AFAA)	Turn Up Dance Fitness	Workshop/Seminar	7.0	12/31/20 www.turnupwithtanci.com
Two-Brain Business (AFAA)	Ramp Up	Home Study	7.0	12/31/20 https://twobrainbusiness.com/mentoring-process/
UCanRow2 (AFAA)	Indoor Rowing Basics One Day Certificate	Workshop/Seminar	8.0	12/31/21 ucanrow2.com
UCanRow2 (AFAA)	UCanRow2/Concept2 Instructor Certificate	Home Study	3.0	12/31/21 ucanrow2.com
U-Fix The Twist (AFAA)	U-Fix the Twist: Self-Applied	Workshop/Seminar	15.0	12/31/20 ufixthetwist.com
Ultimate Movement, LLC (raisedbarre) (AFAA)	raisedbarre Instructor Training	Workshop/Seminar	12.0	12/31/20
United Endurance Sports Coaching Academy (AFAA)	Running Coach Certification	Home Study	11.0	12/31/20 www.coachendurancesports.com
United Endurance Sports Coaching Academy (AFAA)	Triathlon Coaching Certification	Home Study	11.0	12/31/20 www.coachendurancesports.com
University of Texas at Austin (AFAA)	Mobility Techniques and When to Use Them	Workshop/Seminar	2.0	12/31/20
University of Texas at Austin (AFAA)	Tabata Interval Training!What? Who? Why?	Workshop/Seminar	2.0	12/31/20
University of Texas at Austin (AFAA)	UT RecSports 2020 Kettlebell Workshop	Workshop/Seminar	2.0	12/31/20
UpBeat Barre (AFAA)	UpBeat Barre Training	Workshop/Seminar	7.0	12/31/20 www.upbeatbarre.com
Upward Movement Fitness (AFAA)	Barre Fitness Training	Home Study	10.0	12/31/20 upwardmovementfitness.com
US Fitness Holdings LLC (AFAA)	Explosive Performance Mentorship	Workshop/Seminar	15.0	12/31/21
USA Weightlifting (AFAA)	USA Weightlifting Level 1 Coach Certification	Workshop/Seminar	13.0	12/31/20 https://www.teamusa.org/USA-Weightlifting
VALD Group, Inc (AFAA)	On-Line 4 Hr. BFR training for BLOOD FLOW RESTRICTION	Home Study	4.0	12/31/20 https://www.teamusa.org/osa-weightiliting 12/31/20 www.vald.com
				12/31/20 www.vaid.com 12/31/20
Valemee Fitness (AFAA)	Valence Fitness System Professional Level 1	Workshop/Seminar	7.0	
Valemee Fitness (AFAA)	Valemee Fitness System Professional Level 2	Workshop/Seminar	10.0	12/31/20 https://ufitdublin.com
VeraFlow (AFAA)	VeraFlow Instructor	Workshop/Seminar	15.0	12/31/20 www.veraflow.com
Vertical Joe's (AFAA)	T.W.E.R.K. Technicians	Workshop/Seminar	4.0	12/31/21
VertiMax (AFAA)	VertiMax Summit 2020	Conference	6.0	12/31/20 www.vertimax.com
VertiMax (AFAA)	VertiMax Training Course	Workshop/Seminar	7.0	12/31/21 www.vertimax.com
VicteliB (AFAA)	Boot Camp Challenge	Workshop/Seminar	15.0	12/31/20 www.victelib.com
VIDA Fitness (AFAA)	*All Star* Instructor Training	Workshop/Seminar	15.0	12/31/20 https://vidafitness.com
VIDA Fitness (AFAA)	*TKO* Instructor Training	Workshop/Seminar	8.0	12/31/20 https://vidafitness.com
VIDA Fitness (AFAA)	Barre Instructor	Workshop/Seminar	8.0	12/31/20 www.vidafitness.com
VIDA Fitness (AFAA)	Coach-by-Color Cycling Instructor Training	Workshop/Seminar	8.0	12/31/20 vidafitness.com
VIPR PRO (AFAA)	ViPR PRO Fundamentals Mobile	Home Study	8.0	12/31/20 www.vipr.com
VIPR PRO (AFAA)	ViPR PRO Fundamentals Workshop	Workshop/Seminar	7.0	12/31/20 www.vipr.com
VIVE BARRE (AFAA)	BARRE INSTRUCTOR	Workshop/Seminar	15.0	12/31/20 https://www.vivebarre.mx
Warrior Cross Fitness (AFAA)	Warrior Cross Fitness	Workshop/Seminar	15.0	12/31/20 warriorfitnesscamp.com
WARRIOR Rhythm (AFAA)			9.0	12/31/20 Warnormtnesscamp.com/
	WARRIOR Rhythm Instructor Training	Home Study		
