



AFAA PREFERRED PROVIDER PROGRAM

Provider	Title	Course Type	CEUs	Expires On	Registration URL
305 Fitness (AFAA)	305 Fitness Instructor Training	Workshop/Seminar	15.0	12/31/19	
Aerial Physique (AFAA)	Aerial Physique Teacher Training	Workshop/Seminar	15.0	12/31/19	
Alpha Warrior (AFAA)	Alpha Warrior Level 1 Accelerated	Workshop/Seminar	7.0	12/31/19	https://alphawarrior.com
Alpha Warrior (AFAA)	Alpha Warrior Level 2	Workshop/Seminar	15.0	12/31/19	https://alphawarrior.com
Alpha Warrior (AFAA)	Level 1 Certification	Workshop/Seminar	12.0	12/31/19	
American Council on Exercise (ACE) (AFAA)	ACE Behavior Change in Practice: Hands-on Skills for Health Coaches and Exercise Professionals	Workshop/Seminar	5.0	12/31/19	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Behavior Change Specialist	Home Study	15.0	12/31/19	http://www.acefitness.org/fitness-certifications/specialty-certifications/behavior-change.aspx
American Council on Exercise (ACE) (AFAA)	ACE Fitness Nutrition Specialist	Home Study	15.0	12/31/19	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Functional Training Specialist	Home Study	15.0	12/31/19	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Senior Fitness Specialist	Home Study	15.0	12/31/19	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Sports Conditioning Specialist	Home Study	15.0	12/31/19	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Sports Performance Workshop	Workshop/Seminar	8.0	12/31/19	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Weight Management Specialist	Home Study	15.0	12/31/19	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	ACE Youth Fitness Specialist	Home Study	15.0	12/31/19	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Fitness Programming for Overweight Clients & Clients Affected by Obesity	Workshop/Seminar	8.0	12/31/19	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Metabolic Training Workshop	Workshop/Seminar	8.0	12/31/19	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Movement Based Exercise Workshop	Workshop/Seminar	8.0	12/31/19	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Personal Training Workshop: Client Communication, Assessment and Program Design	Workshop/Seminar	8.0	12/31/19	www.acefitness.org
American Council on Exercise (ACE) (AFAA)	Small Group Training Workshop	Workshop/Seminar	5.0	12/31/19	www.acefitness.org
Anatomy4Fitness, LLC (AFAA)	Musculoskeletal Anatomy Course	Workshop/Seminar	3.0	12/31/19	
AntiGravity® Fitness (AFAA)	AntiGravity® 1on1: D-kink	Workshop/Seminar	6.0	12/31/19	www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Aerial Yoga 1	Workshop/Seminar	15.0	12/31/19	www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Aerial Yoga 2	Workshop/Seminar	15.0	12/31/19	www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® AIRbarre 1	Workshop/Seminar	15.0	12/31/19	www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Fundamentals 1&2	Workshop/Seminar	15.0	12/31/19	www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Just Kids 1&2	Workshop/Seminar	15.0	12/31/19	www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Pilates 1	Workshop/Seminar	15.0	12/31/19	www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Restorative Yoga	Workshop/Seminar	15.0	12/31/19	www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Suspension Fitness 1	Workshop/Seminar	15.0	12/31/19	www.antigravityfitness.com
AntiGravity® Fitness (AFAA)	AntiGravity® Suspension Fitness 2	Workshop/Seminar	15.0	12/31/19	www.antigravityfitness.com
Assured Fitness (AFAA)	GROUP EXERCISE: 101	Workshop/Seminar	8.0	12/31/19	
Assured Fitness (AFAA)	Pressure Point: Muscle Rejuvenation	Workshop/Seminar	8.0	12/31/19	
Assured Fitness (AFAA)	Senior Fitness - Senior Fit & Fun	Workshop/Seminar	8.0	12/31/19	
Assured Fitness (AFAA)	Specialized Military Fitness Programming	Workshop/Seminar	15.0	12/31/19	
Assured Fitness (AFAA)	Yoga 24/7	Workshop/Seminar	4.0	12/31/19	
Assured Fitness (AFAA)	Yoga Burn & Firm	Workshop/Seminar	4.0	12/31/19	
Assured Fitness (AFAA)	Youth Fitness - Fit-4-Kids	Workshop/Seminar	8.0	12/31/19	
Ballroom Boogie Fitness, LLC (AFAA)	Ballroom Boogie Fitness	Workshop/Seminar	6.0	12/31/19	
Barre Variations (AFAA)	Barre Variation Teacher Training	Workshop/Seminar	8.0	12/31/19	
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Adductors	Home Study	2.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Advancements in Exercise Selection 2: A Case Study Approach to Corrective Exercise	Workshop/Seminar	16.0	12/31/19	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Ankle Joint	Home Study	3.0	12/31/19	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Anterior Oblique Subsystem Integration	Home Study	1.0	12/31/19	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Biceps Femoris	Home Study	2.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Coracobrachialis	Home Study	2.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Corrective Exercise Lab	Workshop/Seminar	15.0	12/31/19	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Deep Cervical Flexor Activation	Home Study	1.0	12/31/19	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Deep Longitudinal Subsystem	Home Study	1.0	12/31/19	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Deep Neck Flexors	Home Study	2.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Deltoids	Home Study	2.0	12/31/19	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Does Movement Impairment Precede Knee Pain and Injury?	Home Study	1.0	12/31/19	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Erector Spinae	Home Study	2.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Extensor Hallucis Longus (EHL) & Extensor Digitorum Longus (EDL) (and Fibularis Tertius (FT))	Home Study	2.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Flexor Hallucis Longus and Flexor Digitorum Longus	Home Study	2.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Functional Anatomy 1: Introduction	Home Study	3.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Functional Anatomy 2: Muscular Function and Upper Body Muscles	Home Study	3.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Functional Anatomy 3: Lower Body and Core Muscles	Home Study	3.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Gluteus Maximus	Home Study	2.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Gluteus Maximus Activation	Workshop/Seminar	1.0	12/31/19	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Gluteus Medius Activation	Home Study	1.0	12/31/19	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Hip External Rotator: Release and Lengthening	Home Study	1.