



## AFAA PREFERRED PROVIDER PROGRAM

Provider	Title	Course Type	CEUs	Expires On	Registration URL
9Round Franchising LLC (AFAA)	9Round Kickboxing	Workshop/Seminar	5.0	12/31/21	9round.com
AAAI/ISMA (AFAA)	Older Adult Certification	Workshop/Seminar	6.0	12/31/21	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Personal Fitness Phase 2	Workshop/Seminar	6.0	12/31/21	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Personal Fitness Trainer Certification	Workshop/Seminar	7.0	12/31/21	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Primary Aerobic Certification	Workshop/Seminar	7.0	12/31/21	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Sports Nutrition Certificate	Workshop/Seminar	7.0	12/31/21	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Stress Reduction, Relaxation & Meditation	Workshop/Seminar	6.0	12/31/21	www.aaai-ismafitness.com
AAAI/ISMA (AFAA)	Yoga Phase 1 Certification	Workshop/Seminar	8.0	12/31/21	aaai-ismafitness.com
AAAI/ISMA (AFAA)	Restorative Yoga Instructor	Workshop/Seminar	5.0	12/31/21	www.aaai-ismafitness.com
Advanced Continuing Education Institute (AFAA)	Champion Performance Therapy and Training System	Home Study	15.0	12/31/21	mikereinold.com
Aerial Physique (AFAA)	Aerial Physique Teacher Training	Workshop/Seminar	15.0	12/31/21	
AKT, Anna Kaiser Technique (AFAA)	AKT Certificate of Completion	Workshop/Seminar	15.0	12/31/21	www.theakt.com
American Barre Technique, LLC (AFAA)	Barre Instructor Specialty Certificate	Workshop/Seminar	15.0	12/31/21	www.ABTbarre.com
American Council on Exercise (ACE) (AFAA)	ACE Senior Fitness Specialist	Home Study	15.0	12/31/21	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Functional Training Specialist	Home Study	15.0	12/31/21	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Sports Conditioning Specialist	Home Study	15.0	12/31/21	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Weight Management Specialist	Home Study	15.0	12/31/21	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Fitness Nutrition Specialist	Home Study	15.0	12/31/21	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Youth Fitness Specialist	Home Study	15.0	12/31/21	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Behavior Change Specialist	Home Study	15.0	12/31/21	http://www.acefitness.org/fitness-certifications/specialty-certifications/behavior-change.aspx
American Council on Exercise (ACE) (AFAA)	ACE Behavior Change in Practice: Hands-on Skills for Health Coaches and Exercise Professionals	Workshop/Seminar	5.0	12/31/21	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Metabolic Training Workshop	Workshop/Seminar	8.0	12/31/21	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Movement Based Exercise Workshop	Workshop/Seminar	8.0	12/31/21	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Fitness Programming for Overweight Clients & Clients Affected by Obesity	Workshop/Seminar	8.0	12/31/21	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Small Group Training Workshop	Workshop/Seminar	5.0	12/31/21	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Personal Training Workshop: Client Communication, Assessment and Program Design	Workshop/Seminar	8.0	12/31/21	www.acefitness.org
American Fitness Professionals & Associates (AFPA) (AFAA)	Holistic Nutritionist Certification	Home Study	15.0	12/31/21	www.afpafitness.com
American Fitness Professionals & Associates (AFPA) (AFAA)	Prenatal and Postnatal Fitness Specialist	Home Study	15.0	12/31/21	http://www.afpafitness.com
American Specialty Health (ASH)/Silver & Fit (AFAA)	Silver&Fit Signature Series Classes® Distance Learning Instructor Training Course	Home Study	13.0	12/31/21	https://www.silverandfit.com
Australian Strength Performance (AFAA)	Fat Loss Specialization	Workshop/Seminar	11.0	12/31/21	
Australian Strength Performance (AFAA)	Hypertrophy Level 1	Workshop/Seminar	11.0	12/31/21	
Australian Strength Performance (AFAA)	Physique Transformation Level 1	Workshop/Seminar	7.0	12/31/21	
Australian Strength Performance (AFAA)	Advanced Hypertrophy Level 2	Workshop/Seminar	13.0	12/31/21	www.trainasp.com.au/education/
Australian Strength Performance (AFAA)	ASP Coach Level 1 Certification	Workshop/Seminar	13.0	12/31/21	www.trainasp.com.au/education/
B Strong (AFAA)	Blood Flow Restriction Training	Workshop/Seminar	8.0	12/31/21	bstrong.training
Baptiste Power of Yoga, LLC (AFAA)	Yoga with Weights: Baptiste Method Study Course - Intro Level I	Home Study	15.0	12/31/21	www.powerofyoga.com
Barbell Rehab, LLC (AFAA)	The Barbell Rehab Method	Workshop/Seminar	15.0	12/31/21	barbellrehab.com
Barre Certification (IBBFA) (AFAA)	Barre Level 1 - Fundamentals of Barre Technique	Workshop/Seminar	15.0	12/31/21	https://barrecertification.com/
Barre Certification (IBBFA) (AFAA)	Barre Essentials - A Training Guide On How To Be An Effective Barre Instructor	Home Study	8.0	12/31/21	www.barrecertification.com
Barre Variations (AFAA)	Barre Variations Teacher Training Online	Home Study	8.0	12/31/21	www.barrevariations.com
Barre Variations (AFAA)	Barre Variation Teacher Training	Workshop/Seminar	8.0	12/31/21	
Bike Live (AFAA)	International Indoor Cycling Certification Level BE3	Workshop/Seminar	15.0	12/31/21	www.bebikelive.com
BioForce (AFAA)	BioForce Certified Conditioning Coach	Home Study	15.0	12/31/21	https://www.8weeksout.com/conditioning-certification/
BODY FX (AFAA)	Figure 8 Basic Instructor	Home Study	6.0	12/31/21	
BOMBAY JAM (AFAA)	BOMBAY JAM(R) DAY 2 Q1	Workshop/Seminar	4.0	12/31/21	www.bombayjam.com
BOMBAY JAM (AFAA)	BOMBAY JAM(R) CERTIFICATE COMPLETION	Workshop/Seminar	12.0	12/31/21	www.bombayjam.com
BOMBAY JAM (AFAA)	BOMBAY JAM(R) CERTIFICATE COMPLETION ONLINE	Home Study	5.0	12/31/21	www.bombayjam.com
BOMBAY JAM (AFAA)	BOMBAY JAM(R) DAY 2 Q2	Workshop/Seminar	4.0	12/31/21	www.bombayjam.com
BOMBAY JAM (AFAA)	BOMBAY JAM(R) DAY 2 Q3	Workshop/Seminar	4.0	12/31/21	www.bombayjam.com
BOMBAY JAM (AFAA)	BOMBAY JAM(R) DAY 2 Q4	Workshop/Seminar	4.0	12/31/21	www.bombayjam.com
Brian Grant Foundation (AFAA)	Exercise for Parkinson's (Workshop)	Workshop/Seminar	6.0	12/31/21	www.briangrant.org
Brian Grant Foundation (AFAA)	Exercise for Parkinson's (Home Study)	Home Study	6.0	12/31/21	www.briangrant.org
Brianna Battles (AFAA)	Pregnancy & Postpartum Athleticism	Home Study	15.0	12/31/21	https://pregnancyandpostpartumathleticism.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Adductors	Home Study	2.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Ankle Joint	Home Study	3.0	12/31/21	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Biceps Femoris	Home Study	2.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Coracobrachialis	Home Study	2.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Deep Cervical Flexor Activation	Home Study	1.0	12/31/21	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Extensor Hallucis Longus (EHL) & Extensor Digitorum Longus (EDL) (and Fibularis Tertius (FT))	Home Study	2.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Flexor Hallucis Longus and Flexor Digitorum Longus	Home Study	2.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Functional Anatomy 1: Introduction	Home Study	3.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Functional Anatomy 2: Muscular Function and Upper Body Muscles	Home Study	3.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Functional Anatomy 3: Lower Body and Core Muscles	Home Study	3.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Gluteus Maximus	Home Study	2.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Gluteus Maximus Activation	Workshop/Seminar	1.0	12/31/21	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Gluteus Medius Activation	Home Study	1.0	12/31/21	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Lower Body Goniometric Assessment	Home Study	2.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Hip External Rotator: Release and Lengthening	Home Study	1.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Hip Internal Rotator: Release and Lengthening	Home Study	1.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Hip Joint	Home Study	3.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Infraspinatus and Teres Minor	Home Study	2.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Hip Flexor: Release and Lengthening	Home Study	1.0	12/31/21	brentbrookbush.com/online-courses/

Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Knee Joint	Home Study	3.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Latissimus Dorsi	Home Study	2.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Levator Scapulae	Home Study	2.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Lower Body Manual Muscle Testing (MMT)	Home Study	1.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Lumbar Extensor: Release and Lengthening	Home Study	1.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Muscle Length Tests	Home Study	2.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Overhead Squat Assessment (Part 1): Signs of Dysfunction	Home Study	2.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Overhead Squat Assessment (Part 2): Sign Clusters and Compensation Patterns	Home Study	2.0	12/31/21	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Pectoralis Major	Home Study	2.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Pectoralis Minor	Home Study	2.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Plantar Flexor: Release and Lengthening	Home Study	1.0	12/31/21	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Popliteus	Home Study	2.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Predictive Model of Lumbo Pelvic Hip Complex Dysfunction (LPHCD)	Home Study	2.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Predictive Model of Upper Body Dysfunction (UBD)	Home Study	3.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Rectus Abdominis & Pyramidalis	Home Study	2.0	12/31/21	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Rhomboids	Home Study	2.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Scapular Muscles: Release and Lengthening	Home Study	1.0	12/31/21	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Self-administered Joint Mobilizations: Lower Extremity	Home Study	2.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Self-administered Joint Mobilizations: Upper Extremity	Home Study	2.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Serratus Anterior	Home Study	2.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Serratus Anterior Activation	Home Study	1.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Shoulder Joint	Home Study	3.0	12/31/21	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Shoulder External Rotator Activation	Home Study	1.0	12/31/21	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Shoulder Internal Rotator and Posterior Deltoid: Release and Lengthening	Home Study	1.0	12/31/21	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Soleus	Home Study	2.0	12/31/21	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Subscapularis	Home Study	2.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Supraspinatus	Home Study	2.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Tensor Fascia Latae	Home Study	2.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Teres Major	Home Study	2.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Tibia External Rotator: Release and Lengthening	Home Study	1.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Tibialis Anterior	Home Study	2.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Tibialis Anterior Activation	Home Study	1.0	12/31/21	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Tibialis Posterior	Home Study	2.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Tibialis Posterior Activation	Home Study	1.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Transverse Abdominis Activation	Home Study	1.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Trapezius Activation	Home Study	1.0	12/31/21	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Upper Body Manual Muscle Testing (MMT)	Home Study	1.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Vastus Medialis Obliquus (VMO) and Tibial Internal Rotator Activation	Home Study	1.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Sternoclavicular, Acromioclavicular and Scapulothoracic Joints	Home Study	3.0	12/31/21	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Deep Neck Flexors	Home Study	2.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Erector Spinae	Home Study	2.0	12/31/21	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Lower Extremity Dysfunction	Home Study	4.0	12/31/21	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Does Movement Impairment Precede Knee Pain and Injury?	