Working Against Gravity (AFAA)	Working Against Gravity	Home Study	9.0	12/31/20 www.workingagainstgravity.com
World Barre Fitness Summit (AFAA)	World Barre Fitness Summit 2020	Conference	15.0	12/31/20 https://www.barresummit.com
World of Dance U-Jam (AFAA)	UnityFest 2020 Program	Conference	15.0	12/31/20 www.worldofdancefitness.com
World of Dance U-Jam (AFAA)	World of Dance U-Jam Instructor Training	Workshop/Seminar	8.0	12/31/20 www.worldofdancefitness.com
XBODY USA LLC (AFAA)	XBody EMS USA Trainer	Workshop/Seminar	15.0	12/31/20
XCO Latin Workout by Jackie (AFAA)	XCO Latin Workout by Jackie	Workshop/Seminar	14.0	12/31/20 www.xcolatinworkout.com
XPERT Pole & Aerial Fitness (AFAA)	XPERT Aerial Hoop	Workshop/Seminar	15.0	12/31/20 www.xpertpolefitness.com
XPERT Pole & Aerial Fitness (AFAA)	XPERT Aerial Silks	Workshop/Seminar	15.0	12/31/20 www.xpertpolefitness.com
XPERT Pole & Aerial Fitness (AFAA)	XPERT Children's Pole & Aerial Teacher Training	Workshop/Seminar	15.0	12/31/20 www.xpertpolefitness.com
XPERT Pole & Aerial Fitness (AFAA)	XPERT Flexibility Flow	Workshop/Seminar	15.0	12/31/20 www.xpertpolefitness.com
XPERT Pole & Aerial Fitness (AFAA)	XPERT Pole Fitness Level 1 & 2	Workshop/Seminar	15.0	12/31/20 www.xpertpolefitness.com
XPERT Pole & Aerial Fitness (AFAA)	XPERT Pole Fitness Level 3 & 4	Workshop/Seminar	15.0	12/31/20 www.xpertpolefitness.com
XPERT Pole & Aerial Fitness (AFAA)	XPERT Spinning Pole Teacher Training	Workshop/Seminar	15.0	12/31/20 www.xpertpolefitness.com
XPT (AFAA)	XPT Coaching	Home Study	15.0	12/31/20
XPT (AFAA)	XPT: Performance Breathing	Workshop/Seminar	15.0	12/31/20 www.xptlife.com
			14.0	
XTEND (AFAA)	Barreology Live!	Home Study		12/31/20 https://www.xtendbarre.com
XTEND (AFAA)	XTEND 2 Day ERT	Workshop/Seminar	14.0	12/31/20 www.xtendbarre.com
XTEND (AFAA)	XTEND 5 Day ERT	Workshop/Seminar	15.0	12/31/20 www.xtendbarre.com
Xuan Randy Zhou (AFAA)	Xuan Randy Zhou's Exercise Anatomy and Free Weight Training	Workshop/Seminar	15.0	12/31/20 www.cerfglobal.com
Xuan Randy Zhou (AFAA)	Xuan Randy Zhou's Strength Hypertrophy Training System	Workshop/Seminar	12.0	12/31/20 www.cerfglobal.com
YMCA of Greater Charlotte (AFAA)	2020 YMCA of Greater Charlotte Conference	Conference	15.0	12/31/20 ymcacharlotte.org
Yoga Athletex (AFAA)	HIIT for Sports Performance Intensive	Workshop/Seminar	11.0	12/31/20 www.yogaathletex.com
Yoga International (AFAA)	Yoga Anatomy Training	Workshop/Seminar	15.0	12/31/20 yogainternational.com/ecourse/yoga-anatomy
Yoga with Kassandra Inc (AFAA)	Online Yin Yoga Teacher Training	Home Study	13.0	12/31/20 www.yogawithkassandra.com
YogaFaith (AFAA)	YOGAFAITH COURSES: Module 2 – God, Breath & Energy	Home Study	15.0	12/31/20 https://yogafaith.org/
YogaFaith (AFAA)	YOGAFAITH COURSES: Module 3 - Our Temple, Anatomy & Kinesiology	Home Study	15.0	12/31/20 https://yogafaith.org/
YogaFaith (AFAA)	YOGAFAITH COURSES: Module 4 - YogaFaith Therapy & Touch	Home Study	15.0	12/31/20 https://yogafaith.org/
YogaFaith (AFAA)		Home Study	15.0	12/31/20 https://yogafaith.org/
	YOGAFAITH COURSES: Module 5 - Complete in Him	,	15.0	12/31/20 https://yogafaith.org/
	YOGAFAITH COURSES: Module 5 - Complete in Him YOGAFAITH MODULE ONE: In the Regioning	Home Study		
YogaFaith (AFAA)	YOGAFAITH MODULE ONE: In the Beginning	Home Study Workshop/Seminar		
YogaFaith (AFAA) You Rock Fitness, LLC (AFAA)	YOGAFAITH MODULE ONE: In the Beginning AMPD Burn	Workshop/Seminar	7.0	12/31/20 www.ampdstrong.com