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Hip Flexor: Release and Lengthening	Home Study	1.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Hip Internal Rotator: Release and Lengthening	Home Study	1.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Hip Joint	Home Study	3.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Infraspinatus and Teres Minor	Home Study	2.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Integrated Functional Anatomy of the Cervical Spine	Home Study	3.0	12/31/19	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Intrinsic Stabilization Subsystem	Workshop/Seminar	1.0	12/31/19	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Knee Joint	Home Study	3.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Latissimus Dorsi	Home Study	2.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Levator Scapulae	Home Study	2.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Lower Body Goniometric Assessment	Home Study	2.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Lower Body Manual Muscle Testing (MMT)	Home Study	1.0	12/31/19	brentbrookbush.com/online-courses/

Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Lower Extremity Dysfunction	Home Study	4.0	12/31/19	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Lumbar Extensor: Release and Lengthening	Home Study	1.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Muscle Cell Structure and Function	Home Study	1.0	12/31/19	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Muscle Fiber Types	Workshop/Seminar	1.0	12/31/19	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Muscle Length Tests	Home Study	2.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Overhead Squat Assessment (Part 1): Signs of Dysfunction	Home Study	2.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Overhead Squat Assessment (Part 2): Sign Clusters and Compensation Patterns	Home Study	2.0	12/31/19	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Pectoralis Major	Home Study	2.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Pectoralis Minor	Home Study	2.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Performance Program Design	Workshop/Seminar	15.0	12/31/19	brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Plantar Flexor: Release and Lengthening	Home Study	1.0	12/31/19	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Popliteus	Home Study	2.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Posterior Oblique Subsystem Integration	Workshop/Seminar	1.0	12/31/19	http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Predictive Model of Lumbo Pelvic Hip Complex Dysfunction (LPHCD)	Home Study	2.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Predictive Model of Upper Body Dysfunction (UBD)	Home Study	3.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Rectus Abdominis & Pyramidalis	Home Study	2.0	12/31/19	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Rhomboids	Home Study	2.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Scapular Muscles: Release and Lengthening	Home Study	1.0	12/31/19	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Self-administered Joint Mobilizations: Lower Extremity	Home Study	2.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Self-administered Joint Mobilizations: Upper Extremity	Home Study	2.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Serratus Anterior	Home Study	2.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Serratus Anterior Activation	Home Study	1.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Shoulder External Rotator Activation	Home Study	1.0	12/31/19	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Shoulder Internal Rotator and Posterior Deltoid: Release and Lengthening	Home Study	1.0	12/31/19	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Shoulder Joint	Home Study	3.0	12/31/19	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Soleus	Home Study	2.0	12/31/19	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Sternoclavicular, Acromioclavicular and Scapulothoracic Joints	Home Study	3.0	12/31/19	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Subscapularis	Home Study	2.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Supraspinatus	Home Study	2.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Tensor Fascia Latae	Home Study	2.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Teres Major	Home Study	2.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Tibia External Rotator: Release and Lengthening	Home Study	1.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Tibialis Anterior	Home Study	2.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Tibialis Anterior Activation	Home Study	1.0	12/31/19	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Tibialis Posterior	Home Study	2.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Tibialis Posterior Activation	Home Study	1.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Transverse Abdominis Activation	Home Study	1.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Trapezius Activation	Home Study	1.0	12/31/19	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Trapezius Muscle	Home Study	2.0	12/31/19	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Upper Body Goniometric Assessment	Home Study	2.0	12/31/19	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Upper Body Manual Muscle Testing (MMT)	Home Study	1.0	12/31/19	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC) (AFAA)	Vastus Medialis Obliquus (VMO) and Tibial Internal Rotator Activation	Home Study	1.0	12/31/19	brentbrookbush.com/online-courses/
Bruce and Mindy Inc. (AFAA)	Cooking and Coaching	Workshop/Seminar	9.0	12/31/19	bruceandmindy.com
Bruce and Mindy Inc. (AFAA)	Fluid Strength	Workshop/Seminar	4.0	12/31/19	bruceandmindy.com
Bruce and Mindy Inc. (AFAA)	Gliding Total Body	Workshop/Seminar	4.0	12/31/19	bruceandmindy.com
Bruce and Mindy Inc. (AFAA)	One Day to Wellness	Workshop/Seminar	9.0	12/31/19	bruceandmindy.com
Chakaboom Fitness (AFAA)	CHAKABOONCE Instructor Training	Workshop/Seminar	8.0	12/31/19	www.chakaboomfitness.com
Chakaboom Fitness (AFAA)	The Chakaboom Fitness Experience, Instructor Training	Workshop/Seminar	6.0	12/31/19	http://www.chakaboomfitness.com
CorePower Yoga (AFAA)	Yoga Sculpt Teacher Training	Home Study	15.0	12/31/19	www.corepoweryoga.com
CTY Fitness (AFAA)	Commit Dance Fitness	Workshop/Seminar	7.0	12/31/19	
Dan-Z Fitness Pte Ltd (AFAA)	Official KpopX® Fitness Instructor	Workshop/Seminar	8.0	12/31/19	www.kpopxfitness.com