Home Study	1.0	12/31/21	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Muscle Cell Structure and Function	Home Study	1.0	12/31/21	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Intrinsic Stabilization Subsystem	Workshop/Seminar	1.0	12/31/21	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Muscle Fiber Types	Workshop/Seminar	1.0	12/31/21	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Regional Interdependence: Hip and Ankle	Workshop/Seminar	1.0	12/31/21	www.brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Corrective Exercise Lab	Workshop/Seminar	15.0	12/31/21	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Regional Interdependence: Trunk and Lower Extremity	Workshop/Seminar	1.0	12/31/21	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Does Movement Impairment Precede Low Back Injury?	Workshop/Seminar	1.0	12/31/21	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Comparing Shoulder External Rotator Exercises	Workshop/Seminar	1.0	12/31/21	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	External Obliques	Home Study	2.0	12/31/21	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Power (High-velocity) Training: Introduction	Home Study	3.0	12/31/21	www.brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Power (High-velocity) Training: Upper and Total Body Exercises	Home Study	2.0	12/31/21	www.brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Power (High-velocity) Training: Lower Body	Home Study	2.0	12/31/21	www.brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Lower-extremity Power Exercise Intensity, Part 1	Home Study	1.0	12/31/21	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Lower-extremity Power Exercise Intensity, Part 2	Workshop/Seminar	1.0	12/31/21	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Bridge and Progressions	Workshop/Seminar	2.0	12/31/21	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Posterior Oblique Subsystem Integration	Workshop/Seminar	2.0	12/31/21	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Plank and Side Plank Progressions	Home Study	2.0	12/31/21	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Anterior Oblique Subsystem Integration	Workshop/Seminar	2.0	12/31/21	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Deep Longitudinal Subsystem	Home Study	2.0	12/31/21	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Chop Pattern and Progressions	Home Study	1.0	12/31/21	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Advancements in Exercise Selection 2: A Case Study Approach to Corrective Exercise	Workshop/Seminar	16.0	12/31/21	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Upper Body Goniometric Assessment	Home Study	2.0	12/31/21	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Trapezius Muscle	Home Study	2.0	12/31/21	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Deltoids	Home Study	2.0	12/31/21	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Performance Program Design	Workshop/Seminar	15.0	12/31/21	brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Stability Training	Workshop/Seminar	1.0	12/31/21	http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Shoulder/Overhead Progressions	Workshop/Seminar	1.0	12/31/21	http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Legs/Triple Extension Progressions	Workshop/Seminar	1.0	12/31/21	http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Deadlift Progressions	Workshop/Seminar	1.0	12/31/21	http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Chest/Pushing Progressions	Workshop/Seminar	1.0	12/31/21	http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Back/Pulling Progressions	Workshop/Seminar	1.0	12/31/21	http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Integrated Exercise Progressions	Workshop/Seminar	1.0	12/31/21	brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	The Effects of Local Vibration	Workshop/Seminar	1.0	12/31/21	brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Vibration Release Techniques: Upper Body	Workshop/Seminar	2.0	12/31/21	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Vibration Release Techniques: Lower Body	Workshop/Seminar	2.0	12/31/21	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Cervical Spine	Home Study	3.0	12/31/21	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Muscle Fiber Dysfunction and Trigger Points	Workshop/Seminar	2.0	12/31/21	brentbrookbush.com

Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Acute Variables: Repetition Range	Home Study	1.0	12/31/21	<a href="http://brentbrookbush.com">http://brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Internal Obliques	Home Study	2.0	12/31/21	<a href="http://brentbrookbush.com">http://brentbrookbush.com</a>
Brown Dog Yoga (AFAA)	BDY Barre/Fusion Certification	Workshop/Seminar	14.0	12/31/21	
Brown Dog Yoga (AFAA)	BDY Cycle Instructor Training Program	Workshop/Seminar	9.0	12/31/21	<a href="http://www.browndogyoga.com">www.browndogyoga.com</a>
BUTI Yoga with Elisabeth Gold (AFAA)	Buti Yoga Training	Workshop/Seminar	15.0	12/31/21	<a href="https://butiyoga.com/collections/certify">https://butiyoga.com/collections/certify</a>
Canadian Pole Fitness Association (AFAA)	Beginner Pole Instructor Training Courses	Workshop/Seminar	8.0	12/31/21	<a href="http://canadianpolefitnessassociation.com">canadianpolefitnessassociation.com</a>
CERF Global (AFAA)	Functional Anatomy and Recovery Science	Workshop/Seminar	13.0	12/31/21	<a href="http://cerfglobal.com">cerfglobal.com</a>
Core Exercise Solutions (AFAA)	The Shoulder Solution	Home Study	7.0	12/31/21	<a href="http://www.CoreExerciseSolutions.com">www.CoreExerciseSolutions.com</a>
Core Exercise Solutions (AFAA)	Postpartum Corrective Exercise Specialist	Home Study	15.0	12/31/21	<a href="http://www.coreexercisesolutions.com">www.coreexercisesolutions.com</a>
Core Health & Fitness (AFAA)	Schwinn Indoor Cycling: Classic Instructor Certification	Workshop/Seminar	8.0	12/31/21	<a href="http://www.schwinneducation.com">www.schwinneducation.com</a>
Core Health & Fitness (AFAA)	Schwinn Indoor Cycling Workshop: Class Design Crunch Time	Workshop/Seminar	2.0	12/31/21	<a href="http://www.schwinneducation.com">www.schwinneducation.com</a>
Core Health & Fitness (AFAA)	Schwinn Indoor Cycling Workshop: All the Right Cues	Workshop/Seminar	2.0	12/31/21	<a href="http://www.schwinneducation.com">www.schwinneducation.com</a>
Core Health & Fitness (AFAA)	Nautilus Human Sport Specialist Workshop	Workshop/Seminar	8.0	12/31/21	<a href="http://www.corehandf.com/certification">www.corehandf.com/certification</a>
Core Health & Fitness (AFAA)	Schwinn Cycling: Prime Design	Workshop/Seminar	2.0	12/31/21	<a href="http://http://corehandf.com">http://corehandf.com</a>
Core Health & Fitness (AFAA)	Ride and Restore	Home Study	2.0	12/31/21	<a href="http://corehandf.com">corehandf.com</a>
Core Health & Fitness (AFAA)	Inspired Intensity	Home Study	2.0	12/31/21	<a href="http://corehandf.com">corehandf.com</a>
Core Health & Fitness (AFAA)	Mpower Advanced Coaching with Wattage/Power	Home Study	8.0	12/31/21	<a href="http://corehandf.com">corehandf.com</a>
Core Health & Fitness (AFAA)	Strength Training Specialist Course by Nautilus	Home Study	4.0	12/31/21	<a href="http://corehandf.com">corehandf.com</a>
Core Health & Fitness (AFAA)	Cardio Coach Specialist Training Course by Star Trac	Workshop/Seminar	4.0	12/31/21	<a href="http://corehandf.com">corehandf.com</a>
Core Health & Fitness (AFAA)	BoxMaster Instructor Workshop	Workshop/Seminar	5.0	12/31/21	<a href="http://www.corehandf.com/certification">www.corehandf.com/certification</a>
Core Health & Fitness (AFAA)	StairMaster HIIT Instructor Training Program	Workshop/Seminar	4.0	12/31/21	<a href="http://www.corehandf.com/certification">www.corehandf.com/certification</a>
Core Health & Fitness (AFAA)	Schwinn® Cycling: Super Star Substitute	Workshop/Seminar	2.0	12/31/21	<a href="http://www.corehandf.com/certification">www.corehandf.com/certification</a>
Core Health & Fitness (AFAA)	Schwinn Cycling Online Classic Instructor	Home Study	7.0	12/31/21	<a href="http://www.corehandf.com/certification">www.corehandf.com/certification</a>
Core Health & Fitness (AFAA)	Schwinn Indoor Cycling - How to Wow	Workshop/Seminar	2.0	12/31/21	<a href="https://www.corehandf.com/certification">https://www.corehandf.com/certification</a>
Core Health & Fitness (AFAA)	Schwinn Indoor Cycling - The Magic of Music	Workshop/Seminar	2.0	12/31/21	<a href="https://www.corehandf.com/certification">https://www.corehandf.com/certification</a>
Core Health & Fitness (AFAA)	StairMaster HIIT Instructor Online Training Course	Home Study	4.0	12/31/21	<a href="http://www.corehandf.com/certification">www.corehandf.com/certification</a>
Core Health & Fitness (AFAA)	Schwinn Indoor Cycling - Rhythm Done Right	Workshop/Seminar	2.0	12/31/21	<a href="http://www.corehandf.com/certification">www.corehandf.com/certification</a>
Core Health & Fitness (AFAA)	Schwinn Performance and Periodization Workshop	Home Study	2.0	12/31/21	<a href="http://www.corehandf.com/certification">www.corehandf.com/certification</a>
Core Health & Fitness (AFAA)	Schwinn® Cycling: Balancing Act - The Art of True Cycling Fusion	Workshop/Seminar	2.0	12/31/21	<a href="http://www.corehandf.com/certification">www.corehandf.com/certification</a>
COREFIRST TRAINER (AFAA)	Level 1.0 COREFIRST Trainer Course	Workshop/Seminar	4.0	12/31/21	<a href="http://cxtrainer.com">cxtrainer.com</a>
COREFIRST TRAINER (AFAA)	Level 2.0 COREFIRST Trainer Course	Workshop/Seminar	7.0	12/31/21	<a href="http://cxtrainer.com">cxtrainer.com</a>
COREFIRST TRAINER (AFAA)	COREFIRST Fearless Devotion 1.1 Course	Workshop/Seminar	15.0	12/31/21	<a href="http://cxtrainer.com">cxtrainer.com</a>
Dan-Z Fitness Pte Ltd (AFAA)	Official KpopX® Fitness Instructor	Workshop/Seminar	8.0	12/31/21	<a href="http://www.kpopfitness.com">www.kpopfitness.com</a>
DESIREE FITNESS (AFAA)	YOGA FITNESS	Workshop/Seminar	5.0	12/31/21	<a href="http://www.desireefitness.com">http://www.desireefitness.com</a>
DESIREE FITNESS (AFAA)	PILATES	Workshop/Seminar	3.0	12/31/21	<a href="http://www.desireefitness.com">http://www.desireefitness.com</a>
DESIREE FITNESS (AFAA)	ENTRENADOR PERSONAL	Workshop/Seminar	6.0	12/31/21	<a href="http://www.desireefitness.com">http://www.desireefitness.com</a>
DESIREE FITNESS (AFAA)	RITMOS LATINOS	Workshop/Seminar	5.0	12/31/21	<a href="http://www.desireefitness.com">http://www.desireefitness.com</a>
DESIREE FITNESS (AFAA)	JAZZFIT	Workshop/Seminar	7.0	12/31/21	<a href="http://www.desireefitness.com">http://www.desireefitness.com</a>
DESIREE FITNESS (AFAA)	ASESOR NUTRILOGO EN FITNESS	Workshop/Seminar	6.0	12/31/21	<a href="http://www.desireefitness.com">http://www.desireefitness.com</a>
DESIREE FITNESS (AFAA)	MASAJE DEPORTIVO	Workshop/Seminar	4.0	12/31/21	<a href="http://www.desireefitness.com">http://www.desireefitness.com</a>
DESIREE FITNESS (AFAA)	Acondicionamiento Físico Fitness para la Mujer	Workshop/Seminar	9.0	12/31/21	<a href="http://desireefitness.com">desireefitness.com</a>
DR. MARIA LUQUE & KRISTINA OLSON (AFAA)	Menopausal Fitness: Training The Menopausal Client	Workshop/Seminar	7.0	12/31/21	<a href="http://WWW.DOCTORLUQUE.COM">WWW.DOCTORLUQUE.COM</a>
Dr. Sears Wellness Institute (AFAA)	Health Coach Certification-Adults & Seniors	Home Study	15.0	12/31/21	<a href="http://drsearswellnessinstitute.org">drsearswellnessinstitute.org</a>
Dr. Sears Wellness Institute (AFAA)	Health Coach Certification-Families	Home Study	15.0	12/31/21	<a href="http://drsearswellnessinstitute.org">drsearswellnessinstitute.org</a>
ELDOA (AFAA)	ELDOA 1 & 2 Combination Education Course	Workshop/Seminar	15.0	12/31/21	
Elite Endurance Barre (AFAA)	Elite Endurance Barre	Workshop/Seminar	2.0	12/31/21	<a href="http://Eliteendurancebarre.com">Eliteendurancebarre.com</a>
Embarazo Activo (AFAA)	Physical Activity in Pregnancy and Postpartum	Workshop/Seminar	15.0	12/31/21	
Entrenous LLC (AFAA)	Now What? The Road After Group Fitness Certification	Workshop/Seminar	3.0	12/31/21	
Entrenous LLC (AFAA)	The Chapel of Fitness: Group Fitness as a Spiritual Modality	Workshop/Seminar	3.0	12/31/21	
Fit For Birth, Inc (AFAA)	Pre & Post Natal Corrective Exercise Specialist (Home Study + Mini Internship)	Home Study	15.0	12/31/21	<a href="http://www.getfitforbirth.com">http://www.getfitforbirth.com</a>
FIT4MOM (AFAA)	Body Well	Workshop/Seminar	4.0	12/31/21	<a href="http://fit4mom.com">fit4mom.com</a>
FIT4MOM (AFAA)	Teaching Fundamentals	Workshop/Seminar	7.0	12/31/21	<a href="http://fit4mom.com">fit4mom.com</a>
FIT4MOM (AFAA)	Body Boost	Workshop/Seminar	3.0	12/31/21	<a href="http://fit4mom.com">fit4mom.com</a>
FIT4MOM (AFAA)	Fit4Baby	Home Study	3.0	12/31/21	
FIT4MOM (AFAA)	FIT4MOM Foundations	Home Study	8.0	12/31/21	
FIT4MOM (AFAA)	StrollerStrides	Home Study	4.0	12/31/21	