YogaFaith (AFAA) You Rock Fitness, LLC (AFAA) You Rock Fitness, LLC (AFAA)	YOGAFAITH MODULE ONE: In the Beginning AMPD Burn AMPD Power Flow	Workshop/Seminar Workshop/Seminar	7.0 7.0	12/31/20 www.ampdstrong.com 12/31/20 www.ampdpowerflow.com
YogaFaith (AFAA) You Rock Fitness, LLC (AFAA) You Rock Fitness, LLC (AFAA) You Rock Fitness, LLC (AFAA)	YOGAFAITH MODULE ONE: In the Beginning AMPD Burn AMPD Power Flow AMPD Resistance	Workshop/Seminar Workshop/Seminar Workshop/Seminar	7.0 7.0 1.0	12/31/20 www.ampdpowerflow.com 12/31/20 www.kettlebellampd.com
YogaFaith (AFAA) You Rock Fitness, LLC (AFAA)	YOGAFAITH MODULE ONE: In the Beginning AMPD Burn AMPD Power Flow AMPD Resistance AMPD Strength	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	7.0 7.0 1.0 6.0	12/31/20 www.ampdstrong.com 12/31/20 www.ampdgowerflow.com 12/31/20 www.kettlebellampd.com 12/31/20 www.ampdstrong.com
YogaFaith (AFAA) You Rock Fitness, LLC (AFAA)	YOGAFAITH MODULE ONE: In the Beginning AMPD Burn AMPD Power Flow AMPD Resistance AMPD Strength Ketlebell AMPD Instructor Training	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar	7.0 7.0 1.0 6.0 7.0	12/31/20 www.ampdpowerflow.com 12/31/20 www.ampdpowerflow.com 12/31/20 www.kettlebellampd.com 12/31/20 www.ampdstrong.com 12/31/20 http://www.kettlebellaMPD.com
YogaFaith (AFAA) You Rock Fitness, LLC (AFAA) YouniquelyFit (AFAA)	YOGAFAITH MODULE ONE: In the Beginning AMPD Burn AMPD Power Flow AMPD Resistance AMPD Strength Kettlebell AMPD Instructor Training YouniquelyFits Postural Pre- and Post Natal Programs	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study	7.0 7.0 1.0 6.0 7.0 10.0	12/31/20 www.ampdpowerflow.com 12/31/20 www.kettlebellampd.com 12/31/20 www.ampdpowerflow.com 12/31/20 www.ampdstrong.com 12/31/20 http://www.kettlebellaMPD.com 12/31/20 https://www.youniquelyfit.com
YogaFaith (AFAA) You Rock Fitness, LLC (AFAA) Youn Rock Fitness, LLC (AFAA) Your Rock Fitness, LLC (AFAA)	YOGAFAITH MODULE ONE: In the Beginning AMPD Burn AMPD Power Flow AMPD Resistance AMPD Strength Kettlebell AMPD Instructor Training Youniquelyfit's Postural Pre- and Post Natal Programs The Fascianation Method of Self-Myofascial Release	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar	7.0 7.0 1.0 6.0 7.0 10.0 4.0	12/31/20 www.ampdstrong.com 12/31/20 www.ampdstrong.com 12/31/20 www.kettlebellampd.com 12/31/20 www.ampdstrong.com 12/31/20 http://www.kettlebellAMPD.com 12/31/20 https://www.youniquelyfit.com 12/31/20 www.thefascianator.com
YogaFaith (AFAA) You Rock Fitness, LLC (AFAA) YouniquelyFit (AFAA) Your Body is Waiting, LLC (AFAA) Z-Health Performance Solutions (AFAA)	YOGAFAITH MODULE ONE: In the Beginning AMPD Burn AMPD Power Flow AMPD Resistance AMPD Strength Kettlebell AMPD Instructor Training YouniquelyFit's Postural Pre- and Post Natal Programs The Fascianation Method of Self-Myofascial Release Essentials for Elite Performance	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Workshop/Seminar	7.0 7.0 1.0 6.0 7.0 10.0 4.0	12/31/20 www.ampdpowerflow.com 12/31/20 www.kettlebellampd.com 12/31/20 www.wampdstrong.com 12/31/20 www.ampdstrong.com 12/31/20 http://www.kettlebellaMPD.com 12/31/20 https://www.youniquelyfit.com 12/31/20 https://www.youniquelyfit.com 12/31/20 www.thefascianator.com 12/31/20 www.thefascianator.com