Debbie Roberts Seminars (AFAA)	Flexibility Plus	Workshop/Seminar	6.0	12/31/19	
Evolution Athletics (AFAA)	Corrective Exercise and Technology	Workshop/Seminar	4.0	12/31/19	
exhale (AFAA)	exhale Barre Teacher Training Module 1	Workshop/Seminar	15.0	12/31/19	http://exhalespa.com/
exhale (AFAA)	exhale Barre Teacher Training Module 2	Workshop/Seminar	15.0	12/31/19	http://www.exhalespa.com
exhale (AFAA)	exhale Core Strengthening Series	Workshop/Seminar	4.0	12/31/19	exhalespa.com
exhale (AFAA)	exhale Glutes Strengthening Series	Workshop/Seminar	4.0	12/31/19	exhalespa.com
exhale (AFAA)	exhale Stretch Series	Workshop/Seminar	4.0	12/31/19	exhalespa.com
exhale (AFAA)	exhale Thigh Strengthening Series	Workshop/Seminar	4.0	12/31/19	exhalespa.com
exhale (AFAA)	exhale Upper Body Series	Workshop/Seminar	4.0	12/31/19	exhalespa.com
FIT4MOM (AFAA)	Fit4Mom Conference: Heart + Hustle (Friday)	Conference	5.0	12/31/19	FIT4MOM.com
FIT4MOM (AFAA)	Fit4Mom Conference: Heart + Hustle (Saturday)	Conference	5.0	12/31/19	FIT4MOM.com
FIT4MOM (AFAA)	Fit4Mom Conference: Heart + Hustle (Sunday)	Conference	5.0	12/31/19	
Fitness Education Online (AFAA)	Suspension Training Essentials for PTs	Home Study	8.0	12/31/19	
FitnessFest Conference and Expo (AFAA)	FitnessFest Los Angeles 2019	Conference	15.0	12/31/19	www.fitnessfest.org
Flexibility First Academy (AFAA)	Certified Flexibility Specialist: Level One	Workshop/Seminar	15.0	12/31/19	www.flexibilityfirstacademy.com
Functional Medicine Coaching Academy (FMCA) (AFAA)	Functional Medicine Coaching Academy Health Coaching Program	Home Study	15.0	12/31/19	http://www.functionalmedicinedcoaching.org
GRIT Fitness (AFAA)	BODY SCULPT INSTRUCTOR	Workshop/Seminar	15.0	12/31/19	
GRIT Fitness (AFAA)	CIRCUIT & INTERVAL INSTRUCTOR	Workshop/Seminar	15.0	12/31/19	DALLASGRITFITNESS.COM
GRIT Fitness (AFAA)	powerbelle™ INSTRUCTOR	Workshop/Seminar	15.0	12/31/19	
GRIT Fitness (AFAA)	Revolution Cycling Instructor	Workshop/Seminar	15.0	12/31/19	
Hedstrom Fitness (AFAA)	3D XTREME™ powered by BOSU®	Workshop/Seminar	6.0	12/31/19	http://www.bosu.com
Hedstrom Fitness (AFAA)	BOSU® Advanced Programming Strategies	Workshop/Seminar	4.0	12/31/19	www.bosu.com
Hedstrom Fitness (AFAA)	BOSU® Mindful Movement & Mobility	Workshop/Seminar	4.0	12/31/19	www.bosu.com
Hedstrom Fitness (AFAA)	BOSU® Next Generation Balance Training	Workshop/Seminar	4.0	12/31/19	www.bosu.com
Hedstrom Fitness (AFAA)	BOSU® DOUBLE UP DOUBLE DOWN	Workshop/Seminar	2.0	12/31/19	http://www.bosu.com
Hedstrom Fitness (AFAA)	BOSU® HIIT EXTREME	Workshop/Seminar	2.0	12/31/19	http://www.bosu.com
Hedstrom Fitness (AFAA)	BOSU® STRONG + STRETCHED	Workshop/Seminar	2.0	12/31/19	http://www.bosu.com
Hedstrom Fitness (AFAA)	Surge® Hydro Performance Training	Workshop/Seminar	4.0	12/31/19	www.surgestrong.com
Hedstrom Fitness (AFAA)	Surge® Hydro Program Design	Workshop/Seminar	4.0	12/31/19	www.surgestrong.com

Hedstrom Fitness (AFAA)	Surge® Hydro Training System	Workshop/Seminar	4.0	12/31/19	www.surgestrong.com
IDEA Health & Fitness (AFAA)	21st Century Body Sculpt	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	A Different Look at Core Training: The Backside	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	ACSM: Exercise Is Medicine (EIM)--From Doctor to Trainer to Client Success!	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Active Resistance Training® Total Body Mat Practice	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Advanced and Progressive Mechanics of Lifting and Strength Training	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	Anatomy of a Fitness Business	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Anatomy: Reconnect With Your Spine Muscles, by NFPT	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and The Physiology of Fatigue	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2017 IDEA Fitness Journal Quiz 2: The Benefits of Good Posture, and Pilates for Recreational A	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2017 IDEA Fitness Journal Quiz 3: Survival of the Fittest	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2017 IDEA Fitness Journal Quiz 4: Practical Applications for Sprint Interval Training	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/19	http://www.ideafit.com
IDEA Health & Fitness (AFAA)	April 2018 IDEA Fitness Journal Quiz 2: Resistance Training for Young Adults, and Spot Scapular Dysk	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	April 2018 IDEA Fitness Journal Quiz 3: Help Clients Avert ACL Tears	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	April 2018 IDEA Fitness Journal Quiz 4: Misconceptions About Fats	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Assessment and Corrective Exercise Strategies for Improved Shoulder Function	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Back to Basics With Anatomy	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Balanced Body™: Pilates Smart Core Challenge	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Balancing Hormones for Optimal Weight Loss	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Balancing Hormones through Nutrition	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Battle Rope Mastery	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Become a World Class Coach- Top Seven Must Do's to Create Success and Significance	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Beyond Randomness: Exercise Selection Based on Movement Screening	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Beyond the Macros: Placing the Focus Back on Nutrient-Dense Foods	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Blast Your Abs, Glutes and Core – A Big HIIT With Your Clients	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Body-Weight Training-Amped Up	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Can Technology Be Harnessed to Inspire Lasting Behavior Change?	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Cardio-Strength Circuits for Fun and Function!	