FIT4MOM (AFAA)	Stroller Barre	Home Study	3.0	12/31/21	
FIT4MOM (AFAA)	Body Ignite Certification	Workshop/Seminar	3.0	12/31/21	<a href="https://fit4mom.com/">https://fit4mom.com/</a>
FIT4MOM (AFAA)	Strides 360	Workshop/Seminar	3.0	12/31/21	<a href="https://fit4mom.com/">https://fit4mom.com/</a>
FIT4MOM (AFAA)	Run Club+	Workshop/Seminar	3.0	12/31/21	<a href="https://fit4mom.com/">https://fit4mom.com/</a>
FitFixNow (AFAA)	Increase Your Income with Online Video Group Training	Home Study	2.0	12/31/21	<a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	5 Ways You're Losing Your Clients	Home Study	2.0	12/31/21	<a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	Reinventing The Wheel: Fitness and Adapted PE for the Autism Population	Workshop/Seminar	2.0	12/31/21	<a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	Stop the Fall BEFORE it happens: Balance & Stretch for Aging Populations	Home Study	2.0	12/31/21	<a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	The Midas Touch: Golden Clients in their Golden Years	Home Study	2.0	12/31/21	<a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	Training the Aging Heart with Safety and Confidence	Home Study	4.0	12/31/21	<a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	Boost Your Business with a Better Business Plan	Home Study	2.0	12/31/21	<a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	Technology is Your Friend - Using Heart Rate Training to Get More out of Your Clients	Home Study	2.0	12/31/21	<a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	Training Aging Bones and Muscles	Home Study	2.0	12/31/21	<a href="http://www.fitfixnow.com">http://www.fitfixnow.com</a>
FitFixNow (AFAA)	Helping Your Clients Become Their Best!	Home Study	5.0	12/31/21	<a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	Expand Your Reach with Online Face to Face Training	Home Study	2.0	12/31/21	<a href="https://www.fitfixnow.com/">https://www.fitfixnow.com/</a>
FitFixNow (AFAA)	Exercise for Overweight and Obese Clients	Home Study	2.0	12/31/21	<a href="http://www.fitfixnow.com">http://www.fitfixnow.com</a>
FitFixNow (AFAA)	Facial Fitness and Rejuvenation: Let's FACE It Together	Home Study	3.0	12/31/21	<a href="https://www.fitfixnow.com">https://www.fitfixnow.com</a>
FitFixNow (AFAA)	Expand Your Audience: Social Media and Podcasting	Home Study	3.0	12/31/21	<a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	Adding Yoga Techniques to Program Design	Home Study	2.0	12/31/21	<a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	Coaching: Advancing the Skill of Personal Trainers	Home Study	6.0	12/31/21	<a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	Workout Creation: The How and The Why	Home Study	2.0	12/31/21	<a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	Arthritis Exercise Integration	Home Study	2.0	12/31/21	<a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	Training Towards and Away From Knee and Hip Replacement	Home Study	3.0	12/31/21	<a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	Fit Kids for Life: Reversing Childhood Obesity	Home Study	2.0	12/31/21	

FitFixNow (AFAA)	Making EVERY Client a Success: A Tool Kit for Behavior Change	Home Study	2.0	12/31/21
FitFixNow (AFAA)	HIIT for Clients: Getting More with Less	Home Study	2.0	12/31/21 <a href="http://www.fitfixnow.com">http://www.fitfixnow.com</a>
FitFixNow (AFAA)	Nutrition for Fitness Professionals	Home Study	4.0	12/31/21 <a href="http://www.fitfixnow.com">http://www.fitfixnow.com</a>
FitFixNow (AFAA)	Youth Fitness: Herding Ferrets, Building Champions and Coaching in a Maelstrom	Home Study	5.0	12/31/21 <a href="https://www.fitfixnow.com">https://www.fitfixnow.com</a>
FitFixNow (AFAA)	Training Injured Clients	Home Study	3.0	12/31/21 <a href="https://www.fitfixnow.com">https://www.fitfixnow.com</a>
FitFixNow (AFAA)	Growth, Discovery & Programming for the 6 to 9 Year Old: Essentials of Youth Fitness	Home Study	3.0	12/31/21 <a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	Strong Minds Strong Bodies	Home Study	2.0	12/31/21 <a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	Teaching Weight Loss Strategies for Personal Trainers	Home Study	3.0	12/31/21 <a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	Zen, Science and Better Client Results	Home Study	4.0	12/31/21 <a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	ACE the Army Combat Fitness Test (ACFT)	Home Study	2.0	12/31/21 <a href="http://www.fitfixnow.com">http://www.fitfixnow.com</a>
FitFixNow (AFAA)	Optimal Nutrition for Teen Athletes	Home Study	3.0	12/31/21 <a href="http://www.fitfixnow.com">http://www.fitfixnow.com</a>
FitFixNow (AFAA)	Maximize Your Profit Starting NOW	Home Study	2.0	12/31/21 <a href="http://www.fitfixnow.com">http://www.fitfixnow.com</a>
FitFixNow (AFAA)	Boxing for Parkinson's and Senior Fitness	Home Study	3.0	12/31/21 <a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	Nutrition as Medicine	Home Study	2.0	12/31/21 <a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow (AFAA)	Helping Your Clients with Pain Management	Home Study	2.0	12/31/21 <a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FITOUR (AFAA)	Primary Yoga Self Study	Workshop/Seminar	8.0	12/31/21 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Primary Pilates Self Study	Workshop/Seminar	8.0	12/31/21 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Primary Aqua Self Study	Workshop/Seminar	8.0	12/31/21 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Advanced Aqua Self Study	Workshop/Seminar	8.0	12/31/21 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Primary Indoor Cycling Self Study	Workshop/Seminar	8.0	12/31/21 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Advanced Indoor Cycling Self Study	Workshop/Seminar	8.0	12/31/21 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Advanced Yoga Self Study	Workshop/Seminar	8.0	12/31/21 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Core and Functional Fitness Self Study	Workshop/Seminar	8.0	12/31/21 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Advanced Pilates Self Study	Home Study	8.0	12/31/21 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Kickboxing Self Study	Home Study	8.0	12/31/21 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Group Barbell Self Study	Home Study	8.0	12/31/21 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Stability Ball Self Study	Home Study	8.0	12/31/21 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Primary Boot Camp Self Study	Home Study	8.0	12/31/21 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Step Self Study	Home Study	8.0	12/31/21 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Pilates Reformer Self Study	Home Study	8.0	12/31/21 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Primary Myofascial Release Self Study	Workshop/Seminar	8.0	12/31/21 <a href="http://www.fitour.com">http://www.fitour.com</a>
FITOUR (AFAA)	Advanced Myofascial Self Study	Home Study	8.0	12/31/21 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Advanced Boot Camp Self Study	Home Study	8.0	12/31/21 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Primary Barre Self Study	Home Study	8.0	12/31/21 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Advanced Barre Self Study	Home Study	8.0	12/31/21 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Advanced Suspension Training Self Study	Home Study	8.0	12/31/21 <a href="http://www.fitour.com">www.fitour.com</a>
FITOUR (AFAA)	Primary Suspension Training Self Study	Home Study	8.0	12/31/21 <a href="http://www.fitour.com">www.fitour.com</a>
FitSteps (AFAA)	FitSteps Instructor Training Program	Home Study	4.0	12/31/21 <a href="http://www.fitstepsdance.com">fitstepsdance.com</a>
FreeMotion Fitness (AFAA)	FUSION Team Training Coach Course	Workshop/Seminar	6.0	12/31/21 <a href="http://www.freemotionfitness.com">www.freemotionfitness.com</a>
Functional Aging Institute FAI (AFAA)	Functional Aging Specialist Certification	Home Study	13.0	12/31/21 <a href="http://www.functionalaginginstitute.com">www.functionalaginginstitute.com</a>
Functional Medicine Coaching Academy (FMCA) (AFAA)	Functional Medicine Coaching Academy Health Coaching Program	Home Study	15.0	12/31/21 <a href="http://www.functionalmedicinecoaching.org">http://www.functionalmedicinecoaching.org</a>
Fusionetics Academy (AFAA)	Fusionetics Movement Efficiency Level 1	Home Study	8.0	12/31/21 <a href="http://www.fusionetics.com">www.fusionetics.com</a>
Fusionetics Academy (AFAA)	Fusionetics Body MAP: Motion Capture and Movement Testing	Home Study	15.0	12/31/21 <a href="http://www.fusionetics.com">www.fusionetics.com</a>
Girls Gone Strong (AFAA)	Moms Gone Strong Module 1: Trying to Conceive	Home Study	2.0	12/31/21 <a href="http://www.girlsgonestrong.com">http://www.girlsgonestrong.com</a>
Girls Gone Strong (AFAA)	Moms Gone Strong Module 2: Pregnancy	Home Study	2.0	12/31/21 <a href="http://www.girlsgonestrong.com">http://www.girlsgonestrong.com</a>
Girls Gone Strong (AFAA)	Moms Gone Strong Module 3: Post-Pregnancy	Home Study	2.0	12/31/21 <a href="http://www.girlsgonestrong.com">http://www.girlsgonestrong.com</a>
Girls Gone Strong (AFAA)	Girls Gone Strong LI Certification	Home Study	15.0	12/31/21 <a href="http://www.girlsgonestrong.com">academy.girlsgonestrong.com</a>
Girls Gone Strong (AFAA)	Pre- & Postnatal Coaching Certification	Workshop/Seminar	15.0	12/31/21 <a href="http://www.girlsgonestrong.com">academy.girlsgonestrong.com</a>
Gray Institute (AFAA)	Foot & Ankle Specialty	Home Study	15.0	12/31/21 <a href="http://www.grayinstitute.com">www.grayinstitute.com</a>
Group Fitness Academy (AFAA)	The EnterTRAINment Project®	Workshop/Seminar	19.0	12/31/21
Grovey Effect (AFAA)	Grovey Effect	Workshop/Seminar	8.0	12/31/21 <a href="http://www.groveyeffect.com">groveyeffect.com</a>
Gymnazo, Inc. (AFAA)	Multidimensional Movement Coaching Program	Home Study	15.0	12/31/21 <a href="http://www.gymnazoedu.com/programs-training">www.gymnazoedu.com/programs-training</a>
High Performance Coaching (AFAA)	Phase 1 - Owner	Home Study	10.0	12/31/21
High Performance Coaching (AFAA)	Phase 1 - Trainer	Home Study	8.0	12/31/21
High Performance Coaching (AFAA)	Phase 2	Workshop/Seminar	16.0	12/31/21
High Performance Coaching (AFAA)	Phase 3	Workshop/Seminar	16.0	12/31/21
High Performance Coaching (AFAA)	Phase 4	Workshop/Seminar	16.0	12/31/21
High Performance Coaching (AFAA)	ALL Phases	Workshop/Seminar	19.0	12/31/21
Hong Kong Stretching Exercise Association (AFAA)	Stretching Instructor	Workshop/Seminar	15.0	12/31/21 <a href="http://www.hongkongstretch.org">www.hongkongstretch.org</a>
Human Motion Associates (AFAA)	Flexibility Highways	Home Study	3.0	12/31/21 <a href="http://www.humanmotionassociates.com">www.humanmotionassociates.com</a>
ICAA International Council on Active Aging (AFAA)	ICAA's Leadership in Wellness Management	Workshop/Seminar	15.0	12/31/21 <a href="http://www.icaa.cc/certificate/overview.htm">http://www.icaa.cc/certificate/overview.htm</a>
IDEA Health & Fitness (AFAA)	How to Run Your Own "Drop Two Sizes" Challenge	Home Study	2.0	12/31/21 <a href="http://www.idealift.com">www.idealift.com</a>
IDEA Health & Fitness (AFAA)	How Hormones and Metabolism Change the Training Game for Females	Home Study	2.0	12/31/21 <a href="http://www.idealift.com">www.idealift.com</a>
IDEA Health & Fitness (AFAA)	Designing a Self-Myofascial Release Program	Home Study	2.0	12/31/21 <a href="http://www.idealift.com">www.idealift.com</a>
IDEA Health & Fitness (AFAA)	Balancing Hormones for Optimal Weight Loss	Home Study	2.0	12/31/21 <a href="http://www.idealift.com">www.idealift.com</a>
IDEA Health & Fitness (AFAA)	Back to Basics With Anatomy	Home Study	1.0	12/31/21 <a href="http://www.idealift.com">www.idealift.com</a>
IDEA Health & Fitness (AFAA)	Balancing Hormones through Nutrition	Home Study	2.0	12/31/21 <a href="http://www.idealift.com">www.idealift.com</a>
IDEA Health & Fitness (AFAA)	Techniques to Rehabilitate and Protect the Knees	Home Study	2.0	12/31/21 <a href="http://www.idealift.com">www.idealift.com</a>
IDEA Health & Fitness (AFAA)	Understanding the Female Pelvic Core Neuromuscular System	Home Study	2.0	12/31/21 <a href="http://www.idealift.com">www.idealift.com</a>
IDEA Health & Fitness (AFAA)	Functional Circuits for Aging Clients	Home Study	2.0	12/31/21 <a href="http://www.idealift.com">www.idealift.com</a>
IDEA Health & Fitness (AFAA)	The Ultimate Light Dumbbell Workout	Home Study	2.0	12/31/21 <a href="http://www.idealift.com">www.idealift.com</a>
IDEA Health & Fitness (AFAA)	Precision Nutrition: How to Fix a Broken Diet—Three Ways to Get Your Eating on Track	Home Study	2.0	12/31/21 <a href="http://www.idealift.com">www.idealift.com</a>