YogaFaith (AFAA) You Rock Fitness, LLC (AFAA) Youn Rock Fitness, LLC (AFAA) YouniquelyFit (AFAA) Your Body is Waiting, LLC (AFAA) Z-Health Performance Solutions (AFAA)	YOGAFAITH MODULE ONE: In the Beginning AMPD Burn AMPD Power Flow AMPD Resistance AMPD Strength Kettlebell AMPD Instructor Training YouniquelyFit's Postural Pre- and Post Natal Programs The Fascianation Method of Self-Myofascial Release Essentials for Elite Performance Balance Specialist Training	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Workshop/Seminar Home Study	7.0 7.0 1.0 6.0 7.0 10.0 4.0	12/31/20 www.ampdpowerflow.com 12/31/20 www.kettlebellampd.com 12/31/20 www.kettlebellampd.com 12/31/20 www.ampdpowerflow.com 12/31/20 http://www.kettlebellaMPD.com 12/31/20 https://www.youniquelyfit.com 12/31/20 www.thefascianator.com 12/31/20 http://zhealtheducation.com/ 12/31/20 https://onlinecourse.zibrio.com
YogaFaith (AFAA) You Rock Fitness, LLC (AFAA) Youn Rock Fitness, LLC (AFAA) YouniquelyFit (AFAA) Your Body is Waiting, LLC (AFAA) Z-Health Performance Solutions (AFAA)	YOGAFAITH MODULE ONE: In the Beginning AMPD Burn AMPD Power Flow AMPD Resistance AMPD Strength Kettlebell AMPD Instructor Training YouniquelyFit's Postural Pre- and Post Natal Programs The Fascianation Method of Self-Myofascial Release Essentials for Elite Performance	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Workshop/Seminar	7.0 7.0 1.0 6.0 7.0 10.0 4.0	12/31/20 www.ampdpowerflow.com 12/31/20 www.kettlebellampd.com 12/31/20 www.wampdstrong.com 12/31/20 www.ampdstrong.com 12/31/20 http://www.kettlebellaMPD.com 12/31/20 https://www.youniquelyfit.com 12/31/20 https://www.youniquelyfit.com 12/31/20 www.thefascianator.com 12/31/20 www.thefascianator.com
YogaFaith (AFAA) You Rock Fitness, LLC (AFAA)	YOGAFAITH MODULE ONE: In the Beginning AMPD Burn AMPD Power Flow AMPD Resistance AMPD Strength Kettlebell AMPD Instructor Training YouniquelyFit's Postural Pre- and Post Natal Programs The Fascianation Method of Self-Myofascial Release Essentials for Elite Performance Balance Specialist Training	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Workshop/Seminar Home Study	7.0 7.0 1.0 6.0 7.0 10.0 4.0 15.0 3.0	12/31/20 www.ampdpowerflow.com 12/31/20 www.kettlebellampd.com 12/31/20 www.kettlebellampd.com 12/31/20 www.ampdpowerflow.com 12/31/20 http://www.kettlebellaMPD.com 12/31/20 https://www.youniquelyfit.com 12/31/20 www.thefascianator.com 12/31/20 http://zhealtheducation.com/ 12/31/20 https://onlinecourse.zibrio.com
YogaFaith (AFAA) You Rock Fitness, LLC (AFAA) Youn Rock Fitness, LLC (AFAA) Youn Gody is Waiting, LLC (AFAA) Zerus Fody is Waiting, LLC (AFAA) Zerus (AFAA) Zerus (AFAA) Zerus (AFAA)	YOGAFAITH MODULE ONE: In the Beginning AMPD Burn AMPD Brower Flow AMPD Resistance AMPD Strength Kettlebell AMPD Instructor Training YouniquelyFit's Postural Pre- and Post Natal Programs The Fascianation Method of Self-Myofascial Release Essentials for Elite Performance Balance Specialist Training ZPLUS EMS CORRECTIVE EXERCISE AND ASSESSMENT LEVEL 1	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar	7.0 7.0 1.0 6.0 7.0 10.0 4.0 15.0 3.0	12/31/20 www.ampdpowerflow.com 12/31/20 www.kettlebellampd.com 12/31/20 www.kettlebellampd.com 12/31/20 www.kettlebellampd.com 12/31/20 http://www.wettlebellaMPD.com 12/31/20 https://www.youiquelyfit.com 12/31/20 www.thefascianator.com 12/31/20 http://zhealtheducation.com/ 12/31/20 https://onlinecourse.zibrio.com 12/31/20 https://onlinecourse.zibrio.com