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Caving to the Craving: The New Science of Food Addiction and Recovery...With a Twist	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Communicating With Your Female Clients for Breakthrough Results	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Complete Program Design for the Obese/Overweight Client	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Core Connections: Progression Strategies to Enhance Core Function	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Creative Circuits - Five Steps to Better Program Design	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Cue Movement and Exercise With Abdominal Anatomy, by NFPT	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Cue Movement and Exercise With Hip Anatomy, by NFPT	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Designing a Self-Myofascial Release Program	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	East Meets West: A Mindful Approach to Health Coaching	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Eating a Lower Inflammatory Diet	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Extreme Equipment-LESS Boot Camp	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Fat-Loss Programming for Your Female Clients	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	February 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Preserving Youth with Physic	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	February 2017 IDEA Fitness Journal Quiz 2: Increase Strength With Rowing Machine Exercises, and Rech	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	February 2017 IDEA Fitness Journal Quiz 3: Nutrition News, and Changing Attitudes Toward Food	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	February 2017 IDEA Fitness Journal Quiz 4: Help Clients Find Joy in Movement	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	February 2017 IDEA Fitness Journal Quiz 5: Common Running Injury Recovery and Prevention	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	February 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	February 2018 IDEA Fitness Journal Quiz 2: Tips for Resistance Training with Youth, and Combined Tra	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	February 2018 IDEA Fitness Journal Quiz 3: Risks of Functional Training	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	February 2018 IDEA Fitness Journal Quiz 4: Body Image in the Fitness Industry	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Food for Thought: Brain, Gut, Microbes, Diet	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	From Neck to Knees...More Than Just Core!	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	From the Hip	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	Functional Assessment for Special Populations	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Functional Balance Circuits for the Active Adult (ACE Mover Academy)	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	Functional Balance for the Active Aging Adult, by ActivMotion Bar™	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Functional Circuits for Aging Clients	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Functional Power Training for Older Clients, by FAI	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Fundamental Principles of Upper Body Training--Pushing, Pulling and Pressing, by FMS	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	GENERATE Buzz With Simple Marketing	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Goodbye Infobesity, Hello Action Plan!	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Group Exercise Applications for Training the Posterior Chain	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Hidden Secrets to Core Performance	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	High-Intensity Kettlebell Training	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	HIITs Blitz	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	How Hormones and Metabolism Change the Training Game for Females	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	How to Run Your Own "Drop Two Sizes" Challenge	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	How to Safely Introduce Plyometrics Into Your Clients' Routines	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	I Q U Do: The Art of Intelligent Coaching	Home Study	2.0	12/31/19	ww.ideafit.com
IDEA Health & Fitness (AFAA)	IDEA Personal Trainer Institute East (2019)	Conference	15.0	12/31/19	
IDEA Health & Fitness (AFAA)	IDEA Personal Trainer Institute South (2019)	Conference	15.0	12/31/19	
IDEA Health & Fitness (AFAA)	Insights Into Functional Training and Corrective Movement	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Insights Into Lower-Back Pain and Functional Solutions	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	Intermittent Fasting: Science or Fiction?	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Is It Time to Eat Yet? Nobel Prize-Winning Body Clock Science Has the Answer	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	It Takes Guts! Connecting the Brain, Diet and Microbiome	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	January 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Skeletal Muscular Hypertrophy	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	January 2017 IDEA Fitness Journal Quiz 2: Fitness Professionals and Ageism, and Yoga and Menopause	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	January 2017 IDEA Fitness Journal Quiz 3: Nutrition News, and Do People Need Vitamin and Mineral Su	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	January 2017 IDEA Fitness Journal Quiz 4: Help Children Build a Strong Fitness Foundation	Home Study	1.0	12/31/19	www.ideafit.com

IDEA Health & Fitness (AFAA)	January 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Essential Elements of Teachin	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	January 2019 IDEA Fitness Journal Quiz 2: Exercise and Mental Health, and Benefits of Effortful Lear	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	January 2019 IDEA Fitness Journal Quiz 3: Enhancing Mobility, Stability and Balance With Yoga	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	January 2019 IDEA Fitness Journal Quiz 4: Food and Nutrition News, and Helping Clients Improve Nutri	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	January 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	January 2018 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Prev	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	January 2018 IDEA Fitness Journal Quiz 3: Tailor Workouts to Meet Clients' Precise Needs	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	January 2018 IDEA Fitness Journal Quiz 4: Small Diet Changes for Big Results	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	July/August 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Nutrition News	Home Study	1.0	12/31/19	http://www.ideafit.com