IDEA Health & Fitness (AFAA)	The Female Physique-The Link Between Nutrition, Hormones and Strength Training	Home Study	2.0	12/31/21 <a href="http://www.idealift.com">www.idealift.com</a>
IDEA Health & Fitness (AFAA)	Blast Your Abs, Glutes and Core – A Big HIIT With Your Clients	Home Study	2.0	12/31/21 <a href="http://www.idealift.com">www.idealift.com</a>
IDEA Health & Fitness (AFAA)	Extreme Equipment-LESS Boot Camp	Home Study	2.0	12/31/21 <a href="http://www.idealift.com">www.idealift.com</a>
IDEA Health & Fitness (AFAA)	Power Core for Sports and Fitness Performance	Home Study	2.0	12/31/21 <a href="http://www.idealift.com">www.idealift.com</a>
IDEA Health & Fitness (AFAA)	A Different Look at Core Training: The Backside	Home Study	2.0	12/31/21 <a href="http://www.idealift.com">www.idealift.com</a>
IDEA Health & Fitness (AFAA)	The Business of Group Exercise Beyond the Numbers	Home Study	2.0	12/31/21 <a href="http://www.idealift.com">www.idealift.com</a>
IDEA Health & Fitness (AFAA)	Posture Improvement Workshop	Home Study	1.0	12/31/21 <a href="http://www.idealift.com">www.idealift.com</a>
IDEA Health & Fitness (AFAA)	From Neck to Knees...More Than Just Core!	Home Study	2.0	12/31/21 <a href="http://www.idealift.com">www.idealift.com</a>

IDEA Health & Fitness (AFAA)	The Matrix - Innovative Group Strength Design	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	The Forgotten Five: Essential Muscles for Functional Movement	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Intermittent Fasting: Science or Fiction?	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Active Resistance Training* Total Body Mat Practice	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Functional Power Training for Older Clients, by FAI	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	The Science of Functional Aging	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	TriggerPoint™ for Movement: Hip and Shoulder Mobility	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Solutions for Training Post-pregnancy Clients	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Core Connections: Progression Strategies to Enhance Core Function	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Assessment and Corrective Exercise Strategies for Improved Shoulder Function	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Training Fascia – Research Developments in Fibrous Connective Tissue Training	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Anatomy: Reconnect With Your Spine Muscles, by NFPT	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Using Function to Avoid Dysfunction in Aging	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	HIITs Blitz	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Group Exercise Applications for Training the Posterior Chain	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Balanced Body™: Pilates Smart Core Challenge	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Today's Food Conversation	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Can Technology Be Harnessed to Inspire Lasting Behavior Change?	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Three-Dimensional Kettlebell Training, by Functional Training Institute	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Complete Program Design for the Obese/Overweight Client	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Goodbye Infobesity, Hello Action Plan!	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Motivational Interviewing Skills Produce Targeted Results	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Communicating With Your Female Clients for Breakthrough Results	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Cardio-Strength Circuits for Fun and Function!	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Optimize Function and Mobility With Strong and Stable Shoulders and Glutes	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	TriggerPoint™: Myofascial Compression™ Techniques for Injury Prevention and Better Movement	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Caving to the Craving: The New Science of Food Addiction and Recovery...With a Twist	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Weighing The Evidence Behind Nutrition Research	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Fat-Loss Programming for Your Female Clients	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Your Guide to Stronger Legs and Great Glutes!	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Guiding Others to Create Their Healthiest, Most Delicious Life	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Cue Movement and Exercise With Hip Anatomy, by NFPT	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Cue Movement and Exercise With Abdominal Anatomy, by NFPT	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	ThinkFit™ Flexibility: Dynamic Stretching Tricks and Tools	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	The Female Glute Relocation Program	Conference	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Battle Rope Mastery	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Protein Obsessed: Sorting the Truth From the Hype	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Advanced and Progressive Mechanics of Lifting and Strength Training	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	The Death of Crunches: 20 True Core Exercises	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Upper Extremity Mechanics and Techniques	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Pain-Free Movement-The Science and Application (ACE Mover Academy)	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Make Your Barre Classes a HIIT	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	GENERATE Buzz With Simple Marketing	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	REACH More Clients: Be Loud and Proud	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	It Takes Guts! Connecting the Brain, Diet and Microbiome	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	East Meets West: A Mindful Approach to Health Coaching	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	TriggerPoint™ Corrective Strategies for Hip Dysfunction	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Functional Balance Circuits for the Active Adult (ACE Mover Academy)	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Fascial Line Mobility	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Sleep Science for Fitness Professionals	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Functional Assessment for Special Populations	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Body-Weight Training-Amped Up	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Eating a Lower Inflammatory Diet	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Beyond the Macros: Placing the Focus Back on Nutrient-Dense Foods	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	The Warm-Up Makeover: Start With a Bang!	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Insights Into Lower-Back Pain and Functional Solutions	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	From the Hip	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Yoga for Optimal Client Performance	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Is It Time to Eat Yet? Nobel Prize-Winning Body Clock Science Has the Answer	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	High-Intensity Kettlebell Training	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	TriggerPoint™ Corrective Strategies for the Foot and Ankle	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Motivational Interviewing: Help Clients Own the Talk That Drives the Walk	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Translating Today's Nutrition Science for Your Clients	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Hidden Secrets to Core Performance	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	The Female Lumbo-Pelvic Complex (ACE Mover Academy)	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	The Roll Model® Fascial Makeover: Prioritize Your Periphery	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	The Online Fitness Frontier	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Rescue Your Knees - Look at Your Feet	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Metabolic Disruption	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	21st Century Body Sculpt	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	February 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	February 2019 IDEA Fitness Journal Quiz 2: Resistance Training for Muscle Size, and Weight Training	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Fascia Release for Yoga	Home Study	10.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Strength Training for Optimal Results	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Mastering Fat Metabolism and Weight Management	Home Study	8.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	June 2019 IDEA Fitness Journal Quiz 1: The Importance of Volume in Resistance Training, and Fitness	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	June 2019 IDEA Fitness Journal Quiz 2: Using Motivational Interviewing to Drive Behavior Change	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	June 2019 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Dietary Changes for Lung Health	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	July-August 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	July-August 2019 IDEA Fitness Journal Quiz 2: Using a Plant-Centered Diet to Control Inflammatory...	Home Study	1.0	12/31/21	www.idealife.com



IDEA Health & Fitness (AFAA)	July-August 2019 IDEA Fitness Journal Quiz 3: The Facts on Popular Nutrition Topics	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	I Am Ageless Now	Home Study	8.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	April 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Movement for Health, Functionality and Longevity	Home Study	8.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Yoga Anatomy 201	Home Study	10.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	July 2020 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	July 2020 IDEA Fitness Journal Quiz 2: Health Lessons for Greater Longevity	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	July 2020 IDEA Fitness Journal Quiz 3: Coaching Clients With Obesity	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	July 2020 IDEA Fitness Journal Quiz 4: The Benefits of Intermittent Fasting	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	July 2020 IDEA Fitness Journal Quiz 5: Vibration Training Research and Programming	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	August 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	October 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	November 2020 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	November 2020 IDEA Fitness Journal Quiz 2: Strength Training for Running Performance and Pairing...	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	November 2020 IDEA Fitness Journal Quiz 3: Using Social Support to Build Healthy Habits	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Best Practices in the New Normal	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	No Sweat: Selling Exercise So People Want to Keep Buying It	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	The Most Effective Way to Customize Programs and Choose the Best Exercises for Every Client	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	The Future of Group Fitness: Strategies for the Successful Instructor	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	The Innovative Fitness Pro: Top Tech Strategies for Business Success	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Diversity Strengthens Leadership	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Whole-Food, Plant-Based Fuel for Fitness	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	The Physiology of Fat Loss: New Exciting Findings	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Free and Low-Budget Marketing Strategies to Attract Prospects, Close Clients and Build Influence..	