YogaFaith (AFAA) You Rock Fitness, LLC (AFAA) YouniquelyFit (AFAA) YouniquelyFit (AFAA) Z-Health Performance Solutions (AFAA) Zibrio (AFAA) ZPLUS (AFAA) ZPLUS (AFAA)	YOGAFAITH MODULE ONE: In the Beginning AMPD Burn AMPD Power Flow AMPD Resistance AMPD Strength Kettlebell AMPD Instructor Training YouniquelyFit's Postural Pre- and Post Natal Programs The Fascianation Method of Self-Myofascial Release Essentials for Elite Performance Balance Specialist Training ZPLUS EMS CORRECTIVE EXERCISE AND ASSESSMENT LEVEL 1 ZPLUS EMS CORRECTIVE EXERCISE AND ASSESSMENT LEVEL 2	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar	7.0 7.0 1.0 6.0 7.0 10.0 4.0 15.0 3.0 15.0	12/31/20 www.ampdpowerflow.com 12/31/20 www.kettlebellampd.com 12/31/20 www.kettlebellampd.com 12/31/20 www.wampdstrong.com 12/31/20 https://www.kettlebellaMPD.com 12/31/20 https://www.kettlebellaMPD.com 12/31/20 https://www.youniquelyfit.com 12/31/20 www.thefascianator.com 12/31/20 https://onlinecourse.zibrio.com 12/31/20 https://onlinecourse.zibrio.com
YogaFaith (AFAA) You Rock Fitness, LLC (AFAA) YouriquelyFit (AFAA) YouriquelyFit (AFAA) Your Body is Watting, LLC (AFAA) ZHEUS (AFAA) ZPLUS (AFAA) ZPLUS (AFAA) ZPLUS (AFAA) ZPLUS (AFAA)	YOGAFAITH MODULE ONE: In the Beginning AMPD Burn AMPD Power Flow AMPD Resistance AMPD Strength Kettlebell AMPD Instructor Training Youniquelyfit's Postural Pre- and Post Natal Programs The Fascianation Method of Self-Myofascial Release Essentials for Elite Performance Balance Specialist Training ZPLUS EMS CORRECTIVE EXERCISE AND ASSESSMENT LEVEL 1 ZPLUS EMS CORRECTIVE EXERCISE AND ASSESSMENT LEVEL 2 Aqua Zumba Instructor Training	Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Workshop/Seminar	7.0 7.0 1.0 6.0 7.0 10.0 4.0 15.0 3.0 15.0 15.0 8.0	12/31/20 www.ampdpowerflow.com 12/31/20 www.kettlebellampd.com 12/31/20 www.kettlebellampd.com 12/31/20 www.wampdstrong.com 12/31/20 http://www.kettlebellaMPD.com 12/31/20 https://www.youniquelyfit.com 12/31/20 www.thefascianator.com 12/31/20 http://zhealtheducation.com/ 12/31/20 https://onlinecourse.zibrio.com 12/31/20 12/31/20 12/31/20 12/31/20 www.zumba.com

ZUMBA (AFAA)	STRONG by Zumba	Workshop/Seminar	8.0	12/31/20 http://www.zumba.com
ZUMBA (AFAA)	STRONG by Zumba E-Learning	Home Study	4.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	STRONG Nation ELearning	Home Study	4.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	STRONG Nation Instructor Training	Workshop/Seminar	8.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	SYNC LAB SESSION - APRIL 2020	Workshop/Seminar	3.0	12/31/20 www.strongbyzumba.com
ZUMBA (AFAA)	SYNC LAB SESSION - AUGUST 2020	Workshop/Seminar	3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	SYNC LAB SESSION - DECEMBER 2020	Home Study	3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	SYNC LAB SESSION - FEBRUARY 2020	Workshop/Seminar	3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	SYNC LAB SESSION - JANUARY 2020	Workshop/Seminar	3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	SYNC LAB SESSION - JULY 2020	Workshop/Seminar	3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	SYNC LAB SESSION - JUNE 2020	Workshop/Seminar	3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	SYNC LAB SESSION - MARCH 2020	Workshop/Seminar	3.0	12/31/20 umba.com