IDEA Health & Fitness (AFAA)	July/August 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	July/August 2018 IDEA Fitness Journal Quiz 2: Using Circadian Rhythms to Guide Eating Schedules	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	July/August 2018 IDEA Fitness Journal Quiz 3: How the Human Microbiome Affects Overall Health	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	July/August 2018 IDEA Fitness Journal Quiz 4: Women and Physical Activity	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	July/August 2017 IDEA Fitness Journal Quiz 2: Separating Fact From Fiction in Health News	Home Study	1.0	12/31/19	http://www.ideafit.com
IDEA Health & Fitness (AFAA)	July/August 2017 IDEA Fitness Journal Quiz 3: Ergonomics for Fitness Professionals	Home Study	1.0	12/31/19	http://www.ideafit.com
IDEA Health & Fitness (AFAA)	June 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News and Nutrition News	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	June 2017 IDEA Fitness Journal Quiz 2: Benefits of Exercise for Children, and Helping Stroke Survivo	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	June 2017 IDEA Fitness Journal Quiz 3: Coach Clients Through Behavior Change	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	June 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	June 2018 IDEA Fitness Journal Quiz 2: The Efficiency of HIIT, and Ground-to-Standing Exercises for	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	June 2018 IDEA Fitness Journal Quiz 3: Methods That Encourage Behavior Change	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	June 2018 IDEA Fitness Journal Quiz 4: The Risks of Bone Loss	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Kettlebell Rehab: Hardstyle Methods in Corrective Exercise	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Little Tweaks for Big Results!	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Make Your Barre Classes a HIIT	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	March 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Nutrition News	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	March 2017 IDEA Fitness Journal Quiz 2: Common Athletic Supplements, and Stay Active by Filtering...	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	March 2017 IDEA Fitness Journal Quiz 3: Effect of Evidence on Experts' Eating Habits	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	March 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	March 2018 IDEA Fitness Journal Quiz 2: New Blood Pressure Guidelines, and Functional Training for O	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	March 2018 IDEA Fitness Journal Quiz 3: Why Lost Weight Comes Back	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	May 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Periodized Weight -Training for W	Home Study	1.0	12/31/19	http://www.ideafit.com
IDEA Health & Fitness (AFAA)	May 2017 IDEA Fitness Journal Quiz 2: Water Fitness Trends	Home Study	1.0	12/31/19	http://www.ideafit.com
IDEA Health & Fitness (AFAA)	May 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Improving Performance Through...	Workshop/Seminar	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	May 2018 IDEA Fitness Journal Quiz 2: Walking for Functional Health: Gait Speed and Biomechanics	Workshop/Seminar	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	May 2018 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and A New Solution to Obesity and Chr	Workshop/Seminar	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Metabolic Disruption	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Motivational Interviewing Skills Produce Targeted Results	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Motivational Interviewing: Help Clients Own the Talk That Drives the Walk	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	November/December 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	November/December 2018 IDEA Fitness Journal Quiz 2: The Role of the Exercise and the Endocrine Syste	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	November/December 2018 IDEA Fitness Journal Quiz 3: Snowboarder Training, & Cardio and Strength Trai	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	November/December 2018 IDEA Fitness Journal Quiz 4: Motivating Clients to Make Lasting Changes in Nu	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	November/December 2018 IDEA Fitness Journal Quiz 5: Healthy Diets & Cognitive Functions, & Counterac	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	November-December 2017 IDEA Fitness Journal Quiz 1	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	November-December 2017 IDEA Fitness Journal Quiz 2	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	November-December 2017 IDEA Fitness Journal Quiz 3	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	November-December 2017 IDEA Fitness Journal Quiz 4	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	November-December 2017 IDEA Food and Nutrition Tips Quiz 1	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	October 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Assessing Clients Risk of Car	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	October 2018 IDEA Fitness Journal Quiz 2: Limiting Biological Damage With Exercise, and Aquatic Mind	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	October 2018 IDEA Fitness Journal Quiz 3: Coaching Teens for Better Health, and Food and Nutrition N	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	October 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Understanding Protein Supplem	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	October 2017 IDEA Fitness Journal Quiz 2: Exercises for Shoulder Injury Prevention, and A Practical	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	October 2017 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Understanding Overeating	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	October 2017 IDEA Fitness Journal Quiz 4: Support Clients With Disordered Eating	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Olympic Lifting - The Mechanics and Progressions, by RedCon™	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Optimize Function and Mobility With Strong and Stable Shoulders and Glutes	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Pain-Free Movement-The Science and Application (ACE Mover Academy)	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	Pilates 50/50	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Pilates on the Ball	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Posture Improvement Workshop	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Power Core for Sports and Fitness Performance	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Precision Nutrition: How to Fix a Broken Diet—Three Ways to Get Your Eating on Track	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Promote Behavior Change With Better Coaching	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Protein Obsessed: Sorting the Truth From the Hype	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Protein Overload: Are You Eating More Than You Need?	