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Lead and Empower a Loyal Team	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	The Psychology of Weight Loss: Ditch the Diet for Long-Term Success	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Functional Movement Patterns for Older Adults	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Effective Cueing, Communications and Coaching for In-Person and Virtual Group Fitness Classes	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	The Online Business Roadmap: How to Build a Million-Dollar Online Business	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Becoming a Behavioral Health Spotter	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Retain Clients Forever	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Using Technology to Improve Client Health and Fitness	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	After the Injury: Functional Training Periodization	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Progressive Programming for Active Aging	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Grow Your Business With Authentic Inclusive Marketing and Messaging Strategies	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Get Social Savvy to Communicate Better	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	The Nutrition and Mental Health Connection	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Assessment, Corrective Exercise and Functional Training in the Virtual and Physical Training..	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	How to Lead Unforgettable In-Person and Virtual Group Fitness Classes	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	How to Expand and Grow Your Personal Training Client Base	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Leading Through Adversity and Dealing With Conflict	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	BLAME: Client Excuses for Not Exercising and Solutions to Retrain Their Behaviors	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Designing and Delivering Effective Online Personal Training Sessions	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Creating a Passionate and Loyal Community in and Out of the Group Ex Studio	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Rock Your Online Courses and Classes	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	December 2020 IDEA Fitness Journal SPRINT Quiz:: Health and Nutrition News	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	January 2021 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	January 2021 IDEA Fitness Journal Quiz 2: Water Walking to Better Health and Designing a Hiking...	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Essential Guide to a Pain-Free Low Back	Home Study	6.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	2021 IDEA® Personal Training Institute Virtual	Conference	15.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	2021 IDEA® Personal Training Institute Virtual	Conference	14.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	2021 IDEA® Personal Training Institute Virtual	Conference	13.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	2021 IDEA® Personal Training Institute Virtual	Conference	12.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	2021 IDEA® Personal Training Institute Virtual	Conference	11.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	2021 IDEA® Personal Training Institute Virtual	Conference	10.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	2021 IDEA® Personal Training Institute Virtual	Conference	9.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	2021 IDEA® Personal Training Institute Virtual	Conference	8.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	2021 IDEA® Personal Training Institute Virtual	Conference	7.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	2021 IDEA® Personal Training Institute Virtual	Conference	6.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	2021 IDEA® Personal Training Institute Virtual	Conference	5.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	2021 IDEA® Personal Training Institute Virtual	Conference	4.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	2021 IDEA® Personal Training Institute Virtual	Conference	3.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	2021 IDEA® Personal Training Institute Virtual	Conference	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	2021 IDEA® Personal Training Institute Virtual	Conference	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Yoga Anatomy 101 Certificate	Home Study	10.0	12/31/21	
IDEA Health & Fitness (AFAA)	January 2019 IDEA Fitness Journal Quiz 4: Food and Nutrition News, and Helping Clients Improve Nutri	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	January 2019 IDEA Fitness Journal Quiz 3: Enhancing Mobility, Stability and Balance With Yoga	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	January 2019 IDEA Fitness Journal Quiz 2: Exercise and Mental Health, and Benefits of Effortful Lear	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	January 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Essential Elements of Teachin	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	SGT Ken's Boot Camp™ Instructor Certification (Level One)	Home Study	8.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	March 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	March 2019 IDEA Fitness Journal Quiz 2: Training Tips for Sports Enthusiasts, and Preparing Older Ad	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	March 2019 IDEA Fitness Journal Quiz 3: Coaching Clients to Embrace New Food Experiences	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	April 2019 IDEA Fitness Journal Quiz 4: The Effects of Sleep Deprivation	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	April 2019 IDEA Fitness Journal Quiz 3: Alternative Recovery Methods to Avoid Overtraining Injuries	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	April 2019 IDEA Fitness Journal Quiz 2: The Right Carbs for Energy, and Diabetes Management and...	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	April 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Using Telehealth to Inspire...	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	May 2019 IDEA Fitness Journal Quiz 1: The Multifaceted Benefits of Exercise, and Simple Lifestyle...	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	May 2019 IDEA Fitness Journal Quiz 2: Food and Nutrition News, and the Game-Changing Work of a...	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	May 2019 IDEA Fitness Journal Quiz 3: Pushing Past the Limits of a Barbell with Variable Lifting	Home Study	1.0	12/31/21	www.idealife.com

IDEA Health & Fitness (AFAA)	May 2019 IDEA Fitness Journal Quiz 4: How Weightlifting Changes Metabolism	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	September 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	September 2019 IDEA Fitness Journal Quiz 2: Evaluating the Health Risks of Obesity, and Transverse...	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	September 2019 IDEA Fitness Journal Quiz 3: Pilates for Core Conditioning and Coping with Chronic...	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Spine-Focused Self-Myofascial Release	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Biohack Your Body--Anti-Aging Secrets to Ensure Movement Longevity	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Shoulder Function, Assessment and Reaction	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Protein Master Class: Health, Performance and Weight Loss	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	PRODUCE More Revenue	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Sculpting the Ultimate Coach Within: How to Deliver Remarkable Client Results While Blazing an Epic	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Dynamic Nutrition Science: Parsing Today's Most Relevant Research for Real Life	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Obstacle Courses for Boot Camps and Beyond	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	50 Ways to Leave Your Core Lovers Wanting You More, Powered by Savvier Fitness	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	CORE Yoga for Healthy Backs	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	The Current and Future State of Health Coaching	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Skills Not Pills: Calming the Inflammation Superhighway With Focused Nutrition and Behavior Change	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	The Hip Bone Is Connected to the First Metatarsal: Corrective Exercise for the Kinetic Chain	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Functional Flexibility for the Active Aging	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	The Nuts and Bolts of Diabetes Prevention Program Coaching: From Getting Trained to Getting Paid	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Pilates on a Ball	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	The Mobile Health Map: Inspiring Your Clients and Your Business	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Loaded Mobility Training	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Flexibility for the Inflexible	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Carb IQ: Comparing Keto, Paleo and Low Carb	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	To Dairy or Not to Dairy? Translating the Science for Your Clients	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Functional Anatomy: The Secret to Efficient Movement	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Let's Get Dynamic!	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Functional Movement Triad	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Bridging the Gap Between Good Intentions and Meaningful Nutrition Change	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Lower-Extremity Mechanics and Techniques	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Training Two at Once: The Power of Collaborative, Competitive Partner Training	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Reversing the Invisible Epidemic: Coaching People Who Have Prediabetes	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Getting Maximum Results With Minimal Equipment	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Exercise Science Update: New Research and Ideas	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Correct the Psoas Gluteus Imbalance	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Power Medicine Ball Drills for Groups	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Train Stations	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	The HOPE Solution: How Our Purpose Empowers	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Progressing Clients From Function to Performance	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Handstands	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	The 3D Fascial Core	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Gait-Based Movement Screening	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Glute Reboot	Home Study	2.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	Neuroscience for the Fitness Professional: How Exercise Affects Our Most Important Organ-The Brain!	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	The Neuroscience of Behavior Change: How to Train the Brain to Create Healthier Habits	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	October 2019 IDEA Fitness Journal Quiz 1: The Physiology of Muscle Cramps, and Discussing Bone...	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	October 2019 IDEA Fitness Journal Quiz 2: Food and Nutrition News, and the Adverse Effects...	Home Study	1.0	12/31/21	idealife.com
IDEA Health & Fitness (AFAA)	October 2019 IDEA Fitness Journal Quiz 3: The Truth About Small Meals and Fasting	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	SparkPro Diabetes Prevention Program Lifestyle Coach Training	Home Study	14.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	November-December 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Complex Training	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	November-December 2019 IDEA Fitness Journal 2: Food and Nutrition News, and Breakfast Carbs	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	November-December 2019 IDEA Fitness Journal Quiz 3: Athletic Training for Senior Clients	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	January 2020 IDEA Fitness Journal Quiz 2: Using Happiness for Training and Behavior Change	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	January 2020 IDEA Fitness Journal Quiz 1: Program Design for Older Adults, and Shoulder Mechanics...	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	January 2020 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and the Low-FODMAP Diet...	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	February 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	March 2020 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Weight-Training Protocols...	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	March 2020 IDEA Fitness Journal Quiz 2: The Link Between Sleep and Gut Health	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	March 2020 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Helping Clients Recover...	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	May 2020 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Using Tapering in Strength...	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	May 2020 IDEA Fitness Journal Quiz 2: Periodization for Resistance Training Programs	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	May 2020 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Restoring Balance with Digital...	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	June 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	September 2020 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	September 2020 IDEA Fitness Journal Quiz 2: Enhancing Mitochondria with Resistance Training...	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	September 2020 IDEA Fitness Journal Quiz 3: Programming for Clients After Quarantine	Home Study	1.0	12/31/21	www.idealife.com