ZUMBA (AFAA)	SYNC LAB SESSION - MAY 2020	Workshop/Seminar	3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	SYNC LAB SESSION - NOVEMBER 2020	Home Study	3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	SYNC LAB SESSION - OCTOBER 2020	Home Study	3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	SYNC LAB SESSION - SEPTEMBER 2020	Home Study	3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	TAKE THE LEAD: BUILDING CONFIDENCE + CONNECTIONS	Workshop/Seminar	4.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	ZIN ACADEMY NEW YORK 2020	Conference	5.0	12/31/20 https://newyork.zumba.academy/
ZUMBA (AFAA)	ZIN ACADEMY UK 2020	Conference	5.0	12/31/20 zumba.com
ZUMBA (AFAA)	ZIN™ JAM SESSIONS - APRIL 2020	Workshop/Seminar	3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	ZIN™ JAM SESSIONS - AUGUST 2020	Workshop/Seminar	3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	ZIN™ JAM SESSIONS - DECEMBER 2020	Home Study	3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	ZIN™ JAM SESSIONS - FEBRUARY 2020	Workshop/Seminar	3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	ZIN™ JAM SESSIONS - JANUARY 2020	Workshop/Seminar	3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	ZIN™ JAM SESSIONS - JULY 2020	Workshop/Seminar	3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	ZIN™ JAM SESSIONS - JUNE 2020	Workshop/Seminar	3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	ZIN™ JAM SESSIONS - MARCH 2020	Workshop/Seminar	3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	ZIN™ JAM SESSIONS - MAY 2020	Workshop/Seminar	3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	ZIN™ JAM SESSIONS - NOVEMBER 2020	Home Study	3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	ZIN™ JAM SESSIONS - OCTOBER 2020	Home Study	3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	ZIN™ JAM SESSIONS - SEPTEMBER 2020	Home Study	3.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	Zumba Basic 1 Instructor Training	Workshop/Seminar	8.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	Zumba Gold Instructor Training	Workshop/Seminar	8.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	ZUMBA INSTRUCTOR LICENSING PROGRAM/BASIC STEPS 1	Home Study	10.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	Zumba Jump Start Gold Instructor Training	Workshop/Seminar	10.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	Zumba Jump Start Zumba-Kids & Kids Jr. Instructor	Workshop/Seminar	10.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	Zumba Kids + Kids JR. Instructor Training	Workshop/Seminar	8.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	Zumba ProSkills Instructor Training	Workshop/Seminar	8.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	Zumba Rhythms 2	Workshop/Seminar	8.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	ZUMBA RHYTHMS 3	Workshop/Seminar	8.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	Zumba Step Instructor Training	Workshop/Seminar	8.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	Zumba Toning Instructor Training	Workshop/Seminar	8.0	12/31/20 www.zumba.com
ZUMBA (AFAA)	ZUMBA VIRTUAL PRO	Workshop/Seminar	4.0	12/31/20 www.zumba.com
Zumbini LLC (AFAA)	Zumbini Instructor Training Course	Workshop/Seminar	15.0	12/31/21
Lambin Lee ( a roll)	Lambin maracco rraining course	**Or Konop/Jenimai	15.0	11/31/11