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Proven Strategies to Build Your Brand Using YouTube	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Putting Heart into Mind-Body Training	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	REACH More Clients: Be Loud and Proud	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Rescue Your Knees - Look at Your Feet	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Restoring Fundamental Movement Patterns with Corrective Strategies	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Run, Injury Free! Understanding Impact Forces, by EBFA	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	September 2018 IDEA Fitness Journal Quiz 1: Fitness Technology Research and Sports Biomechanics	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	September 2018 IDEA Fitness Journal Quiz 2: Encouraging a New Generation of Healthy Young People	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	September 2018 IDEA Fitness Journal Quiz 3: Food and Nutrition News	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	September 2017 IDEA Fitness Journal Quiz 1: Functional Aging	Home Study	1.0	12/31/19	http://www.ideafit.com
IDEA Health & Fitness (AFAA)	September 2017 IDEA Fitness Journal Quiz 2: Sports Nutrition	Home Study	1.0	12/31/19	http://www.ideafit.com
IDEA Health & Fitness (AFAA)	September 2017 IDEA Fitness Journal Quiz 3: Brain Health	Home Study	1.0	12/31/19	http://www.ideafit.com
IDEA Health & Fitness (AFAA)	SGT Ken® and Stephanie's Fitness Business Basics™	Home Study	8.0	12/31/19	www.ideafit.com

IDEA Health & Fitness (AFAA)	SGT Ken's Boot Camp™ Instructor Certification (Level One)	Home Study	8.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Sleep Science for Fitness Professionals	Home Study	1.0	12/31/19	
IDEA Health & Fitness (AFAA)	Solutions for Training Post-pregnancy Clients	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Spinal Stabilization Versus Pelvic Stabilization	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Techniques to Rehabilitate and Protect the Knees	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	The Better, Not Perfect, Nutrition Plan	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	The Business of Group Exercise Beyond the Numbers	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	The BYOB Workout	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	The Death of Crunches: 20 True Core Exercises	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	The Female Glute Relocation Program	Conference	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	The Female Lumbo-Pelvic Complex (ACE Mover Academy)	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	The Female Physique-The Link Between Nutrition, Hormones and Strength Training	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	The Forgotten Five: Essential Muscles for Functional Movement	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	The Matrix - Innovative Group Strength Design	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	The Online Fitness Frontier	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	The Roll Model® Fascial Makeover: Prioritize Your Periphery	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	The Science of Functional Aging	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	The Ultimate Light Dumbbell Workout	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	The Warm-Up Makeover: Start With a Bang!	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	ThinkFit™ Flexibility: Dynamic Stretching Tricks and Tools	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	Three-Dimensional Kettlebell Training, by Functional Training Institute	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Today's Food Conversation	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Total Massage, Relaxation and Beyond	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Training Fascia - Research Developments in Fibrous Connective Tissue Training	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Translating Today's Nutrition Science for Your Clients	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	TriggerPoint™ Corrective Strategies for Hip Dysfunction	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	TriggerPoint™ Corrective Strategies for the Foot and Ankle	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	TriggerPoint™ for Movement: Hip and Shoulder Mobility	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	TriggerPoint™: Myofascial Compression™ Techniques for Injury Prevention and Better Movement	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Understanding and Interpreting the Functional Movement Screen	Home Study	2.0	12/31/19	www.leadfit.com
IDEA Health & Fitness (AFAA)	Understanding the Female Pelvic Core Neuromuscular System	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Upper Extremity Mechanics and Techniques	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	Using Function to Avoid Dysfunction in Aging	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Weighing The Evidence Behind Nutrition Research	Home Study	1.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Winning Group Strength Program Design	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Yoga Anatomy 101 Certificate	Home Study	10.0	12/31/19	
IDEA Health & Fitness (AFAA)	Yoga for Optimal Client Performance	Home Study	2.0	12/31/19	
IDEA Health & Fitness (AFAA)	Yoga: Adjust Me Puhleeeeeeze!	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Yoga: Progressions and Regressions	Home Study	2.0	12/31/19	www.ideafit.com
IDEA Health & Fitness (AFAA)	Your Guide to Stronger Legs and Great Glutes!	Home Study	1.0	12/31/19	www.ideafit.com
ISSN Asia (AFAA)	ISSN-SNS	Home Study	15.0	12/31/19	www.issnasia.com
Keiser Corporation (AFAA)	Keiser PowerEd: Accelerate	Workshop/Seminar	3.0	12/31/19	www.keiser.com