IDEA Health & Fitness (AFAA)	The Science of Stretch	Home Study	12.0	12/31/21	www.idealife.com
Indoor Cycling Institute (AFAA)	Level 1 Indoor Cycling Instructor	Home Study	15.0	12/31/21	www.indoorcyclinginstitute.com
Interactive Fitness Trainers of America (IFTA) (AFAA)	GROUP STRENGTH	Workshop/Seminar	6.0	12/31/21	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA) (AFAA)	LEARN TO TEACH	Workshop/Seminar	8.0	12/31/21	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA) (AFAA)	POWERTRAIN	Workshop/Seminar	4.0	12/31/21	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA) (AFAA)	ATHLETIC INTERVALS	Workshop/Seminar	2.0	12/31/21	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA) (AFAA)	BUILD YOUR BODY	Workshop/Seminar	2.0	12/31/21	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA) (AFAA)	ESSENTIALS OF TEACHING	Workshop/Seminar	2.0	12/31/21	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA) (AFAA)	FUNCTIONAL FITNESS TRAINING	Workshop/Seminar	2.0	12/31/21	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA) (AFAA)	HARD CORE CONDITIONING	Workshop/Seminar	2.0	12/31/21	www.ifta-fitness.com
ISSN Asia (AFAA)	ISSN-SNS	Home Study	15.0	12/31/21	www.issnasia.com
ISSN Asia (AFAA)	ISSN Sports Nutrition Diet Course	Workshop/Seminar	15.0	12/31/21	www.issnasia.com
KAMS Lifestyle, LLC - kamsmitty60 Fitness (AFAA)	Jumping in - Rebound Basics	Workshop/Seminar	4.0	12/31/21	KAMSLIFE.com
KAMS Lifestyle, LLC - kamsmitty60 Fitness (AFAA)	Jumping in - Rebound Basics & Instructor Prep	Workshop/Seminar	8.0	12/31/21	KAMSLIFE.com

Keiser Corporation (AFAA)	Keiser PowerEd: Foundations	Workshop/Seminar	8.0	12/31/21	www.keiser.com
Keiser Corporation (AFAA)	Keiser PowerEd: Accelerate	Workshop/Seminar	3.0	12/31/21	www.keiser.com
Keiser Corporation (AFAA)	Keiser PowerEd: Empowered	Workshop/Seminar	3.0	12/31/21	www.keiser.com
Keiser Corporation (AFAA)	Keiser PowerEd: Create	Workshop/Seminar	2.0	12/31/21	
Keiser Corporation (AFAA)	Keiser PowerEd: Foundations XP	Workshop/Seminar	5.0	12/31/21	
Keiser Corporation (AFAA)	Keiser PowerEd: Power	Workshop/Seminar	2.0	12/31/21	www.keiser.com
Keiser Corporation (AFAA)	Keiser PowerEd: Climb	Workshop/Seminar	2.0	12/31/21	www.keiser.com
Keiser Corporation (AFAA)	Keiser PowerEd: Technology	Workshop/Seminar	2.0	12/31/21	www.keiser.com
Ketogenic.com (AFAA)	Keto Mastery Specialist	Home Study	15.0	12/31/21	ketogenic.com/mastery
KJO Coaching, L.L.C. (AFAA)	Health Mindset Coaching Certification	Home Study	15.0	12/31/21	www.kjocoaching.com
Kristen Townsend (AFAA)	Flex™ - Yoga Inspired Fitness	Workshop/Seminar	14.0	12/31/21	www.flexyogafitness.com
LA Fitness (AFAA)	Aqua Training	Workshop/Seminar	5.0	12/31/21	
LA Fitness (AFAA)	Aqua with equipment	Workshop/Seminar	3.0	12/31/21	
LA Fitness (AFAA)	Aqua Circuit PT Intro to Group Fitness	Workshop/Seminar	3.0	12/31/21	
LA Fitness (AFAA)	Body Works	Workshop/Seminar	5.0	12/31/21	
LA Fitness (AFAA)	Body Works Choreography	Workshop/Seminar	2.0	12/31/21	
LA Fitness (AFAA)	Bootcamp Circuit	Workshop/Seminar	2.0	12/31/21	
LA Fitness (AFAA)	Bootcamp Circuit PT Intro to Group Fitness	Workshop/Seminar	3.0	12/31/21	
LA Fitness (AFAA)	Club Boxing Circuit	Workshop/Seminar	3.0	12/31/21	
LA Fitness (AFAA)	F.I.T.A™	Workshop/Seminar	7.0	12/31/21	
LA Fitness (AFAA)	F.I.T.A™ Advance Teaching Skills	Workshop/Seminar	7.0	12/31/21	
LA Fitness (AFAA)	Hip Hop	Workshop/Seminar	4.0	12/31/21	
LA Fitness (AFAA)	Indoor Cycling	Workshop/Seminar	5.0	12/31/21	
LA Fitness (AFAA)	Indoor Cycling for PT Intro to Group Fitness	Workshop/Seminar	3.0	12/31/21	
LA Fitness (AFAA)	Kickbox Cardio	Workshop/Seminar	4.0	12/31/21	
LA Fitness (AFAA)	Kickbox Cardio Choreography	Workshop/Seminar	2.0	12/31/21	
LA Fitness (AFAA)	Latin Heat	Workshop/Seminar	4.0	12/31/21	
LA Fitness (AFAA)	Mat Pilates	Workshop/Seminar	5.0	12/31/21	
LA Fitness (AFAA)	Power Circuit	Workshop/Seminar	3.0	12/31/21	
LA Fitness (AFAA)	Step Tech 1	Workshop/Seminar	3.0	12/31/21	
LA Fitness (AFAA)	Step Tech 2	Workshop/Seminar	3.0	12/31/21	
LA Fitness (AFAA)	Step Tech Choreography	Workshop/Seminar	2.0	12/31/21	
LA Fitness (AFAA)	Yoga Basics	Workshop/Seminar	8.0	12/31/21	
LA Fitness (AFAA)	Yogabeat™	Workshop/Seminar	6.0	12/31/21	
LA Fitness (AFAA)	HIIT Advanced Cueing Workshop	Workshop/Seminar	4.0	12/31/21	
LA Fitness (AFAA)	Reformer Pilates for Fitness	Workshop/Seminar	12.0	12/31/21	
Les Mills (AFAA)	BODYATTACK Initial Module	Workshop/Seminar	15.0	12/31/21	www.lesmills.com
Les Mills (AFAA)	The TRIP Initial Module	Workshop/Seminar	15.0	12/31/21	www.lesmills.com/us
Les Mills (AFAA)	BODYCOMBAT Initial Module	Workshop/Seminar	15.0	12/31/21	www.lesmills.com
Les Mills (AFAA)	BODYFLOW Initial Module	Workshop/Seminar	15.0	12/31/21	www.lesmills.com
Les Mills (AFAA)	BODYJAM Initial Module	Workshop/Seminar	15.0	12/31/21	www.lesmills.com
Les Mills (AFAA)	BODYPUMP Initial Module	Workshop/Seminar	15.0	12/31/21	www.lesmills.com
Les Mills (AFAA)	BODYSTEP Initial Module	Workshop/Seminar	15.0	12/31/21	www.lesmills.com
Les Mills (AFAA)	CXWORX Initial Module	Workshop/Seminar	15.0	12/31/21	www.lesmills.com
Les Mills (AFAA)	RPM Initial Module	Workshop/Seminar	15.0	12/31/21	www.lesmills.com
Les Mills (AFAA)	SH'BAM Initial Module	Workshop/Seminar	15.0	12/31/21	www.lesmills.com
Les Mills (AFAA)	LES MILLS GRIT Initial Module	Workshop/Seminar	15.0	12/31/21	www.lesmills.com
Les Mills (AFAA)	LES MILLS SPRINT Initial Module	Workshop/Seminar	14.0	12/31/21	www.lesmills.com
Les Mills (AFAA)	BORN TO MOVE Initial Module All Age Groups	Workshop/Seminar	15.0	12/31/21	www.lesmills.com
Les Mills (AFAA)	LES MILLS BARRE Initial Training Module	Workshop/Seminar	15.0	12/31/21	www.lesmills.com/us
Les Mills (AFAA)	Advanced Training - Live	Workshop/Seminar	15.0	12/31/21	www.lesmills.com/us
Les Mills (AFAA)	Online Advanced Training	Home Study	15.0	12/31/21	www.lesmills.com/us
Les Mills (AFAA)	LES MILLS TONE Initial Module	Workshop/Seminar	15.0	12/31/21	http://www.lesmills.com/us
Louis Kong (AFAA)	Increase Profitability for Personal Trainers through Professionalism and Leadership	Workshop/Seminar	8.0	12/31/21	
Louis Kong (AFAA)	Personal Training Essentials	Workshop/Seminar	8.0	12/31/21	
Mad Dogg Athletics (AFAA)	Peak Pilates-Intermediate Mat	Workshop/Seminar	14.0	12/31/21	www.maddogg.com
Mad Dogg Athletics (AFAA)	Peak Pilates-Basic Mat	Workshop/Seminar	12.0	12/31/21	www.maddogg.com
Mad Dogg Athletics (AFAA)	Resistance Loading and Cadence Building	Workshop/Seminar	2.0	12/31/21	www.maddogg.com
Mad Dogg Athletics (AFAA)	SPINPower® Personal Spinning® Threshold	Workshop/Seminar	4.0	12/31/21	www.maddogg.com
Mad Dogg Athletics (AFAA)	SPINPower® Instructor Training	Workshop/Seminar	8.0	12/31/21	www.maddogg.com
Mad Dogg Athletics (AFAA)	The 5-Step Sprint	Workshop/Seminar	2.0	12/31/21	www.maddogg.com
Mad Dogg Athletics (AFAA)	Strength, Hills & Power	Workshop/Seminar	2.0	12/31/21	www.maddogg.com
Mad Dogg Athletics (AFAA)	Strength Energy Zone™	Workshop/Seminar	2.0	12/31/21	www.maddogg.com
Mad Dogg Athletics (AFAA)	Spintensity™: Periodization	Workshop/Seminar	4.0	12/31/21	www.maddogg.com
Mad Dogg Athletics (AFAA)	Profile Designs & Heart Rate Games	Workshop/Seminar	4.0	12/31/21	www.maddogg.com
Mad Dogg Athletics (AFAA)	Spinning Instructor Training	Workshop/Seminar	8.0	12/31/21	www.maddogg.com
Mad Dogg Athletics (AFAA)	Language & Visualization	Workshop/Seminar	4.0	12/31/21	www.maddogg.com
Mad Dogg Athletics (AFAA)	Race Day Energy Zone™	Workshop/Seminar	2.0	12/31/21	www.maddogg.com
Mad Dogg Athletics (AFAA)	Mental Training: Approach and Skills	Workshop/Seminar	4.0	12/31/21	www.maddogg.com
Mad Dogg Athletics (AFAA)	Loops and Ladders	Workshop/Seminar	2.0	12/31/21	www.maddogg.com
Mad Dogg Athletics (AFAA)	Interval Energy Zone™	Workshop/Seminar	2.0	12/31/21	www.maddogg.com
Mad Dogg Athletics (AFAA)	High Intensity Training	Workshop/Seminar	4.0	12/31/21	www.maddogg.com
Mad Dogg Athletics (AFAA)	Creative Coaching	Workshop/Seminar	4.0	12/31/21	www.maddogg.com
Mad Dogg Athletics (AFAA)	Creative Climbs	Workshop/Seminar	2.0	12/31/21	www.maddogg.com
Mad Dogg Athletics (AFAA)	Becoming a Rockstar Instructor	Workshop/Seminar	8.0	12/31/21	www.spinning.com
Mad Dogg Athletics (AFAA)	SPINPower® STONGER	Workshop/Seminar	4.0	12/31/21	www.spinning.com
Mad Dogg Athletics (AFAA)	Spinning Instructor Online	Home Study	8.0	12/31/21	www.spinning.com
Mad Dogg Athletics (AFAA)	Movement, Music, Motivation	Workshop/Seminar	2.0	12/31/21	www.maddogg.com
Mad Dogg Athletics (AFAA)	Heart Rate Training	Workshop/Seminar	4.0	12/31/21	www.maddogg.com
Mad Dogg Athletics (AFAA)	3 Part Cues	Workshop/Seminar	2.0	12/31/21	



Mad Dogg Athletics (AFAA)	The Art of Recovery	Workshop/Seminar	2.0	12/31/21	www.maddogg.com
Mad Dogg Athletics (AFAA)	Creating a Journey Ride	Workshop/Seminar	4.0	12/31/21	www.maddogg.com
Mad Dogg Athletics (AFAA)	Let's Jump!	Workshop/Seminar	2.0	12/31/21	www.maddogg.com
Mad Dogg Athletics (AFAA)	Rockstar Spinning® Instructor Online	Home Study	7.0	12/31/21	https://spinning.com/instructors/instructor-certifications/spin-power-training/
Mad Dogg Athletics (AFAA)	SPINPower® Instructor Online	Home Study	8.0	12/31/21	https://spinning.com/instructors/instructor-certifications/spin-power-training/
Mad Dogg Athletics (AFAA)	Cadence, Heart Rate & Class Design	Workshop/Seminar	4.0	12/31/21	www.maddogg.com
Make A Difference Academy (AFAA)	3 Steps to Packing Your Classes and Making A True Positive Impact	Home Study	2.0	12/31/21	www.makeadifferenceacademy.com
Make A Difference Academy (AFAA)	Teacher's Toolbox: Creating Extraordinary Experiences With Ease	Home Study	8.0	12/31/21	www.makeadifferenceacademy.com
Make A Difference Academy (AFAA)	Wellness Leadership Intensive	Workshop/Seminar	8.0	12/31/21	www.inspiredwithkimberly.com
Make A Difference Academy (AFAA)	Next Level Leadership	Workshop/Seminar	8.0	12/31/21	https://www.inspiredwithkimberly.com
Make A Difference Academy (AFAA)	3 Secrets to Thriving as a Wildly Successful Fitness Leader	Home Study	2.0	12/31/21	https://www.inspiredwithkimberly.com
Maria Mind Body Health LLC (AFAA)	Keto Coaching Certificate	Home Study	15.0	12/31/21	
Meso Fit Studio (AFAA)	The RAMP Method Level 1	Home Study	10.0	12/31/21	www.mesofitboca.com
Mohey Core Method (AFAA)	Mohey Core Method	Workshop/Seminar	12.0	12/31/21	
Mom in Balance (AFAA)	Mom in Balance trainer   Pre/Postnatal and female fitness specialist	Home Study	15.0	12/31/21	https://mominbalance.nl
Mountainside Fitness (AFAA)	The Mountainside Way Group Fitness Training Workshop	Workshop/Seminar	8.0	12/31/21	www.mountainsidefitness.com
Mountainside Fitness (AFAA)	Sport, Studio & DJ Cycle In-House Training	Workshop/Seminar	8.0	12/31/21	Mountainsidefitness.com
Mountainside Fitness (AFAA)	Studio Cycle, Chiropractic Training	Workshop/Seminar	6.0	12/31/21	mountainsidefitness.com
Mountainside Fitness (AFAA)	The Mountainside Way Equipment Fundamentals Training	Workshop/Seminar	6.0	12/31/21	mountainsidefitness.com
Mountainside Fitness (AFAA)	The Mountainside Way Power Kick Training	Home Study	6.0	12/31/21	mountainsidefitness.com
Movement Flow (AFAA)	Level 1 Movement Flow Training	Workshop/Seminar	15.0	12/31/21	www.movementflow.ca
Muay Thai School USA (AFAA)	Muay Thai Personal Trainer	Home Study	15.0	12/31/21	https://www.muaythaishoolschoolusa.com
<b>NASM (AFAA)</b>	<b>All NASM courses are approved with AFAA</b>	<b>Home Study</b>	<b>12/31/21</b>		
National Exercise Trainers Association (NETA) (AFAA)	Online Barre Connect Specialty Certificate	Home Study	8.0	12/31/21	http://www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Online Instructor Group Cycling Specialty Certificate	Home Study	5.0	12/31/21	http://www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Online Kettlebell Specialty Certificate	Home Study	5.0	12/31/21	http://www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	Online Senior Fitness Specialty Certificate	Home Study	5.0	12/31/21	http://www.netafit.org