Keiser Corporation (AFAA)	Keiser PowerEd: Climb	Workshop/Seminar	2.0	12/31/19	www.keiser.com
Keiser Corporation (AFAA)	Keiser PowerEd: Create	Workshop/Seminar	2.0	12/31/19	
Keiser Corporation (AFAA)	Keiser PowerEd: Empowered	Workshop/Seminar	3.0	12/31/19	www.keiser.com
Keiser Corporation (AFAA)	Keiser PowerEd: Foundations	Workshop/Seminar	8.0	12/31/19	www.keiser.com
Keiser Corporation (AFAA)	Keiser PowerEd: Foundations XP	Workshop/Seminar	5.0	12/31/19	
Keiser Corporation (AFAA)	Keiser PowerEd: Technology	Workshop/Seminar	2.0	12/31/19	www.keiser.com
Keiser Corporation (AFAA)	Kieser PowerEd: Power	Workshop/Seminar	2.0	12/31/19	www.keiser.com
Kristi Strong, E-RYT (AFAA)	Yoga Foundations: Philosophy and Flow	Workshop/Seminar	4.0	12/31/19	NA
LA Fitness (AFAA)	Aqua Circuit PT Intro to Group Fitness	Workshop/Seminar	3.0	12/31/19	
LA Fitness (AFAA)	Aqua Training	Workshop/Seminar	5.0	12/31/19	
Lawrence Biscontini (AFAA)	Cardio	Workshop/Seminar	8.0	12/31/19	www.findlawrence.com
Lawrence Biscontini (AFAA)	Flexibility	Workshop/Seminar	8.0	12/31/19	www.findlawrence.com
Lawrence Biscontini (AFAA)	GFit Teaching Innovations	Workshop/Seminar	8.0	12/31/19	www.findlawrence.com
Lawrence Biscontini (AFAA)	Strength	Workshop/Seminar	8.0	12/31/19	www.findlawrence.com
Les Mills (AFAA)	Advanced Instructor Module 2	Workshop/Seminar	15.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	Advanced Training - Live	Workshop/Seminar	15.0	12/31/19	www.lesmills.com/us
Les Mills (AFAA)	BODYATTACK Advanced Instructor Module 1	Workshop/Seminar	8.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	BODYATTACK Initial Module	Workshop/Seminar	15.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	BODYCOMBAT Advanced Instructor Module 1	Workshop/Seminar	8.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	BODYCOMBAT Initial Module	Workshop/Seminar	15.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	BODYFLOW Advanced Instructor Module 1	Workshop/Seminar	8.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	BODYFLOW Initial Module	Workshop/Seminar	15.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	BODYJAM Advanced Instructor Module 1	Workshop/Seminar	8.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	BODYJAM Initial Module	Workshop/Seminar	15.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	BODYPUMP Advanced Instructor Module 1	Workshop/Seminar	8.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	BODYPUMP Initial Module	Workshop/Seminar	15.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	BODYSTEP Advanced Instructor Module 1	Workshop/Seminar	8.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	BODYSTEP Initial Module	Workshop/Seminar	15.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	BORN TO MOVE Initial Module All Age Groups	Workshop/Seminar	15.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	CXWORX Advanced Instructor Module 1	Workshop/Seminar	8.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	CXWORX Initial Module	Workshop/Seminar	15.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	LES MILLS BARRE Initial Training Module	Workshop/Seminar	15.0	12/31/19	www.lesmills.com/us
Les Mills (AFAA)	LES MILLS GRIT Advanced Instructor Module 1	Workshop/Seminar	8.0	12/31/19	www.lesmills.com/us
Les Mills (AFAA)	LES MILLS GRIT Initial Module	Workshop/Seminar	15.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	LES MILLS SPRINT Initial Module	Workshop/Seminar	14.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	LES MILLS TONE Advanced Instructor Module 1	Workshop/Seminar	8.0	12/31/19	http://www.lesmills.com/us
Les Mills (AFAA)	LES MILLS TONE Initial Module	Workshop/Seminar	15.0	12/31/19	http://www.lesmills.com/us
Les Mills (AFAA)	RPM Advanced Instructor Module 1	Workshop/Seminar	8.0	12/31/19	www.lesmills.com

Les Mills (AFAA)	RPM Initial Module	Workshop/Seminar	15.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	SH'BAM Advanced Instructor Module 1	Workshop/Seminar	8.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	SH'BAM Initial Module	Workshop/Seminar	15.0	12/31/19	www.lesmills.com
Les Mills (AFAA)	The TRIP Initial Module	Workshop/Seminar	15.0	12/31/19	www.lesmills.com/us
Maria Mind Body Health LLC (AFAA)	Certified Keto Coach	Home Study	15.0	12/31/19	
Medical Exercise Academy (AFAA)	Clinical Exercise Specialist	Home Study	15.0	12/31/19	http://mdxacademy.wiziqxt.com/
Melissa Weigelt (AFAA)	Circuit Blast	Workshop/Seminar	2.0	12/31/19	
Melissa Weigelt (AFAA)	High Intensity Body Weight Training	Workshop/Seminar	2.0	12/31/19	
Melissa Weigelt (AFAA)	Mindful Strength	Workshop/Seminar	2.0	12/31/19	http://www.flowfitnesstraining.com
Melissa Weigelt (AFAA)	Strength by Numbers	Workshop/Seminar	2.0	12/31/19	www.flowfitnesstraining.com
Mobility Project 24/7 (AFAA)	Soft-Stretch Release Techniques Lv.1	Workshop/Seminar	10.0	12/31/19	SRTtherapy.com
Molon Labe Fitness Education (AFAA)	Advanced Fundamentals	Workshop/Seminar	15.0	12/31/19	www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	Advanced Price Presentations	Workshop/Seminar	2.0	12/31/19	www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	Building Long Term Commitment	Workshop/Seminar	2.0	12/31/19	www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	Business Management: Clients	Workshop/Seminar	2.0	12/31/19	www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	Business Management: Self	Workshop/Seminar	2.0	12/31/19	www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	Certified Power Lifting Coach	Workshop/Seminar	12.0	12/31/19	www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	Client Engagement	Workshop/Seminar	2.0	12/31/19	www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	Client Retention	Workshop/Seminar	1.0	12/31/19	www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	Creating Compliance	Workshop/Seminar	2.0	12/31/19	www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	Handling Concerns	Workshop/Seminar	2.0	12/31/19	www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	Personal Training Fundamentals	Workshop/Seminar	10.0	12/31/19	www.mlfitnesseducation.com
Molon Labe Fitness Education (AFAA)	PNF Stretch	Workshop/Seminar	3.0	12/31/19	www.mlfitnesseducation.com
Moms Into Fitness, Inc. (AFAA)	Prenatal & Postnatal Fitness Specialist	Home Study	15.0	12/31/19	www.momsintofitness.com
NASM (AFAA)	All NASM courses are approved with AFAA	Home Study		12/31/19	
National Personal Training Institute (NPTI) (AFAA)	Kettlebell Course	Home Study	5.0	12/31/19	