National Exercise Trainers Association (NETA) (AFAA)	NETA Fit Fest 2021	Conference	15.0	12/31/21	http://www.netafit.org
Net Profit Explosion (NPE) (AFAA)	NPE Fast-Track	Home Study	15.0	12/31/21	npefitness.com/us
O'Gorgeous, Inc. (AFAA)	PIIT28 Instructor Training Workshop	Workshop/Seminar	6.0	12/31/21	www.poppilateslife.com
O'Gorgeous, Inc. (AFAA)	POP Pilates® Certified Instructor	Home Study	8.0	12/31/21	www.poppilateslife.com
OnFit Training College (AFAA)	Instructing Exercise to Children and Adolescents	Home Study	10.0	12/31/21	https://study.onfit.edu.au/courses/instructing-exercise-to-children-and-adolescents
Online Education Center (AFAA)	Curso de Especialización en Entrenamiento de la Fuerza	Workshop/Seminar	15.0	12/31/21	onlineeducation.center/es
Orange Whip Golf & Fitness, Golf Fitness X (AFAA)	Golf Fitness X Level 1 Coach Online	Home Study	12.0	12/31/21	https://gxfcertificationonline.thinkific.com/bundles/level-1-coach-certification-bundle
Pelacore (AFAA)	Pelacore Training Course	Workshop/Seminar	3.0	12/31/21	www.pelacore.com
Personal Trainer Development Center (AFAA)	Online Trainer Academy	Home Study	15.0	12/31/21	http://onlinetraineracademy.theptdc.com
PlyoJam (AFAA)	Plyometric Infused Dance: PlyoJam Instructor Training (Live Workshop)	Workshop/Seminar	8.0	12/31/21	www.plyojam.com
PlyoJam (AFAA)	Plyometric-Infused Dance: Intro to PlyoJam (online)	Home Study	5.0	12/31/21	www.plyojam.com
POPUp (AFAA)	POPUp Pro	Home Study	15.0	12/31/21	https://pop-s-school.thinkific.com/courses/popuppro
POUND® Rockout. Workout. (AFAA)	POUND + Generation POUND	Workshop/Seminar	12.0	12/31/21	poundfit.com
Power Monkey Camp (AFAA)	Power Monkey Camp	Workshop/Seminar	15.0	12/31/21	powermonkeycamp.com
Precision Nutrition (AFAA)	Dietary Strategies: How to Coach a Macros Based Diet	Home Study	10.0	12/31/21	www.precisionnutrition.com
Precision Nutrition (AFAA)	Dietary Strategies: How to Coach a Plant Based Diet	Home Study	8.0	12/31/21	www.precisionnutrition.com
Precision Nutrition (AFAA)	Dietary Strategies: How to Coach an Intermittent Fasting Diet	Home Study	8.0	12/31/21	www.precisionnutrition.com
Precision Nutrition (AFAA)	Nutrition Coaching for Athletes: How to Coach an Athlete	Home Study	15.0	12/31/21	www.precisionnutrition.com
Precision Nutrition (AFAA)	Nutrition Coaching for Athletes: How to Create Personalized Nutrition Programs for Athletes	Home Study	12.0	12/31/21	www.precisionnutrition.com
Precision Nutrition (AFAA)	Precision Nutrition Level 1, Certificate in Exercise Nutrition	Home Study	15.0	12/31/21	www.precisionnutrition.com
Precision Nutrition (AFAA)	Precision Nutrition Level 2 Master Class	Home Study	15.0	12/31/21	www.precisionnutrition.com
Precision Nutrition (AFAA)	Change Behavior: How Do We Change Behavior?	Home Study	15.0	12/31/21	www.precisionnutrition.com
Precision Nutrition (AFAA)	Nutrition for Metabolic Health: What is Metabolism?	Home Study	15.0	12/31/21	www.precisionnutrition.com
PRONatal Fitness (AFAA)	PRONatal Fitness/Pre/Postnatal Education for Group Fitness Instructors	Home Study	6.0	12/31/21	www.pronatalfitness.com
PRONatal Fitness (AFAA)	A Simple Guide to Program Design	Home Study	4.0	12/31/21	pronatalfitness.com
PRONatal Fitness (AFAA)	PRONatal Fitness Pre/Postnatal Performance Training Specialist (Level 1 and 2)	Home Study	15.0	12/31/21	pronatalfitness.com
PRONatal Fitness (AFAA)	How to "Train" Women for Pregnancy	Home Study	4.0	12/31/21	www.pronatalfitness.com
Punk Rope, Inc. (AFAA)	Jump Rope Instructor Course	Home Study	9.0	12/31/21	www.punkrope.com
R3BAR TRAINING (AFAA)	R3BAR Intermediate Certification	Home Study	4.0	12/31/21	www.r3bartraining.com
RaqiSa® Barre (AFAA)	RAQ THE BARRE, BY RAQISA Barre Fitness - Belly Dance Technique	Workshop/Seminar	8.0	12/31/21	www.raqisa.com
Redefining Strength (AFAA)	The Dynamic Workout Design Training Black Book	Home Study	9.0	12/31/21	https://academy.redefiningstrength.com/p/the-dynamic-workout-design-training-black-book
Regymen Fitness (AFAA)	REGYMEN Coach	Workshop/Seminar	15.0	12/31/21	regymenfitness.com
Regymen Fitness (AFAA)	REGYMEN Box Certificate	Workshop/Seminar	15.0	12/31/21	regymenfitness.com
Rock Tape, Inc (AFAA)	FMT Mobility Specialist	Workshop/Seminar	6.0	12/31/21	www.rocktape.com
Rock Tape, Inc (AFAA)	FMT Rockfloss Compression Band Flossing	Home Study	6.0	12/31/21	www.rocktape.com
Rock Tape, Inc (AFAA)	FMT Rockpods Myofascial Cupping	Home Study	6.0	12/31/21	www.rocktape.com
Rock Tape, Inc (AFAA)	FMT Advanced	Home Study	6.0	12/31/21	www.rocktape.com
Rock Tape, Inc (AFAA)	FMT Movement Specialist Part 1- FMT Movement Assessment course	Home Study	6.0	12/31/21	www.rocktape.com
Rock Tape, Inc (AFAA)	FMT Movement Specialist Part 2- Advanced Movement Assessment	Home Study	6.0	12/31/21	www.rocktape.com
Rock Tape, Inc (AFAA)	FMT Basic	Home Study	6.0	12/31/21	www.rocktape.com
Rock Tape, Inc (AFAA)	Functional Movement Techniques (FMT) Blades	Home Study	6.0	12/31/21	www.rocktape.com
Rock Tape, Inc (AFAA)	Functional Movement Techniques (FMT) Blades Advanced	Home Study	6.0	12/31/21	www.rocktape.com
RumbleRoller (AFAA)	RumbleRoller Foundations Course	Workshop/Seminar	4.0	12/31/21	www.rumbleroller.com
Run-Fit (AFAA)	REVO <sub>2</sub> LUTION RUNNING™	Home Study	15.0	12/31/21	http://run-fit.com
Sales Skills for Fitness Professionals (AFAA)	Virtual Sales Skills for Personal Trainers	Home Study	4.0	12/31/21	www.sale skillsforfitnessprofessionals.com
SCW Fitness Education (AFAA)	SCW Ballet Barre Certification	Workshop/Seminar	7.0	12/31/21	www.scwfit.com
SCW Fitness Education (AFAA)	SCW Active Aging Certification	Workshop/Seminar	7.0	12/31/21	www.scwfit.com
SCW Fitness Education (AFAA)	SCW Aquatic Exercise Certification	Workshop/Seminar	8.0	12/31/21	www.scwfit.com
SCW Fitness Education (AFAA)	SCW Group Exercise Certification	Workshop/Seminar	8.0	12/31/21	WWW.SCWFIT.COM
SCW Fitness Education (AFAA)	SCW Pilates Matwork Certification	Workshop/Seminar	8.0	12/31/21	www.scwfit.com
SCW Fitness Education (AFAA)	WATERinMOTION® Certification	Workshop/Seminar	7.0	12/31/21	www.scwfit.com
SCW Fitness Education (AFAA)	SCW Yoga I Certification	Workshop/Seminar	7.0	12/31/21	www.scwfit.com
SCW Fitness Education (AFAA)	SCW Active Aging Nutrition Certification	Workshop/Seminar	4.0	12/31/21	www.scwfit.com

SCW Fitness Education (AFAA)	SCW Meditation Certification	Workshop/Seminar	4.0	12/31/21	www.scwfit.com
SCW Fitness Education (AFAA)	SCW Aqua Barre Certification	Workshop/Seminar	6.0	12/31/21	www.scwfit.com
SCW Fitness Education (AFAA)	SCW Boxing Certification	Workshop/Seminar	7.0	12/31/21	www.scwfit.com
SCW Fitness Education (AFAA)	SCW Corrective Exercise Certificate	Workshop/Seminar	6.0	12/31/21	www.scwfit.com
SCW Fitness Education (AFAA)	SCW Core Training Certification	Home Study	4.0	12/31/21	http://www.scwfit.com
SCW Fitness Education (AFAA)	SCW Foam Rolling Certification	Home Study	6.0	12/31/21	http://www.scwfit.com
SCW Fitness Education (AFAA)	SCW Functional Flexibility Certification	Home Study	8.0	12/31/21	http://www.scwfit.com
SCW Fitness Education (AFAA)	SCW Functional Pilates Certification	Home Study	6.0	12/31/21	http://www.scwfit.com
SCW Fitness Education (AFAA)	SCW Group Step Certification	Home Study	8.0	12/31/21	http://www.scwfit.com
SCW Fitness Education (AFAA)	SCW Group Strength Certification	Home Study	4.0	12/31/21	http://www.scwfit.com
SCW Fitness Education (AFAA)	SCW HIIT Certification	Home Study	6.0	12/31/21	http://www.scwfit.com
SCW Fitness Education (AFAA)	SCW Kettlebell Training Certification	Home Study	4.0	12/31/21	http://www.scwfit.com
SCW Fitness Education (AFAA)	SCW Kids in Motion Certification	Home Study	8.0	12/31/21	http://www.scwfit.com
SCW Fitness Education (AFAA)	SCW Mind Body Fusion Certification	Home Study	7.0	12/31/21	http://www.scwfit.com
SCW Fitness Education (AFAA)	SCW Moms in Motion Certification	Home Study	8.0	12/31/21	http://www.scwfit.com
SCW Fitness Education (AFAA)	SCW Nutrition, Hormones & Metabolism Certification	Home Study	8.0	12/31/21	http://www.scwfit.com
SCW Fitness Education (AFAA)	SCW Performance Stability Training Certification	Home Study	8.0	12/31/21	http://www.scwfit.com
SCW Fitness Education (AFAA)	SCW Pilates Small Apparatus Certification	Home Study	8.0	12/31/21	http://www.scwfit.com
SCW Fitness Education (AFAA)	SCW Sports Nutrition Certification	Home Study	7.0	12/31/21	http://www.scwfit.com
SCW Fitness Education (AFAA)	SCW Tai Chi Certification	Home Study	8.0	12/31/21	http://www.scwfit.com
SCW Fitness Education (AFAA)	SCW Weight Management Certification	Home Study	7.0	12/31/21	http://www.scwfit.com
SCW Fitness Education (AFAA)	SCW Yoga II Certification	Home Study	4.0	12/31/21	http://www.scwfit.com
SCW Fitness Education (AFAA)	SCW Program Design for Fitness Professionals	Workshop/Seminar	7.0	12/31/21	www.scwfit.com/certifications
SCW Fitness Education (AFAA)	SCW Fitness for Nutrition Professionals Certification	Workshop/Seminar	7.0	12/31/21	www.scwfit.com
SCW Fitness Education (AFAA)	SCW Fitness Flowing Yoga Certification	Workshop/Seminar	7.0	12/31/21	www.scwfit.com
SCW Fitness Education (AFAA)	SCW Small Group Training Certification	Workshop/Seminar	7.0	12/31/21	www.scwfit.com/certifications
SCW Fitness Education (AFAA)	SCW Fitness Virtual Training: Lights, Camera, Action!	Workshop/Seminar	4.0	12/31/21	www.scwfit.com/certifications
SharQui - The Bellydance Workout (AFAA)	Online SharQui Instructor Training	Home Study	10.0	12/31/21	www.sharqui.com
SHAY-MCENTEE WELLNESS WORKS INC. (AFAA)	BREATHING TECHNIQUES / STRESS MANAGEMENT	Workshop/Seminar	3.0	12/31/21	
SHAY-MCENTEE WELLNESS WORKS INC. (AFAA)	ENERGY BREAK	Workshop/Seminar	3.0	12/31/21	
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Stress Management Education Series	Home Study	4.0	12/31/21	www.silversneakers.com
SilverSneakers by Tivity Health (AFAA)	SilverSneakers YOGA	Home Study	2.0	12/31/21	
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Stability	Home Study	2.0	12/31/21	
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Splash	Home Study	2.0	12/31/21	
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Foundations	Home Study	5.0	12/31/21	
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Classic	Home Study	2.0	12/31/21	
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Circuit	Home Study	2.0	12/31/21	
SilverSneakers by Tivity Health (AFAA)	SilverSneakers BOOM MUSCLE	Home Study	2.0	12/31/21	
SilverSneakers by Tivity Health (AFAA)	SilverSneakers BOOM MOVE	Home Study	2.0	12/31/21	
SilverSneakers by Tivity Health (AFAA)	SilverSneakers BOOM MIND	Home Study	2.0	12/31/21	
SilverSneakers by Tivity Health (AFAA)	Group Exercise for Hip Limitations	Home Study	2.0	12/31/21	
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Strength Progressions for Group Exercise	Home Study	2.0	12/31/21	www.silversneakers.com
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Nutrition for Optimal Aging	Home Study	2.0	12/31/21	www.silversneakers.com
SilverSneakers by Tivity Health (AFAA)	SilverSneakers EnerChi	Home Study	4.0	12/31/21	www.silversneakers.com
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Fall Prevention Education Series	Home Study	2.0	12/31/21	www.silversneakers.com
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Fundamentals of Teaching Group Fitness	Home Study	5.0	12/31/21	www.silversneakers.com
Spark Trainer (AFAA)	KB Squared	Workshop/Seminar	5.0	12/31/21	