NONSOLOFITNESS SNC (AFAA)	Elite Aerobic Instructor	Home Study	10.0	12/31/19	www.nonsolofitness.it
NONSOLOFITNESS SNC (AFAA)	Elite H2O Trainer	Home Study	10.0	12/31/19	www.nonsolofitness.it
Own Your Eating (AFAA)	Own Your Eating Nutrition Certification	Home Study	8.0	12/31/19	www.ownyoureating.com
Perform For Life (AFAA)	Mastering the Assessment Process	Workshop/Seminar	4.0	12/31/19	performforlifef.com
Perform For Life (AFAA)	Proprioceptive Neuromuscular Facilitation Workshop	Workshop/Seminar	2.0	12/31/19	performforlifef.com
PhysioChains Education (AFAA)	Parkinson's Regeneration Training®	Workshop/Seminar	14.0	12/31/19	https://www.parkinsonsregenerationtraining.com
Precision Nutrition (AFAA)	Precision Nutrition Level 2 Master Class	Home Study	15.0	12/31/19	www.precisionnutrition.com
Precision Nutrition (AFAA)	Precision Nutrition Level 1, Certificate in Exercise Nutrition	Home Study	15.0	12/31/19	www.precisionnutrition.com
Prevail Conditioning (AFAA)	A Systematic Approach to Performance Enhancement	Workshop/Seminar	8.0	12/31/19	https://prevailconditioning.com
Primal Health Coach Institute (AFAA)	Primal Health Coach Program	Workshop/Seminar	15.0	12/31/19	www.primalblueprint.com
Recess & Results (AFAA)	Youth Movement Instructor	Workshop/Seminar	4.0	12/31/19	recessandresults.com
Run-Fit (AFAA)	REVO ₂ LUTION RUNNING™	Home Study	15.0	12/31/19	http://run-fit.com
Savvier Fitness (AFAA)	Pilates 101 Education Course	Home Study	4.0	12/31/19	www.barreaabove.com
SHAY-MCENTEE WELLNESS WORKS INC. (AFAA)	BREATHING TECHNIQUES / STRESS MANAGEMENT	Workshop/Seminar	3.0	12/31/19	
SHAY-MCENTEE WELLNESS WORKS INC. (AFAA)	ENERGY BREAK	Workshop/Seminar	3.0	12/31/19	
SilverSneakers by Tivity Health (AFAA)	Group Exercise for Hip Limitations	Home Study	2.0	12/31/19	
SilverSneakers by Tivity Health (AFAA)	SilverSneakers BOOM MIND	Home Study	2.0	12/31/19	
SilverSneakers by Tivity Health (AFAA)	SilverSneakers BOOM MOVE	Home Study	2.0	12/31/19	
SilverSneakers by Tivity Health (AFAA)	SilverSneakers BOOM MUSCLE	Home Study	2.0	12/31/19	
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Circuit	Home Study	2.0	12/31/19	
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Classic	Home Study	2.0	12/31/19	
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Experience Training	Workshop/Seminar	5.0	12/31/19	www.silversneakers.com
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Foundations	Home Study	5.0	12/31/19	
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Splash	Home Study	2.0	12/31/19	
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Stability	Home Study	2.0	12/31/19	
SilverSneakers by Tivity Health (AFAA)	SilverSneakers Strength Progressions for Group Exercise	Home Study	2.0	12/31/19	www.silversneakers.com
SilverSneakers by Tivity Health (AFAA)	SilverSneakers YOGA	Home Study	2.0	12/31/19	
START Fitness/Fit to Fight (AFAA)	WaterRower Crew Coach Certification Course	Workshop/Seminar	8.0	12/31/19	www.startfitness.com
Step Aerobics Andrea Style (AFAA)	Step Aerobics Andrea Style presents NY2 - New Year New You	Workshop/Seminar	3.0	12/31/19	
Stroops (AFAA)	Stroops Foundations Course	Workshop/Seminar	8.0	12/31/19	https://stroops.com/the-academy/
Suples (AFAA)	Dynamic Movement Training with the Bulgarian Bag	Workshop/Seminar	9.0	12/31/19	http://www.suples.com
TRIBE Team Training USA (AFAA)	TRIBE Team Training	Workshop/Seminar	5.0	12/31/19	www.tribeteamtraining.com
TRIBE Team Training USA (AFAA)	TRIBE Team Training TribeCORE	Workshop/Seminar	4.0	12/31/19	www.tribeteamtraining.com
TRIBE Team Training USA (AFAA)	TRIBE Team Training TribeFIT	Workshop/Seminar	4.0	12/31/19	www.tribeteamtraining.com
TRIBE Team Training USA (AFAA)	TRIBE Team Training TribeKIDS	Workshop/Seminar	4.0	12/31/19	
TRIBE Team Training USA (AFAA)	TRIBE Team Training TribeLIFE	Workshop/Seminar	4.0	12/31/19	www.tribeteamtraining.com
TRIBE Team Training USA (AFAA)	TRIBE Team Training TribePUNCH	Workshop/Seminar	4.0	12/31/19	www.tribeteamtraining.com
TRX (AFAA)	TRX Advanced Group Training Course (AGTC)	Workshop/Seminar	15.0	12/31/19	TRXtraining.com
TRX (AFAA)	TRX For Yoga	Home Study	5.0	12/31/19	TRXtraining.com
TRX (AFAA)	TRX FORCE Operator's Training Course (Level 1)	Workshop/Seminar	4.0	12/31/19	www.trxtraining.com
TRX (AFAA)	TRX FORCE Operator's Training Course (Level 2)	Workshop/Seminar	8.0	12/31/19	www.trxtraining.com
TRX (AFAA)	TRX FORCE Operator's Training Course (Level 3)	Workshop/Seminar	15.0	12/31/19	www.trxtraining.com
TRX (AFAA)	TRX Functional Training Course (FTC)	Workshop/Seminar	7.0	12/31/19	www.trxtraining.com
TRX (AFAA)	TRX Group Rip Training Course (GRTC)	Workshop/Seminar	7.0	12/31/19	www.trxtraining.com
TRX (AFAA)	TRX Group Suspension Training Course (GSTC)	Workshop/Seminar	7.0	12/31/19	www.trxtraining.com
TRX (AFAA)	TRX Group Training Course (GTC)	Workshop/Seminar	8.0	12/31/19	www.trxtraining.com
TRX (AFAA)	TRX RIP Training Course (RTC)	Workshop/Seminar	8.0	12/31/19	www.trxtraining.com
TRX (AFAA)	TRX Sports Medicine Suspension Training Course Level 2 (SMSTC Lvl 2)	Workshop/Seminar	7.0	12/31/19	www.trxtraining.com
TRX (AFAA)	TRX Suspension Training Course (STC)	Workshop/Seminar	7.0	12/31/19	www.trxtraining.com
TRX (AFAA)	TRX Trainer Basics Course	Home Study	3.0	12/31/19	www.trxtraining.com
Warrior Cross Fitness (AFAA)	Warrior Cross Fitness	Workshop/Seminar	15.0	12/31/19	
World Gym International (AFAA)	HIIT Certification	Workshop/Seminar	15.0	12/31/19	worldgymathletics.com
ZUMBA (AFAA)	Aqua Zumba Instructor Training	Workshop/Seminar	8.0	12/31/19	www.zumba.com
ZUMBA (AFAA)	STRONG by Zumba	Workshop/Seminar	8.0	12/31/19	http://www.zumba.com

ZUMBA (AFAA)	STRONG by Zumba E-Learning	Home Study	4.0	12/31/19	www.zumba.com
ZUMBA (AFAA)	Zumba Basic 1 Instructor Training	Workshop/Seminar	8.0	12/31/19	www.zumba.com
ZUMBA (AFAA)	Zumba Basic 2 Instructor Training	Workshop/Seminar	8.0	12/31/19	www.zumba.com
ZUMBA (AFAA)	Zumba Gold Instructor Training	Workshop/Seminar	8.0	12/31/19	www.zumba.com
ZUMBA (AFAA)	Zumba Jump Start Gold Instructor Training	Workshop/Seminar	10.0	12/31/19	www.zumba.com
ZUMBA (AFAA)	Zumba Jump Start Zumba-Kids & Kids Jr. Instructor	Workshop/Seminar	10.0	12/31/19	www.zumba.com
ZUMBA (AFAA)	Zumba Kids + Kids JR. Instructor Training	Workshop/Seminar	8.0	12/31/19	www.zumba.com
ZUMBA (AFAA)	Zumba ProSkills Instructor Training	Workshop/Seminar	8.0	12/31/19	www.zumba.com
ZUMBA (AFAA)	Zumba SENTAO Instructor Training	Workshop/Seminar	8.0	12/31/19	www.zumba.com
ZUMBA (AFAA)	Zumba Toning Instructor Training	Workshop/Seminar	8.0	12/31/19	www.zumba.com