Spin City Instructor Training (AFAA)	Spin City Beginners Aerial Hoop Instructor (online)	Home Study	15.0	12/31/21	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Beginners Pole Fitness Instructor (online)	Home Study	15.0	12/31/21	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Intermediate Aerial Hoop Instructor (online)	Home Study	15.0	12/31/21	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Intermediate Pole Fitness Instructor (online)	Home Study	15.0	12/31/21	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Grounded Hoop Instructor (online)	Home Study	8.0	12/31/21	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Strength And Conditioning For Pole And Aerial (online)	Home Study	10.0	12/31/21	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Foundation Aerial Silks Instructor Training (online)	Home Study	15.0	12/31/21	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Advanced Aerial Sling Instructor (online)	Home Study	15.0	12/31/21	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Spinning Pole Instructor (online)	Home Study	8.0	12/31/21	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Double Point Hoop Instructor (online)	Home Study	8.0	12/31/21	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Aerial Silks - Working in the Hitch (online)	Home Study	8.0	12/31/21	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Aerial Silks - Footlocks Module 1 (online)	Home Study	8.0	12/31/21	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Aerial Silks - Climbs and Descents (online)	Home Study	8.0	12/31/21	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Aerial Silks - Footlocks Module 2 (online)	Home Study	8.0	12/31/21	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Aerial Silks - Hiplock Skills (online)	Home Study	8.0	12/31/21	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Advanced Aerial Hoop Instructor (online)	Home Study	15.0	12/31/21	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Advanced Pole Fitness Instructor (online)	Home Study	15.0	12/31/21	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Anatomy and Physiology Foundations (online)	Home Study	15.0	12/31/21	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Beginners Aerial Sling Instructor (online)	Home Study	15.0	12/31/21	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Stretching and Flexibility for Pole and Aerial (online)	Home Study	15.0	12/31/21	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Intermediate Aerial Sling Instructor (online)	Home Study	15.0	12/31/21	www.spincityinstructortraining.com
Spin City Instructor Training (AFAA)	Spin City Pole Fabric Instructor (online)	Home Study	15.0	12/31/21	www.spincityinstructortraining.com
Stealth Institution (AFAA)	THUMP Boxing L1+2	Workshop/Seminar	15.0	12/31/21	
Stealth Institution (AFAA)	SRE	Workshop/Seminar	15.0	12/31/21	
StickMobility (AFAA)	Stick Mobility Level 1	Workshop/Seminar	13.0	12/31/21	https://stickmobility.com/certification/
StickMobility (AFAA)	Stick Mobility Level 1	Home Study	13.0	12/31/21	www.stickmobility.com
StickXfit (AFAA)	StickXfit Foundation Instructor Training	Workshop/Seminar	15.0	12/31/21	https://StickXfit.com
Stretch to Win Institute (AFAA)	Level 1 (FST) Fascial Stretch Therapy	Workshop/Seminar	15.0	12/31/21	www.stretchtowin.com
Strong Education (AFAA)	Adaptive Special Needs Trainer Level 1	Home Study	14.0	12/31/21	www.certifystrong.com
Strong Education (AFAA)	Adaptive Special Needs Trainer Level 2	Home Study	14.0	12/31/21	www.certifystrong.com
Strong Education (AFAA)	Adaptive Special Needs Group Instructor	Home Study	14.0	12/31/21	www.certifystrong.com
Strong Education (AFAA)	Adaptive Special Needs Nutrition Coach	Home Study	4.0	12/31/21	www.certifystrong.com
Surge Fit (AFAA)	Surge Fit Instructor Training	Workshop/Seminar	8.0	12/31/21	www.surge-fit.com

SweatBox (AFAA)	SweatBoss Training	Workshop/Seminar	15.0	12/31/21	<a href="https://sweatboxdc.com">https://sweatboxdc.com</a>
Team Alloy (AFAA)	Alloy: Personal Training Programming Certification	Workshop/Seminar	8.0	12/31/21	<a href="http://www.teamalloy.com">www.teamalloy.com</a>
The Academy Of Sport Speed and Agility (AFAA)	Coaching Explosive Speed Online Course	Workshop/Seminar	8.0	12/31/21	<a href="https://www.learningwithranell.com/aboutcoachingspeed/">https://www.learningwithranell.com/aboutcoachingspeed/</a>
The BFR Pros (AFAA)	Blood Flow Restriction: Accelerate Performance & Recovery [Introduction to BFR Virtual Course]	Home Study	4.0	12/31/21	<a href="https://www.thebfrpros.com">https://www.thebfrpros.com</a>
The Brand X Method (AFAA)	Brand X Professional Youth Coach	Home Study	10.0	12/31/21	<a href="https://thebrandxmethod.com">https://thebrandxmethod.com</a>
The FIT Institute (AFAA)	Fascial Abrasion Technique - FAT-Tool™ Technique	Workshop/Seminar	7.0	12/31/21	<a href="https://www.thefitnstitute.com/training/">https://www.thefitnstitute.com/training/</a>
The MELT Method (Longevity Fitness, Inc.) (AFAA)	MELT Online Instructor Training Level 1	Home Study	15.0	12/31/21	<a href="https://www.meltmethod.com">https://www.meltmethod.com</a>
The Ready State (AFAA)	Movement & Mobility 101	Home Study	13.0	12/31/21	<a href="http://www.mobilitywod.com">http://www.mobilitywod.com</a>
TRAINER360 (AFAA)	EVOLUTION360 TRAINER L1	Home Study	7.0	12/31/21	<a href="https://www.evolution360.fit">https://www.evolution360.fit</a>
Tress Marketing Solutions, LLC (AFAA)	FASTER Way to Fat Loss Certified Coach	Home Study	5.0	12/31/21	<a href="https://www.fasterwaytofatloss.com/certification">https://www.fasterwaytofatloss.com/certification</a>
TRX (AFAA)	TRX Trainer Basics Course	Home Study	3.0	12/31/21	<a href="http://www.trxtraining.com">www.trxtraining.com</a>
TRX (AFAA)	TRX FORCE Operator's Training Course (Level 1)	Workshop/Seminar	4.0	12/31/21	<a href="http://www.trxtraining.com">www.trxtraining.com</a>
TRX (AFAA)	TRX FORCE Operator's Training Course (Level 2)	Workshop/Seminar	8.0	12/31/21	<a href="http://www.trxtraining.com">www.trxtraining.com</a>
TRX (AFAA)	TRX FORCE Operator's Training Course (Level 3)	Workshop/Seminar	15.0	12/31/21	<a href="http://www.trxtraining.com">www.trxtraining.com</a>
TRX (AFAA)	TRX Functional Training Course (FTC)	Workshop/Seminar	7.0	12/31/21	<a href="http://www.trxtraining.com">www.trxtraining.com</a>
TRX (AFAA)	TRX Group Rip Training Course (GRTC)	Workshop/Seminar	7.0	12/31/21	<a href="http://www.trxtraining.com">www.trxtraining.com</a>
TRX (AFAA)	TRX Group Suspension Training Course (GSTC)	Workshop/Seminar	7.0	12/31/21	<a href="http://www.trxtraining.com">www.trxtraining.com</a>
TRX (AFAA)	TRX Group Training Course (GTC)	Workshop/Seminar	8.0	12/31/21	<a href="http://www.trxtraining.com">www.trxtraining.com</a>
TRX (AFAA)	TRX RIP Training Course (RTC)	Workshop/Seminar	8.0	12/31/21	<a href="http://www.trxtraining.com">www.trxtraining.com</a>
TRX (AFAA)	TRX Suspension Training Course (STC)	Workshop/Seminar	7.0	12/31/21	<a href="http://www.trxtraining.com">www.trxtraining.com</a>
TRX (AFAA)	TRX Sports Medicine Suspension Training Course Level 2 (SMSTC Lvl 2)	Workshop/Seminar	7.0	12/31/21	<a href="http://www.trxtraining.com">www.trxtraining.com</a>
TRX (AFAA)	TRX For Yoga	Home Study	5.0	12/31/21	<a href="http://TRXtraining.com">TRXtraining.com</a>
TRX (AFAA)	TRX Advanced Group Training Course (AGTC)	Workshop/Seminar	15.0	12/31/21	<a href="http://TRXtraining.com">TRXtraining.com</a>
TRX (AFAA)	TRX for Yoga - LIVE Course	Workshop/Seminar	7.0	12/31/21	<a href="http://www.trxtraining.com/trx-education-fags">www.trxtraining.com/trx-education-fags</a>
TRX (AFAA)	TRX Suspension Training Course: Live Virtual Edition	Workshop/Seminar	7.0	12/31/21	<a href="http://www.trxtraining.com/trx-academy">www.trxtraining.com/trx-academy</a>
TRX (AFAA)	TRX Virtual Training Course	Home Study	4.0	12/31/21	<a href="http://www.trxtraining.com/education">www.trxtraining.com/education</a>
TRX (AFAA)	TRX Training in 90min	Home Study	2.0	12/31/21	<a href="https://www.trxtraining.com/trx-academy">https://www.trxtraining.com/trx-academy</a>
TRX (AFAA)	TRX Training Through the Stages	Home Study	2.0	12/31/21	<a href="https://www.trxtraining.com/trx-academy">https://www.trxtraining.com/trx-academy</a>
TRX (AFAA)	TRX Next Level HIIT	Home Study	2.0	12/31/21	<a href="https://www.trxtraining.com/trx-academy">https://www.trxtraining.com/trx-academy</a>
TRX (AFAA)	TRX Delivering Your Experience	Workshop/Seminar	1.0	12/31/21	<a href="https://www.trxtraining.com/trx-academy">https://www.trxtraining.com/trx-academy</a>
TRX (AFAA)	TRX Training Unplugged: Balancing Technology & Performance	Workshop/Seminar	2.0	12/31/21	<a href="https://www.trxtraining.com/trx-academy">https://www.trxtraining.com/trx-academy</a>
TRX (AFAA)	TRX Training Lenses 2.0	Workshop/Seminar	1.0	12/31/21	<a href="https://www.trxtraining.com/trx-academy">https://www.trxtraining.com/trx-academy</a>
Turn Up With Tanci LLC (AFAA)	Turn Up Dance Fitness	Workshop/Seminar	7.0	12/31/21	<a href="http://www.turnupwithtanci.com">www.turnupwithtanci.com</a>
UCanRow2 (AFAA)	UCanRow2/Concept2 Instructor Certificate	Home Study	3.0	12/31/21	<a href="http://ucanrow2.com">ucanrow2.com</a>
UCanRow2 (AFAA)	Indoor Rowing Basics One Day Certificate	Workshop/Seminar	8.0	12/31/21	<a href="http://ucanrow2.com">ucanrow2.com</a>
UpBeat Barre (AFAA)	UpBeat Barre Training	Workshop/Seminar	7.0	12/31/21	<a href="http://www.upbeatbarre.com">www.upbeatbarre.com</a>
US Fitness Holdings LLC (AFAA)	Explosive Performance Mentorship	Workshop/Seminar	15.0	12/31/21	
Vertical Joe's (AFAA)	T.W.E.R.K. Technicians	Workshop/Seminar	4.0	12/31/21	
VertiMax (AFAA)	VertiMax Training Course	Workshop/Seminar	7.0	12/31/21	<a href="http://www.vertimax.com">www.vertimax.com</a>
VIDA Fitness (AFAA)	Barre Instructor	Workshop/Seminar	8.0	12/31/21	<a href="http://www.vidafitness.com">www.vidafitness.com</a>
VIDA Fitness (AFAA)	Coach-by-Color Cycling Instructor Training	Workshop/Seminar	8.0	12/31/21	<a href="http://vidafitness.com">vidafitness.com</a>
VIDA Fitness (AFAA)	*TKO* Instructor Training	Workshop/Seminar	8.0	12/31/21	<a href="https://vidafitness.com">https://vidafitness.com</a>
VIDA Fitness (AFAA)	*All Star* Instructor Training	Workshop/Seminar	15.0	12/31/21	<a href="https://vidafitness.com">https://vidafitness.com</a>
Working Against Gravity (AFAA)	Working Against Gravity	Home Study	9.0	12/31/21	<a href="http://www.workingagainstgravity.com">www.workingagainstgravity.com</a>
XTEND (AFAA)	XTEND 2 Day ERT	Workshop/Seminar	14.0	12/31/21	<a href="http://www.xtendbarre.com">www.xtendbarre.com</a>
XTEND (AFAA)	XTEND 5 Day ERT	Workshop/Seminar	15.0	12/31/21	<a href="http://www.xtendbarre.com">www.xtendbarre.com</a>
YouniquelyFit (AFAA)	YouniquelyFit's Postural Pre- and Post Natal Programs	Home Study	10.0	12/31/21	<a href="https://www.youniquelyfit.com/personal-trainer-certification/">https://www.youniquelyfit.com/personal-trainer-certification/</a>
ZUMBA (AFAA)	Zumba Basic 1 Instructor Training	Workshop/Seminar	8.0	12/31/21	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	Zumba Gold Instructor Training	Workshop/Seminar	8.0	12/31/21	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	Zumba Toning Instructor Training	Workshop/Seminar	8.0	12/31/21	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	Zumba ProSkills Instructor Training	Workshop/Seminar	8.0	12/31/21	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	Zumba Kids + Kids Jr. Instructor Training	Workshop/Seminar	8.0	12/31/21	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	Aqua Zumba Instructor Training	Workshop/Seminar	8.0	12/31/21	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	Zumba Jump Start Gold Instructor Training	Workshop/Seminar	10.0	12/31/21	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	Zumba Jump Start Zumba-Kids & Kids Jr. Instructor	Workshop/Seminar	10.0	12/31/21	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	STRONG Nation Instructor Training	Workshop/Seminar	8.0	12/31/21	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	STRONG Nation ELearning	Home Study	4.0	12/31/21	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	ZUMBA VIRTUAL PRO	Workshop/Seminar	4.0	12/31/21	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	TAKE THE LEAD: BUILDING CONFIDENCE + CONNECTIONS	Workshop/Seminar	4.0	12/31/21	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	SYNC LAB SESSION - JANUARY 2021	Home Study	3.0	12/31/21	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	SYNC LAB SESSION - FEBRUARY 2021	Home Study	3.0	12/31/21	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	SYNC LAB SESSION - MARCH 2021	Home Study	3.0	12/31/21	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	SYNC LAB SESSION - APRIL 2021	Home Study	3.0	12/31/21	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	ZIN™ JAM SESSIONS - JANUARY 2021	Home Study	3.0	12/31/21	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	ZIN™ JAM SESSIONS - FEBRUARY 2021	Home Study	3.0	12/31/21	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	ZIN™ JAM SESSIONS - MARCH 2021	Home Study	3.0	12/31/21	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	ZIN™ JAM SESSIONS - APRIL 2021	Home Study	3.0	12/31/21	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	Cue Like A Pro ELearning	Home Study	3.0	12/31/21	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	Fighting Elements ELearning	Home Study	3.0	12/31/21	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	ZUMBA INSTRUCTOR LICENSING PROGRAM/BASIC STEPS 1	Home Study	10.0	12/31/21	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	Zumba Step Instructor Training	Workshop/Seminar	8.0	12/31/21	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	Zumba Rhythms 2	Workshop/Seminar	8.0	12/31/21	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA (AFAA)	ZUMBA RHYTHMS 3	Workshop/Seminar	8.0	12/31/21	<a href="http://www.zumba.com">www.zumba.com</a>
Zumbini LLC (AFAA)	Zumbini Instructor Training Course	Workshop/Seminar	15.0	12/31/21	